

# NON FICTION - RIGHTS LIST

## SPRING 2025

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 **MONDADORI**  
ELECTA

  
**PIEMME**  
EDIZIONI

  
Sperling & Kupfer

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# PRADA

## di TOMMASO EBHARDT

Una storia di famiglia



Sperling & Kupfer

**From a small shop in the heart of Milan to a global brand worth billions, listed on the Hong Kong Stock Exchange. Prada challenges luxury conventions, and disrupts the rules of fashion. Between fashion and industry, art and the America's Cup: a family story.**

  
Sperling & Kupfer

320 pages  
November 2024

Foreign rights  
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**POLAND**  
**ROMANIA**

## PRADA

### A family story

#### Tommaso Ebhardt

How did Miuccia Prada transform her grandfather's store in the heart of Milan into one of the world's most successful luxury brands, overseeing some of the most coveted labels, like Miu Miu, and consistently capturing global attention? What role did her encounter with the dynamic Tuscan entrepreneur Patrizio Bertelli—who became her partner in both business and life—play, as he made vertical integration his mantra and total control over production, distribution, and sales his trademark? How are they preparing their creation for the future in a sector increasingly dominated by a few global giants?

With his distinctive style, Tommaso Ebhardt—bestselling author of biographies on Sergio Marchionne and Leonardo Del Vecchio, which have redefined how we tell the stories of Italy's leading industrial figures—recounts the history of Prada from its origins to the present day. He delves into the reasons behind its success, the economic outlook, and the potential challenges ahead. Through the exploration of company archives, historical sources, and previously unseen documents, and thanks to key testimonies, Ebhardt reveals previously unknown details about the origins of the group and their plans for the future.

Born in Treviso in 1975, **Tommaso Ebhardt** is editor-in-chief of the Bloomberg News desk in Milan. In this capacity he follows all major financial operations worldwide. His biographies of Sergio Marchionne and Leonardo Del Vecchio, published by Sperling & Kupfer, are both best-sellers



336 pages  
May 2022  
English sample available

**OVER 45 000  
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**Leonardo Del Vecchio is the most charismatic and reserved entrepreneur of the last few decades. His story and strategies come to the fore in this riveting and meticulously researched biography.**

## LEONARDO DEL VECCHIO Tommaso Ebhardt

From poverty in public housing to an orphanage, from a workshop in the suburbs to a factory in the Dolomites, to becoming number one.

With a fixed idea in his head: "to be the best."

After first sifting through sources and documents, including the file at Martinitt Orphanage, talking to admirers and detractors, collaborators and competitors, and finally meeting the shy entrepreneur, Tommaso Ebhardt recounts, in this exclusive and unofficial biography and in his very personal style the patron of Luxottica.

Leonardo Del Vecchio has been an entrepreneur known for his extreme reserve. A visionary who became an influential global leader by following a few simple and essential rules but also a source of inspiration even for the young top managers of technology giants.

A book that fascinates and moves.

## SERGIO MARCHIONNE Tommaso Ebhardt

An updated edition of the best-seller that forever changed the genre of entrepreneurs' biographies. In this new much-awaited new edition, the acclaimed author takes up the thread of his narration, recounting Sergio Marchionne's life and vision, but also analyzing the consequences of his choices for the FCA Group. In his inimitable style Ebhardt illustrates present-day scenarios and new developments and their relationship to the strategies and goals set by Marchionne. Seen from today's perspective, Marchionne's powerful clarity and convictions appear in a new light, revealing surprising sides of the manager's personality and the brilliance of his vision, in business and in life. An in-depth analysis of a complex man and his strategies, a paragon for leaders to this day.

A visionary and a contrarian, reserved to the point of reticence, Marchionne was a controversial and contradictory figure – a leader under the spotlights and yet still largely enigmatic

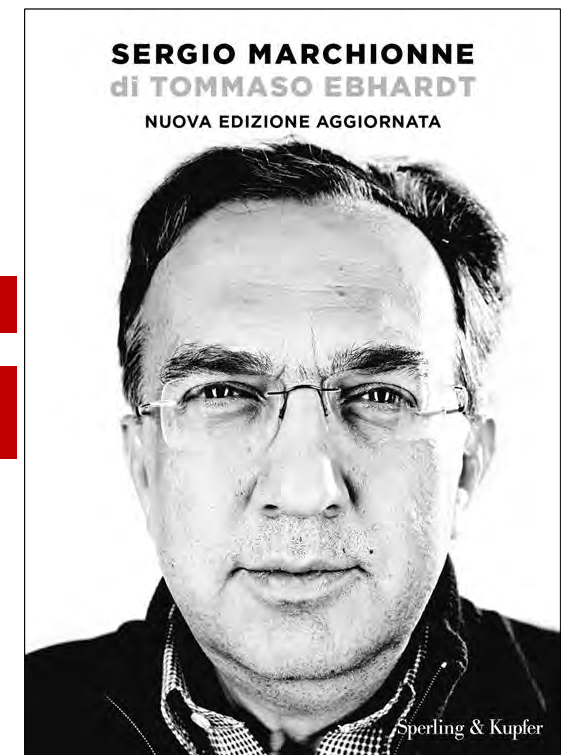


320 pages  
1° edition: April 2019  
2° edition: May 2023  
English sample available

**MOVIE RIGHTS SOLD!!!**

**OVER 65 000  
COPIES SOLD!!!**

**The leadership, the daunting challenges and the secret thoughts of a world-class ceo, recounted by the journalist Marchionne himself used to call «my most affectionate stalker».**





**A journey into the soul of an extraordinary man**

**MONDADORI**  
ELECTA

300 pages  
February 2025

## **LUCIO IS HERE**

### **The life and music of Lucio Dalla**

#### **Marcella Balestra**

This is more than just a book, it's a journey into the soul of an extraordinary man and into the hearts of those who stood by his side for thirty years. Marcello Balestra tells the story of Lucio Dalla through words and images, portraying him not only as an artist but also as a friend, mentor, and source of inspiration. Every page unveils a new discovery: the behind-the-scenes of his creative process, the electric energy of his concerts, the unforgettable friendships, and the laughter that lit up the darkest moments. From Fonoprint Studios in Bologna to the Tremiti Islands, each chapter vibrates with Lucio's insatiable curiosity, his ability to connect people, and his knack for the talent he recognized in every encounter. Here, we meet Lucio Dalla both picaresque and cultured, a man deeply in love with life and its contradictions, capable of transforming the ordinary into poetry and dreams into music. Personal anecdotes intertwine with milestone moments from his career and life: from the visionary project of Pressing, his independent label, to the intimate bonds of friendship and trust that shaped his artistic path. The many faces of a free spirit emerge, a man always ahead of his time, who refused to be boxed into conventional patterns.

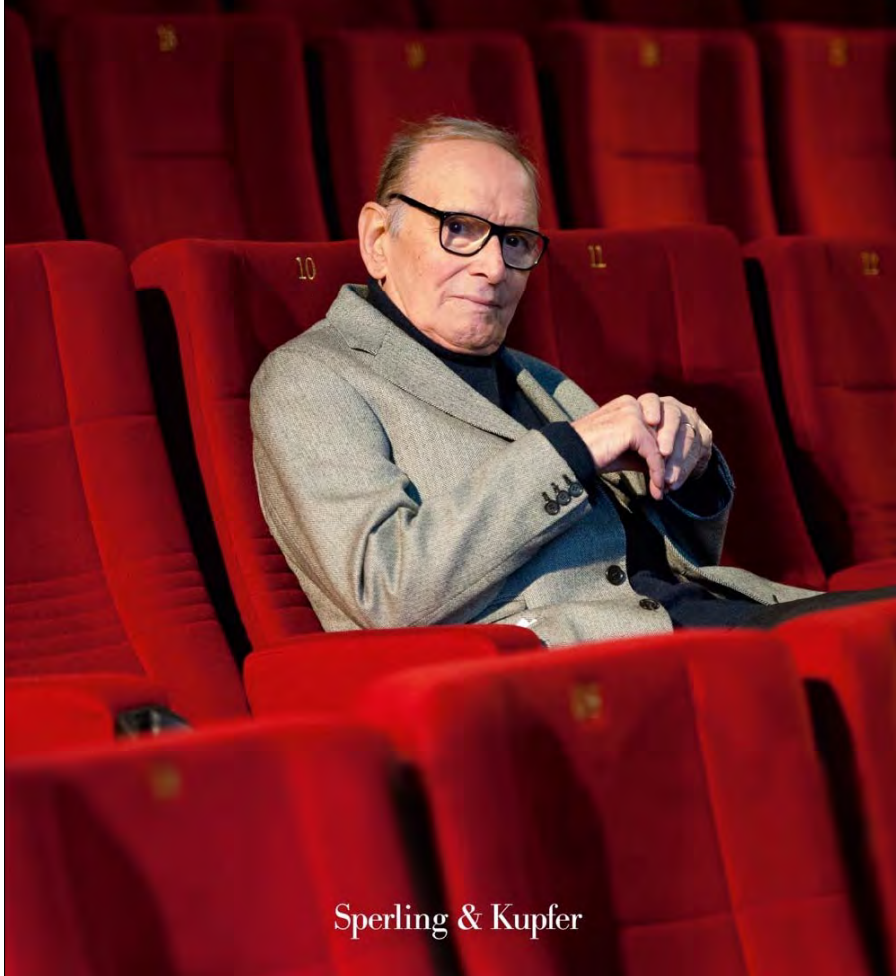
**Marcello Balestra** met Lucio Dalla in the Tremiti Islands in 1980 and became part of his "family" for over thirty years. He spent time at the Fonoprint recording studios in Bologna during the production of Dalla's albums as well as those of other major Italian artists of the time. Formerly the manager of Pressing Line—Lucio Dalla's iconic label—and a consultant for the Lucio Dalla Foundation, he continues his work today as a creative manager and talent scout in the music industry.

Marco Morricone e Valerio Cappelli

# ENNIO MORRICONE

Il genio, l'uomo, il padre

Prefazione di Aldo Cazzullo



Sperling & Kupfer

  
Sperling & Kupfer

272 pages  
June 2024

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GREECE  
KOREA

Photo insert

## ENNIO MORRICONE

### The genius, the man, the father Marco Morricone, Valerio Cappelli

From a half-open door, a child surreptitiously watches a man hunched over a desk. He has large square glasses and a crewneck sweater, is deeply absorbed, tracing marks over a pentagram: his body is there, in the center of the room, but his mind and his soul seem projected elsewhere, far away. "He was my father, but between him and me there was a sidereal distance".

Starting from this deep core of mystery, decades later, that child, Marco Morricone, Ennio's eldest son, tries to tie the threads of memories with those of Valerio Cappelli, journalist for the Italian newspaper «Corriere della Sera» and lifelong friend of the composer, to give us back an unprecedented, surprising and authentic portrait of one of the greatest musical geniuses ever.

His interrupted studies after eighth grade, the evenings spent playing for American soldiers, his obsession with music, his intense relationship with maestro Petrassi, his spirituality, his encounters with Sergio Leone, Joan Baez, and Clint Eastwood, his success, the Oscars, his father's gentleness and severities (like the prohibition for his children to listen to music at home), his passion for Rome, his love for chocolates that his wife Maria hid from him, and the ostracism he suffered from the academic world.

**Marco Morricone** was born in 1957. He is the eldest son who has accompanied his father in his career since the 1980s, supporting him in every aspect of the work.

Born in 1958, **Valerio Cappelli** is one of the leading pens of the Italian newspaper «Corriere della Sera».

A life-long journey of first-hand and behind-the-scenes stories revealed.

Ennio Morricone as it has never been told before.

# FRANCO BARESI

## ANCORA IN GIOCO

IL VIAGGIO INTERIORE  
DEL CAPITANO

Sperling & Kupfer



224 pages  
October 2024

Chinese,  
Croatian,  
Czech, Greek,  
Hungarian,  
Polish, Russian  
Serbian and  
Slovenian  
translation  
rights are **NOT**  
**AVAILABLE**

## STILL IN THE GAME

### The Inner Journey of the Captain

#### Franco Baresi

This is not the usual autobiography of a sports legend, but a journey in search of what drives us to improve, to face life's challenges, and to look at things from a different perspective. In these pages, Franco Baresi – a world football legend – takes us through the key moments of his extraordinary career and weaves a narrative that doesn't follow a chronological order but rather one of emotions and memories. Because every episode, no matter how small or big, from his vast experience contains a profound message, loaded with ever-new meanings that transcend football, go beyond the boundaries of the playing field, and become universal: the strength to get back up; the value of the team; determination and focus; the desire to pass on his experience to new generations; freedom.

And in this particular 'hero's journey,' alongside the author, we will relive epic challenges on the terrace of the Manaus opera house in the Amazon; we will lose ourselves in the streets of Tokyo before an Intercontinental Cup final; we will depart for Mexico to inaugurate a stadium. Meanwhile, in our memory, the champions who made Milan's history will parade before us. Until, one challenge at a time, match after match, we discover the values that have driven the path of a man who, through football, has connected with millions of people without ever losing the desire to be amazed and astonished. Always feeling, still, in the game.

**Franco Baresi** one of the greatest footballers in the history of the sport, is a symbol of A.C. Milan – a club where he serves as honorary vice president – and of the Italian national team. Wearing the red and black jersey, he played twenty seasons, fifteen of them as captain, winning six Serie A titles, three European Cups, two Intercontinental Cups, three European Super Cups, and four Italian Super Cups. With the Italian national team, he participated in three World Cups, winning in 1982 and finishing third and second in the 1990 and 1994 editions, respectively. In 2021, he published *Libero di sognare*

***While the universe continues to expand and the world keeps turning, it comforts me to know that I have left my mark where time will never reach.***



  
Sperling & Kupfer

224 pages  
October 2024

## WHY IT ENDS

### Learn to Love and Be Loved

#### Maria Beatrice Alonzi

You can try to hope for success in love, living it as if it were a task, realizing every day that it won't work.

It won't work because love is a legacy that has been assigned to you, and even though you don't have to prove that you can do better, you must fight to make it your own.

No matter how much pain you've endured, no matter how much love and understanding have been denied to you, what you need to seek is the path that will lead you to understand why everything – even when it starts differently – always ends the same way.

Without the ability to look within yourself – to understand what you feel and what others feel – without a map that explains in detail how emotions are shaped – what they're for, why they're necessary for your survival, why you suppress many of them – you'll continue to be afraid of them, to feel like you're broken or wrong, incapable of loving and being loved.

It's not love if their ideas become yours, if you nurture yourself just to be loved, if you replace the other person, if you don't leave because you're afraid of causing harm, if your obligations get mixed with your needs and erase your desires. Because no matter how romantic your idea of love may seem, remember that romance, ultimately, involves victims. And the victim is the result of war, not of a couple.

[Maria Beatrice Alonzi](#) is a writer, communication expert, specializing in reputation management, culture, and ethics in digital spaces. In addition to her degree in Humanities from the University of Milan, she holds a master's degree in Techniques and Methods of Behavioral Analysis and Scientific Analysis of Non-Verbal Behavior. She is a TEDx speaker, a lecturer at the University of Rome "La Sapienza," and a scientific communicator with a focus on mental health.

**Do you know what a desire does when it's denied?  
It turns into a need.**





224 pages  
October 2023

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sold to:  
POLAND  
SERBIA  
SPAIN  
PORTUGAL

OVER 43 000  
COPIES  
SOLD!!!

# Maria Beatrice Alonzi

# Tu non sei i tuoi genitori

Libera il tuo cuore dalle scelte di chi  
ti ha rovinato la vita

*Anche se  
non voleva!*



Sperling & Kupfer

## YOU ARE NOT YOUR PARENTS

### How to free your heart from the choices of those who ruined your life (though they never meant to)

**Maria Beatrice Alonzi**

You are not your parents. And yet you are losing your hair or can't seem to shake that extra weight, just like them. You get angry too often or never at all, just like your dad or your mom. Have they passed all their faults onto you? And what if we are «hard-wired» to repeat the same mistakes, the same bad choices of the people who brought us in this world? Or more specifically: is there such a thing as hereditary trauma? An inner world that does not really belong to you and yet somehow haunts your every dream and aspiration, dogging your every step, day in and day out. A set of obstacles someone unwittingly put on your path, making it impossible for you to be happy.

This book will answer these questions, allowing you to understand whether you are a victim of this dynamic. Providing the tools you need to change your life's direction, to break free of self-defeating patterns, to discover whether the path you're on (or the one you can't seem to take) truly belongs to you – and finally releasing you from the mysterious legacy that has forever defeated you.

**Maria Beatrice Alonzi** is a writer, communication expert, specializing in reputation management, culture, and ethics in digital spaces. In addition to her degree in Humanities from the University of Milan, she holds a master's degree in Techniques and Methods of Behavioral Analysis and Scientific Analysis of Non-Verbal Behavior. She is a TEDx speaker, a lecturer at the University of Rome "La Sapienza," and a scientific communicator with a focus on mental health.

**A book to show you your life as it is and how it  
could be transformed.  
Beyond guilt. Beyond the need to please everyone.  
An issue of universal relevance: family relationships  
and intra-generational trauma**



224 pages  
April 2025

## TIME TO LET GO

### The art of letting go and starting over with yourself

**Michele Mezzanotte**

Things don't always go the way we want. Or rather, they don't go the way we had hoped. We often collide with events that are completely misaligned with even our most grounded expectations. Change, meanwhile, is an inevitable part of life, and it moves faster than our thoughts, faster than our awareness. Sometimes it feels like change happens beyond our control; other times, it's the result of deep internal transformation. In love, friendship, work, and in relationships with our children or parents, we create bonds with people, places, and objects. When these connections break down, the pain can feel overwhelming, even unbearable. But here's the truth: pain shouldn't be avoided. We must walk through it to understand why we're falling apart, and how to rebuild. Thanks to the practical insights of Michele Mezzanotte, we'll discover that it doesn't matter whether we see ourselves as victims or offenders; what truly counts is how we handle these necessary separations to move forward with clarity, while staying true to our ambitions, desires, and needs. Through strategic tips and practical exercises, we'll learn how to let go of toxic relationships with partners or friends, free ourselves from the weight of a burdensome past, say goodbye to people and places already long gone...and in doing so, open ourselves up to life's surprises. This is a guide for navigating life's breaks and ruptures, a book that shows how, with the right tools and mindset, we can turn any ending into a beautiful new beginning.

**Michele Mezzanotte**, a therapist and divulgator, was born in 1984 in Chieti, where he lives and works. In 2012 he cofounded the first online magazine on archetypal psychology, *L'Anima Fa Arte*, which then became the blog by the same name. Since 2020 he is been involved in raising awareness on psychological disorders through his media channels. With Sperling & Kupfer has published thr two best-sellers, *Il vero amore (non) è un mito* and *La felicità (non) è un mito* and the graphic novel *Frammenti di un'anima*, with Giulia Rosa

# Michele Mezzanotte

## FOGLIE CHE CADONO D'ESTATE

L'arte di lasciar andare  
e ricominciare da sé stessi



Draft cover

The essential steps to turn every ending into a beautiful new beginning strategies, exercises, and reflections to face any separation with courage.



192 pages  
April 2024



## HAPPINESS IS (NOT) A MYTH

### Lose your fear of failure

#### Michele Mezzanotte

OVER 14 000  
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RUSSIA

**8 steps to understand and manage emotions, turning our minds into a welcoming space through simple daily exercises**

We wake up one morning and feel utterly lost. Alone and adrift, overwhelmed by trauma, grief, pain, we no longer feel at home in the world. We are riddled with questions. Have I gone mad? Am I depressed, anxious, oversensitive? Why do I feel such sadness? And such anger? Why is everyone else successful while I feel like a failure? Michele Mezzanotte teaches us that all these questions, this self-doubt, are in fact the key to tap our resources, identifying and releasing our strengths. Psychopathological symptoms, whether minor or major, are the way our psyche speaks to us, pointing the way out of the rut. And this book is a guide to decode the psyche's messages. It provides the tools we need to understand the signs and the underlying causes of our everyday malaise. We will learn to listen to ourselves and recognize the archetypal metaphors of Greek myths. And we will finally bounce back, drawing strength from a deeper knowledge of ourselves and our relationships. For self-knowledge is already recovery, and this book proves it.

## TRUE LOVE IS (NOT) A MYTH

### How to free yourself of toxic relationships

#### Michele Mezzanotte

How many times have you loved without being loved back? And vice versa. And how many times did you think someone truly loved you, only to see it all fall apart in just a couple of months? Narcissistic relationships, long-distance relationships, ambiguous relationships. Or welcoming, profound, parental relationships. Does true love even exist? Or are we forever doomed to toxic, disturbed, and disturbing relationships? Our minds are filled with doubt, frustration, wishful thinking. And our baggage can be so cumbersome as to make it impossible to truly live in the here and now. All too often failure seems just around the corner. Through an in-depth analysis of Greek myth, imaginal psychological exercises and self-tests, Michele Mezzanotte, a therapist and cofounder of the online archetypal psychology magazine «L'anima fa arte», helps us discover the relationship profile best suited to us, identify the root causes of our toxic relationships, and better understand the workings of our psyche, and most especially of our mysterious subconscious. All with the confidence of a believer in true love. All we need do is learn to recognize it, nourish it, build it.

224 pages  
May 2023



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ALBANIA  
SERBIA





224 pages  
May 2025

## LOVE LESSONS FOR HEALTHY RELATIONSHIPS

**Federico Severino**

Love is one of the most powerful and transformative emotions, yet it is too often experienced as a form of dependency. In this book, Francesco Severino, renowned love coach, takes us on a journey to discover authentic, fulfilling relationships, free from toxic patterns and destructive cycles. Through three fundamental pillars, self-esteem, communication, and conscious choices, we will learn how to distinguish between pain that fosters growth and suffering that keeps us trapped, finding the strength to let go of what no longer serves us.

Thanks to practical exercises and deep reflections, this book will help us:

- Transform past wounds into new sources of strength
- Build relationships based on balance, respect, and mutual growth
- Create love that doesn't seek to fill a void, but instead enriches our lives
- Become our most authentic and empowered selves, starting with self-love

**Federico Severino** is a love coach and expert in healthy relationships, followed by hundreds of thousands of people on social media.



Draft cover

**A guide to recognizing the difference between love and emotional dependency, while also fostering self-esteem and awareness to build healthy and fulfilling relationships.**



**A precious guide to self-renewal**

  
Sperling & Kupfer

208 pages  
November 2024

## IF YOU BREAK UP WITH ME, I'LL BE REBORN Turning pain into an chance to bloom Angela Todaro

The end of a relationship is one of the most painful and traumatic moments in a person's life. When the relationship is marked by toxic and dysfunctional dynamics, the emotional and psychological impact can be devastating. Finding the strength to regain balance and rebuild oneself outside of that tormented connection becomes increasingly difficult. Drawing from her extensive experience supporting both women and men who have faced these situations, Angela Todaro offers a valuable guide to help readers identify the destructive patterns of toxic relationships and learn the tools to break free. This book provides practical strategies for letting go of the past and embracing the richness of the present. With a clear and direct approach, the Author's words cut through the barbed wire of a broken heart, offering insights, reflections, techniques, and exercises to guide readers on a journey of self-growth. The goal is to transform suffering into an opportunity - an opportunity to build a better, stronger version of oneself by breaking free from emotional dependency and unseen traumas that often shape our relationships. Last but not least she reminds us that, as painful as it may be, saying goodbye is sometimes the only way to reclaim self-love - and to open the door to healthier, more fulfilling, and more authentic relationships.

