

NON FICTION - RIGHTS LIST













SPRING 2026

 **MONDADORI**
ELECTA


PIEMME
EDIZIONI


Sperling & Kupfer

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The story of an Italian and international football legend: a volume filled with never-before-seen photographs that reveals the man behind the champion.

MONDADORI
ELECTA

224 pages
May 2026

English
rights
NOT
available

A LIGHT IN THE DARKNESS

Roberto Baggio

An illustrated volume of international appeal that retraces the most significant moments of Roberto Baggio's life and extraordinary career, weaving together his footballing triumphs with a profound spiritual journey. From the magic on the pitch to personal challenges, from the roar of the stadiums to the silence of meditation, and from the injuries that forged his character to the serenity found through Buddhist faith, each chapter, written in collaboration with journalist and sports executive Matteo Marani, explores a different facet of his inner and outer path. Far from being a traditional sports biography, this book tells Baggio's story through a series of key terms that reveal both the man and the champion. It is a visual and emotional journey through images and words, showing how behind the international icon lies a man who has always looked beyond the game, a true symbol of determination, humility, and harmony.

Known worldwide as "The Divine Ponytail" (Il Divin Codino), **Roberto Baggio** is one of the greatest players in the history of Italian and international football. Born in Caldogno in 1967, he captivated millions of fans with his extraordinary technique, vision, and unmistakable style. Throughout his illustrious career, he played for legendary clubs such as Fiorentina, Juventus, Milan, and Inter, winning the Ballon d'Or and the FIFA World Player of the Year title in 1993. Since retiring in 2004, his life has been celebrated in the Netflix biopic *Baggio: The Divine Ponytail*. Distributed globally, the film brought his inspiring journey to a worldwide audience, reaffirming a legacy that extends far beyond the football pitch.

Romina Power



Pensieri profondamente semplici

L'ABBECEDARIO DELLA MIA VITA

Rizzoli

An intimate book in which Romina Power tells her life story through a personal dictionary, touching upon memories, spirituality, and private reflections. Her career and private life from A to Y, enriched by personal photographs.

MONDADORI
ELECTA

DEEPLY SIMPLE THOUGHTS

The ABCs of my life

Romina Power

208 pages
November 2025

Romina Power chooses an unconventional and intimate way to tell the story of her life for the first time in a book: a personal glossary, a "dictionary of the soul" where each word becomes a key to exploring memories, emotions, and reflections. Through these carefully chosen keywords, the author retraces her long career as a singer, actress, and multifaceted artist, weaving it with her private life as a woman, mother, and daughter of legends.

The tone is confidential, spiritual, and at times poetic. The images that accompany the text enrich the narrative with visual nuances, transforming the book into a precious photographic album. This is not only the self-portrait of an internationally beloved artist, but a journey through a story that the public has followed with genuine affection for decades.

It is a book that speaks to her longtime fans, but also to anyone who wishes to understand the meaning of a life lived with grace, courage, and authenticity.

Romina Power is a singer, actress, writer, and painter. Born in Los Angeles, she moved to Italy at the age of nine. At thirteen, she was discovered by the film industry, starring in fourteen films within just four years. At eighteen, she launched her musical career, achieving great success both in Italy and abroad with Al Bano Carrisi. In 1991, she published the book *Autoritratto dalla A alla R*, followed in 1999 by a collection of interviews titled *Cercando mio padre*. Her first novel, *Ho sognato Don Chisciotte*, was released in 2000. In 2005, she released *Upaya*, a story accompanied by a medium-length film on DVD. In 2015, she published her second novel, *Ti prendo per mano*, followed in 2017 by *Karma Express*. In 2023, the German edition *Ich nehme dich an die Hand* was released. Her prolific career also includes three translations from English into Italian: *Living Meaningfully*, *Dying Joyfully* and *Modern Buddhism* (The Mirror of Dharma) by Geshe Kelsang Gyatso, and *Kalifornia It's Here Now* by Bhagavan Das. Additionally, she recorded the audiobook for *How to Solve Our Human Problems* by Geshe Kelsang Gyatso.



The extraordinary experience of CERN's first Chief Information Officer



240 pages
March 2026

THE FUTURE THAT WASN'T THERE My life between humanity and technology Enrica Porcari

Her mission has always been the human relationship with technology; her strength, critical and strategic thinking. She defines herself as a "connector", someone who asks questions. Enrica Porcari has recently been appointed as the Chief Information Officer (CIO) of CERN in Geneva. This is a new, high-level strategic role within one of the world's most advanced centers for scientific research and innovation. She is the first woman to hold this position, and she is Italian. Surprisingly, she is neither a physicist nor an engineer; she is a humanist who, for thirty years, has traveled the globe bringing digital infrastructure and organization to the most fragile places on Earth. Her personal and professional journey is defined by innovation and excellence, fueled by three secrets: curiosity, courage, and passion. At CERN, Porcari plays a key role in charting the technological direction in decisive fields such as cybersecurity, artificial intelligence, quantum technologies, and data protection. Her story is filled with decisions that can inspire us all.

Enrica Porcari is a sociologist, strategist, and innovator with thirty years of leadership experience in technology. She has provided strategic consultancy to numerous international organizations, including the FAO, and presided over the United Nations Emergency Telecommunications Cluster. She is the Chief Information Officer at CERN.

Edoardo Serra

IL TALENTO DI FALLIRE



DRAFT COVER

L'AUTOBIOGRAFIA
DELL'INVENTORE DI **SIRI**

Sperling & Kupfer

The autobiography of
the inventor of Siri



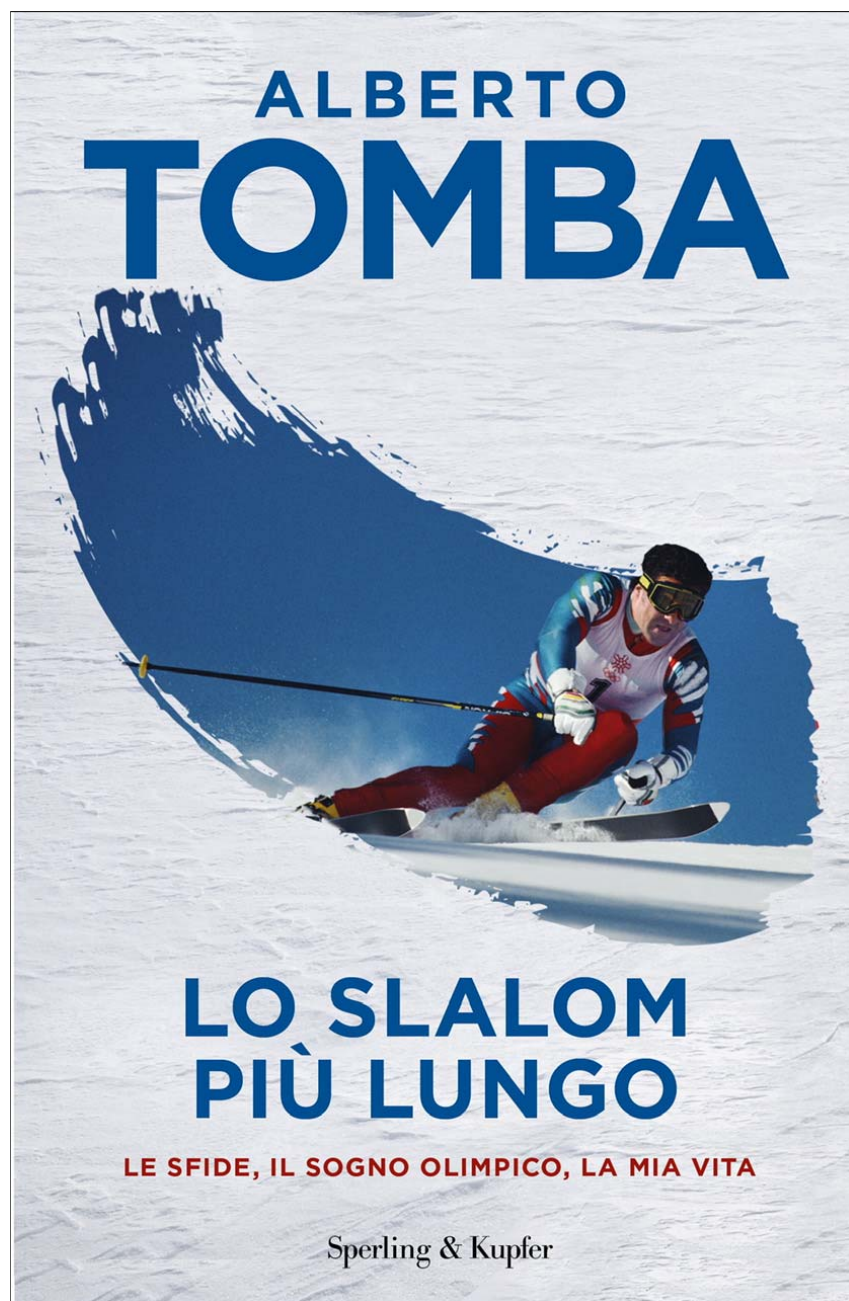
240 pages
April 2026

THE TALENT FOR FAILURE

Edoardo Serra

Passion, vocation, destiny: these are not the words that define us, but rather our capacity to change and reinvent ourselves. Edoardo Serra was the first Italian to join Apple, where he spent nine years and played a pivotal role in the invention of Siri. Yet, his story doesn't end in Cupertino. After leaving Apple, he transitioned from a corporate visionary to a serial entrepreneur in San Francisco and New York, driven by a desire to create real-world social impact. He co-founded Stepful, a groundbreaking edtech startup that empowers individuals on the margins of the job market. By providing accessible online training for the healthcare sector, Stepful helps the unemployed and underserved communities secure stable professions. It quickly became the #1 edtech company in the U.S. and ranked among the top ten globally. Today, Serra is launching a new venture that harnesses AI to revolutionize aviation safety, another of his lifelong passions. At just 40 years old, he stands as one of the most versatile and brilliant digital entrepreneurs of our time.

A graduate in Engineering from the Polytechnic University of Turin, **Edoardo Serra** is a 40-year-old startup founder and entrepreneur. He has dedicated his career to projects that create tangible value and generate profound social impact. From the ranks of Apple to the frontiers of EdTech and AI-driven aviation, his journey is a testament to the power of versatility and social responsibility in the digital age.



272 pages
November 2025

THE LONGEST SLALOM

The challenges, the Olympic dream, my life Alberto Tomba

Alberto Tomba, a champion and a stratospheric athlete, knew how to transform the snow into a stage and the Olympics into legend. In this exclusive autobiography, he recounts for the first time the thrill of the starting gate, the breathtaking acceleration, the fight with the edges biting the ice. From the unforgettable victories in Calgary 1988 up to the last great triumph in Crans-Montana in 1998, the book takes us to the heart of a career that rewrote the history of alpine skiing. This is not just about medals and rankings; it is about the mental strength required to face the pressure of millions of eyes filled with expectations, the ability to tame the adrenaline while the public holds its breath and then explodes in a roar. With a direct, sincere, and captivating style, Tomba speaks with the voice of someone who has lived glory but never forgot the joy and the playfulness of skiing, making us relive the emotions of a world glued to its screens, dreaming alongside him every time he hit the slope. A life that has become an anthem to determination, courage, and the beauty of sport.

Alberto Tomba is one of the most iconic legends of alpine skiing and global sport. A specialist in Slalom and Giant Slalom, he won 3 Olympic Gold medals and 2 Silver medals, 4 World Championship medals, one overall World Cup title, and 8 specialty World Cups, totaling 50 World Cup victories. He was named CONI Athlete of the Century in 2014 and nominated FISL Athlete of the Century in 2020. Charismatic, overwhelming, and deeply beloved by the public, his Olympic saga (spanning four consecutive Olympics) consecrated him as the symbol of passion, determination, and spectacle in world sport.

MONDADORI
ELECTA

A TRACE IN THE WHITE

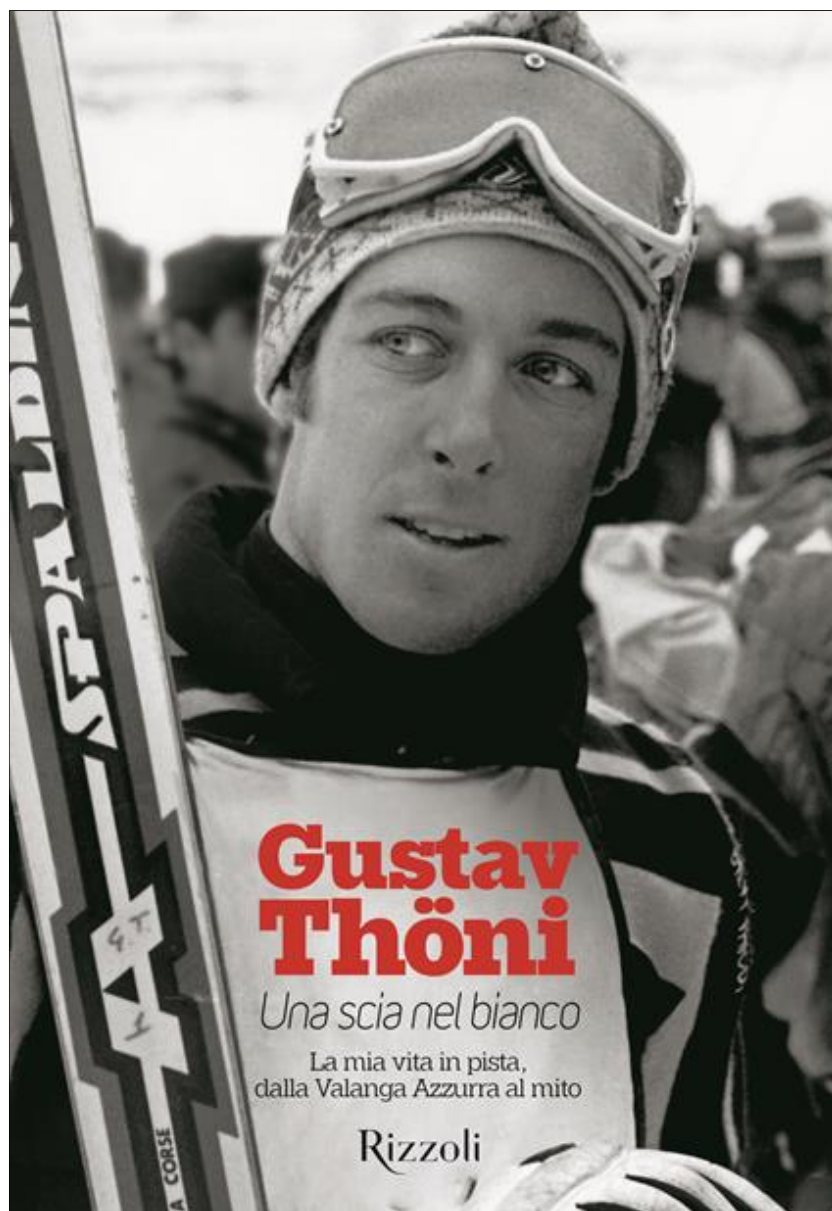
My Life on the Slopes: From the *Valanga azzurra* to the legend

Gustav Thöni

208 pages
January 2026

Gustav Thöni is far more than a champion: he was a symbol, a pioneer, and an icon who transformed alpine skiing into a sport beloved by millions. In this intense and deeply personal autobiography, Thöni retraces his extraordinary journey with clarity and humanity: from his childhood in the mountains of South Tyrol to the very pinnacle of world sports. Page after page, the portrait emerges of a reserved yet tenacious man, capable of dominating the toughest slopes with a unique blend of grace and power. The book captures his World Cup victories, Olympic medals, and legendary duels with rivals like Ingemar Stenmark, but it also explores his most intimate emotions and moments of hardship, all told with the sincere, clear-eyed perspective of someone who lived every moment with absolute passion. Significant space is dedicated to the legendary "Valanga Azzurra" (*The Blue Avalanche*), the Italian team that revolutionized the perception of skiing in the 1970s. Through vivid memories and previously untold anecdotes, Thöni recreates the atmosphere of those glorious years, the sense of brotherhood among athletes, and the feats that captured the imagination of an entire nation. Enhancing this compelling narrative is a rich photographic collection that invites the reader on a visual journey through Thöni's life.

Gustav Thöni (Trafoi, 1951) is one of the absolute legends of alpine skiing. Naturally reserved yet revolutionary in style, he redefined the sport with a fluidity and precision that marked an entire generation. Between 1971 and 1975, he captured four overall World Cup titles, one Olympic gold, and two silver medals, alongside five World Championship titles, writing some of the most memorable chapters in Italian sporting history. Raised on the slopes of South Tyrol, where his father was a ski instructor, Thöni made his World Cup debut in 1969, winning a giant slalom immediately, a clear sign of the talent destined to change the discipline forever. After retiring in 1980, he became a cornerstone of the sport as a coach, most notably guiding Alberto Tomba through his legendary career.



