



QUIRK

NONFICTION RIGHTS GUIDE
LONDON BOOK FAIR 2023



To register interest: rights@quirkbooks.com

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Parenting:

Before You: A Book by Me, Your Parent, from a Time When You Didn't Exist

Unplug and Play: The Ultimate Illustrated Guide to Roughhousing With Your Kids by Anthony T. DeBenedet, M.D. and Lawrence J. Cohen, Ph.D.

Literary & Feminist Histories:

The Darcy Myth: Literary Heartthrobs and the Monsters They Taught Us to Love by Rachel Feder

Toil & Trouble: A Women's History of the Occult by Lisa Kröger & Melanie Anderson

Monster, She Wrote: The Women Who Pioneered Horror & Speculative Fiction by Lisa Kroger & Melanie Anderson

NEW NON-FICTION FROM QUIRK

More info follows on the pages ahead!



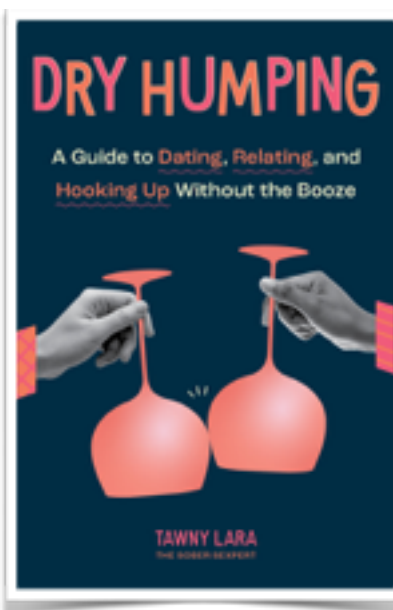
The Extraordinary History of
UFOS and Aliens Invading Our
Hopes, Fears, and Fantasies

Expert Advice for Doomsday
Situations, from the world's
best selling survival series!

Jane Austen, Literary
Heartthrobs, and the Monsters
They Taught Us to Love



Your Holistic Guide to the Best
Period of Your Life, from two
Ayurvedic wellness experts

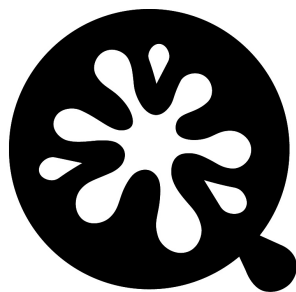


A Guide to Dating, Relating,
and Hooking Up Without the
Booze, from the Sober Sexpert



A Book by Me, Your Parent,
from a Time When You Didn't
Exist -- a new guided journal

Irreverent Reference and Histories of the Strange



QUIRK

THE WORST CASE SCENARIO SURVIVAL HANDBOOK

Apocalypse--Now What?

by Joshua Piven and David
Borgenicht

Specs:

Categories: Adult Nonfiction:
Self-Help, Survival &
Emergency Preparedness,
Humor, Parodies, Reference

Format: Hardcover, 238
pages, 2 c designed interior
with spot illos

ARC Date: May 2023

On Sale: October 2023

Target Reader:

Fans of the WCS brand

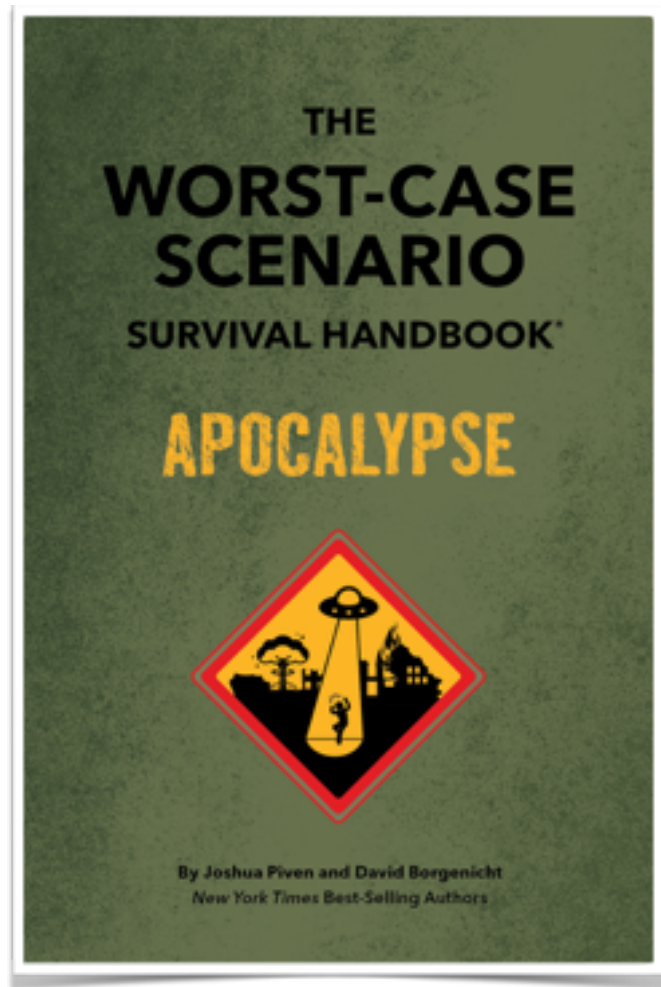
Fans of humorous apocalyptic
shows like *Don't Look Up*, *Last
Man on Earth*, and *This Is The
End*

People who want to engage
with their fears

Rights:

Rights Available: Translation,
Merch & Ancillary, Film & TV

Rights Sold: Calendar
(Chronicle), Museum
Exhibition, Tabletop & Digital
Games, Audiobook



Expert Advice for Doomsday Situations

Prepare for the end of civilization with the help of the world's
best selling survival guide series and learn how to pick
yourself up, dust yourself off, and start all over again.





Key Selling Points

- **BROAD AUDIENCE:** This latest entry will appeal to fans of humor, apocalyptic writing, and the WCS series, but will also engage readers who want to confront their anxieties in a grounded but positive way.
- **POSITIVE MESSAGE FOR DIFFICULT TIMES:** No matter what we face, there is always an answer if we stay positive and do not panic.
- **REAL ADVICE FROM REAL EXPERTS:** No matter how ridiculous the topic, primary interviews with subject experts support the advice.
- **WORLD'S BEST-SELLING SURVIVAL SERIES:** The series has sold more than TEN MILLION COPIES and has been translated widely. The last new book came out in 2019 and has sold 120,00 copies net to date.
- **WCS IS A THRIVING BRAND:** 20 years old and stronger than ever! A museum exhibition is still touring, a new WCS card game was a bestseller in 2020, and more games with global distribution are planned.

About the Book:

Here's the indispensable guide to what you can do to prepare for the **ULTIMATE** in worst-case scenarios, with humor to lighten the load. You can't panic if you're laughing.

Dozens of survival experts provide illustrated, step-by-step instructions on what you need to know before, during, and after an **apocalyptic event**:

- How to **Pack a Go Bag** in 30 Minutes
- How to **Make Your Well-Stocked Bunker Feel Like Home**
- How to **Survive an Alien Invasion**
- How to **Safely Eat Insects** and Rodents
- How to **Survive Asteroids**, Tsunamis, Supervolcanoes, and Superfloods

And many more tips for the end of the world as we know it!

About the Authors:

Joshua Piven has been chased by knife-wielding motorcycle bandits (he escaped); stranded on a chairlift during a howling blizzard (he was rescued); and torn both his rotator cuffs (he had surgery). He lives in Philadelphia.

David Borgenicht has ridden in heavily-armored vehicles in Pakistan, stowed away on Amtrak, been conned by a grifter, and has "repurposed" mini-bottles from the drink cart on Delta. He lives in Philadelphia and is the founder of Quirk Books.



Ask for more info on other titles in the million-selling Worst Case Scenario series!