**Angela Todaro** is a psychologist, psychotherapist, and Certified Transactional Analyst (CTA). She lives and works in Rome, her hometown, where she practices in two different offices, as well as offering online sessions. Through her healing programs, she helps both women and men rebuild their self-esteem after toxic and dysfunctional relationships, with a special focus on pathological narcissism. Her therapeutic approach addresses vulnerabilities, emotional pain, and mental blocks by highlighting each person's strengths, resources, and core values to promote well-being. As a scientific communicator, she has participated in numerous radio and television programs. On her social media platforms, she shares educational content on narcissism, emotional dependency, and the importance of self-care in fostering personal growth and renewal.

Irene Sanguinetti is specialized in Clinical and Social Psychology. She started communicating through her social channels to heighten awareness of mental health issues. She is also a content creator for Hedepy, a platform offering therapy online, and collaborates with The Wom, a social magazine for women of the new generation. She lives in Parma.



208 pages  
April 2025

## YOUR EMOTIONS DON'T LIE

### Discover how to love and be loved

The answers you need to navigate relationship challenges. We all experience emotions, some of them frequent, natural, and universal, yet often the most difficult to manage. From anger, jealousy, and anxiety to happiness and fulfillment, our emotions guide us on a journey deep within ourselves and through the relationships that shape our lives. Following the success of *M'ama non m'amo*, Irene Sanguinetti explores what lies beneath our emotional reactions, sharing real-life cases and practical tips to help us live with greater peace, self-awareness, and harmony in our relationships.



208 pages  
January 2024

## YOU DON'T LOVE ME, I LOVE ME NOT

### You come first: put your feelings front and center

Do you get the feeling other people's lives are just perfect and so much better than yours? Do you often fall in love with the wrong people? Do you constantly worry people will let you down? If day in and day out we are faced with feelings we struggle to cope with or with potentially volatile situations, perhaps we should stop and think whether this is not just happenstance. Perhaps the underlying problem is something to do with us. Irene Sanguinetti teaches us to identify recurring patterns, reminding us that who we are today is also the result of our past. As children, we inadvertently assimilate the «how to» of dealing with emotions, relationships, and life in general from those who raised us, so their attitudes and outlooks tend to resurface in our lives as adults. But this legacy is not set in stone. We can still work on ourselves, get to know our inner selves, make sense of what we feel and learn to manage it. And most of all we can learn to love ourselves, to be compassionate with our fragilities, and to put ourselves first - so we can learn to really love others, with no anxiety and no suffering.

# VITTORINO ANDREOLI

## IL CERVELLO CHE GUARDA IL CIELO



Alla ricerca del padre eterno

PIEMME

Draft cover



144 pages  
May 2025

The encounter  
with  
transcendence  
is a need,  
planted in the  
human brain

## THE BRAIN LOOKING AT THE SKY

In search of the eternal father

**Vittorino Andreoli**

"I have always been struck by the image of man that a great poet Giuseppe Ungaretti gave: *man ... attached in the void to his spider thread*. A tragic image looking into the abyss. But it is time to raise our eyes and turn our minds (brains) upward, toward the sky in the certainty that somewhere we encounter transcendence. The certainty is in that encounter that one experiences God followed by an ascent that increasingly unites the human with the divine. At the heart of this vision is the experience, the encounter with God. For many it is still an expectation. For many a gift already received. For all it is a need, planted in the human brain."

Vittorino Andreoli, a psychiatrist and author of successful books, this time investigates the processes of the mind that think of, reflect about and hope in a higher entity that can be called invisible, metaphysical, God, eternal father. For the need to look to God is something that is present in the recesses of our minds.

An internationally renowned brain scholar and psychiatrist, **Vittorino Andreoli** was director of the Verona-Soave Department of Psychiatry and is a member of the *New York Academy of Sciences*. He is the author of numerous successful books.

**In what way is our mind predisposed to think about and embrace the idea of God?**



**Discover the invisible power that binds generations together and heals your family relationships.**



240 pages  
March 2025

The family constellation method opens the door to deep and universal love.

## THE POWER OF FAMILY CONSTELLATIONS

### Love that liberates

#### Gabriele Policardo

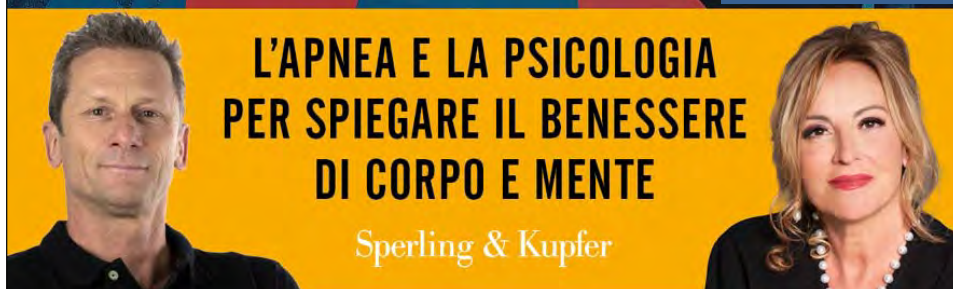
How to become your own best ally? How to be the best friend and counselor? How to resolve conflicts and blockages? Family constellations represent a path to awareness, a tool that can change the way we conceive and look at relationships, parents, and events that happen to us. In this book, Gabriele Policardo, a student of founder Bert Hellinger, takes us on a journey that taps into the depths of our collective unconscious at the heart of this transformative practice, capable of revealing the hidden ties that connect us to our family system and its most intimate dynamics. In a clear and engaging style, he explores the origins, principles and evolution of constellations, revealing their power to dissolve trauma, heal conflicts and restore balance. Policardo illustrates how these spiritual representations can help transform pain into understanding, isolation into belonging, and disorder into a flow of liberating love. A practical manual that blends tradition and modernity, interweaving psychology, spirituality and science.

**Gabriele Policardo** is an author and facilitator in Family and Systemic Constellations, certified with Bert Hellinger. He graduated as a facilitator through regressive hypnosis with Dr. Brian Weiss at the Omega Institute in New York. He founded Bioconstellations®, a new life-help tool, an evolution in the biological field of spiritual constellations. He regularly offers seminars for study, meditation and deepening through constellations and Bioconstellations. He is the author of several books on the subject.





Draft cover



**How breathing can influence our mind,  
helping us overcome stress, anxiety and fear**



192 pages  
April 2025

## LIVES IN APNEA

**Breathe away anxiety, stress and fear**  
**Umberto Pelizzari, Daniela Lucangeli**

Umberto Pelizzari and Daniela Lucangeli share how breath control and focused concentration can help us overcome stress and negative emotions, empowering us to face life's daily challenges with courage.

This book presents a new, integrated approach to stress management and anxiety control, developed by a world-renowned freediver and one of the most innovative and original experts in developmental psychology.

**Umberto Pelizzari** is one of the most famous and celebrated freedivers in the world. In the course of his long career he has set world records in several sport disciplines. After his retirement he has continued to follow his passion by founding prestigious freediving academies and by becoming a teacher.



**Toxic relationships are an increasingly widespread mental health issue, a threat to our coping skills in the personal and professional sphere as well as in the home, looming even larger in the wake of the pandemic. A therapist shows us which inner resources we can tap to protect ourselves.**



224 pages  
October 2023

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**OVER 30 000  
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## YOU DESERVE TO BE HAPPY

### How to steer clear of toxic relationships

#### Andrea De Simone

In a world brimming over with toxic stimuli, it's vital to identify the non-toxic elements we should aim for to live a healthy love life. How do we identify and cultivate them? How do we steer clear of traps and situations with the potential to endanger our emotional and mental wellbeing?

Andrea De Simone, a therapist and motivator, illustrates the five pillars we need to boost our immunity. The first element to work on is **Self-esteem**, the ability to consciously value ourselves. **Motivation** is the fuel of all our activities, the tool we need to turn intentions into reality. **Optimism**, a blend of hope and trust that generates positivity, focuses on accomplishing projects, leaving behind the conditioning of bad experiences from the past. And then **Resilience**, the ability to emerge from trauma with renewed strength, and **Empathy**, the ability to identify with others, to acknowledge their feelings and needs without getting overwhelmed.

In learning to nourish these qualities within ourselves, and to consciously deploy them as needed, we acquire the ability to cope with and survive toxic relationships, freeing ourselves from the anxiety, depression, and constant worrying they generate, to reclaim the happiness we deserve.

**Andrea De Simone** (1980) holds a degree in Clinical and Community Psychology, and a specialization in Systemic-Relational Psychotherapy. He worked for years in the public sector, collaborating with community health centers, hospitals, and training programs. Today he has his own practice in Salerno and is one of the most acclaimed therapists online, with over 367.000 followers on Instagram.



192 pages  
January 2025

*It's never too  
late!*

## THE CHANGE STARTS WITH YOU

### How to find yourself by changing your career, love and life

**Roberto D'Incau**

Have you ever felt like you're living a life that doesn't truly belong to you, as if your story were set in stone, leaving no room for your dreams and passions?

This book invites you to shift your perspective and take control of your life. There are no ages, circumstances, or limits that can truly stop you from making a change, whether it's in your studies, your relationships, or your career. The real key to transforming your life is you. Roberto D'Incau, an executive coach and human capital development expert, guides you through an engaging, practical journey filled with insights, stories, and actionable tools to dispel the myth of a predetermined fate. In these pages, you'll discover how resilience, courage, and the willingness to step out of your comfort zone can turn even the toughest situations into opportunities for growth. Most importantly, you'll learn that it's never too late to listen to yourself, break free from prejudices and fears that keep you anchored to the past, and build a future that reflects who you truly are, and who you want to become.

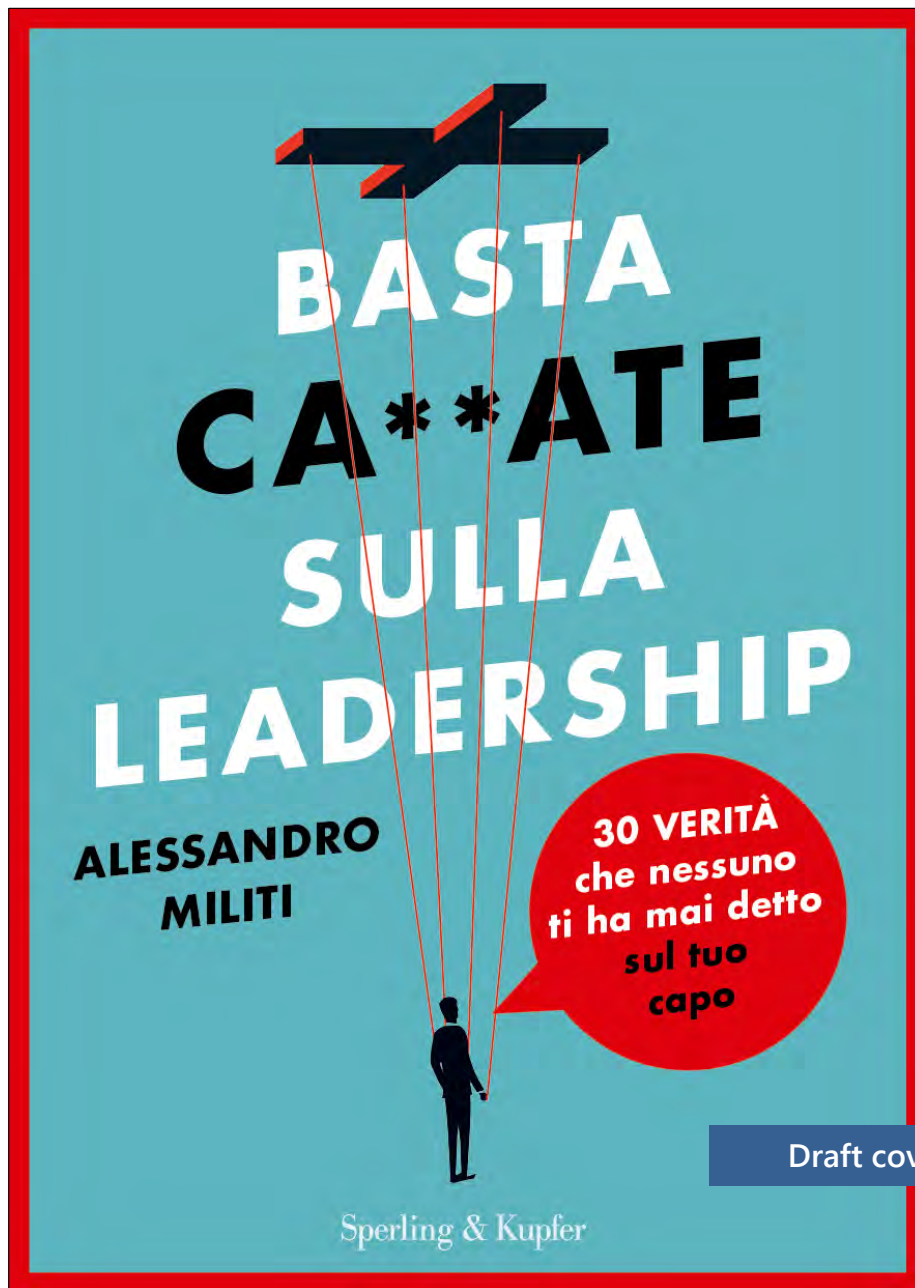
**Roberto D'Incau** is a well-known HR consultant in Italy, specializing in human capital development. As the founder of Lang&Partners, he works in the fields of headhunting, coaching, and inclusion, supporting companies and leaders in their growth journeys. He often says about himself: *"I help my clients unlock their untapped potential."*

The concept of stepping outside one's comfort zone is a recurring theme in his four books *Quasi quasi mi licenzio* (with Rosa Tessa), *Chi lavora non fa sesso*, *Il lato bimbo* and *Lessico della felicità* (with Laura D'Onofrio). His greatest passion is exploring how to reinvent oneself when facing personal and professional challenges

**Whether you're trying to start over in love, in your studies, at work, or in your relationship with yourself, this book serves as a reminder of one simple yet essential truth: change doesn't happen by chance, it happens by choice. And that choice can start with you, right now.**



240 pages  
April 2025



Draft cover

## STOP THE B\*\*\*\*\*T ABOUT LEADERSHIP 30 truths no one has ever told you about your boss

**Alessandro Militi**

The old-school concept of leadership is still deeply rooted in today's corporate world, but a new generation is gearing up to break those outdated patterns. In this raw, sharp, and brutally honest book (with plenty of laugh-out-loud moments from real-life experiences), a former top executive at Disney and Fox pulls back the curtain on the ego-driven, manipulative, and authoritarian behaviors that still dominate most corporate management. After millions of books and courses on leadership, the harsh reality remains: most bosses care about one thing, themselves. Self-interest disguised as ambition, often paired with staggering incompetence, drives much of what we call leadership today. Alessandro Militi, who has seen these toxic dynamics firsthand within some of the world's largest media corporations, holds nothing back. He exposes the biggest, most ridiculous mistakes managers make while also offering practical solutions to help you become a more empathetic, enlightened leader.

**Alessandro Militi** is a Bocconi graduate and professor at Sapienza University in Rome. He served as Vice President of Disney+ (2019–2022) and Vice President of Fox Networks Group Italy (2004–2018). Today, he is a partner in an award-winning marketing agency and a co-founder of Gut Music, a video-streaming platform dedicated to emerging musicians.

A former CEO exposes the mistakes, myths, and real-life experiences behind a leadership model that no longer makes sense.

**MICK ODELLI**

# SFACCIATI

**L'ARTE DI CAMBIARE IDENTITÀ  
ED ESSERE QUALSIASI COSA**

Sperling & Kupfer

  
Sperling & Kupfer

272 pages  
October 2025

**BOLD**

## The Art of Reinventing Yourself and Being Anything You Choose

**Mick Odelli**

Does it make sense to feel so frustrated when trying to find our place in the world? After all, this is the message we grow up with, and over time, it becomes a thought that never truly leaves us. Society pushes us to find "*what we were made for*" while simultaneously overwhelming us with endless distractions and interactions. But embracing the art of change can be the most effective solution for living fully in the present. There is, however, a method, a specific mindset, that allows us to adapt and transform without abandoning our past or denying who we are: each of us can hold multiple identities, one for every circumstance, if we so choose. This is the foundation of Mick Odelli's book. As a communication and neuroscience expert, Mick takes us on a fascinating journey of self-discovery, navigating between the chaos of modern technology and the search for authentic identity. This book has a dual soul is an invitation to be bold, to push, past our limits, and it is a playful provocation, encouraging readers to discover new versions of themselves. With a brilliant, ironic, and engaging style, supported by scientific research, the Author delves into the social dynamics that demand our constant presence. He offers practical insights on how to reclaim the ability to live fully in the present, embrace change without fear and unlock the power of fluid identity. This book is a must-read for anyone who feels trapped in a single identity and wants to explore new possibilities. Whether you're eager to become anything you want or simply curious about other versions of yourself, this book guides you toward the freedom of transformation.

[Mick Odelli](#) has been a TEDx speaker four times and continues to participate in various conferences and debates, sharing his perspective on scientific theories, the redefinition of identity, the principles of freedom and success, and his own unique and unconventional life experiences.

**A new key to surf through life, a perspective that transforms how we wake up in the morning, make decisions, and embrace change.**

ALESSANDRO FANTOLI

# I PRIMI PASSI INSIEME

CONSIGLI PRATICI PER NEO-GENITORI  
SULLA SALUTE DEL BAMBINO  
DA 0 A 12 MESI



DALL'ALLATTAMENTO ALLE COLICHE,  
DAL SONNO ALLE TAPPE MOTORIE:  
UNA GUIDA PER LA CURA E LA CRESCITA SANA

MONDADORI

272 pages  
February 2025

## THE FIRST STEPS TOGETHER

Practical tips for new parents on baby health  
from 0 to 12 months

**Alessandro Fantoli**

A clear and reassuring guide to understanding your baby's signals. A book full of practical advice and tools to help you navigate your first year together with confidence. Becoming a parent is an extraordinary adventure, filled with emotions, joys, and some inevitable moments of uncertainty. This book is an essential companion for new moms and dads, offering practical answers to the most common concerns and helping you decode your baby's needs and body language during their first 12 months of life. Drawing from his extensive experience as a pediatric osteopath, Alessandro Fantoli provides a reliable, science-based framework to help you navigate the key milestones of your baby's growth and development. With clear explanations, practical tips, and an empathetic, evidence-backed perspective, this guide covers a wide range of essential topics, including: breastfeeding, colic, sleep patterns, motor development, attachment dynamics. This book will help you raise your child with greater confidence and awareness, transforming your first year as a parent into a calmer, more rewarding experience.

**Alessandro Fantoli** holds a Bachelor's and Master's Degree in Osteopathy, with a specialization in pediatrics, sports, and geriatrics. On social media, he creates educational content to inform and raise awareness among parents about their own health and that of their children.

**From breastfeeding to colic, from sleep  
to milestones: A guide to ensuring  
healthy growth**

**Davide Michienzi** is a certified osteopath and registered with the ROI (Register of Italian Osteopaths). He is trained at the CERDO school of osteopathy, which is recognized at the European level: a course that lasted six years, with internships held in Rome at the San Pietro Fatebenefratelli Hospital and the Santa Lucia Foundation. In his professional, he also successfully completed the ATMAN, whose qualifications are recognized by the French Ministry of Health in France, and he holds a degree in Osteopathy from Swansea University.



384 pages  
October 2024

## READY, BORN!

### Practical and emotional guide to better experience pregnancy, labor, and birth

A guide that can accompany parents—and especially the mother, whose body will undergo great changes—through a journey that preserves their psychological and emotional well-being as well as the health and development of the baby about to come into the world. With the help of Maria Chiara Terzulli, an experienced Obstetrician, the book offers clear and simple information on what happens before, during, and after pregnancy, embracing the perspectives of all involved: the woman, the partner, and the baby.

It dedicates a section to the parents in the postpartum period, with particular focus on the new mother, who experiences some of the most intense and profound moments of her life: meeting her baby and beginning her relationship with them.



272 pages  
October 2023

OVER 34 000  
COPIES  
SOLD!!!

## READY, GROW!

### Practical guide on how to observe and accompany the growth of children from 0 to 12 months

"You will practice when the baby comes" is undoubtedly one of the phrases that parents-to-be hear most frequently. But why not try to arrive already informed and prepared? Why not help parents grow, day by day, together with their children, by providing them with a tool that can not only suggest what is right to do or not to do, but that helps them understand why certain gestures and actions? Why not inform parents about "how to pick up their babies, where and how to put them to sleep, the best position to hold them while breastfeeding, how to let them play, when to start weaning".

These are the questions that guided Davide Michienzi in conceiving and writing this valuable book.

ROBERTA TESSARO



Le emozioni dei più piccoli  
spiegate dalla psicologa dei bambini  
Roberta Tessaro.

Sperling & Kupfer

Draft cover



192 pages  
April 2025

## GENTLE PARENTING

### Why Fear Doesn't Work

Roberta Tessaro

Roberta Tessaro takes us on a journey through the emotional world of children, offering a positive and gentle approach to parenting. The core idea of the book is simple yet profound: there are no "wrong" emotions, only ineffective ways of managing them. That's why the Author encourages parents to set aside punishment and criticism and replace them with listening, understanding, and emotional support. Using practical examples and insights drawn from years of experience Roberta Tessaro demonstrates how to help children recognize and regulate their emotions, creating a calmer, more cooperative family environment. For parents of children aged 0 to 12, the book provides clear, actionable advice for everyday challenges.

**Roberta Tessaro** is a developmental psychologist who works closely with children, adolescents, and parents on issues such as learning disabilities, academic difficulties, and emotional challenges related to childhood and adolescence..

**Understanding children's emotions to  
parent with empathy and respect**





MONDADORI  
ELECTA

96 pages  
April 2025

## HELP ME DO IT BY MYSELF!

### Miriam Capurso

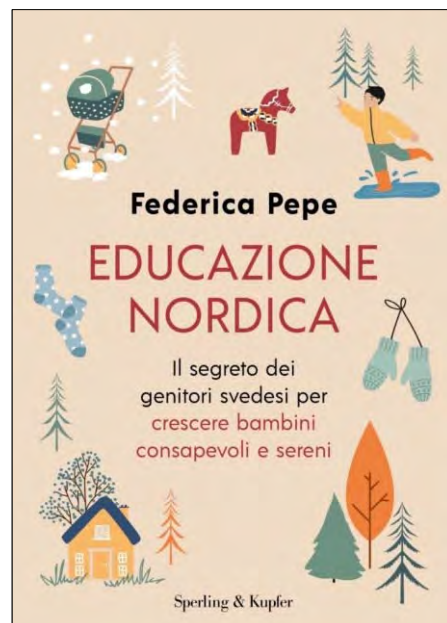
Every evening, Miriam tells Sole the story of their day, adding little details and meaningful reflections. It's not just a way to preserve childhood memories over time, but also an opportunity to give value to life's small and big challenges. This storytelling moment becomes a safe emotional space, where mother and daughter can normalize daily events, celebrate Sole's growing independence, and learn and grow together. From these precious moments comes the desire to share their experience, to show how gentle parenting and the Montessori method can help families grow with simplicity and mindfulness. This book features a short, illustrated story that children can read with their parents, guided by vivid, engaging pictures.