This book is far more than a sports biography: it is an authentic portrait of a man who stayed true to himself even while standing on top of the world. A precious testament for anyone who loves sports, the mountains, and true stories that leave a lasting mark.



A charismatic, bold, and determined man, whose presence still speaks through the silences of memory and the firm step of one who knows his path

MONDADORI
ELECIA

240 pages
October 2025

TONI'S TRACE

Toni Gobbi: Citizen of the Mountains

Oliviero Gobbi, Gian Luca Gasca

A city-born mountaineer and a true lover of the mountains, who dedicated his life to knowing them and sharing that knowledge with others. This illustrated volume offers a vivid and personal portrait of Toni Gobbi, a central figure in 20th-century Italian mountaineering. Reconstructed by his grandson Oliviero through words, family memories, and vintage photographs, this is more than just the story of a great climber; it's a panorama of post-war Italy, capturing the desire for rebirth, the economic boom, and dreams that climbed high, toward the peaks. Born in 1914 with a Law degree, Toni chose to abandon his career as a lawyer to follow his true calling: the mountains. In Courmayeur, he became a mountain guide, then a ski instructor, and a guide instructor, earning a place with respect and passion in a demanding and closed world. He was a silent innovator: a precursor to modern ski mountaineering, he devised a new way of living and working in the mountains, transforming the guide profession into a year-round occupation. Among his most famous achievements are several first winter ascents on the Mont Blanc massif, including the Major route, the first ascent of the Grand Pilier d'Angle with Walter Bonatti, and the expedition to Gasherbrum IV in 1958. Yet, his deepest legacy was his vision: "He managed to blend the ancient activity of the alpine guide with modern marketing." A charismatic, enterprising, and resolute master, capable even today of speaking through the silence of memory and the firm step of one who knows where they are going.

Oliviero Gobbi grew up in Courmayeur and studied in Aosta and later in Milan, where he graduated in Theoretical Physics and completed a master's degree at Bocconi University. He worked in Milan as a consultant before deciding, in 2007, to return to the Aosta Valley to join the family business, Grivel in Courmayeur, a leader in mountain equipment, where he is now CEO. Through family stories and photographs, he has devoted himself to reconstructing and learning about the life and figure of his grandfather, who tragically passed away before he was born



320 pages
November 2024

Foreign rights
sold to:
CHINA
JAPAN
POLAND
ROMANIA

PRADA. A family story

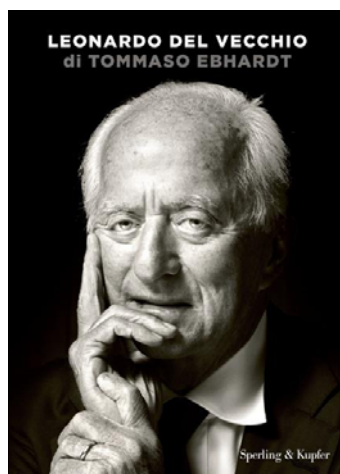
Tommaso Ebhardt

How did Miuccia Prada transform her grandfather's store in the heart of Milan into one of the world's most successful luxury brands, overseeing some of the most coveted labels, like Miu Miu, and consistently capturing global attention? What role did her encounter with the dynamic Tuscan entrepreneur Patrizio Bertelli, who became her partner in both business and life, play, as he made vertical integration his mantra and total control over production, distribution, and sales his trademark? How are they preparing their creation for the future in a sector increasingly dominated by a few global giants?

With his distinctive style, Tommaso Ebhardt, bestselling author of biographies on Sergio Marchionne and Leonardo Del Vecchio, which have redefined how we tell the stories of Italy's leading industrial figures, recounts the history of Prada from its origins to the present day. He delves into the reasons behind its success, the economic outlook, and the potential challenges ahead. Through the exploration of company archives, historical sources, and previously unseen documents, and thanks to key testimonies, Ebhardt reveals previously unknown details about the origins of the group and their plans for the future.

Born in Treviso in 1975, **Tommaso Ebhardt** is editor-in-chief of the Bloomberg News desk in Milan. In this capacity he follows all major financial operations worldwide.

From a small shop in the heart of Milan to a global brand worth billions, listed on the Hong Kong Stock Exchange. Prada challenges luxury conventions, and disrupts the rules of fashion. Between fashion and industry, art and the America's Cup: a family story.



LEONARDO DEL VECCHIO



336 pages
May 2022
English sample available

**OVER 45 000
COPIES SOLD!!!**

Leonardo Del Vecchio is the most charismatic and reserved entrepreneur of the last few decades. His story and strategies come to the fore in this riveting and meticulously researched biography.



SERGIO MARCHIONNE



320 pages
1° edition: April 2019
2° edition: May 2023
English sample available

MOVIE RIGHTS SOLD!!!

OVER 65 000 COPIES SOLD!!!

The leadership, the daunting challenges and the secret thoughts of a world-class ceo, recounted by the journalist Marchionne himself used to call «my most affectionate stalker».



272 pages
June 2024

Foreign rights
sold to:
GREECE
KOREA

Photo insert

ENNIO MORRICONE

The genius, the man, the father

Marco Morricone, Valerio Cappelli

From a half-open door, a child surreptitiously watches a man hunched over a desk. He has large square glasses and a crewneck sweater, is deeply absorbed, tracing marks over a pentagram: his body is there, in the center of the room, but his mind and his soul seem projected elsewhere, far away. "He was my father, but between him and me there was a sidereal distance".

Starting from this deep core of mystery, decades later, that child, Marco Morricone, Ennio's eldest son, tries to tie the threads of memories with those of Valerio Cappelli, journalist for the Italian newspaper «Corriere della Sera» and lifelong friend of the composer, to give us back an unprecedented, surprising and authentic portrait of one of the greatest musical geniuses ever.

His interrupted studies after eighth grade, the evenings spent playing for American soldiers, his obsession with music, his intense relationship with maestro Petrassi, his spirituality, his encounters with Sergio Leone, Joan Baez, and Clint Eastwood, his success, the Oscars, his father's gentleness and severities (like the prohibition for his children to listen to music at home), his passion for Rome, his love for chocolates that his wife Maria hid from him, and the ostracism he suffered from the academic world.

Marco Morricone was born in 1957. He is the eldest son who has accompanied his father in his career since the 1980s, supporting him in every aspect of the work.

Born in 1958, **Valerio Cappelli** is one of the leading pens of the Italian newspaper «Corriere della Sera».

A life-long journey of first-hand and behind-the-scenes stories revealed.
Ennio Morricone as it has never been told before.



The shocking story of the woman who defied the 'ndrangheta and survived.



256 pages
March 2026

Giuseppina Pesce breaks the silence for the first time.

THE CLAN'S DAUGHTER

A name to hide, a destiny to rewrite

Danilo Chirico with Giuseppina Pesce

A car speeds along the Salerno-Reggio Calabria highway. It is the summer of "Italia '90." A family sings happily with the windows rolled down, heading to Gardaland. Three children are playing in the back seat. Among them is eleven-year-old Giusy. She doesn't yet know that this happiness is fragile, that her last name weighs as heavy as a life sentence. Giuseppina Pesce grew up in Rosarno, in the heart of one of the most powerful 'ndrangheta clans. Daughter, sister, and niece of bosses. Born into a house where silence is law and blood is never betrayed, she chooses to speak out shortly after turning thirty. To testify. To break the chain. She does it to save her children. She is one of the first women of the 'ndrangheta to collaborate with justice. From that moment on, she loses everything: her family, her name, her former life. The Clan's Daughter is the intimate and shocking account of a woman who walked through violence, guilt, and fear to win her freedom. A story of mafia and motherhood, silence and courage, downfall and rebirth.

Danilo Chirico (Reggio Calabria, 1977) is a journalist and television writer. He has authored news programs for Rai 1, La7, Sky, and MTV, and has written for numerous newspapers and news agencies. He created the podcast *Follow the Money* and co-authored the documentary *Il Celeste – The Story of Roberto Formigoni*. He wrote the novel *Chiaroscuro* and the screenplay for the web series *Angelo*. He has published several essays, including *Dimenticati* (with Alessio Magro), which won the Indro Montanelli Youth Prize. He is also the author of *Storia dell'antindrangheta*, the first book on the history of the Calabrian anti-mafia movement, and is the founder of the association daSud.

Giuseppina Pesce was born in 1979 into one of the most powerful 'ndrangheta families operating in Rosarno, Calabria. In 2010, she was arrested on charges of acting as the clan's "courier" and subsequently became a collaborator with justice. Since then, she has been living under witness protection with her three children.

GIULIA BOVERIO

FIGLI DEL BUIO

Il mio viaggio dentro le dipendenze



PIEMME

A courageous, lucid,
and essential memoir



OUT OF THE DARKNESS

My journey through addiction

Giulia Boverio

208 pages
March 2026

The portrait
of a
generation
torn
between the
desire for
perfection
and an
irrepressible
attraction
toward the
dark abyss
of existence.

As a young girl, she was one of the stars of *As the Bell Rings*, a hit Disney series where she played one of the most beloved characters: Valentina, the 'school beauty.' She grew up in the spotlight, amid sets, scripts, and applause, convinced that this was her path. Then, suddenly, darkness: the series ended, and the dream shattered. At just eighteen, Giulia had to reinvent herself, or perhaps, simply find her place in the world. She was a girl who had everything: a wealthy family, a home, a secure job, and a comfortable life in the orderly, judgmental province where she was born. Yet she wasn't happy. She had grown up in a void, in a family filled with unresolved tensions, surrounded by a deafening silence she didn't know how to quiet, under the scrutinizing gaze of those who, perhaps, wanted her to be someone else. Turning to alcohol seemed like the only way out: her body withering, her mind fracturing, the feeling of always being elsewhere while life passed her by. Emptying bottle after bottle was a desperate attempt to feel something, to silence the voice that constantly tried to sabotage her, reminding her of every failure without mercy. It would take time to hit rock bottom and climb back up, to learn how to look into the darkness without drowning in it, and to discover that it is even possible to love oneself and to listen without judgment. *Figli del buio* is the story of one woman and an entire generation. It is a deeply human tale: for those who feel alone, for those who feel unseen, and for those who struggle to open their hearts, to a father, a mother, a child, or to the luminous part of themselves

Giulia Boverio was born in Pavia on December 10, 1990. An actress and author, she rose to fame at a very young age as Valentina in Disney Channel Italy's cult sitcom *Quelli dell'intervallo* (*As the Bell Rings*) and its subsequent spin-offs. Today, she is the co-host of the podcast *Fuori dal buio*, where she shares stories and reflections to provide tools for awareness and encouragement to those going through difficult times. This is her debut book



A memoir that is not just the story of an illness, but the story of a life delicately mending itself with new golden threads



192 pages
January 2026

FOUR TIMES ME

My rebirths after cancer

Monica Oriente

In a summer still scented with adolescence, Monica's life is shattered by a diagnosis no twenty-year-old should ever hear: Hodgkin's lymphoma. It is the beginning of a journey that takes her far from her cherished places, into a world of silent corridors, chemotherapy, and endless waiting. Among the hospital beds, she discovers the courage of children fighting her same battle, the invisible strength of families keeping watch over them, and the powerful humanity of doctors who truly choose to be present. Unfortunately, this is only the first of many journeys—the first of four tumors that, over the years, will return to knock on her door, asking her to stop, to start over, and to dig ever deeper within herself. Illness thus becomes a shadow, yet one capable of illuminating what truly matters: care, gratitude, and the beauty of daily gestures. Music in a Walkman, a colorful dress chosen to feel alive, a photo album, a journey alone or with loved ones: every experience becomes an instrument of resistance—a small reminder that life is worth living by becoming the protagonist of one's own existence and learning to value every crack. In this book, the author recounts her thousand lives, her rebirths, and the infinite versions of herself in a concentrate of energy, tenderness, and silent courage.

"It will seem impossible to you, but a time will come when you will speak of your illness with gratitude. Not because it was fair, but because it will have taught you the greatest truth: that no pain is deep enough to erase the light. The light remains, even in the darkest days. And you will carry it within you, like a lantern that never goes out."

Monica Oriente, born in 1973, she is a bank employee who has transformed her personal journey into a mission of testimony and inspiration. Today, she is dedicated to raising awareness about the importance of listening, care, and dignity for those facing illness, and, above all, the vital importance of prevention.

Roberto Errichetti

PEDRO

**Un cane scomparso,
una speranza che resiste,
la storia di un amore che salva**



**A tale of fragility and rebirth.
Because sometimes what we seek
outside ourselves is what we have
lost inside**



192 pages
February 2026

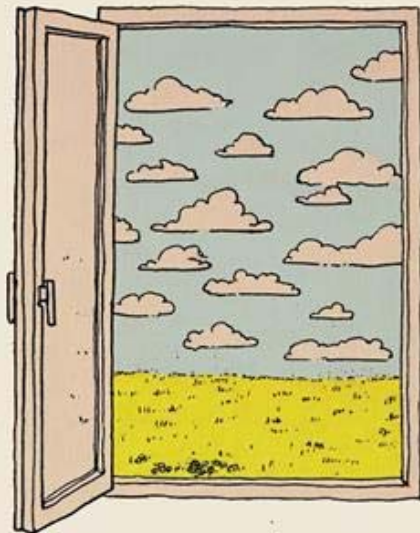
PEDRO

**A missing dog, a hope that endures, the story
of a love that saves
Roberto Errichetti**

After the sudden death of his father, young Teo finds himself suspended between the weight of responsibility, the daily grind of working in the family bar, and a sadness that gnaws away at him silently. All he has left is his mother, a woman who is both strong and fragile, and a void that seems impossible to fill. Until one day, almost on instinct, he decides to adopt a dog. Not just any dog, but one like him: shy, scarred, looking for a second chance. So Pedro, a mixed-breed dog rescued from the kennels, enters his life. Pedro runs, waits, watches. And stays. Together they build a daily routine made up of small gestures, mutual trust, presence and listening. A miracle that finally seems to bring order to the chaos, which becomes a cure. But one day Pedro disappears. From that moment on, a desperate race through Rome and its suburbs begins. The city acts as a backdrop and a mirror: neighborhoods, parks, sleepless nights, encounters that hold together the fragments of an existence. In searching for Pedro, Teo is forced to face the pain, love and risk involved in trusting someone. A breathless search, an emotional journey that becomes a reckoning with the past, with deepest fears and with the very idea of hope. Because losing Pedro means risking losing everything again.

Roberto Errichetti was born in Rome in 1973. Known by the pseudonym Teo, he is a singer-songwriter, rapper and performer who grew up artistically at the poetic school of Franco Califano. In his personal journey rich in collaborations and influences, he blends music and writing in an intimate and authentic language.

MARIA BEATRICE ALONZI

Hai ancora paura

**Ciò che ti ha salvato
ora ti sta fermando**

Sperling & Kupfer

**YOU ARE STILL AFRAID****What once saved you is now holding you back****Maria Beatrice Alonzi**

224 pages
March 2026

A cold, relentless light. A dark mirror. A bare room. You don't know how it happened, but of one thing you are certain: this is an interrogation. And you are the one under investigation. You, and every choice you have made, or failed to make, until now. From the smallest daily habits to the most life-altering decisions. A whole life spent choosing, for better or worse. But that isn't the point. The real question is: what was truly behind those choices? You might think you did your best, reasoning through every option and following your own will. Yet, that is not the case. Because your choices have always been driven by a single engine: fear. That ancient, childhood fear of making a mistake, of not being enough, of being left alone. Now, your only option is to open the doors of memory, one by one, and re-examine the crucial moments of your life with fresh eyes. You cannot yet know how this investigation will end, or if you will be forced into the witness stand. What matters, however, is the lesson to be learned: you are not guilty for your past. You are responsible for your future. A book for anyone who has ever felt stuck in the same mistakes, trapped in an endless loop of negative thoughts. An extraordinarily immersive read, a lucid yet emotional narrative that reads like a novel and creates instant identification. Because, deep down, we are all still afraid.

Maria Beatrice Alonzi, is a writer and communication expert specializing in reputation management, digital ethics, and digital culture. In addition to her degree in Humanities from the University of Milan, she holds a Master's degree in Behavioral Analysis Techniques and Methods, with a specialization in the Scientific Analysis of Non-Verbal Behavior. She is a TEDx speaker, a guest lecturer at Sapienza University of Rome, and a science communicator with a primary focus on mental health. Through her work, she bridges the gap between behavioral science and digital spaces, helping thousands of people navigate their personal and professional lives with greater awareness.

