



STERLING

2020 Highlights / Spring 2021

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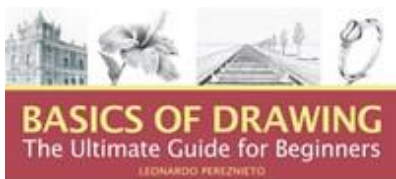
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Please note that our new address is:

122 Fifth Avenue, 7th Floor, New York, NY 10011



Basics of Drawing

The Ultimate Guide for Beginners

Leonardo Pereznieto

Key Selling Points:

- Simple, basic techniques for getting started - Popular author with millions of social-media followers who form a devoted fan base: one million subscribers to his YouTube channel, with more than 81 million views; more than 191,000 followers on Facebook; more than 44,000 Instagram followers; and more than 10,000 Twitter followers. - Links to engaging video tutorials will be provided for every chapter for everything from very beginner basics to communicating your own personal message through creativity - Covers everything a beginner needs to know: materials, exercises, techniques, values, composition, perspective, inspiration, and more

Summary

Popular artist Leonardo Pereznieto—whose instructional YouTube videos have earned him millions of views and a devoted fan base—teaches beginners the fundamentals of traditional drawing.

In his first book “You Can Draw!” Leonardo Pereznieto helped artists recreate the realistic surfaces and textures that make his own work so popular. Now he’s going back to the very beginning to teach them the basics of drawing, covering first exercises, fundamental techniques, light and shading, composition, and perspective, and more. Loaded with information on materials, a glossary of essential terminology, and hundreds of illustrations, this illuminating guide includes such projects as a fall still life of fruit in a basket, with instructions on shape, shadow, and detail, as well as a cityscape, a landscape with depth of field, animals, train tracks, jewelry, and drawing with a message. Once you’ve mastered these basics, you can unleash your imagination on whatever subject you like!

Contributor Bio

Leonardo Pereznieto’s work has been exhibited internationally in museums and galleries, including in Florence, London, Paris, Seoul, Los Angeles, and New York. He is the author of *You Can Draw! Simple Techniques for Realistic Drawings*, has a hugely successful YouTube Channel (Fine Art Tips) with more than one million followers, and regularly conducts workshops and lectures worldwide, as well. He l...



Get Creative 6
9781684620166
Pub Date: 12/1/2020
\$19.95
Trade Paperback

144 Pages
all in color
11 in H | 8.5 in W

101 Drawing Secrets
Simple Tips and Techniques to Take Your Art to the Next Level
Catherine V. Holmes

No Image
Available



Get Creative 6
9781684620180
Pub Date: 7/6/2021
\$19.95
Trade Paperback

128 Pages
color & b-w illus. throughout
11 in H | 8.5 in W



Hello, Watercolor!

Creative Techniques and Inspiring Projects for the Beginning Artist

Jeannie Dickson

Key Selling Points:

- Author has a fun, enthusiastic voice and is an Instagram sensation with 276,000 followers (many of her posts have one million+ views) - 15+ step-by-step tutorials on a wide variety of unique and popular subjects - Will appeal to fine artists, illustrators, lettering artists, and bullet journaling/planning enthusiasts - Includes instruction on brush lettering—a hot topic that combines naturally with watercolor and one for which the author is well known - Watercolor has become one of the hottest trends, used in logo design, business cards, packaging, web design, and apparel

Summary

Instagram star Jeannie Dickson has created a modern and inviting introduction to watercolor painting that aspiring artists will turn to again and again on their creative journey.

Hello, Watercolor! offers a fresh approach to painting watercolors with concise and accessible information. Aspiring artists and journalers will immediately be able to apply the techniques they learn on these pages—including brush lettering—to more than 15 exciting step-by-step projects, from painting origami animals, sparkling glass shards, and beautiful alphabets to producing luscious florals and fanciful unicorns. Among the features that make this handbook both a valuable learning tool and source of inspiration:

- Projects include a list of techniques with cross-references
- Each project includes watercolors used with swatches so readers can make substitutions easily
- Popular color palettes and color “recipes” for foolproof mixing
- 12 monthly challenges with daily or weekly prompts to inspire painting all year long
- Te...

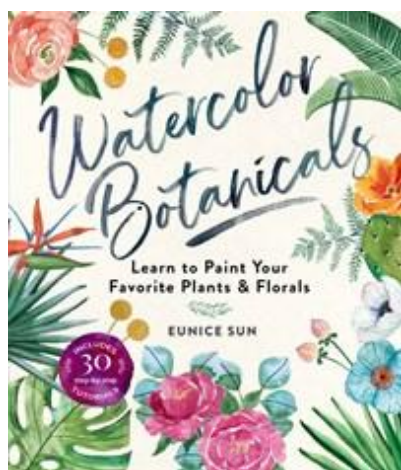
Contributor Bio

Jeannie Dickson is a creative entrepreneur, freelance artist, and digital content creator. On her popular Instagram account @jeannedicksondesigns—with 276,000 followers—she’s become known for her modern watercolor techniques and unique lettering style. In February 2019, Silver Brush Limited, a manufacturer of high-quality artist’s brushes, chose Jeannie as the Artist of the Month.



Get Creative 6
9781684620029
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Trade Paperback

144 Pages
all in color
10.5 in H | 8.8 in W



Lark Crafts
9781454711049
Pub Date: 4/7/2020
\$19.95
Trade Paperback

144 Pages
all in color
10 in H | 8.5 in W

Watercolor Botanicals

Learn to Paint Your Favorite Plants and Florals

Eunice Sun

Key Selling Points:

- Watercolor is one of the most accessible forms of painting and is oftentimes used alongside other popular creative hobbies, such as hand lettering and journaling - Flowers are favorite subjects for beginner painters and watercolor flowers are a perennially popular design motif - This beginner-friendly guide offers approachable and hardworking tutorials that are designed with watercolor novices in mind

Summary

Learn to paint gorgeous watercolor flowers, houseplants, and arrangements with this inspiring guide that includes 30 step-by-step tutorials.

Filled with lessons and daily exercises, this fun introduction to watercolor teaches beginner artists how to create their own botanical-inspired paintings. It covers everything from selecting paper, paint, and brushes to choosing a palette, blending colors, and adding dimension and detail. Once you've mastered the essential techniques, you'll learn to paint cacti, popular houseplants, and individual flowers, and see how to combine these components into more complex compositions, including frames, wreaths, and colorful bouquets. Step-by-step tutorials, along with artist Eunice Sun's expressive artwork, provides all the guidance and inspiration you'll need to render small motifs, decorate a card, paint a charming still life, and more.

Contributor Bio

Eunice Sun is the watercolor and lettering artist behind Electric Eunice. Along with designing for weddings, events, gifts, and collaborations, she teaches watercolor illustration and lettering workshops. Her work has been featured on Mixbook.com, Green Wedding Shoes, 100 Layer Cake, the Starbucks 2016 Holiday Red Cup commercial, and Bored Panda. Eunice is based in Orange County, CA. Website: elec...

Your Weekly Drawing Project
52 Guided Lessons to Make You a Better Artist
Christopher Hart

No Image
Available



Drawing with Christopher Hart
9781684620074
Pub Date: 5/4/2021
\$19.95
Trade Paperback

144 Pages
all in color
11 in H | 8.5 in W

Manga Mania Blank Book
Draw Your Own Manga Comic Book!
Christopher Hart

No Image
Available



Drawing with Christopher Hart
9781684620197
Pub Date: 3/2/2021
\$7.95
Trade Paperback

88 Pages
20 b-w illus.
11 in H | 8.5 in W



Begin to Draw People

Simple Techniques for Drawing the Head and Body

Christopher Hart

Key Selling Points:

- The first in a brand-new series that is especially geared to young people—although it is useful for beginners of all ages - Christopher Hart has taught millions of people to draw with his clear and friendly step-by-step approach to art instruction. His previous books on more traditional figure drawing have a strong sales history with more than a quarter million copies sold - This book stands out for its accessibility to beginning artists, even kids. The teaching style is straightforward, with an appeal to drawing relatable people from everyday life - Both parents and children can engage in an entire book's worth of drawing activities together—no screens required. A useful drawing guide for the whole family!

Summary

From Chris Hart, the bestselling art instruction author of all time, the first in a brand-new series—and the perfect go-to guide for anyone ages 12 and up interested in beginner-level figure drawing.

In *Begin to Draw People*, bestselling how-to-draw author Christopher Hart taps into his vast experience to prove that anyone can depict the human body. Chris has carefully designed his step-by-step instructions so they're accessible to absolute beginners, especially kids 12 and up. His simplified yet detailed guidance covers drawing the head and body for men, women, and children in a wide variety of facial features, expressions, styles, and poses. Learn to capture the many personalities and activities of people in everyday life, from firefighters, doctors, soldiers, and students to swimmers, skateboarders, gymnasts, and even daydreamers. A quick look through this book will make it clear to any aspiring artist: you *can* learn to draw, quickly and easily—and love every step along the way!

Contributor Bio

With more than seven million copies of his books in print, Christopher Hart is the world's leading author of art instruction books. His titles frequently appear on the Bookscan Top 50 Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 50 titles, he offers artists accessible, generously illustrated, and clearly written step-b...



Get Creative 6
9781684620005
Pub Date: 3/3/2020
\$16.95
Trade Paperback

144 Pages
Color & b-w illus. throughout
Ages 12 And Up, Grades 7 And Up
11 in H | 8.5 in W



Get Creative 6
9781684620012
Pub Date: 7/7/2020
\$19.95
Trade Paperback

144 Pages
color & b-w illus. throughout
10 in H | 9 in W

The Master Guide to Drawing Anime: Romance

How to Draw Popular Character Types Step by Step

Christopher Hart

Key Selling Points:

- Christopher Hart has taught millions of people to draw with his clear and friendly step-by-step approach to art instruction; he consistently puts out the best how-to-draw-manga-and-anime books on the market, with eye-catching, on-trend artwork that jumps off the page - The Master Guide to Drawing Anime series has been a major success, with sales of over 168,000 copies for the original title; sales for the previous three titles together are over 250,000 - Romance is one of the hottest genres in anime and manga, with lots of opportunity for crossover with other genres. It appeals to both male and female anime fans and is discussed widely among fans on anime forums and Reddit - Author has: Facebook followers: 9,000 Instagram followers: 4,200 DeviantArt followers: 4,500 YouTube followers: 167,000

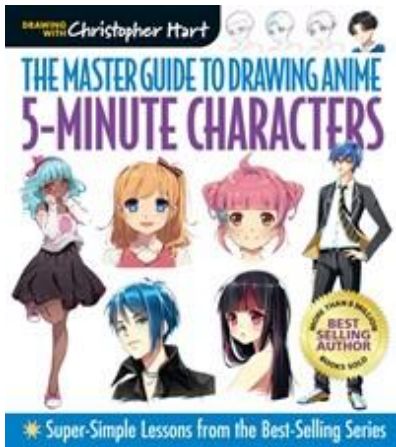
Summary

From young love to heartbreak, the fourth book in Christopher Hart's bestselling *Master Guide to Drawing Anime* series focuses on the hugely popular Romance genre.

The newest addition to Christopher Hart's bestselling *Master Guide to Drawing Anime* series takes on one of the most popular styles in Japanese cartoons: Romance. It provides an overview of romance subgenres and teaches every aspect of drawing anime romance, from common male and female character types to the dramatic—and funny—situations they find themselves in. Hart covers the complete arc of romantic anime stories—bliss, arguing, breaking up, and getting back together—and explains how to draw the anime head and body, match poses to the characters' personalities, craft emotional expressions, design standout features, draw couples that click, and create a romantic setting. Fans will welcome this deep dive into the genre, and newcomers will be drawn in by the dynamic artwork that is a hallmark of Christopher Hart's anime and ma...

Contributor Bio

With more than seven million copies of his books in print, Christopher Hart is the world's leading author of art instruction books. His titles frequently appear on the Bookscan Top 50 Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 50 titles, he offers artists accessible, generously illustrated, and clearly written step-b...



Master Guide to Drawing Anime: 5-Minute Characters

Super-Simple Lessons from the Best-Selling Series

Christopher Hart

Key Selling Points:

- Best-selling series: The first three titles have sold a combined 370,000+ copies.
- Packed with instruction: 70+ characters are demonstrated step by step.
- Authentic art: Showcases the art of some of the best anime artists in the world.
- High-quality paper and printing at a reasonable price.
- Approachable content: Focuses on the easier characters for aspiring artists who might be intimidated by more complex drawings.

Summary

This compilation of lessons from the Master Guide to Drawing Anime series brings together the simplest characters from the best-selling books for beginning artists and others looking for instant gratification.

With cutting-edge art and clear instruction on how to draw the most popular styles and characters, the Master Guide to Drawing Anime series has helped thousands of aspiring artists learn to draw anime. *5-Minute Characters* gathers together the easiest characters from the series—perfect for the beginning anime artist. This carefully curated collection shows aspiring artists everything they need to know to get started drawing anime. They'll learn how to use simple templates to draw the head from different angles, bodies of characters from different age groups, and authentic anime hairstyles and fashions. Next, they'll see step by step how to draw dozens of the most popular character types and the emotions and attitudes that make them compelling. Finally, readers can put it all together...

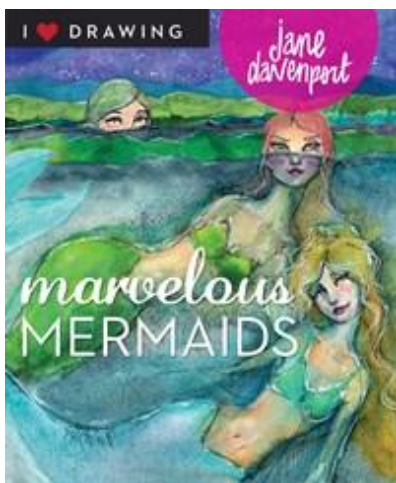
Contributor Bio

With more than eight million copies of his books in print, Christopher Hart is the world's leading author of art instruction books. His titles frequently appear on the NPD DecisionKey Weekly Top 50 Non-Fiction Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 200 titles, he offers artists accessible, generously illustrated,...



Drawing with Christopher Hart
9781684620203
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\$19.95
Trade Paperback

144 Pages
color & b-w illus. throughout
10 in H | 9 in W



Get Creative 6
9781684620043
Pub Date: 6/2/2020
\$24.95
Flexibound

144 Pages
all in color
10.5 in H | 8.8 in W

Marvelous Mermaids

Jane Davenport

Key Selling Points:

- A proven, bestselling author who has several popular lines of art supplies and a successful online school - Davenport's previous titles have sold more than 100,000 copies - There is a huge audience of dedicated "Davenpeeps," mixed-media artists, lovers of fantasy art, and aspiring artists who will gravitate to this gorgeous title - Includes stickers, matte cover with spot gloss, printed endpapers, and a sheet of collage images

Summary

Internationally known illustrator and bestselling author Jane Davenport takes artists on a journey through the mysterious world of mermaids, explaining everything from accurately drawing the figure to creating convincing habitats with mixed-media techniques.

Make a magical mermaid splash! Following her bestselling *I [Heart] Drawing: Fabulous Figures*, Jane Davenport dives deep into the ocean to explore the wondrous world of mermaids. She shows how to draw and paint these sensuous sirens, with their perfectly proportioned figures, shimmering scales, and all. Jane's evocative instruction touches on every aspect of this fantasy realm:

- Oceans of Color: Paint beautiful backgrounds in which your mermaids can dwell.
- Go with the Flow: Convincingly draw these sinuous creatures in undulating poses.
- Mermaid Hair Don't Care: Paint the flowing tresses that are every mermaid's trademark.
- Keep Urchin Up: Depict mesmerizing facial features.

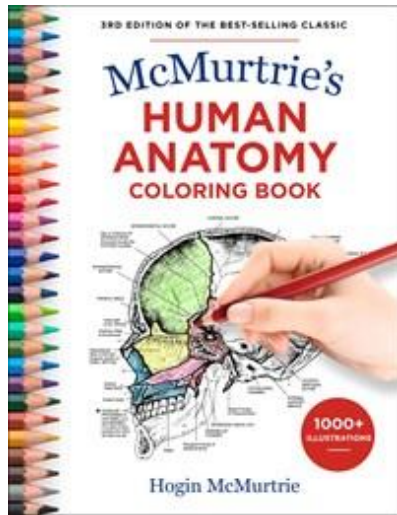
Jane also provides unique suggestions for making an "upscale" mermai...

Contributor Bio

Jane Davenport is an internationally known artist and bestselling author. She is the creative director for Jane Davenport Mixed Media art supplies, and through her bustling online art school, she expands on the techniques in her books and empowers women to be creative.

Social Media:

janedavenport.com
Email list: 58,000 subscribers
Online school: 36,000 students
Instagram: 58,600 followers
YouTube: 36,5...



Sterling
9781454942627
Pub Date: 4/6/2021
\$24.95
Trade Paperback

320 Pages
1,000 b-w illus.
11 in H | 8.5 in W

McMurtrie's Human Anatomy Coloring Book (3rd Edition)

Hogin McMurry

Key Selling Points:

- A perennial category, anatomical coloring books remain some of the bestselling books on the market - More than 100,000 copies sold of the edition originally published in a horizontal format by William C. Brown in 1990 - Now with an appealing, fresh cover

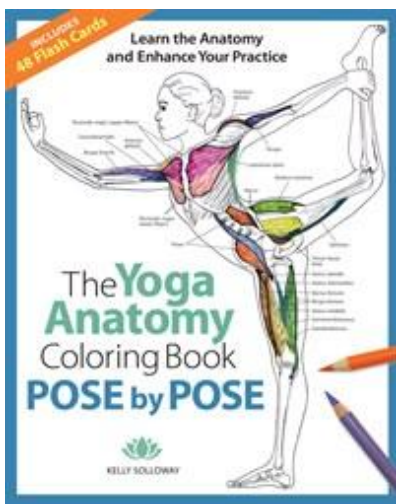
Summary

The definitive anatomical coloring book is now back and freshened up with a new cover.

Each year, thousands of students studying to be doctors, physical therapists, and medical technicians have to master the art of anatomy—and prospective artists also want to capture realistic movement and posture. What better way to remember each bone, muscle, and organ than by coloring a picture? The very act of drawing entices students to spend more time with the image, and to examine the body's structure more closely. That's why this one-of-a-kind coloring book, with its concisely written text and easy-to-color-in medical illustrations, has always been such a huge seller—and why it's now revised into this new user-friendly format. Arranged according to body systems, the color-key organization links anatomical terminology to the more than 1,000 precise and detailed black-and-white illustrations.

Contributor Bio

Hogin McMurry was a medical illustrator and art director whose clients included Bristol-Myers, Squibb, DuPont, the American Heart Association, and many others.



Pose by Pose

Learn the Anatomy and Enhance Your Practice

Kelly Solloway, Samantha Stutzman

Key Selling Points:

- Takes the next step after *The Yoga Anatomy Coloring Book* in teaching yogis about the anatomy engaged in dozens of asanas - There are more than 36 million yoga practitioners in the US, and for every existing yoga teacher there are two more currently in training (Source: 2016 Yoga in America study by Yoga Journal and Yoga Alliance) - Kelly's informal style entertains while it informs. Fun facts about anatomy and tips for enhancing yoga practice are sprinkled throughout - Beautifully rendered drawings of the human body in yoga asanas show the anatomy clearly and reinforce learning through coloring

Summary

This companion guide to the bestselling *Yoga Anatomy Coloring Book* helps experienced and aspiring yogis deepen their practice through coloring the essential anatomy engaged in 50 poses.

Color your way to yoga knowledge! By understanding your body and its anatomical structure, you can improve your practice, no matter your level. This follow-up to the bestselling *Yoga Anatomy Coloring Book*—written by yoga instructor, licensed massage therapist, and anatomy teacher Kelly Solloway—shows the proper engagement of muscles in dozens of fundamental and more advanced poses, or asanas. As practitioners color in the beautiful and detailed black-and-white drawings, they can clearly see the asana and relevant anatomy; each illustration includes a label to color and reinforce learning. Solloway explains how the muscles, bones, tendons, and ligaments function together in each pose, and provides advice on working safely and effectively. Additional tips are sprinkled throughout, and 48 perforated flash ...

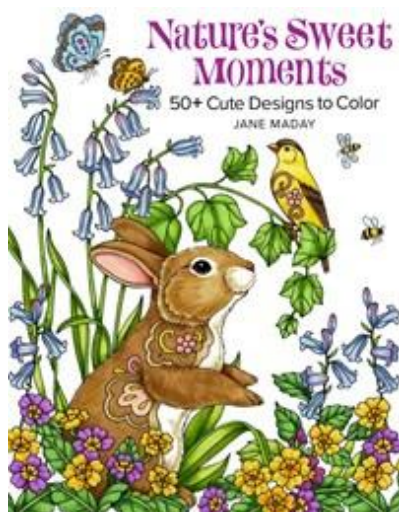
Contributor Bio

Kelly Solloway is a Registered 500 E-RYT Yoga Teacher, a licensed practicing massage therapist, and the author of *The Yoga Anatomy Coloring Book*. She teaches public and private yoga classes at Yoga Synthesis in Ramsey, NJ, and anatomy in teacher-training programs. She also runs her own Gentle Restorative Teacher Trainings, workshops, and classes. She lives in West Milford, NJ.



Get Creative 6
9781684620135
Pub Date: 11/3/2020
\$19.95
Trade Paperback

144 Pages
60 b-w illus.
10.8 in H | 8.5 in W



Nature's Sweet Moments

50+ Super Cute Designs to Color

Jane Maday

Key Selling Points:

- Uniquely sweet artwork to touch the heart, from trusted bestselling author Jane Maday
- Information on materials for creating different effects not found in other coloring books
- 50+ coloring designs

Summary

Adorable art from bestselling author Jane Maday at a great low price!

Nurture your creative soul with this coloring book from Jane Maday, providing 50+ relaxing floral and wildlife scenes, along with helpful front-of-the-book instruction on basic tools and materials for creating different effects. Set your worries free with this wonderful activity to focus your mind on all the blessings of the natural world!

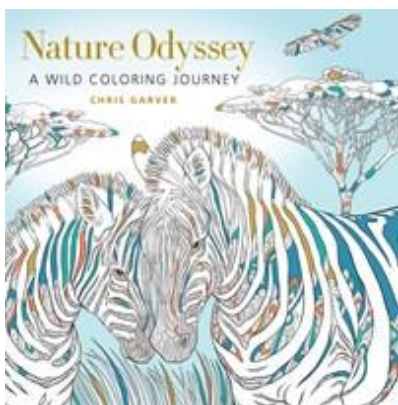
Contributor Bio

Jane Maday is an artist, illustrator and author of several bestselling North Light Books, including *Draw Baby Animals* (which has sold more than 55,000 units), *Color Super Cute Animals* (which has sold more than 60,000 units), *Adorable Animals Grayscale Coloring Book* (which has sold more than 10,000 units) and *Super Cute World* (which is currently selling rapidly in 2020, with about 2500 books sold i...



Get Creative 6
9781684620227
Pub Date: 3/2/2021
\$12.95
Trade Paperback

112 Pages
b-w illus. throughout
11 in H | 8.5 in W



Get Creative 6
 9781684620036
 Pub Date: 6/2/2020
 \$14.95
 Trade Paperback

96 Pages
 b-w illus. throughout
 9.9 in H | 9.8 in W

Nature Odyssey

A Wild Coloring Journey

Chris Garver

Key Selling Points:

Chris Garver is a TV personality, bestselling author of several coloring books, and a social media star with over 300K followers on Instagram - Garver's previous titles have sold a total of more than 210,000 copies - Wide appeal: Fans of tattoo art and of nature coloring will embrace this lush collection of beautiful drawings - This is a high-quality book, with nearly 85 hand-drawn images printed on both sides of heavyweight, wood-free coloring paper

Summary

The latest coloring book from bestselling author and former star of TV's *Miami Ink*, Chris Garver, is a gorgeous collection of nature drawings, featuring wild animals, glorious flowers and foliage, and stunning landscapes.

A follow-up to Chris Garver's popular *Color Odyssey* and *Animal Odyssey*, *Nature Odyssey* contains nearly 85 gorgeously detailed drawings—from intimate close-ups of flowers and butterflies, to majestic portraits of animals, to bold landscapes. Printed on both sides of high-quality wood-free paper, the hand-drawn images provide hours of detailed coloring pleasure and inspiration. Fans of tattoo art and of Chris's work, as well as coloring enthusiasts who seek out beautiful images of flora and fauna, will cherish this volume.

Contributor Bio

Well known and respected throughout the tattoo community, Chris Garver garnered mainstream attention after appearing as a regular on the reality-TV show *Miami Ink*. A native of Pittsburgh, PA, he attended the Pittsburgh Creative and Performing Arts High School and, later, New York's School of Visual Arts. Chris currently resides in New York City with his daughter, where he owns a tattoo shop called...



Get Creative 6
9781684620128
Pub Date: 10/13/2020
\$15.95
Trade Paperback

80 Pages
80 b-w illus.
9.8 in H | 9.7 in W

Nature's Wisdom

Coloring Our Beautiful World

Margaret Kimball

Key Selling Points:

- Wide variety of quotations ranging from John Muir to Emily Brontë and from Albert Einstein to Wangari Maathai (Nobel Peace Prize winner and environmentalist from Kenya); more than 40 artists, writers, and naturalists are represented - Gorgeous imagery and hand lettering: Flowers, trees, birds, mammals, and landscapes complement the quotations and inspire colorists to meditate on the beauty of nature - High-quality production values, with hand-drawn images printed on both sides of extra heavyweight, wood-free coloring paper

Summary

Celebrate the beauty and wisdom of nature with this stunning coloring book, which combines inspiring quotations with gorgeous imagery of flora and fauna.