WE ARE NOT ALONE

By Marc Hartman

Specs:

Categories: Adult Nonfiction - Popular Culture, Mythology, UFOs & Extraterrestrials

Format: Hardcover Journal, 1336pages, 4 c highly designed interior with archival images throughout

On Sale Date: October 2023

ARC Date: March 2023

Target Reader:

People who are interested in UFOs, aliens, and other explained phenomena

Fans of sci-fi (particularly first-contact stories) who read books like *Project Hail Mary* by Andy Weir and *Exhalation* by Ted Chiang

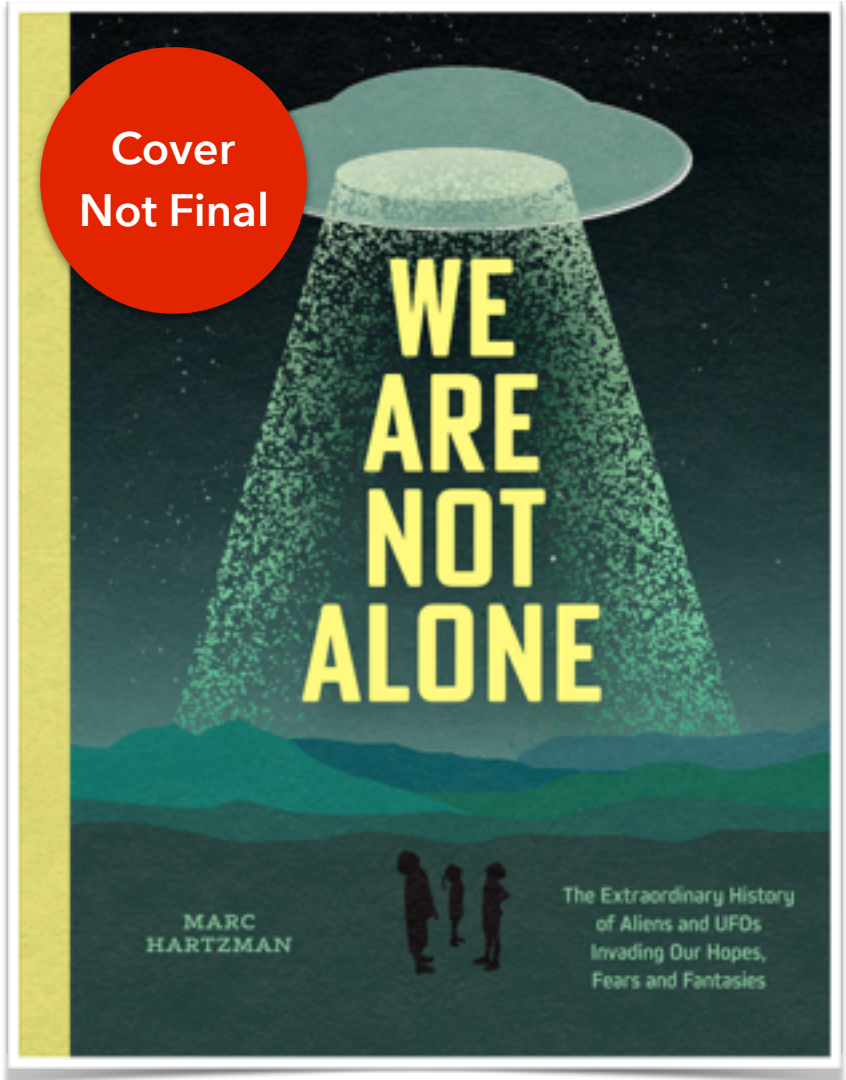
Fans of popular science who read pop sci blogs

People who peruse r/UFOs on Reddit or watch TV shows like *Ancient Aliens*

Rights:

Rights Available: Translation, Audiobook, UK/ANZ

Rights Sold: Audio under negotiation



Explore our fascination with UFOs and extraterrestrial intelligence through exclusive interviews, archival photos, and strange-but-true stories from history. Do you want to believe?



Key Selling Points

- **INSATIABLE AUDIENCE:** Fans of UFOs are hungry for content, as evidenced by the proliferation of TV shows, radio programs, and podcasts on the topic
- **NEVER-BEFORE-SEEN CONTENT:** Hartman has an astonishing ability to secure access to people, places, and documents that are typically off-limits
- **GAP IN THE MARKET:** Most UFO books are conspiracy-minded. This book has a balanced, skeptical, yet fun exploration of our fascination with UFOs.
- **TIMELY TIE-INS:** Interest in UFOs/aliens is evergreen, and you can count on their always being a relevant tie-in in the news.
- **GORGEOUS PACKAGE & ACCESSIBLE PROSE:** The full-color package contains 75 photos of UFO sightings, primary source documents, and more. Five distinct sections with chapter openers, spreads, and eye-catching sidebars make it easy to dip in.

About the Book:

After decades of cover-ups and denials, in a June 2021 Pentagon report, the government finally admitted what many people already knew: yes, UFOs are real, and no, we don't know what (or who) they are. Writer and historian Marc Hartzman separates fact from fiction and provides a comprehensive tour through the skies, including:

- **UFO sightings**, from the famous (including the Phoenix Lights and the Ariel School Incident) to the obscure
- **Alien abductions**, including the Betty and Barney Hill abduction and the Pascagoula abduction
- **Ancient aliens**, from Biblical astronauts to the alien architects behind the pyramids
- **Scientific evidence**, including the “Wow!” Radio signal and the interstellar ‘Oumuamua object
- **Cover-ups and conspiracies**, including the Roswell Incident and Area 51
- **Governmental and military reports**, from Project Blue Book to UFOs at nuclear weapons sites

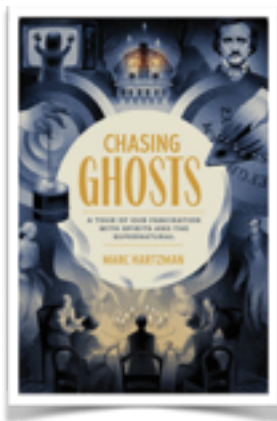
Deeply researched and highly entertaining, *We Are Not Alone* will inform and enchant anyone who's ever doubted we're really alone in the universe.

About the author:

Marc Hartzman is “one of America’s leading connoisseurs of the bizarre” (ABCNews.com) and is the author of several books, including *The Big Book of Mars* (Quirk, 2020) and *Chasing Ghosts* (Quirk, 2021). More of his love for the unusual can be found on his site WeirdHistorian.com



ALSO BY MARC HARTZMAN

*Specs:*

272 pp paperback
7 x 10, heavily
illustrated 4c
with archival
images
throughout
Sept 2021

Chasing Ghosts by Marc Hartzman

"A fascinating read for anyone who loves unique history or unsolved mysteries"--*Business Insider*

About the Book:

Every town has its local ghost stories, and countless books, movies, and TV shows are haunted by their presence. Writer and historian Marc Hartzman takes readers on a fascinating journey through supernatural history, including the supernatural obsessions of famous figures, famous haunted sites, the rise of paranormal investigators, and more. Deeply researched, this book will satisfy believers and skeptics alike.

About the Author:

Marc Hartzman is "one of America's leading connoisseurs of the bizarre" (ABCNews.com) and the author of several books. More of his love for the unusual can be found on his site WeirdHistorian.com.

Rights:

Quirk Controls: Translation, UK/ANZ

*Specs:*

256 pp paperback
7 x 10, heavily
illustrated 4c
with archival
images
throughout
July 2020

The Big Book of Mars by Marc Hartzman

"A gorgeous book with something for everyone...brimming with facts and details as well as beautiful images."--*San Francisco Book Review*

About the Book:

Mars has been a source of fascination and speculation ever since the ancient Egyptians observed its blood-red hue and named it for their god of war and plague. Since then, Mars has fully invaded pop culture, and cultural familiarity with the 4th planet continues to inspire advancements in space exploration.