In the final section, parents will find practical tips on how to raise children with kindness, encouraging them to face daily challenges independently, and helping them do it themselves.

**Miriam Capurso** is a Montessori consultant and child sleep specialist. She shares insights on gentle parenting and the Montessori method, with the goal of promoting mindful growth that involves the entire family on Instagram. The birth of her daughter Sole further deepened her desire to share these experiences, not only focusing on the child's development but also on the mutual journey parents and children can take together. She is the co-author of the books *Gentle Parenting* (2023) and *Gentle Communication* (2024), as well as the creator of the *Gentle Podcast*. Miriam is committed to building a space for reflection and growth, where families can learn, connect, and flourish with love and awareness.

**A journey into gentle parenting and the Montessori method.**

**Federica Pepe** was born in Milan and grew up on Lake Garda, in Peschiera. Always fascinated by the Nordic countries, she now lives in Sweden with her partner Joakim and their child Leonard. After a course of study focused on the world of childhood, education, child development and the benefits of playing in nature, she works as an educator in a kindergarten.



  
Sperling & Kupfer

208 pages  
January 2024

## NORDIC EDUCATION

### Swedish parents' secret to raising aware and peaceful children

Is it true that Scandinavian soft education helps children to grow up peacefully and become autonomous and aware adults? The Nordic philosophy not only offers advice to help parents make the best choices. It concerns children as well as adults. It is centered on a simple concept: children should be treated as small human beings deserving of respect and trust. Federica Pepe, a transplanted Italian mum in Sweden, tells in a simple and direct way what values Swedish upbringing is based on and how we can also put them into practice. Starting with the basic concepts of the Nordic approach. Because Swedish children are educated above all by example. They learn respect by seeing it practised by older people, parents and others



  
Sperling & Kupfer

272 pages  
October 2023

## OUTDOOR EDUCATION WITHOUT BORDERS

### The secrets of outdoor education for raising free and independent children

Federica Pepe guides us through the world of outdoor education, an educational approach that turns nature into a vast, open-air classroom. Drawing from firsthand experiences in Sweden, she invites us to set aside our fears and preconceptions to rediscover the educational power of connecting with the environment. This book is a journey into the heart of a teaching method that fosters autonomy, resilience, and creativity by immersing children in a world of authentic, hands-on experiences. From snowy forests to school courtyards, Federica paints a picture of everyday life made of waterproof clothes and outdoor naps, but also of curious hands exploring, watchful eyes observing, and growing minds learning.

Angela Torretta • Marcello Chiapponi

# FITNESS PELVICO



Il metodo **semplice e risolutivo**  
per tutte le problematiche legate  
al **pavimento pelvico**

MONDADORI

208 pages  
September 2024

## PELVIC FITNESS

The simple and solving method for all pelvic floor problems

**Marcello Chiapponi, Angela Torretta**

Pelvic floor issues are among the most neglected causes of health problems for women – but 1 in 8 men are sufferers too. Pain, incontinence, and sexual dysfunction are the most common symptoms – and these are not issues easily talked about. Indeed, the key words “pelvic floor” have been among the most Googled in recent years. Almost 30% of women, from their twenties to their senior years, are sufferers. And not just women who experienced natural childbirth. Causes, as explained by Angela Torretta, a physiotherapist specialized in pelvic rehabilitation, are often to be found in posture and respiration.

The exclusive method devised and perfected by Marcello Chiapponi and revealed in this book stems from over ten years of studies and testing. With a program of simple exercises, we can train ourselves to a correct posture and improve our breathing, so as to both strengthen and relax our pelvic floor muscles. With the three personalized exercise plans presented in this book the authors have helped thousands of people to finally begin a new life, free of discomfort and embarrassment.

**Marcello Chiapponi** is a physiotherapist and trainer, has devoted years of study and practice to physical exercise and sport as effective therapeutic tools. Since 2010 he has been demonstrating his methods as online contents, communicating with the public through his website, his YouTube channel and other social networks. His contents are among the most viewed in the field to date – every day, hundreds of thousands of people follow his tutorials, learning ways to both alleviate and prevent pain.

**Angela Torretta** is a physiotherapist specialized in pelvic floor rehabilitation. She lives and works in Piacenza, where in her practice she has been treating women with health issues relating to pelvic dysfunction since 2011. For several years now she has been organizing training courses for professionals in the field and collaborating with Marcello Chiapponi on his YouTube channel and website.

**An exclusive method offering three distinct exercise plans each answering specific needs, with easy exercises to strengthen pelvic muscles and free you from pain.**



  
Sperling & Kupfer

208 pages  
September 2024

## MORE WOMAN, LESS “MENO-PAUSE” A journey to explore women's health Monica Calcagni

Why is menopause still so scary? According to Monica Calcagni, OB/GYN, author and divulgator, the reason is simple: menopause is seen as the start of an irrevocable decline in femininity. When actually it's just the opposite. The end of menstruation is «a new beginning, the beginning of a new chapter which, if taken in stride, can make us stronger, more confident, ready to make a difference». The trouble is menopause is still little discussed, an almost uncharted territory to women themselves. In her unmistakable style, Monica Calcagni examines the topic in all its facets. A believer in the importance of overcoming reticence, coyness and misinformation, she speaks to women just like she does every day on her media channels – with honesty, straightforwardness, and accuracy. In a crystal-clear manner she explains what menopause really is and the physical changes it may bring about. For each potentially disruptive symptom she suggests a whole range of solutions, delving into the debate on hormone therapy but also illustrating the many alternatives. A true journey to the discovery of women's health, in which Monica Calcagni teaches all women to celebrate and take good care of themselves, overcoming all fears of menopause – an adventure that may be challenging but is also full of surprises and charm.

**Monica Calcagni** is an OB/GYN and surgeon. She lives and works in Rome. For years she has been waging a relentless battle – in her practice but also on social media, with over 2 million followers every day – against misinformation on women's health. In 2020, with Sperling & Kupfer, she published her first book, *Cose da donne*

**Who said that after menopause we are washed up? Let's roll up our sleeves and face the challenge. We can learn to treasure the experience and turn it into a unique opportunity to reinvent ourselves!**

CARLOTTA GNAVI  
**SUPER  
 IMMUNITÀ**

COME POTENZIARE LE TUE DIFESE  
 PER PROTEGGERTI DA VIRUS, BATTERI E TUMORI



192 pages  
 October 2024

6-week program to:

- restore our intestinal barrier
- reduce inflammation and abdominal fat through an immune-boosting diet
- free our body of heavy metals and toxic substances
- improve the quality of our sleep and bring stress under control
- strengthen mitochondria and increase their energy

## SUPERIMMUNITY

How to boost your defenses and protect yourself from viruses, bacteria, and cancer

**Carlotta Gnavi**

The ever-growing spread of viruses and autoimmune disease has brought to the fore the crucial role of our immune system and the need to keep it in top shape. After years studying and researching this fascinating universe, Carlotta Gnavi has designed an innovative approach blending conventional medicine and alternative therapies, and created a 6-week program to boost our defenses through natural methods. This is the actual logbook of a special journey – a journey inside the human body. We will meet the main components of our immune systems and discover what nourishes and strengthens them and what harms them.

We will learn how our lifestyle can support or weaken them, and how deeply our emotions affect all these dynamics. We will find ways to support the innate detox mechanisms of our body and finally enjoy a truly restorative sleep, manage stress and heighten our wellbeing in all its many facets. With tried and tested tools, explained step-by-step throughout the 6-week program, we will be in a position to easily choose what aspects need boosting, apply all that we've learned and monitor our progress.

**Carlotta Gnavi** is a doctor in pharmacy, a science divulgator and trainer as well as an expert in complementary medicine. After her degree, she took a diploma in naturopathy, specializing in phytotherapy, nutraceuticals, and micotherapy. All these skills allowed her to adopt a holistic approach, blending conventional medicine and natural therapies. Since 2016 she has focused on immune boosting techniques. She is committed to raising awareness on wellbeing and on the importance of integrated health

**Based on reliable scientific sources, a book explaining in clear and accessible terms the way our immune system works, and providing a program to boost it.**



288 pages  
February 2025

OVER 6000  
COPIES IN  
ONE  
WEEK!!!!

## THE KITCHEN OF BILANCIAMO®

The Bilanciamo® cookbook  
for cooking balanced meals, enjoying  
delicious food, and keep fit

### Giulia Biondi

Are there really foods that make you lose weight and others that make you gain it? Do we have to give up our favorite pizza if we want to lose weight and replace it with a "protein pizza" made from egg whites and cauliflower? Is morning porridge truly healthier than milk and cookies? Do we really need to say goodbye to breakfast at the café with a cappuccino and croissant? And is eating pasta for dinner really a bad idea? These are just a few of the common questions that plague anyone trying to embrace a balanced and varied diet. But the answer is simpler than we might think: "No food is forbidden." That's the mantra of Giulia Biondi, nutrition professor and Olympic trainer, who is followed by 700,000 people on social media. It's time to leave behind restrictive diets, impossible sacrifices, and bland meals. In this book she teaches us how to create delicious, balanced meals that fit our personal needs, preferences, and lifestyle. We live in a world where we're constantly bombarded with diet trends, from "fit" recipes to low-carb and fat-free alternatives, yet no one ever explains how to answer the fundamental questions: "How much should I eat?" "What's the right portion size for me?" Finally, here's a practical, educational cookbook, an essential tool for learning how to balance your meals and adapt them to your needs. Don't like an ingredient? No problem—you'll find simple swap suggestions. Unsure how much cake you can enjoy? Giulia Biondi will teach you how to estimate portions in an easy and fun way. With nutritional charts and weekly menus, this cookbook is the natural follow-up to the bestseller *La dispensa di Bilanciamo®*. After teaching us how to grocery shop smartly, the Author now swaps her lab coat for an apron and steps into the kitchen with us.

## DOTT.SSA GIULIA BIONDI La cucina di BILANCIAMO®

Il ricettario didattico  
di Bilanciamo® per cucinare  
piatti equilibrati,  
mangiare con gusto  
e mantenersi in forma



**50 recipes with nutritional charts and substitution tips to help you balance your meals and adapt them to your needs.**



240 pages  
January 2024

**OVER 25 000  
COPIES SOLD!!!**

## THE PANTRY OF BILANCIAMO®

### Giulia Biondi

Is pasta or rice better? Should I avoid the croissant for breakfast? How many eggs can I consume per week? Which are the right portions to lose weight? Are there foods that are better to ban because they are bad for you or fattening?

Dr. Giulia Biondi, teacher-trainer of Nutrition, creator of the Bilanciamo® method and author of several bestsellers on nutrition, with this book wants to answer the many doubts people have before they get to the table. Her goal is to stand beside the reader and help them experience food peacefully, as an ally and not as an enemy, to manage it consciously and self-sufficient. To this end, she has collected, based on the evidence to date accepted by the scientific community national and international, dozens and dozens of tips, information, effective solutions that make it easy to make the right choices: for young people and adults, for single life and for those who need to plan meals for an entire family. In these pages she focuses on everyday situations such as what to put in the cart to avoid waste and traps, how to arrange and store foods in the pantry and refrigerator, the best cooking methods, managing breakfasts, lunches, dinners and snacks with the ingenious system of "variations and substitutions," how to plan stress-free the week while enjoying food and company. A path way practical and engaging, accompanied by an authoritative and reassuring voice that teaches how to build a healthy lifestyle by respecting tastes, rhythms and needs, away from renunciations and sacrifices.

## THE DIETS THAT RUINED YOUR LIFE

### Giulia Biondi

In recent years many people's relationship with food has sharply deteriorated. The data speak: since the first six months of 2020, the number of men, women and adolescents with eating disorders has increased by 30 percent. But how could this happen? Certainly social media has contributed to this situation, which has become a parallel health emergency: fit-influencers, do-it-yourself diets, slimming beverages and calorie-counting apps have conveyed completely wrong messages, not only about the ideal of a perfect, unattainable body, but also about eating habits that have nothing to do with science. The problem takes an even sharper and deeper turn when, as is happening, these habits no longer represent only a critical social and psychological issue, but are reflected in physical health. This is why Giulia Biondi, a doctor in Nutrition Biology, creator of the Bilanciamo® method and beloved popularizer on social media, decided to get out there and make her expertise available to help all people who want to gain clarity to restart, reset and re-educate themselves. With concrete examples, recipes and ideas for breakfasts, snacks and main meals, understandable explanations and practical advice, this book is more than a manual: it is a guide. A basic nutrition training course that will walk you through your food choices, teach you how to eat the right way and say goodbye forever to the diets that have ruined your life.

241 pages  
October 2022



**OVER 16 000  
COPIES SOLD!!!**



# GIULIO ROSSI



## Nutri il tuo corpo, allena la tua mente

Draft cover

I CONSIGLI DEL PIÙ DIROMPENTE  
MENTAL COACHING PER VIVERE  
LA VITA CHE VORRESTI

Sperling & Kupfer



  
Sperling & Kupfer

224 pages  
April 2025

## FEED YOUR BODY, TRAIN YOUR MIND Giulio Rossi

Giulio Rossi, a young nutritionist with expertise in metabolic diseases, earned his degree in Medicine and then chose to pursue mental coaching. His goal was to develop a method that could merge his medical knowledge with psychological insights. The result was remarkable: thousands of people have since turned to him not only to improve their relationship with food but also to cultivate greater self-awareness and experience a more peaceful connection with their bodies.

In this book, Giulio Rossi draws the four key stages of his method, an innovative path that integrates healthy nutrition, self-motivation, and the pursuit of psychophysical well-being.

**Giulio Rossi** is a medical doctor specializing in functional nutrition and a certified mental coach.

**The first book to combine nutrition and  
mental coaching**



**Ines Mordente** is a medical doctor and surgeon, specializing in Dermatology and Venereology. She lives in Naples and she is a mother of three children. She practices in Naples, Rome, and Milan and regularly participates in conferences and educational events. Since 2013, she has been a lecturer in Aesthetic Dermatology for Level I Master's programs at prestigious institutes and universities across Italy. She serves as a tutor in various training courses for leading dermo-aesthetic companies. During her academic training, she pursued extensive studies abroad, spending significant periods at the Department of Clinical Dermatology, Physical Therapies, and Aesthetic Dermatology at the Hospital de la Santa Creu i Sant Pau in Barcelona; the renowned dermatologic oncology department at the Sloan Kettering Cancer Center in New York, and the Department of Clinical Dermatology, Physical Therapy, Dermosurgery, and Aesthetic Dermatology at the Miller School of Medicine, University of Miami.



  
Spertling & Kupfer

272 pages  
April 2025

## #SKINREVOLUTION

### Daily strategies for perfect skin

The Ultimate Skincare Manual.

A comprehensive guide with everything you need to know about skincare for all ages.

A practical, accessible, and authoritative resource designed to meet everyone's needs, whether you're dealing with specific skin concerns or simply want to care for your skin in the best possible way.



  
Spertling & Kupfer

272 pages  
March 2023

## #ACNEREVOLUTION

### Your new beauty routine for perfect skin

Healthy skin is a lifestyle.

Ines Mordente, a dermatologist with years of experience, knows this well. For years, she has been helping her patients understand their skin and, in the case of acne, guiding them through an informed treatment journey.

In fact, medications are not enough to combat this condition; what's truly needed is a consistent skincare routine, a series of small, daily habits that, when maintained over time, make a significant difference.

This is the core principle behind Acne Revolution, the innovative method developed by Ines Mordente that, when followed correctly, can transform acne-prone skin into a clear, radiant complexion in a relatively short time.



**With the power of deep facial massage, Alessandra is able to transform the skin's texture, restoring its vitality and youthfulness in a completely natural way.**



192 pages  
September 2024

## NATURAL LIFTING

### The Cutting-Edge, All-Natural, Surgery-Free Method That Stars Can't Live Without Alessandra Ricchizzi

Alessandra Ricchizzi has a personal story that amazes with its strength and determination. The success she's achieved in the beauty industry is the result of a journey marked by obstacles overcome, constant research and study, and brilliant insights. From a young age, she showed a unique passion: while other little girls were busy combing and dressing their dolls, Alessandra would massage their faces—for hours on end. Yes, that's right: massaging their tiny faces became her favorite pastime. After earning two diplomas, one in Italy and one in Switzerland, she devoted herself to everything that could help her bring well-being and longevity to others. She studied Ayurvedic and traditional Chinese medicine, explored modern medical techniques, and embraced the holistic approach - until she eventually developed her own groundbreaking method, one that has made her one of the most sought-after manual facialists in the world. Her in-depth knowledge of different skin types, her expertise in crafting personalized routines to maintain firmness and radiance, and her ability to analyze each client's face with precision allow her to tailor the best possible skincare journey for each individual. With the power of deep facial massage, Alessandra is able to transform the skin's texture, restoring its vitality and youthfulness in a completely natural way. Her results are so remarkable that countless celebrities from the Italian and international jet set now place their trust in her extraordinary hands.

**Alessandra Ricchizzi**, born and raised in Milan, opened her first beauty center at just nineteen years old. After collaborating with key players in the beauty industry, her reputation began to spread among celebrities. She is a regular presence behind the scenes at some of the world's most prestigious red carpets, her revolutionary method helps make Italian and international stars shine even brighter.



160 pages  
April 2025

## MAKE UP FOREVER

All the beauty hacks for a perfect look

**Gaia Visco Gilardi**

How can you prepare your skin for long-lasting makeup? How should you apply concealer for maximum effectiveness? What's the best anti-aging routine and how do you choose the right eyeshadow based on your skin tone? These are just some of the essential questions we've all asked ourselves in front of the mirror, palette in hand. And now, the answers to these and many more beauty dilemmas can be found in this practical, engaging guide by Gaia Visco Gilardi, a true authority in the world of beauty. Whether you're getting ready for a gala event, a romantic date, or simply want to enhance your daily look, Gaia reveals the most common mistakes to avoid and shares expert tips and tricks to help you achieve a perfect, eye-catching finish every time.

**Gaia Visco Gilardi** is a 29-year-old, highly-followed makeup artist and beauty expert. Her spontaneous personality and professional expertise have made her a trusted name in the beauty industry.



Draft cover

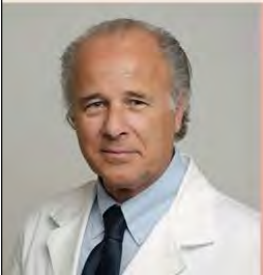
Full of practical advice, tips, and illustrations, this manual is perfect for anyone passionate about beauty and makeup.

Antonino Di Pietro



## LA SCIENZA DELLA BELLEZZA NATURALE

Draft cover



**Cosmetici, dieta, tecniche:  
come dimostrare  
dieci anni di meno**

Sperling & Kupfer



224 pages  
May 2025

## THE SCIENCE OF NATURAL BEAUTY Cosmetics, Diet, Techniques: How to Look Ten Years Younger

**Antonino Di Pietro**

If you care about your skin, if you want to learn how to keep it youthful, nourished, and protected from external and internal damage, this is the book for you. If you're curious about the best tools and techniques for renewing and regenerating your skin without invasive treatments or risks, Antonino Di Pietro is the expert you need. Here, he answers all your questions and provides science-backed advice on: nutrition, skincare routines, choosing the right cosmetics supplements and much more. From skin health and wrinkles to cellulite and hair care, this book offers a practical, science-based guide to navigating the overwhelming world of beauty treatments. In an era flooded with products and procedures, Di Pietro's method focuses on cellular regeneration, the true path to healthy, glowing, and youthful skin.

Practical, proven, and accessible: this book shares the secrets and insights from his 40+ years of clinical practice and scientific research.

**Antonino Di Pietro** has dedicated more than three decades to clinical practice and research on skin diseases, aging-related issues, and skin imperfections. Recognized as the founding father of Plastic Dermatology, he has developed innovative anti-aging treatments and, in 2013, founded the Dermoclinico in partnership with the San Donato Hospital Group. He currently serves as the Medical Director, overseeing a team of over 30 dermatologists.

**Take care of yourself to stay youthful with the expert guidance of one of the leading specialist in cellular regeneration.**



From an ancient and unspoiled culture, nine lessons and practical exercises to learn the art of peace of mind and gratitude.



160 pages  
March 2024

**Foreign rights  
sold to:  
GERMANY**

This is not just a book. It's a faithful companion you can always keep by your side, to read, to underline, to turn to for inspiration. It's also a notebook, with blank pages you can fill with your own thoughts, meditations, memories. So every time you open it you will find yourself a little different. Happier

## THE LITTLE BOOK OF HAPPINESS

### The 9 lessons of Mongolian Buddhism

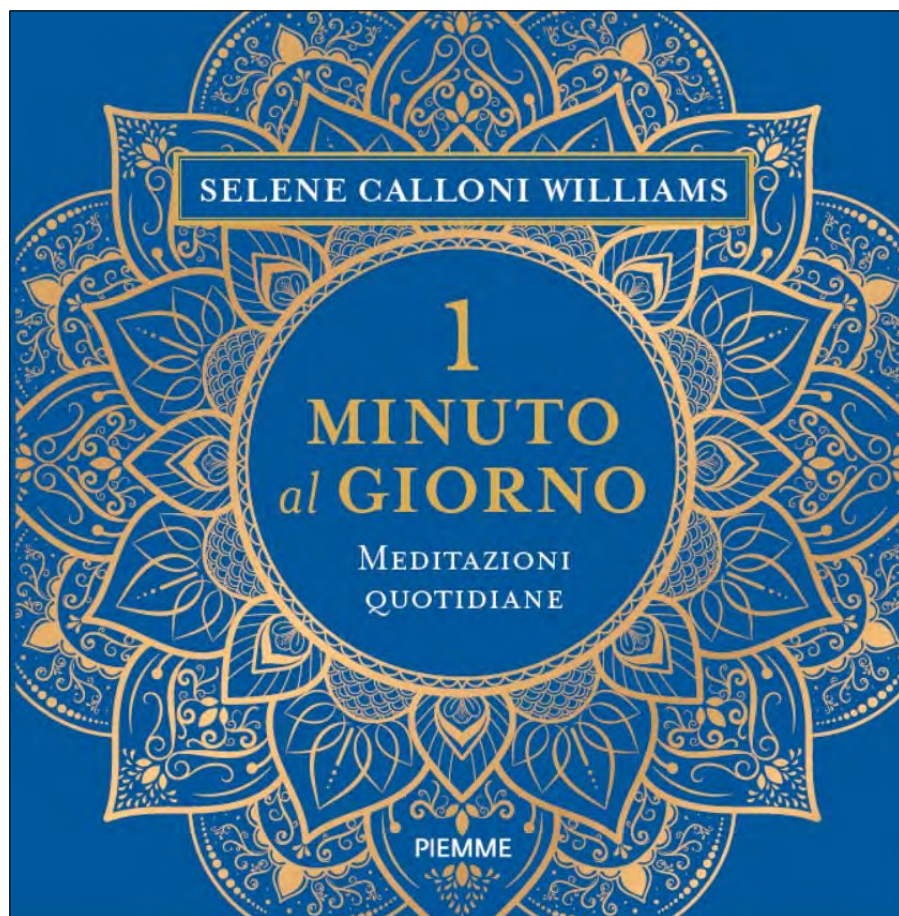
#### Federico Pistone, Delgermurun Damdin

«Buddhism is the finger pointing to the moon on the path to happiness».