A book for anyone who has ever felt stuck in the same mistakes, trapped in an endless loop of negative thoughts. An extraordinarily immersive read, a lucid yet emotional narrative that reads like a novel and creates instant identification. Because, deep down, we are all still afraid.



WHY IT ENDS

Learn to Love and Be Loved

Maria Beatrice Alonzi

224 pages
October 2024

You can try to hope for success in love, living it as if it were a task, realizing every day that it won't work. It won't work because love is a legacy that has been assigned to you, and even though you don't have to prove that you can do better, you must fight to make it your own. No matter how much pain you've endured, no matter how much love and understanding have been denied to you, what you need to seek is the path that will lead you to understand why everything – even when it starts differently – always ends the same way. Without the ability to look within yourself – to understand what you feel and what others feel – without a map that explains in detail how emotions are shaped – what they're for, why they're necessary for your survival, why you suppress many of them – you'll continue to be afraid of them, to feel like you're broken or wrong, incapable of loving and being loved.

YOU ARE NOT YOUR PARENTS

How to free your heart from the choices of those who ruined your life (though they never meant to)

Maria Beatrice Alonzi

You are not your parents. And yet you are losing your hair or can't seem to shake that extra weight, just like them. You get angry too often or never at all, just like your dad or your mom. Have they passed all their faults onto you? And what if we are «hard-wired» to repeat the same mistakes, the same bad choices of the people who brought us in this world? Or more specifically: is there such a thing as hereditary trauma? An inner world that does not really belong to you and yet somehow haunts your every dream and aspiration, dogging your every step, day in and day out. A set of obstacles someone unwittingly put on your path, making it impossible for you to be happy.

This book will answer these questions, allowing you to understand whether you are a victim of this dynamic. Providing the tools you need to change your life's direction, to break free of self-defeating patterns, to discover whether the path you're on (or the one you can't seem to take) truly belongs to you – and finally releasing you from the mysterious legacy that has forever defeated you.



224 pages
October 2023

Foreign rights
sold to:
POLAND
SERBIA
SPAIN
PORTUGAL

OVER 50 000
COPIES
SOLD!!!





256 pages
April 2026

WHAT LOVE IS NOT

Unmasking Illusions to Rediscover the Truth

Luana Di Pietro

There is a phrase we all long to hear, and often yearn to say: "I love you." These words promise a sense of "home," peace, and security. Yet, how many times does the exact opposite hide behind those syllables? Do we truly know what love is not? Can we recognize it amidst distorted narratives, misguided teachings, heartbreaking songs, and movies that glorify obsession, drama, jealousy, and sacrifice as if they were proofs of love? This is not a book about love. It is a book about everything that love is not. Only by learning to identify its toxic imitations, possession, dependency, manipulation, fear, and the loss of self, can we stop chasing ghosts and begin building true, healthy, and free connections.

[Luana Di Pietro](#) is a Cognitive-Behavioral Psychotherapist with extensive experience in psychological well-being. In addition to her clinical practice, she is a frequent TV commentator and expert, appearing on popular programs. She is a leading voice in Italy on the dynamics of modern relationships.

LUANA DI PIETRO COSA NON È L'AMORE



**Smascherare le illusioni
per riscoprire le verità**

Sperling & Kupfer

DRAFT COVER

**If we do not know what love is, we can at
least understand what love is not**



THE JOURNAL OF HAPPINESS
Andrea De Simone

256 pages
October 2025

A practical path to free yourself from toxic dynamics and learn to love yourself.

By the same author of the Italian bestseller "You deserve to be happy," the book that has helped over 60,000 people become aware of the inner resources that each of us possesses.

This is a journal that inspires, reassures, and consoles.

Filled with insights, illuminating quotes, and solutions, this journal is a private space for your emotions, your dreams, and your desires. Within these pages, you can explore who you truly are, who you want to be, how to find your balance, and how to let go of anxiety, pain, and toxic situations.

YOU DESERVE TO BE HAPPY
Andrea De Simone



224 pages
October 2023

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Andrea De Simone illustrates the five pillars we need to boost our immunity. The first element to work on is **Self-esteem**, the ability to consciously value ourselves. **Motivation** is the fuel of all our activities, the tool we need to turn intentions into reality. **Optimism**, a blend of hope and trust that generates positivity, focuses on accomplishing projects, leaving behind the conditioning of bad experiences from the past. And then **Resilience**, the ability to emerge from trauma with renewed strength, and **Empathy**, the ability to identify with others, to acknowledge their feelings and needs without getting overwhelmed.

Andrea De Simone (1980) holds a degree in Clinical and Community Psychology, and a specialization in Systemic-Relational Psychotherapy. He worked for years in the public sector, collaborating with community health centers, hospitals, and training programs. Today he has his own practice in Salerno and is one of the most acclaimed therapists online.



OVER 10 000 COPIES SOLD!!!

224 pages
April 2025



IT'S TIME TO SAY GOODBYE

Thanks to Michele Mezzanotte's grounded analysis and the interpretative lens of alchemical metaphors, we'll discover that being a victim or a perpetrator matters little. What truly counts is how we face life's tears and the separations necessary to move forward. With practical suggestions and exercises, we will learn to detach from toxic partners and relationships, let go of a burdensome past, say goodbye to people and places already lost long ago, and leave behind jobs that no longer fulfill us. Allowing life to surprise us will finally help us rediscover happiness, while remaining true to our ambitions, desires, and needs.



16 000 COPIES SOLD!!!

192 pages
April 2024



HAPPINESS IS (NOT) A MYTH

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Psychopathological symptoms, whether minor or major, are the way our psyche speaks to us, pointing the way out of the rut. And this book is a guide to decode the psyche's messages. It provides the tools we need to understand the signs and the underlying causes of our everyday malaise. We will learn to listen to ourselves and recognize the archetypal metaphors of Greek myths. And we will finally bounce back, drawing strength from a deeper knowledge of ourselves and our relationships



OVER 19 000 COPIES SOLD!!!

224 pages
May 2023

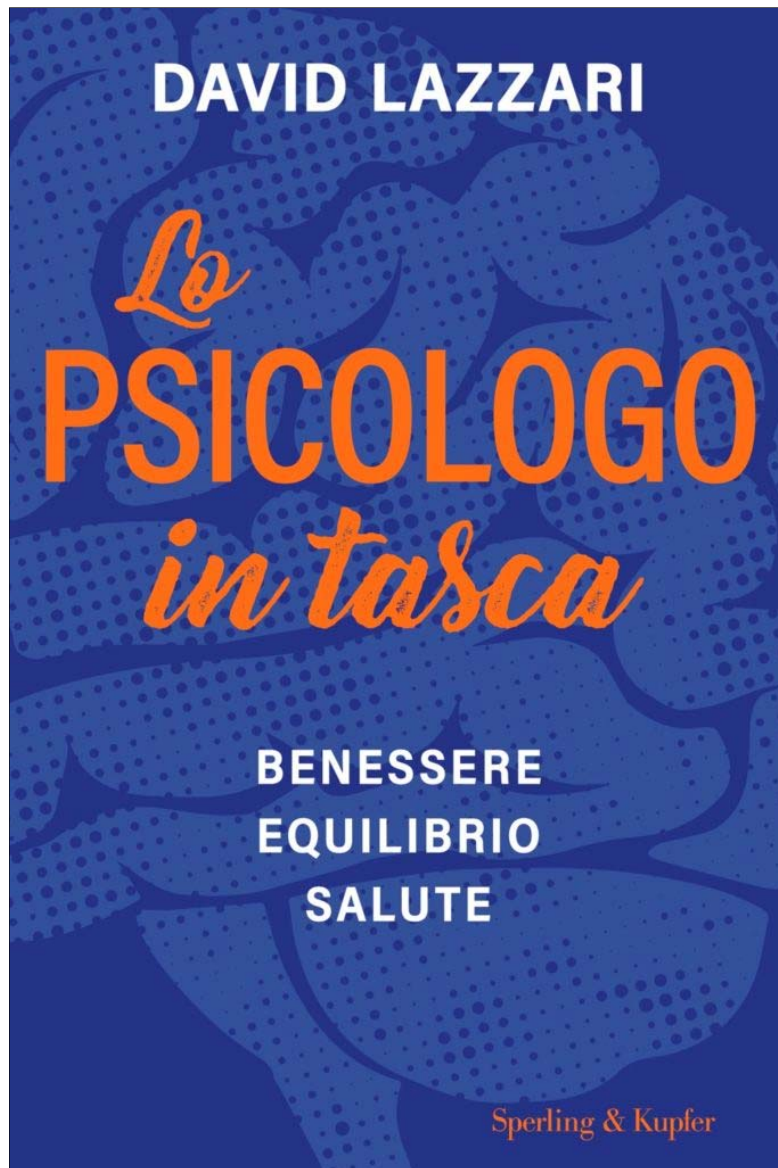


TRUE LOVE IS (NOT) A MYTH

Foreign rights sold to:
Albania, Serbia, Russia, Mexico (world Spanish)

Through an in-depth analysis of Greek myth, imaginal psychological exercises and self-tests, Michele Mezzanotte helps us discover the relationship profile best suited to us, identify the root causes of our toxic relationships, and better understand the workings of our psyche, and most especially of our mysterious subconscious. All with the confidence of a believer in true love. All we need do is learn to recognize it, nourish it, build it.

Michele Mezzanotte, a therapist and divulgator, was born in 1984 in Chieti, where he lives and works. In 2012 he cofounded the first online magazine on archetypal psychology, *L'Anima Fa Arte*, which then became the blog by the same name. Since 2020 he is been involved in raising awareness on psychological disorders through his media channels.



A book to keep close at hand, to help us understand ourselves and build our own balance with awareness and energy



A PSYCHOLOGIST IN YOUR POCKET **Well-being, Balance, Health** **David Lazzari**

304 pages
November 2025

“I want to feel well”: it sounds like a simple desire, yet it encompasses all the complexity of life. Indeed, “feeling well” doesn’t just mean being free from illness or problems; it means cultivating a genuine, personal balance that unites body, mind, and emotions in a continuous dialogue. Without this harmony, well-being remains incomplete and fleeting. So, where do we begin? In this book, David Lazzari guides us through the first steps toward a deeper understanding of how our mind works and how to care for it. It is a practical tool designed to make the psyche and the body, brick by brick, a safer, more welcoming place to inhabit. Through clear yet rigorous explanations, mind-body exercises, ranging from self-regulation techniques to the innovative “Stress Balance” scale created by the Author, multimedia content accessible via QR codes, and real-life stories, the former President of the Italian National Council of Psychologists shares his expertise to lead us on a journey toward global health and well-being. This is a book to keep close: a guide to self-discovery and to building our own balance with awareness and energy.

After being the President of the Italian National Council of Psychologists during the pandemic years through the end of 2024, [David Lazzari](#) has now returned full-time to his commitment to psychological well-being, quality of life, and health. A specialist in Psychosomatics and Health Psychology at Sapienza University of Rome, he previously headed the Psychology Service at the Terni Hospital. He has also served as coordinator of the National Council of Psychological Scientific Societies and is the Past President of the Italian Society of Psychoneuroendocrinology (SIPNEI). He is the author of numerous essays and clinical studies published in both Italian and international journals.



DO YOU KNOW YOUR MISSION?
The Art of Rebirth with Spiritual Constellations
Gabriele Policardo

224 pages
 April 2026

The power of the mind and the magic of destiny: a guide for those who feel that life is a journey of the soul

This book is a journey of self-discovery, a quest to uncover one's true mission in life. Every block, every uncertainty, and every crossroads we encounter is a calling to rediscover who we truly are. The author shares their own path of inner and creative growth, weaving together personal experiences, family constellations, and spiritual teachings. From moments of stagnation to the "dark night of the soul," every experience becomes an opportunity to listen to one's inner voice, find the courage to decide, and transform difficulties and doubts into opportunities for awakening. A guide for those who wish to live with authenticity, aligning their destiny with their deepest essence.

THE POWER OF FAMILY CONSTELLATIONS
Love that liberates
Gabriele Policardo



240 pages
 March 2025

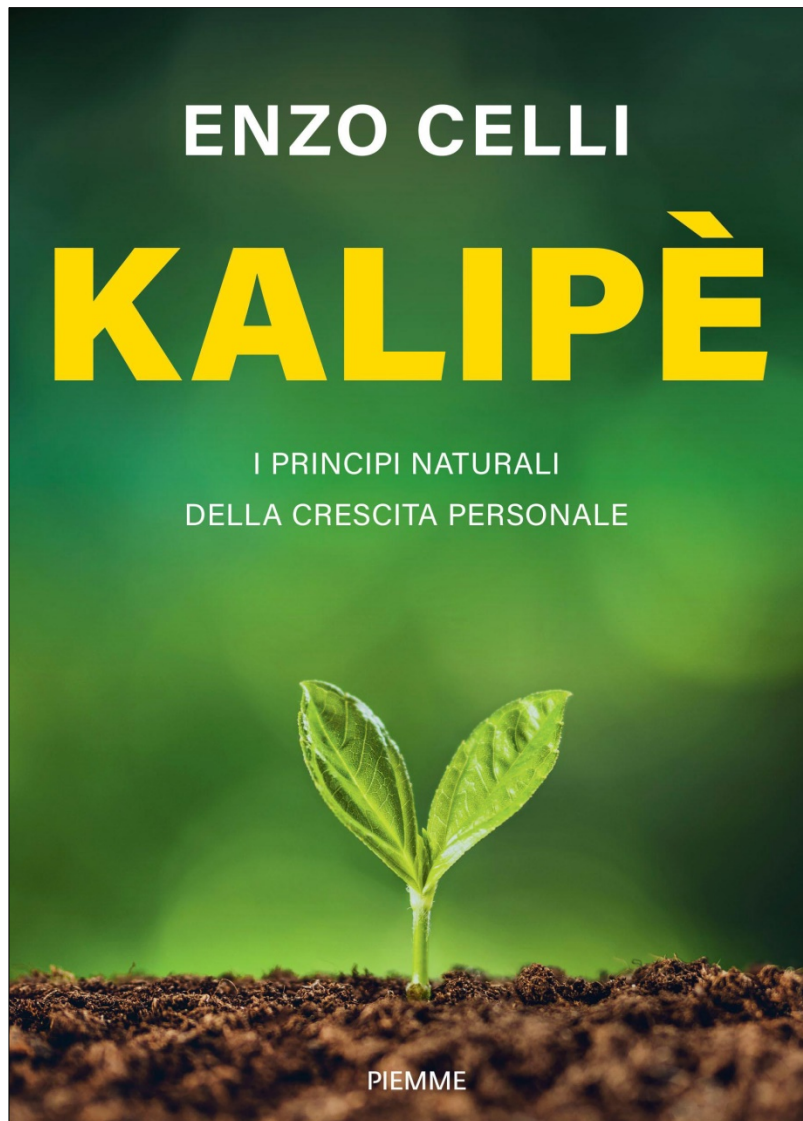
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How to become your own best ally? How to resolve conflicts and blockages?

Family constellations represent a path to awareness, a tool that can change the way we conceive and look at relationships, parents, and events that happen to us. The depths of our collective unconscious at the heart of this transformative practice reveal the hidden ties that connect us to our family system and its most intimate dynamics. In a clear and engaging style, the author explores the origins, principles and evolution of constellations, revealing their power to dissolve trauma, heal conflicts and restore balance, transforming pain into understanding, isolation into belonging, and disorder into a flow of liberating love. A practical manual that blends tradition and modernity, interweaving psychology, spirituality and science.

Gabriele Policardo is an author and facilitator in Family and Systemic Constellations, certified with Bert Hellinger. He graduated as a facilitator through regressive hypnosis with Dr. Brian Weiss at the Omega Institute in New York. He founded Bioconstellations®, a new life-help tool, an evolution in the biological field of spiritual constellations. He is the author of several books on the subject.



A motivational guide that investigates how the laws of nature can be applied to personal growth



224 pages
April 2026

KALIPÈ **Nature's Principles for Personal Growth** **Enzo Celli**

This book is born from a simple yet radical intuition: nature grows to protect itself, while human beings protect themselves by closing off. But what if we learned from creation to expand exactly when everything invites us to shrink? In these pages, Enzo Celli, motivational speaker and mental coach, offers a text for those who have long sought change, for those who strive, question themselves, and try to improve, yet still feel that something is missing. A transformation that remains stalled, as if held back by an invisible force. This book gives voice to that frustration, offering a new direction: not forcing change, but rooting oneself in the natural principles of growth.