This book is the most comprehensive look at our relationship with Mars--yesterday, today, and tomorrow--through history, archival images, pop culture ephemera, and interviews with NASA scientists.

Rights:

Quirk Controls: Translation, UK/ANZ, Merch

Rights Sold: World English Audio (Tantor), Polish (Jagiellonian University Press), Russian (Alpina)

*Specs:*

272 pp hardcover,
2 colors with
illustrations
throughout

October 2022

United States of Cryptids

A Tour of American Myths and Monsters by J.W. Ocker

About the Book:

Welcome to the United States of Cryptids, where mysterious monsters lurk in the dark forests, deep lakes, and sticky swamps of all fifty states. Whether you believe in Bigfoot or not, this fully illustrated compendium is a fun, frightening, fascinating tour through American folklore and history, exploring the stories we tell about monsters and what those stories say about us.

About the Author:

J.W. Ocker is an Edgar Award-winning travel writer, novelist, and blogger. His previous books include *Poe-Land*, *A Season with the Witch*, and *Cursed Objects*.

Rights:

Quirk Controls: Merch, Translation, UK/ANZ

Sold: Korean (KSI), Audiobook (Blackstone)

*Specs:*

272 pp hardcover,
2c with section
opener
illustrations
throughout

Sept 2020

Cursed Objects

Strange but True Stories of the World's Most Infamous Items,
by J.W. Ocker

"This book is so fun that I couldn't put it down."--*The New York Times*

About the Book:

Beware... this book is cursed! These strange but true stories of the world's most infamous items will appeal to true believers as well as history buffs, horror fans, and anyone who loves a good spine-tingling tale. Features international objects and tales from all over the globe.

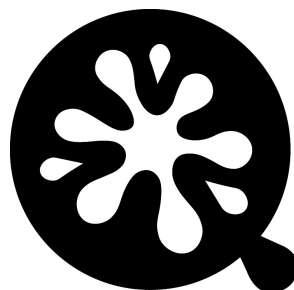
Rights:

Quirk Controls: Audiobook, Merch, Translation, UK/ANZ

Rights Sold: Audio (Tantor), Trad. Chinese (Global Group), Estonian (Eesti Raamat), French (Dargaud/Cernunnos), Korean (Miraetimes), Polish (Illuminatio), Russian (AST), Slovak (IKAR), Spanish (Planeta/Luciernaga)

Rights Sold in
Eight
Languages!

Health, Wellbeing, and Lifestyle



QUIRK

GOOD FLOW

Your Holistic Guide to the
Best Period of Your Life

by Julia Blohberger and
Roos Neeter

Specs:

Categories: Adult Nonfiction:
Body, Mind & Spirit - Women's
Health, Healthy Living,
Reference Guides

Format: Trade Paperback, 128
pages, 4 c highly designed
interior with illustrations
throughout

On Sale Date: Dec. 2023

ARC Date: June 2023

Target Reader:

Millennial and Gen Z women
interested in holistic wellness

Fans of aspirational lifestyle
and wellness influencers like
Gwyneth Paltrow and Amanda
Chantal Bacon

People interested in popular
systems and practices such as
astrology, yoga, and Ayurveda

Rights:

Rights Available: Translation,
Audiobook

Rights Sold: Dutch (Kosmos)



**This empowering
handbook helps you
develop a holistic approach
to living with your
menstrual cycle.**





Key Selling Points

- **FOR READERS LOOKING FOR CONTROL OVER THEIR REPRODUCTIVE HEALTH:** People are having big, open conversations on social media about taking control of their reproductive health as a key aspect of wellness. *Good Flow* seeks to further this kind of awareness and empower people to manage their own health.
- **CONVERSATIONAL AND RELATABLE:** Julia and Roos have a warm, approachable voice that's perfect for Millennial & Gen Z women handling tough health topics.
- **BEAUTIFUL ILLUSTRATED PACKAGE:** Soft, pretty, and aspirational lifestyle vibe.
- **TRACKERS PUT THE EMPHASIS ON MINDFULNESS OVER ACHIEVEMENT:** Rather than orienting yourself towards a specific goal, the trackers contained in the book help you stay attuned to your body and draw connections between diet, exercise, sleep, and stress management.

About the Book:

If you menstruate, you've probably experienced unpredictable cycles, mood swings, cravings, and unpleasant physical symptoms like bloating—not to mention painful cramps, trouble sleeping, and more.

Pop culture tells us to take painkillers and open a pint of ice cream, but the average person with a uterus spends the equivalent of ten years menstruating. That's too much time to feel out of control. The good news is that you don't need to.

This handbook from two certified yoga and Ayurveda teachers will give you the information and tools you need to feel your best when you normally feel at your worst. *Good Flow* contains advice on:

- **How your period evolves** over time
- **Foods and drinks that make cramping and bloating better** (or worse)
- **How to sleep** when you're uncomfortable
- **Mood management**
- **Red flags** that require a medical diagnosis

Don't settle for discomfort! **Learn how to take action no matter what kind of menstruation experience you're having** so you can feel like your best self.

About the Series:

Feel Good with this series of holistic wellness guides based in Ayurveda that help you stay attuned to the connections between diet, exercise, sleep, stress, and other lifestyle choices.

About the Creators:

Julia Blohberger and Roos Neeter are full-time yoga teachers and Ayurvedic health and lifestyle advisors trained at the Delight Yoga Academy in Amsterdam. They are the authors of gut health handbook *Good Sh*t* and sleep hygiene handbook *Good Night*. They live in Amsterdam and are fluent in Dutch, English, and German.

*Specs:*

128 pp flexibind,
highly designed
4c with spot
illos, charts,
tables, and note-
taking prompts.
March 2023

Good Night

by Julia Blohberger and Roos Neeter

For insomniacs, sleep procrastinators, and anyone who wants to improve their sleep hygiene, this friendly handbook will help you catch some rest.

About the Book:

Sleep is one of the keys to our overall well-being, and not getting enough of it can have a major impact on your physical and mental health. This handbook will help you understand the connections between diet, exercise, stress, and sleep so you can improve the quality of your rest from every angle and feel like your best & healthiest self.

About the Authors:

Julia Blohberger and Roos Neeter are full-time yoga teachers and Ayurvedic health and lifestyle advisors. They live in Amsterdam.

Rights:

Quirk Controls: UK/ANZ, Translation, Audiobook

Rights Sold: Dutch (Kosmos), Serbian (Kalipso)

*Specs:*

128 pp flexibind,
highly designed
4c with spot
illos, charts,
tables, and note-
taking prompts.
December 2021

Good Sh*t

by Julia Blohberger and Roos Neeter

It's time to talk sh*t--literally--with this relatable and conversational interactive handbook that will help you master your digestive health.