A materialist and adrift society such as ours has a lot to learn from an unspoiled, spiritual, and amazing land like Mongolia. With a rich culture steeped in shamanism, Buddhism, and ancient rituals, Mongolia bases its philosophy in solidarity, tolerance, rectitude, and in the stewardship - an art long lost in the West - for all living creatures and for Nature.

Through the ages the Mongolian people has lived in harmony with all elements of creation, eschewing possessions to keep the essential. A people «travelling light» and therefore at home everywhere, following the directions of the stars and in keeping with the seasons. A happy people, despite a harsh climate and a hard life, because its happiness does not come from the outside but springs from inner peace. A people with a lot to teach us, beginning with this book, outlining nine practices to overcome stress, reconnect with nature, cope with challenges, reclaim harmony and therefore happiness. Prepare yourselves for a transformative journey through the secrets of an ancient culture. With its teachings as well blank pages to jot down your own reflections and discoveries, what you now hold in your hands is a true guide to the soul, guiding you to a better version of yourself.

Reporter for Corriere della Sera, **Federico Pistone** has travelled the four corners of Mongolia, living alongside the local population. His travels have resulted in articles, books, folk-story collections, and reportages. With Sperling & Kupfer he has published *Il leopardo e lo sciamano. In viaggio tra i misteri della Mongolia* (2018), recipient of awards for travel books. Since 2000 he has been the administrator of a website on Mongolian culture, news, and support, [www.mongolia.it](http://www.mongolia.it)  
Born in Ulaanbaatar, the capital city of Mongolia, **Delgermurun Damdin** was the first ever Mongolian student to graduate from Università Bocconi in Milan. She then began a career a finance, though never lost touch with her homeland, its people and traditions. She is the granddaughter of a monk from the North of the country, she has been studying Buddhism for ten years under the guidance of Lama Shinendentsel, as well as organizing events for the spreading of teachings on harmony, happiness, and the mind-body-spirit connection.



***Fear not your destiny; there is no better or worse one—each must fulfill their own***



408 pages  
October 2024

## ONE MINUTE A DAY Daily Meditations Selene Calloni Williams

A Meditation a Day  
Every Day of the Year  
To Free Yourself from Stress and Anxiety

A collection of mantras to reconnect with your deepest emotions, transforming insecurities and fears into valuable resources.

**Selene Calloni Williams**, a psychologist and life coach, is the creator of several documentaries and author of several books, including *Mindfulness Immaginale*, *Il profumo della luna*, *Yoga sciamanico*, *Ikigai*. After an in-depth study and practice of theravada, the Buddhist way to meditation, she was initiated into exoteric and shamanic yoga. The world-renowned psychoanalyst James Hillman introduced her to depth psychology and imaginal vision. With Piemme she has published *Wabi sabi* (2021), *Daimon* (2022), *Kintsugi* (2023)



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## English samples available

276 pages  
March 2023

In Japanese culture, *kintsugi* is the ancient art of mending what is broken with gold. Spiritually, we can read it as the art to morph our physical and emotional wounds into unique opportunities for renewal and personal growth.

Through the narration of the Author's own experience and the illustration of time-immemorial legends and symbols, Selene Calloni Williams presents nine laws for self-healing and daily guided meditations to overcome anxiety, guilt, rage, and frustration, and to reclaim our freedom, our energy and passion for life.

304 pages  
May 2022

Can reading a story really heal our soul? Yes, if the story is a myth, and the myth is not told as a moral fable but speaks to our imagination and sense of beauty. Myths are about the origin of things and the way they first appeared in the world. And knowing the origin of things is the first step to changing them. Each and every one of us enacts his or her own myth on the stage of life, accessing liberation and self-realization only when we come to «recognize» the myth we are living.

384 pages  
June 2021

A simple yet unique course in meditation, to the discovery of beauty and happiness. Every day we are faced with our personal inadequacies, our weaknesses, our vulnerability. Riddled with doubts and anxiety, we often feel driven by circumstances, at a loss on how to take charge of our lives. The Author teaches us to overcome our sense of powerlessness through the life principles of *wabi sabi*, a crucial teaching in Japanese culture.

**Selene Calloni Williams** is a psychologist and life coach, she is the creator of several documentaries and author of several books, including *Mindfulness Immaginale*, *Il profumo della luna*, *Yoga sciamanico*, *Ikigai*. After an in-depth study and practice of theravada, the Buddhist way to meditation, she was initiated into exoteric and shamanic yoga. The world-renowned psychoanalyst James Hillman introduced her to depth psychology and imaginal vision. With Piemme she has published also *Digiuno Immaginale* (2024)

**Massimo Citro**  
Prefazione di Federico Faggin

# QUESTO MONDO NON ESISTE

**Le dimensioni dell'invisibile**

Draft cover



**L'AUTORE DEL  
BESTSELLER  
DIVERSAMENTE SANI**

Sperling & Kupfer



320 pages  
April 2025

## THIS WORLD DOESN'T EXIST The Dimensions of the Invisible

**Massimo Citro**  
Foreword by Federico Faggin

Can we truly know the world we live in, or are our senses only capable of perceiving part of it?

Is there something beyond what we see, other dimensions, perhaps? What is consciousness?

Science has shown us that the universe is a field of vibrations and energy, where time and space are flexible, relative concepts, rather than fixed absolutes. Quantum physics has already established that the reality we experience is only a fragment of a much larger whole. In this book, Massimo Citro takes us on a captivating journey to explore how our minds construct reality. Drawing on modern scientific theories and philosophical insights, he introduces the concept of the soul as a participant in a cosmic game governed by higher laws.

With expertise and clarity, Citro blends ancient wisdom with contemporary thought, offering new perspectives that expand our understanding of existence.

**Massimo Citro** was born in Verona in 1956. He holds degrees in Medicine and Surgery as well as Classical Literature with a focus on History, and has specialized in Psychotherapy. A writer and screenwriter, he works as a physician and independent researcher in Turin

**Virtual reality, consciousness, soul, energy: is the world we see really the only dimension that exists?**



**Tomaso Poggio  
Marco Magrini**

# CERVELLI MENTI ALGORITMI



Il mistero  
dell'intelligenza naturale,  
gli enigmi  
di quella artificiale

Sperling & Kupfer

  
Sperling & Kupfer

272 pages  
October 2023

Foreign rights  
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USA  
(World  
English)

## BRAINS MINDS ALGORITHMS

The mystery of human intelligence, the enigmas of AI

**Tomaso Poggio and Marco Magrini**

Intelligence is still a mystery. It certainly is not a prerogative of the human species – there are endless degrees of intelligence in the animal world. Still, human intelligence would appear to be the only one with the ability to understand itself.

Despite the many breakthroughs in neuroscience, the secrets of intelligence are still largely to be uncovered. Discovering how learning works will lead the way to a true understanding of the human brain and to the design of intelligent machines.

After half a century of trial and error, machine learning has brought AI into our every-day life.

Today AI is capable of astounding feats that will no doubt change the economy and society. Still, it is a long way from replicating human intelligence. The two are different – non comparable.

A true understanding of the workings of the mind is still a major frontier in science and will require the cooperation of several different areas of research. The global world desperately needs more intelligence. With in-depth sections on:

- ChatGPT or Dall, whose myriad applications are now part of our daily lives: today AI can generate totally original texts, images, and sounds
- What to expect from this amazing evolution in AI
- What are the dangers? What will AI take from us? Which are its possible threats?

**Tomaso Poggio** is the director of the Center for Brain Minds and Machines at MIT, one of the founders of computational neuroscience and a pioneer of AI. Because of his multidisciplinary research he was acknowledged by [topitalianscientists.org](http://topitalianscientists.org) as the «most eclectic» among Italian leading scientists.

**Marco Magrini**, a former special correspondent for Sole 24 Ore, is now the author of *ClimateWatch* for Geographical, the monthly of the London Royal Geographical Society. His book, *Cervello. Manuale dell'utente* was translated in 9 languages and sold over 10.000 copies.

**What should we expect from the amazing evolution of artificial intelligence?  
An accessible and fascinating book for any reader,  
by the leading authority on neuroscience and AI.**

**Vincenzo Schettini** is a physicist, musician, influencer teacher, and bestselling author. In the early 2000s, he graduated in violin and music education before earning a degree in physics. His two passions, the artistic and the scientific, merged under the idea of transforming physics from mere concepts into real entertainment, emulating the same effect that music has on stage. For years, he has directed a successful gospel group called Wanted Chorus and teaches physics in high schools. Through his social media channels, *La Fisica Che Ci Piace*, which now boast millions of followers, he makes his subject accessible to all, enriching lessons with a personal and engaging touch. He collaborates with the Italian Teacher Programme at CERN. His first book, the bestseller *La fisica che ci piace*, became the publishing sensation of 2022 and won the Elsa Morante Ragazzi Esperienze Literary Prize in 2023.



**MONDADORI**  
ELECTA

240 pages  
November 2023

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## AWESOME PHYSICISTS

What do the most innovative scientists in history have in common with the modern-day world? A lot. Beginning with the fact that, each in their own way, they were all actual influencers. They impacted the way of thinking of their time, they had followers and haters. And, just like modern-day science authors, they tried to explain how and why physics is the basis of life.

An amazing journey through space and time, to the discovery of the most awesome physicists of all times. For each of them Vincenzo reveals the laws deduced from their discoveries as well as the theories that made them famous and are still hugely relevant in the lives of us all. But most of all he will reveal the humanity, the weaknesses and fragilities they had the courage to show to the world.



**MONDADORI**  
ELECTA

240 pages  
November 2022

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RUSSIA

## PHYSICS WE LIKE

It is surprising to discover how physics explains every phenomenon around us, whether we are talking about energy, forces or electromagnetism. The fascination of this subject is often eclipsed by the fear of not being able to understand it. And this is where Vincenzo Schettini comes in: with him, physics becomes magic. It is his lively, amusing, colourful and effective explanations that make every concept easy to understand, especially because they tell the physics behind the things we see and use every day.

In this book Professor Schettini takes us for a walk in real life, and each event becomes the starting point for a new reflection on how the world works, we will discover that physics is in all things simple.



240 pages  
April 2024

The universe is a simple place, at least chemically.

Though we are surrounded by a multitude of chemical elements, yet the universe as a whole is dominated by hydrogen and helium. From here the author takes off on an exciting and mystery journey, in this essay that meets chemistry, astronomy, physics and everyday life.

An engaging book that takes the reader on a walk "between molecules and planets," offering a deeper understanding of the mechanisms that govern the universe.



224 pages  
September 2023

Math is too often seen as a *bête noir*, a subject so frustrating, so daunting that many can't wait to leave it behind, after or even during their school years. This widespread aversion is probably rooted in the way math is being taught. But, in the words of Rocco Dedda, this is just «unhappy math» – a math taught the wrong way. Dedda takes the reader on a fascinating journey to the discovery of «happy math», revealing the relevance of math not just in nature, physics, and engineering but also in art, music, cuisine, and literature, with a gallery of extraordinary encounters, Euclid, Pythagoras, Fibonacci, Fermat, Descartes, Leibniz, all along the way.



192 pages  
October 2023

Why is it always so difficult and divisive to talk of nuclear power? Perhaps because radioactivity is something we don't really know much about, a topic often discussed either in cursory or abstruse terms. In a wonderfully engaging and accessible style, Marco Coletti sheds light on all aspects of nuclear power, from the discoveries of Fermi and Curie to isotopes and processes of decay, and clarifies its applications, whether marvelous or disturbing: in medicine, hygiene, industry, transportation, carbon dating, but also in warfare.



176 pages  
May 2025

A book about the future of barbarism that awaits us if international law is never again respected.

A powerful, nonconformist, tough but necessary book that exposes the guilty conscience of the West.

Draft cover

PIEMME

# Rula Jebreal

# GENOCIDIO

QUELLO CHE RESTA DI NOI



**Between autobiography and political analysis, personal history and pointed reflections, an indictment not only of Israel but of all those world powers that have remained silent.**

## GENOCIDE

### What remains of us

#### Rula Jebreal

Rula Jebreal recounts the ongoing genocide on her people, she a Palestinian with Israeli citizenship. A few months ago her best friends were killed by a missile while they were at the bar. Some children who were to be evacuated and taken to the United States were bombed inside a school. The Palestinian issue broke into her life as a child very early, when she was living in Jerusalem and the cries of the massacres began to make their way into her mind and memories. And over the course of her life it has returned powerfully, right up to the massacres of these last months. Women and children dead under the bombs of Israel, weapons supplied by the United States, but also by most European countries. *Genocide* is not only the numbers of the massacre, the sense of injustice felt, the silence of the West, the daily massacres that are interwoven with the many testimonies and geopolitical analyses, but above all a book about the future of barbarism that awaits us if international law is never again respected.

An award-winning journalist, writer and university lecturer, **Rula Jebreal** has lived in New York City for many years and has worked with international newspapers such as the *New York Times*, *Washington Post*, *Newsweek* and television networks such as Americans *MSNBC*. After losing her mother at the age of five, Rula attended the Dar Al-Tifel boarding school in Jerusalem, founded and directed by women's rights activist Hind al-Husseini, alternating study with volunteering in refugee camps. From this experience was born *Miral*, her first novel, later translated into eight languages. Always active in favor of human rights, in 2019 she was designated by President Emmanuel Macron as gender equality adviser for the G7. With *The Change We Deserve* (Longanesi, 2021) she has produced a brilliant reportage of the condition of women all around the world.



PIEMME

192 pages  
October 2024

An immersive reportage and the winner of awards from Columbia University, New York

## THE PATH OF THE TEN

A story set between Israel and Gaza

**Davide Lerner**

Il sentiero dei dieci (The Path of the Ten, Netiv Ha'asara in Hebrew) is the evocative name of a moshav (a farming community), one of the main targets of the October 7 Hamas-led attack and at present enclosed within a militarized zone. Netiv Ha'asara is the closest Israeli settlement to the Gaza Strip – from its terraces you have a clear view of Palestinian outposts, you can hear the explosions and see the smoke from the Israeli bombs. This immersive reportage tells the story of Hila, a woman farmer, and of three generations of residents of Netiv Ha'asara, all asking themselves what future they should wish for. But it's also the story of two people in conflict, two societies that have both become radicalized; the story of an uncompromising government, that of Netanyahu, and of an extremist organization, Hamas. It is the story of the many victims paying the highest price of the war. Lerner delves into the reasons of both, and with keen sensitivity unfolds the intricate and emblematic chronicle of a tormented land. The village on the border becomes a unique vantage point for the retracing of all historical milestones in the relations between the Israeli residents and the Palestinians next door, which in a recent past now seeming surreal used to live and share as true neighbors. Paradoxically, in the words of the Introduction, «being at the periphery of the country's geography has put this village at the very center of its history».

*«In the end, whether the direct participants like or not, the stories of the Israelis and the Palestinians are and remain inextricably linked. They are, in a way, the same story – the story of two peoples who for over a hundred year have never found peace».*

**Davide Lerner** (Milan, 1992) is an Italian journalist. Now a researcher at the Reuters Institute for the Study of Journalism at Oxford University, he collaborates with several Italian and international news outlets. For three years he worked for the daily Haaretz in Israel. He holds a degree from Columbia University, New York, where he was a recipient of the James Wechsler Award for international journalism and of the award for best dissertation

***Il sentiero dei dieci* weaves together narrative, history, politics, and sociology.**

**A unique testimony on what happened and is still happening, every day, every minute.**



224 pages  
April 2025

The courageous testimony of a woman who has seen too much and no longer wants to remain silent

Draft cover

## I MARRIED A NAZI

### My escape from the fourth Reich

Hilde Keller with David Murgia

The true and incredible story of Hilde, who decides to marry a handsome and elegant man who, in reality, is a staunch neo-Nazi. The two are united in marriage according to a ritual of the Waffen SS, the ruthless armed wing of the Nazi police. The ceremony takes place in Wewelsburg Castle. As wedding witnesses, there are children and relatives of Nazi hierarchs. Hilde's life from that moment on turns into an abyss frequented by black shadows, unsuspected characters who wear Nazi uniforms and meet in villas and luxurious apartments scattered throughout Europe to plan madness: to give birth to the Fourth Reich. Despite herself, Hilde will witness violence, occult rituals and secret wartime gatherings.

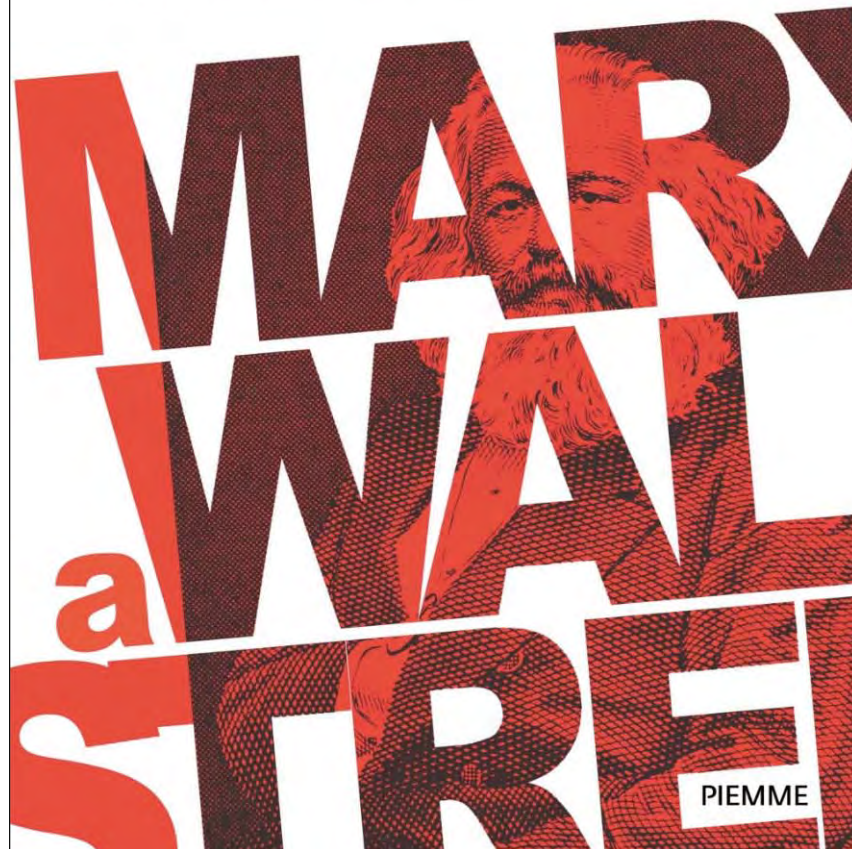
After tormented years, she manages to emerge from the nightmare and, in one night, decides to abandon her husband and that dark world, taking her girls with her. Today Hilde is free and has chosen to tell this story of fall into the abyss but also of rebirth, and in doing so she sheds light on the phenomenon of neo-Nazism, a chilling reality that, though well concealed, is terribly widespread and endangers the world as we know it.

**Hilde Keller** holds a degree in Philosophical Sciences and a specialization in bioethics. After seeing the horrors of Nazism, with her conversion to the Catholic religion she emerged from the nightmare and returned to living freely with her girls. Today she is involved in health care.

Journalist and writer, **David Murgia** covers new religious movements and destructive cults. He is a respected television columnist and is president of Gris (Group for Socio-religious Research and Information). With Oscar Mondadori he has published the volume *Vade Retro* (2017).

**An incredible true story.  
A woman unveils the hidden plots of a  
network of neo-Nazis and nostalgics of the  
Third Reich.**

**Diego Fusaro**  
**MARX a WALL STREET**  
 Il capitalismo finanziario e le sue truffe



256 pages  
 January 2025

Diego Fusaro, in fact, returns to the theme that makes him most recognizable as a scholar: Karl Marx and capitalism today.

## MARX ON WALL STREET

### Financial capitalism and its frauds

**Diego Fusaro**

The “specter of Marx” continues to roam menacingly among the ruins of the desolate post-1989 landscape, and remains the indispensable guide and seismograph for mapping the contradictions that dot our present. Marx on Wall Street critically investigates the new financial capitalism that has been contradictorily emerging since the 1980s of the “short century,” and that has grown stronger with the triumphant march of liberal-financial globalization, up to these last years (and all the more so now that, with Trump's victory, it enters a new and sophisticated phase). A book full of analyses, theories and interpretative suggestions that give shape and concept to the attempts of resistance that politics tries or should try to build, because “utopia is not the abstract and individual consciousness of the ‘beautiful soul’ yearning for its ‘slice of heaven,’ but is, on the contrary, the fabric with which reality itself is woven as history and as possibility. Marx's program of research and project of emancipation continue to be a north star in the desert of our present.”

**Diego Fusaro** is an Italian philosopher. A graduate of the University of Turin, teaches History of Philosophy at the IASSP (Institute of High Studies Strategic and Political Studies) in Milan. He has trained with philosophers such as Gianni Vattimo - on hermeneutics, on Nietzsche and on Heidegger - and, most importantly, with Costanzo Preve - on Marx, Hegel and idealism -, of whom he is considered the main pupil. He is a careful scholar of the history of Marxism, both German and Italian, as well as a countercultural interpreter of the present. Always upwind, he considers himself an independent student of Hegel and Marx. He conceives philosophy as a philosophical science of truth, apt to understand, evaluate and transform the Totality. Beyond right and left.

**At a time of strong polarizations, new world orders, international tensions and resounding political defeats, this book induces the reader to reflect deeply on the world in which we live.**

**Antonio Caprarica** is a veteran of Italian journalism, with thirty years' experience as foreign correspondent. He was the first war correspondent for RAI in Afghanistan and Iraq, then foreign correspondent from Jerusalem, Cairo, Moscow, Paris and London. He has also worked for the print media, as political commentator for «L'Unità» and «Epoca», and later was co-editor-in-chief of radio news for Rai and Radio1. He is the recipient of the most prestigious awards and accolades in journalism. He is the author of novels, travel books and essays. Among his many successful books, all published by Sperling & Kupfer, *La ragazza dei passi perduti*, *Dio ci salvi dagli inglesi... o no!?*, *C'era una volta in Italia*, *Il romanzo dei Windsor*, *Il romanzo di Londra*, *Intramontabile Elisabetta*, *L'ultima estate di Diana*, *La regina imperatrice*.