[Enzo Celli](#) is a coach, trainer, and TEDx speaker with over 30 years of experience in high-level training and personal growth



IT'S NEVER TOO LATE

Health is a daily choice

Silvio Garattini

192 pages
February 2026

This book aims to overturn one of the most widespread and discouraging beliefs: that prevention is a privilege of the young and that, past a certain age, changing one's habits is not only difficult but even futile. With his rigorous yet accessible style, Silvio Garattini reviews the behaviors that most profoundly influence the quality and duration of life, demonstrating how even changes introduced late in life can produce concrete and measurable benefits. Diet, physical activity, the importance of sleep, the use (or abuse) of medication, our relationship with addictions, the value of information—often deliberately distorted—wellness education, and primary prevention in youth: these are all pieces of a mosaic that shapes the people we are and the elderly we will become, and upon which each of us is called to act. Page after page, the author invites us to awareness and individual responsibility, in the belief that well-being is not just a personal matter, but an act of collective solidarity. If health is a daily choice, then every day is the right day: to stop smoking, to change our diet, to overcome laziness and start exercising. Because living well is not a matter of luck, nor merely genetics: it is a responsibility, an achievement, a choice we make every day.

Silvio Garattini is an esteemed Italian physician and researcher. In 1961, he founded the Mario Negri Institute for Pharmacological Research (IRCCS), where he currently serves as President. A member of numerous institutions governing pharmaceutical policy and regulation, he has held various high-level international positions throughout his career. He is the author of hundreds of publications in peer-reviewed journals and has dedicated years to publishing popular science books on well-being and the vital importance of prevention.



A precious guide and an invitation to care for our health every day: it is never too late to change our lifestyle and make conscious choices



Drawing on patients' stories and clinical studies, Longo identifies simple and sustainable methods not only to maintain or return to one's ideal weight, but above all to live a long and healthy life.



240 pages
September 2025

English rights
NOT
available

THE WEIGHT OF LONGEVITY

The longevity diet and fasting-mimicking: better than drugs against obesity and aging

Valter Longo

Today, overweight and obesity affect more than 2.5 billion adults worldwide, 390 million children and adolescents, and 37 million children under the age of five. These are alarming figures — a true global epidemic to which healthcare systems remain surprisingly indifferent. In fact, no country in the world has yet built and developed a system capable of preventing and treating these conditions. Instead, the focus is placed on “disease management,” often through emergency approaches and the use of drugs with serious side effects, including increased depression, loss of muscle mass, optic ischemia, and even blindness. These drugs are the well-known GLP-1s, now prescribed globally to millions of adults and children — even before dietary therapies or lifestyle interventions have been allowed to fail. In this book, Professor Valter Longo denounces the abuse of pharmaceuticals and diets with weak scientific foundations, offering a concrete alternative based on prevention and four main interventions. The result of thirty years of research and clinical practice, and supported by strong scientific evidence, these include: the daily longevity diet, limiting the daily eating window, five-day fasting-mimicking diet cycles, and physical exercise.

Valter Longo is Professor of Biogerontology and Director of the Longevity Institute at the University of Southern California in Los Angeles, he is an internationally renowned expert on longevity and age-related diseases, best known for developing the Longevity Diet and the Fasting-Mimicking Diet. In 2018, «Time» named him one of the fifty most influential people in health care, and he is among the most cited scientists worldwide in the field of longevity. He founded the non-profits Create Cures Foundation in the United States and Fondazione Valter Longo in Italy, dedicating the proceeds from his books to healthcare services and educational programs to help everyone live longer and healthier lives.



256 pages
April 2026

TEN YEARS YOUNGER The Secrets of Scientific Longevity Ascanio Polimeni , Angela Marocco

Professor Polimeni has spent decades at the forefront of the most advanced research in healthy longevity and anti-aging. In this book, he gathers all the factors we can influence, not only to stay young but to actually reduce our biological age, a dream that has become a reality backed by scientific evidence and tested protocols. From chrononutrition to hormones, from supplements to the revolutionary longevity protein, klotho; and from geroprotection factors, groundbreaking discoveries that slow aging and prevent the onset of disease, to anti-aging lifestyles. This volume offers a series of accessible, simple tools to integrate into daily life to protect the body and mind from the deterioration and illnesses that accompany the passing of time. Featuring the compelling stories of patients who have successfully reduced their biological age—even by as much as ten years.

Professor Polimeni is a physician specializing in nutrition, PNEI (Psychoneuroendocrinology), and anti-aging medicine. He is a distinguished member of the Scientific Committee of the World Society of Antiaging Medicine (WOSAAM), the World Society of Integrative Antiaging Medicine (WSIAM), and the International Hormone Society (IHS). In addition to his clinical practice, he is a professor at the International Master of Antiaging Medicine, organized by the IHS, and the International University Master in Preventive, Antiaging, and Regenerative Medicine at the Dresden International University.



DRAFT COVER

Lower your biological age: the scientific toolkit from Italy's top anti-aging specialist



Natural remedies for self-care using what nature gives us



192 pages
September 2024

MY NATURAL PHARMACY Simple recipes and ancient remedies for healing yourself with what nature provides Anna Bianchi

When the force of nature intertwines with personal memory and Mediterranean tradition, something magical happens: we discover that well-being isn't something distant or complex, but can arise from small gestures that come directly from what surrounds us. Anna Bianchi guides us on a journey through ancient recipes and practices, handed down from generation to generation, that restore value to traditional knowledge by putting it to the service of the present. Within these pages, we will find many natural remedies for small everyday ailments, such as a calendula compress that soothes skin rashes, a warm syrup that relieves flu symptoms, an herbal decoction against stress eating, a ricotta and honey mask that calms an irritated scalp: these are just some of the safe and immediate solutions that Anna has devised to be made at home with simple ingredients. Each remedy is recounted with the gentleness of someone who has lived it, tested it, and passed it down: not just recipes, but stories, memories, and teachings that transform the kitchen and the garden into a small natural pharmacy. This book is not a simple manual, but an invitation to rediscover a gentle and profound medicine. A journey that unites tradition and science and reminds us how self-care can be an everyday act of love..

Anna Bianchi is a naturopath specialized in the natural rebalancing of women's health issues. After years of experience running an herbalist shop, she opened her own naturopathy studio. Her empathy and commitment to promoting well-being have made her a reference figure on Instagram, where she helps people regain a healthy lifestyle, rediscover the power of plants, and create their own natural remedies through the use of ancient, simple, and effective techniques.



HOW TO BREATHE

And all the other things you forgot you knew how to do

Giulia Rosso

272 pages
November 2025

In a world that is constantly rushing, telling you how you should be, and judging you continuously, it is time to slow down and return to taking care of ourselves. Giulia Rosso, a doctor in biology and nutrition and a yoga instructor with nearly half a million followers, has become a guide for those seeking balance, awareness, and authentic well-being, without fanaticism or impositions. With science as her compass and the wisdom of yoga as her traveling companion, Giulia takes us on a journey made of listening, respect, and kindness towards ourselves. Here, we won't find impossible diets or grueling workouts, but something much deeper: the rediscovery of our body, our breath, our sleep, and our food. This is because health is born from small daily gestures: breathing calmly, sleeping well, moving with pleasure, and nourishing yourself without guilt. Step by step, we will discover how to regain energy, reduce stress, and finally feel at home in our body. This book does not promise miracles, but offers a map to rediscover lightness, trust, and harmony. It will help us look at ourselves in the mirror with new eyes, embrace our uniqueness, and return to living with an open heart and a serene mind

Giulia Rosso holds degrees in Biology and Human Nutrition Sciences, is a certified Odaka Yoga teacher, specializing in fascial techniques, Pranayama, and yoga for eating disorders. She combines her scientific background with the philosophy of yoga to help people find well-being through evolution, not forced transformation. On social media, where she has over 400,000 followers, she works daily as a science communicator, committed to debunking all false myths about health and building an open and authentic dialogue with her community.

GIULIA ROSSO

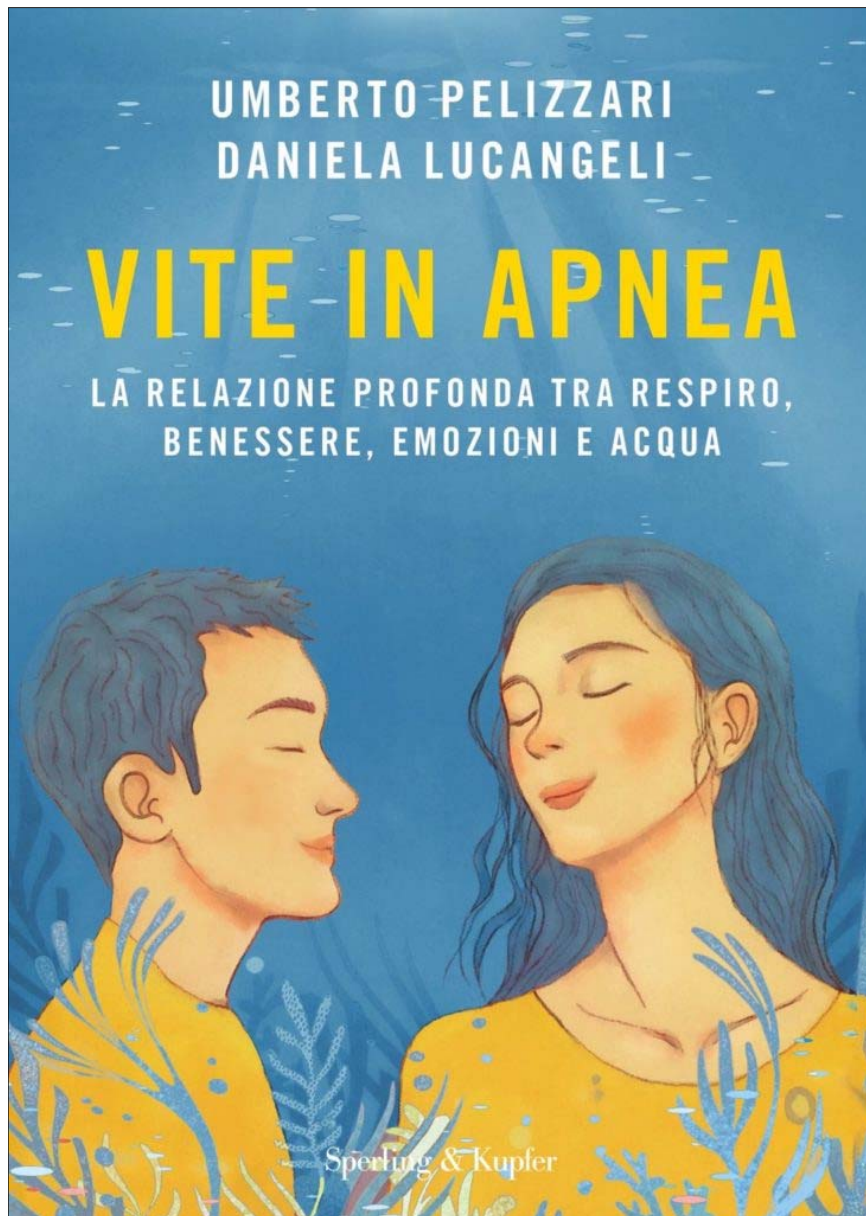
COME RESPIRARE

e tutte le altre cose
che hai dimenticato di saper fare



PIEMME

**A Guide to the Small Daily Gestures for
Taking Care of Yourself**



A journey that bridges science and personal experience, mind and body rediscovering the breath as a powerful tool for wellness and transformation.



192 pages
May 2025

LIVES IN APNEA

The deep connection between breath, well-being, emotions, and water.

Umberto Pelizzari, Daniela Lucangeli

Two seemingly distant perspectives that of a freediver and that of a developmental psychology scholar come together to explore how breathing and self-regulation influence our emotions and, consequently, our relationship with reality. Umberto Pelizzari and Daniela Lucangeli, meet and engage in a dialogue to uncover the deep connection between breath and emotion. Through real-life stories, whether personally experienced or gathered through his work as a trainer, Umberto Pelizzari guides us through moments where breathing becomes the key to managing stress, overcoming limits and fear, and rediscovering self-control. Daniela Lucangeli, in turn, helps us understand the mechanisms behind this connection, revealing how breathing impacts our psychophysical well-being and how, in turn, deep emotions can alter the way we breathe. The book is enriched by an entire chapter dedicated to practical breathing exercises that anyone can incorporate into their daily routine to improve emotional balance and overall well-being.

Umberto Pelizzari is one of the world's leading freedivers. Over the course of his competitive career, he set world records in every discipline of freediving. He was the first athlete to break the 150-meter depth barrier. After retiring from competition, he founded Apnea Academy, an international school dedicated to the teaching, research, and promotion of freediving. In addition to his athletic achievements, he has worked in television as the host of several successful programs. He is also the author of *Con la forza del respiro*, published by Sperling & Kupfer. **Daniela Lucangeli** is a professor of developmental and educational psychology at the University of Padua and an expert in learning psychology. She is a member of the World Academy for Research on Learning Disabilities and serves as the national president of the Association for the Coordination of Specialized Teachers. She also heads Mind4Children, a university spin-off based at the University of Padua. She is the author of numerous publications.



274 pages
May 2026

CHRISTIAN BOCEDA
**BASTANO
6 MINUTI
AL GIORNO**



Un metodo semplice ed efficace
per migliorare la circolazione
e ridurre gli inestetismi

Il primo libro del creatore delle routine
circolatorie, che ha cambiato la vita
a migliaia di donne

Sperling & Kupfer



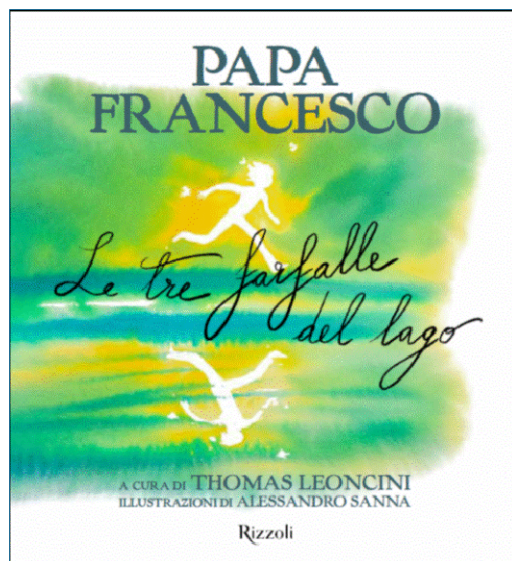
DRAFT COVER

ALL IT TAKES IS 6 MINUTES A DAY
A simple, effective way to boost circulation
and minimize imperfections
Christian Boceda

Christian Boceda is the creator of 'Routine Circolatorie' (Circulatory Routines): a patented method designed for women to reduce cortisol and water retention, while improving sleep quality, mood regulation, and physical recovery. From middle-of-the-night waking to sudden anxiety attacks, and from abdominal bloating to emotional eating, this book helps readers recognize the symptoms of chronic stress and high cortisol, the silent enemies of fitness and well-being. It guides them in integrating short bursts of 'mindful training' into their daily lives, suitable for everyone, dedicated to circulation and relaxation.

Specializing in the elimination of feminine blemishes and imperfections, and creator of the 'Circulatory and Anti-inflammatory Routines,' **Christian Boceda** is a personal trainer and founder of CB Coaching, a holistic method tailored for women who want to get fit without a fitness obsession. He studied in America at exclusive academies, earning five master's degrees and contributing to several medical publications

The CB Coaching holistic method is Italy's leading authority in women's physical transformation, which has transformed the lives of thousands of women, helping them feel confident and love their bodies.



Poetic words ready to become a caress, a breath, and a consolation for those who find themselves gazing at the threshold of a sunset. The spiritual legacy by Pope Francis

MONDADORI
ELECTA

48 pages
April the 14° 2026

Trimmed size:
cm 20 x 22

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HUNGARY

THE THREE BUTTERFLIES OF THE LAKE **Pope Francis**

Edited by Thomas Leoncini – Illustrated by Alessandro Sanna

"This book was born from a secret entrusted to silence. I remember well the day when Pope Francis first spoke to me about these pages — his voice had the tone of autumn days, when leaves fall without making a sound yet carry within them the full meaning of the seasons. He told me he wanted to write words not meant only for a book, but to become a caress, a breath, and a consolation for those who find themselves gazing at the threshold of a sunset."

- from the Introduction by Thomas Leoncini

The Three Butterflies of the Lake is a text dense with poetry and rich in meaning: a spiritual testament that Pope Francis entrusted, just a few days before his passing, to the attentive hands of Thomas Leoncini, who brought it to us as an "embrace for those who remain," reminding us that true love never dies. Introduced by a moving preface from Thomas Leoncini, who recalls the Pope's legacy with deep emotion, the words of Pope Francis gently flutter across the pages, accompanied by the unique illustrations of Alessandro Sanna.