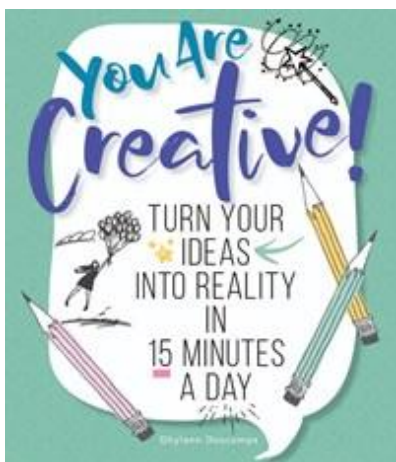
***"At some point in life, the world's beauty becomes enough."*— Toni Morrison**
Naturalists, writers, artists, and other thinkers have long found inspiration in nature's beauty and its effects. This beautiful coloring book captures their wonder and emotion, gathering dozens of quotations from such notables as Ralph Waldo Emerson, Hans Christian Andersen, and Audrey Hepburn, as well as ancient lore. Original drawings, magnificently hand lettered, grace the pages; their peaceful landscapes, delightful flowers, charming birds, and animals will delight nature lovers and coloring enthusiasts alike.

Some of the quotes are:

"We don't inherit the earth from our ancestors, we borrow it from our children."
—Native American proverb
"A flower blossoms for its own joy." —Oscar Wilde
"Live in the sunshine, swim the sea, drink the wild air." —Ralph Waldo Eme...

Contributor Bio

Margaret Kimball's illustrations have appeared in *Smithsonian* magazine, the *Boston Globe*, *Outside* magazine, *Texas Highways*, and many other places. She is the illustrator of two previous coloring books, *Birds & Botanicals* and *All Things Bright and Beautiful*. She lives with her family in Indianapolis, IN.



Get Creative 6
9781684620104
Pub Date: 11/3/2020
\$22.95
Trade Paperback

272 Pages
all in color
8.9 in H | 7.7 in W

You Are Creative!

Turn Your Ideas into Reality in 15 Minutes a Day

Ghylenn Descamps

Key Selling Points:

- Great value: 272 pages of creative exercises, artistic activities, and inspiration -
- Perfect for busy people: Each daily activity takes only around 15 minutes to complete
- Produced by the popular Marie Claire Idées magazine (116,000 followers on Instagram), beloved by artists, crafters, and homeowners worldwide -
- According to LinkedIn, creativity is the most in-demand job skill of 2019

Summary

Produced by the creators of the popular *Marie Claire Idées* magazine, and filled with inspiring prompts and exercises, this beautiful guide takes readers on a yearlong journey of creative discovery.

What sparks your creativity? Lists of what you love, or of things to do? A vision board with a collage of images for personal development projects? Spontaneous drawing, or the creation of a mind map? Taking an extraterrestrial point of view? Creativity isn't just for artists and crafters—it's for everyone striving to perceive the world freshly, find hidden patterns, make connections, generate solutions, and simply express themselves better. Organized by weeks and days into a year of small challenges, each of which you can complete in about 15 minutes, *You Are Creative!* offers exciting, easy ways to help your innate creativity blossom. Every day there's a new exercise, activity, or prompt to promote creative exploration and growth. For artists, entrepreneurs, students, homemakers, and anyone ...

Contributor Bio

Ghylenn Descamps is a graphic designer, photographer, and illustrator. Author of more than 30 books on creative pursuits, she is also the creative director for the magazine *Marie Claire Idées*. Visit her at ghylenndescamps.com.



Sixth&Spring Books
 9781970048001
 Pub Date: 1/5/2021
 \$39.95
 Hardcover with dust jacket

352 Pages
 all in color
 11 in H | 10 in W

Vogue® Knitting The Ultimate Stitch Dictionary

Key Selling Points:

- The Vogue Knitting Stitchionary series has sold more than 125,000 copies and featured 1,100 patterns - One of the largest collections of knitting stitches ever published, which includes 100 new stitches not previously in the Stitchionary series - Plenty of stitches for every preference, including knit and purl textures, cables, lace, colorwork, edgings, and unique combinations - Research shows that some knitters prefer to work from written instructions while others prefer charted patterns, thus both text and charted instructions are provided whenever possible - All photography from the Stitchionary series has been enhanced for increased clarity - Companion volume to Vogue Knitting: The Ultimate Knitting Book for even more knitting knowledge and inspiration - Vogue Knitting has 234,600 Facebook followers and 62,000 Instagram followers

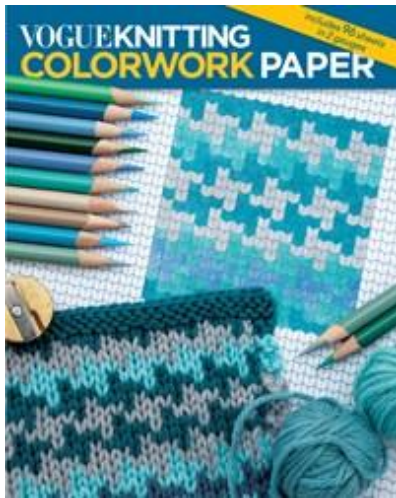
Summary

With more than 800 knitting patterns—including 100 that are brand new—covering everything from knit and purl to colorwork, this is the most comprehensive knitting stitch dictionary ever published.

A companion volume to *Vogue Knitting: The Ultimate Knitting Book*, this ultimate stitch dictionary compiles the best of the *Vogue Knitting Stitchionary* series into a single huge and comprehensive volume. More than 800 stitches, including 100 entirely new examples, encompass knit and purl textures, cables, lace, colorwork, edgings, and other original combinations. Pulled from actual patterns that appeared in *Vogue Knitting* magazine, these stitches come from a range of top designers and are as unique as their creators. Use the patterns as written or tweak them, combine stitches for beautiful effects, and find inspiration to design your own stitches, garments, and accessories. The patterns feature both text and chart instructions whenever possible to accommodate every learning style. Featuring enh...

Contributor Bio

Originally founded by Condé Nast in 1932, *Vogue Knitting* magazine, now published by Soho Publishing, is the most respected and recognizable fashion-knitting magazine in the world. The *Vogue Knitting* brand encompasses the magazine; knitting resource and pattern books; Vogue Knitting LIVE, a series of consumer shows that attracts more than 15,000 knitters annually; destination trips and cruises; a h...



Vogue® Knitting Colorwork Paper

Key Selling Points:

- Using two common stitch gauges makes this paper practical, realistic, and versatile
- Knitters will love coloring in the knit stitch shapes - With more than 90 pages of generously sized 8" x 10" sheets, knitters can design hundreds of patterns - Vogue Knitting has 234,600 Facebook followers and 62,000 Instagram followers

Summary

Created by industry leader *Vogue Knitting*, this book offers 90+ pages of special colorwork paper that features stitch outlines rather than rectangles—so knitters can grasp what their finished project will actually look like.

Knitters who enjoy creating their own colorwork patterns now have a fun, effective, and easier way to work! The innovative pages in *Vogue Knitting: Knitter's Colorwork Paper* have outlines in the V shape of an actual knit stitch rather than the rectangles of ordinary knitting graph paper. This lets you create a better representation of what your finished item will actually look like. More than 90 pages of two common knitting gauges allow plenty of room for hundreds of patterns. Knitters can use the 5 stitches by 6 rows gauge for stranded colorwork and the 6 stitches by 8 rows gauge for intarsia motifs. They can also use this paper to test alternative color combinations of existing patterns. The book is as fun to use as it is practical, and will leave knitters wonder...

Contributor Bio

Originally founded by Condé Nast in 1932, *Vogue Knitting* magazine, now published by Soho Publishing, is the most respected and recognizable fashion-knitting magazine in the world. The *Vogue Knitting* brand encompasses the magazine; knitting resource and pattern books; Vogue Knitting LIVE, a series of consumer shows that attracts more than 15,000 knitters annually; destination trips and cruises; a h...



Sixth&Spring Books
9781970048025
Pub Date: 9/1/2020
\$12.95
Trade Paperback

96 Pages
b-w illus. throughout
10 in H | 8 in W



Vogue® Knitting Project Journal

Key Selling Points:

- Designed to provide guidance while allowing maximum personalization to meet the needs of any knitter and any project - The handy trim size, lay-flat binding, and durable cover make this journal portable and easy to use - Created by the most widely recognized knitting magazine in the world, this will be a trusted resource with a built-in audience - The Vogue Knitting Project Journal has versatile content, professional knitwear design information, and quality layout and production - Vogue Knitting has 234,600 Facebook followers and 62,000 Instagram followers

Summary

Every knitter—beginner or expert—should have this journal! Guided, adaptable to different skill levels, and created by *Vogue Knitting*, it's designed to meet all your needs!



Sixth&Spring Books
9781970048018
Pub Date: 11/3/2020
\$17.95
Trade Paperback

160 Pages
all in color
8 in H | 6 in W

Whatever your level and whatever your project, *The Vogue Knitting Project Journal* provides the professional guidance you need and the creative freedom you want. Casual knitters will find guided entries to help them record essential information, such as needle size, yarns, and more. Experienced knitters get ample space to track alterations to existing patterns. For budding and seasoned knitwear designers alike, there's gridded paper to draw schematics, knitter's graph paper to create charts, specialized knitter's colorwork graph paper, and more—everything they could possibly require. With 25 project templates, vital design insight such as project yarn estimates, standard body measurements, and instructions for drawing schematics and making alterations, this is every knitter's dream journal.

Contributor Bio

Originally founded by Condé Nast in 1932, *Vogue Knitting* magazine, now published by Soho Publishing, is the most respected and recognizable fashion-knitting magazine in the world. The *Vogue Knitting* brand encompasses the magazine; knitting resource and pattern books; Vogue Knitting LIVE, a series of consumer shows that attracts more than 15,000 knitters annually; destination trips and cruises; a h...



The Boba Cookbook

Delicious, Easy Recipes for Amazing Bubble Tea

Wendy Leung

Key Selling Points:

- The global market for bubble tea is set to hit \$3,214 million by 2023, an estimated annual growth of 7.3% - 87 percent of millennials drink tea; a large part of bubble tea's global traction has been its popularity among younger drinkers - This is a fun guide to a rapidly growing phenomenon, and a perfect gift for anyone whose "thing" is bubble tea

Summary

A bright, fun introduction to bubble tea, including 35 recipes and plenty of background about this trendy drink!

From its origins in Taiwan, bubble tea, or boba, has developed legions of ardent fans across the globe. Often topped with chewy balls of tapioca or other toppings, this sweet treat is colorful, fun, and personalized. Now, with this cookbook, boba lovers can make it themselves using all-natural ingredients! Wendy Leung describes how she began her own bubble teashop, Hello Always Tea, and shares 35 favorite recipes—from the homemade tapioca balls she sells, to familiar blended teas (milk tea, taro, and fruit-based), to adventurous options (brown sugar; trendy milk and cheese foam tea; teas made with plant-based milks; and carbonated variations). She also includes a few snacks to round out your boba experience. Illustrated by bright and cheerful photography throughout (including photos from Wendy's travels in Taiwan), and packed with expertise about boba culture, *The Boba Cookbook*...

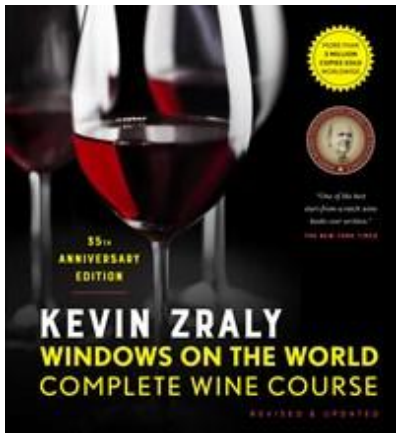
Contributor Bio

Wendy Leung is the owner of Hello Always Tea in New York City's East Village. As part of the process of finding her perfect cup of milk tea, she traveled to Taiwan (origin of boba), where she learned the art of making boba. She lives in New York City.



Sterling Epicure
9781454941705
Pub Date: 10/20/2020
\$14.95
Hardcover

112 Pages
all in color
7 in H | 7 in W



Sterling Epicure
9781454942177
Pub Date: 10/27/2020
\$35.00
Hardcover

464 Pages
all in color
9.3 in H | 8.5 in W

Kevin Zraly Windows on the World Complete Wine

Course (35th Edition, Revised)

Revised & Updated / 35th Edition

Kevin Zraly

Key Selling Points:

- This is the revised and updated 35th anniversary edition of the world's bestselling wine book, with more than three million copies sold to date - Includes quality rankings of the latest vintages of the world's most popular wines - Contains cutting-edge information on the latest trends and emerging regions - For easy access, the book includes a perforated chart of recommended vintages from around the world - At \$29.95, this is the ultimate gift book at an excellent price point

Summary

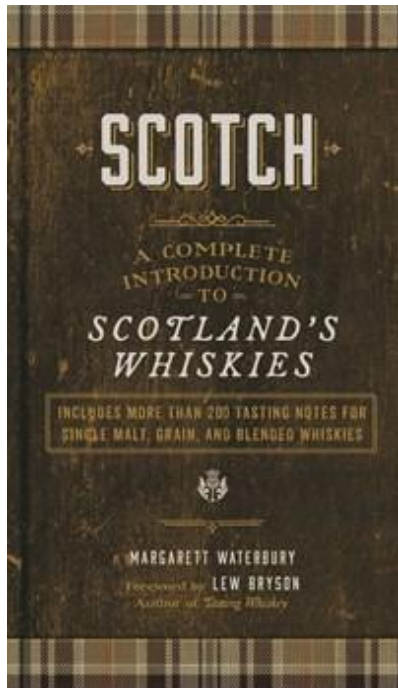
Raise a glass to the 35th anniversary edition of the definitive guide to understanding and appreciating wine—written by James Beard Lifetime Achievement Award Winner Kevin Zraly and **with more than three million copies sold.**

“When it comes to beginners’ wine guides, *Windows on the World Complete Wine Course* is one of the perennial best.” — *TheWall Street Journal*

Kevin Zraly is America’s ultimate wine educator, and his entertaining teaching style has made this must-have book a treasured favorite for more than three decades. He demystifies every aspect of wine: grape varieties, winemaking techniques, different types and styles of wine, how to read a wine label, and how to evaluate a wine in just 60 seconds. Ranging from the renowned reds of Bordeaux and California to the trailblazing whites of New York and Burgundy, this essential volume features maps of each region, lush photographs, a wealth of infographics, more than 800 of the best-value wines from around the world, over 100 labels—in...

Contributor Bio

Kevin Zraly is the founder and teacher of the Windows on the World Wine School, which graduated more than 20,000 students in 40 years, as well as the Sherry-Lehmann / Kevin Zraly Wine Club and master classes. His *Windows on the World Complete Wine Course* (Sterling Epicure) has sold more than three million copies worldwide, making him the world’s bestselling wine author. He has received the James B...



Sterling Epicure
9781454934059
Pub Date: 10/20/2020
\$24.95
Hardcover

336 Pages
all in color
9 in H | 5 in W

Scotch

A Complete Introduction to Scotland's Whiskies

Margarett Waterbury, Lew Bryson

Key Selling Points:

- Features complete tasting notes for more than 200 bottles - Sales of single malt Scotch expanded by 7.8 percent in 2018, making it one of the fastest-growing segments of the spirits market (Source: Scotch Whisky Association) - Only book to cover and review single grain, single malt, and blended Scotch - The author was the managing editor of Whisky Wash, a well-known website for whisky enthusiasts, and is well-connected to the Scotch whisky world

Summary

This ultimate guide to Scotch whisky offers an insider's look into one of the world's beloved spirits—its history, production, and traditions—along with tasting notes for more than 200 common bottlings.

***"Scotch whisky [has an] uncanny ability to transform a mundane moment into something special and memorable."* —Margarett Waterbury**

Scotch whisky is beloved around the world. But for the uninitiated, its diversity can be bewildering. This comprehensive guide to Scotch whisky history, production, and appreciation will help you navigate the world of Scotch with confidence. Along with an overview of its intricate production process and tips for visiting your favorite distillery, *Scotch* features profiles of more than 200 whiskies, from popular blends to coveted single malts, with a special focus on bottles you're likely to find with ease. You'll also find recommendations for matching the right whisky to the right occasion, from great values for everyday imbibing, to worth-the-splurge options ...

Contributor Bio

Margarett Waterbury is a full-time freelance writer whose work has appeared in *Food & Wine*, *Spirited Magazine*, *Whisky Advocate*, *Edible Seattle*, *Sip Northwest*, *Capital Press*, *In Good Tilth*, *Civil Eats*, *Travel Oregon*, *Portrait Magazine*, *Artisan Spirit*, and many other publications. She also judges drinks competitions. Margarett is the former managing editor of *Edible Portland*, as well as the cofounde...



The Alternative Flour Cookbook

100+ Almond, Oat, Spelt & Chickpea Flour Recipes You'll Love

Kim Lutz

Key Selling Points:

-The Alternative Flour Cookbook is the third entry in Sterling Epicure's Plant-Based Kitchen Series, after *The Oat Milk Cookbook* (May 2020) and *The Vegan Meat Cookbook*, (October 2020) - The Alternative Flour Cookbook is the first, comprehensive, alternative-flour cookbook in the marketplace that includes recipes that use a wide range of alternative flours—the others focus on only a single flour, such as coconut, almond, buckwheat, or chickpea - All recipes in *The Alternative Flour Cookbook* are gluten-free and boast multiple health benefits - Alternative flours are trending and on the rise: According to the 2019 Food and Health Report from the International Food Information Council, more than 80% of consumers perceive whole grains, including those in alternative-to-wheat flour, as healthful, edging out all other food groups and nutrients listed except fiber - According to an American Bakers Association Study (2019), Millennial and Generation Z participants responded that "fresh and natural" ingredients, such as those in "whole grains" (including those in whole-grain flours, like buckwheat and spelt, etc.) are the nutritional values they seek in all product categories of baked goods

Summary

Move beyond all-purpose flour with the first comprehensive cookbook that covers a wide range of alternative flours—not just one!

Alternative flours—like chickpea, oat, spelt, or almond—have many advantages for the home cook. They add complex flavors, and bring a host of nutrients, including protein, fiber, and minerals like iron and calcium, to just about every dish. Alternative flours are also versatile, making it easy to create plant-based quiches, frittatas, cakes, bread, and so much more. This groundbreaking cookbook features more than 100 simple recipes that will expand your vegan repertoire in exciting ways—such as enticing Pear Ginger Muffins, Orange Marmalade Baked Donuts, Gluten-Free Drop Biscuits, Rosemary Focaccia, Artichoke Fritata, Orecchiette with Broccoli Rabe, Mixed Greens with Almond-Crusted Tofu, Alternative Pot Pie, Peach Bourbon Upside-Down Cake, and Almond Chocolate Chip Cookies.

Contributor Bio

Kim Lutz is the author of several cookbooks, including *The Oat Milk Cookbook*, the first in Sterling Epicure's Plant-Based Kitchen, and *Ancient Grains*. She is the creator of the allergy-friendly website *Kim's Welcoming Kitchen*, and writes the column "Help! There's a Vegan in My House!" in *Gluten Free & More* magazine.



Sterling Epicure
9781454942535
Pub Date: 5/11/2021
\$18.95
Trade Paperback

176 Pages
all in color
9.3 in H | 7.5 in W



The Vegan Meat Cookbook

100 Impossibly Delicious, Alternative-Meat Recipes

Isabel Minunni

Key Selling Points:

- One of the hottest plant-based foods trending in 2019, textured plant-based protein products are now enjoying widespread popularity as an alternative to beef and pork, and products have been adopted by fast-food restaurants such as White Castle, Dunkin' Donuts, and Burger King. - In April 2019, Burger King introduced the fully plant-based "Impossible Whopper," and rolled out the product to 7,200 US locations. Sales are strong, and amount to a 5% comp store sales and about 50 units per store, per day, in just the first six months, according to Business Insider. - Market leader Impossible Foods was recently valued between \$3 and \$5B, doubling its growth as demand for product continues to grow (Reuters) - The market for meat substitutes is expected to reach more than \$5.5 billion by 2022, up from \$532 million in 2012 (Grand View Research Inc.)

Summary

Now even vegans can eat burgers, dogs, sausages, and more, thanks to a variety of new alternative meat products! Enjoy all the benefits of this healthy lifestyle trend —health, environmental, and ethical—with the 100 delicious recipes in this easy-to-use cookbook.

Alternative meat products that taste like real beef and pork, but without harming a single animal, are fast creating millions of "carniverts." *The Vegan Meat Cookbook* caters to that hungry audience with 100 recipes using trendy texture-based proteins made from soy, pea, and other plant-based alternatives. Illustrated with mouthwatering photos throughout, it provides background on these products, including those from well-known companies Beyond Meat and Impossible Foods; reviews the health benefits of a plant-based diet; and provides tips for buying and preparing these alt-meats. Try a hearty Brat Sausage Skillet Stew made from Beyond Meat Beyond Sausage Brats along with potatoes, apples, Brussels sprouts, and cabbage. Or dig ...

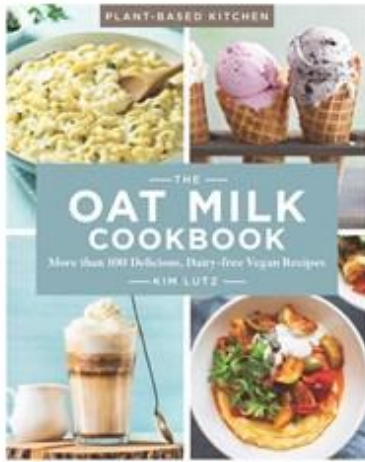
Contributor Bio

Isabel Minunni is a cook, recipe developer, food writer, and photographer. She created the popular food blog Bella's Banquet (bellasbanquet.com), and has won numerous food and baking competitions, including being named 2014's "Best Italian Chef" by Chef Jeff Mann and Maggiano's Little Italy restaurant chain. She is the author of *The 28-Day Pegan Diet*, also from Sterling.



Sterling Epicure
9781454941743
Pub Date: 1/5/2021
\$18.95
Trade Paperback

176 Pages
all in color
9.3 in H | 7.5 in W



The Oat Milk Cookbook

More than 100 Delicious, Dairy-free Vegan Recipes

Kim Lutz

Key Selling Points:

- There is no other oat milk cookbook on the market—this would be the first - According to Well + Good, the demand for oat milk has become so massive that market leader Oatly has raised its production by 1,250 percent - The market for alternative milk products is expected to reach \$41 billion by 2025, up from \$11.9 billion in 2017 (Grand View Research Inc.) - Oat milk is becoming the star ingredient in alt-yogurt; in 2019 So Delicious and Swedish brand Oatly debuted oat milk-based ice cream and frozen desserts

Summary

Oat milk is the latest trend in healthy gut food, and this easy-to-use cookbook helps you enjoy its benefits with more than 100 delicious recipes—all naturally free of dairy and lactose.

Oat milk, as a vegan alternative to cow's milk, is gaining widespread popularity due to its delicious flavor and impressive nutrient profile as an excellent source of calcium, Vitamin D, and heart-healthy fiber. Plus, it's naturally free of lactose, making it ideal for anyone with dietary restrictions, allergies, digestive distress, and other gut troubles. These 100 recipes will make oat milk an everyday ingredient in all the foods you crave—without compromising flavor! You'll find a wide array of mouthwatering, easy-to-make dishes, including rich desserts, snacks, smoothies, and of course main meals.

Recipes include:

- Delicious breakfasts, such as Strawberry Almond Overnight Oats, Vegan French Toast, and Spinach-Artichoke Strata
- Lunches and dinners, including Black Bean Cakes, Spicy Eggplant and Brown Rice...

Contributor Bio

Kim Lutz is the author of several cookbooks, including *Welcoming Kitchen*, *Super Seeds*, and *Ancient Grains*. She is the creator of the allergy-friendly website Kim's Welcoming Kitchen, and writes the column "Help! There's a Vegan in My House!" in *Gluten Free & More* magazine. Kim Lutz lives in Chicago.



Sterling Epicure
9781454938187
Pub Date: 7/21/2020
\$18.95
Trade Paperback

176 Pages
all in color
9.3 in H | 7.5 in W



Sterling Epicure
9781454936978
Pub Date: 9/1/2020
\$24.95
Trade Paperback

240 Pages
all in color
9 in H | 8 in W

Vegan on a Budget

125 Healthy, Wallet-Friendly, Plant-Based Recipes

Nava Atlas

Key Selling Points:

- Nava Atlas has a strong sales track with Sterling: *Vegan Holiday Kitchen* (2011 Sterling Epicure) has sold about 22,000 copies and *Wild About Greens* (Sterling 2012) has sold close to 25,000 copies - *Vegan on a Budget* is the perfect follow-up to Atlas's most recent title with Sterling Epicure, *5-Ingredient Vegan* - A recent edition of *Specialty Food Magazine* stated that plant-based foods "aren't just for consumers who don't eat meat." The magazine named plant-based foods as #1 in the top 10 food trends - Nava is the editor-at-large of VegKitchen vegkitchen.com, now owned by 301 Digital Media, which gets 500,000 to 800,000 page views per month and has 424,000 followers on Facebook - Nava has just launched a new website, *The Vegan Atlas* (theveganatlas.com), which will showcase and promote *5-Ingredient Vegan*. She is a tireless promoter of her books with Sterling

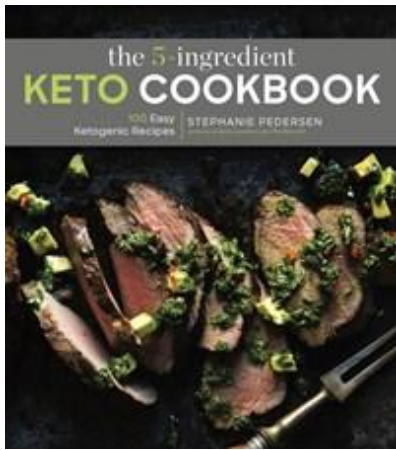
Summary

Eating vegan on the cheap CAN be luxurious! Be kind to your wallet, your body, and the environment too with this up-to-date, plant-based cookbook from Nava Atlas, one of the most respected authors in the world of vegan cooking.