208 pages  
April 2025

## KATE AND THE CURSE OF THE WALES FAMILY The Commoner Princess vs. Centuries of Misfortune

Antonio Caprarica unveils the truth and hidden struggles behind the difficult years of Kate Middleton, addressing one central question: Is there really a curse hanging over the Wales family? In his new book, Antonio Caprarica once again delves into the world of the British Royals, focusing on the most beloved and globally scrutinized member of the monarchy today: Kate Middleton. Retracing her steps into the Windsor family, Caprarica explores the princess's challenging journey—from the aristocracy's snobbery and the initial skepticism of King Charles and Queen Elizabeth, to the ongoing tensions with the Sussexes, particularly with Meghan Markle, and finally, her fight against cancer. The author goes beyond the rumors and fake news, offering a clear-eyed account of what really happened.



272 pages  
May 2024

## THE END OF ENGLAND Who killed Cool Britannia?

It seems ages since the times of Cool Britannia, the “roaring” decades when London's star shone above all others, a universal beacon and forerunner of all that would come next. The time of the Spice Girls in pop, Damian Hirst in art, and Alexander McQueen in fashion, when *Trainspotting* exemplified the fragility of a whole generation and England was the hub of all new trends and innovations, when Tony Blair swept away the old with a welcome breath of fresh air. Thirty years later, what is left of that wonderland? After Brexit, with the economic crisis, the passing of the Queen, the Royal Family falling apart, and a string of forgettable prime ministers, the light seems to have gone out in the UK, with the country falling deeper and deeper into self-doubt and shutting itself off from the rest of the world. Antonio Caprarica has been a keen-eyed witness and narrator of the rise and fall of the Empire. In this book he delves into the most intimate workings of the monarchy as well as current events, and, in his signature mordant style, draws an accurate and penetrating depiction of the critical junctions that brought the UK from a starring role to that of bit player.





**How often do you think of the Roman Empire?**

  
Sperling & Kupfer

224 pages  
October 2024

## BLOOD AND ARENA

### Gladiators and bloodthirsty fighters in Ancient Rome

**Giuseppe Concilio**

«The concept of entertainment in Ancient Rome was similar to ours in some ways, and utterly different in others. The Romans loved to see chariot races in the circus, cheering for their favorite teams, or watch a play at the theatre. Yet they also relished watching two men, armed to the teeth, sometimes battling to their death».

Just think of gladiators. Brave warriors and actual celebrities in Roman society, to this day they are a great focus of interest for history buffs. But what was it really like, the life of these brave warriors, ready to sacrifice all to defeat an opponent in the arena? Do movies like Ridley Scott's *Gladiator* actually mirror the reality of their lives? In this book, Giuseppe Concilio, the creator of the media page *Storie Romane* [Roman Stories] and a post-graduate researcher in Classical antiquities, provides definitive answers to all questions and queries of Ancient Rome aficionados.

*Sangue e Arena* explores the world of Roman entertainment, the celebrated circus games, bloody and sensational. In reading it you will travel back in time to take a stroll inside the most magnificent arenas, discovering their design and structure; you will sit in the stalls and watch the bloodiest fights along with the roaring crowds, the cheering Roman citizens who were fans as avid and wild as today's soccer hooligans; you will witness the parades organized to celebrate military triumphs, with their corollary of pantagruelian feasts and the most spectacular and elaborate of games – not just fights between gladiators but also naval battles, clashes between men and animals and chariot races.

**Giuseppe Concilio** is a post-graduate researcher in Classical antiquities. Deeply fascinated by Roman history since he was a kid, he believes history is the very foundation of the body politic. This is why in 2016 he launched the website and Instagram channel *Storie Romane*, which have both become a point of reference for the popularization of Roman history in Italy.

LAVINIA OREFICI



## ROYAL SAGA

LUCI E OMBRE DIETRO LE FAMIGLIE REALI

PIEMME

160 pages  
October 2024

## ROYAL SAGA

## Lights and Shadows Behind Royal Families

## Lavinia Orefici

From Old Europe to the Far East, there are currently around forty reigning monarchies worldwide, bastions of stable values and centuries-old traditions in a present devoid of certainties. Precisely because they are the last guardians of a past that appears mythical and glorious to us, royals exert a magnetic fascination on us; there is no point in hiding it: in our imagination, kings, queens, princes, and princesses remain the protagonists of the stories we grew up with. And it is perhaps for this reason that, when we talk about them, we want to know every detail: what they eat, how they dress, where they go on vacation, and which schools they attend. We dreamily watch their weddings and suffer from their misfortunes. We anxiously await a scandal or a misstep that makes them appear more human, reassured by the fact that, beyond their titles and impeccable appearance, they too have flaws and weaknesses, just like us. Lavinia Orefici quenches our thirst for news in this one-of-a-kind book: from the timeless Windsors to the Bourbons of Spain, passing through the golden coasts of the Principality of Monaco, up to the northern kingdoms and then to the east, towards exotic Thailand, the Sultanate of Brunei, and the fascinating Japanese Empire. The author takes us on a journey around the world to discover anecdotes, curiosities, mysteries, passions, and betrayals of the members of royal families. Among rebellious heirs, commoners, immense treasures, fallen kingdoms, and blue-blood ties, these pages retrace the threads of a saga — indeed, a royal saga — that we can never get enough of.

**Lavinia Orefici** was born in 1986 and currently lives in Rome. She works as a journalist for both press and television dealing mostly with lifestyle, jet set and royal dynasties. Since 2019 she holds a tv program focused on the Royal Family's most important events in recent history and in 2022 she has contributed to the documentary *The Queen: la favola* on occasion of the 70 years of Queen Elizabeth II. With Piemme she has published *Eilsabetta II dalla A alla Z* and *Diana la principessa del popolo*

**A journey around the world to discover anecdotes, curiosities, mysteries, passions, and betrayals of the members of both well-known and lesser-known royal families.**



160 pages  
November 2024

## THE DEVIL'S IN THE DETAILS

When family is hell.

Elisabetta Cametti

The killer lurks in the family home. Because families are the stage for the strongest emotions, whether good or bad. Love and hate, joy and frustration. Understanding and sense of inadequacy. The family can nurse both personal growth and conflict, be a breeding ground for values or toxic behavior. A shelter from the dangers of the world or the very lair of violence. A violence often springing from the refusal to accept rejection, separation, the end of a relationship. Domestic violence is the expression of frustrated expectations, as shown by Elisabetta Cametti in this collection of the most affecting recent cases. An expert in criminology and judiciary inquests, the Italian lady of thrillers brings to the exploration of these crimes the exactitude of case research and the spell-binding style of a high-class novelist. She retraces the stories of three women and one girl, all victims of the destructive powers of the family. Giulia Tramonatano, killed by her partner when she was seven months pregnant. Laura Ziliani, strangled by her daughters and by the boyfriend of both. Liliانا Resinovich, whose case remains unresolved to this day. Diana Pifferi, neglected by her mother to the point of starvation.

Stories that unfold through the analysis of key points – a connect-the-dots exercise bringing to light the full picture. Because life is in the details. And the devil as well.

Born in 1970, with a degree in business and management at Bocconi University, **Elisabetta Cametti** has worked for twenty years in publishing, alternating between Milan and London. The press calls her "the Italian lady of thrillers". In 2013 she published the first novel of the K series, *I guardiani della storia*, her debut thriller and an international bestseller. *Nel mare del tempo* was released in 2014, and *Dove il destino non muore* in 2018. In 2015 she launched the 29 series with *Il regista*, followed in 2016 by *Caino*, both published to critical and popular acclaim. With Piemme she published *Muori per me* in 2021 and *Una brava madre* in 2023. Her books are published in 12 countries around the world.

# Elisabetta Cametti

## I DETTAGLI DEL MALE

### *Misteri e verità dei crimini familiari più atroci*

Attribuisco un grande valore ai dettagli: li cerco nelle persone, nelle cose, nelle situazioni. Poi li metto in evidenza e li collego nel ragionamento che guida la trama: rappresentano i puntini che uniti dal tratto della matita svelano il disegno. Nei dettagli si nasconde sempre la verità, qualsiasi sia la domanda. I dettagli sussurrano, spiegano, allungano, alcune volte. Sono i dettagli a influenzare il pensiero, a farci cambiare prospettiva, a indirizzare le nostre scelte in una catena di sensazioni e conseguenze. Sono i dettagli a condurci verso un epilogo piuttosto che un altro. Perché è nei dettagli che si scorre la vita.

Sono le 16.57 di sabato 27 maggio 2023, quando l'occhio elettronico di una telecamera di sorveglianza riprende due donne, strette l'una all'altra. Guardando con più attenzione, è la donna bionda di nero e con i capelli raccolti in una coda ad avvicinarsi alla donna bionda, che rimane immobile.

Sono i dettagli a influenzare il pensiero, a farci cambiare prospettiva e orizzonti, a indirizzare le nostre scelte in una catena di sensazioni e conseguenze. Sono i dettagli a condurci verso un epilogo piuttosto che un altro. Perché è nei dettagli che si scorre la vita.

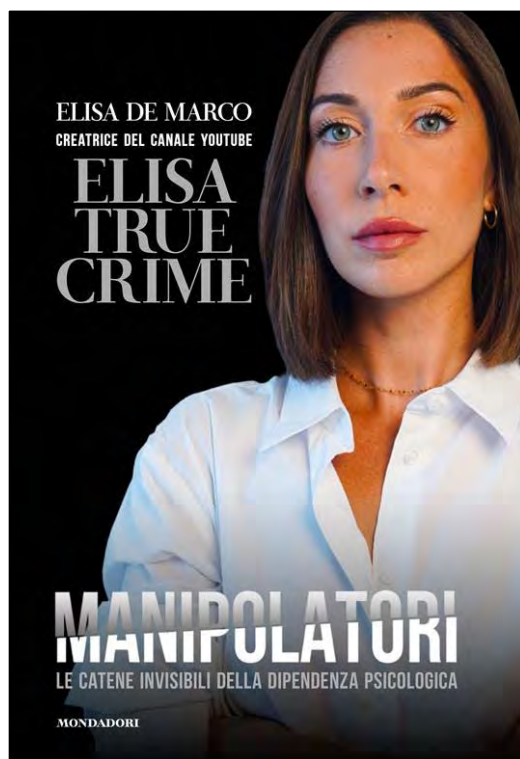
#### THE SI INTERROMPE.

Sono le 16.57 di sabato 27 maggio 2023, quando l'occhio elettronico di una telecamera di sorveglianza riprende due donne, strette l'una all'altra. Guardando con più attenzione, è la donna bionda di nero e con i capelli raccolti in una coda ad avvicinarsi alla donna bionda, che rimane immobile.

TRUE CRIME

PIEMME

The first true-crime book by the novelist  
**Elisabetta Cametti**



## MANIPULATION MINDS

### Elisa De Marco

192 pages  
November 2023



**OVER 23 000  
COPIES SOLD!!!**

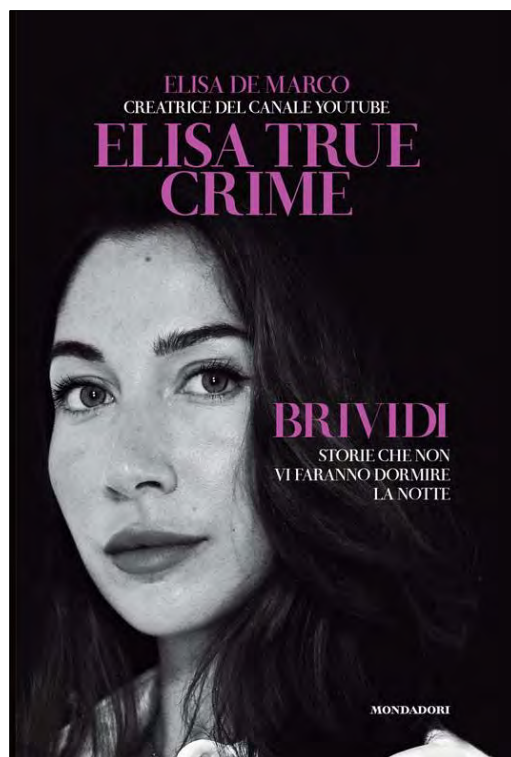
Melania Rea  
Jan Broberg  
Jchandra Brown  
Bestie di Satana  
(*Beasts of Satan*)

Two anthology collected and masterfully narrated by the new undisputed lady of Italian crime.

The stories told by Elisa De Marco on her "Elisa True Crime" channel have now become a must-read for hundreds of thousands of people.

The crime stories collected by Elisa are true borderline cases, unique for the heinousness of the crime committed, for the motive that generated them, for the evolution of the investigation that ensued or for its final outcome.

The first book is an investigation of **worldwide** large and heinous murder cases, whereas her second book takes us even deeper deep into the exploration of criminal minds and the theme of **manipulation minds**.



## SHIVERS

**Stories that won't let  
you sleep at night**

### Elisa De Marco

192 pages  
November 2022



**OVER 44 000  
COPIES SOLD!!!**

Yoo Young-Chul  
Katarzyna Zowada  
McStay family  
Rui Pedro  
Elizabeth Smart  
Danilo Restivo

**Elisa De Marco** is an Italian storyteller, youtuber, and influencer. Her career as a storyteller began in 2020 when she began telling and sharing online crime stories from her home in Shanghai. In just two years she achieved resounding success with the public, bringing her youtube channel Elisa True Crime to an incredible number of subscribers. From this experience was then born a podcast of the same name that managed to top all the streaming charts, surpassing far more popular voices.

**ARIANNA GNUTTI**  
**SE BASTASSE L'AMORE**

*Prefazione di Leonardo Mendolicchio*



**Because to conquer anorexia,  
 love alone is not enough.  
 A brave and moving book, valuable for everyone.**



192 pages  
 October 2024

**IF LOVE WERE ENOUGH**  
**A True Story of Anorexia and Hope**  
**Arianna Gnutti**  
**Foreword by Leonardo Mendolicchio**

*"Arianna has decided to write her story as a desperate yet courageous mother to bear witness that defeating the monster of anorexia is possible, that hope truly is the last thing that must die, and that mothers, fathers, grandparents, and all family members are agents of change who must become an example for the society around us" from the foreword by Leonardo Maendolicchio*

Maria Beatrice, the author's daughter, falls into the abyss of anorexia at the dawn of adolescence. At thirteen, on the brink of death, she is admitted to the Intensive Care Unit. Thus begins a long journey of pain, suffering, and resilience, within the world of psychiatric illness—a dark and unfamiliar realm, difficult to imagine unless experienced firsthand. These pages tell the story of a mother striving to recognize and interpret her daughter's symptoms, shifts, language, and behaviors. It is a gripping and touching account of a journey through hell, where love and support, as well as the solidarity of other mothers facing the same situation, are never lost. Arianna Gnutti narrates the challenges in accessing treatment, as well as the invaluable and essential medical and healthcare personnel. She delves into the mental mechanisms that drive young women to risk their lives, the inner strength required in dark times, and the hope that sustains lives and daily battles.

**Arianna Gnutti** worked as a journalist before becoming the head of communications for an Italian luxury company. After the birth of her daughters, Maria Beatrice and Adelaide, she embarked on a new path as a lecturer at the Catholic University and the University of Brescia, where she currently teaches courses in English Language and Communication. She holds degrees in Pedagogy, Foreign Languages and Literature, and Science and Technology of Arts and Entertainment.

ANDREA FERRARI - FEDRO PECCATORI



Nella **TERRA**  
di **MEZZO**

*Storie di giovani malati di tumore*

PIEMME



PIEMME

288 pages  
September 2024

## IN THE LAND BETWEEN

### Andrea Ferrari, Fedro Peccatori

#### Edited by Edoardo Rosati

Adolescence is, of course, a difficult age, ripe with doubts, challenges, discoveries. It's the age of questioning yourself, the time of overwhelming waves of enthusiasm and restlessness. But what if, right in the middle of this emotional whirlwind, you are diagnosed with cancer and forced to stop in your tracks instead of spreading your wings?

As medical research progresses in giant strides, young people coping with cancer risk finding themselves stuck in limbo, in between pediatric and adult oncology. Patients needing specific treatment plans battle with delays and challenges in finding the right treatment center, and are often excluded from gold standard therapies. Two world-class oncologists recount the decision on the part of the scientific community to focus on the treatment and the specific challenges faced by young cancer patients, linking their own clinic and human experience to the direct, true, and touching voices of the patients themselves – a long, uncertain road shared side by side by patient and caregiver. A keen analysis of the present situation and of future opportunities.

**Andrea Ferrari** is pediatric oncologist at the Istituto Nazionale dei Tumori [National Cancer Institute] of Milano and co-chair of Medical Oncology and Hematological Oncology at Università degli Studi in Milan. He is considered the founding father of adolescent and young adult oncology both in Italy and the world. **Fedro Alessandro Peccatori**, a specialist in Medical Oncology and OB/GYN, has been head of the Fertility and Procreation unit in Oncology at the Istituto Europeo di Oncologia (IEO, European Oncology Institute) of Milan. He is a pioneer of «onco-fertility» in Italy – specializing in affording cancer patients the chance to have children. **Edoardo Rosati**, MD, is a journalist specialized in medical and scientific communication. He has collaborated with all RCS periodicals for the healthcare sector and is the author of several essays of scientific popularization.

*The land of the in-betweens is a strange place, and a hard path to tread. It is a humbling experience requiring the patience to find the right direction, the right pace, the right lightness of step. This book is meant is a guide for healthcare professionals, teaching them to tread lightly on this path, with wisdom, creativity, and perseverance. from the preface by Alessandro Baricco*



176 pages  
January 2025

## NOT IF BUT WHEN

### Cancer: today's therapies, tomorrow's cures

#### Maurizio Scaltriti

A true handbook to learn how to cope with the disease, but most of all a message of hope, explaining in simple and clear-cut terms what cancer really is, what therapies are available in the present and – even more importantly – what cures will be available in the near future.

*"A child being born today has a one in two chance to develop cancer if he is a boy, and one in three if she is a girl. Why am I imparting this terrible news? Not to scare you, but to normalize cancer. And this also means taking away the painful stigma that also accompanies this illness. Things are better compared to a few years ago. Of course, if someone had the cure in their pocket, they would probably become the richest person on earth. Will people continue to develop cancer? Yes, but medical research is perfecting advanced therapies for all kinds of tumors, and many are multi-faceted".*

**Maurizio Scaltriti** is an internationally renowned researcher and a pioneer of translational medicine as applied to oncology. He started his career with a Ph.D. in Molecular biology and had his first professional experience at the Vall d'Hebron Hospital in Barcelona, already a state-of-the-art facility in state-of-the-art cancer therapies. He then transferred to Mass General Hospital, Boston (Harvard Medical School) and finally joined to prestigious Memorial Sloan Kettering Cancer Center in New York, where he was associate professor and associate director for translational medicine. Since October 2020 he has been head of the Department for Translational Medicine in Research & Development in Oncology at AstraZeneca. He has published over 150 studies on international journals, with over 25,000 citations of his work.

**A recognized authority in medicine, explains how to battle and overcome cancer, illustrating all the new forms of therapy and drugs**



**“May humanity become spherical again, that is, truly human.” — Oscar Di Montigny**

An economy led by entrepreneurial minds, embodied in social hearts, and inspired by ecological souls.

A cultural, social, scientific, economic, and technological approach placing the human being back at the center, fostering wonder for life and deep gratitude for its beauty.

## SPHERISM® and SPHERICAL ECONOMY®

### A new grammar of human society to re-enchaut the world

#### Oscar Di Montigny

#### **Toward a more human, conscious and transformative economy**

Spherism is a social movement, a groundbreaking paradigm redefining our relationship with ourselves, other living beings, the planet, and its resources.

A vision addressing the dystopias of our time: globalization, digitization, robotization, inequality, and surveillance policies. A response to crises demanding a redefinition of humanity’s value system: environmental, climate, geopolitical, financial, economic-social, health, educational, and generational challenges.

Spherical thinking is not just an analysis of crises but an invitation to metanoia: a mindset shift inspiring responsible actions and a new equilibrium.

With the three-dimensional model of Spherical Economy®, this book goes beyond Circular Economy: not just reducing, recycling, recovering, renewing, regenerating, and retraining, but re-birthing, re-vitalizing, and re-humanizing. It aligns with the UN Sustainable Development Goals and respects fundamental rights and freedoms.

The Spherical Economy® restores the central role of human beings, emphasizing individual and collective responsibility. We are free to act but must answer for the consequences.

The book explores the Fifth Industrial Revolution, highlighting human-machine cooperation and its ethical and philosophical dimensions. The tension between the technological progress and the common good can only be resolved through the Spherical paradigm, which harmonizes innovation with human dignity and ecosystem balance.

**This Manifesto is merely a beginning: every person, enterprise, and government must nurture and spread the principles of Spherism so that tomorrow is not a tired replication of today’s contradictions but the dawn of a new civilization.**

**Oscar Di Montigny** is an innovator, entrepreneur, and author known for pioneering business, innovation, technology, and sustainability integrated with philosophy, art, and science. A visionary leader in ethical and regenerative economy, he is the author of bestsellers including *Il Tempo dei Nuovi Eroi*, *Gratitudine - La rivoluzione necessaria* (Mondadori Electa), *Un Nuovo Equilibrio* and *6X2. Sei brevi lezioni da due maestri del marketing*, written together with Oscar Farinetti.

*“Complexity is the new frontier of the economy: a challenge that requires three-dimensional and inclusive models.”*

Francesco Perrini (SDA Bocconi)

Leading thinkers engage in these discussions, including Jill Lepore (The New Yorker), Andrew Winston (Harvard Business Review), Elizabeth Kolbert (The Sixth Extinction), Rebecca Solnit, Thomas Piketty (Capital and Ideology), and Nobel Prize-winning economist Joseph Stiglitz (The Road to Freedom), who emphasizes that true freedom comes through equity, social justice, and sustainability.

In 2025, SDA Bocconi will recognize the scientific and economic contribution of his approach with a position paper.





**MONDADORI** 192 pp  
Jan 2025

**IT'S TIME TO GO FOR IT!**  
**Francesca Amara**

An interactive guide to modern dating. In each chapter, you'll find stories, tips, exercises, and "rules" to help you prepare for a first date in the best possible way, even for the worst-case scenarios. You'll also have the chance to reflect on past dates to understand what worked, what went wrong, and how to adjust your approach for better results.



**MONDADORI** 224 pp  
Sept 2024

**THE READER'S CLUB**  
**Ilenia Zodiaco**

A simple and effective guide to "catalog" our readings and keep track of them through reading sheets to fill out and preserve as a precious personal archive. A reading journal is a special diary: it entrusts books with the story of ourselves. It's like listening to someone who knows us describing who we are; it can be surprising to discover the thoughts and reflections of the person we once were.



**MONDADORI** 144 pp  
Nov 2024

**IT CAN ALWAYS GET WORSE**  
**Gra.phichette**

A de-motivational journal to fill out on all those bad days, when you just want to complain and affirm your sacred right to feel like crap.