- A text enriched by the unique illustrations of Alessandro Sanna
- Publication scheduled for the first anniversary of Pope Francis's passing
- The final words of one of the most beloved pontiffs, written in his own hand and addressed to a wide audience, carrying a profound spiritual message for all who have experienced the pain of loss and the loneliness that follows.
- Possibility of a simultaneous worldwide release
- The book will carry the official imprimatur of LEV (Libreria Editrice Vaticana)

Thomas Leoncini, the editor, is a writer, a journalist, and holds a degree in Psychology. He is the author of two bestselling books: *God Is Young* (Piemme, 2018) with Pope Francis, and *Born Liquid* (Sperling & Kupfer, 2017) with Zygmunt Bauman — both translated into many languages. In 2018, Pope Francis appointed him as a lay member of the World Synod of Young People.



A manual for resistance and wonder: a powerful reminder to fight for what is right while keeping our hearts open to beauty and love



224 pages
February 2026

Discover the secret that teaches true inner revolution: being able to honour life even while struggling, to love even while suffering, to never lose faith in a better world, even when everything seems to betray you.

THE SMILE OF THE WARRIOR

The strategy of two paths: rebel and love to be free

Matteo Gracis

From the dawn of time to a titanic interstellar outpost, the destiny of Kaelis is an infinite and astonishing journey. An ancient soul reborn through ages and bodies, a silent witness and an indomitable warrior, his story intertwines with those of masters and rebels, philosophers and scientists. It is bound by a single, crucial lesson: existence is composed of two paths that humanity has never dared to unite, struggle and joy. In Iceland, he is a castaway teaching compassion in a world of hardship. In China, he walks alongside Confucius, learning the courage of silent disobedience and revolutionizing dogma through kindness. In Alexandria, as a disciple of Hypatia, he discovers that love and knowledge are one and the same. And in South Africa, he becomes a secret ally to Nelson Mandela, uncovering the authentic meaning of freedom. Ultimately, Kaelis reminds us of a simple, powerful truth: it is not about choosing a path, but about uniting them. Struggle without joy is sterile; joy without struggle is hollow.

Born in 1983 in Pieve di Cadore (Belluno), **Matteo Gracis** is a journalist, independent thinker, and bestselling author. He is the editor-in-chief of the magazine «DolceVita» and the founder of the online newspaper «L'Indipendente».

He is the author of several successful books. With a following of over 1,3 million across various social media platforms, he is a leading figure in the landscape of independent information in Italy, known for his commitment to free thought and alternative perspectives.



This is a book for those seeking answers or simply wishing to reach that inner peace born from learning to see the world through the lens of love, according to the principles of Bhakti Yoga, the yoga of devotion.



272 pages
November 2025

Every mood
we
experience is
a choice.

Happiness is
a choice.

Opening
ourselves up
to love is a
choice.

FROM THE MIND TO THE HEART Finding Happiness in the Yoga of Devotion Stefano Tiozzo

What does it truly mean to be happy? And where is that sense of balance hidden, the one that so often seems to slip through our fingers amidst life's responsibilities, disappointments and hopes, dreams and the harsh light of reality? Stefano Tiozzo shares his story, starting from the common human experience of cycles of fleeting joy and profound pain. It is a journey toward the realization that if the causes of our constant unease are found without, then perhaps happiness must be sought within. This inward path led him to the Hindu devotional culture, sparked by a life-changing encounter with his spiritual teacher, Paramahansa Vishwananda.

In this book, the Author traces an existential arc while illustrating the foundations of a millennia-old philosophical and religious tradition. This is not a religious treatise or a theological manual; rather, it is an invitation to look inside through the experience of a traveler who, despite having roamed the entire globe, identifies the distance between the mind and the heart as the most important journey life has to offer. Lazzari guides us through an itinerary that weaves personal narrative with spiritual discovery, explaining concepts such as Dharma, Karma, and Yoga, and the ancient teachings of the Bhagavad Gītā as tools to find one's direction and live with greater awareness.

Stefano Tiozzo is a landscape photographer, documentarian, and storyteller specializing in travel. After graduating with a degree in Dentistry and practicing as a medical professional for eight years, he left his career to dedicate his life to sharing the beauty and diversity of the world through his YouTube channel, which is now one of the most followed travel channels in Italy. He leads photography expeditions to the world's most fascinating locations and conducts courses and lectures on the Bhagavad Gītā, which he studied under the guidance of his spiritual teacher, Paramahansa Vishwananda.



Recognize the signs with the millennial wisdom that awakens your true nature.



208 pages
September 2025

THE SEVEN SUNSETS

In the breath of the ice, the echo of a new beginning

Robert Peroni, Francesco Casolo

After a lifetime as an explorer spent pushing his limits, crossing deserts and dizzying heights, Robert Peroni is a man on the run from a world that no longer feels like his own. An expedition takes him to Greenland. He was supposed to stay for three months. He remains there forever. The Seven Sunsets is the intimate and inspired story of a man who chose to leave everything behind to start a second life among the icebergs, in the village of Tasiilaq. Here, welcomed by the Inuit people, Peroni discovers an ancient culture built on gentleness, listening, and the ability to live in harmony with an extreme and untouched natural world. In a fjord where seven sunsets paint the sky each evening, amidst the vibrant silence of the ice and the essential words of the Inuit, Peroni confronts his disillusionment and his fragility, until he allows himself to be transformed. Here, nothing is conquered; everything is received. What truly matters isn't having a direction, but the capacity to stay, to listen, and to let yourself be touched by the mystery. Shamanism, the harsh beauty of nature, and the wisdom of a people who have never known war become a guide and a mirror for a possible rebirth.

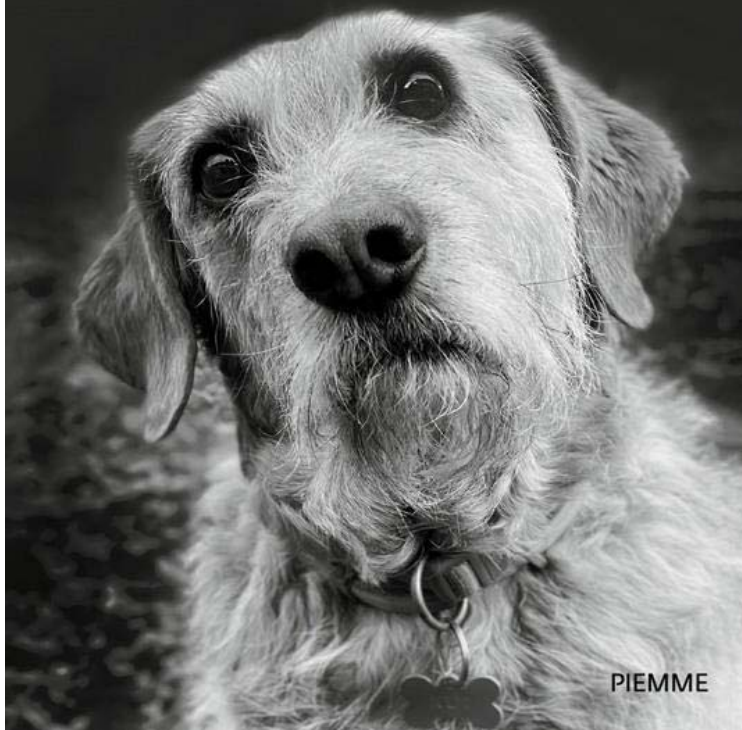
Robert Peroni from South Tyrol, was a climber and explorer for the "No Limits" team. At the age of forty, he left everything behind and moved to Greenland, where he founded the Red House, an eco-friendly tourist residence that provides employment for Inuit in need.

Francesco Casolo, from Milan, is passionate about travel and nature. After spending several years abroad, he is currently a film history lecturer and has long been involved in publishing.

Marta Monfrinotti

STORIA DI UN CANE CHE PARLA DI DIO

Ruth, la mia guida spirituale



Learning to live with her dog Ruth is an opportunity for Marta to embark on a spiritual journey of self-discovery and a new language for dialoguing with God.



128 pages
January 2025

"It won't be a lecture on God, I'm not a theologian; it won't be a lecture on knowledge, I'm not a philosopher. I'm not even a dog educator. I don't really know what I am, really, but I seemed to catch a glimpse of Life in life through the presence of a dog, and it seems only right to share it with you."

Foreign rights
sold to:
PORTUGAL

STORY OF A DOG TALKING ABOUT GOD

Marta Monfrinotti

"I'm just going to see, just to see." This is what Marta repeats to herself as she heads toward the encounter that will change her life. A simple car ride that becomes a "pilgrimage" and leads her to Ruth, the little dog who from that day on breaks into her everyday life, upsetting habits, beliefs and conventions and leading her on a path of rediscovery of herself and the profound meaning of living. At first Marta is unable to penetrate the mysterious world of the animal, to break down her wall of distrust. She tries to meet her needs, wonders where she is going wrong, why Ruth is not affectionate and tame. As in all relationships, it will take time to understand each other and learn to give and take space, until a fulfilling but fragile balance is reached, one that should never be taken for granted. Grinding through miles of woods and concrete on their long walks, Marta and Ruth will discover a new and life-giving experience of the Other. The struggle to get to know each other, the courage to try, the hope that something might change, the fear, the anger, the love that can move everything. Ruth, with her pacing, will show the way to small and hidden signs of Life and will impart to Martha a series of lessons about existence, relationships, and relationship with God that are now encapsulated in this book: surprising and touching pages, a caress in a present in which we seldom stop to reflect on the simplest, perhaps trivial things, but which often, like Ruth with Marta, show us the way to authentic and lasting happiness.

Marta Monfrinotti was born in Rome. At the age of 17 a chance encounter with a priest brought her closer to the faith. She left as a missionary in Kazakhstan, then graduated in Psychology from La Sapienza University and, after various work experiences, started the adventure of *Venite Benedetti*, a place of welcome and encounter, where to try to rediscover one's talents and enter into a relationship with others and with God, which has now become an association run together with Sister Fernanda.



The risks of excessive smartphone use by children and teens are under everyone's eyes. A necessary book for understanding and protecting today's kids and tomorrow's adults.



176 pages
June 2025

Foreign
rights sold:
W/English
Polish

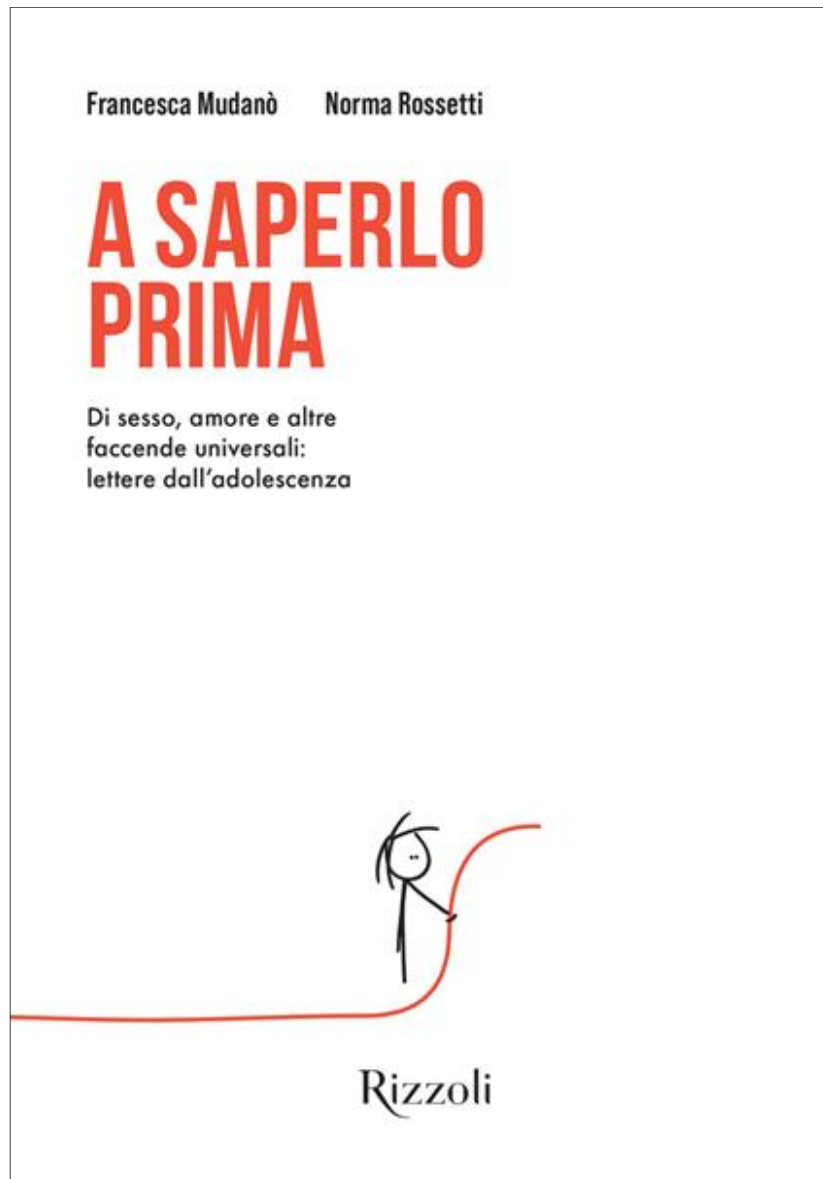
NO SMARTPHONE

How to protect the minds of children and adolescents

Franco De Masi

Childhood and adolescence are the most delicate and fragile stages of life, in which children and young people build their relationships, their emotionality and their view of the world is fulfilled. Franco De Masi, a well-known psychoanalyst, analyzes the risks that smartphones and in general all digital tools can have on the growth of these children. The excessive use of computer media can negatively affect life in general and, in particular, relational life. "My intention is to describe the specific character of this new reality, its power over the psyche and the reasons why the mind is so easily seduced. In other words, I try to investigate, as a psychoanalyst, the quality of pleasure that captures the mind and is likely to interfere with the psychic and emotional development of young people." No Smartphone is a book whose issues are topical and at the center of great debates. It is a guide for everyone, parents, educators and young people, that helps to understand the real risks of an increasingly invasive world in regard to privacy, feelings and education.

An ordinary member of the Italian Psychoanalytic Society, **Franco De Masi** has served as secretary of the Milanese section of the National Training Institute and as president of the Milanese Center for Psychoanalysis. He has a particular interest in the psychoanalytic understanding and treatment of severely disturbed patients.



Intimate and authentic stories inspired by true accounts, in which adults address their teenage selves. A necessary dialogue between generations.

MONDADORI
ELECTA

IF I HAD ONLY KNOWN **Sex, Love, and Other Universal Affairs.** **Letters from the Teenage Years** **Francesca Mudanò, Norma Rossetti**

288 pages
May 2026

Perhaps you have never felt uncertain about your identity or your body. But we are sure you have felt love, fear, and desire; that you have navigated "first times" and needed someone to listen, to welcome you, to understand, and to stay. Even if you have forgotten those adolescent years, you still need to understand adolescence today, because you have sons, daughters, nieces, nephews, or people you love who are going through it right now. This is the book's intent: to build a bridge between past and present, a path that can be traveled even if the feet walking it are no longer our own. The hands that guide them, however, are ours, they are the words we have gathered and written. This book is for you because, as an adult, you care about adolescents, and they are your window into the future.

Norma Rossetti is a visionary entrepreneur, photographer, and activist who revolutionized the Italian cultural landscape by founding MySecretCase in 2014, the country's largest community dedicated to sexual liberation. Recognized by Fortune as Business Person of the Year and named one of Forbes' Successful Women. Alongside her entrepreneurial career, she has utilized social photography, using the image as a political and narrative tool. Her most significant project, "*Scampia, periferia nord*," has received international acclaim, helping to redefine the way we perceive urban marginalization and the human body.

Francesca Mudanò is a copywriter and feminist Creative Director leading Cookies Agency. After earning a degree in Media Arts in London and embarking on several creative ventures in Los Angeles, she settled in Milan. An expert in communication, she works in advertising out of a firm belief in the power of media to drive progress and reshape society.



288 pages
May 2026

ADOLESCENCE: LET'S TALK ABOUT IT

Educating for love to disarm violence

Damiano Rizzi

This book is born from an urgent necessity: teenagers cannot be left alone. Emotional intelligence cannot be improvised. We are not born knowing how to love; it is something we must learn. Love can become a prison; a family can become a trap. Damiano Rizzi knows this all too well, having personally endured the tragedy of losing his sister to femicide and having raised his nephew, now a teenager, as his own son. Not only as a professional but as a man, Dr. Rizzi has dedicated years to raising awareness, convinced that to stem and combat gender-based violence, we must act preventively. This means teaching children and adolescents how to navigate relationships, rather than letting them learn from the distorted world of social media and the internet, following harmful models. Affective education must not be considered an optional addition to growth, but the foundation of everything.