Enjoy delicious, healthy, plant-based food every meal of the day, every day of the week—even beloved burgers, pizza, and pasta. AND do it on a budget, too! Plant-based doesn't have to break the bank, thanks to Nava Atlas's pennywise but irresistible recipes. Atlas supplies an arsenal of tips on the best plant-based protein bargains for the buck; buying in bulk; safe and inexpensive non-organic fruits and vegetables; coupons for natural foods; saving with apps like Ibotta, Drop, and BerryCart; cheaper ready-made vegan sauces and condiments as good as made-from-scratch; and much more. Her delicious, economical recipes include hearty soups and stews, such as White Bean Chili with Sweet Potatoes & Squash; skillet and stir-fries, like Vegan Sausage Skillet with Cabb...

Contributor Bio

Nava Atlas has a solid track with cookbooks that combine fresh, plant-based foods with healthy shortcuts to create great recipes quickly and efficiently, such as *The Vegetarian 5-Ingredient Gourmet*, which has sold more than 100,000 copies; *Vegan Holiday Kitchen*, *Wild About Greens*, and her most recent book with Sterling, *5-Ingredient Vegan*. Atlas is the creator of Vegkitchen.com, one of the web's f...



Sterling Epicure
9781454940210
Pub Date: 8/4/2020
\$19.95
Trade Paperback

176 Pages
all in color
9 in H | 8 in W

The 5-Ingredient Keto Cookbook

100 Easy Ketogenic Recipes

Stephanie Pedersen

Key Selling Points:

- Over the past year, Google Trends shows searches for "keto" have dwarfed searches for "paleo," "Whole 30," and "intermittent fasting" - Although there are many ketogenic books on the market, the "5-ingredients (or less)" hook is unique to our book - Stephanie Pedersen has authored more than 20 books and health-specific books - Perfect for keto newcomers looking for a simple way to try the diet

Summary

Finally—keto made simple for beginners! With just five ingredients each, these recipes are easy to prepare . . . and delicious, too. Perfect for those new to keto.

Keto eating is a great way to lose weight, lessen bloat, boost energy and mental acuity, and improve your sleep and mood. However, the diet can be complicated, with many details to keep track of and foods that must have just the right combinations of fat, protein, and carbs. But in *The 5-Ingredient Keto Cookbook*, author and nutrition consultant Stephanie Pedersen simplifies the process for newcomers to the diet with 100 high-fat, low-carb recipes anyone can make. These gourmet dishes—including breakfasts, lunches, dinners, snacks, fat bombs, and drinks, as well as plenty of big-batch and slow-cooker options—are designed with the macros you need to stay true to your plan. Plus, Pedersen gives you smart how-tos, sneaky keto tricks, and more! Nutritional counts are included with each recipe.

A day's keto menu may include:

- Baked A...

Contributor Bio

Stephanie Pedersen, MS, CHHC, AADP, is a nutrition educator, certified holistic health counselor, and author of more than 20 books, including *7-Day Superfood Cleanse* and *Kale: The Complete Guide to the World's Most Powerful Superfood*. In addition to hosting her weekly podcast (*The Cozy Show* at americancozy.com), she is a busy speaker, blogger, and mom. To learn more about her, visit StephaniePeder...



Sterling
9781454942498
Pub Date: 12/1/2020
\$24.95
Multiple Copy Pack

448 Pages
all in color
9 in H | 6 in W

The Everything Keto Kit

Everything You Need to Get Started on Your Weight Loss Journey

Stephanie Pedersen

Key Selling Points:

- The Everything Keto Kit addresses a trend with real staying power: keto books continue to sell no matter how many are in the marketplace - Audience for all things keto appears to be insatiable - The author, Stephanie Pedersen, is perfect for the subject: She's a nutritionist, certified holistic health counselor, and author of Sterling's Keto Lunches and 5-Ingredient Keto

Summary

Sticking to the high-power, low-carb keto diet just got easier!

The ketogenic diet reboots your metabolism and offers big results with lasting changes. If you are looking to start this popular plan and stay on track, *The Everything Keto Kit* will jump-start your weight loss and give you everything you need to achieve your goals. Here's what this three-book set covers:

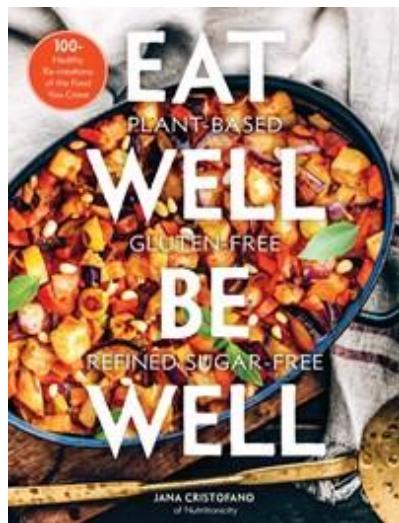
The Diet: Learn all you need to know about keto, including which foods to eat and which to avoid, and common challenges and how to overcome them. There's also a four-week meal plan featuring recipes from *The Keto Cookbook*.

The Cookbook: Enjoy 125 delicious recipes for every meal, including Keto Breakfast Cakes, Big-O Bacon Burgers, and Cilantro Lime-Shrimp Scampi with Zucchini Noodles. You'll even find sweet and savory fat-fueled snacks like Coconut Crackers and Meaty Jalapeño Poppers to curb your cravings.

The Journal: Chart your journey every step of the way! This helpful journal includes pages for jotting down your weekly ...

Contributor Bio

Stephanie Pedersen, CHHC, AADP, is a nutrition educator, cookbook author, and media host. She is the author of more than 20 books, including Sterling's *The 5-Ingredient Keto Cookbook: 100 Easy Ketogenic Recipes*; *Chia: The Complete Guide to the Ultimate Superfood*; and *Kale: The Complete Guide to the World's Most Powerful Superfood*. You can find Stephanie online at StephaniePedersen.com.



Sterling Epicure
9781454933779
Pub Date: 10/6/2020
\$24.95
Hardcover

256 Pages
all in color
9.3 in H | 7.4 in W

Eat Well, Be Well

100+ Healthy Re-creations of the Food You Crave

Jana Cristofano

Key Selling Points:

- Nutritionicity.com receives 50,000 unique VPMS - This cookbook is 100% plant-based, 100% gluten-free, and 100% refined sugar-free - The recipes offer variations and substitutions for omnivores seeking gluten-free recipes and vice versa, expanding the book's versatility. Many recipes offer alternatives for people with food-based allergies, such as nuts or grains

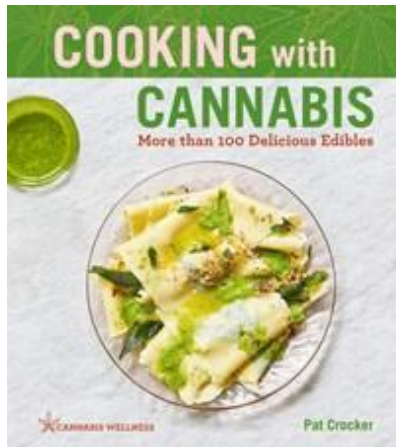
Summary

This 100% plant-based, gluten-free, and refined sugar-free cookbook will help you achieve your wellness goals without sacrificing the foods you love, whether you're suffering from food allergies or simply want to eat to feel better!

Jana Cristofano founded nutritionicity.com to share how eliminating gluten, animal products, refined sugar, and unhealthy fats helped her body heal from chronic ailments such as intense migraines, arthritis, and high blood sugar. Her followers enjoy the mouthwatering, healthy versions of their favorite foods that are often so hard to find. In Jana's debut cookbook, *Eat Well, Be Well*, you'll discover more than 100 delicious plant-based, gluten-free, and refined sugar-free recipes, from hearty breakfasts, fresh salads, and luscious soups to filling mains and decadent desserts. Each recipe features easy-to-follow instructions, category codes for quick reference (nut-free, oil-free, and more), guidance for allergy-friendly modifications, nutrition notes, and a p...

Contributor Bio

Jana Cristofano holds a certificate in Plant-based Nutrition from Cornell University's T. Colin Campbell Center for Nutrition Studies. Her recipes have appeared in numerous web and print publications, including BuzzFeed, *Closer*, *Country Living*, Healthline, Huffington Post, MSN, MyFitnessPal, and *Redbook*. She is the writer and photographer of nutritionicity.com, a popular plant-based/gluten-free bl...



Sterling
9781454940753
Pub Date: 6/2/2020
\$24.95
Trade Paperback

224 Pages
all in color
9 in H | 8 in W

Cooking with Cannabis

More than 100 Delicious Edibles

Pat Crocker

Key Selling Points:

- First in a new cannabis-themed series - Pat Crocker's copyrighted dosing chart makes cooking with cannabis both pleasurable and safe—a unique feature of the book
- Each serving is calibrated to deliver just the right amount of THC to ensure the maximum culinary and recreational benefit - As legalization continues to spread, there will be more demand for cannabis cookbooks like Pat Crocker's, which demonstrates how the seemingly simple act of putting weed in food can be transformative - Entrepreneurs are hip to the trend, including the likes of Martha Stewart, who is joining the Canadian marijuana company Canopy Growth, as an adviser, to help develop CBD and hemp products (Washington Post, 4/18/2019) - Pat Crocker is the author of 22 cookbooks, including The Smoothies Bible (54,525 copies sold) and The Juicing Bible (266,426 copies sold)

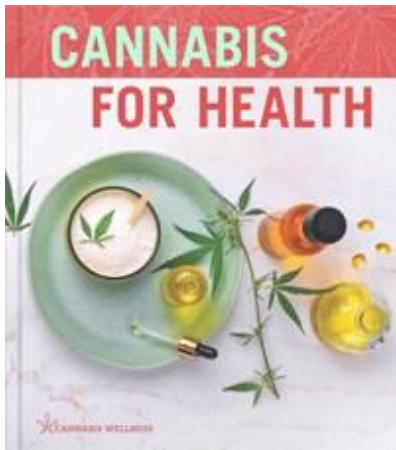
Summary

Food to make you feel good! In 100+ recipes, Pat Crocker demonstrates how easy, safe, and delicious it is to cook with cannabis—especially with the help of her unique, foolproof dosing chart.

This cookbook makes it easy to master the art of cooking and baking with cannabis! More than 100 recipes feature a spectrum of single-serve dishes, from healthy to decadent, all of which include raw or decarboxylated cannabis (a heating process that converts THCA into psychoactive THC). Plenty of practical information covers key issues such as extracting the maximum benefit from cannabis, dosing, and infusing with cannabis, as well as tips for first-time users who wish to safely make delicious cannabis edibles. Every serving delivers 5mg THC, just the right amount to experience both the recreational and gustatory pleasures of cannabis. There are so many delicious choices for every meal—Canna-Pancakes or a Mini Quiche with Arugula & Smoked Salmon for breakfast, for example, or a Black Bean Burger or...

Contributor Bio

Teacher, photographer, and author of 22 cookbooks, Pat Crocker is first and foremost a culinary herbalist with more than 1.25 million books in print. She was honored twice by the International Herb Association's Professional Award for outstanding contributions to the Herb Industry, and also received the 2009 Gertrude H. Foster award from the Herb Society of America for Excellence in Herbal Literat...



Sterling
9781454942610
Pub Date: 4/20/2021
\$24.95
Trade Paperback

224 Pages
all in color
9 in H | 8 in W

Cannabis for Health

The Essential Guide to Using Cannabis for Total Wellness

Mary Clifton, Barbara Brownell Grogan

Key Selling Points:

- Cannabis for Health is the second book in Sterling's Cannabis Wellness series after *Cooking with Cannabis* (published June 2020). The third title, scheduled for April 2021, is *Homegrown Cannabis - As legalization of cannabis continues to spread, there will be more demand for books in the category that address health and wellness - Cannabis for Health also addresses another trend: self-care, demonstrating how using cannabis with integrative nutrition (foods rich in complementary nutrients) and practices such as meditation, breathing, and exercise (such as yoga) support the healing powers of cannabis medicine - Coauthor Dr. Mary Clifton is the bestselling author of *The Grass Is Greener: Medical Marijuana, THC & CBD OIL: Reversing Chronic Pain, Inflammation and Disease - Dr. Clifton speaks at major cannabinoid events around the world, including Africa, Europe, and Asia - Dr. Clifton is also a leading voice in telemedicine, bridging the gap in healthcare availability and affordability for acute care, long-term wellness, and disability; she regularly sees patients from around the world on telemedicine platforms**

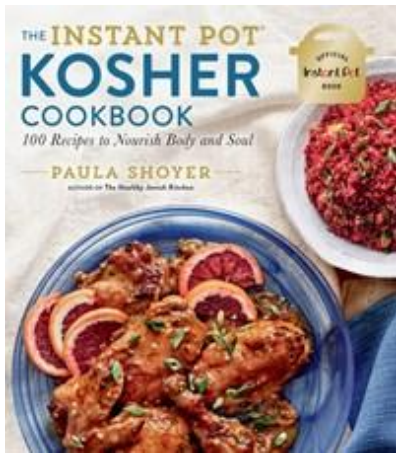
Summary

An engaging, authoritative, and accessible guide to using cannabis for wellness. Including a quick-reference chart to key cannabis strains and their health benefits, this book is one you'll want to keep close at hand.

Considered "magic" in ancient medicinal circles, cannabis has a true, documented history of healing. Not only does it contain the restorative plant nutrient cannabidiol, or CBD, which is gaining stature as an antidote for various conditions from pain and nausea to arthritis and post-traumatic stress, cannabis also carries some 100 other cannabinoid nutrients that heal, including the once-banished psychoactive but powerfully medicinal THC. Barbara Brownell Grogan and Dr. Mary Clifton, two experts on cannabis, give newcomers the crucial knowledge they need to begin their healing regimen safely. Because different strains work for different people in different ways, the cannabis plant is far from "one size fits all." *Cannabis for Health* discusses the various types and potenci...

Contributor Bio

Dr. Mary Clifton is a board-certified, licensed, internal medicine doctor practicing in Manhattan. She is a recognized expert in CBD and cannabis and the founder of CBDandCannabisInfo.com. A published researcher and bestselling author, and a leading voice in telemedicine, her passion is to help patients and practitioners create a fast reset for their health and lives.



Sterling Epicure
9781454937531
Pub Date: 2/2/2021
\$22.95
Trade Paperback

224 Pages
all in color
9 in H | 8 in W

The Instant Pot® Kosher Cookbook

100 Recipes to Nourish Body and Soul

Paula Shoyer

Key Selling Points:

- The Instant Pot® Cookbook is the first of its kind; there is no other Instant Pot Kosher cookbook on the market! - The Instant Pot® Duo Evo Plus Pressure Cooker claims the #1 spot on Williams Sonoma's list of The Best Kitchen Appliances of 2020, and USA Today lists The Instant Pot® WiFi 6-Quart as the best electric multi-cooker in its roundup The 30 Best Kitchen Gadgets of 2019. Various Instant Pot® models continue to be bestsellers on Amazon - The Instant Pot® and kosher cooking are the perfect pair: Jewish cooks have relied on slow cookers, which required hours of cooking time, but the Instant Pot® has changed that - Jewish food continues to trend: In the last two years, babka graced the cover of Food and Wine magazine; potato kugel was featured in the Sunday New York Times Magazine; and Bon Appétit magazine listed Jewish deli food as a hot trend - Shoyer lectures and does cooking and baking demos year-round for Jewish groups all over the US, as well as media in the DC area

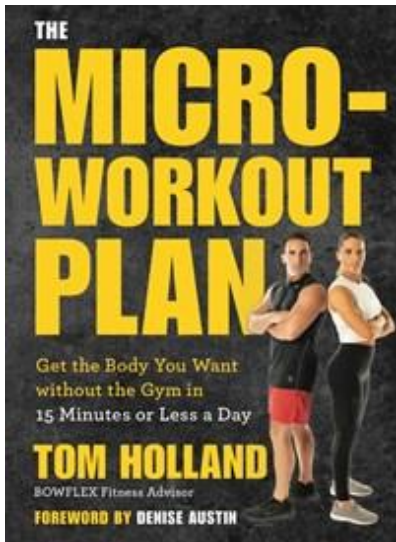
Summary

Welcome to the first Instant Pot® cookbook to feature kosher food. Paula Shoyer has expertly developed a robust array of both traditional and contemporary kosher recipes for the king of all kitchen appliances: the Instant Pot®!

Jewish food and the Instant Pot® are a natural fit. So many traditional Jewish dishes are soups and stews—prepared before Friday night and kept warm throughout Shabbat, when observant Jews aren't allowed to cook—and that's the sweet spot of the Instant Pot®. For decades, Jewish families have relied on slow cookers to achieve the soft, flavor-filled stews of their ancestors, but they lamented the time required. Now, the Instant Pot® allows for vastly shorter cooking times without compromising flavor or texture. *The Instant Pot® Kosher Cookbook* includes timeless Jewish favorites tailored to this modern appliance: stuffed cabbage, Israeli cooked salads, corned beef, brisket, cholent, Yemenite and Persian beef and lamb stews, chicken soup, beet soup, kasha varnishk...

Contributor Bio

Paula Shoyer graduated from the Ritz Escoffier pastry program in Paris and teaches French and Jewish baking classes in the Washington, DC, area. She conducts large-scale baking demonstrations across the United States and Canada. Paula is the author of *The New Passover Menu*, *The Holiday Kosher Baker*, *The Kosher Baker*, and *The Healthy Jewish Kitchen*. Shoyer is a contributing editor to kosherscoop.co...



Sterling
9781454934295
Pub Date: 6/2/2020
\$22.95
Trade Paperback

224 Pages
all in 2-color
8.9 in H | 6.5 in W

The Micro-Workout Plan

Get the Body You Want without the Gym in 15 Minutes or Less a Day

Tom Holland, Denise Austin

Key Selling Points:

- Nautilus—which owns the Bowflex and Schwinn brands—will guarantee an author tour and promote the book (Bowflex Breakfast Club on Facebook Live, Bowflex newsletter of 700,000 subscribers, original video content to support the book) - The Hoffman Company, the global PR team for Nautilus, will push the author and book across all platforms: television, radio, print, web, and more - Author kicked off the first-ever fitness podcast on iHeartRadio called Fitness Disrupted in July 2019, with Bowflex as a major sponsor. Both iHeart and Bowflex will be heavily promoting the show - Author's social media is: 20,000 Twitter followers, 42,900 Facebook followers

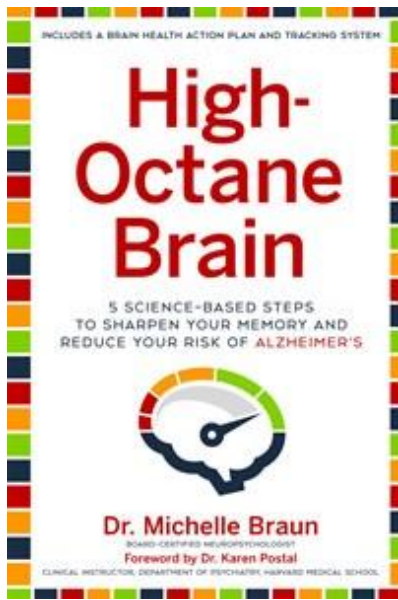
Summary

Ditch the gym! It's not about how long you exercise—or where—but about the type of moves you do. Bowflex Fitness Advisor Tom Holland introduces micro-workouts for optimal health that will help you achieve the body you want.

Does the prospect of spending long hours at the gym deter you from exercising? Tom Holland has a much better approach: “excessive moderation” utilizing manageable micro-workouts that provide maximum, long-term results by engaging your full body, elevating your heart rate, accelerating physical conditioning, and increasing circulation and energy. They're perfect for the busy people who don't have time for the gym and want to exercise when, where, and for however long they want. In *The Micro-Workout Plan*, Tom shares the knowledge he's gained from 30 years in the fitness industry, debunks myths, explains why micro-workouts succeed, and offers a motivating, manageable method for fitness well-being. He provides actionable steps with 30 5-minute mix-and-match micro-workou...

Contributor Bio

Tom Holland is an author, corporate consultant, exercise physiologist, and elite endurance athlete. As a Bowflex® Fitness Advisor, he creates content, markets new products, and hosts weekly fitness videos online. He has served as a celebrity ambassador for Core Hydration, ElliptiGO, FRS Healthy Energy, PowerBar, FitVine, Sportwater, and other companies. He has hosted numerous bestselling fitness D...



Sterling
9781454937784
Pub Date: 9/8/2020
\$24.95
Hardcover

288 Pages
9 in H | 6 in W

High-Octane Brain

5 Science-Based Steps to Sharpen Your Memory and Reduce Your Risk of Alzheimer's

Michelle Braun, Karen Postal

Key Selling Points:

- **PREVENTATIVE CARE:** There is no direct genetic cause for 95 percent of Alzheimer's cases and because of this, many do not take the preventative steps to change their lifestyle. This essential resource offers a scientifically based program and is the first book to focus on multiple strategies to reduce the risk of Alzheimer's and provide a way to track your results - **PRIMARY AUDIENCE:** The Alzheimer's Association refers to Alzheimer's as the defining disease of the Baby Boomers and estimates that 10 million Boomers will eventually have the disease, representing a significant increase from the 5.7 million Americans who current suffer from the disease - **SECONDARY AUDIENCE:** The growing number of healthcare providers who treat individuals with memory concerns. General memory concerns are very popular: 35% of people over the age of 60 were concerned about memory loss- **TERTIARY AUDIENCE:** The "sandwich generation" or individuals 40-49 who are caregivers for their aging parents

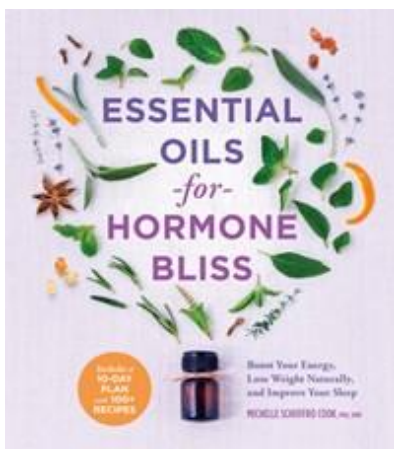
Summary

From a Harvard- and Yale- trained neuropsychologist and a national leader in the field of brain health, a science-backed program to boost memory and dramatically decrease the risk of Alzheimer's in five steps.

American adults fear Alzheimer's more than any other disease (including cancer), and because many people do not realize there is no genetic cause for 99 percent of Alzheimer's cases, they do not take the necessary steps to change lifestyle factors shown to significantly protect against the disease. In her debut book, board-certified neuropsychologist Dr. Michelle Braun inspires readers to make lasting improvements by understanding the truth about brain health and providing expert guidance through the maze of conflicting media advice on supplements, brain games, nutrition, and exercise. Braun interviews eight leading brain health experts, combining their insights with cutting-edge research to offer proven strategies to implement the five steps of the High-Octane Brain. Interactive...

Contributor Bio

Dr. Michelle Braun is a Harvard- and Yale- trained, board-certified neuropsychologist and a national leader in the field of brain health and cognitive functioning. She is a former instructor of psychiatry at Harvard Medical School and Assistant Director of Inpatient Mental Health at the Boston Veterans' Administration Hospital. She was the featured presenter in a live PBS *Next Avenue* television pr...



Sterling Ethos
9781454938255
Pub Date: 8/4/2020
\$19.95
Trade Paperback

192 Pages
all in color
9 in H | 8 in W

Essential Oils for Hormone Bliss

Boost Your Energy, Lose Weight Naturally, and Improve Your Sleep

Michelle Schoffro Cook

Key Selling Points:

- The use of essential oils for health complaints is becoming increasingly mainstream and offers an attractive alternative to conventional treatments that rely on synthetic hormones or have unwanted side effects - Will be the first fully illustrated book on the hormone-balancing properties of essential oils - Covers hormone-related health conditions that affect both men and women and features separate chapters on men and women's health - The author has both the qualifications and platform for a book on this topic with an email list of more than 10,000 subscribers and more than 25,000 social media followers—she is also a well-known doTERRA Wellness Advocate and essential oil expert

Summary

A trusted natural-health expert reveals how you can use essential oils to address a range of hormone imbalances . . . so you can feel your very best.

What do brain fog, moodiness, low energy, and skin problems have in common? They can all be signs of a hormone imbalance. Hormones, chemical messengers that regulate the body's most vital functions, are essential to your well-being. When they're out of sync, they can wreak havoc. Whether you struggle with menopausal symptoms, chronic fatigue, or another hormone-related health issue, essential oils—inhaled, applied topically, or taken internally—can offer an effective solution. Michelle Schoffro Cook, a board-certified doctor of natural medicine, aromatherapist, and author of the bestselling *The Ultimate pH Solution* (2007), teaches you how to harness their hormone-balancing power. She covers the benefits of essential oils on seven parts of the body, outlining how these powerful all-natural substances can combat adrenal fatigue, facilitate t...

Contributor Bio

Michelle Schoffro Cook, PhD, DNM, RNCP, ROHP, is a bestselling author, blogger, and registered nutritional consulting practitioner. She is the publisher of the popular free e-newsletter *World's Healthiest News*. She is the internationally successful author of *60 Seconds to Slim*, *The Ultimate pH Solution*, and *The 4-Week Ultimate Body Detox Plan*. She is a popular natural-health blogger, whose work ha...



The Essential Oils Healing Deck

52 Cards to Enhance Body, Mind & Spirit

Michelle Schoffro Cook

Key Selling Points:

- Essential oils are one of the biggest health trends today and are becoming increasingly mainstream
- With beautiful illustrations and an easy-to-use package, this card deck makes a great gift for any essential oil enthusiast
- Will be the only essential oil card deck on the market to cover the physical and emotional benefits of essential oils
- The author has both the qualifications and platform for a book on this topic with an email list of more than 10,000 subscribers and more than 25,000 social media followers-she is also a well-known doTERRA Wellness Advocate

Summary

Which oil will work for you? This beautifully illustrated 52-card deck + booklet will help you understand the benefits of a variety of essential oils and harness their healing powers.