**MONDADORI** 224 pp  
Nov 2024

**A JOURNEY TOWARDS PREGNANCY**  
**Maria Grazia Terreni**

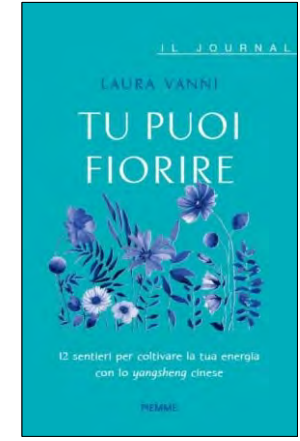
MetaConception and Conception: discover how to physically and mentally prepare yourself to welcome the baby you desire into your arms. Conception is a beautiful word that comes from the Latin words cum and capere, meaning 'to take in or embrace.' The etymology of the word refers not only to physically taking in but also to embracing in imagination (to conceive and envision), in the intellect, and in the soul.



**PIEMME** 224 pp  
Oct 2024

**A YEAR TO REBIRTH: 365 QUESTIONS TO REDISCOVER YOURSELF**  
**Virginia Gambardella**

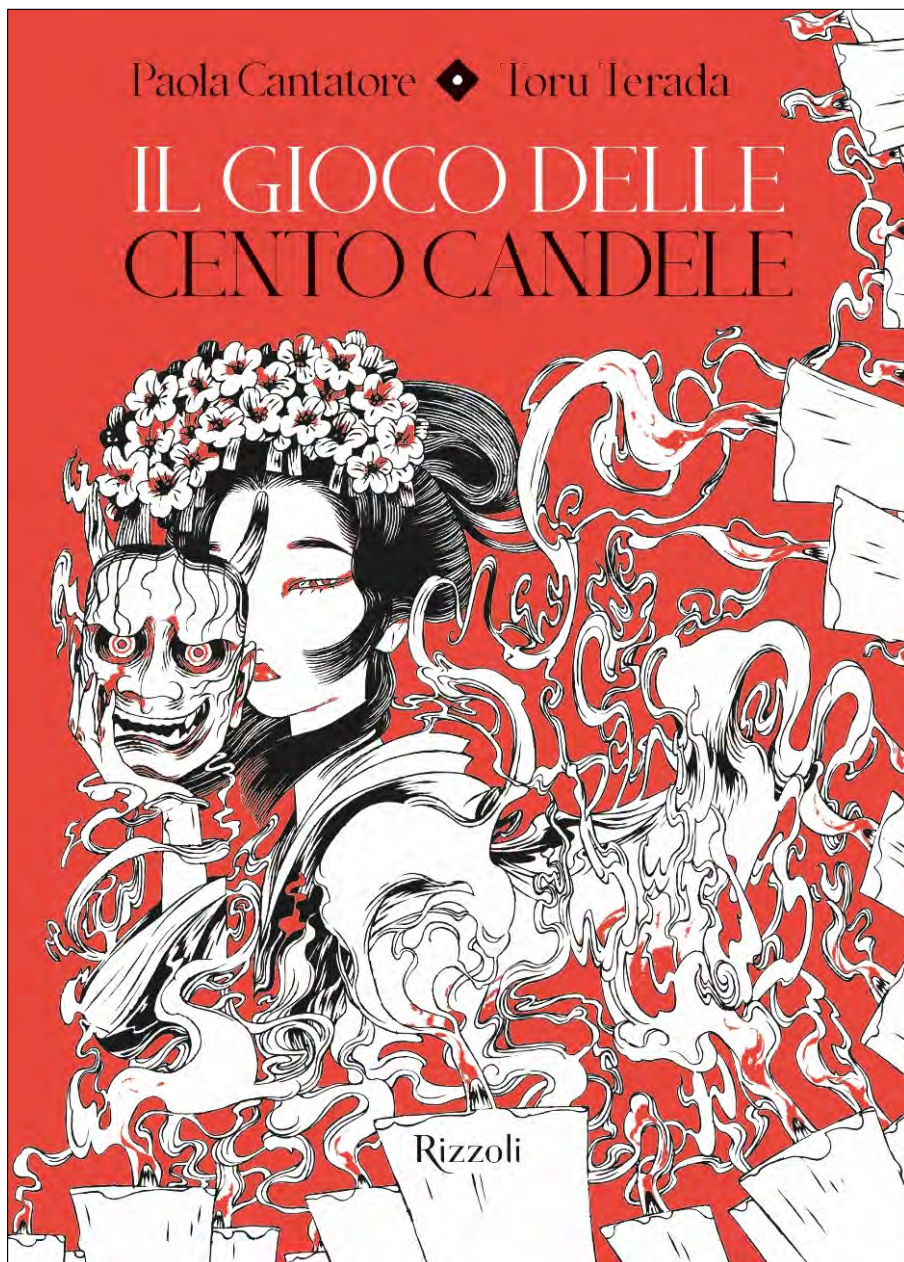
An interactive journey of daily reflections, blank spaces to fill, and moments of authentic introspection. The author proposes 365 questions. With its circular structure, this journal aims to help the reader dig deeper and deeper to find their truth. The order of the questions is not random. Imagine it as a descending spiral to be followed through to the end: day by day, question by question.



**PIEMME** 224 pp  
Oct. 2024

**YOUR DIARY TO THRIVE**  
**Laura Vanni**

A precious weekly journal based on the ancient tradition of Chinese yangsheng, the art of nurturing every aspect of life, from breath to emotions, nutrition to relaxation, movement to connecting with nature. A companion for your days that will guide you through a twelve-month journey that you can begin at any moment in your life



**A perfect blend of Japan and horror. A thrilling experience blending the allure of Japanese culture and horrific atmospheres in a collector's edition and object-d'art. A sophisticated object-d'art, with refined illustrations by Toru Terada, a Japanese artist bringing together elegance and pop, capturing the uncanny and the mystery of Japanese culture.**

**MONDADORI**  
ELECTA

416 pages  
October 2024

Foreign rights  
sold:  
**WORLD  
ENGLISH**

## THE GAME OF ONE HUNDRED CANDLES

The dark side of Japanese lore

**Paola Cantatore, Toru Terada**

The spirit of a woman thrown into a well returns to haunt the living. A man turns into a demon to feed on unburied bodies. A beautiful girl attracts men to the bottom of a river so she can devour their hearts. A fox with nine tails appears in front of a stone carrying a curse: those who see it will then see nothing more, and never return to tell the tale. A broken promise exacts the highest price. A blood-thirsty ghost killing all those who were the cause of its wrath. A giant spider lurking in the dark, waiting to pounce and tear you apart with its huge fangs. A burning passion costing eternal damnation. A cursed kimono kills all those who wear it. A mysterious monk hiding a dark secret. An abandoned temple swallowing whole those who enter... Ninety-nine stories told in a dark moonless night; ninety-nine scary stories, each lit by just one candle doomed to be extinguished. A test of courage, an ancient tradition that may bring about an even greater horror.

Are you ready for the Game of the Hundred Candles?

A journey into ancient Japanese legends. A collection of stories from Japanese lore. The collection is based on an ancient ritual of samurais, called Hyakumonogatari Kaidankai, a test of courage in which the warriors gathered in a room lit by one hundred candles and told scary stories. At the end of each story, a candle was extinguished.

**Paola Cantatore** born on 29 July 1979, studied Eastern Languages and Culture at the University of Naples and at Ca' Foscari, Venice, specializing in Japanese. At twenty-three she moved to Tokyo to perfect her language skills and complete her academic curriculum. She works as a translator, editor and copywriter, and teaches at the Department of Foreign languages at the University of Ferrara.

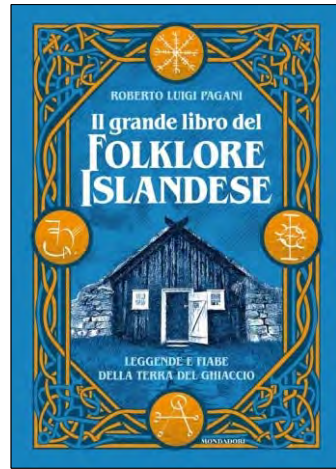
**Toru Terada** was born on 28 March 1967 in the Prefecture of Shizuoka, and moved to Tokyo after his diploma. He became an assistant to the mangaka Atsuji Kamijo, working with him for a decade. He made his solo debut with Little World, a full-color manga created for France with a script by screenwriter Jean-David Morvan, published for the first time by Dargaud in 2005. For Japan he illustrated the black-and-white mystery series Number 8 in Oiwake-tyo.



**MONDADORI**  
ELECTA 528 pages  
May 2025

## SCIENCE FICTION Sebastiano Fusco

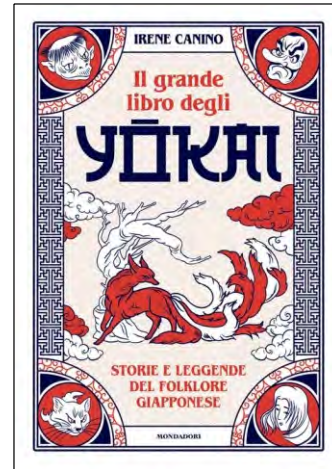
From the visionary pioneers of the 19th century to the emerging voices on today's global stage, passing through the key figures of the genre's most iconic subgenres—in this book, Sebastiano Fusco paints a comprehensive portrait of science fiction like never before. This volume is not just a chronological overview: it features rare, vintage images, along with previously unseen letters from some of the genre's greatest icons.



**MONDADORI**  
ELECTA 516 pages  
May 2024

## ICELANDIC LORE Roberto Pagani

Roberto Luigi Pagani recounts tales rooted in the ancient past of the Atlantic island, some well-known and others less familiar. The volume contains a wide collection of texts that provide access to various aspects of Icelandic history and culture, accompanied by introductory essays, commentary, and explanatory notes. It is further enriched by graphic elaborations of photographs and drawings created by the author.



**MONDADORI**  
ELECTA 540 pages  
Nov 2023

## YōKAI Irene Canino

Whether benevolent or mischievous, bringers of luck or misfortune, Yōkai and their stories are a fundamental part of Japanese literature. In her book, Irene Canino recounts the history and the stories of yōkai, their representations in mythology and art, the evolution of their narratives, the origins of ancient and urban legends. An exhaustive book, enriched by illustrations, to discover everything there is to know about yōkai.

59



**MONDADORI**  
ELECTA 564 pages  
Nov 2023

## H.P. LOVECRAFT Sebastiano Fusco

Lovecraft is considered the only author on a par with Poe, a master of the horror and the fantasy genres. His works have inspired writers, film directors, and painters. His influence spans generations. Sebastiano Fusco, has succeeded where so many have failed. His book embraces the Lovecraft universe in its entirety, retracing the full arc of the writer's life and work. A unique opus, rich in insights and resources, many brought to light for the first time ever.



**MONDADORI**  
ELECTA 436 pages  
Oct 2022

## SATAN Danilo Arona, Edoardo Rosati

The Devil has been a universal and pervasive figure from the dawn of time to our present-day lives. This book is a true multimedia journey in the universe of the Prince of Darkness, capturing each of his manifold frightening facets. An exploration taking the reader from the Synoptic Gospels to Dylan Dog, from Dante's Lucifer to Goethe's Faust, from Medieval iconography to the masterful movie *The Exorcist*.

# HYDE MAGICIAN



COME  
**FUNZIONA**  
 LA TUA  
**MENTE**



**Enigmi e rompicapi per mettere  
 alla prova le tue capacità**

MONDADORI

MONDADORI  
 ELECTA

192 pages  
 April 2025

## HOW DOES YOUR MIND WORK? Puzzles and Brain Teasers to Test Your Skills Manuel Paparella

Straight from the imagination of a renowned magician, creator, and inventor, comes a collection of puzzles and questions designed to challenge all the logical faculties of your mind. Fun challenges to test yourself, pass the time, or gift to friends who love to put their brains to the test.

Manuel Paparella known as Hyde Magician, is a magician, creator, and inventor of puzzles and magical objects, whose popularity has grown significantly over the past year.

Draft cover

# MATTOSCACCO



# SCACCO al RE

**Tutto quello che devi sapere sugli scacchi**

MONDADORI

Draft cover

MONDADORI  
ELECTA

256 pages  
April 2025

## CHECKMATE

**A chess manual for those who never managed to play Mattoscacco**

With his easy-to-follow, engaging tutorials, Mattoscacco has captivated thousands of aspiring chess players, building a community of over 150,000 subscribers.

In this book, chess is presented in a completely new way: less focus on rules and more on strategy, with the help of illustrations and diagrams to make the concepts clear and intuitive. The explanations are straightforward and accessible, perfect for anyone who's ever felt intimidated by the complexity of the game.

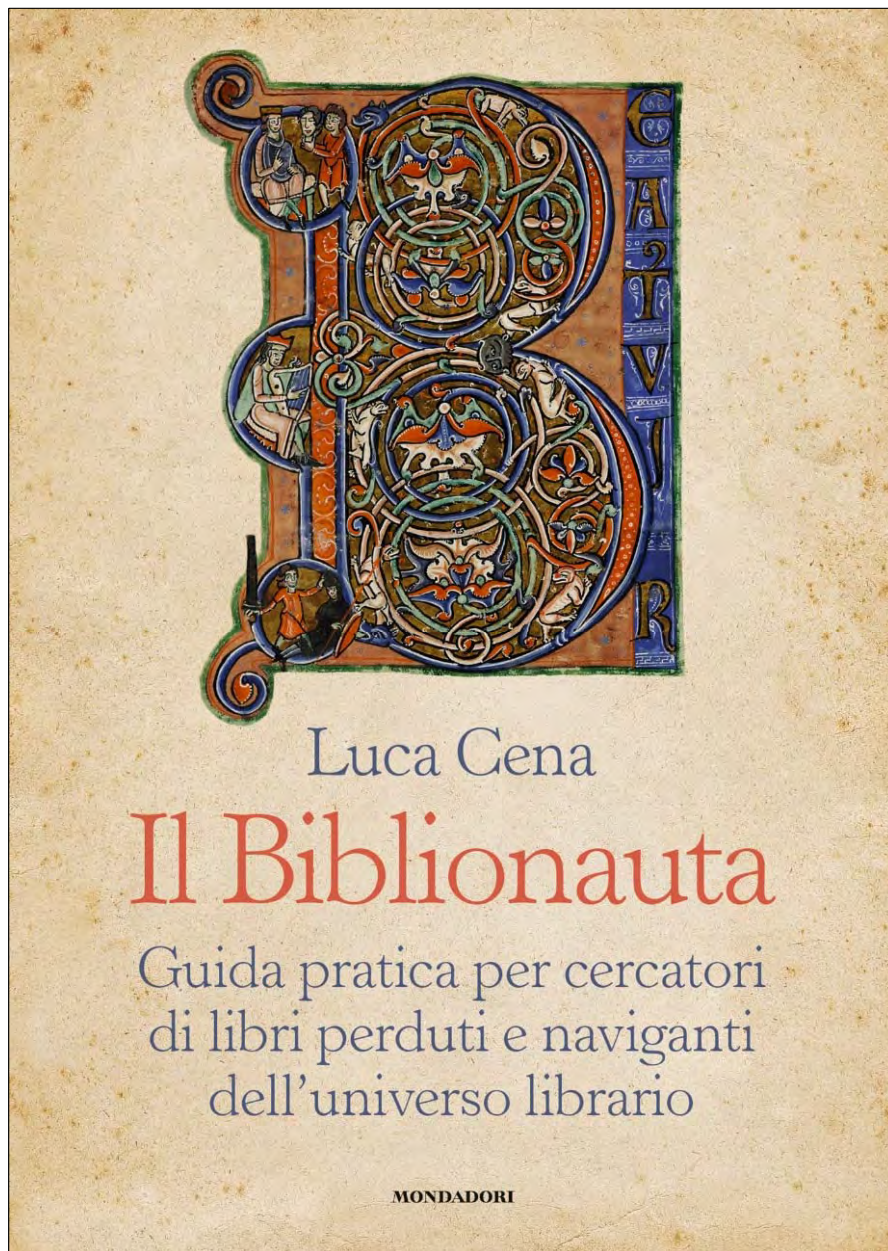
But there's more: the book also dives into fascinating chess stories, featuring legendary matches and incredible moves that have shaped the history of the game.

Why This Book?

Mattoscacco is the leading chess community on YouTube, with a fan base of over 150,000 subscribers and millions of views. Chess has seen a remarkable surge in popularity in recent years, especially among younger generations.

This guide offers a fresh, engaging approach—ideal for those who have always wanted to learn but never knew where to start.

**Mattoscacco** is Italy's largest online chess community, founded by Christian, a lifelong chess enthusiast with a passion for sharing his knowledge and making the game accessible to all.



**MONDADORI**  
ELECTA

170 pages  
November 2024

## THE BIBLIONAUT

A practical guide for hunters of lost books  
and navigators of the literary universe

**Luca Cena**

What makes an ancient book so special? What charm lies hidden between the yellowed pages of a volume that has remained on a library shelf for years, decades, or even centuries? Why is it so thrilling to hold a rare edition of a work in your hands?

Luca Cena – an antiquarian bookseller and educator, who engages a growing audience of curious minds and budding bibliophiles through his social media channels – has never stopped asking himself these questions, dedicating his entire life to books: to their dissemination, their history, and their endless stories. And of course, the books themselves could only be the protagonists of this volume, in which the author guides us through the pages of ancient manuscripts, into the labyrinth of a universe made up of authors, printers, and publishers; of ink, parchment, paper, and movable type. A world full of secrets and incredible stories, of cursed, lost, or never-existent books; of texts that hold unsolvable mysteries and languages no one has ever deciphered. Moreover, those wishing to navigate the vast sea of antique and rare books – through auctions, markets, and specialized fairs – will find useful advice here on buying and selling, as well as the tools for identifying a bibliographic rarity or a valuable edition. In short, whether you are treasure hunters or just readers hungry for bibliographic curiosities, in these pages, you will discover that all the books in the world tell a single, grand story. A story that just needs to be told.

**Luca Cena** is an antiquarian bookseller and educator. He owns a renowned bookstore in the heart of Turin, and in 2023, he talks about antique and rare books to an ever-growing audience through his social media, becoming a point of reference in his field. This is his first book.

**A tribute to books, a declaration of gratitude,  
and an invitation to welcome them into your  
life just as you would with a dear friend you  
could never part with.**



**MONDADORI**  
ELECTA

160 pages  
November 2024

## THE TRASURE HUNTER

### A practical guide to unveiling the secrets of true antiques

#### Giano Del Bufalo

If you think that being a treasure hunter is a profession reserved for Indiana Jones movies, think again. Giano Del Bufalo has turned his quest for wonder into a lifelong mission, making him one of Italy's most renowned collectors. As a gallerist Giano invites us into his *Wunderkammer* and takes us on a captivating journey through bizarre artifacts and unusual materials. But this book isn't just about curiosity and wonder: within these pages, Giano reveals the secrets of his craft, guiding us through the fascinating world of antiques. He teaches us how to recognize valuable pieces, evaluate their worth, and know where to find them. This is a practical handbook, perfect to keep with you while walking through flea markets in search of a vintage table or when clearing out grandma's basement. Full of tips, tricks, and expert insights, this accessible guide is designed to introduce even complete beginners to the enchanting world of antiques and collecting.

**Giano Del Bufalo**, born in 1987, is an art collector and antique expert. He has also conducted extensive research on esotericism and primitive art..

Every object has a story to tell, and every collector is a listener.



MONDADORI  
ELECTA

160 pages  
May 2025

## PLANTS ON THE VERANDA

The ultimate guide to growing and caring for your plants

**Ambra Pagliari**

Imagine a small green oasis right at home, where you can grow aromatic herbs, fresh vegetables, and lush flowers, even in the heart of the city or without a large garden. "Plants on the Veranda" is a practical, step-by-step guide that will help you turn your balcony into a haven of nature and fragrance. With easy-to-follow advice, this book will guide you through choosing the right plants, organizing your space efficiently, and caring for your green corner daily, all with a focus on sustainability and cost-effective solutions. Perfect for beginners and for anyone looking to create a peaceful green retreat at home, this book will show you just how easy and rewarding it is to cultivate a mini garden right within your own living space.

**Ambra Pagliari** is a passionate enthusiast of indoor and outdoor plants and the creator of the Instagram page "Piante in Veranda"

How to transform your balcony into a green paradise





Draft cover

256 pages  
April 2025

## MY JAPANESE LIFE

**Bonsai, ceramics, and Japanese gardens  
in your home**

**Tiberio Gracco**

When Tiberio Gracco first became fascinated by bonsai trees at the age of 12, he had no idea that his childhood curiosity would one day become his life's work. As an adult, Tiberio traveled across Japan, immersing himself in its culture, philosophy, and timeless beauty. Inspired by these experiences, he dedicated himself to craftsmanship, with the mission of introducing the art of bonsai and Japanese ceramics to Europe. In this book, Tiberio takes us through his personal journey, helping us discover the deeper meaning behind these ancient traditions. He explains what it truly means to care for a bonsai tree, the positive effects this practice can have on our well-being, and how a Japanese garden can bring a sense of harmony and peace into our daily lives. He also explores the significance of Japanese ceramics, unveiling their symbolic importance and the philosophy embedded in every handmade piece. Thanks to his engaging storytelling and stunning photographs, Japan will feel closer than ever—right within the comfort of your own home.

Tiberio Gracco is an entrepreneur, artisan, and Japanese culture expert, with a passion for bonsai.

**Bringing the beauty and mystery of  
Japan into your home**



MONDADORI ERECITA 216 pages  
April 2025

## HOMEMADE IS BETTER Massimiliano Lava

Practical recipes, ranging from kitchen staples to household essentials. Step-by-step instructions and clear illustrations, making the process accessible even for beginners. The introductory section covers everything you need to know to safely produce homemade foods and household items. This valuable guide will help bring the art of home production into every house, promoting eco-friendly, cost-effective, and waste-conscious habits.



MONDADORI ERECITA 192 pages  
Jan 2025

## SICK OF CLEAN Elisabetta Cincotti

This handbook is the perfect companion for anyone seeking a spotless environment with less stress and more satisfaction. "Malati di pulito" gathers tried-and-tested advice, techniques, and clever solutions from true cleaning enthusiasts. The book also provides practical guidance on assembling the perfect toolkit—from must-have cleaning products to essential equipment. Additionally, you'll find easy-to-use cleaning schedules to help you plan your daily, weekly, and seasonal routines.



MONDADORI ERECITA 176 pages  
Sept 2024

## PASSION FOR STITCHING Maria Di Pietro

From the purchase of the right sewing machine to tips to expertly wield a needle, from the simplest of eyelets to sewing patterns, from basic stitches to the actual creation of your first DIY garment. The book starts with the basics, so that even absolute beginners can progress smoothly. Every single step is further clarified by photographs and illustrations, until you will enjoy the gratification of wearing for the first time something you made yourself, with your own two hands.



MONDADORI ERECITA 192 pages  
Nov 2024

## CROCHET FOR ALL Gaia Lucchi

A book on one of today's trendiest pastimes – crochet. Giulia is ready to show us all there is to know about crochet, for both beginners and non-beginners.