This is not a theoretical text; it is a practical manual, filled with tools, clinical cases, and micro-rituals. It stands exactly where there is currently an institutional void.

Damiano Rizzi is a clinical psychologist and psychotherapist, he is one of the most authoritative voices on mental health, pediatric oncology, and gender-based violence. In 2022, he founded the Soleterre Foundation, through which he has developed mental health programs in war zones, including Ukraine, Palestine, and Syria, and led interventions in hospitals across Africa, Asia, Europe, and Central America. For his commitment, he was awarded the Silver Shield (Targa d'Argento) by the Presidency of the Italian Republic. After losing his sister to femicide in 2013, he founded the 'Tiziana Vive' association to support women and children who are victims of violence. Furthermore, he is a staunch advocate for making sexual and affective education mandatory in schools.



Turning a private heartbreak into a public mission for emotional and sexual literacy.



272 pages
June 2026

KATTY CIARALLO

GENITORI IMPERFETTI

IL METODO C.A.L.M.A. PER CRESCERE FIGLI SERENI
E LIBERARTI DALLE ASPETTATIVE IMPOSSIBILI



DRAFT COVER

**To educate means making mistakes,
breathing, pausing, and choosing with
awareness. Together.**

IMPERFECT PARENTS

**The C.A.L.M.A. Method: raising happy children and
breaking free from impossible expectations**

Katty Ciarallo

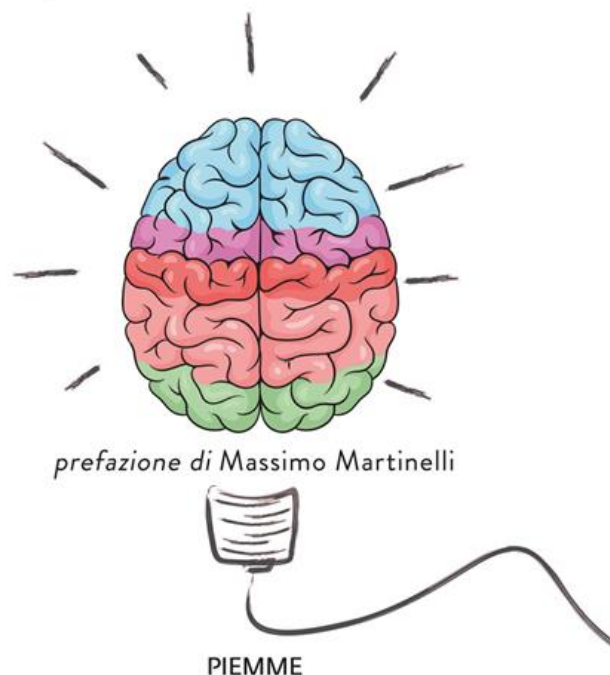
Katty Ciarallo, a pedagogist and mother, supports weary and disoriented parents every day, those often crushed by unrealistic expectations and guilt. Her goal is not to teach how to be the perfect parent, but to create a solid network of conscious parents who grow alongside their children without feeling alone. To this end, she developed the C.A.L.M.A. method to help them regain confidence in themselves, their choices, and their relationships with their children. At the heart of her work are the questions every mother and father has asked at least once, the doubts, the struggles, and the daily fatigue. This book teaches what it means to educate through deep listening, breaking dysfunctional cycles and helping adults become the figure they wish they had by their side as children.

Katty Ciarallo is a pedagogist specializing in parent and family support. After earning her degree, she completed a Master's in Parenting Coordination at the Family Studies Center. Her extensive training includes advanced courses in affective and sexuality education, gender studies, work-life balance, and corporate pedagogy to promote co-parenting. Her academic journey also includes a background in scientific Naturopathy, which has allowed her to develop an integrated approach to the psycho-bio-emotional well-being of the individual.

GIULIO MAIRA

DOVE DANZANO
I PENSIERI

Capire il mondo con le neuroscienze



prefazione di Massimo Martinelli

PIEMME

A journey into the most fascinating and complex structure in the universe, an intimate conversation with the reader that is also a hymn to scientific research, curiosity, and beauty



WHERE THOUGHTS DANCE

Understanding the World Through Neuroscience

Giulio Maira

160 pages
October 2025

How is thought born? Why do we remember, dream, and imagine? How much do we really know about the human brain? These are just some of the many questions Giulio Maira seeks to answer through reflections, anecdotes, and articles collected over time. With his clear and accessible prose, this book retraces the long evolution of the mind, from the emergence of Homo sapiens to the latest neuroscientific discoveries. Through the stories of scientists, experiments, insights, and biological wonders, the author takes us by the hand into a marvelous “dance of thoughts,” exploring the foundations of language and consciousness. From mirror neurons to brain plasticity, from the role of memory to the importance of storytelling and culture, these pages weave together science, philosophy, art, and literature, not only to explain how the brain works, but also to reveal what truly makes us human.

Giulio Maira, Former Full Professor of Neurosurgery at the Catholic University of Rome and Director of Neurosurgery at the Gemelli Polyclinic, he has performed over 18,000 brain surgeries. He is the author of 380 scientific publications and is listed among the Top Italian Scientists in Clinical Science. For many years he was a member of the Consiglio Superiore di Sanità (Italian National Health Council) and neurosurgeon of the Vatican City State. In 2001, he founded the Atena Foundation to promote research in the field of neuroscience, raise awareness in schools about the dangers of addiction, and support initiatives for women’s health. He is a member of the Italian National Committee for Biosafety, Biotechnology and Life Sciences. He has received numerous awards and honors, including the title of Knight Grand Cross of Merit of the Italian Republic. He is the author of *Ti regalo le stelle* (Sedizioni, 2015), *Il cervello è più grande del cielo* (Solferino, 2019), *Le età della mente* (Solferino, 2020), *Il telaio magico* (Solferino, 2022), and *Le farfalle dell’anima* (Solferino, 2024).



THE BRAIN CODE

From emotions and false memories to toxic thoughts: unlocking the mind's secrets.

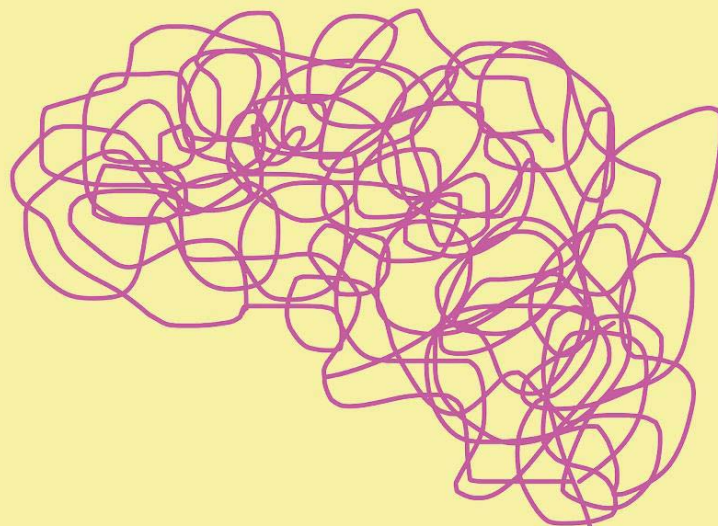
Marco Locatelli with Edoardo Rosati

272 pages
April 2026

A fascinating journey into the most complex command center in the known universe: our brain. Writing with accessible and engaging language, Professor Marco Locatelli, one of Italy's most esteemed neurosurgeons, unveils the secrets of the organ that governs every thought, emotion, and behavior. From the language neurons use to communicate, to understanding decision-making mechanisms and debunking the most common myths. The book explores our emotions, fear, love, happiness, and the delicate balance between the rational and emotional brain. It also addresses the mind's imperfect side: cognitive biases, illusions, and false memories that shape our perception of the world. Locatelli explains how stress, toxic thoughts, and poor lifestyle choices undermine brain health, while showing how sleep, nutrition, and physical activity can protect and enhance it. Furthermore, it offers strategies to train the mind, improve memory and creativity, and defend against the impact of digital technology on our neural circuits. Through real-life examples and case studies, the author explores the new frontiers of research and the hopes in the fight against cognitive decline."

Marco Locatelli specialized in Neurosurgery and holds a PhD in Neurological Sciences and Pain. He has practiced as a neurosurgeon at the Policlinico di Milano since 2001 and has served as the Director of the Neurosurgery Unit since September 2020.

A medical graduate and medical-scientific journalist, Edoardo Rosati has worked for «Corriere Salute». He is the author of several non-fiction and fiction books.



MARCO LOCATELLI
con **EDOARDO ROSATI**

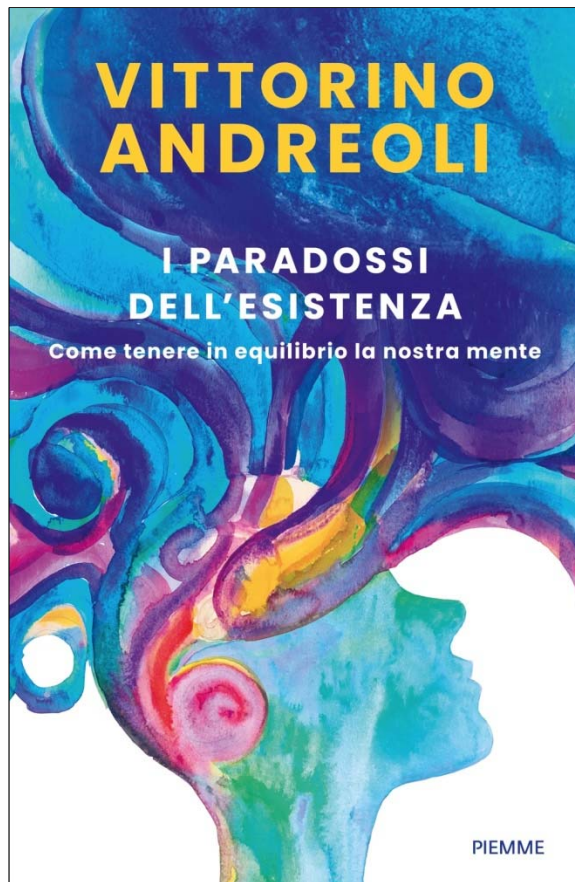
IL CODICE DEL CERVELLO

Emozioni, errori, pensieri tossici:
decifrare i segreti della mente

Sperling & Kupfer

DRAFT COVER

A book packed with fascinating insights, complete with practical tips and exercises to strengthen your health, memory, and focus.



THE PARADOXES OF EXISTENCE

How to keep our minds in balance

160 pages
January 2026

Guilt and shame, understanding and judgment, pleasure and pain: these represent linguistic antinomies that correspond to antithetical behaviors, outlining starkly opposing worldviews. Guilt is an inner perception, the feeling of having acted at odds with one's own convictions; shame, on the other hand, has an external origin, manifesting not because of the act itself, but because one has been discovered. In this sense, it can be said that present-day society has become a 'society of shame'. The antinomy between understanding and judging is equally significant for individual behavior, which on one hand strives to grasp the meaning of human actions, as opposed to those who limit themselves to observing a fact and judging the person who committed it. Paradoxically, this can affect an entire society. Perhaps it is time to recall the evangelical *nolite iudicare* (judge not). The antinomy between pleasure and pain is not referable to an objective fact; there are those who can see only pleasure, and others only pain, a difference expressed by a smile in one case and a tear in the other. These are three paradoxes of existence that give a truly unique meaning to human relationships.

THE BRAIN LOOKING AT THE SKY

In search of the eternal father

How is the human mind predisposed to think about and embrace the idea of God? This book focuses precisely on the human being, on the brain's structure as the seat of thought and emotion (feelings and sentiments), with the aim of showing that transcendence is "embedded" in our very biology. Vittorino Andreoli, psychiatrist and widely read author, with a clear and accessible style, explores the workings of the mind that thinks, reflects, and yearns for a higher entity, whether it be called the invisible, the metaphysical, God, or the Eternal Father.

An internationally renowned brain scholar and psychiatrist, **Vittorino Andreoli** was director of the Verona-Soave Department of Psychiatry and is a member of the *New York Academy of Sciences*. He is the author of numerous successful books.



320 pages
April 2025

Foreign
rights sold
to:
TURKEY





THE OTHER SIDE OF THINGS The Universe's Secret Language

320 pages
April 2026

There is a communication network that transmits images, intentions, and emotions throughout the entire universe

L'altro lato delle cose is a surprising journey into the Invisible: not what is hidden, but what we are not typically trained to perceive. Massimo Citro Della Riva guides the reader through a path that intertwines science, philosophy, and pioneering insights, showing how the universe we believe to be real is only a small fraction of what truly exists. Cells emit light, organisms communicate through imperceptible signals, and matter appears as the manifestation of an 'informed field' that precedes and governs all forms. Each chapter expands our vision toward a world where information, images, intentions, and emotions become defining forces. The author offers a bridge between scientific rigor and ancient wisdom, proposing a new way of looking at life, one that is less materialistic, more open, and more conscious. It is a fascinating investigation that, while touching on complex topics such as cellular communication and the role of emotions in biological phenomena, remains firmly anchored in the joy of discovery and the desire to understand what truly lies 'behind the scenes' of the world we see.

ILLUSION

A journey into the invisible between science and spirituality

A revolutionary journey beyond sensory perception, exploring the universe as a holographic illusion where our senses mistake shadows for absolute truths. Blending quantum physics with ancient wisdom, the author invites us to rediscover our divine, multidimensional nature. As Federico Faggin highlights in his preface, the book challenges the dogmas of reductionist scientism, unveiling the invisible "backstage" of reality. It is a profound call to awaken from the trap of appearances and question every prepackaged certainty. By redefining the meaning of existence, this work reminds us who we truly are. Because only those who can see beyond the veil can truly perceive the truth.

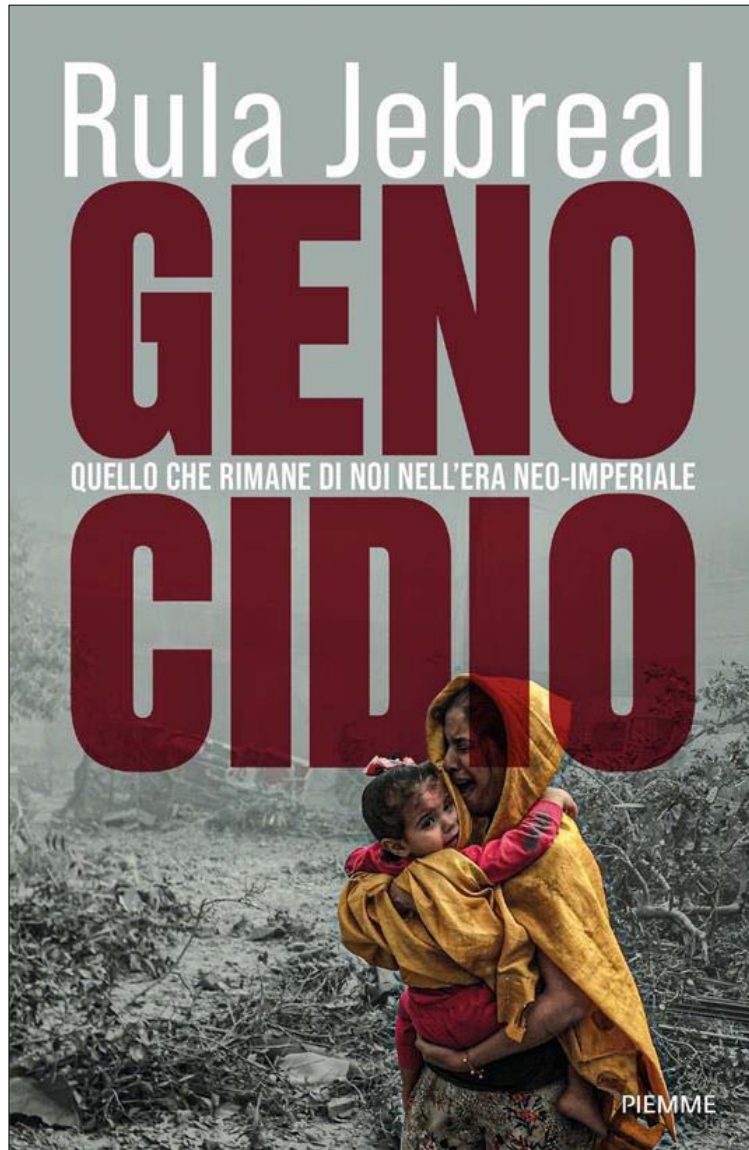


320 pages
April 2025

Foreign
rights sold
to:
RUSSIA



Massimo Citro Della Riva is an antiquarian bookseller and educator. He owns a renowned bookstore in the heart of Turin, and in 2023, he talks about antique and rare books to an ever-growing audience through his social media, becoming a point of reference in his field



Part memoir, part searing political analysis, *Genocide* is a harsh but necessary book, one that calls civil society and political institutions to confront their responsibilities, their failures, their convenient truths and deliberate omissions. Because silence, while always a form of complicity, is also the lever by which we may all risk leaping beyond the democratic order, into new jungles ruled by the law of the strongest



304 pages
May 2025

A book about the future of barbarism that awaits us if international law is never again respected.