Essential oils have been used for therapeutic purposes for more than 6,000 years, and today many turn to these substances for their healing properties, whether they want to address a physical ailment or find emotional balance. Drawing from her expertise and hands-on experience with these powerful oils, Dr. Michelle Schoffro Cook has created a colorful and user-friendly card deck and booklet. Each of the 52 cards outlines the properties of an essential oil, ranging from frankincense to lavender, while the booklet provides a comprehensive introduction to these oils with their history and applications. With a range of ideas for using the oils to strengthen physical, mental, and spiritual well-being, this essential reference helps readers take full advantage of their healing potential.

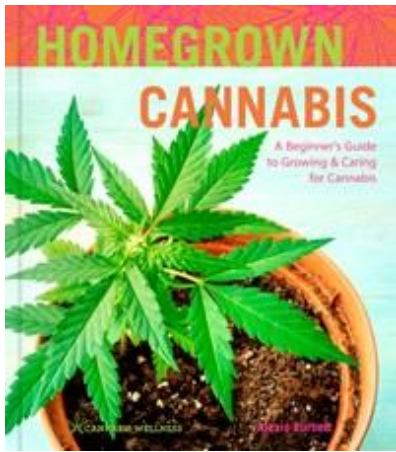
Contributor Bio

Michelle Schoffro Cook, PhD, DNM, RNCP, ROHP, is a bestselling author, blogger, and registered nutritional consulting practitioner. She is the publisher of the popular free e-newsletter World's Healthiest News. She is the internationally successful author of *60 Seconds to Slim*, *The Ultimate pH Solution*, and *The 4-Week Ultimate Body Detox Plan*. She is a popular natural-health blogger, whose work ha...



Sterling Ethos
9781454941729
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\$19.95
Kit

128 Pages
2-color 3 x 5 1-2 book + 52
full-color cards
6 in H | 3.8 in W



Homegrown Cannabis

A Beginner's Guide to Cultivating Organic Cannabis

Alexis Burnett

Key Selling Points:

- With 25 states and the District of Columbia allowing cannabis to be grown at home for medical usage and the legalization of cannabis in Canada, interest in growing cannabis is both legal and will continue to attract interest in the coming years
- Offers an approachable and friendly introduction to cannabis in a market that is dominated by lengthy and technical handbooks for commercial growers
- The only guide to growing cannabis with a strong focus on regenerative practices and organic growing methods

Summary

An approachable and comprehensive introduction to growing cannabis in indoor spaces and outdoor gardens with a focus on regenerative practices and organic growing methods.

Growing your own cannabis lets you cultivate a plant with many healing properties right in your backyard and gives you control over how your plants are grown and what materials are being used. Whether you have a space in your home that you can turn into a grow room or a garden in your backyard, herbalist and cannabis grower Alexis Burnett will help you nurture your plants from seed or clone to a mature plant with minimal need for chemicals and pesticides. You'll begin by taking a deep dive into gardening and plant-care basics, learn about essential equipment, eliminating pests and diseases, how to select the best cultivars for your needs, and create compost teas and soil amendments that improve the health of your plants without harming the environment or chemicals. Diagrams and photographs will clearly showcase the c...

Contributor Bio

Alexis Burnett is an herbalist, farmer, and nature connection mentor based out of Grey County, Ontario, Canada. He has been working with and growing plants since childhood and has spent the last twenty-five years honing his craft as an herbalist and herb farmer. He lives with his wife and two kids on Rebel Roots Herb Farm, where they grow more than fifty medicinal herbs and run an outdoor school c...



Sterling
9781454942092
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224 Pages
all in color
9 in H | 8 in W



Sterling Ethos
9781454934639
Pub Date: 8/4/2020
\$16.95
Hardcover

160 Pages
all in color
7.3 in H | 5.6 in W

CBD

Self-Care Secrets to Hemp-Derived Wellness

Blair Lauren Brown, Chelsea Leyland

Key Selling Points:

- Major merchandisers such as Walgreens, CVS are picking up hemp-derived CBD products in 2,300 stores between the two retailers (Forbes) - Beautiful photographs and recipes make this a practical-yet-gifty take on an increasingly popular subject

Summary

Blair Lauren Brown, founder of Verté Essentials, offers a captivating introduction to CBD—what it is, how it can improve your health, and how to use it for personal wellness.

Cannabidiol (CBD) is a non-intoxicating, non-psychoactive, anti-inflammatory compound of the cannabis plant with enormous therapeutic potential. It can relieve stress and anxiety, as well as a wide range of conditions including muscular discomfort and chronic pain. Blair Lauren Brown shares her knowledge of cannabidiol and provides recipes to try in daily practice. She covers the exciting science behind CBD, explores all the properties of the cannabis plant, and offers hints on how to use it most effectively. Beautifully illustrated throughout, this authoritative guide suggests ideas for self-care and daily pleasure that will enhance mind, body, and spirit.

Contributor Bio

Blair Lauren Brown is the alchemist, founder of Verté Essentials, a luxury wellness and beauty brand featured in *Forbes* and *Cosmopolitan*, among others. One of the first all-natural beauty and wellness products to reach US and international shelves featuring cannabis CBD as an ingredient, Verté maintains a reputation for innovative and effective formulations. Working with a host of diversely qualif...



Sterling Ethos
9781454937807
Pub Date: 8/4/2020
\$16.95
Hardcover

160 Pages
all in color
7.3 in H | 5.6 in W

Collagen

Self-Care Secrets to Eat, Drink, and Glow

Jessica Bippen

Key Selling Points:

- Beautiful photographs and delicious recipes make this a practical-yet-gifty take on an increasingly popular subject - The collagen supplement market is projected to grow to reach 4.6 billion by 2023 according to the Associated Press - This is one of the only comprehensive guides about collagen supplements available to consumers

Summary

Jessica Bippen, registered dietitian and founder of the popular Nourished by Nutrition blog, offers a captivating introduction to dietary collagen supplements and how to use them for personal wellness. Gorgeously packaged, it's perfect for the GOOP and Well+Good audience, for yourself, or as a gift.

Dietary collagen offers a unique blend of amino acids and other compounds that are essential for maintaining the structure and integrity of almost every part of the body and at every age. It can improve the health of our skin, hair, nails, bones, and joints, as well as our digestive and immune systems. Registered dietitian Jessica Bippen shares her knowledge of this protein and explains why the wellness community has embraced its benefits. She answers common questions on collagen loss and how to prevent it, choosing a supplement and incorporating it into your daily practice, as well as dosing. Jessica also provides a selection of delicious recipes for drinks and smoothies, small bites, entr...

Contributor Bio

Jessica Bippen, MS, RD, is a registered dietitian who founded Nourished by Nutrition, a nutrition coaching practice and wellness website, in 2017. She graduated from Saint Louis University with a Bachelor's Degree in Nutrition and Dietetics and received her Master's in Nutrition Therapy from the same school. Jessica is a member of the Academy of Nutrition and Dietetics, Dietitians in Functional Me...



Healing Spices Handbook

Barbara Brownell Grogan, Deanna Gabriel Vierck

Key Selling Points:

-Perfect fit for series: Research shows that spices—even more than herbs, fruits, and vegetables—are rich in antioxidants and other uniquely health-beneficial ingredients. Studies of dietary patterns around the world confirm that spice-consuming populations have the lowest incidence of such life-threatening illnesses as heart disease, cancer, diabetes, and Alzheimer's - Spices are easy to find in many groceries and health food stores today

Summary

Spices do more than just flavor food! This introductory illustrated guide shows how spices can maintain optimal health and treat common ailments, and offers healing recipes.

Easy to follow, approachable, and authoritative, this is the essential reference to using spices for maximum health and wellness. It's packed with practical information, including the benefits of spices, their history as natural remedies, creating spice blends, safety tips, common uses, and delivery systems. An A-Z guide of 40 spices identifies their preventative and curative potential, and each examination of 40 conditions features one or two spice-filled recipes to help you heal.

Here's what healing spices can do for you:

- Muscles, joint pain, and arthritis can be treated with cayenne, ginger, and turmeric.
- Garlic and onion can alleviate seasonal allergies.
- Fenugreek can regulate type 2 diabetes.
- Red pepper can ease a hangover.
- Juniper berries can help with a UTI.
- Sumac can treat skin conditions such as eczema, psoriasis,...

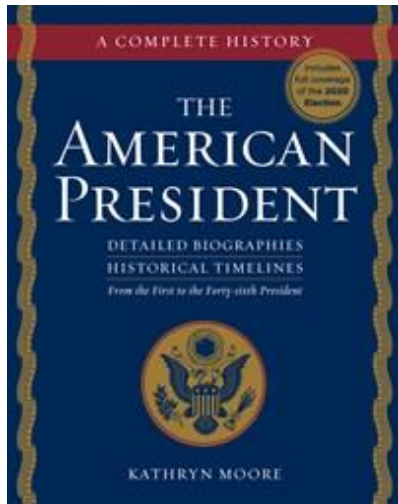
Contributor Bio

Barbara Brownell Grogan, principal for Rivanna Publishing Ventures, is former editor-in-chief of National Geographic Books and a certified health coach through New York's Institute for Integrative Nutrition. At National Geographic she developed the health line of reference books. She is coauthor of *500 Time-Tested Home Remedies and the Science Behind Them* and editor of USDA's *Guide to Infant Nutri...*



Sterling
9781454938729
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Trade Paperback

240 Pages
all in color
9 in H | 6 in W



Sterling
9781454943174
Pub Date: 4/6/2021
\$30.00
Trade Paperback

736 Pages
all in 2-color
9.5 in H | 7.5 in W

The American President *(3rd Edition)* A Complete History

Kathryn Moore

Key Selling Points:

- Best single-volume history of the American presidency on the market.
- Fully updated to include the results of the 2020 election.
- Updates include coverage Donald Trump's first presidential term, including Immigration and border security, the Chinese trade agreement, the North Korea Summit, the Covid-19 Pandemic, the 2020 presidential election, and more.
- Appealing to readers looking for an objective and nonpartisan historical reference.
- Unique reference guide for readers of American history.
- Authoritativeness and comprehensiveness will make it attractive to libraries.
- One of the only books on the subject that is marketed to adults and not children.

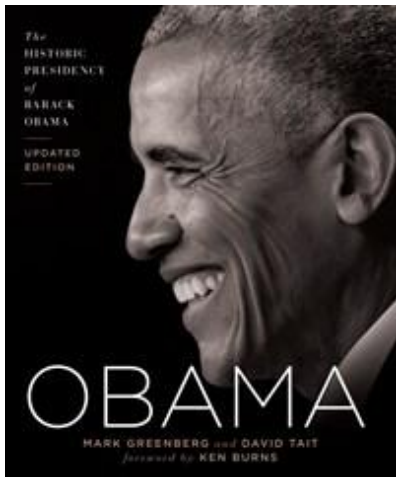
Summary

The most thorough, authoritative, and up-to-date single-volume reference to the presidency in print.

In *The American President: A Complete History*-perhaps the most authoritative and readable single-volume reference work of its kind-historian Kathryn Moore presents a riveting narrative of each president's personal and political experiences in and out of office, along with illuminating facts and statistics about each administration, fascinating timelines of national and world events, astonishing trivia, and much more. These details are woven together to present a complex and nuanced portrait of the American presidency, from the nation's infancy to today. Fully updated to include the 2020 election.

Contributor Bio

Kathryn Moore was the coauthor, with D.M. Giangreco, on *Dear Harry... Truman's Mailroom, 1945-1953: The Truman Administration Through Correspondence with "Everyday Americans"*; and *Eyewitness D-Day*. She has also written articles for *American Heritage*, *American History*, and numerous daily newspapers. Moore teaches American history in Lee's Summit, MO.



Sterling
9781454937821
Pub Date: 10/6/2020
\$29.95
Hardcover with dust jacket

224 Pages
all in color
10.9 in H | 9.1 in W

Obama *(Revised)*

The Historic Presidency of Barack Obama - Updated Edition

Mark Greenberg, David Tait, Ken Burns

Key Selling Points:

- Includes 16 additional pages of material - A beautiful tribute to a beloved president's legacy that every one of his admirers will want to own - Notable contributors, including Sir Richard Branson, Tweed Roosevelt, and Anastasia Somoza, and a plethora of celebrities, business leaders, community leaders, and politicians - Rare and previously unseen photographs along with iconic images and newspaper front pages - Features several landmark speeches by President Obama, including a new one from 2019

Summary

A vibrant celebration of President Obama, this stunning commemorative book provides a valuable record of his historical presidency and the years since he left office.

It has now been more than two years since Barack Obama concluded his historic two-term presidency. Through stunning images by White House photographers and others, as well as notable essays and quotes from a broad spectrum of people, this updated edition of *Obama* looks back at the President's journey—from his remarkable victory, to his significant milestones and final days in office, to his life after the White House.

Obama features rare and previously unseen photographs, along with iconic images and newspaper front pages. It also features dramatic pictures—including the iconic shot from the situation room as the president and his staff watched the live unfolding of the Osama bin Laden raid; day-to-day images of Obama in his roles as world leader, policymaker, commander in chief, and father. There are lighthearted ph...

Contributor Bio

Former Associated Press editor Mark Greenberg has been a photojournalist for more than 40 years, having worked for United Press International, the *Star Ledger*, and Visions, his own New York-based photo agency. He has won World Press Photo awards and was nominated for a Pulitzer Prize for feature photography on the *Voyager* aircraft. Greenberg was co-creator of the 2009 bestselling book *Obama: The H...*



Sterling
9781454941163
Pub Date: 11/10/2020
\$35.00
Hardcover with dust jacket

224 Pages
all in color
10.9 in H | 9.1 in W

Victory

World War II in Real Time

Alan Axelrod, David Eisenhower

Key Selling Points:

- We are releasing the book in August to take advantage of the news cycle that will be surrounding the 75th anniversary of VJ Day (Victory Japan Day, when Japan surrendered) on August 14, and then AP can repromote again on September 2, the 75th anniversary of when the armistice was formally signed by MacArthur and Japan aboard the USS Missouri. -The AP's wire service will distribute a feature story about the book (with photos) to the 1,300 daily papers that own the AP. -The AP will do chapter excerpts and "AP Was There" features via AP Wire; the AP Wire is picked up by around 15,000 media outlets, including almost every daily newspaper, as well as the major broadcast media and web-news sites, reaching about 200 million US readers per day -The AP will promote the book on its website, <https://www.apnews.com> (approximately 22 million visitors per month); on its blog <https://blog.ap.org/> (300,000 e-mail subscribers); on its Twitter feed (13.6 million followers); and on its mobile app.

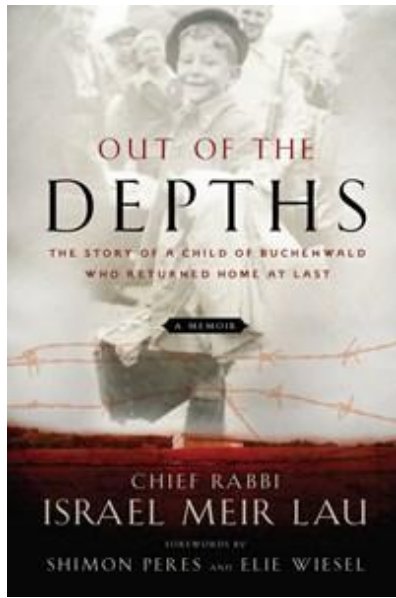
Summary

A commemoration of the 75th anniversary of the WWII victory, *Victory* covers the war through "breaking news" stories and photographs from the Associated Press—the main US chronicler of the conflict.

Victory commemorates the 75th anniversary of the end of WWII: May 8, 1945, VE Day; August 14, VJ Day; and September 2, the formal signing of the instrument of surrender. This stunning book covers the war through contemporary Associated Press coverage of 40–45 key events, plus human-interest accounts. The stories and photographs are presented chronologically so that readers of today can experience the scope of the war in the same way people of *that* era learned of the events. From Germany's invasion of Poland on September 1, 1939, to Japan's ceremonial signing of surrender aboard the USS *Missouri* in Tokyo Bay on September 2, 1945, each event is vividly brought to life through images and text from the original articles; historian Alan Axelrod provides insightful introductory text for each chapte...

Contributor Bio

Alan Axelrod has written more than 100 books, including the CEO and Real History series, *Disruptors*, and *The Gilded Age* (all Sterling). He was coauthor of the *New York Times* bestseller *What Every American Should Know About American History* (with Charles Phillips) as well as the *Businessweek* bestsellers *Patton on Leadership* and *Elizabeth I, CEO*. He has appeared on numerous TV and radio programs and...



Sterling
9781454942634
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Trade Paperback

400 Pages
2 8-pg full-color inserts
9 in H | 6 in W

Out of the Depths

The Story of a Child of Buchenwald Who Returned Home at Last

Rabbi Israel Meir Lau, Elie Wiesel, Shimon Peres

Key Selling Points:

- Lau is an incredible speaker, storyteller, and extremely comfortable in the media - The book reprinted 11 times, and was a bestseller in Israel for months; it has sold 50,000 copies - As a leader in the Orthodox Jewish community, Lau has a built-in audience, who will be reached by the book's imprimatur, the Orthodox Union (OU). OU is the global leader in Kosher certification, and its label appears on 500,000+ products in 83 countries. OU has a fantastic marketing reach through its publications and programs worldwide

Summary

One of the youngest survivors of Buchenwald, Israel Meir Lau was eight at the time of liberation. *Out of the Depths* is Lau's harrowing, suspenseful, miraculous, and inspiring story, told in his own words.

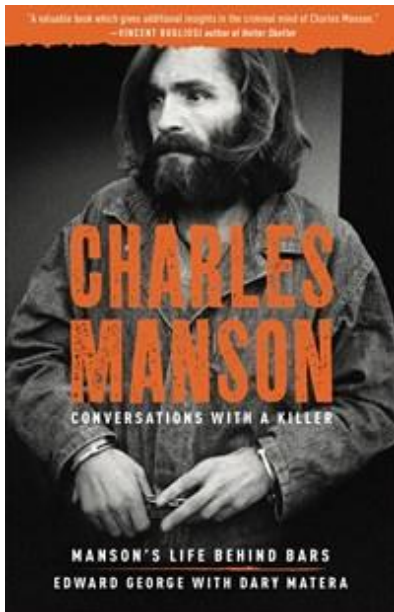
With a foreword by Nobel Laureate Elie Wiesel!

Israel Meir Lau, one of the youngest survivors of Buchenwald, was just eight years old when the camp was liberated in 1945. Descended from a 1,000-year unbroken chain of rabbis, he grew up to become Chief Rabbi of Israel-and like many of the great rabbis, Lau is a master storyteller. *Out of the Depths* is his inspiring account of life in one of the Nazis' deadliest concentration camps, and how he managed to survive against all possible odds.

Lau, who lost most of his family in the Holocaust, also chronicles his life after the war, including his emigration to Mandate Palestine during a period that coincides with the development of the State of Israel. The story continues up through the present day, with that once-lost boy of eight now a bril...

Contributor Bio

Rabbi Lau is one of the world's most revered and charismatic Jewish leaders. Lau was born in 1937 in Poland, the son of his town's last Chief Rabbi. He served as the Ashkenazi Chief Rabbi of Israel from 1993 to 2003. Currently, he is Chairman of the Yad Vashem Council; Yad Vashem is Israel's official memorial organization to the Jewish victims of the Holocaust. In 2005, Lau was awarded the Israel ...



Charles Manson: Conversations with a Killer

Manson's Life Behind Bars

Edward George, Dary Matera

Key Selling Points:

- The second book in the newly launched "Conversations with a Killer" series, following the success of Ted Bundy: Conversations with a Killer - Quentin Tarantino's recent hit film Once Upon a Time...in Hollywood was partly based on the Manson family murders in 1969 and resurrected interest in Charles Manson - The only book published about Charles Manson that details his time in prison, by far the majority of his life - Includes accounts of the ongoing relationship between Manson and his most dedicated followers, including Lynette "Squeaky" Fromme, who attempted to assassinate President Gerald Ford while Manson was in prison

Summary

This is the gripping story of the real Charles Manson as told by his long-time prison administrator, counselor, unofficial "press agent," and confidant, Ed George.

"Throughout my life, people have asked me about Manson. . . . 'Does he have hypnotic powers?' 'Does he have a diabolical charisma?' . . . 'Is he crazy?' My response is that for some people, the answer to all of the above is yes—except for the last question." —EDWARD GEORGE

Charles Manson was perhaps the most infamous criminal of the twentieth century. Convicted for orchestrating the shocking Tate-LaBianca murders in 1969, and for two other killings, there has been much written about him. But not many people knew him as well as Edward George, who over years of conversations with Manson as his prison administrator, counselor, unofficial "press agent," and confidant, gained deep insight into Manson's mind-set. In this updated edition of George's riveting account, he illuminates the many sides of Manson: charismatic cult leader, m...

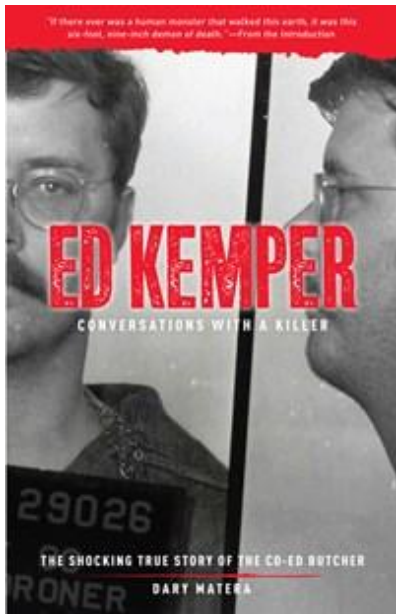
Contributor Bio

Edward George worked for the California Department of Corrections as a counselor and ward supervisor for nearly 20 years. He oversaw Charlie Manson's detention at both San Quentin and the California Medical Facility. Dary Matera is the author of 14 books, including *Are You Lonesome Tonight?* and *John Dillinger: America's First Celebrity Criminal*.



Sterling
9781454940869
Pub Date: 4/7/2020
\$17.95
Trade Paperback

384 Pages
8.5 in H | 5.5 in W



Ed Kemper: Conversations with a Killer

The Shocking True Story of the Co-Ed Butcher

Dary Matera

Key Selling Points:

- The third book in the Conversations with a Killer series, following the success of *Ted Bundy: Conversations with a Killer*
- Kemper is back in the public eye after actor Cameron Britton's chilling performance as the killer in the hit Netflix series *Mindhunter* (he received an Emmy nomination for Outstanding Guest Actor in a Drama Series for the role)
- This will be the only trade book on Kemper on the market (other than an OP 1976 book published by Walker, the rest are all self-published CreateSpace titles and Kindle-only editions).

Summary

The third title in our Conversations with a Killer series focuses on one of the most notorious serial killers of the 1970s, Ed Kemper, a key character in the hit Netflix series *Mindhunter*.

If there ever was a human monster that walked this earth, it was Edward "Big Ed" Kemper: a six-foot-nine inch, 280-pound psychotic killer with an IQ of 145-and a rare breed of sexual deviant known as a necrophiliac. As a troubled 15-year-old in 1964, Kemper shot and killed his grandparents. After 6 years of therapy he was deemed cured and set free on society; 9 years later he went on an 11-month reign of terror slaughtering, beheading, dismembering and raping 6 college co-eds in California. He finished his spree by brutally killing his mother with a hammer and breaking her best friend's neck with his huge, bare hands. The horror still reverberates today. Scarier still, Kemper, 71, remains alive at the California Medical Facility in Vacaville-home to such past infamous killers as Charles Manson and Jua...

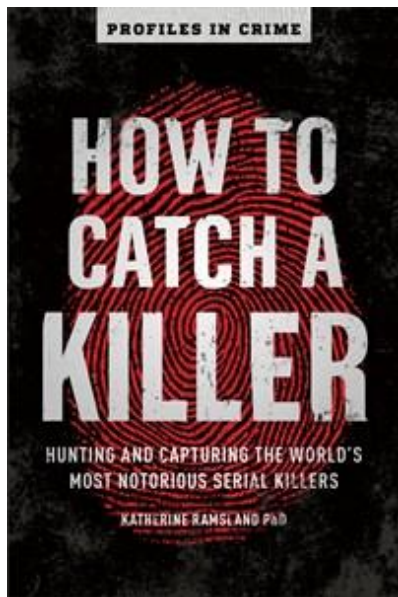
Contributor Bio

Dary Matera is the author of 14 books, including the bestseller *Are You Lonesome Tonight* and Sterling's *Charles Manson: Conversations with a Killer*, co-authored with Edward George. He's worked closely with the FBI on such previous books as *Quitting the Mob*, *The FBI's Ten Most Wanted*, and *John Dillinger*. His books have been featured on *20/20*, *60 Minutes*, *48 Hours*, *Primetime Live*, *Nightline*, *Good Mo...*



Sterling
9781454943150
Pub Date: 6/1/2021
\$17.95
Trade Paperback

288 Pages
8.5 in H | 5.5 in W



Sterling
9781454939375
Pub Date: 7/7/2020
\$17.95
Trade Paperback

312 Pages
8.3 in H | 5.5 in W

How to Catch a Killer

Hunting and Capturing the World's Most Notorious Serial Killers

Katherine Ramsland

Key Selling Points:

- Entry in the new Profiles in Crime series, which launches with three titles - In the true crime genre, stories of investigation and capture are perhaps more popular than accounts of the crimes themselves - There is scant competition for true crime books that detail a wide range of historic investigations of serial killers - Podcasts like My Favorite Murder, Sword & Scale, and Serial, are hugely popular, with growing audiences—as are Netflix's true-crime shows like Making a Murderer, The Staircase, American Crime Story, and Conversations with a Killer

Summary

There are two parts to every crime story: how they did it and why they got caught. This book is about the second part, and how it changes the way we catch serial killers.