About the Book:

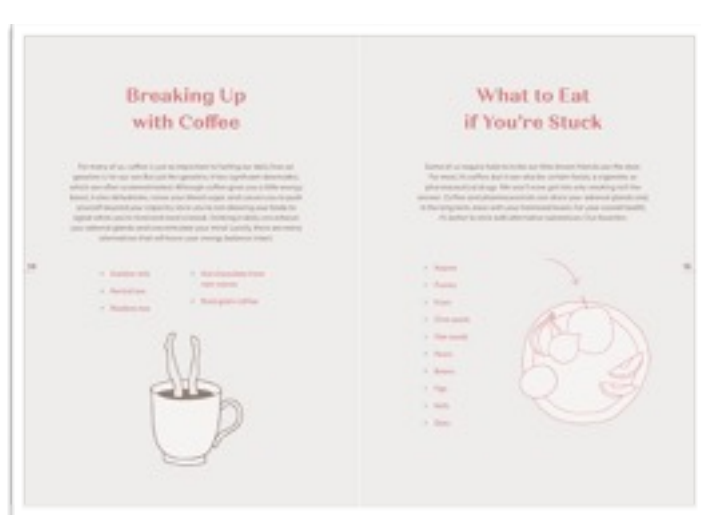
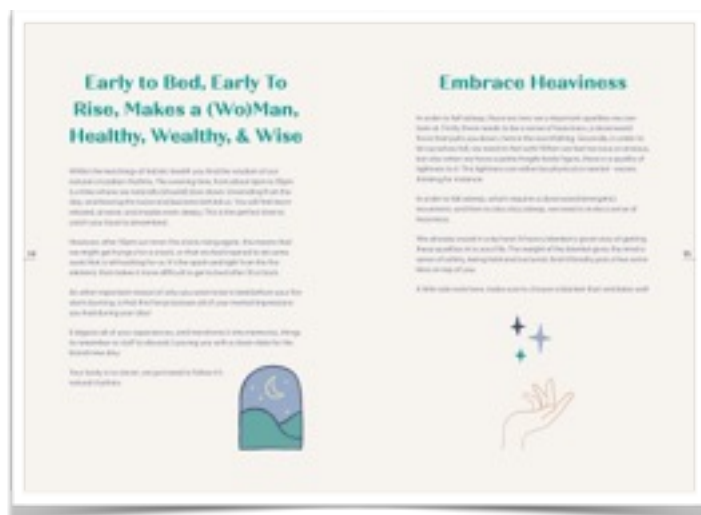
Growing up, you were probably taught that poop is gross. But just as thinning hair and brittle nails tell us if our diets are off or if we're stressed, our poop tells us all of that and more. This friendly and conversational handbook from two trained Ayurveda teachers teaches you how to **think of poop as a useful gauge of overall health** & helps you track the effects of simple lifestyle adjustments.

Rights:

Quirk Controls: UK/ANZ, Translation, Audiobook

Rights Sold: Dutch (Kosmos), Korean (Feel Books), Slovenian (Hisa)

A series of holistic wellness guides based in Ayurveda that help you stay attuned to the connections between diet, exercise, sleep, stress, and other lifestyle choices.



DRY HUMPING

by Tawny Lara

Specs:

Categories: Adult Nonfiction - Dating, Self-Help, Addictions & Recovery, Health, Sexuality

Format: Trade Paperback
Original, 208 pages, 1 color interior

On Sale Date: Sept 2023

ARC Date: February 2023

Target Reader:

Newly sober, sober-ish, and sober-curious Millennials

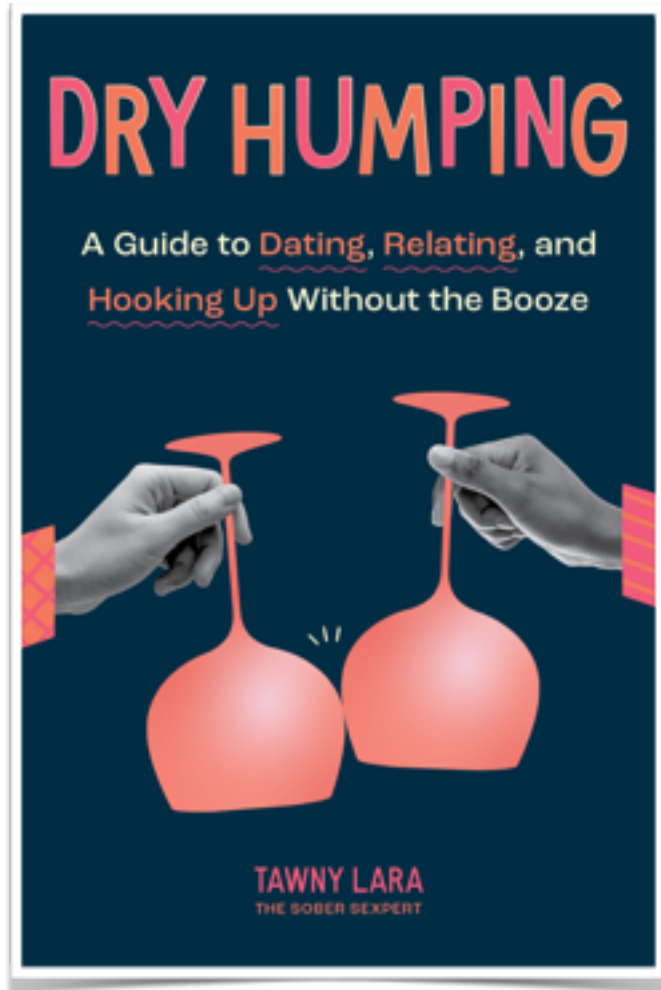
Single and partnered women looking for fresh, modern advice on dating and/or sex

Fans of "quit lit" like *Quit Like a Woman*, *Blackout* and *The Recovering*

Rights:

Rights Available: Translation, UK/ANZ/Commonwealth, Film/Television

Rights Sold: Audio (Blackstone)



A Guide to Dating, Relating, and Hooking Up Without the Booze

In this judgment-free handbook, sober sexpert Tawny Lara shows you how to replace "liquid courage" with real courage at every stage of the dating game, ultimately building stronger sexual and romantic relationships without alcohol.

Key Selling Points

- **FOR THE SOBER, SOBER-CURIOUS, AND SOBER-ISH:** Geared towards people in their 20s–40s who want to change the way alcohol operates in their sex and dating life, even if they're not interested in giving up alcohol forever or completely.
- **EXPERT AUTHOR:** Author Tawny Lara co-hosts the Recovery Rocks podcast and has written about sex and sobriety for publications from Huffington Post to Playboy. Supplementing her own expertise, sources for this book include both sex professionals and mental health professionals.
- **GROWING TREND:** More and more people in their 20s, 30s, and 40s are giving up alcohol for at least a month or two every year
- **INCLUSIVE VOICES:** *Dry Humping* includes perspectives from single people, coupled people, polyamorous people, queer and asexual people, and people from a wide range of cultural backgrounds.
- **FIRST RESOURCE OF ITS KIND:** Almost everyone who gives up alcohol struggles with the effect on their romantic life, but until now there's been no comprehensive resource to help them navigate sober dating and relationships.

About the Book:

Dating, hookups, and romance can be a huge source of anxiety and pressure. When you're intimidated or overwhelmed, it's easy to use alcohol to feel more relaxed and outgoing. But what if you no longer want to have booze in your life? What do you do on dates? How do you soothe worries and hang-ups? And how the heck do you work up the nerve to be naked with someone new?

In *Dry Humping*, you will **learn how to have better dates, sex, and partnerships** with tools like:

- Booze-free **date ideas**
- Scripts** for awkward conversations
- Interviews with experts**
- Thought-provoking **prompts**
- Perspectives** from a **diverse range** of regular people

And more!