14.000 COPIES
SOLD!

BY THE VOICE OF
AN
INTERNATIONAL
BESTSELLING
AUTHOR

GENOCIDE

What remains of us in the Neo-Imperial era

Rula Jebreal

"After a lifetime spent questioning, both personally and professionally, how the world could allow catastrophes like the Holocaust to happen, I found the answer amid the ruins of my own war-torn land, thousands of kilometers away from Europe's extermination camps. I'm writing this book because the genocide in Gaza has changed me profoundly. It has exposed the moral and political void of a world that reduces humanity to a hierarchy of death. I write so that no one, in the future, can say they didn't know, or that they couldn't have known. I write in the hope that there is still time to halt the expansion of Israel's colonial genocide across all of Palestine. I write because the slogan 'Never Again' must become a call to action. I write because even when all seems lost, words are all we have left, and with them, the moral duty to remember and to resist. I write so that my words might help prevent the genocide in Gaza from becoming an exportable doctrine, a model to be deployed whenever power seeks to prevail over reason, threatening the very safety and existence of humanity."

Rula Jebreal is a journalist with deep expertise in international politics. Raised in Jerusalem, both her personal and professional life have been profoundly shaped by the Israeli military occupation. She has lived in the US for many years, where she collaborates with major American television networks such as CNN and MSNBC. Her writing has appeared in *The Washington Post* and *The New York Times*, and she has received numerous awards for her work. Since 2018, she has been teaching at the University of Miami, where she offers a course on propaganda and genocide. In 2019, she was appointed by French President Emmanuel Macron as an advisor on policies to combat gender-based violence. She is the author of international bestsellers, and her works have been translated into eight languages.

The “Mania” series: A successful series of inspirational guides dedicated to the world’s top international destinations. One hundred topics, one hundred keywords, each presented in a dedicated double-page spread. Written information and vibrant illustrations are combined and blended seamlessly. An ideal toolbox for those who wish to visit Japan, China, India, Corea, New York, London, Paris and Rome, but also a collection of curiosities, customs, quirks, history and traditions for armchair travelers.



DRAFT COVER

COREAMANIA

Anna Mazzone



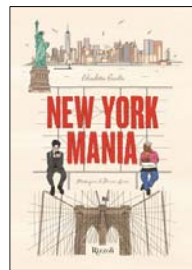
224 pages - May 2026 Foreign rights sold to: Germany, Spain

The allure of the East never fades. For years, Japan was the undisputed king of cultural exploration, but in recent years, South Korea has been captivating Western travelers with its unique blend of pop culture, futuristic technology, and deep-rooted tradition. This is perfectly captured by Anna Mazzone; having moved to the country as a young woman and now raising an Italian-Korean daughter there, she is widely celebrated for her insider perspective. In this new title, which follows the visual style of the highly acclaimed *Giappomania*, Anna introduces us to the essentials of a world that is more than just sights to see, dishes to taste, or museums to visit. It is an exploration of an entire spectrum of unique emotions.



JAPANMANIA
Marco Reggiani

Foreign rights sold to: China, France, Germany, Poland, Spain



NYMANIA
Elisabetta Cirillo

Foreign rights sold to: China, France, Spain, USA (world English)



CHINAMANIA
Giulia Zigotti

Foreign rights sold to: Germany, Poland



LONDONMANIA
Elena Battista



INDIAMANIA
Cristina Kiara Piotti

Foreign rights sold to: Germany, Poland



PARISMANIA
Federico Iarlori

Foreign rights sold to: USA (world English)



ROMMANIA
Rom Is More

CARTOMANCY

Sebastiano Fusco

400 pages - May 2026

The Tarot is like a universal encyclopedia: leaf through it, question it, and it will provide the answer to any inquiry. Written by one of Italy's leading experts on the subject, this book offers the most in-depth historical, cultural, and symbolic investigation into an art that has fascinated millions for centuries and intrigued even the most skeptical. As part of the "Great Books" series, this volume explores the world of Tarot from multiple perspectives, highlighting the complexity of an art that dialogues with various disciplines, from astrology and philosophy to divinatory practices. Furthermore, the text is enriched by extensive black-and-white iconography and two full-color inserts featuring reproductions of the most famous decks in history.



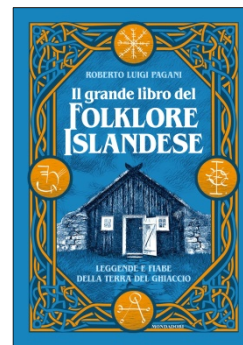
DRAFT COVER



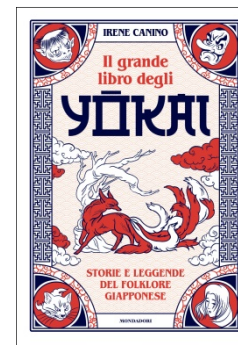
AGATHA CHRISTIE
Massimo Moscati
Foreign rights
sold to: Russia



SCIENCE FICTION
Sebastiano Fusco



ICELANDING LORE
Roberto Pagani



YŌKAI
Irene Canino
Foreign rights
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H.P. LOVECRAFT
Sebastiano Fusco



SATAN
Danilo Arona,
Edoardo Rosati

Explorations as riviting as novels, rich monographs, must-have titles for the many, many lovers of the genre.



Why the most terrifying creatures cannot exist according to the laws of biology

MONDADORI
ELECTA

252 pages
February 2026

MONSTERS: A SCIENCE-BASED GUIDE FOR SKEPTICS AND SEEKERS

Luca Bellagamba

Enchanting sirens, ferocious dragons, and giant Krakens ready to vacuum up galleons like they're potato chips: humanity has been obsessed with monsters for centuries. But what happens when a biologist, armed with a scientific lens, well-calibrated sarcasm, and a weakness for evolutionary hoaxes, investigates these legendary creatures? In these pages, Luca Bellagamba, a science communicator with a massive social media following, takes us on a hilarious yet scientifically rigorous journey through myths, legends, and wacky anatomies that wouldn't hold up even with superglue. From a biological perspective, is there anything plausible about a fire-breathing, flying dragon? How long would a mermaid actually survive at sea? And what are the odds of Bigfoot living undisturbed in a forest teeming with drones, hikers, and camera traps? Spoiler: slim to none. With a brilliant style and a treasure trove of incredible facts that will make you say, "I didn't need to know this, but now I can't stop thinking about it," Luca Bellagamba deconstructs the improbable anatomy of legendary creatures without killing the magic. In fact, he makes it even more compelling. Because, in the end, biological reality is almost always more surprising than fiction.

[Luca Bellagamba](#) is a biologist, science communicator, and professional "disruptor" of urban legends. Across his social media channels, he systematically deconstructs theories about legendary figures, from sirens and dragons to aliens and dinosaurs allegedly hiding in the plumbing, along with any other creature whose existence is backed by "overwhelming evidence" on the internet.



MONDADORI
ELECTA

256 pages
May 2026

BESTIARY OF THE SOUL

The New Symbolic Psychology for Finding Yourself

Thomas Leoncini

This new book by Thomas Leoncini explores the idea that within each of us live archaic psychic forms, as ancient as nature itself. After centuries spent distancing ourselves from the animal kingdom, the author demonstrates how our deepest emotions, fears, desires, escapes, attachments, are not entirely human, but preverbal roots that precede language and mimic the wilderness more than they do civilization. Each animal encountered in the book represents both a syndrome and a key: the whale, teaching the art of diving deep and resurfacing; the bee, dancing and falling; the chameleon, adapting until it disappears; the jellyfish, defying the end; the wolf, isolating itself; and the firefly, glowing in the dark. Through these embodied metaphors, Leoncini interprets contemporary struggles, performance anxiety, emotional dependency, over-adaptation, and digital alienation, as modern variations of age-old fears: the fear of vanishing, of not being seen, or of not belonging. The book invites us to a more silent and authentic return, a clinical and symbolic path that helps us recognize the invisible animals dwelling within us. Because only by welcoming them can we truly begin to heal.

Thomas Leoncini is a writer, journalist, and psychologist. He is the Author of several best-selling titles, including *Dio è giovane* (2018), co-authored with Pope Francis, and *Nati liquidi* (2017), co-authored with Zygmunt Bauman (both of which have been translated into numerous languages). In 2018, Pope Francis appointed him as a lay member of the World Synod of Youth.

We are not our illnesses. We are archipelagos of interior beasts, struggling, loving, and concealing themselves. To recognize them is a remedy both ancient and ever-renewing



A little herbarium that talks about the "personality" of plants, suitable for the curious and not just those with a green thumb.

MONDADORI
ELECTA

168 pages
September 2025

LITTLE HERBARIUM OF BITCHY PLANTS

Francesco Broccolo

In recent years, researchers have increasingly explored the world of plants. Despite having evolved alongside them, we still only know a small percentage of life in the plant kingdom. Experiments have shown that plants are intelligent, reactive to stimuli and the environment, and are not just simple objects.

However, these recent scientific discoveries have always been known to farmers, who for millennia have battled daily against many plant species with "difficult temperaments."

The Little Herbarium of bitchy Plants is an ironic and lighthearted guide created to show how many plants possess traits that are relatable and understandable to us: they can be selfish, live off others, or even play tricks on their neighbors.

In this journey, we will explore the evolutionary techniques that different species have developed and the way they relate both within the plant kingdom and to our own, the animal kingdom. Anyone with a garden or vegetable patch won't be able to help recognizing several "friends" in this volume.

Francesco Broccolo is a young teacher who has been working at the Macerata Agricultural Institute for eight years. From a young age, thanks to his grandparents, he began studying wild plants and their connection to the rural world and peasant life. For some years now, he has managed social media pages where he recounts, in a lighthearted manner accessible even to amateur herbalists, the world of spontaneous herbs, their phytoecology, and traditional uses. The most popular feature among his community is "Le piante stronze" (The Bitchy Plants), where, with irony and sarcasm, he talks about the species that cause problems in the countryside, both for humans and for other living beings.

MONDADORI
ELECTA

224 pages
October 2025

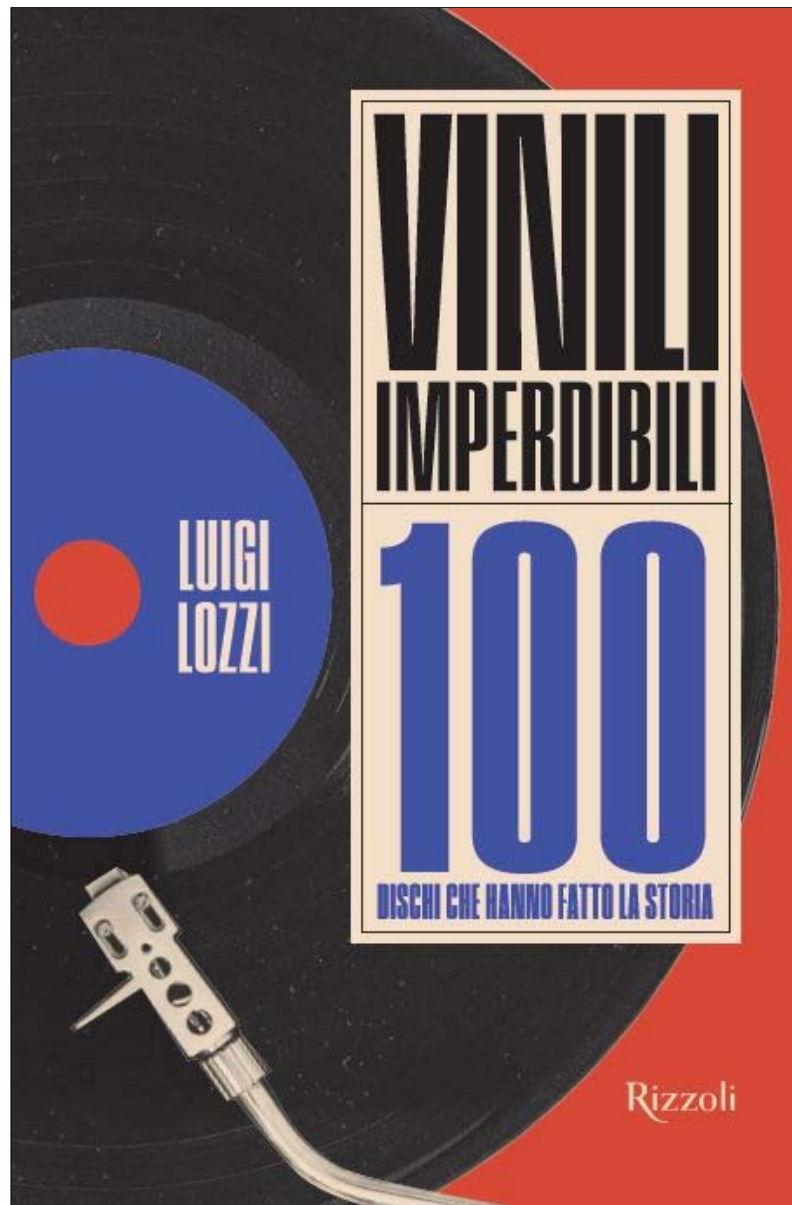
MUST-HAVE VINYLs

100 Records That Made History

Luigi Lozzi

A fascinating journey into the world of records that have shaped the history of music and visual culture. The 100 most iconic vinyls of all time which, for their musical content or the graphic design of their covers, have left an indelible mark. Each selected record is not just music to listen to, but an artistic work that tells the story of an era, an idea, a cultural revolution. From evocative cover images to graphic compositions that push the boundaries of imagination, vinyl is a true form of visual art that, still today, represents the revival of a deep connection with the musical culture that developed from the 1950s, when every album was a complete sensory exploration: from music to the aesthetics of its packaging. From *Kind of Blue* by Miles Davis to *Sticky Fingers* by the Rolling Stones, from *Heroes* by David Bowie to *Definitely Maybe* by Oasis, the reader is taken on a journey through historic covers, many of which transformed the record into a collector's item, capable of telling a unique story.

[Luigi Lozzi](#) is originally from Molise and a computer scientist by necessity. He has always nurtured a passion for cinema, music, and Ireland, making his skills available for various projects and magazines. He is passionate about the music of Nina Simone, Van Morrison, Otis Redding, and Omara Portuondo, about the "beautiful losers" in Sam Peckinpah's films, and the "timing" of Billy Wilder's and Blake Edwards' comedies. For about fifteen years, he has been dedicated to promoting cinema as an art form in schools and libraries.



An unmissable collection of records that made music history and covers that entered the collective imagination

PIERGIORGIO CECCARELLI



I SEGRETI DELL'ORTO

Coltivare passioni, raccogliere sapori

DRAFT COVER



**Dalla semina alla raccolta,
tutti i consigli dal creatore
dei canali @Natura e bellezza**

MONDADORI

From seed to harvest, learn every trick of the trade to fill your table with authentic flavor.

Cultivating your own vegetable garden will be a wonderful adventure, guided by the wisdom of an expert

THE SECRETS OF THE VEGETABLE GARDEN Cultivating Passions, Harvesting Flavors Piergiorgio Ceccarelli

224 pages
March 2026

From a great expert comes a book packed with tips, tricks of the trade, and invaluable advice on how to start your own vegetable garden, whether in the countryside or on a balcony, complete with detailed guidance for both winter and summer seasons. With his signature charm and immense expertise, Ceccarelli guides everyone from beginners to seasoned gardeners on how and what to grow to ensure a harvest of fresh, flavorful fruits and vegetables. The author shares secrets handed down from his grandparents and parents, enriched by insights gained through thirty years of experience in producing healthy, wholesome food. Through simple gestures, he teaches us how to reconnect with nature.

Nurturing a green space offers immense benefits not only for your physical health but also for your mood and inner peace.

[Piergiorgio Ceccarelli](#) He is an agronomist and the creator of the "Natura e Bellezza" blog and YouTube channel.