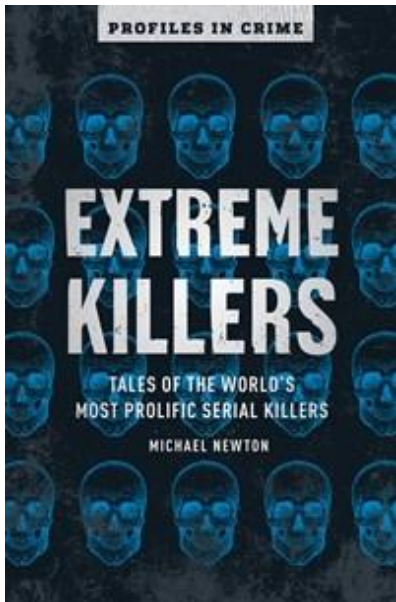
No two stories about the capture of a serial killer are the same. Sometimes, the killers make crucial mistakes; other times, investigators get lucky. And the process of profiling, hunting, and apprehending these predators has changed radically over time, particularly in the field of criminal forensics, which has exploded in the last ten to 15 years. Laser ablation, video spectral analysis, cyber-sleuthing, and even DNA-based genetic genealogy are now crucial tools in solving murders, including the recent capture of the so-called Golden State Killer. This book in the new Profiles in Crime series tells the history of forensics through the “capture stories” of some of the most notorious serial killers, going back almost a century.

The killers include:

- Rodney Alcala, a serial rapist and murderer sometimes called “*Dating Game...*”

Contributor Bio

Katherine Ramsland, PhD, is a professor of forensic psychology and criminal justice at DeSales University. She has published more than 1,000 articles and 60 books, most focusing on serial killers, and speaks internationally on the subject. She was a regular contributor to Court TV's Crime Library, and is a regular guest on *The Today Show*, *20/20*, NPR, and *E! True Hollywood*.



Sterling
9781454939405
Pub Date: 10/6/2020
\$17.95
Trade Paperback

272 Pages
8.3 in H | 5.5 in W

Extreme Killers

Tales of the World's Most Prolific Serial Killers

Michael Newton

Key Selling Points:

- The true-crime genre—in books, podcasts, TV, and movies—is growing fast in popularity - There is very little competition for true-crime books that detail a wide range of historic investigations of serial killers - The killers profiled, their considerable kill counts, and how they were eventually apprehended shine a light on the evolution of modern crime-scene forensics, data analysis, behavioral profiling, and other investigatory methods popularized in television programs such as CSI and Mindhunter - The killers profiled include Samuel Little, America's most prolific serial killer, who is currently in the news for confessing kills that have reopened cold cases across the country

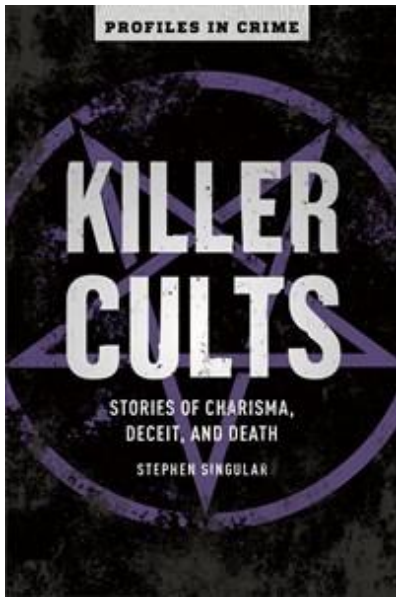
Summary

For fans of true crime, this fourth entry in the Profiles in Crime series presents history's most "elite" serial killers—master murderers who stretched the psychic envelope and racked up the largest number of victims.

Historical in scope and international in breadth, this collection of true-crime stories chronicles 15 of the most infamous "extreme killers" who ever lived—those with the largest number of confirmed kills, in many cases more than 50. The subjects range from 15th-century French child killer Gilles de Rais, purportedly the model for the folk legend of "Bluebeard," to Henry Lee Lucas and Otis Toole, who inspired the film *Henry: Portrait of a Serial Killer*; to Samuel Little, America's most prolific serial killer with 60 confirmed and 93 claimed murdered, to Mikhail Popkov, dubbed "The Werewolf" by Russian media for having slain more than 70 women between 1992 and 2010.

Contributor Bio

Michael Newton is the author of the *Encyclopedia of Serial Killers*. His more than 348 works of fiction and nonfiction include the true-crime books *The Encyclopedia of Unsolved Crimes*; *The Mafia at Appalachin, 1957*; *The Encyclopedia of Robberies, Heists, and Capers*; *The Gangsters Encyclopedia: The World's Most Notorious Mobs, Gangs and Villains*; and *The FBI Encyclopedia*.



Sterling
9781454939399
Pub Date: 10/2/2020
\$17.95
Trade Paperback

304 Pages
8.3 in H | 5.5 in W

Killer Cults

Stories of Charisma, Deceit, and Death

Stephen Singular

Key Selling Points:

- From NXIVM to the "Manson family," violent cults have collectively mesmerized and horrified people around the world - Like serial killers, certain cult leaders (see: Charlie Manson) continue to capture cultural imagination - Beyond the few well-known cult leaders, there are scores of profiles that have been sparsely told and are primed to capture public attention - Quentin Tarantino's *Once Upon a Time in Hollywood*, based on the Tate murders perpetrated by Charlie Manson's followers, shows the continuing cultural popularity of cults

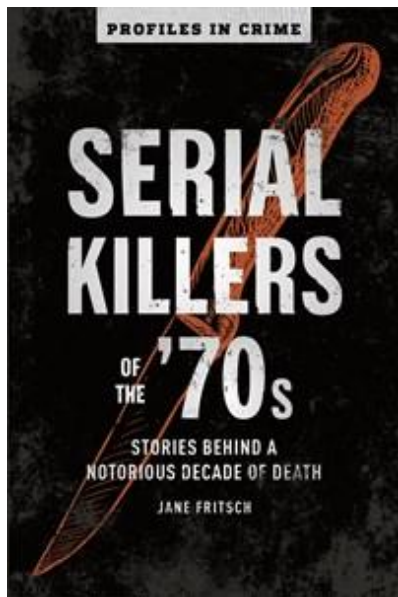
Summary

What's scarier than a murderer? Someone with the charisma to compel others to kill for them . . . or to kill themselves. Meet these cult leaders—and get an inside look at their beliefs and how they controlled others.

Some cults, led by leaders like Charlie Manson, Jim Jones, and David Koresh, are notorious. But others are less well known, such as Shoko Asahara and his doomsday cult, Aum Shinrikyo, who orchestrated the sarin gas attack on the Tokyo subway. Or Joseph Di Mambro and Luc Jouret, who founded the Order of the Solar Temple, a doomsday cult that led to the death of 51 members by murder or suicide. Then there is Marshall Applewhite, leader of Heaven's Gate, who, along with 38 followers, killed themselves in the belief that the Hale-Bopp comet signaled the arrival of a spaceship that would transport them to a higher plane of existence. What makes cult leaders so compelling is their often-unfathomable power over their adherents. Why do people kill others or themselves for a quest...

Contributor Bio

Stephen Singular is a veteran crime journalist and the bestselling author of numerous books, including *Unholy Messenger: The Life & Crimes of The BTK Serial Killer* and *When Men Become Gods*, about jailed Mormon polygamist Warren Jeffs. His first book, *Talked to Death: The Life & Murder of Alan Berg*, was nominated for an Edgar Award and served as the basis for the Oliver Stone film, *Talk Radio*. Sing...



Sterling
9781454939382
Pub Date: 8/4/2020
\$17.95
Trade Paperback

280 Pages
8.3 in H | 5.5 in W

Serial Killers of the '70s

Stories Behind a Notorious Decade of Death

Jane Fritsch

Key Selling Points:

- Entry in the new Profiles in Crime series, which launches with three titles - The true crime genre—in books, podcasts, TV, and movies—is growing fast in popularity - Many serial killers who committed murders in the 1970s—Bundy, Gacy, Berkowitz—remain the most recognizable and culturally prominent today - Podcasts like My Favorite Murder, Sword & Scale, and Serial, are hugely popular, with growing audiences—as are Netflix's true-crime shows like Making a Murderer, The Staircase, American Crime Story, and Conversations with a Killer

Summary

From Ted Bundy to John Wayne Gacy and David Berkowitz, the 1970s were a time of notorious and brutal serial killers. Find out more about them, along with some you may never have heard of.

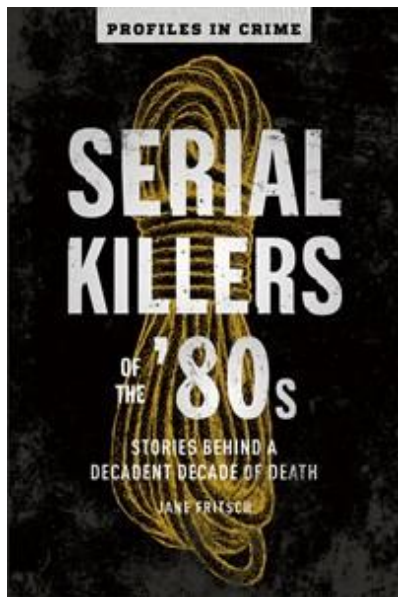
The Co-Ed Killer, Son of Sam, Hillside Strangler, and Dating Game Killer—in many ways, terrifying serial killers were as synonymous with the 1970s as Watergate, disco, and the oil crisis. This fascinating collection of profiles presents the most notorious as well as lesser-known serial murderers of that decade. Beyond Ted Bundy and David Berkowitz, it includes more obscure killers like Coral Eugene Watts, known as “The Sunday Morning Slasher,” who killed 80 women; Edmund Kemper, the “Co-Ed Killer”; and Rodney Alcala, who is believed to have killed between 50 and 130 people between 1971-1979.

Profiles will include:

Rodney Alcala: The Dating Game Killer
David Berkowitz: The Son of Sam
Kenneth A. Bianchi and Angelo Buono, Jr: The Hillside Strangler
Ted Bundy
John Wayne Gacy: The Killer Clown
Coral Eugene Watts:...

Contributor Bio

Jane Fritsch is a journalist who was a reporter and editor at *The New York Times*, where she was a finalist for the Pulitzer Prize. She was also a reporter for *The Los Angeles Times*, *Newsday*, and *The Chicago Tribune*, where she covered the trial of the serial killer John Wayne Gacy. She was an assistant professor at The Greenlee School of Journalism and Communication at Iowa State University.



Sterling
9781454941682
Pub Date: 2/2/2021
\$17.95
Trade Paperback

320 Pages
b-w illus
8.3 in H | 5.5 in W

Serial Killers of the '80s

Stories Behind a Decadent Decade of Death

Jane Fritsch

Key Selling Points:

- The true-crime genre—in books, podcasts, TV, and movies—is growing fast in popularity - Many serial killers who committed murders in the 1980s—Dahmer (The Cannibal Killer), Ramirez (The Night Stalker), Ridgway (The Green River Killer) —remain among the most recognizable and culturally prominent today - Podcasts like "My Favorite Murder," "Sword & Scale," and "Serial," are hugely popular - Author Jane Fritsch covered the trial of John Wayne Gacy in the 1980s for the Chicago Tribune and is a veteran crime reporter, who also worked for The New York Times

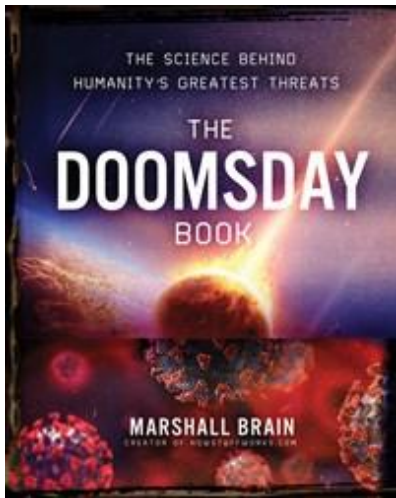
Summary

The 1980s were a time of notorious serial killers—Jeffrey Dahmer, Aileen Wuornos, Samuel Little—and these are the deadliest of all. Uncover the facts about their crimes, along with the advances in forensics that helped lead to their capture.

The 1980s were the apex of a time that is sometimes known as the "Golden Age of the Serial Killer." These murderers and their nicknames—The Night Stalker, The BTK (i.e., "bind, torture, kill") Killer, The Butcher Baker, The Golden State Killer—became part of the era's zeitgeist. This fifth book in the Profiles in Crime series features the most notable murderers of the decade. Some are infamous, including Jeffrey Dahmer, the Cannibal Killer who consumed his victims' remains, and Aileen Wuornos, whose seven confirmed murders in a single year helped establish the presence of women in the annals of serial killers. Others, less well known but equally deadly, include Dorothea Puente, who ran a care home in Sacramento and preyed on the elderly, and Robert...

Contributor Bio

Jane Fritsch is a journalist who was a reporter and editor at *The New York Times*, where she was a finalist for the Pulitzer Prize. She was also a reporter for *The Los Angeles Times*, *Newsday*, and the *Chicago Tribune*, where she covered the trial of the serial killer John Wayne Gacy. She was an assistant professor at The Greenlee School of Journalism and Communication at Iowa State University.



Sterling
9781454939962
Pub Date: 11/17/2020
\$27.95
Hardcover

288 Pages
all in color
9.3 in H | 7.4 in W

The Domsday Book

The Science Behind Humanity's Greatest Threats

Marshall Brain

Key Selling Points:

- Marshall Brain's *How Stuff Works* was a bestselling science book phenomenon and he is widely known as one of the best science explainers in publishing - The acceleration of climate-related storms, political upheaval, and a renewed interest in space exploration have all contributed to greater interest in doomsday scenarios - There is no other fully illustrated doomsday/apocalypse-themed book on the market

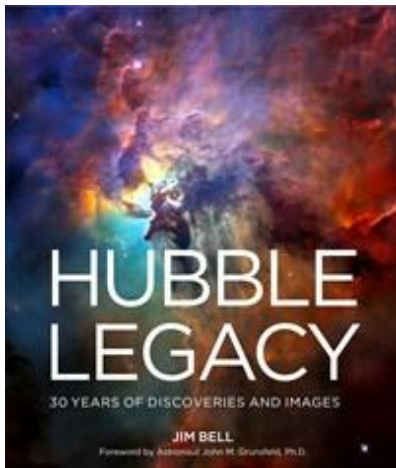
Summary

How might the world as we know it end? In this illustrated guide, *How Stuff Works* author Marshall Brain explores myriad doomsday scenarios and the science behind them.

What if the unimaginable happens? A nuclear bomb detonates over a major city, for example, or a deadly virus infects millions around the world. There are other disasters we don't even have to imagine because they've already occurred, like violent hurricanes or cataclysmic tsunamis that have caused horrific loss of life and damage. In *The Domsday Book*, Marshall Brain explains how everything finally ends—the decimation of nations and cities, of civilization, of humanity, of all life on Earth. Brain takes a deep dive into a wide range of doomsday narratives, including manmade events such as an electromagnetic pulse attack, a deadly pandemic, and nuclear warfare; devastating natural phenomena, such as an eruption from a super-volcano, the collapse of the Gulf Stream, or lethal solar flares; and science-fiction scenarios whe...

Contributor Bio

Marshall Brain is best known as the founder and creator of the successful *How Stuff Works* franchise, which includes books and a website that was sold to Discovery Communications. He was also the host of the National Geographic show called *Factory Floor* and is the director of the Engineering Entrepreneurship Program at NC State University and the author of more than a dozen books. He lives in Cary,...



Sterling
9781454936220
Pub Date: 4/7/2020
\$27.95
Hardcover with dust jacket

224 Pages
all in color
10.9 in H | 9.1 in W

Hubble Legacy

30 Years of Discoveries and Images

Jim Bell, John M. Grunsfeld

Key Selling Points:

- Timed to publish in conjunction with the 30th anniversary of the launch of the Hubble Space Telescope (April 24, 2020) - Dr. Jim Bell, a Hubble user, is one of the foremost experts on space photography and has worked on NASA projects including the Mars rovers (Spirit, Opportunity, Curiosity, and the upcoming Mars 2020 rover) and Near Earth Asteroid Rendezvous (NEAR) project - The perfect gift for both casual and obsessive armchair astronomers

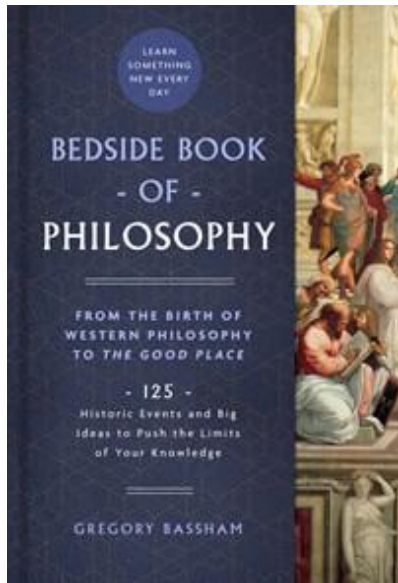
Summary

This is the definitive book on the Hubble Space Telescope, written by noted astronomer Jim Bell.

Looking deep into space, by definition, means looking back in time—and the Hubble Space Telescope can look very far back, including at stars, nebulae, and galaxies that are millions, even billions, of years old. If there is a single legacy of Hubble as it turns 30 years old and nears the end of its useful life, it is this: It has done more to chronicle the origin and evolution of the known universe than any other instrument ever created. Hubble has also captured an astounding collection of ultraviolet images that include geysers of solar light, Mars' famous dust storms, exploding stars, solar flares, globular clusters, and actual galaxies colliding. As for scientific milestones, Hubble has helped us learn that the universe is 13.8 billion years old, that just about every large galaxy features a black hole at its center, and that it's possible to create 3-D maps of dark matter. *Hubble Legacy...*

Contributor Bio

Hubble Telescope user Dr. Jim Bell is a professor in the School of Earth and Space Exploration at Arizona State University, an adjunct professor in astronomy at Cornell University, and a visiting scientist at NASA's Jet Propulsion Laboratory. He has been heavily involved in many NASA robotic space exploration missions, including the Near Earth Asteroid Rendezvous (NEAR), Mars Pathfinder, Mars Rove...



Sterling
9781454942795
Pub Date: 3/2/2021
\$19.95
Hardcover

272 Pages
b-w illus throughout
8 in H | 5.4 in W

The Bedside Book of Philosophy

From the Birth of Western Philosophy to The Good Place: 125 Historic Events and Big Ideas to Push the Limits

Gregory Bassham

Key Selling Points:

- More than 400,000 copies of the Sterling Milestones shipped; this is a new opportunity to freshen and repurpose the content in a cool, new, more accessible, portable way.
- The original series has been published in 16 languages, making this a new opportunities for sales.
- Philosophy has become a more popular subject due to NBC's hit dramedy *The Good Place* (new last entry in this book).

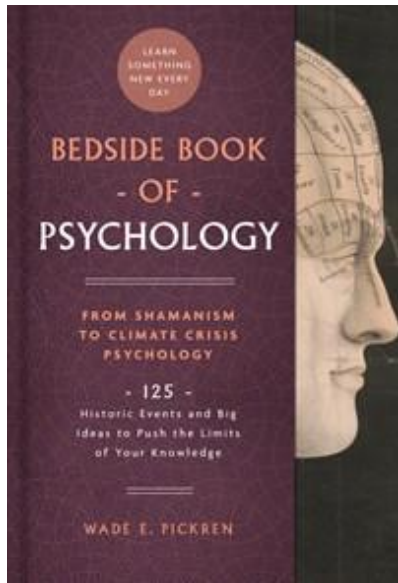
Summary

A new series based on content from our Milestone series, but with a twist: the best content selected and slimmed down into a portable, browsable format.

The *Bedside Book of Philosophy* covers the most important theories, events, and seminal publications in the field over the last 3,500 years, over a range of topics and cultures, from the Hindu Vedas and Plato's theory of forms to Occam's Razor, Pascal's Wager, Hume's *A Treatise of Human Nature*, existentialism, feminist philosophy, and social Darwinism-without all the technical jargon. These mini essays are bite-size, enabling you to "Learn Something New Every Day." Each author chose about 120 of the most notable milestones from their Milestone book and added a few new contemporary entries for a total of 125 mini-essays. We will strip out the four-color illustrations, add black-and-white line art throughout, and make the format more of a reading-book size so it is more affordable, lighter, and portable-as well as a more accessible e-book...

Contributor Bio

Gregory Bassham is professor of philosophy at King's College in Wilkes-Barre, PA, where he specializes in the philosophy of law, critical thinking, and the connections between pop culture and philosophy. He is also coeditor of several successful books, including *The Lord of the Rings and Philosophy* (Open Court) and *The Ultimate Harry Potter and Philosophy* (Wiley), and the lead writer of *Critical T...*



Sterling
9781454942818
Pub Date: 3/2/2021
\$19.95
Hardcover

272 Pages
b-w illus throughout
8 in H | 5.4 in W

The Bedside Book of Psychology

From Shamanism to Climate Crisis Psychology: 125 Historic Events and Big Ideas to Push the Limits of Your Knowledge

Wade E. Pickren, Philip G. Zimbardo

Key Selling Points:

- More than 400,000 copies of the Sterling Milestones shipped; this is a new opportunity to freshen and repurpose the content in a cool, new, more accessible, portable way.
- The original series has been published in 16 languages, making this a new opportunities for sales.
- The *Psychology* author has added new entries on topical subjects such as gender, indigenous psychologies, climate crisis, and Black psychology.

Summary

A new series based on content from our Milestone series, but with a twist: the best content selected and slimmed down into a portable, browsable format.

The Psychology Book begins with ancient philosophies of psychotherapeutic wellbeing such as shamanism and astropsychology and highlights the most influential theories, experiments, discoveries, publications, and personalities in this fascinating field of study, including psychopathy, phrenology, attempts to classify sexual taboos, the nature of evil, and positive psychology. Each author chose about 120 of the most notable milestones from their Milestone book and added a few new contemporary entries for a total of 125 mini-essays. We will strip out the four-color illustrations, add black-and-white line art throughout, and make the format more of a reading-book size so it is more affordable, lighter, and portable-as well as a more accessible e-book.

Contributor Bio

APA historian Wade E. Pickren received his PhD in Psychology and the History of Science from the Univ. of Florida. He was a professor of psychology at Ryerson Univ. in Toronto and Chair of the Psychology Dept. at Pace Univ. in New York City before attaining his current position as Dir. of the Center for Faculty Excellence at Ithaca College. Pickren is editor of the *History of Psychology* journal an...



Sterling
9781454932659
Pub Date: 8/4/2020
\$24.95
Trade Paperback

256 Pages
all in color
9 in H | 7 in W

Yaya Han's World of Cosplay

A Guide to Fandom Costume Culture

Yaya Han

Key Selling Points:

- Author is incredibly popular in this community, with more than two million Facebook followers, and has a line of Costco patterns - Han is an experienced promoter who appears at conventions around the globe - This book offers her story and perspective on a growing hobby (and career) for millions of people - San Diego's Comic-Con alone brings in an estimated 135,000 attendees, and there are more than 15 other local Comic-Cons, including in New York, Boston, Miami, Chicago, Seattle, Palm Springs, Los Angeles, and Las Vegas

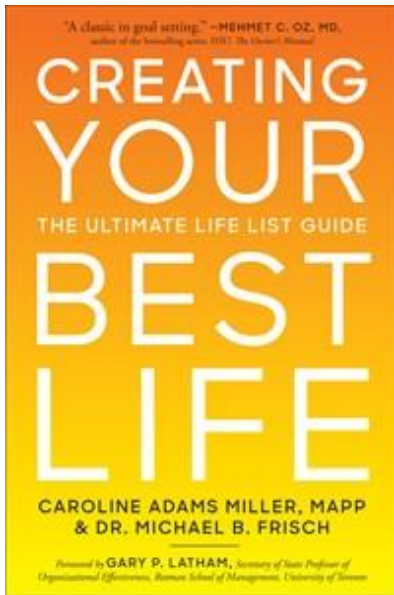
Summary

The authoritative guide to cosplay written by a legend in the community, and packed with step-by-step advice and fascinating investigations into every aspect of the art.

Cosplay—a portmanteau combining "costume" and "play"—has become one of the hottest trends in fandom . . . and Yaya Han is its shining superstar. In this guide to cosplaying, Han narrates her 20-year journey from newbie fan to entrepreneur with a household name in geekdom, revealing her self-taught methods for embodying a character and her experiences in the community. Each chapter is information-packed as she covers everything from the history of cosplay, to using nontraditional materials for costumes, to transforming your hobby into a career—all enhanced with expert advice. Illustrated throughout and easy to use, this practical manual also delights with fascinating stories from the past decades' global cosplay boom. It's the perfect gift for anyone interested in learning (or improving their skills in) the art of cospl...

Contributor Bio

Yaya Han is a cosplayer, costume designer, and entrepreneur. Widely regarded as the most inspirational figure in the world of cosplay, Han was featured on the first Network TV show about cosplay, Syfy channel's *Heroes of Cosplay*, and as a guest judge on the TBS competition show *King of the Nerds* multiple times. Today, she has made close to 400 costumes in the genres of anime/manga, comic books, vi...



Sterling
9781454942603
Pub Date: 12/1/2020
\$16.95
Trade Paperback

352 Pages
all in 2-color
9 in H | 6 in W

Creating Your Best Life

The Ultimate Life List Guide

Caroline Adams Miller, Michael B. Frisch

Key Selling Points:

- Caroline Adams Miller is one of the world's leading experts on the science behind successful goal setting - Combined net sales of *Creating Your Best Life* (HC and PB) amount to 40,000+ copies - Miller works with major corporations in North America, as well as abroad in Africa, Europe, South America, Australia, and New Zealand. She is also a TEDx speaker whose work has been featured in *The New York Times*, *The Washington Post*, BBC, NPR, and CNN - Goal setting is an evergreen topic, as relevant now as it was when *Creating Your First Life* was originally published (2009). In a December 12, 2019 article posted by Thrive Global (thriveglobal.com), *Creating Your Best Life* was #1 in a list of "7 Books to Help You Reach Your Goals in 2020," before bestselling authors like Gretchen Rubin (*The Happiness Project*, #3) and Heidi Grant Halvorson (*9 Things Successful People Do Differently*, #7) - The book contains dozens of unique exercises and worksheets, as well as multiple prompts to encourage readers' thoughts, reflections, and goals

Summary

Now this "classic in goal setting" (Mehmet C. Oz, MD) is back, reissued with a new introduction, a new cover, and a fresh new interior design!