You don't need alcohol to have a fun, carefree, fulfilling dating life—and in fact, you may find that giving up booze brings you closer to your partners and to yourself. *Dry Humping* will offer you the tools to **step away from alcohol**, for however long you want to, **while also having more fun in and out of the bedroom.**

About the Author:

Tawny Lara is an NYC-based millennial also known as **The Sober Sexpert**. Her work is featured in *Playboy*, *Men's Health*, the *Huffington Post*, and two essay collections: *Sex and the Single Woman* (Harper Perennial, 2022) and *The Addiction Diaries* (LaunchPad, 2020). She is the co-host of Recovery Rocks podcast and story developer for the Webby-award winning podcast, F*cking Sober. Visit her online at tawnylara.com



WHEN IN DOUBT, PLAY DEAD

by Ally Burguières

Specs:

Categories: Adult Nonfiction/
Gift Books - Self Help,
Affirmations, Animal Humor

Format: Hardcover, 128
pages, over 60 illustrations

On Sale Date: October 2023

ARC Date: April 2023

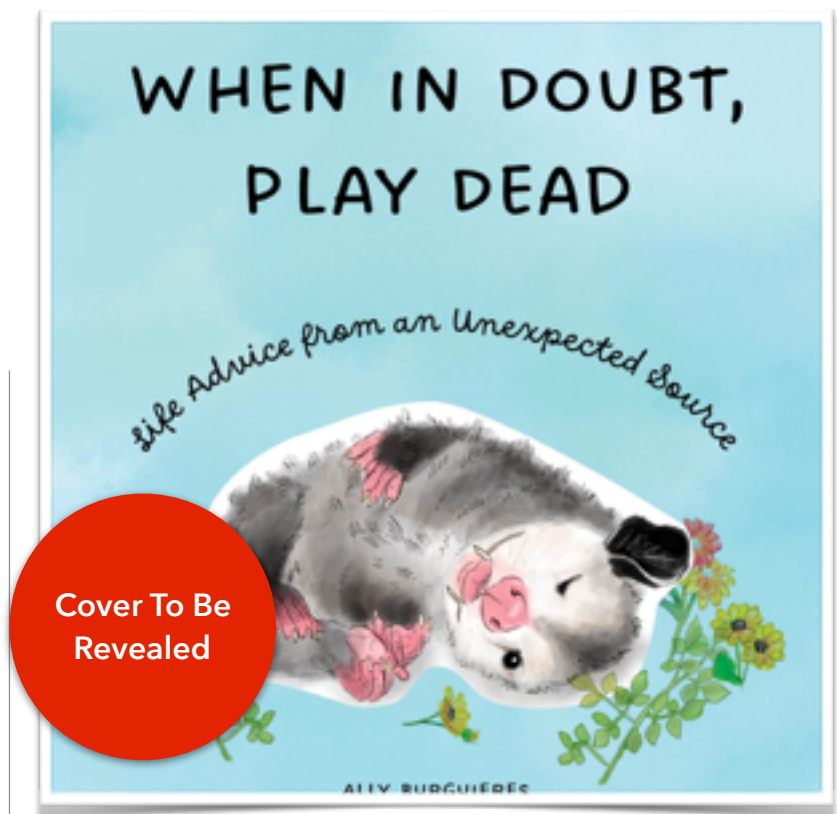
Target Reader:

- Gift-givers seeking books for graduates, animal lovers, humor lovers
- Animal lovers, especially of quirky or unusual animals
- People seeking uplifting inspiration and advice

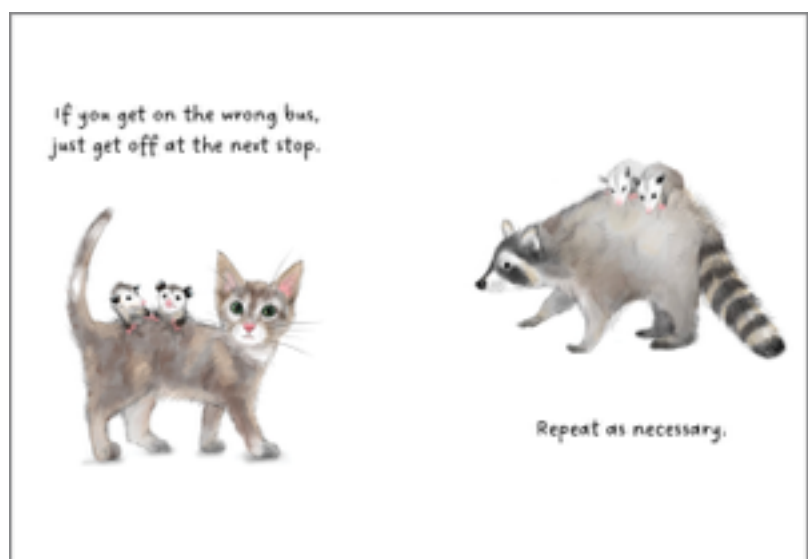
Rights:

Rights Available: Translation,
UK/ANZ/Commonwealth,
Audio

Rights Sold: All rights
currently available!



**Life advice from an
unexpected source--a
heartwarming gift book
for animal lovers
everywhere!**



Key Selling Points

- **FRESH TAKE ON POPULAR CATEGORY:** This is the perfect book for readers of quirky animal humor. Offbeat animal inspiration books are an evergreen category, with the llama, goat, hedgehog, sloth, and pig all having had their turn in the spotlight.
- **SIGNIFICANT AUTHOR PLATFORM:** Author has 1,300,000 weekly impressions on Instagram.
- **SUCCESS OF *POSSUMS ARE NOT CUTE*:** Previous book had fantastic laydown and has grown slowly but steadily since then.
- **VERMINFLUENCERS TAKE OVER THE INTERNET:** In recent years, the popularity of possums has exploded online. There's been a proliferation of possum merch from indie sellers, internet memes, and mainstream media coverage
- **ORIGINAL ILLUSTRATIONS BY AUTHOR:** Book will feature over 60 illustrations by the author in a sweet, soft watercolor style. The author is a professional artist by day.



About the Book:

This **fully-illustrated, totally adorable book of pocket wisdom** will validate your own animal impulses and convince you that these magical marsupials are tiny examples of living large.

Learn to live your life the possum way with life advice including:

- The difference between a weed and a flower is often a matter of taste.
- It's nobody's business what's in your pouch. Unless you've got snacks in there. In which case, you should share.
- A bit of risk is part of life. Cross that street, but ALWAYS look both ways beforehand.
- Smile! Unless someone tells you to, in which case you are well within your rights to scream.

This delightful book of life advice from an unexpected source will surprise, inspire, and charm you.

About the Creator:

Ally Burguières is a wildlife rehabber, possum ambassador, and the human behind the viral @ItsMeSesame Instagram account, home of the internet's most beloved possums.

When she's not wrangling her posse of rescue possums, she works as an artist and manages two boutiques and an art gallery in New Orleans.



GOBLIN MODE

by McKayla Coyle

Specs:

Categories: Adult Nonfiction: Lifestyle, Sustainability, MBS

Format: Hardcover, 208 pages, 2 c designed interior with spot illos

Pub Month: July 2023

ARC Date: December 2022

Target Reader:

17- to 35-year olds interested
in crafts, sustainable living, and
self-care

Fans of the *Green Witch* family
of books, nature & cottagecore

Rights:

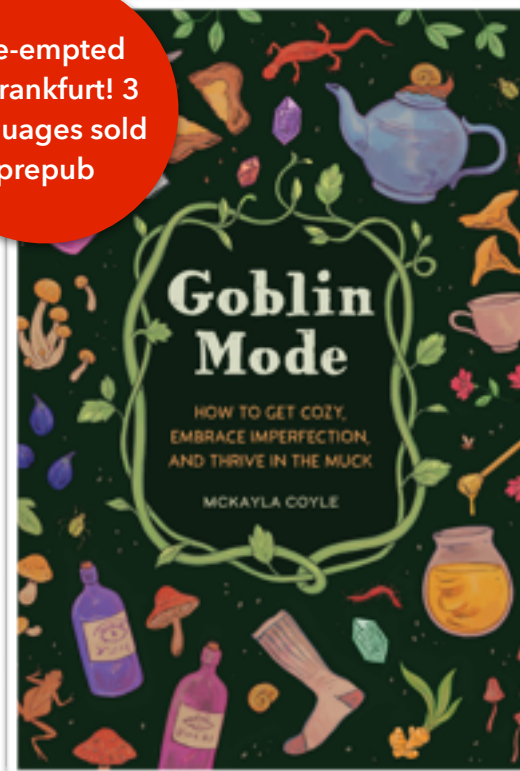
Rights Available: UK/ANZ,
Translation, Film/TV, Merch

Rights Sold: World English Audio (Blackstone), Polish (Insignis), Simp. & Trad. Chinese under negotiation

Key Selling Points:

- Growing Gen Z trend: the #goblincore hashtag on TikTok has 1.5 billion views
- 25 two-color drawings
- Instructions for décor, fashion, food, and craft

**Pre-empted
at Frankfurt! 3
languages sold
prepub**



Get cozy, embrace imperfection, and thrive in the muck with goblincore lifestyle guide Goblin Mode!