Sperling & Kupfer

208 pages
January 2026

A WRITTEN DESTINY Stories of Books that Defied Oblivion Luca Cena

Luca Cena retraces the adventures of ten masterpieces from world literature, framing their extraordinary vicissitudes within an original narrative. He reminds us that, sometimes, the most fascinating story is the very one that brings a book into existence

There are books whose history is perhaps more compelling than the stories contained within their pages. These are texts that miraculously escaped censorship thanks to the dedication of courageous men; lost novels never found, shrouded in a cloud of mystery, hypotheses, and conjecture; missing manuscripts, hidden papers, pirate editions, and apocryphal masterpieces whose lives run parallel to those of the original versions. This volume recounts the fate of ten works that should never have seen the light of day, those that found it against all odds, or those that still haven't reached us. From the extraordinary events that snatched Vasily Grossman's *Life and Fate* from oblivion to the mystery behind the disappearance of Bruno Schulz's *The Messiah*; from the daring editorial misadventures of Dino Campana's *Canti Orfici* and Alessandro Manzoni's *Promessi Sposi*, to Hemingway's lost suitcase and much more. Every chapter is a journey into the parallel lives of books, into that invisible territory where pages gamble with their fate even before they are published.

A Practical Guide for hunters of Lost Books and Navigators of the Literary Universe

What makes an ancient book a treasure capable of defying the centuries? Luca Cena, leads us into the beating heart of a universe made of paper, ink, and movable type. Navigating the labyrinth of editorial history, this volume unveils the secrets of cursed manuscripts, enciphered texts, and lost rarities. It is not only a celebration of the book as a beautiful object, but also a practical guide for navigating auctions and markets in search of valuable editions. Whether you are a treasure hunter or a curious reader, you will discover that every volume holds a fragment of a single, infinite story. An exciting journey dedicated to anyone captivated by the timeless charm of pages yellowed by time.

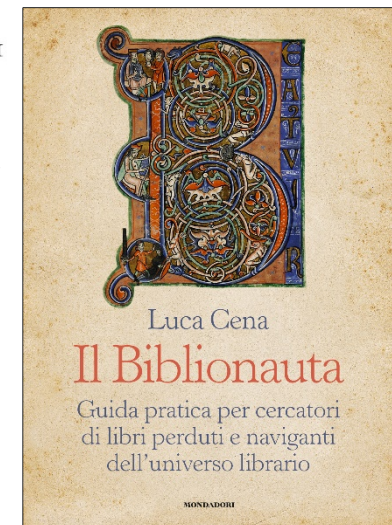
Luca Cena is an antiquarian bookseller and educator. He owns a renowned bookstore in the heart of Turin, and in 2023, he talks about antique and rare books to an ever-growing audience through his social media, becoming a point of reference in his field

THE BIBLIONAUT


MONDADORI
ELECIA

170 pages
November 2024

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Full of activities and beautiful illustrations, this journal is an essential tool for every reader who feels the need to bring order back to their shelves

MONDADORI
ELECTA

224 pages
September 2025

The Japanese word **tsundoku** refers to the habit of acquiring many books, piling them up on bookshelves, nightstands, or any useful corner of the house, and leaving them there, unread, for an indefinite amount of time.

MY TSUNDOKU LIBRARY

Reading journal for book hoarders

Irene Canino

Full of activities, thought-provoking insights, and beautiful illustrations, this journal is an essential tool for every reader who feels the need to bring order back to their shelves and rediscover the pleasure of books collected over time. The Japanese word *tsundoku* refers to the habit of acquiring many books, piling them up on bookshelves, nightstands, or any useful corner of the house, and leaving them there, unread, for an indefinite amount of time. Every *tsundoku* is a true book lover, but the joy of new purchases often ends up overshadowing the beauty and excitement of the titles they already own. This reading journal offers an innovative method to encourage the reading of books already sitting on your shelves. Through dedicated logs that can be filled out and fully personalized, you can keep track of your progress while noting down opinions and reviews. Furthermore, the famous Japanese *kakebo* method has been adapted here to allow all "serial accumulators" to set monthly savings goals, helping them manage new book purchases with greater mindfulness.

Irene Canino is a writer and lawyer. For years, she has been promoting Japanese culture and literature through her social media channels and a very active reading group that now has thousands of members. Her Instagram page was the first in Italy entirely dedicated to Japanese literature, becoming a point of reference for fans of the Land of the Rising Sun. She studied Japanese at the Japanese Cultural Institute in Rome. In 2023, she published *Il grande libro degli yōkai. Storie e leggende del folklore giapponese* (The Great Book of Yōkai: Stories and Legends of Japanese Folklore) for Mondadori Electa.



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504 pages - October 2023

ITALIAN HOMECOOKING WITH BENEDETTA ROSSI

Benedetta Rossi



Thanks to her authenticity and simplicity she's become the most appreciated food blogger in Italy with over 3,3 million people following her You Tube channel, over 8,3 million Facebook followers and 5,3 million Instagram followers.

She has by now published a number of books, each of them proving a best seller and reaching incredible sales figures.

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MONDADORI
ELECTA

AS LONG AS IT'S PASTA

Elena Spisni

192 pages
January 2026

From her hands come perfect tortellini, pasta sheets as thin as a veil, and irresistible fillings. Elena Spisni, *sfoglina* and food creator presents a cookbook that is a true anthem to traditional fresh pasta, infused with a touch of creativity and all the warmth of home cooking, crafted through slow, familiar gestures. The flour is chosen with care, the eggs are cracked with precision, and the dough is something to be "felt" under your fingers as it takes shape. In this manual, you will find everything you need to become a true master of fresh pasta: from selecting ingredients and essential tools to expert tips on rolling the dough to perfection and secrets for storing, cooking, and mastering every single shape. This is a complete journey through fresh pasta in all its forms: delicate *tortellini*, generous *tortelloni*, soft seasonal *ravioli*, elegant *agnolotti del plin*, as well as long pastas, *tagliatelle*, *tajarin*, *busiate*, and hand-shaped short pastas like *garganelli*, *cavatelli*, and *gnocchi*. You'll also find doughs for every palate: vibrant golden egg-yolk pasta, bold egg-free versions, colorful spinach, beetroot, or saffron doughs, and stunning bi-color pasta for special occasions. To complete the menu, Elena shares delicate recipes perfectly paired with each shape: balanced fillings, rich broths, and sauces that smell of tradition. *As Long as It's Pasta* is a welcoming manual that teaches both technique and the simple joy of creating something with your own hands to share with those you love.

Essential recipes and insider secrets to mastering fresh pasta like a pro.

A hug made of flour

Born in 1995, **Elena Spisni** has turned her passion for fresh pasta into a true mission. After studying at the *Gambero Rosso Academy* in Rome, she honed her craft working in Turin and Milan. These experiences allowed her to discover the diverse regional techniques of pasta making, while always staying true to the precious traditions passed down by her grandmothers.



Body, mind, and soul are deeply intertwined: when you learn to nourish them mindfully, you rediscover energy, serenity, and connection. Through authentic words, practical advice, and plant-based recipes, you will discover new daily tools to truly care for yourself.



288 pages
October 2025

THE INGREDIENTS OF JOY

Practical recipes for body, mind, and soul
Alessia Posca Rodriguez, Eric Staltari

In an era that demands we be constantly connected and high-performing, we often forget the simplest and most precious thing: how to truly care for ourselves, deep down. *Gli ingredienti della felicità* is an invitation to slow down, to listen again, and to rediscover the pleasure of living with presence and authenticity. Alessia and Eric share a journey born from direct experience and years of research in the fields of plant-based nutrition, yoga, meditation, and holistic well-being. Within these pages, you won't find ready-made formulas for happiness, but rather seeds to plant every day: questions that spark awareness, simple gestures to renew your vital energy, delicious plant-based recipes, and practical tools to cultivate your own balance. The book weaves together ancient traditions and recent scientific discoveries, showing how every choice, what we eat, think, breathe, and experience, influences not only our health but also that of the planet we inhabit. Everything is connected: body, mind, soul, relationships, and the environment. If you feel the time has come to change your perspective and rediscover your intimate connection with life, here is a map to inspire you to build, step by step, your own personal recipe for well-being.

Alessia Posca Rodriguez, an expert in plant-based and vegetarian nutrition, yoga, meditation, and personal growth. She lives in Turin with Eric.

Eric Staltari, who shares her commitment to a plant-based lifestyle and sustainability. In 2018, Alessia and Eric founded Elefanteveg, a digital platform for plant-based recipes that promotes a healthy and positive lifestyle.



MONDADORI
ELECTA

MY SEASONAL KITCHEN

How to enhance ingredients and create delicious recipes

Tirmagno

256 pages
March 2025

Martino Tornaghi, better known on social media as Tirmagno, introduces us to the foundations of his cuisine, where every vegetable can become the undisputed star of the table. From fennel caponata on a bed of herbed chickpea cream to pasta soup with lentils and black kale, from hearty and flavorful salads to his famous Tir-style hummus, this book takes you on a journey through the natural rhythm of the seasons. You'll discover how each time of year offers perfect ingredients to highlight in the kitchen. Vegetables are not just a side dish—they can become vibrant, delicious main courses, ideal for sharing with friends at aperitifs, lunches, or spontaneous dinners. If your fridge is filled with the usual veggies and you have no idea how to cook them, then you definitely need this guided tour through Tir's kitchen!

Young culinary prodigy **Martino Tornaghi**, aka **Tirmagno**, began sharing his cooking on Instagram in 2021. That same year, he joined the Giallo Zafferano team.

I cook seasonal vegetables because, for me, preparing something outside its natural season makes no sense.



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MONDADORI ELETCA 288 pages
Oct 2021

NATURAL CUISINE

Simple, healthy, and seasonal recipes for the whole family; weekly menus; tips to save money and avoid food waste. Everything you need to bring your life «back to nature».

How to plan a seven-day family menu; the secrets of sustainable shopping; how to read labels; how to eliminate plastics from your kitchen; how to organize your food stores the whole year round; how to cook according to the season.



MONDADORI ELETCA 288 pages
Oct 2022

ORGANIZE YOUR COOKING WITH MEAL-PREP

Organize your weekly cooking with meal-prep.

No matter how hectic your life style, you really can enjoy a nutritious appetizing diet of homecooked meals. The key-concept is meal prep, i.e., the preparation of core ingredients which, combined day by day, will provide the foundation of five daily meals all through the week. It's easier than you think. The secret is to rediscover and update our grandmothers' good practices.



MONDADORI ELETCA 288 pages
Oct 2023

THE MAGIC OF WINTER

Natural recipes, handmade gifts and lots of green decorations to decorate the home in a sustainable way and experience the beauty of the holidays.

Decorate the home with natural decorations, creating and wrapping presents, setting the table, choosing a menu for special occasions: this book is a hymn to winter and the thousands of occasions that this season gives us to put affection back at the centre of our lives, serenity and the natural flow of things.



MONDADORI ELETCA 272 pages
May 2024

WHAT DO I COOK TODAY?

Everyday cuisine – simple and well planned, so preparations are not a burden even after a long working day; requiring a minimum of pots and pans – ideally just one – and kitchen appliances (no more than a blender, an oven and a stove); recipes that avoid monotonous staples and repetitious preparations, but rather rely on the ingredients themselves for foolproof success. This book is an invaluable help for a good and balanced diet, for ourselves and our family.



A simple recipe collection to create delicious, plant-based salads for everyone

MONDADORI
ELECTA

THE SALAD REVOLUTION

Quick, Fresh, and Vibrant Recipes

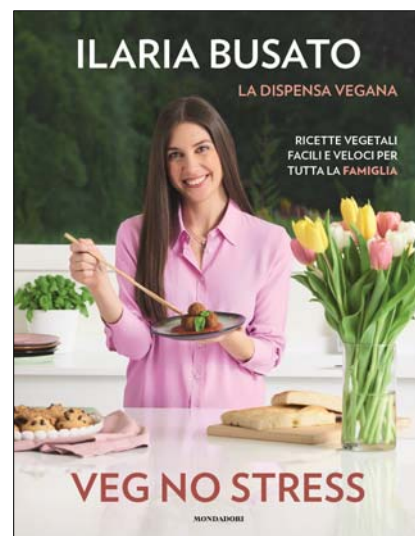
Elena Carolina Savino

224 pages
May 2025

Who said salad has to be boring? Forget those bowls of unseasoned leaves and get ready for an explosion of colors and flavors! Elena, the creative mind behind the hit Instagram page Cuori Veggie, reveals how to transform simple ingredients into surprising, gourmet, and absolutely green mixes that are never ordinary. From fresh and light versions, like the Shirazi or Greek Potato Salad, to the rich and irresistible ones, like the Creamy Lebanese or Quinoa with Cabbage and Vinaigrette: after reading this book, you will never look at a salad the same way again. And if your only limit is the few minutes you have to spare, don't worry! The preparation times for these recipes are perfect for those who refuse to sacrifice taste and well-being, even amidst the frantic pace of everyday life.

Elena Carolina Savino is a leading food influencer specializing in vegan cuisine. With a dedicated community of half a million followers, she shares simple and creative recipes to promote a plant-based lifestyle that is both flavorful and sustainable. Every day, she inspires a growing audience to embrace green cooking, proving that vegan food can be gourmet, accessible, and exciting. Her mission is to turn the "plant-based" transition into a joyful, everyday reality for everyone.

Ilaria Busato was born in San Donà di Piave, in the province of Venice. She has a degree in Economics and lived in London for two years. It was there that she first became interested in vegetable cuisine, but only upon returning to Italy did she choose to adopt a healthy and sustainable lifestyle. After the birth of her son Tommaso, she decided to open her social media channels, La Dispensa Vegana, where she shares simple and quick vegetable-based recipes for the whole family.



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ELECTA

240 pages
November 2023

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VEG WITHOUT STRESS

If you think that cooking veggies is difficult and time consuming, or that it's impossible to make children eat their broccoli, this book will make you think again. IB, a mom and avid vegan cook, will show you that vegetables can be easy and quick to prepare, and that even people who are not used to them can learn to appreciate them and integrate them in their diet. In this book you'll find seventy recipes classified according to the different meals of the day, a selection of sweets and desserts ideal for all occasions, and a treasure trove of tips on how to preserve and personalize every dish. It's a book designed to meet the needs of all family members, as well as those who don't have much time on their hands or are struggling to incorporate veggies in their daily diets. But most of all, this book conveys all the energy and enthusiasm of the author for cooking, as well as her values and belief in the need for a better awareness of food and the environment.



MONDADORI
ELECTA

216 pages
September 2024

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VEGGIES AT HOME

Vegetable-based cuisine is a style of life that is winning over millions of people and is being integrated more and more in Italian eating habits as well. This is why in her second book Ilaria Busato opens the gates to her vegan pantry and invites us to do the same. This book offers ninety easy-peasy recipes accessible to all – many of which gluten free – divided by main ingredients (grains and flours; fruit and vegetables; nuts; veggie drinks). So every day we will know what to prepare based on what is available in our kitchen. The book also provides a wealth of invaluable information on how to choose your staples, on correct food conservation and how to organize your shopping, as well as tips on what to buy instead of meat, fish, and dairy, and how to easily incorporate vegan habits in your diet. Ready to open your vegan pantry?

Diana is an expert in gluten-free cooking, and Alessio, a Culinary Management graduate from Angonquin College in Canada. They have been collaborating together since 2016, when D&A was born: a project of video recipes and online paths to help people become conscious towards their own nutrition and their own well-being.



MONDADORI
ELECTA

256 pages
February 2024

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ZERO GLUTEN, ZERO WAIVER

Cooking is like conducting a scientific experiment: each ingredient, added to another, reacts in a specific way, and the end result depends precisely on the individual quantities. If we change the size of an ingredient even slightly, the end result can be entirely different.

What happens then if we exclude an important component such as gluten?

Don't worry: Diana & Alessio explain all the tricks for cooking gluten-free and lactose-free dishes, without giving up the tastiest flavors.

With them we will explore alternative flours, such as rice, quinoa, chickpea, chestnut and almond flours, discovering how to use them to prepare healthy and delicious dishes.

We will learn the basic fundamentals, essential for understanding the techniques and ingredients of this cuisine.

We will continue with everyday recipes and desserts.



MONDADORI
ELECTA

240 pages
2025

GLUTEN-FREE, NO LIMITS

Whether it's a breakfast that smells of home, a stress-free packed lunch, or a dinner that brings everyone together, cooking is more than a daily chore: it is a way to care for ourselves and those we love. This book was born from the idea that the kitchen can be a sanctuary, a place to find oneself. Diana & Alessio, beloved food creators, open the doors to their kitchen to share flavors that speak of home, warmth, and family. Within these pages, you will find gluten-free and lactose-free recipes designed to be both delicious and easily integrated into daily life. This is a fresh approach built on small, mindful choices. From "time-saver" recipes for those frantic weekdays to creative ideas for picnics and office lunches; from colorful treats for children to special dishes inspired by country life and the slow rhythm of the harvest. You don't need to be an expert chef to eat well; you just need a starting point—a single ingredient, an extra container in the fridge, and the rest will follow.



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