For the first time, the science of positive psychology meets the science of goal accomplishment! Comprehensive and evidence-based, *Creating Your Best Life* breaks new ground in revealing how happiness and success are interconnected. With dozens of interactive exercises and quizzes, it helps readers identify their most cherished needs, ambitions, and wishes so they can take control of their environment and maximize their chances of success. The authors' unique "life list coaching" explains, step by step, how to set goals in 16 key areas—including love relationships, family, health, work, self-esteem, friendship, money, problem-solving, and creativity—that inspire people to live their lives more consciously, productively, and joyfully.

Contributor Bio

Caroline Adams Miller, MAPP, is one of the world's leading experts on the science behind successful goal setting. A Harvard graduate with a Masters in Applied Positive Psychology from the University of Pennsylvania and TEDx speaker, Miller has authored six books, including *Getting Grit*. She teaches at Wharton Business School's Executive Education program and has worked with clients around the world...

Andrew Carnegie's Mental Dynamite

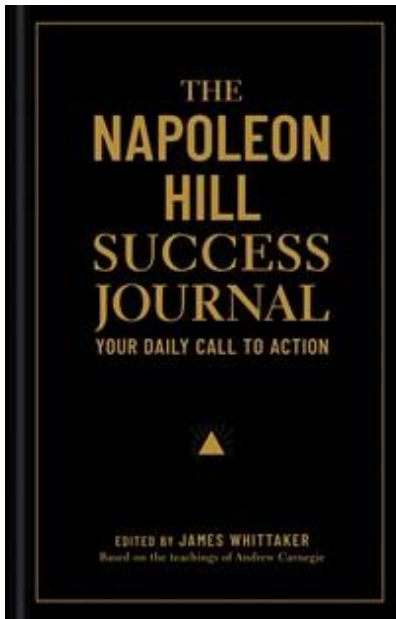
Napoleon Hill

No Image
Available



Sterling
9781454942245
Pub Date: 9/1/2020
Paperback

8.3 in H | 5.9 in W | 0.9 in T | 0.8
lb Wt



Sterling
9781454940784
Pub Date: 6/1/2021
\$17.95
Hardcover

256 Pages
8 in H | 5 in W

Napoleon Hill's Success Journal

James Whittaker, Napoleon Hill

Key Selling Points:

-Think & Grow Rich pioneered the self-help category and has sold upwards of 100 million copies since its publication in 1937 - Fans of Napoleon Hill and Think & Grow Rich are forever searching for new material - Author James Whittaker will have access to the entire collection of Napoleon Hill's writings to draw from for inspiration in this journal - The first time Napoleon Hill's writings are being used to actively direct fans of his work to follow Andrew Carnegie's philosophies on a daily basis

Summary

For fans of Napoleon Hill and his bestselling *Think and Grow Rich*: A new journal branded with the imprimatur of *The Napoleon Hill Foundation*, which manages the famed self-help writer's work.

Napoleon Hill's *Think & Grow Rich* has been a bestselling self-help phenomenon for more than 80 years. Now, the core philosophies told to Hill by Andrew Carnegie in *Think & Grow Rich* can be found in a guided, undated journal format. Annotated by James Whittaker, to both modernize and translate Hill's teachings for a contemporary audience, this journal will inspire and direct fans of *Think & Grow Rich* to follow Carnegie's advice every day. Built around Carnegie's core self-help principles, including defining one's purpose, going the extra mile, indulging your imagination, and learning to profit from adversity, the *Napoleon Hill Success Journal* is for devoted fans of Andrew Carnegie and new converts to the *Think & Grow Rich* way of finding personal and professional success.

Contributor Bio

Napoleon Hill was an American author and entrepreneur best known for *Think and Grow Rich*, published in 1937, which has become one of the bestselling books of all time. His teachings have gone on to influence entire generations of success seekers, setting the standard for the foundations of today's motivational thinking.

James Whittaker is the bestselling author of *Think and Grow Rich: The Legacy*, t...



The 100-Day Financial Goal Journal

Build a Plan for Your Financial Future

Alyssa Davies

Key Selling Points:

- Will include a ribbon marker, lay-flat binding, and a pocket on the inside back cover for collecting receipts, bills, and bank statements - A perfect companion for anyone with a finance-related goal, especially recent college graduates and those living on their own or entering the workforce for the first time - The author's friendly, jargon-free approach to the subject makes the journal beginner-friendly—no experience with accounting needed

Summary

Accomplish your personal financial goal in just 100 days, with this hardworking journal that will keep you on track—and help you hold yourself accountable.

Looking to start an emergency fund? Save for a big purchase? Or make a dent in credit card or student loan debt? Let this journal be your guide. It features prompts that will help you reach your biggest personal finance-related goal, plus daily pages for recording your expenses, reflecting on your everyday spending and saving decisions, and tracking your progress. A detailed introduction with fun, user-friendly graphics and charts explains how to set an attainable financial target that suits your lifestyle and use the journal effectively. The attractive package includes a ribbon marker and lay-flat binding.

Contributor Bio

Alyssa Davies is a freelance writer, content specialist for a real estate brokerage, and founder of the personal finance blog, Mixed Up Money (mixedupmoney.com). She writes about overcoming personal debts, real estate, and how to get away with affording your expensive latte habit. She lives in Calgary, Alberta, Canada.



Sterling
9781454939986
Pub Date: 5/5/2020
\$17.95
Hardcover

280 Pages
8 in H | 5 in W

Adulting Made Easy

Things Someone Should Have Told You About Getting Your Grown-Up Act Together

Amanda Morin

No Image
Available



Get Creative 6
9781684620210
Pub Date: 3/23/2021
\$16.95
Trade Paperback

224 Pages
30 b-w illus.
8 in H | 5.3 in W



Year of the Ox

Sean Chan

Key Selling Points:

- Easy-to-read guide outlines every aspect of living in a particular year and season
- Author Sean Chan maintains one of the top sites for Chinese astrology globally
- Includes background on BaZi and Chinese fortune-telling from an author who has studied Chinese classic literature
- Great Lunar New Year gift

Summary

Explore your Chinese zodiac with this illuminating astrological guide—and you can make better choices and understand your most basic qualities more holistically.

The twelve animals signs are integral to all forms of Chinese astrology, and they're used to explore different aspects of your life based on your birthday. In this accessible guide, Sean Chan—one of the leading Chinese metaphysical consultants in Southeast Asia—uses his in-depth knowledge of Chinese astrology, namely the BaZi method (sometimes called The Four Pillars of Destiny in the West) to help you learn what the Ox zodiac sign might mean for your marriage, career, finances, well-being, and more. He also informs you about how the season you were born in plays a significant role in your astrological chart and the role your zodiac sign plays during different seasons. *Year of the Ox* is a perfect gift for the Lunar New Year to deepen your appreciation of Chinese culture and astrology. This book can help anyone find deeper insig...

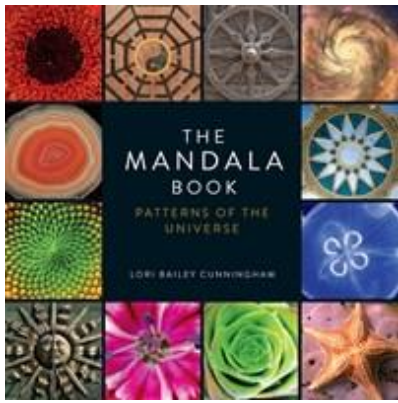
Contributor Bio

Sean Chan is one of Southeast Asia's leading metaphysical consultants, and his website (www.masterseanchan.com) is a top-ranking destination for readers seeking all things astrology and Feng Shui. He has a degree in business from the NUS Business School and University Scholars Programme in Singapore. He has read more than 1,500 charts professionally since 2014 and is a Key Opinion Leader for 99.co...



Sterling Ethos
9781454940456
Pub Date: 12/29/2020
\$12.95
Hardcover

128 Pages
all in 2-color
6.4 in H | 5.5 in W



The Mandala Book

Patterns of the Universe

Lori Bailey Cunningham

Key Selling Points:

- Updated design feels fresh, attractive, and gifty - Original book sold over 23,000 copies - This is the only fully illustrated mandala book to focus on the wealth of imagery in the world that is mandalic in shape—more than 500 images - Mandala books continue to trend, riding on the wave of the coloring craze

Summary

Stunning images of mandalas as they appear in our universe illustrate the story of unity, making this book an uplifting visual treat that reveals our connection to the world and to one another.

The mandala is an archetypal symbol of wholeness that is replicated on a cosmic scale, not only in art, architecture, and religion, but throughout the universe. The concepts and primal patterns it represents are the base upon which all physical things are created. A visual symphony, *The Mandala Book* showcases and explores 500 stunning mandalic images from nature and civilization. Drawing from history, science, and art, Lori Bailey Cunningham takes you on a journey that spans from the tiniest particle of matter to spiral galaxies in the farthest reaches of the universe, from prehistoric petroglyphs to Carl Jung. And, at the end, she includes 13 beautiful mandalas to photocopy and color, for meditation or fun.

Now in paperback, with new text treatment and modernized design throughout.

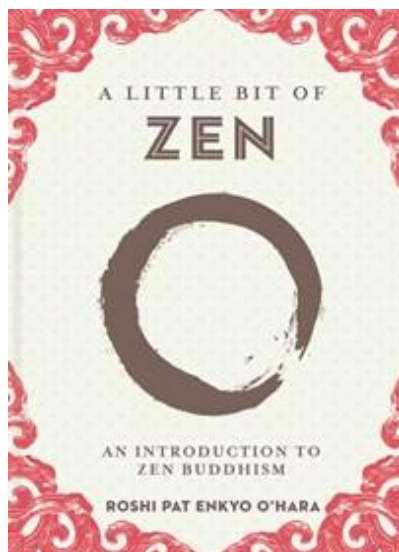
Contributor Bio

In 1996, Lori Bailey Cunningham founded the Mandala Project (mandalaproject.org), a nonprofit organization that promotes peace through art and education. She has conducted mandala workshops internationally and is the author of *Mandala: Journey to the Center*. A fine artist and graphic designer, Cunningham lives in Washington State.



Sterling
9781454941798
Pub Date: 11/17/2020
\$22.95
Trade Paperback

320 Pages
all in color
8 in H | 8 in W



Sterling Ethos
9781454940593
Pub Date: 10/6/2020
\$9.95
Hardcover

128 Pages
all in 2-color
7 in H | 5 in W

A Little Bit of Zen

An Introduction to Zen Buddhism

Roshi Pat Enkyo O'Hara

Key Selling Points:

- Series has sold more than 500,000 copies combined - Cute and gifty package

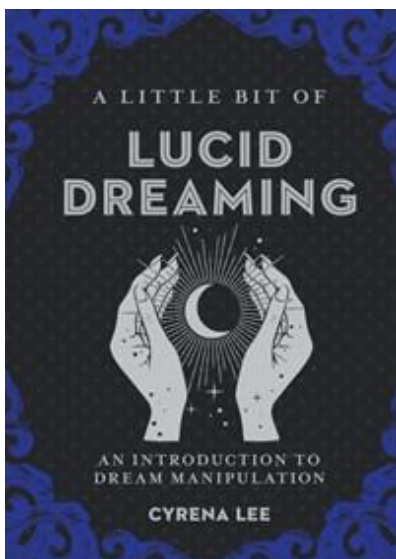
Summary

This entry in the popular Little Bit of series introduces the ancient practice of Zen Buddhism.

What is Zen? It's an ancient spiritual system rooted in Buddhism that began in China and spread throughout Asia, finally reaching the West. It encompasses meditation, mindfulness, and calming the mind—exactly what so many of us need and crave in this busy, stressful world. *A Little Bit of Zen* is the perfect, accessible introduction for newcomers, providing a history, overview, and exercises to use in their own daily practice, and covering everything from Zen literature to the ritual chants and bows.

Contributor Bio

Roshi Pat Enkyo O'Hara, PhD, is the abbot of the Village Zendo in downtown Manhattan. A Soto Zen priest and contemporary American Zen teacher, she integrates traditional meditation and koan practice with social engagement and peacemaking. A founding teacher of the Zen Peacemaker Order, she taught for many years at New York University's Tisch School of the Arts, centering on new media technologies ...



Sterling Ethos
9781454942849
Pub Date: 10/6/2020
\$9.95
Hardcover

128 Pages
all in 2-color
7 in H | 5 in W

A Little Bit of Lucid Dreaming

An Introduction to Dream Manipulation

Cyrena Lee

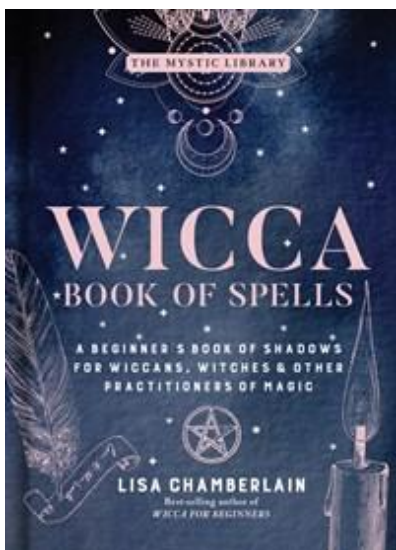
Summary

introduction to the practice of lucid dreaming—including instructions on how to do it yourself.

Lucid dreaming is, simply put, the realization that you are dreaming. It is to wake up *inside* a dream, and to know that everything you see before you is a product of your imagination and consciousness. It can be disorienting, but once you know that, you can actually take control of your dream. Cyrena Lee, a longtime expert on the topic, takes you through the history of lucid dreaming from ancient times to the present. She describes the therapeutic benefits of the practice, from its use in eliminating sleep issues and increasing your quality of sleep to its role in rewriting past traumas and promoting creativity. She coaches you through exercises to remember dreams, keep a dream journal, fall asleep while fully conscious, and practice dream meditation and dreaming yoga. She even includes some advanced techniques, such as moving objects in dreams and talking to dream characters who can help yo...

Contributor Bio

Cyrena Lee is a freelance writer based in New York City and Paris, France. She studied anthropology at Barnard College, and moved to Shanghai to explore the world of advertising at Ogilvy. Since then, she's worked in creative marketing, and is currently writing a novel and a collection of short stories. She is also the editor of *The Slow Scroll*, a weekly newsletter from IRL Labs. Find her online a...



Sterling Ethos
9781454940821
Pub Date: 6/16/2020
\$14.95
Hardcover

144 Pages
all in 2-color
7 in H | 5 in W

Wicca Book of Spells

A Beginner's Book of Shadows for Wiccans, Witches & Other Practitioners of Magic

Lisa Chamberlain

Key Selling Points:

- Books in the Modern-Day Witch series have sold more than 208,000 copies, and books in the Lisa Chamberlain series have sold nearly 375,000 copies across all formats; this new Mystic Library series—shorter books targeted to beginners (an area that is relatively underpublished outside of the self-published market)—has huge potential - A redesigned, refreshed, and updated edition of a bestselling author's self-published paperback book, which is one of the bestselling books on Wicca on the market - Will be beautifully illustrated with a fresh new two-color design

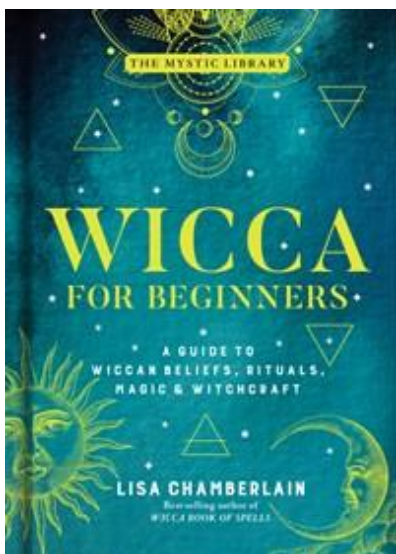
Summary

Bestselling Wiccan author Lisa Chamberlain has created the perfect, concise guide for the novice witch who wants to learn how to cast key Wiccan spells.

With the help of this accessible guide by one of the most popular Wicca authors today, even beginners can successfully perform Wiccan spells to bring positive experiences into their life—and the lives of those they love. From thousands of potential spells, Lisa has chosen 50 of the most important, distilling them into three key categories of magical aims: love and relationships, including friends and family (such as "Relationship Potential Divine Forecast" and "Spare Key Spell for Spiritual Connection"); wealth and prosperity ("Honey Abundance Jar" and "Job Interview Success Spell"); and health and well-being ("Anxiety Calming Spell" and "Protection Spell for Pets"). Plus, there's a section on divination and spellwork involving essential oils, moon phases, and homemade ingredients—from an avocado beauty spell to a chicory root victory ...

Contributor Bio

Lisa Chamberlain is the successful author of more than 20 books on Wicca and magic, including *Wicca Book of Spells*, *Wicca for Beginners*, and *Wicca Herbal Magic*. Her focus is on positive magic that promotes self-empowerment for the good of the whole. Find out more at wiccaliving.com.



Sterling Ethos
9781454940845
Pub Date: 6/16/2020
\$14.95
Hardcover

176 Pages
all in 2-color
7 in H | 5 in W

Wicca for Beginners

A Guide to Wiccan Beliefs, Rituals, Magic & Witchcraft

Lisa Chamberlain

Key Selling Points:

- Books in the Modern-Day Witch series have sold more than 208,000 copies, and books in the Lisa Chamberlain series have sold nearly 375,000 copies across all formats; this new Mystic Library series—shorter books targeted to beginners (an area that is relatively underpublished outside of the self-published market)—has huge potential - A redesigned, refreshed, and updated edition of a bestselling author's self-published paperback book, which is one of the bestselling books on Wicca on the market - Will be beautifully illustrated with a fresh new two-color design

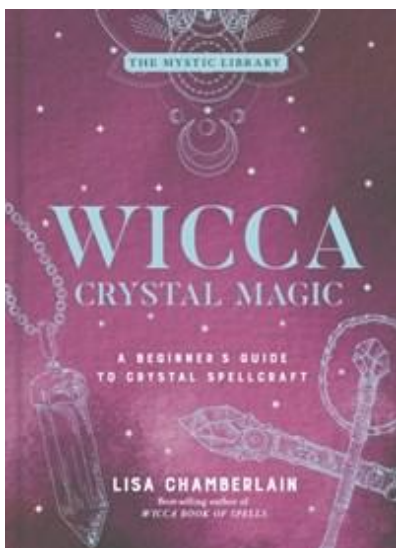
Summary

For anyone seeking to learn more about Wicca and begin practicing it, this introductory guide by bestselling author Lisa Chamberlain is the perfect entry point.

As Wicca grows ever more popular, interested novices wonder: How can I get started? Popular Wiccan author Lisa Chamberlain answers their questions in this concise, yet comprehensive guide that covers all the basics: the history of Wicca, its deities, the core elements of its rituals and holidays, setting up an altar, choosing the right tools, the principles of magic and spellwork, how to begin practicing, and much more. She's also included a master spell suitable for beginners.

Contributor Bio

Lisa Chamberlain is the successful author of more than 20 books on Wicca and magic, including *Wicca Book of Spells*, *Wicca for Beginners*, and *Wicca Herbal Magic*. Her focus is on positive magic that promotes self-empowerment for the good of the whole. Find out more at wiccaliving.com.



Sterling Ethos
9781454941026
Pub Date: 4/6/2021
\$14.95
Hardcover

144 Pages
all in 2-color
7 in H | 5 in W

Wicca Crystal Magic

A Beginner's Guide to Crystal Spellcraft

Lisa Chamberlain

Key Selling Points:

- Books in the Modern-Day Witch series have sold more than 255,000 copies, and books in the Lisa Chamberlain series have sold nearly 380,000 copies across all formats - This new Mystic Library series—shorter books targeted to beginners (an area that is relatively underpublished outside of the self-published market)—has huge potential - A redesigned, refreshed, and updated edition of a bestselling author's self-published paperback book - Will be beautifully illustrated with a fresh new two-color design

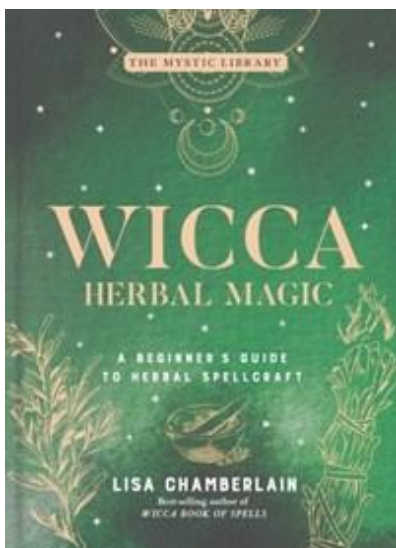
Summary

Explore the magical powers of crystal and stone with bestselling Wiccan author Lisa Chamberlain. This entry in the Mystic Library series is perfect for anyone who wants to learn how to use these gifts of the earth for spells, elixirs, and charms.

How do you begin collecting crystals—even on a budget? How do you clean, clear, and charge them? And which crystals are the best and most versatile? *Wicca Crystal Magic* explores these gifts of the earth, providing an overview of 13 popular crystals and stones in contemporary witchcraft, along with a comprehensive look at their practical applications in everyday spellwork. Since the spells themselves use only the stones featured in the guide—amethyst, bloodstone, carnelian, citrine, hematite, jet, moonstone, jade, lapis lazuli, malachite, quartz, rose quartz, and tiger's eye—this is perfect for beginners. The wide variety of elixirs, candle spells, and charms includes a Citrine Empowerment Elixir, Blessing for a New Home, Crystal Money Spell, Ba...

Contributor Bio

Lisa Chamberlain is the successful author of more than 20 books on Wicca and magic, including *Wicca Book of Spells*, *Wicca for Beginners*, and *Wicca Herbal Magic*. Her focus is on positive magic that promotes self-empowerment for the good of the whole. Find out more at wiccaliving.com.



Sterling Ethos
9781454941057
Pub Date: 4/6/2021
\$14.95
Hardcover

144 Pages
all in 2-color
7 in H | 5 in W

Wicca Herbal Magic

A Beginner's Guide to Herbal Spellcraft

Lisa Chamberlain

Key Selling Points:

- Books in the Modern-Day Witch series have sold more than 255,000 copies, and books in the Lisa Chamberlain series have sold nearly 380,000 copies across all formats - This new Mystic Library series—shorter books targeted to beginners (an area that is relatively underpublished outside of the self-published market)—has huge potential - A redesigned, refreshed, and updated edition of a bestselling author's self-published paperback book - Will be beautifully illustrated with a fresh new two-color design

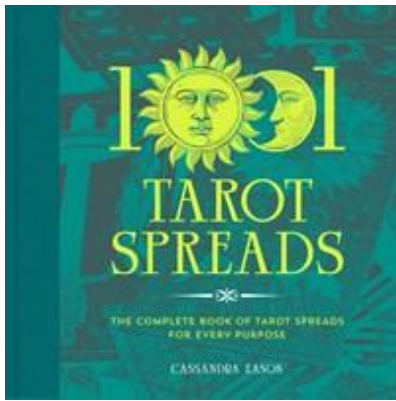
Summary

Herbal magic keeps witches in touch with the powers of the Earth—and this guide by bestselling Wiccan author Lisa Chamberlain gives beginners the tools to cultivate a rewarding practice of their own.

Since the beginning of human history, healers and shamans have understood the nutritional, medicinal, and magical properties of herbs. Whether you're well versed in magic but are just discovering herbs, or are new to Wicca altogether, this handy guide by popular author Lisa Chamberlain covers all the basics, from creating your own magical garden to gathering, harvesting, drying, and storing the herbs. She centers the spells around 13 herbs, most easy to find and inexpensive: basil, bay laurel, chamomile, cinnamon, dandelion, elecampane, hibiscus, lavender, mugwort, nutmeg, rosemary, sage, and thyme. Because they're primarily culinary and/or medicinal herbs too, you'll have plenty of options for using the leftovers from your spellwork. The spells include magical teas, baths, and oils to smu...

Contributor Bio

Lisa Chamberlain is the successful author of more than 20 books on Wicca and magic, including *Wicca Book of Spells*, *Wicca for Beginners*, and *Wicca Crystal Magic*. Her focus is on positive magic that promotes self-empowerment for the good of the whole. Find out more at wiccaliving.com.



Sterling Ethos
9781454942153
Pub Date: 4/6/2021
\$19.95
Hardcover

544 Pages
all in 2-color
8 in H | 8 in W

1001 Tarot Spreads

The Complete Book of Tarot Spreads for Every Purpose

Cassandra Eason

Key Selling Points:

- On the heels of the success of 1,001 Spells (over 80,000 sold), Cassandra Eason taps in to one of her other major specialties and compiles 1,001 of her best tarot layouts for getting answers to every conceivable question - An essential resource for anyone, beginner to master, who taps in to the power of tarot to get answers or guidance for common (and uncommon!) problems - Cassandra Eason is widely known for her easy-to-use but authoritative advice on spiritual matters - Author will be promoting extensively in print and online

Summary

With 1,001 spreads for every possible need, this guide—written by a master tarot reader and bestselling author—is the be-all and end-all sourcebook on tarot card layouts!

People seeking to understand themselves and their destiny have long relied on tarot cards for divination. And while finding guidance may be as simple as drawing one card randomly from the deck, over the years many other layouts have been devised—from three-card past/present/future readings to more complicated layouts that use almost the entire deck. Bestselling author and master reader Cassandra Eason will guide you through this rich variety of spreads so you can get a more precise answer to your question. Address a lingering anxiety by laying down a 10-card Celtic Cross. Buying a house? About to undergo surgery? Confused by a flighty love interest? Look to this book for 1,001 different ways to draw and place cards that will give you clues about the future, context for the present, and insight into the past.