(What's the goblincore trend? Think *hygge* for people who love snails & mushrooms and who hate to dust!)

Do you ever feel weird, gross, chaotic, underappreciated, or like you don't quite fit in? Great news: goblincore is here for you! That means your imperfections and idiosyncrasies are the greatest thing about you, and you can build a more balanced, comfortable, harmonious life by accepting and honoring them—taking inspiration from the frogs, fungus, moss, rocks, and dirt that goblins love.

You'll learn to build a moss garden for your lair, grow and use medicinal plants, forage for berries (even in the city), mend your cozy sweaters, display your cool rock collection, & more!

About the Authors:

McKayla Coyle is a lesbian writer from Alaska. They're the engagement editor for Literary Hub and hold an MFA in fiction. In their free time they read fantasy novels and make a lot of jam.

WORK IT OUT

by Sarah Kurchak

Specs:

Categories: Adult Nonfiction

Format: Flexibind, 192 pages,
2 c designed interior with spot
illios and flowcharts

Pub Month: April 2023

Target Reader:

Gen Z, Millennial, and younger
Gen X readers interested in
self-care, mental health, and
body positivity

People with depression,
ADHD, or anxiety disorders

Rights:

Rights Available: Translation,
UK/ANZ, Film/TV, Merch

Rights Sold: World English
Audio (Blackstone), Korean
(Designhouse)

Key Selling Points:

- For people with & without mental health diagnoses
- Easy-to-use flowcharts simplify decision-making
- The pandemic disrupted our exercise routines. This book can help.



Frank, funny, and sympathetic, this fitness book offers realistic tips, encouragement, and dozens of activity ideas when exercise is the only thing that will help--and the last thing you want to do.

Exercise is the most reliable way to improve mental health. But if you're depressed, anxious, burned out, or struggling, it may feel impossible to get started, get serious, or even get up.

Written by a neurodivergent exercise professional, *Work It Out* busts myths about fitness while providing clear advice on how to incorporate exercise into your daily life, build an adjustable workout plan for both good & bad mental health days, and shake off the messages that say you're never doing enough. It will help you set up a motivational workout log and celebrate all your achievements--including getting out of bed.

Work It Out meets you where you are--even if you're lying on the floor.

About the Authors:

Sarah Kurchak is the author of the memoir *I Overcame My Autism and All I Got Was This Lousy Anxiety Disorder*. She is a former personal trainer, has a blue belt in Brazilian jiu-jitsu, and was a professional competitor in the Pillow Fight League.

WHAT'S YOUR GRIEF?

by Eleanor Haley, MS and
Litsa Williams, LCSW-C

Specs:

Categories: Adult Nonfiction:
Self-Help, Well-Being

Format: Hardcover, 304
pages, 4 c designed interior
with lists and tables

Pub Month: September 2022

Target Reader:

Readers of self-help

Gift givers looking for
thoughtful gifts for anyone
that's experienced a loss, from
a job loss to a pregnancy loss
to death of a loved one

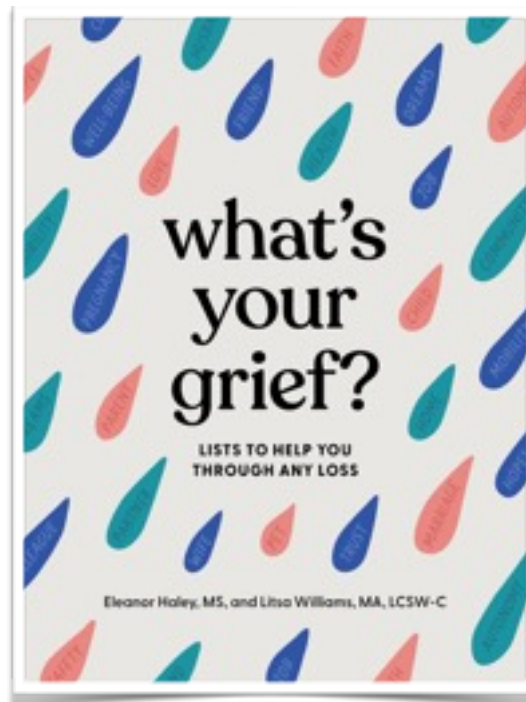
Rights:

Rights Available: Translation,
UK/ANZ, Film/TV, Merch

Rights Sold: World English
Audiobook (Audible), Czech
(Euromedia), Dutch (Ambo|
Anthos), German (Goldmann/
PRH)

Key Selling Points:

- Expert therapist authors
- Simple list-based structure
for dense and difficult topic
- Giftable package



A friendly & accessible book of 75 lists that will help anyone experiencing a change or loss.

Losses, big and small, turn your world upside down. This book will help you through all of them.

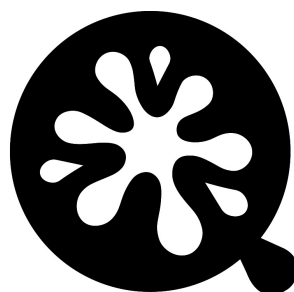
Many life changes need to be grieved, from the loss of a loved one to the loss of a job, from a breakup to a relocation, and all the rest of life's ebbs and flows. Through seventy-five engaging, informative, and accessible lists, such as to-do (and not-to-do) lists, bucket lists, interactive lists, and more, you'll discover:

- 5 Little-Known Truths About Grief
- 4 Reasons Guilt Is Even More Complicated Than You Think
- 9 Tips For Communicating What You Do (and Don't) Need
- And much more.

About the Authors:

Eleanor Haley, MS and Litsa Williams, MA, LCSW-C are the co-founders of the online grief community What's Your Grief. Both are mental health professionals with a collective 25+ years of experience working with people coping with all types of complicated losses and life transitions.

Parenting



QUIRK

BEFORE YOU

A Book By Me, Your
Parent, From A Time
When You Didn't Exist

Specs:

Categories: Adult Nonfiction -
Guided Journal - Family,
Relationships, Parenting

Format: Hardcover Journal,
128 pages, 2 c highly
designed interior with journal
prompts throughout

On Sale Date: October 2023

ARC Date: March 2023

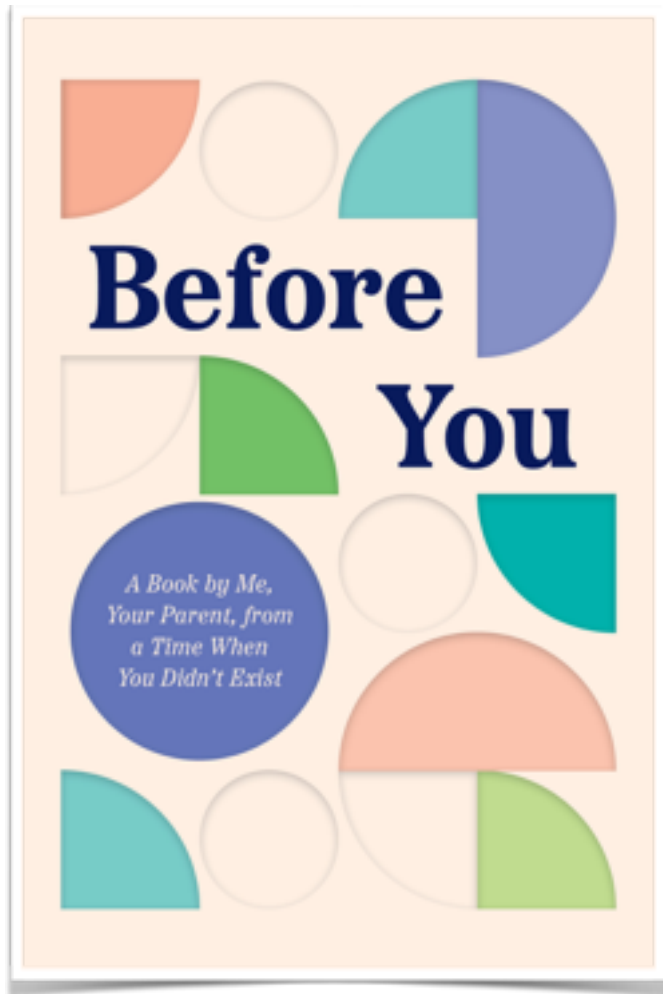
Target Reader:

Family or friends looking for a
unique baby shower,
pregnancy, or adoption gift for
their loved one

Parents who are interested in
personal history and family
lore (or who have kids who ask
a lot of questions about their
family!)

Rights:

Rights Available: Translation,
Ancillary & Merch, Film/TV/
Dramatic, UK/ANZ



Create a time capsule of
your life before becoming a
parent with this stylish,
fun keepsake journal!

200 fun, inspiring prompts
help you record who you
are right now, so you can
share that person with
your future child.



Key Selling Points

- **EXPLORE FAMILY LORE:** Perfect for parents in their 20s through early 40s who are interested in exploring personal history & family lore
- **INCULSIVE:** Works equally well for natal, adoptive, and long-term foster families.
- **UNIQUE IN THE MARKET:** Most baby books and parenting journals are only focused on a baby's arrival and major milestones. *Before You* focuses on the parent as a whole person, with memories, values, goals, and fun personal facts beyond their role as a parent.
- **SERVES A NEED FOR KIDS:** As kids grow, understanding that their parents are human beings helps them make sense of their family, themselves, and the world at large.
- **KEEPSAKE-WORTHY:** The beautifully-designed package is bright and graphic enough for young recipients and sophisticated enough to stand the test of time.

About the Book:

As a parent-to-be, you're facing a lot of adjustments: new interests, new anxieties, new habits and routines, even a new name, all of them related to your kid. But you're more than just Mom or Dad! You're a unique, vibrant, complete individual—and that won't change, even when the rest of your life does. **More than 200 entertaining writing prompts will inspire you to create a perfect gift for a curious kid and teach them that parents are people too.** Fill them in on details like:

- The coolest place you ever traveled
- Something that makes you mad
- Your best hidden talent
- Your secret hideout as a kid
- The greatest costume you ever wore
- And more questions they might never think to ask!

With prompts about your memories, your feelings and values, your hidden talents, your goals and dreams, and everything that makes you a special person, *Before You* is a gift for every type of family—one that will only become more treasured as your child grows.



UNPLUG AND PLAY

by Anthony T. DeBenedet, M.D.
and Lawrence J. Cohen, Ph.D

Specs:

Categories: Adult Nonfiction

Format: Hardcover, 192 pages, 2 c designed interior with instructional illustrations

Pub Month: March 2023

Target Reader:

Parents of children 2-10

Family members who want to play enriching games with kids

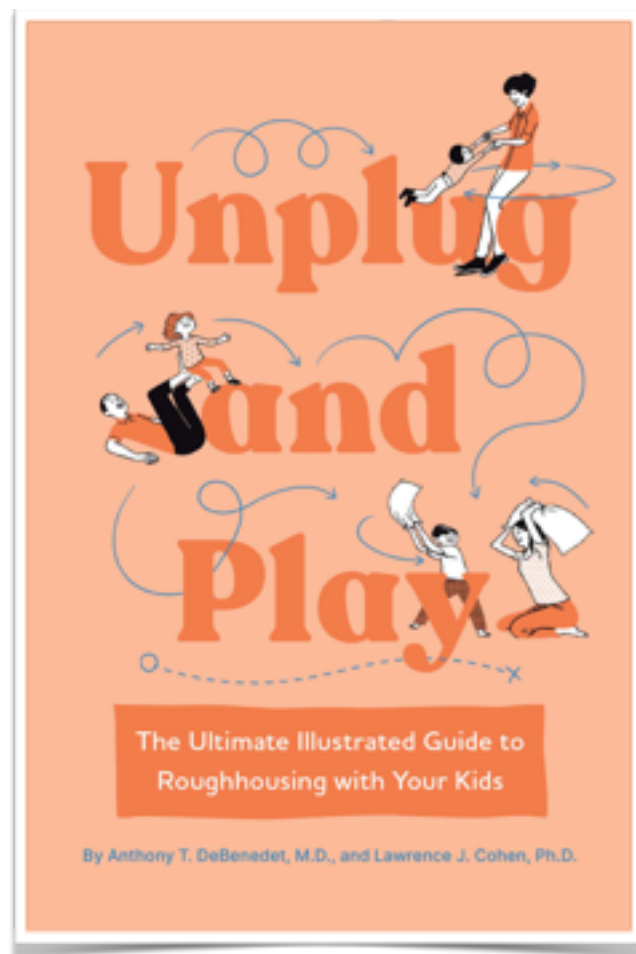
Rights:

Rights Available: Translation, UK/ANZ, Film/TV, Merch

Rights Sold: World English Audio (Tantor), Simplified Chinese (Young Sunflower), Hungarian (TBA), Korean (Forestbooks), Polish (Mamania), Turkish (Gorunmez Adam)

Key Selling Points:

- Expert authors
- Timely advice for reducing screen time
- 50 illustrated activities
- Readable, friendly voice



★ "Enthusiastically recommended"--*Library Journal*

Learn how rough-and-tumble play can nurture close connections, encourage resilience, and boost confidence--with 50 illustrated activities to get you started.

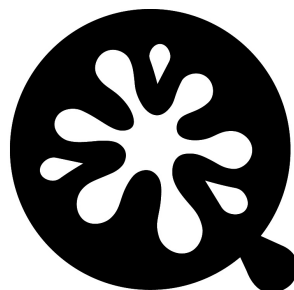
Every kid needs play! Roughhousing is an essential part of childhood development--but it's increasingly overlooked in favor of screen time and structured activities. In *Unplug and Play*, a doctor and a child psychologist, both dads, introduce parents to the benefits of physical play for young children.

About the Authors:

Anthony D. Benedet, M.D. is a practicing physician, behavioral-science enthusiast, and energetic dad. He is the author of *Playful Intelligence*.

Lawrence J. Cohen, Ph.D. is a licensed psychologist, author, and consultant specializing in children's play therapy. He is the author of *Playful Parenting* and *The Opposite of Worry*.