From basic techniques to patterns to create garments for grownups and kids. Tote-bags, hats, shirts and skirts, but also sweaters in all sizes, scarfs and blankets.



MONDADORI ERECITA 192 pages  
Apr 2024

## THE MAGIC POWER OF LAUNDRY Anna Termopoli

With the Author, we will start with the basics, that is, how the washing machine works, and then discover the differences between the various washes and types of detergent; we will learn how to divide textiles following Anna's method and what products are essentials to treat fabrics and the washing machine; we will remove all kinds of stains and dry our garments in the most effective way.

An indispensable little guide, full of practical, quick and easy tips for having clean and always smelling clothes

MONDADORI  
ELECTA

## ROMEMANIA

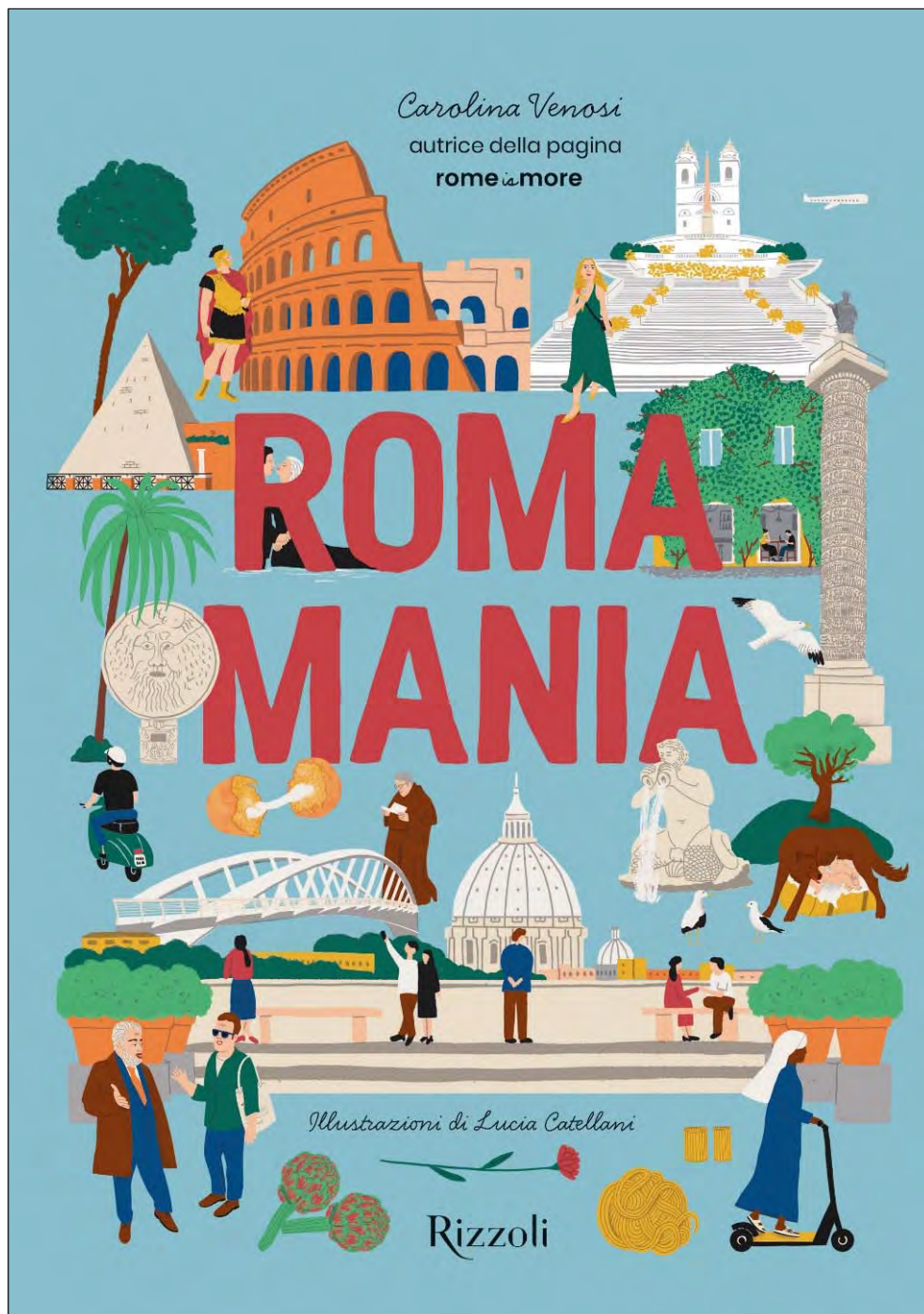
### Rome is More

224 pages  
February 2025

All things Roman. All the interesting and curious there is to know about the Italian capital.

Who can escape the spell of Rome, whether passing through, staying, seeing it on the pages of a book or as background picture on social media? But alongside its time-honored treasures, Rome hides many a new surprise and unexplored corners, all of them revealed in this kaleidoscopic book. Part of a successful collection by Rizzoli, this volume beautifully illustrates and recounts each and every facet of the prismatic Eternal City. The reader is accompanied by a unique guide – the voice of Rome is More, a hugely popular social media page exploring Rome with elan, fresh new eyes and a touch of impertinence making this book unique and a must for all lovers of the city.

**Rome is More** is a successful social media page founded by Carolina Venosi (@biondaconlasmart), an architect oriented to digital marketing and the mastermind of this social media page celebrating all things Roman. Carolina is a born and bred Roman, and already the author of the book *Veni vidi daje* (Rizzoli, 2019)



Foreign rights sold: S.Chinese, French, German, Spanish



**MONDADORI** ELECITA 224 pages  
Oct 2018 / Sept 2023

**JAPANMANIA**  
Marco Reggiani

Foreign rights sold: S.Chinese, French, Spanish



**MONDADORI** ELECITA 224 pages  
Oct 2019

**NYMANIA**  
Elisabetta Cirillo

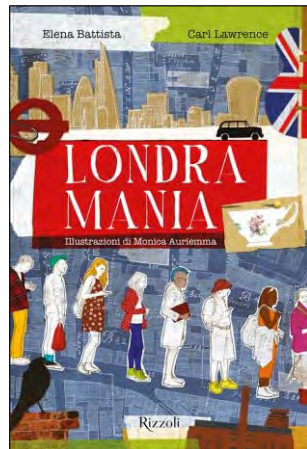
Foreign rights sold: German



**MONDADORI** ELECITA 224 pages  
Oct 2020

**CHINAMANIA**  
Giulia Zigotti

The "Mania" series: A successful series of inspirational guides dedicated to the world's top international destinations. One hundred topics, one hundred keywords, each presented in a dedicated double-page spread. Written information and vibrant illustrations are combined and blended seamlessly. An ideal toolbox for those who wish to visit Japan, China, India, New York, London, and Paris, but also a collection of curiosities, customs, quirks, history and traditions for armchair travelers.



**MONDADORI** ELECITA 224 pages  
Sept 2021

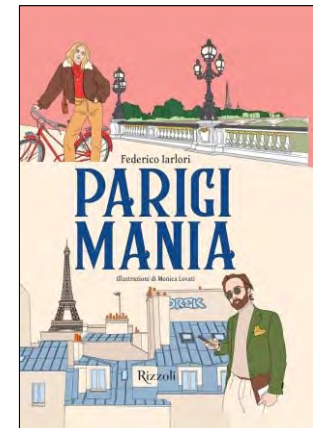
**LONDONMANIA**  
Elena Battista

Foreign rights sold: German



**MONDADORI** ELECITA 224 pages  
Oct 2022

**INDIAMANIA**  
Cristina Kiara Piotti



**MONDADORI** ELECITA 224 pages  
May 2023

**PARISMANIA**  
Federico Iarlori



112 pages  
April 2024

## PARIS IN STYLE

### In the places of Coco Chanel

#### Francesca Campioli

An immersive journey to experience Paris through the eyes of one of the most iconic women of all time. A unique way to discover the French capital, wandering through hidden corners and secret addresses that shaped the life and legend of Coco Chanel. A captivating narrative blending elegance and authenticity, for those who have been there and those who still dream of going. A bridge between past and present, where style becomes a way to rediscover oneself. As Coco once said: *"Choose who you want to be and become that woman."*

**Francesca Campioli** is a journalist, entrepreneur, and manager with extensive experience in Italy's leading publishing houses. A lifelong enthusiast of stories, style, and women's culture, she created LaMiaMe, a faceless avatar in which every woman can see herself, with a touch of lightness and irony.





MONDADORI  
ELECTA

480 pages  
November 2024

## ICHIGO ICHIE

### The way to happiness

#### Hiroshi Shoda

Ichigo ichie

一期一会

“Once, an encounter”

It all begins with these simple yet hugely meaningful words – teaching us to treasure the uniqueness of each moment life brings us. This book is a veritable repository of tales, traditions, and festive rituals from the Japanese calendar; day after day we will find a precious something to savor and share, new food for thought and for personal growth. Enjoy the book, and discover the Japanese secret for happiness!

**Hirohiko Shoda** was born in Nara, Japan, in 1977. He graduated from the most prestigious culinary academy in Japan, specializing in Italian, Japanese and international cuisine. He worked in Osaka in high-end restaurants and then in Italy, as a chef at Le Calandre, Padua, a 3-Michelin-star restaurant. A teacher and the author of several successful books, chef Hiro is well-known for his television and radio shows, and for the contests posted on his social media and followed by thousands of loyal fans. In 2019 he was officially nominated Ambassador of Japanese cuisine in Italy.



288 pages  
May 2025

## EXPLORING THE MOST REMOTE ISLANDS

**A journey through solitude and beauty to rediscover oneself**

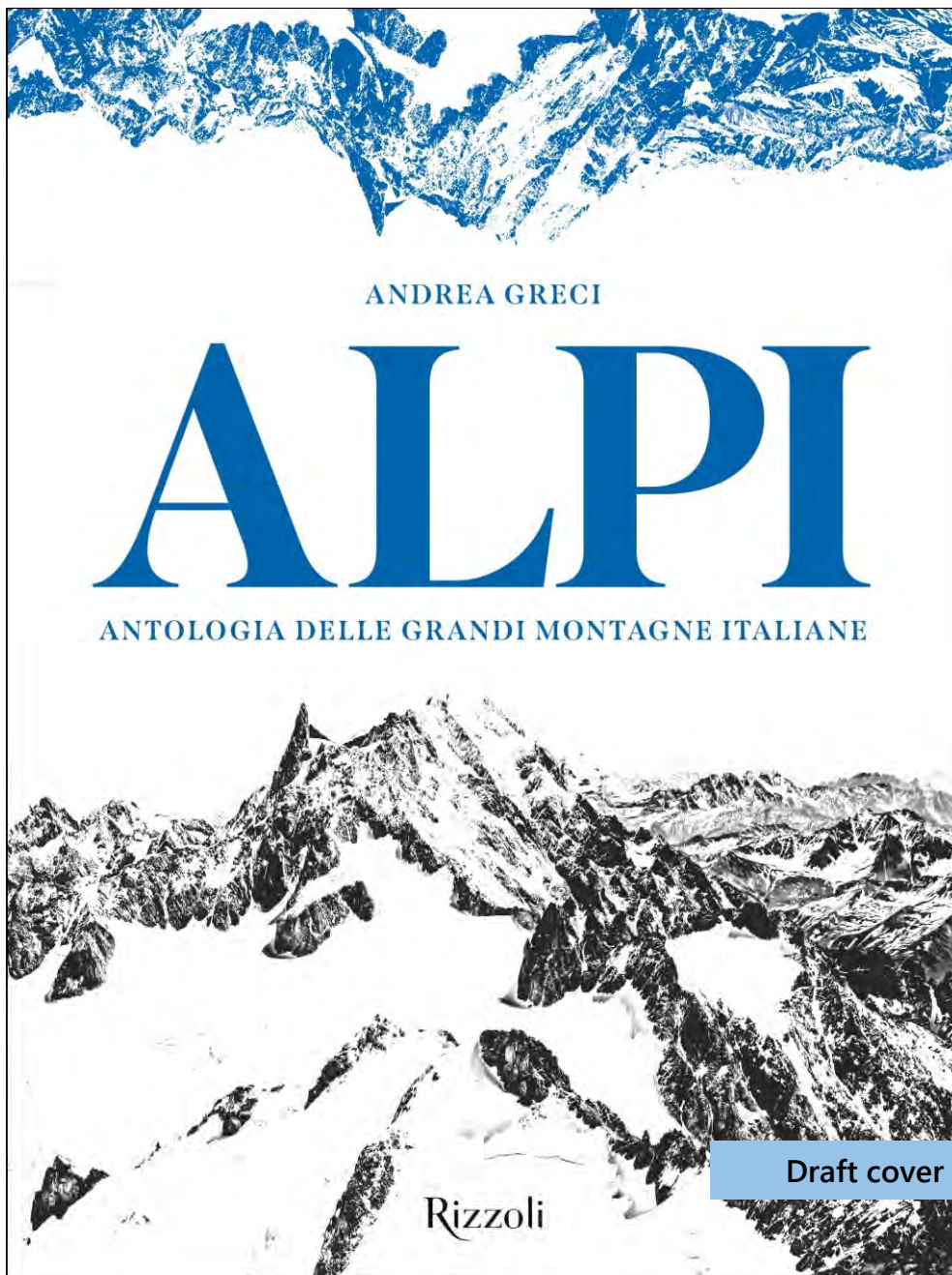
**Niccolò Banfi**

A lifelong enthusiast of photography and exploration, Niccolò Banfi was working in marketing in Milan until just a few years ago. Then, after COVID and the isolation that came with it, he felt the call of the oceans and the distant lands untouched by mass tourism, embarking on a journey of discovery and adventure. Through the unique opportunity of Bark Europa, voyaging around the world aboard an old three-masted Dutch sailing ship, he explored some of the most remote islands on the planet, uncovering hidden corners and forgotten wonders. Starting from Easter Island in the Pacific Ocean and continuing to Pitcairn, he made his way through French Polynesia, the Gambier Islands, the Marquesas, and the Society Islands, passing through Tonga before finally reaching the Fiji Islands. Spectacular landscapes and breathtaking nature captivate the reader, transporting them into a world where emotions fill the heart and mind, thanks to Niccolò's stunning photography. A book filled with extraordinary images that inspire dreams and evoke deep emotions.

**Niccolò Banfi**, born in Milan in 1987, after a career in marketing, in 2022 he felt the call of the oceans and untouched lands and began his expeditions. His project, Remoteness – Eyes to the Edge, aims to document the world's most remote islands from an environmental perspective. In February 2022, aboard a Dutch sailing ship, he crossed the South Atlantic from Ushuaia (Argentina) to Cape Town (South Africa). In 2024, he embarked on a journey across the South Pacific, traveling from Easter Island to Fiji.



**A magnificent journey of exploration and inspiration through the world's most beautiful islands.**



**A unique anthology of the Italian Alps, an immense cultural and natural heritage**

**MONDADORI**  
ELECTA

240 pages  
May 2025

## ALPS

Anthology of the great Italian mountains

**Andrea Greci**

For millennia, a crossroads and barrier between peoples, cultures, and ideas, the cradle of world alpinism, and an extraordinary treasure trove of biodiversity, the Alps are a unique example of how natural elements and human activities can shape an unparalleled cultural landscape that becomes a true symbol and emblem of the mountains themselves. This book dedicates a chapter to each of the great peaks of the Alps, from Mont Blanc to the Tre Cime di Lavaredo, from Monviso to Marmolada, from Monte Rosa to Adamello. Through a selection of in-depth analyses and stories it explores key events in the history of mountaineering. For this reason, the book also describes the standard ascent routes to the most significant and representative summits. Each chapter is introduced by a writer or a prominent figure closely connected to the region and the specific peak under discussion. The visual component of the book includes not only contemporary documentation but also historical images capturing the most significant moments in the history of the mountains and alpinism.

A writer, journalist, and photographer, [Andrea Greci](#) has spent years passionately documenting the Italian mountains through words and images. He has published over 80 books on the Alps and the Apennines, contributed articles and photographs to Italy's most prominent outdoor magazines, and curated the official guidebook series for the Sentiero Italia. Since early 2023, he has been the Editor-in-Chief of the official publications of the Italian Alpine Club (*La Rivista del Club Alpino Italiano* and *Lo Scarpone*).





**A glimpse into a more conscious and authentic way of experiencing nature and the mountains**

**MONDADORI**  
ELECTA

224 pages  
January 2025

## RETURNING TO EXPLORATION. New meanings of experiencing nature.

**Luca Fontana**

In this dense and thought-provoking essay, Luca Fontana sheds light on the contemporary mechanisms that shape the way we experience the natural environment. Exploration seems to be over; nature and the mountains have become mere playgrounds tailored for convenience. The author critically examines these issues while simultaneously offering a hopeful vision that opens up infinite possibilities. Drawing from years of exploration across the world's mountain ranges, particularly the northwestern Alps, his home mountains, he shares his insights and experiences with the reader. The book invites us to approach nature in a personal, deeply felt, conscious, and self-determined way. The essence of authentic exploration, captured in words and images.

**Luca Fontana** is a photographer and environmental hiking guide. After years of traveling and undertaking expeditions across the world's major mountain ranges, he now lives between the Upper Aosta Valley and the Cusian Alps, nurturing a deep and daily love for Mont Blanc. Luca develops and promotes a new and profound approach to the natural environment, particularly the mountains, one centered on respect for the land and multi-level exploration. This is his debut book.



**A motivational book on mountains as metaphor.**



Sperling & Kupfer

208 pages  
May 2024

Photo insert

## OVER THE TOP

What mountains teach us in a changing world

**Marco Confortola**

"Change is happening. But there is also the possibility of approaching it, at least in the everyday," writes Marco Confortola in this book. And the real protagonist of these pages is precisely change, which the author invites us to look at through the environment he knows and loves best: the mountains, a privileged vantage point for completing global issues - such as overheating and climate change - and a tireless teacher of life capable of revealing, with its signals, the direction the world is taking and the scenarios for which we must prepare ourselves. Because the difficulties we experience every day depend on larger problems, but we can defend ourselves. In this sense, going "beyond the summit" means understanding how mountaineering is not just a challenge to oneself, a quest for records, successes and firsts, but a way of relating to the world and an ever-changing ecosystem with respect and a spirit of adaptation. Because every change, whether positive or negative, implies a reaction, imposes a new look at things.

Marco learned this during his expeditions to the highest peaks on Earth, he learned it after the drama he experienced on K2, but also in his work as a mountain guide and rescuer, or simply by scrutinizing everyday life in the valley in which he was born and lives. Only by changing do we grow, the author tells us, and this is a valuable lesson that we can receive as a gift and apply day after day: in work, in personal relationships, in the tasks of life. We just need to go "over the top" and look at the mountains differently.

[Marco Confortola](#) is among the best-known international mountaineers. He is a best-selling author, this is his fifth book.



**MONDADORI**  
ELECTA

272 pages  
November 2024

## BEYOND THE IMAGINABLE

Stories of a mountain climber striving for perfection

**Filip Babicz**

Challenges are the essence of life for Filip Babicz and heights are his vocation. His is a story of dedication, perseverance, perfectionism, and optimism, all indispensable qualities for one battling every day with verticality and racing with time, with no safety ropes and carabiners, learning to take failure in stride and to change perspective in a split second to seize the right opportunity. A meticulous preparation and the acceptance of risk are Babicz's way to experiment the freedom of being at one with the mountain, its very own creature.

Of this and much more he tells in this book, beginning with this record climbs and his preparation and training for each challenge, to then widen the scope to his life experience, his personal way of coping with difficulties and the lessons that mountains can teach each and every one of us. Because in Babicz's words and his relationship with mountain peaks there is something mystical, the search for a way forward by cutting down to basics.

**Filip Babicz** is a born athlete, and mountains are his passion and his natural habitat. He grew up in Zakopane, Poland, at the foot of the Tatra Range, and since 2003 he has lived in Valle d'Aosta, at the foot of the Mont Blanc. Initially he focused on sport climbing, competing with the Polish and then the Italian national team, and for years participated in World Cup competitions. Since 2015 he has shifted his focus to solo world-class rock-climbing. A member of the Sezione Militare Alta Montagna, a special force in the Italian army, he trains and prepares new projects with them. He is a specialist in several different rock-climbing disciplines, from bouldering, especially in its "high altitude" version, to winter Himalayan climbing, but his favorites are fast & light speed-climbing and dry-tooling

*"As I swiftly climb a peak, unfettered by harness on a rock face or a crest, I am flooded with a feeling of extreme freedom and am totally at one with my surroundings. I am in the right place at the right time, fully in my element".*

# STEVE McCURRY

## COMMON THREADS

MONDADORI  
ELECTA

## COMMON THREADS

### Photography, Poetry, Prose

#### Steve McCurry

A creative project that blends prose, poetry, and photography to capture the essence of universal human activities. Through a series of evocative vignettes, we will explore daily routines, celebrations, work, and moments of reflection across different cultures.

The prose by some of the most celebrated authors will serve as a narrative thread, offering insight into the context of each activity, grounding it in its specific cultural setting while emphasizing its universal resonance.

Incorporating poetry will lend a lyrical dimension to the project, giving voice to the emotions beneath these activities. Short, powerful verses will weave through the visual and written narrative, distilling complex experiences into their most potent expressions.

The poetry will transcend language and culture, relying on the simplicity of human emotions—joy, struggle, hope, and love. Through carefully chosen words, the poetry will evoke the inner worlds of the subjects, inviting readers to feel the weight of a farmer's hands or the lightness of laughter shared at a family gathering.

Photography completes the project, capturing intimate moments that words cannot fully describe. Steve McCurry has a vast archive of pictures from around the world shot over the past four decades, which depict humankind's activities at their most elemental and universal. Each photograph will frame the subjects in their natural environments, celebrating both the individuality and universality of their experiences. By focusing on details—the way light falls on a weathered face, or the movement of hands at work—we will convey the beauty and dignity in everyday life. This multimedia approach will create a powerful, immersive experience, drawing audiences into the shared human journey through the lens of different cultures

**Steve McCurry** has been one of the most iconic figures in contemporary photography for more than three decades. His body of work spans conflicts, vanishing cultures, ancient traditions and contemporary culture alike - yet always retains the human element that made his celebrated image of the Afghan Girl such a powerful image.

McCurry has been recognized with some of the most prestigious awards including the Robert Capa Gold Medal, National Press Photographers Award, and an unprecedented four first prize awards from the World Press Photo contest amongst dozens of others.