Contributor Bio

Cassandra Eason is an international author and broadcaster on all aspects of crystals, folklore, Celtic wisdom, Wicca, sacred sites, earth energies, divinations, and natural magic. She is a practicing solitary Druidess and white witch. Cassandra teaches and runs workshops in psychic development, magic and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spir...



Sterling Ethos
9781454941736
Pub Date: 11/3/2020
\$24.95
Kit

16 Pages
16-pp 2-color booklet + 100 cards
5.1 in H | 3.5 in W

The Wiccapedia Spell Deck

A Compendium of 100 Spells & Rituals for the Modern-Day Witch

Leanna Greenaway, Shawn Robbins, Charity Bedell

Key Selling Points:

- Decks are a relatively uncrowded part of the Wicca market - Wiccapedia is a bestseller, and the name and design will have brand recognition - Authors have credibility and visibility in the Wiccan world; their Wiccapedia is used by many covens and online schools as a reference guidebook

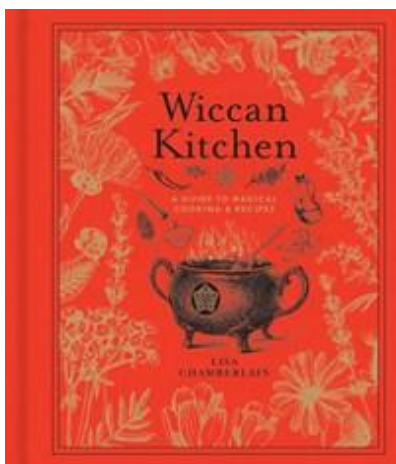
Summary

This handy, gorgeous new spell deck for contemporary Wiccans brings together 100 key spells and rituals from the bestselling Modern-Day Witch series.

What magic do you wish to create? With 100 key spells, this stunning deck from the expert authors of the bestselling Wiccapedia books covers everything the modern witch needs. There are spells for: Love; Self-Care; Protection; Healing; Money and Career Success; Cleansing and Purification; Meditation, Spirituality, and Sabbats; and Pets and Nature. An accompanying booklet provides the necessary basics on Wicca, instructions, and advice on using the cards. The beautiful, portable, keepsake box features foil stamping, and each card is handsomely illustrated with category "suits" on the back.

Contributor Bio

Shawn Robbins is the author or coauthor of five books, including Sterling's successful *The Good Witch* (coauthor), *Wiccapedia* (coauthor), which is now used as a reference guide in many online Wicca schools, the *Wiccapedia Journal*, *The Witch's Way* (coauthor), and *The Crystal Witch* (coauthor). She has taught classes about herbs, health, and healing at the New York School of Occult Arts and lectures e...



Wiccan Kitchen

A Guide to Magical Cooking & Recipes

Lisa Chamberlain

Key Selling Points:

- Books in the Modern-Day Witch series have sold more than 200,000 copies - Cooking is an under-published area of Wicca in trade, with room on the market for a new, fresh title; existing ones are very old, have dated designs, or are self-published - Makes a great holiday gift for Wiccans - Will continue in the same beautifully illustrated format as Wiccapedia and The Good Witch, except shorter (approximately 224 pages instead of 320). It's similarly illustrated throughout with charming line drawings

Summary

Make magic in the kitchen with this unique collection of Wiccan recipes, menus, and ideas for incorporating magical practices into your cooking, from bestselling Wiccan author Lisa Chamberlain.

Cooking and magic have a lot in common: both use various ingredients and natural forces to create something vital, fulfilling, and new. Our first Wiccan cookbook in the wildly successful Modern-Day Witch series tells you everything you need to know to maximize the magical potential of what you cook and eat. Written by one of the most popular Wiccan authors, Lisa Chamberlain, it includes 40 delicious, mystical recipes: from dishes that harness the magical energies of natural foods to help you manifest goals, such as Lucky Money Stir-Fry and Magic Marinara, to festive dishes for the eight Wiccan Sabbats, such as Triple Goddess Sweet Potato, Brussels Sprouts, and Toasted Garlic Soup and Pumpkin Prosperity Pudding Cakes. In addition to complete menus for celebrating special occasions, you'll also le...

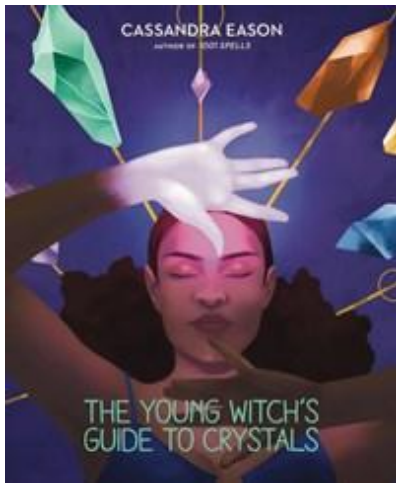
Contributor Bio

Lisa Chamberlain is the successful author of more than 20 books on Wicca and magic, including *Wicca Book of Spells*, *Wicca for Beginners*, and *Wicca Herbal Magic*. Her focus is on positive magic that promotes self-empowerment for the good of the whole. You can find out more at wiccaliving.com.



Sterling Ethos
9781454934707
Pub Date: 4/7/2020
\$16.95
Hardcover

216 Pages
all in 2-color
6.5 in H | 5.5 in W



The Young Witch's Guide to Crystals

Cassandra Eason

Key Selling Points:

- Cassandra Eason is one of Sterling Ethos' bestsellers in this category - Magic is trending among younger people - First new book for teen witches on the market since Silver Ravenwolf's Teen Witch came out in 1998 - This book would backlist well as it's a popular topic that newcomers to magic will come back to again and again

Summary

A comprehensive and beautifully illustrated introduction to using crystals in magick, geared specifically to young adults.

Young witches, welcome to the school of crystals! *In Young Witch's Guide to Crystals* you'll discover what can be an exciting and beautiful addition to your life. It provides a basic introduction to magickal practice with information on using crystals for everything you can possibly imagine: healing your body and broken heart, fortunetelling, keeping away bad dreams, creating a lucky charm, and so much more. There's also advice on choosing your crystals, keeping a crystal journal, and making a special altar and treasure box for your stones.

Contributor Bio

Cassandra Eason is an international author and broadcaster, and a practicing solitary Druidess and white witch. Cassandra runs workshops in psychic development, magic, and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spirituality. She has written numerous books, including *Love Magick*, *Protection Magic*, *The Complete Crystal Handbook*, and *A Spell a Day*.



Sterling Children's Books

9781454936800

Pub Date: 8/4/2020

\$16.95

Hardcover

160 Pages

all in color

Ages 12 to 18, Grades 7 to 12

9 in H | 7 in W



The Young Witch's Guide to Magick

Cassandra Eason, Laura Tolton

Key Selling Points:

- Cassandra Eason is one of Sterling Ethos' bestsellers in this category - Magic is trending among younger people - First new book for teen witches on the market since Silver Ravenwolf's Teen Witch came out in 1998 - This book would backlist well as it's a popular topic that newcomers to magic will come back to again and again

Summary

Young would-be witches will find answers to their life questions in this comprehensive, beautifully illustrated introduction to magick.

Welcome to witch school, where renowned author Cassandra Eason teaches her magickal secrets! In this introduction geared especially to young adults, Eason targets teen issues like figuring out a future career path, dealing with bullies, changing bad luck, building self-confidence, and handling problems at school. Her spells use astrology, candles, crystals, colors, flowers, and moon power, and she also explores coven rituals and seasonal celebrations. Whether you're trying to get your crush's attention, pass your driver's test, or simply let your natural beauty shine through, you'll find the path to making your world better and your dreams come true.

Here are spells to help you:

- Pass a tough test: use six dice, a photo of yourself looking happy, and dried mint for luck in a drawstring bag.
- Relieve shyness and anxiety about moving or changing schools: Put ...

Contributor Bio

Cassandra Eason is an international author and broadcaster, and a practicing solitary Druidess and white witch. Cassandra runs workshops in psychic development, magic, and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spirituality. She has written numerous books, including *Love Magick*, *Protection Magic*, *The Complete Crystal Handbook*, and *A Spell a Day*.



Sterling Children's Books
9781454936855

Pub Date: 8/4/2020

\$16.95

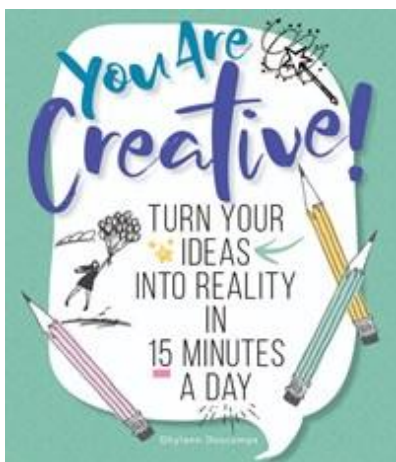
Hardcover

160 Pages

all in color

Ages 12 to 18, Grades 7 to 12

9 in H | 7 in W



Get Creative 6
9781684620104
Pub Date: 11/3/2020
\$22.95
Trade Paperback

272 Pages
all in color
8.9 in H | 7.7 in W

You Are Creative!

Turn Your Ideas into Reality in 15 Minutes a Day

Ghylenn Descamps

Key Selling Points:

- Great value: 272 pages of creative exercises, artistic activities, and inspiration -
- Perfect for busy people: Each daily activity takes only around 15 minutes to complete
- Produced by the popular Marie Claire Idées magazine (116,000 followers on Instagram), beloved by artists, crafters, and homeowners worldwide -
- According to LinkedIn, creativity is the most in-demand job skill of 2019

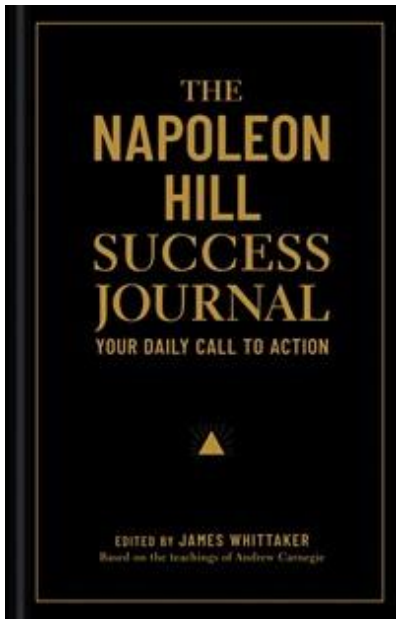
Summary

Produced by the creators of the popular *Marie Claire Idées* magazine, and filled with inspiring prompts and exercises, this beautiful guide takes readers on a yearlong journey of creative discovery.

What sparks your creativity? Lists of what you love, or of things to do? A vision board with a collage of images for personal development projects? Spontaneous drawing, or the creation of a mind map? Taking an extraterrestrial point of view? Creativity isn't just for artists and crafters—it's for everyone striving to perceive the world freshly, find hidden patterns, make connections, generate solutions, and simply express themselves better. Organized by weeks and days into a year of small challenges, each of which you can complete in about 15 minutes, *You Are Creative!* offers exciting, easy ways to help your innate creativity blossom. Every day there's a new exercise, activity, or prompt to promote creative exploration and growth. For artists, entrepreneurs, students, homemakers, and anyone ...

Contributor Bio

Ghylenn Descamps is a graphic designer, photographer, and illustrator. Author of more than 30 books on creative pursuits, she is also the creative director for the magazine *Marie Claire Idées*. Visit her at ghylenndescamps.com.



Sterling
9781454940784
Pub Date: 6/1/2021
\$17.95
Hardcover

256 Pages
8 in H | 5 in W

Napoleon Hill's Success Journal

James Whittaker, Napoleon Hill

Key Selling Points:

-Think & Grow Rich pioneered the self-help category and has sold upwards of 100 million copies since its publication in 1937 - Fans of Napoleon Hill and Think & Grow Rich are forever searching for new material - Author James Whittaker will have access to the entire collection of Napoleon Hill's writings to draw from for inspiration in this journal - The first time Napoleon Hill's writings are being used to actively direct fans of his work to follow Andrew Carnegie's philosophies on a daily basis

Summary

For fans of Napoleon Hill and his bestselling *Think and Grow Rich*: A new journal branded with the imprimatur of *The Napoleon Hill Foundation*, which manages the famed self-help writer's work.

Napoleon Hill's *Think & Grow Rich* has been a bestselling self-help phenomenon for more than 80 years. Now, the core philosophies told to Hill by Andrew Carnegie in *Think & Grow Rich* can be found in a guided, undated journal format. Annotated by James Whittaker, to both modernize and translate Hill's teachings for a contemporary audience, this journal will inspire and direct fans of *Think & Grow Rich* to follow Carnegie's advice every day. Built around Carnegie's core self-help principles, including defining one's purpose, going the extra mile, indulging your imagination, and learning to profit from adversity, the *Napoleon Hill Success Journal* is for devoted fans of Andrew Carnegie and new converts to the *Think & Grow Rich* way of finding personal and professional success.

Contributor Bio

Napoleon Hill was an American author and entrepreneur best known for *Think and Grow Rich*, published in 1937, which has become one of the bestselling books of all time. His teachings have gone on to influence entire generations of success seekers, setting the standard for the foundations of today's motivational thinking.

James Whittaker is the bestselling author of *Think and Grow Rich: The Legacy*, t...



The 100-Day Financial Goal Journal

Build a Plan for Your Financial Future

Alyssa Davies

Key Selling Points:

- Will include a ribbon marker, lay-flat binding, and a pocket on the inside back cover for collecting receipts, bills, and bank statements - A perfect companion for anyone with a finance-related goal, especially recent college graduates and those living on their own or entering the workforce for the first time - The author's friendly, jargon-free approach to the subject makes the journal beginner-friendly—no experience with accounting needed

Summary

Accomplish your personal financial goal in just 100 days, with this hardworking journal that will keep you on track—and help you hold yourself accountable.

Looking to start an emergency fund? Save for a big purchase? Or make a dent in credit card or student loan debt? Let this journal be your guide. It features prompts that will help you reach your biggest personal finance-related goal, plus daily pages for recording your expenses, reflecting on your everyday spending and saving decisions, and tracking your progress. A detailed introduction with fun, user-friendly graphics and charts explains how to set an attainable financial target that suits your lifestyle and use the journal effectively. The attractive package includes a ribbon marker and lay-flat binding.

Contributor Bio

Alyssa Davies is a freelance writer, content specialist for a real estate brokerage, and founder of the personal finance blog, Mixed Up Money (mixedupmoney.com). She writes about overcoming personal debts, real estate, and how to get away with affording your expensive latte habit. She lives in Calgary, Alberta, Canada.



Sterling
9781454939986
Pub Date: 5/5/2020
\$17.95
Hardcover

280 Pages
8 in H | 5 in W

Internet Password Keeper

Eric Butow

Key Selling Points:

- Internet password logbooks are strong sellers, even today - This one will have the most in-depth front section (13 pages) on data security, by an expert in the field - Has a removable, horizontal, wrap-around belly band, making it one of the only trade examples that will have a title visible when spine out (most of the others have O-bands or front stickers) -When you take off the removable belly band, the book case itself is unprinted black PVU, making it discreet

Summary

Keep all your passwords, user IDs, and more all together in this one perfect logbook, which also features important tips from an internet security expert on keeping your data safe.

These days we have so much data to remember, we need one handy place to keep track of it all—and this easy-to-use logbook with tabbed A to Z pages is the perfect solution. It includes space to list usernames, passwords, security answers, web addresses, and extra notes, and features an introduction from internet technology and security expert Eric Butow on how to create the strongest passwords, keep your online data safe, and more. In addition, it has a removable, horizontal, wrap-around belly band with the title; when you take the belly band off, the book case itself is unprinted, making it discreet. A section in the back includes space to track other important information, including e-mail addresses and passwords, and modem and router model and serial numbers.

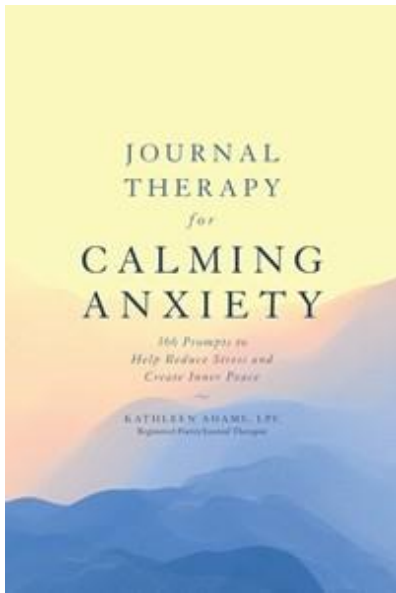
Contributor Bio

Introduction by internet technology and security expert Eric Butow, the owner of Butow Communications Group (BCG) in Jackson, CA. BCG provides web development, online marketing, and technical writing for businesses of all sizes. Eric has authored or coauthored 33 technology books since 2000. His latest titles include *Pro iOS Security and Forensics* (Apress), *Instagram for Dummies* (Wiley, coauthored...



Sterling
9781454940302
Pub Date: 6/16/2020
\$9.95
Hardcover

128 Pages
all in 2-color
6 in H | 4 in W



Sterling
9781454940135
Pub Date: 6/16/2020
\$17.95
Trade Paperback

272 Pages
all in 2-color
8 in H | 5.4 in W

Journal Therapy for Calming Anxiety

366 Prompts to Help Reduce Stress and Create Inner Peace

Kathleen Adams

Key Selling Points:

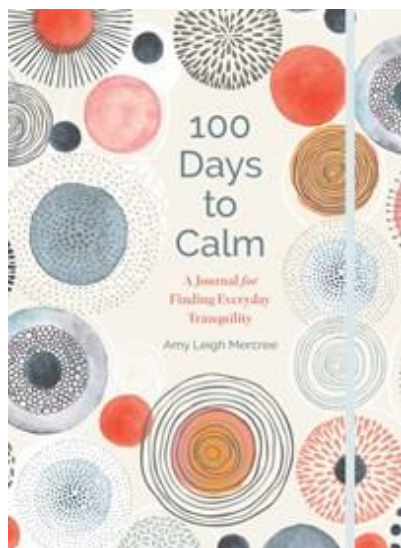
- A larger-format journal in the style of the Gilded, Guided Journal series.
- Explores the intersection of Mindfulness and Anxiety, two hot topics in the Self-Help genre
- Different days of each week focus on different areas: cognitive techniques, journaling exercises, etc.

Summary

According to the Anxiety and Depression Association, a staggering 40 million American adults struggle with anxiety, most of whom never receive treatment. The origins of anxiety can be complex and may be attributable to a stew of genetics, brain chemistry, personality, trauma or life events. Generally, though, it's not useful to explore the "why" of anxiety, but is more productive to focus on the here and now, developing new skills to support behavioral, emotional, and neurological change. As we all know, change can be hard, and it takes time. Kathleen Adams, LPC, has distilled her 35 years of clinical experience into this 366-day journal to ease readers into the process of overcoming their anxiety through mindfulness. Through weekly cycles, readers will learn guided introspection from the author, practical cognitive techniques from professional counsellors and psychologists, and writing exercises from fellow patients who have found journaling to help with anxiety.

Contributor Bio

Kathleen Adams LPC is a psychotherapist who has pioneered the field of journal therapy since 1985. She is the founder of the Center for Journal Therapy and its professional training division, the Therapeutic Writing Institute, founded in 2008. In 2019 she created Journalversity, an online school offering short courses for personal journal writers. She is the author of the New York best-selling Jou...



100 Days to Calm

A Journal for Finding Everyday Tranquility

Amy Leigh Mercree

Key Selling Points:

- This book is the first installment in a new series of journals that promote mindful practices through prompts that help improve your well-being. Future titles include 100 Days to Good Mornings and 100 Days to Mindfulness - Anxiety is on the rise, especially among Millennials and teens, and many are looking for ways to feel better - An elastic band, lay-flat binding, and rounded corners make this journal user-friendly and portable - A perfect gift for anyone who prioritizes self-care and is interested in an approachable way to integrate daily mindfulness and meditation practices into their busy schedules

Summary

Keep calm . . . and find your tranquility with this interactive journal featuring 100 daily prompts and simple exercises.

Find a little more calm each day as you de-stress, breathe deeply, and center yourself with this beautifully designed journal of 100 exercises. When daily life brings anxiety, these prompts, along with inspiring quotes, invite you to take time for yourself and enjoy a moment of daily serenity. Each exercise takes just 5–10 minutes to complete, and the book includes space to jot down any reflections.

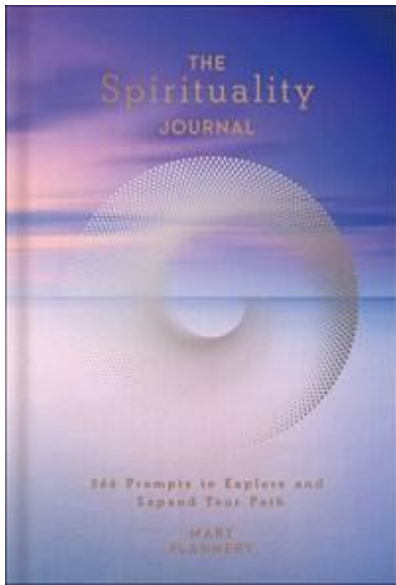
Contributor Bio

Amy Leigh Mercree is a bestselling author of 10 books, including *A Little Bit of Chakras*, *A Little Bit of Meditation*, *A Little Bit of Mindfulness*, *Essential Oils Handbook*, and *The Mood Book: Crystals, Oils, and Rituals to Elevate Your Spirit*. She is an international speaker and holistic health expert. She has been featured in *Glamour Magazine*, *Women's Health*, *Inc. Magazine*, *Shape*, The Huffington P..



Sterling Ethos
9781454940296
Pub Date: 5/5/2020
\$14.95
Hardcover

208 Pages
all in 2-color
7 in H | 5 in W



Sterling
9781454942665
Pub Date: 5/4/2021
\$16.95
Hardcover

376 Pages
all in 2-color
6 in H | 4 in W

The Spirituality Journal

366 Prompts to Explore and Expand Your Path

Mary Flannery

Key Selling Points:

- The Gilded, Guided Journal series remains popular-books in the series have sold more than 230,000 copies since 2014
- One of the few non-denominational spirituality journals on the market-prompts appeal to any user interested in spirituality, no matter their religious affiliation or beliefs
- Spirituality remains an important part of everyday life for many people-according to a 2017 Pew Research Center study, about 82% of Americans consider themselves as a religious and/or spiritual person

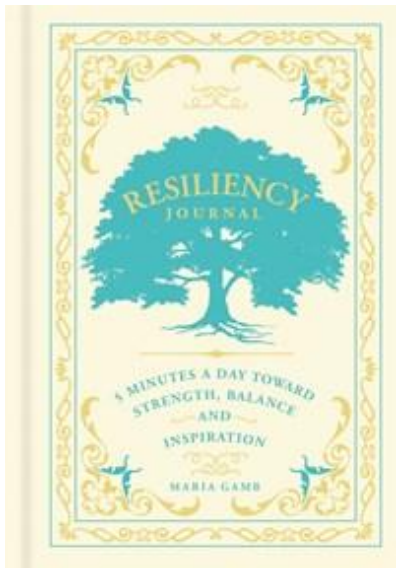
Summary

With 366 days of thought-provoking prompts, this beautiful gilded journal will help you embark on your spiritual journey, discover new insights, and contemplate big questions about life and the universe.

There are few endeavors as satisfying, insightful, and profound as exploring your spirituality. Whether you've worshiped in one religion from childhood, developed your own set of practices, or are exploring which traditions and practices resonate most with you, this journal, created by self-help author Mary Flannery, offers a space to take a deep dive into your beliefs. She offers daily words of wisdom from inspiring figures throughout history-from Rumi to Emily Dickinson-along with reflective prompts and exercises to help you nurture your spiritual practice. You will consider how your family has shaped your beliefs and how attending a gathering has changed your perspective. You will clarify long-held convictions, and much more, think about the values that matter most, and contemplate ...

Contributor Bio

Mary Flannery is the pen name for Katherine Furman, co-creator of Tandem Books. Katherine has written a number of books under a variety of pen names, including guided journals on gratitude (*The Women's Gratitude Journal*), self-exploration (*Express Yourself*), humorous self-help (*Cheaper Than Therapy*), and fitness (*The 90-Day Fitness Journal*). She lives in Atlantic Highlands, NJ.



Sterling
9781454937395
Pub Date: 6/16/2020
\$16.95
Hardcover

376 Pages
all in 2-color
6 in H | 4 in W

Resiliency Journal

5 Minutes a Day toward Strength, Balance, and Inspiration

Maria Gamb

Key Selling Points:

- Our gilded, guided journals are still more popular than ever with sales of more than 180,000 copies - Resilience is a timely and relevant topic that will appeal not only to Baby Boomers but anyone who needs help with resiliency. It has been covered recently everywhere from the Harvard Business Review and Forbes to TheNew York Times, on topics ranging from business to mental health - Author is a communications, confidence, and resilience expert with a good platform; she weaves the latest in psychology and neurology into her work - Promise of five minutes a day is appealing

Summary

With 366 days of guidance, inspiration and positivity, this 5-minutes-a-day journal is the perfect tool to help you traverse difficult times—and remind you that you do possess an inner strength.

Life has a way of throwing curveballs. The promotion you wanted went to someone else. That rock-solid relationship suddenly faltered. A family member or friend passes away. A critical illness appears just as you've made positive changes for your health. Or you experience unexpected financial hardship. Whatever the challenges, it is crucial to develop resiliency, so you can face adversity and bounce back better than ever. With 365 days of guidance, inspiration, and positivity, this journal is the perfect tool to offer reassurance, inspiration, or connection. Maria Gamb takes you on a journaling journey informed by nuggets of the latest psychology and neuroscience, with prompts that encourage you to get deeper in touch with what makes you feel self-confident and empowered; enjoy more and stress l...

Contributor Bio

Maria Gamb is founder and CEO of NMS Communications, which focuses on creating powerful leadership and healthy, resilient organizations. She has contributed to *Forbes* WomensMedia and been featured in *Inc.* magazine, *Time*, and on Wall Street Radio Network. Maria is the author of *Values-Based Leadership for Dummies* (Wiley) and a sought-after speaker on the topic of leadership and team-communication d...