Literary & Feminist
Histories



QUIRK

THE DARCY MYTH

by Rachel Feder

Specs:

Categories: Adult Nonfiction - Literary Criticism, Relationships & Romance, Gender Studies

Format: Trade Paperback
Original, 256 pages, 1 color interior

On Sale Date: Nov. 2023

ARC Date: April 2023

Target Reader:

Women in their 20s-40s looking for a feminist, smarter-than-usual perspective on romance

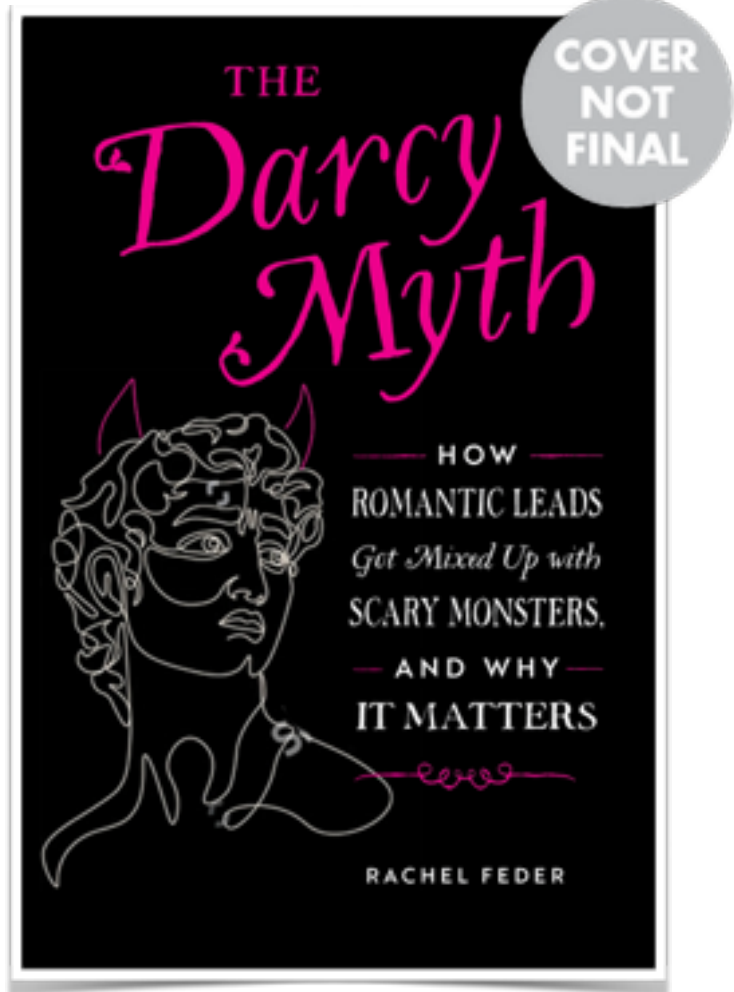
Fans of books and websites that reread classic literature through a fun, thoughtful modern lens (*The Toast*, *Dracula Daily*, *Texts From Jane Eyre* by Daniel Mallory Ortberg)

Fans of Jane Austen and other authors included in the text

Rights:

Rights Available: Translation, UK/ANZ/Commonwealth, Film/Television, Merch/Ancillary

Rights Sold: Audio



Literary Heartthrobs and the Monsters They Taught Us To Love

A funny, brainy, eye-opening take on how our contemporary love stories are actually pretty terrifying. Why is our culture so obsessed with cruel & indifferent lovers? Examines romantic narratives ranging from Jane Austen's *Pride and Prejudice* to Sally Rooney's *Normal People* to Stephenie Meyer's *Twilight* and beyond.

Key Selling Points

- **FOR BOOK LOVERS:** This book is for women in their 20s-40s who identify as lifelong readers, whether their particular favorite is Jane Austen, modern romance novels, or none of the above.
- **EXPERT AUTHOR:** Feder is an assistant professor of English and an internationally recognized expert in British literature.
- **AUSTEN IS EVERGREEN:** From the *Pride and Prejudice* adaptation *Fire Island* to the Netflix version of *Persuasion*, Jane Austen's work is still driving cultural conversation.
- **BUT IT'S NOT JUST AUSTEN:** Authors covered include Sally Rooney, Stephenie Meyer, Lord Byron, Mary Shelley, Charlaine Harris, E.L. James, and cultural touchstones from Lauren Berlant's *Cruel Optimism* to Disney's *Beauty and the Beast* to television's *The Bachelor* and *Gossip Girl*.
- **LIT CRIT FOR THE #METOO ERA:** Some of the books are from the 19th century, but the project of unpacking how our culture treats romantic ideals, gender roles, and the scary side of dating is utterly modern.
- **FUNNY, IRREVERENT VOICE:** Feder's writing makes literary criticism feel fresh and entertaining.

About the Book:

You already know Mr. Darcy—at least you think you do! The brooding, rude, standoffish romantic hero of Jane Austen's *Pride and Prejudice*, Darcy initially insults and ignores our witty heroine, but eventually succumbs to her charms. It's a classic enemies-to-lovers plot, and one that has profoundly influenced our cultural ideas about relationships. **But what if this classic isn't just a grand romance, but a horror novel about how scary love and marriage can be for women?**

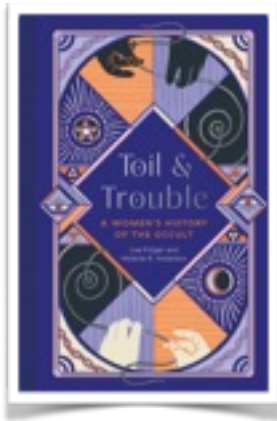
In *The Darcy Myth*, internationally recognized literature scholar Rachel Feder unpacks Austen's Gothic influences, and how they've led us to a romantic ideal that's halfway to being a monster story. **Why is our culture so obsessed with cruel, indifferent romantic heroes (and sometimes heroines)?** How much of that is Darcy's fault? And now that we know, **what do we do about it?**

Ranging from *Twilight* to Taylor Swift and from Lord Byron to *The Bachelor*, *The Darcy Myth* is a book for anyone who loves thinking deeply about literature and culture—whether they love Jane Austen or not.

About the Author:

Rachel Feder is an associate professor of English and literary arts at the University of Denver, where she regularly ruins *Pride and Prejudice* for her students (but in a fun way!). Her work on the Gothic and nineteenth-century British literature includes the book *Harvester of Hearts: Motherhood Under the Sign of Frankenstein* and the Norton Library Edition of *Dracula*, which she edited. Her poetry and prose have appeared widely.



*Specs:*

336 pp hardcover,
highly designed
2c with spot
illustrations
throughout

October 2022

Toil and Trouble

A Women's History of the Occult, by Lisa Kröger and Melanie Anderson

About the Book:

Organized around different approaches women in particular have taken to the occult over the decades—using the supernatural for political gain, seeking fame and fortune as spiritual practitioners, embracing their witchy identities, and more—this book shines a light on underappreciated magical pioneers.

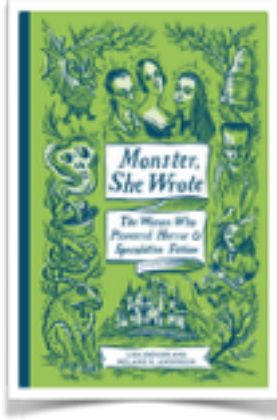
About the Author:

Lisa Kröger and **Melanie Anderson** are co-authors of the Bram Stoker Award-winning *Monster, She Wrote* and cohosts of the *Know Fear* podcast. Kröger holds a PhD in English and is a short fiction writer. Anderson is Assistant Professor of English at Delta State University.

Rights:

Quirk Controls: Audiobook, Translation, UK/ANZ

Rights Sold: World English Audio (Blackstone)

*Specs:*

320 pp hardcover,
highly designed
2c with spot
illustrations
throughout

Sept 2019

Monster, She Wrote

The Women Who Pioneered Horror & Speculative Fiction, by Lisa Kröger and Melanie Anderson

2019 Bram Stoker Award Winner, 2020 Locus Award Winner

About the Book:

Meet the women writers who defied convention to craft some of literature's strangest tales, from *Frankenstein* to *The Haunting of Hill House* and beyond. Part biography, part reader's guide, the engaging write-ups and detailed reading lists will introduce you to more than 100 authors and over 200 of their mysterious and spooky novels, novellas, and stories.

Rights:

Quirk Controls: Film/TV, Merch, Audiobook, Translation, UK/ANZ

Rights Sold: Audio (Blackstone), English-language branded reissues (Valancourt), Korean (GU-FIC), Turkish (Ithaki)

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