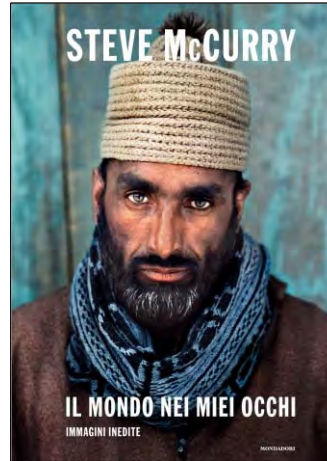
«THE TIMES»  
PHOTOGRAPHY BOOK OF  
THE YEAR 2018



**MONDADORI**  
ELECTA 516 pages  
May 2024

**STEVE McCURRY.  
A LIFE IN  
PICTURES**

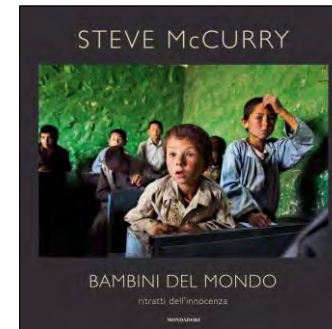
The first official biography of Steve McCurry compiled by his sister Bonnie McCurry, who has always had a very close and unique relationship with her brother, both personal and professional. The volume, collects 600 images of the photographer, over 200 of which are unpublished, and a series of documents and memorabilia of the adventurous journeys Steve has embarked upon.



**MONDADORI**  
ELECTA 208 pages  
Oct 2020

**IN SEARCH OF  
ELSEWHERE**

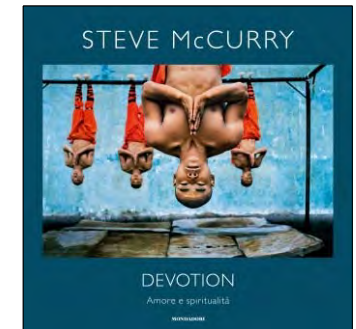
A unique collection of 100 new photographic icons by Steve McCurry never published before and covering over 40 years of his career. A complementary volume to appraise the world and human beings through 100 memorable images. McCurry's photography has always been able to narrate the disarrays and the hopes of human beings and this volume represents his definitive contribution to the history of world photography.



**MONDADORI**  
ELECTA 208 pages  
Oct 2021

**PORTRAITS OF  
INNOCENCE**

This volume is completely dedicated to childhood and children: the book will have more than 150 photographs – from his well known classics to never before published ones – taken in every corner of the globe and portraying children in scenes of every day life. A tribute to an extraordinary period of life, a gallery of surprising portraits that tell about childhood from different perspectives.



**MONDADORI**  
ELECTA 200 pages  
Oct 2023

**DEVOTION**

This powerful collection of spiritually inflected images is gleaned from the entirety of McCurry's forty-year career traveling to every corner of the globe. Reproduced in stunning color, these photographs honor the universal desire to create meaning in the midst of everyday life and offer viewers an opportunity to connect with their own spirituality — whatever form that takes.

Steve McCurry is one of the most iconic figures in contemporary photography. American Magnum and National Geographic photographer Steve McCurry is known for his compelling and evocative images that capture the human experience and the spirit of place; his 1984 portrait of Sharbat Gula, the Afghan Girl, is one of the world's most recognizable photographs.

# FABRIZIO FERRI

# FIN QUI

FOTOGRAFIA DI UNA VITA

Rizzoli

MONDADORI  
ELECTA

360 pages  
April 2025

Snapshots of life, extraordinary encounters, genuine emotions: Fabrizio Ferri tells his story through unforgettable words and images.

## SO FAR

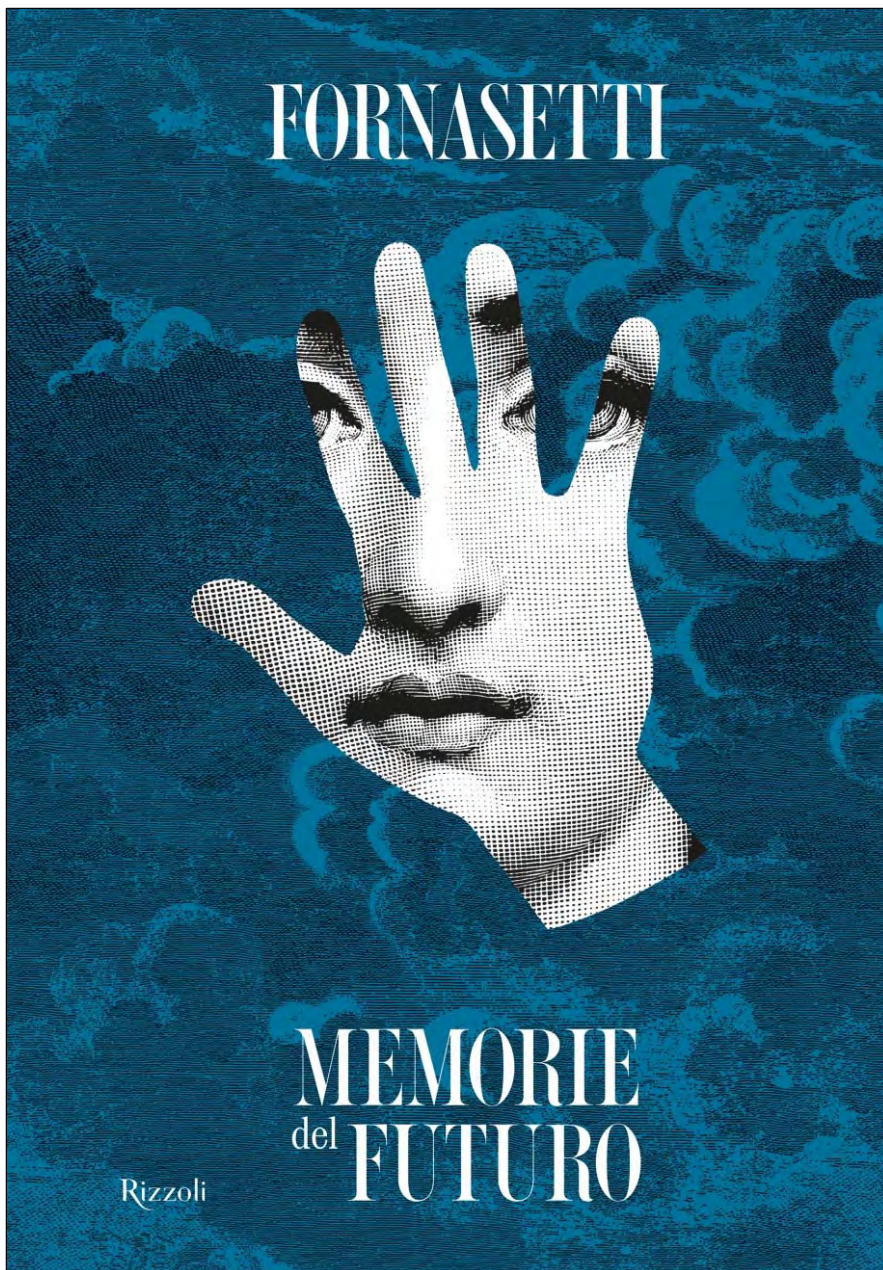
### Photographs of a Lifetime

#### Fabrizio Ferri

Fabrizio Ferri retraces what photography has meant in his life, offering us snapshots of a passionate journey, full of work experiences but also with special encounters, ever-new experiences, cherished places, and deep humanity. A young Fabrizio takes the reader by the hand, guiding them through the events that showcase the boldness of someone who looks to the future with courage and writes it, day by day, with a smile, determination, and authenticity. In this book, brimming with rhythm and emotion, photographs from Ferri's personal archive could not be left out, along with some of the most iconic portraits he has captured: a young Isabella Rossellini in New York, Sting in Pantelleria, and stunning images of Monica Bellucci, Carla Bruni, and many other legendary figures, sophisticated yet, above all, profoundly real, just like the author's approach to life.

**Fabrizio Ferri** began his career in the 1970s as a political and cultural photojournalist. He later turned his focus to the world of fashion and quickly became one of the most sought-after photographers, working with leading fashion magazines such as «Vogue», «Marie Claire», «Elle», «Vanity Fair», and «GQ». Acclaimed internationally for his sophisticated yet pure vision, he has created numerous iconic portraits over the decades and has led major campaigns for the world's top luxury brands. A true polymath, Ferri is not only a photographer but also a director, composer, writer, entrepreneur, and philanthropist.

The intimate and sincere story of one of the greatest Italian photographers of all time.



MONDADORI  
ELECTA

320 pages  
April 2024

English rights  
NOT available

## FORNASETTI. MEMORIES OF THE FUTURE

### Barnaba Fornasetti

Fornasetti is a brand that is now known all over the world, and is sought-after by international collectors. This book, made in close collaboration with Barnaba Fornasetti, who has penned the preface, traces the story of this exciting human and creative adventure. The imaginative universe that Fornasetti builds around its iconic objects and outside any conventions is unique and unparalleled. Furniture, furnishings, and objects decorated with illusionistic architectures straddling classicism and modernity, plants and animals, playing cards, landscapes, and faces—among which the well-known faces of the Tema e variazione dishes stand out—are not simple decorated objects, but microcosms that evoke stories and create sets for those stories. The book has graphic design by Atelier Fornasetti and is richly illustrated with photographs and drawings from the archive.

Born in Milan in 1950, **Barnaba Fornasetti** has been running the company founded by his father since 1988. With the same pioneering spirit, he revives its visual language by creating what he calls "reinventions", objects designed from scratch by predominantly using themes taken from the rich historical archive.

The museums that have hosted his monographic exhibitions include: Triennale, Milan, 2013; Musée des Arts Décoratifs, Paris, 2015; Dongdaemun Museum, Seoul, 2016; Palazzo Altemps, Rome, 2018; La Pilotta, Parma, 2020.

In 2017 he was awarded the MAD Visionaries! Award. He is also a well-known DJ who ignites the dance floor of the most exclusive parties during the Salone del Mobile in Milan.

*"The public explained to me that what I did was something more than decoration. It was an invitation to the imagination, to think, to escape from those things around us that are too mechanized and inhuman. They were tickets to travel through the realm of the imagination."*



MONDADORI  
ELECTA

288 pages  
October 2024

## THE DUOMO OF MILAN

### History, art, and wonders

#### Veneranda Fabbrica del Duomo di Milano

The Duomo of Milan is an ever-evolving monument which deeply influenced the urban development of the city, leaving its mark on Milan's look and personality. Through stunning photographs of exhibits in the Veneranda Fabbrica archives, this illustrated book recounts the building of the Milan Cathedral since its inception, with details on materials employed, the conveying of the Candoglia marble, and its master builders, from architects to stone masons.

The art and architecture of the cathedral come to life in the drawings and photographs, the wealth of statues, the amazing stained-glass windows, the Duomo's most evocative and spectacular features. A journey through space and time alongside the protagonists of a riveting story, to fuel the curiosity of both readers and visitors and give due prominence to an invaluable artistic and historical heritage.

The **Veneranda Fabbrica del Duomo** di Milano is the historic institution responsible for the preservation and development of the Cathedral. Established in 1387, it has been safeguarding and restoring the Duomo for over 630 years. Its every-day work is articulated in several different areas, including the marble quarry of Candoglia, the Museum of the Milan Cathedral and the Duomo Archive-Library.

**An evocative, richly illustrated book accompanying the reader to the discovery of the Milan Cathedral and its secrets through the materials preserved in the Veneranda Fabbrica archives.**





## A PRIVATE GLOSSARY

### Stefano Boeri, Amos Gitai

288 pages  
October 2024

The Milanese architect and the Israeli director in a volume that delves into family memories and reflects on the world.

Reconnecting the threads of a dialogue that began in 2017 and was consolidated in 2020 during the pandemic, Boeri and Gitai, two great intellectuals of our time, whose education and professional paths are deeply rooted in architecture and reflections on space and living, tackle these themes dear to them, starting from family memories and evolving through the projects and works that have shaped their careers. Following the dialogues, an intimate and illuminating glossary retraces the personal and professional lives of the two authors. The volume delves into the biographical memories of the two authors, spanning Italy and Israel, from Gitai's artistic journey, including his 1980 documentary *The House* and his recent installation at the Architecture Biennale, which repeatedly captured the life of a house in Jerusalem over time. It also includes references to Boeri's architect mother, Cini Boeri, and the bunker house in Sardinia built for their family, to the story of Gitai's mother, born in Palestine but of Russian origin, the coexistence with Palestinians in Israel, and his father Munio Gitai, an architect trained in Bauhaus minimalism in Germany.

STEFANO  
**BOERI** / **GITAI**  
AMOS

*A Private Glossary*

Rizzoli

***Our role is to offer interpretations of reality, providing people with new keys to approach complexity.***

— Amos Gitai

## A PRIVATE GLOSSARY

### Stefano Boeri, Amos Gitai

**Stefano Boeri** is an Italian architect and urban planner. He is a professor of Urban Planning at the Politecnico di Milano and has taught as a guest professor at various international institutions, including the Harvard Graduate School of Design in Cambridge, the Strelka Institute in Moscow, the Berlage Institute in Rotterdam, and the École Polytechnique Fédérale in Lausanne. He was the editor-in-chief of the magazines "Domus" (2004-2007) and "Abitare" (2007-2011), and in 2009 he founded Stefano Boeri Architetti. His projects include the RCS headquarters in Milan (2007), the redevelopment of the La Maddalena area in Sardinia (2009), the sustainable residential towers in the Isola district, the Centre Régional de la Méditerranée in Marseille (2004-2013), the Bosco Verticale residential project in Milan (2009-2014), and the renovation of the Telecom headquarters in Rome (2015). From 2011 to 2013, he served as Milan's Councillor for Culture, Fashion, and Design, and since 2018, he has been the President of the Triennale di Milano. Among his publications are *L'anticità* (2011), *Fare di più con meno* (2012), *La città scritta* (2016), *Urbania* (2021), and *Green Obsession* (2021). He has curated numerous international architecture exhibitions and has been the creator and Artistic Director of the Milano Arch Week since 2017.

**Amos Gitai** is an Israeli filmmaker, screenwriter, and artist. Born in Haifa, he studied architecture and began filming when he was drafted as a reservist during the Yom Kippur War. After his early documentaries, *House* (1980) and *Field Diary* (1982), were censored, he moved to Paris, where he lived for ten years and continued making films. In 1992, after Rabin's election, he returned to Israel and focused on films, fiction, theater productions, documentaries, exhibitions, and lectures. His work has been showcased in retrospectives at the Centre Pompidou in Paris, the Museum of Modern Art (MoMA) and Lincoln Center in New York, and the British Film Institute in London. Since 1999, his films have been featured at the Cannes and Venice Film Festivals. Gitai has received numerous awards, including the Roberto Rossellini Award (2005), the Pardo d'Onore at the Locarno Film Festival (2008), the Robert Bresson Award (2013), the Paradjanov Award (2014), and the Luchino Visconti Award (2021). He is an Officier des Arts et Lettres, and in 2018 he was appointed to the Chair of Artistic Creation at the Collège de France.

STEFANO  
BOERI / GITAI  
AMOS

*A Private Glossary*

Rizzoli



***We can write a counter-history of art.  
A story of the vanquished, of artists whose  
ideas fueled and guided the future***

MONDADORI  
ELECTA

208 pages  
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## A COUNTER-HISTORY OF ART The triumph of the vanquished Flavio Caroli

The history of art has always been written by victors, that is the artists who had the opportunity to impose their own values and priorities. But, of course, the evolution of events and ideas was never exclusively determined by them, for in fact history was often fueled by the thinking of those who, at some point of their earthly life, were dismissed as “the vanquished”.

Starting from this premise, through the recasting of milestones in the history of art, the author explores the artists, art centers, and patrons who, apparently defeated by dominant thought, are actually the “triumphant vanquished”, for their ideas and works fueled and guided the evolution of their field.

Controversial, forgotten or underestimated artists: once again Flavio Caroli explores the shadow line that has always been the focus of his interests. Artists such as Lorenzo Lotto, Giuseppe Maria Crespi or Filippo de Pisis, misunderstood by their contemporaries or by art critics; art centers such as Renaissance Mantua or early-Nineteenth century Milan, obscured by “trendier” cities or by the ups and downs of patrons such as the Farnese. And shows how artists and works that were apparently defeated actually realized their vision and created ideas that would influence the future.

**Flavio Caroli**, a historian of modern and contemporary art, was born in Ravenna in 1945. After his studies he started an academic career that brought him to a chair in the History of Modern art, first at the University of Salerno, then in Florence and finally at the Polytechnic and IULM in Milan. He has focused his research on the introspective current of Western art, with numerous publications and exhibitions. He has collaborated with the cultural desk of several newspapers, including «Corriere della Sera» and «Sole 24 Ore». His books include: *L'anima e il volto* (1998), *Il volto e l'anima della natura* (2009), *Il volto dell'amore* (2011), *Il volto dell'Occidente* (2012), *Anime e volti. L'arte dalla psicologia alla psicoanalisi* (2014), *Il museo dei capricci. 200 quadri da rubare* (2016). In 2023, with Solferino, he published *Storia sentimentale dell'arte. Un'educazione alla bellezza*.



MONDADORI  
ELECTA

224 pages  
November 2024

A personal atlas of beauty, from ancient to contemporary works of art, revealing unexpected juxtapositions and surprising parallels. To speak of art, photography, and cinema to a wider public.

## THE WORLD DOES NOT DESERVE THE END OF THE WORLD

Stories, art, and other wonders

Baravelli Maria Vittoria

What is it that truly captures our imagination in a work of art or its reproductions?

Beauty commands admiration, which makes it instantly recognizable, for at least once in our lives we have all felt compelled to stop and stare at something beautiful. The first and essential rule of beauty, impermeable to time and change, is that it must be gazed at.

Umberto Eco said that reading a book or contemplating a work of art triggers a sort of "retrograde immortality", which allows the reader or observer to experience what was felt and seen by the author and artist. This little magic allows us to live in times before us, and even to long for them.

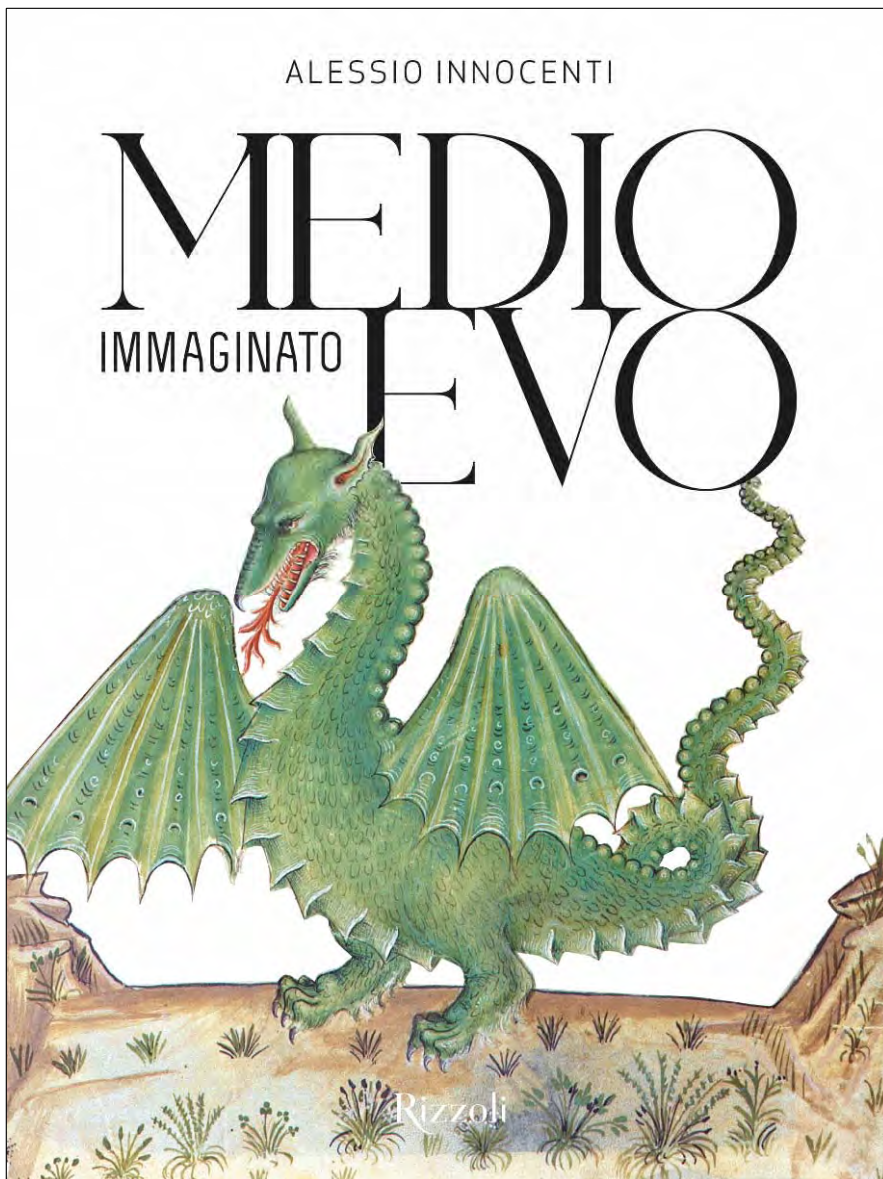
This debut book by Maria Vittoria Baravelli, an exceptionally young curator and scholar of art and photography, is a journey into beauty and the lives of works of art that have never stopped speaking to us.

Though an exemplar of the drive and reach of social media, which launched her and widened the sphere of her authoritative voice, Maria Vittoria Baravelli remains a staunch believer in the importance of experiencing art in the first person, of falling directly under the spell of timeless masterpieces that make museum irreplaceable treasure-troves.

**Maria Vittoria Baravelli**, born in Ravenna, is a curator of art and photography exhibitions, and a self-defined art sharer, employing social media to share art, photography, films, exhibitions and installations. A passionate and eclectic reader and omnivorous scholar of all artistic periods, though still in step with the times, she has the gift of bringing to the fore the correlation between apparently far-removed art works and features. She is a member of the board of the Art Museum in Ravenna and artistic director of Palazzo Velabro, a design hotel in Rome.

***Beauty will save the world, it's true, but we also must find a way to save beauty.***

***And this we should safeguard the stories that we are***



MONDADORI  
ELECTA

224 pages  
March 2024

## IMAGINARY MIDDLE AGES

### Alessio Innocenti

Centuries later, the Middle Ages still fascinate us and are a constant source of inspiration for art, literature, films and tv series, whether depicted as an age of darkness and decay or as a fantastical world inhabited by dragons, story-book figures, and riveting mysteries. All these «takes» on the medieval era have influenced and still influence our way of seeing this historical period.

In an article, Umberto Eco identified ten ways of imagining the Middle Ages, introducing a new dimension for an era that ceases to be simply historical to take on the contours of a fable, of the indefinite, of «Once upon a time»...

In the chapters of this book introduce us to this various «Middle Ages», plural, through the visual aids of our collective imagination; photographs, paintings, architecture, film stills.

Sorcerers and knights, monsters and skeletons, castles and cathedrals, fairies and princesses, religion, and superstition.

A journey through places, art works and icons of a historical era so often resembling a fairy-tale.

**Alessio Innocenti** majored in Medieval Archeology at the “La Sapienza” University in Rome. He has turned Internet channels, especially Instagram and TikTok, into vehicles for cultural communication, mainly focusing on the art, the history, and the archeology of the Middle Ages, the subject of his reels [#unminutodimedioevo](#).

*A journey through places, works of art, and images of a historical era that often takes on the characteristics of a fairy tale*



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