Sterling
9781454939474
Pub Date: 12/1/2020
\$16.95
Hardcover

376 Pages
all in 2-color
6 in H | 4 in W

Self-Care Journal

366 Prompts to Help Nurture & Recharge Your Body & Soul

Mary Flannery

Key Selling Points:

- The Gilded, Guided Journal series remains popular; the five books in the series have sold more than 180,000 copies since 2014 - Self-care is definitely a trend on the rise, especially among millennials, according to reports from sources as varied as NPR, The New York Times, USA Today, NBC News, and Shape magazine

Summary

With 366 days of inspiring prompts, exercises, and tips on self-care, this beautiful gilded journal can help you focus holistically on your journey to become the best *you*—body, mind, and soul.

When you truly understand yourself and your needs, you've taken the first steps to mastering self-care. This attractive journal, created by self-help author Mary Flannery, offers daily words of wisdom from inspiring figures throughout history—from Virgil to Eleanor Roosevelt—along with reflective prompts, advice, and creative exercises to help you develop mindfulness about your daily habits. Chart the things you can do every day to better love and appreciate yourself—from the simplest, such as embracing movement, repeating an affirmation, or focusing on your breathing, to the more profound, such as journaling to let go of negative thoughts, and making mindful lists of the good things in your life.

Contributor Bio

Mary Flannery is the pen name for Katherine Furman, co-creator of Tandem Books. Katherine has written a number of books under a variety of pen names, including guided journals on gratitude (*The Women's Gratitude Journal*), self-exploration (*Express Yourself*), humorous self-help (*Cheaper Than Therapy*), and fitness (*The 90-Day Fitness Journal*). She lives in Atlantic Highlands, NJ.



Sterling
9781454942054
Pub Date: 3/2/2021
\$16.95
Hardcover

376 Pages
all in 2-color
6 in H | 4 in W

Gratitude Journal

5 Minutes a Day Toward Creating a Meaningful Life of Joy and Connection

Maria Gamb

Key Selling Points:

- Our gilded, guided journals are still more popular than ever—with total sales of almost 200,000 copies. This one is on a timely topic that will appeal to anyone craving greater happiness and a connection to something larger than themselves, whether to other people, nature, or a higher power - Gratitude has been covered recently everywhere from Psychology Today and Harvard Health Publishing to TheNew York Times, Forbes, and Fast Company, on topics ranging from business to mental health - Author is a communications, confidence, and resilience expert with a good platform; she weaves the latest in psychology and neurology into her work - The five-minute-a day promise to achieve a lifelong sense of well-being will appeal to readers

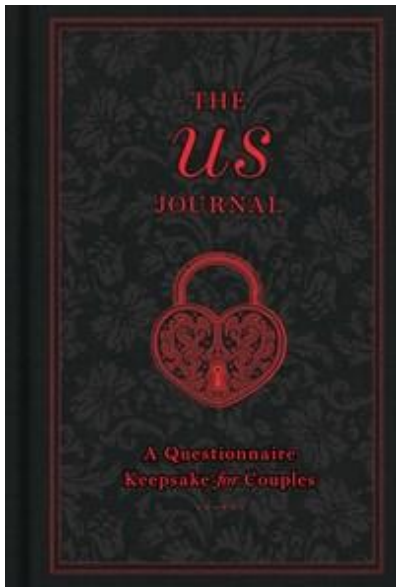
Summary

With 365 days of guidance, inspiration and positivity, this 5-minutes-a-day journal offers a clear path to attaining a grateful heart, greater connection, and a sense of well-being.

It takes only five minutes a day to enjoy a life filled with gratefulness—one in which you become truly present in the moment, feel more positive, and improve your health, relationships, and ability to deal with adversity. Maria Gamb believes that gratitude is a lifestyle choice—and this addition to the popular Gilded, Guided Journal series provides 365 days of guidance, encouragement, and positivity that promote thankfulness. It will inspire you not only to write about gratitude daily, but also to develop a grateful heart and to transform your gratitude into lifelong action.

Contributor Bio

Maria Gamb is founder and CEO of the training company NMS Communications focusing on creating powerful leadership and happy, healthy, resilient organizations that thrive. Maria has contributed to Forbes Women's Media since 2010 and was featured in *Inc.* magazine, *Time*, and Wall Street Radio Network. She is the author of *Values-Based Leadership for Dummies™*. Maria has worked with executives and grou...



Sterling
9781454941262
Pub Date: 10/6/2020
\$16.95
Hardcover

320 Pages
all in 2-color
6 in H | 4 in W

The Us Journal

A Questionnaire Keepsake for Couples

Key Selling Points:

- Guided journals continue to be popular sellers; our Gilded, Guided Journal series has sold a combined 208,000 copies - The Us Journal design is based on The Me Journal (2016), which has sold over 67,600 copies to date, and the text repurposes content from our 2007 journal How To Love Me, which shipped 94,700 copies - The design will include checkboxes and fill-in space for both partners, so the questionnaires can be completed and reviewed together as a shared journaling exercise - The gilded edges and elegant packaging make it a romantic keepsake

Summary

In this elegant relationship journal, hundreds of creative prompts and questions encourage open, honest communication that will deepen your connection and spark playful, meaningful conversations about your past, present, and future as a couple.

Filled with probing, inventive prompts on everything from love and relationships to sex and affection, this journal takes couples on an exciting journey of discovery. Above all, it helps partners express their true feelings and reveal exactly how they want to be loved, emotionally and physically. The questions range from quirky and frisky to serious and practical, delving into a couple's past, expectations, hopes, dreams, and desires. Exploring everything from turn-ons to taboos, deal breakers to romantic gestures, and pet peeves to guilty pleasures, these queries inspire discussion and allow you to articulate it all—together. With checkboxes and write-in space for both partners, *The Us Journal* is an enlightening bonding experience and a beautif...



Lark Crafts
9781454711292
Pub Date: 2/2/2021
\$14.95
Hardcover

160 Pages
all in color
8 in H | 6 in W

Between You & Me

An Interactive Journal for Mother & Daughter

Micah Lewis

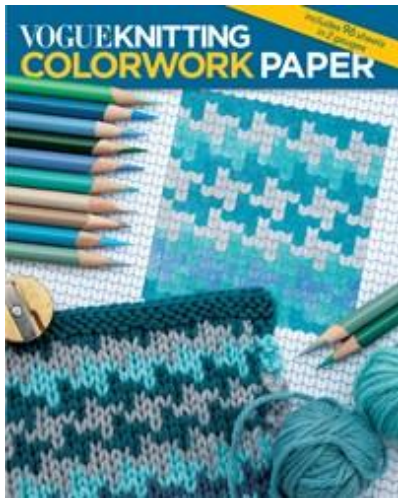
Summary

A sweet keepsake journal with fun and thoughtful prompts that will spark conversations and strengthen the bond between moms and their young daughters.

Have you ever asked your daughter about her day and received only a one-word response? Wondered what she's thinking while she's sitting quietly in the car? This beautiful journal gives you a chance to find out. Each page is filled with activities and questions for both mother and daughter to complete. It opens up a loving discussion about mom's experiences as a kid, your daughter's most treasured memories, your favorite foods and movies, and much more. You'll also find suggestions for fun outings and activities, giving you more opportunities to spend time together. With ideas for establishing a journal-writing routine and tips for making this journal your own, *Between You & Me* will quickly become a special way to stay connected.

Contributor Bio

Micah Lewis is a part-time pilot who also runs an online sticker shop to help others create spreads for their journals. She lives near Salt Lake City with her family. Find her online at myblueskydesign.com and [@my_blue_sky_design](https://www.instagram.com/my_blue_sky_design).



Vogue® Knitting Colorwork Paper

Key Selling Points:

- Using two common stitch gauges makes this paper practical, realistic, and versatile
- Knitters will love coloring in the knit stitch shapes - With more than 90 pages of generously sized 8" x 10" sheets, knitters can design hundreds of patterns - Vogue Knitting has 234,600 Facebook followers and 62,000 Instagram followers

Summary

Created by industry leader *Vogue Knitting*, this book offers 90+ pages of special colorwork paper that features stitch outlines rather than rectangles—so knitters can grasp what their finished project will actually look like.

Knitters who enjoy creating their own colorwork patterns now have a fun, effective, and easier way to work! The innovative pages in *Vogue Knitting: Knitter's Colorwork Paper* have outlines in the V shape of an actual knit stitch rather than the rectangles of ordinary knitting graph paper. This lets you create a better representation of what your finished item will actually look like. More than 90 pages of two common knitting gauges allow plenty of room for hundreds of patterns. Knitters can use the 5 stitches by 6 rows gauge for stranded colorwork and the 6 stitches by 8 rows gauge for intarsia motifs. They can also use this paper to test alternative color combinations of existing patterns. The book is as fun to use as it is practical, and will leave knitters wonder...

Contributor Bio

Originally founded by Condé Nast in 1932, *Vogue Knitting* magazine, now published by Soho Publishing, is the most respected and recognizable fashion-knitting magazine in the world. The *Vogue Knitting* brand encompasses the magazine; knitting resource and pattern books; Vogue Knitting LIVE, a series of consumer shows that attracts more than 15,000 knitters annually; destination trips and cruises; a h...



Sixth&Spring Books
9781970048025
Pub Date: 9/1/2020
\$12.95
Trade Paperback

96 Pages
b-w illus. throughout
10 in H | 8 in W



Vogue® Knitting Project Journal

Key Selling Points:

- Designed to provide guidance while allowing maximum personalization to meet the needs of any knitter and any project - The handy trim size, lay-flat binding, and durable cover make this journal portable and easy to use - Created by the most widely recognized knitting magazine in the world, this will be a trusted resource with a built-in audience - The Vogue Knitting Project Journal has versatile content, professional knitwear design information, and quality layout and production - Vogue Knitting has 234,600 Facebook followers and 62,000 Instagram followers

Summary

Every knitter—beginner or expert—should have this journal! Guided, adaptable to different skill levels, and created by *Vogue Knitting*, it's designed to meet all your needs!



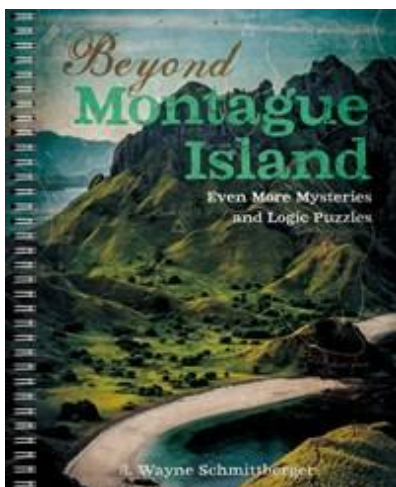
Sixth&Spring Books
9781970048018
Pub Date: 11/3/2020
\$17.95
Trade Paperback

160 Pages
all in color
8 in H | 6 in W

Whatever your level and whatever your project, *The Vogue Knitting Project Journal* provides the professional guidance you need and the creative freedom you want. Casual knitters will find guided entries to help them record essential information, such as needle size, yarns, and more. Experienced knitters get ample space to track alterations to existing patterns. For budding and seasoned knitwear designers alike, there's gridded paper to draw schematics, knitter's graph paper to create charts, specialized knitter's colorwork graph paper, and more—everything they could possibly require. With 25 project templates, vital design insight such as project yarn estimates, standard body measurements, and instructions for drawing schematics and making alterations, this is every knitter's dream journal.

Contributor Bio

Originally founded by Condé Nast in 1932, *Vogue Knitting* magazine, now published by Soho Publishing, is the most respected and recognizable fashion-knitting magazine in the world. The *Vogue Knitting* brand encompasses the magazine; knitting resource and pattern books; Vogue Knitting LIVE, a series of consumer shows that attracts more than 15,000 knitters annually; destination trips and cruises; a h...



Beyond Montague Island: Even More Mysteries and Logic Puzzles

R. Wayne Schmittberger

Key Selling Points:

- Sequel to the popular Montague Island Mysteries (over 36,000 copies sold) and Return to Montague Island (published October 1, 2019) - Unique structure and characters make this more compelling for solvers than just another book of logic puzzles with random names and situations - Maps throughout the book increase the feeling of immersion - Author is the former editor of Games magazine and a well-known name in the world of puzzles - High-quality paper and binding assure that this book will withstand repeated solving sessions

Summary

The second sequel to the popular Montague Island books introduces Gordon Montague's daughter—and once again gives solvers a mystery to unravel along with the logic puzzles and games!

Take a third trip back to Montague Island for both mystery and puzzle solving! Gordon Montague's long-lost daughter, Cheryl—about to graduate from law school—spends the summer on and off the island. Along with a group of classmates, she enjoys murder-mystery games, takes trips to the mainland, and studies for the bar exam. Gordon, however, has reason to believe that someone with a grudge is planning revenge on him. So he once again asks Taylor to investigate, and keep an eye on everyone. Readers get to study maps and blueprints, play all sorts of games, collect wildflowers, visit an amusement park, and more, all while uncovering a nefarious plot.



Puzzlewright
9781454936596
Pub Date: 10/6/2020
\$10.95
Wire-O

96 Pages
Ages 14 And Up, Grades 9 And Up
11 in H | 8.5 in W

Memory Puzzles to Exercise Your Mind

Boost Your Brain with 80 Photo Games

No Image
Available



Puzzlewright
9781454936381
Pub Date: 9/7/2021
\$12.95
Trade Paperback

176 Pages
all in color
Ages 10 And Up, Grades 5 And Up
9 in H | 8 in W

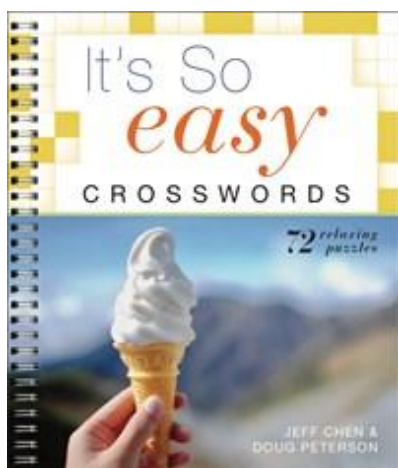
Easy Come, Easy Go Crosswords

Patrick Blindauer

No Image
Available



Puzzlewright
9781454934233
Pub Date: 4/6/2021
\$9.95
Wire-O
96 Pages
Ages 17 And Up, Grades 12 And
Up
10 in H | 8 in W



Puzzlewright
9781454934257
Pub Date: 4/6/2021
\$9.95
Wire-O

96 Pages
Ages 17 And Up, Grades 12 And Up
10 in H | 8 in W

It's So Easy Crosswords

Doug Peterson, Jeff Chen

Key Selling Points:

- This is the 18th book in our Easy Crosswords series, 15 of which have been published already, selling more than 260,000 copies - Easy crosswords let solvers work on the basics and build confidence - Fun/clever themes add to the fun, with clues that are straightforward - High-quality paper and binding assures many sessions of satisfied solving

Summary

Take it easy! These 72 daily-sized themed crosswords are perfect for beginning solvers.

Sometimes you just want something simple—a gentle challenge to help you wind down after a hard day. This crossword collection is just the ticket; every puzzle has a helpful theme and features common words, phrases, and names that won't strain the brain. The clues are on the easy side, too, so you can confidently finish each crossword.

Contributor Bio

Jeff Chen makes crossword puzzles for *TheNew York Times* and other major publications. In previous careers, he was a mechanical engineer listed on eight US patents, and then cofounded a pharmaceutical company, Acucela Inc. Jeff lives in Seattle with his wife and two children. He can be reached at JeffChenWrites.com.

Doug Peterson has been making puzzles for a long time, ranging from easy-peasy to te...



Puzzlewright
9781454936589
Pub Date: 5/4/2021
\$14.95
Wire-O

288 Pages
Ages 14 And Up, Grades 9 And Up
10 in H | 8 in W

Large Print Kakuro

Key Selling Points:

- Sterling has sold more than 850,000 kakuro books, and more than a million large-print titles - Kakuro are perfect for fans of sudoku who are looking for something new - Logic puzzles strengthen cognitive thinking and may help stave off dementia - Solvers who normally have trouble reading the little numbers in normal-sized kakuro will have no trouble reading them in large print - Durable paper ensures that solvers won't rip paper after multiple erasures

Summary

With these 225 large-print puzzles, ranging from easy to hard, now everyone can see their way to solving kakuro!

Combine logical thinking with simple addition and you've got kakuro, a terrific type of puzzle that's perfect for solvers looking to stretch their mental muscles. And this collection goes BIG! In typical kakuro, little numbers appear all over the grid, and you must fill in the rest with digits that add up to those numbers. But here, even the given numbers are in large print for easy reading, so everyone can discover the joys of kakuro.

Contributor Bio

Conceptis Puzzles is the world's leading number-logic and picture-logic puzzle supplier to magazine, newspaper, book, mobile, game console, and board game providers. Every day, more than ten million pages with Conceptis puzzles are printed in 40 countries worldwide.

Large Print Wordoku

Frank Longo

No Image
Available



Puzzlewright
9781454942191
Pub Date: 5/4/2021
\$14.95
Wire-O

288 Pages

10 in H | 8 in W

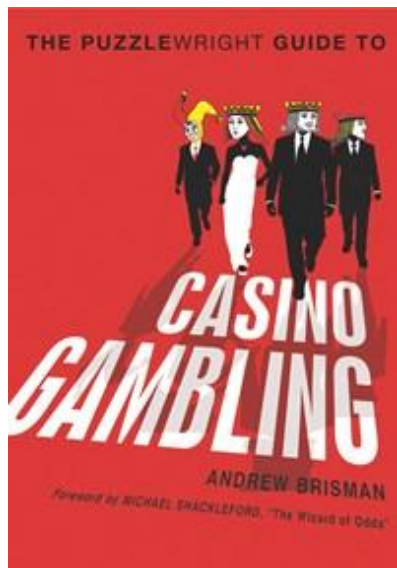
The Healthy Brain Book of IQ Puzzles

Fraser Simpson

No Image
Available



Puzzlewright
9781454941248
Pub Date: 6/1/2021
\$11.95
Flexibound
128 Pages
Ages 17 And Up, Grades 12 And
Up
7 in H | 7 in W



Puzzlewright
9781454904151
Pub Date: 7/6/2021
\$19.95
Trade Paperback

304 Pages
Ages 18 And Up, Grades 13 And
Up
10 in H | 7 in W

The Puzzlewright Guide to Casino Gambling

Andrew Brisman, Michael Shackleford

Key Selling Points:

- Gambling advice from an expert in the field provides strategies and systems for all the major casino games, with the math to back it up - Illustrated text and charts make concepts easy to understand and put into play during your next gaming session
- More knowledge means more confidence at the casino, so you'll know when to hold 'em and when to fold 'em

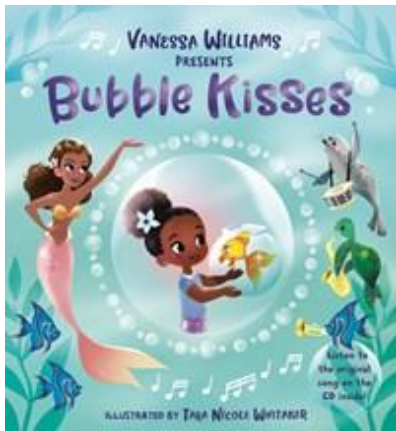
Summary

Read this book—and we bet that the cash you save in just one trip to the casino will more than make up for its cost!

Simply put, this is the best guide to gambling ever written. It reveals the secrets of success known only to the most expert gamblers: how to bet smart, play the cards right, recognize when the odds are in your favor, and walk away a winner. You'll learn about beating the bank with odds and probability, "the house edge," money management, and the psychology of gambling. Here's all the info you need to play each game like a genius!

Contributor Bio

Andrew Brisman is a writer and editor who has been an avid casino player for years. A former editor at *Games* magazine, he is a nationally recognized authority on games and puzzles. In addition to writing on a variety of topics, he also creates games and puzzles for adults and children. He lives in New York City, a quick three-hour drive from Atlantic City.



Sterling Children's Books
9781454938347
Pub Date: 6/23/2020
\$17.95
Mixed Media Product

32 Pages
all in color
Ages 3 to 8, Grades P to 3
9.8 in H | 9.8 in W

Bubble Kisses

Vanessa Williams, Tara Nicole Whitaker

Key Selling Points:

- Since the 1980s Vanessa Williams has appeared in films, TV series, and on Broadway. Multiple generations know her and her work - This is on-trend with mermaids, whose popularity in children's publishing continues unabated across all formats/age groups. From Disney's Ariel to The Purrmaids (early chapter books) to the Emily Windsnap series (middle-grade) to the Waterfire Saga (young adult), mermaids have broad appeal. They even have an annual Instagram event to call their own #mermay - Also on-trend in terms of representation: the pool of mermaids is becoming more diverse. Julián Is a Mermaid, Rise of the Jumbies, and Disney's forthcoming live-action version of The Little Mermaid—with a black Ariel—point to a new, inclusive direction in mermaid storytelling

Summary

From singer, actress, and dancer Vanessa Williams comes a sweet, sparkling story (with a free downloadable song + bonus CD!) about a young girl whose beloved pet fish has wonderful, magical powers.

*She gives me bubble kisses, bubble kisses as she swims by in the water.
She never misses with her bubble kisses. And I'm so glad I got her.*

A young girl adores her goldfish, Sal. But Sal is no ordinary pet: while she can't fetch a ball or curl up on a lap, she *can* give bubble kisses that transform the girl into a mermaid and transport her to a world of underwater adventures. There, beneath the sea, they play, sing, and dance with other mermaids. The catchy, breezy, rhymed tale is perfect for bedtime, and the book includes a free digital download and CD of the song.

Contributor Bio

Vanessa Williams is one of the most respected and multifaceted performers in the entertainment industry today.

Having sold millions of records worldwide, Vanessa has also achieved numerous #1 and Top 10 hits on various *Billboard* Album and Singles charts: Pop, Dance, R&B, Adult Contemporary, Holiday, Latin, Gospel, and Jazz.

Her critically acclaimed work in film, television, recordings, and the Broa...



Bindu's Bindis

Supriya Kelkar, Parvati Pillai

Key Selling Points:

- A great conversation starter for parents about why people dress differently
- Includes themes of emotional awareness and social acceptance
- Bindu's nervousness about performing in the talent show are relatable for many young readers
- Highlights important connections to family with a grandparent/grandchild relationship at the core
- Author Supriya Kelkar's middle grade novel AHIMSA received starred reviews from School Library Journal and Kirkus

Summary

A companion to Kelkar's THE MANY COLORS OF HARPREET SINGH, this picture book features a little girl named Bindu who's bindis connect her to family and help her find courage to compete in the school talent show.

This charming picture book is about a little girl who loves her bindis (and the many creative shapes they come in!). The bindis are also a connection to her Nani who lives in India. When Nani comes to visit Bindu and brings the bindis to her, it is just in time to wear something new to the school talent show. Bindu and Nani work together to shine their brightest and embrace their sparkle, even when they stand out from the crowd.

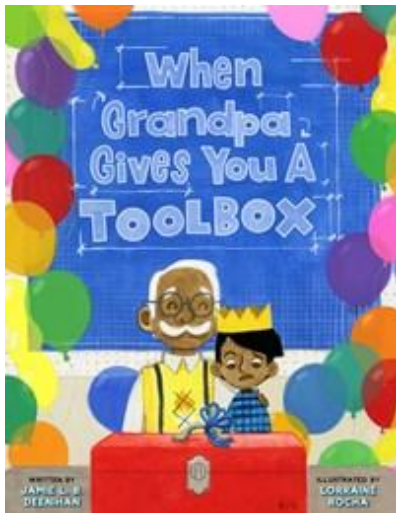
Contributor Bio

Born and raised in the Midwest, Supriya learned Hindi as a child by watching three Hindi movies a week. Supriya is a screenwriter who has worked on the writing teams for several Hindi films and one Hollywood feature. Her books include *The Many Colors of Harpreet Singh* (Sterling, 2019), *American as Paneer Pie* (Aladdin, 2020) *The Sandalwood Pyre* (Tu Books, 2020), and *Ahimsa* (Tu Books, 2017).



Sterling Children's Books
9781454940203
Pub Date: 3/2/2021
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 3 to 7, Grades P to 2
10.9 in H | 8.5 in W



When Grandpa Gives You a Toolbox

Jamie L.B. Deenihan, Lorraine Rocha

Key Selling Points:

- The perfect gift for Father's Day and Grandparents' Day - Themes of hard work, community, and delayed gratification—the main character doesn't get the gift he asked for, but he's able to make it himself by the end of the book

Summary

In this delightful story, by the same author who wrote *When Grandma Gives You a Lemon Tree*, a boy is disappointed with his grandfather's gift—until he learns he can use it to build exactly what he wanted with his own two hands, and a little help from grandpa, of course!

You asked for a special house for your dolls; but instead Grandpa gives you a toolbox! What do you do? Launching it into outer space is a bad idea. So is feeding it to a T. rex! Instead, be patient, pay attention, and you might find that you're pretty handy. And just maybe, with grandpa's help, you'll get that dollhouse after all. This clever story celebrates kindness, hard work, and community, as well as variety in gender expression: the male main character proudly engages in activities that might be considered typically girl (playing with dolls) and typically boy (building with tools).

Contributor Bio

Jamie L. B. Deenihan is a teacher and member of SCBWI and the 12 x 12 Picture Book Challenge. Her first picture book was *When Grandma Gives You a Lemon Tree*. She lives in Suffield, CT, with her family. Visit her online at jamiedeenihan.com and on Twitter @jlbdeenihan.

Lorraine Rocha studied illustration and animation and worked at Lucasfilm's VFX and animation studio Industrial Light & Magic, contr...



Sterling Children's Books
9781454932321
Pub Date: 3/31/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 3 to 7, Grades P to 2
10.9 in H | 8.5 in W



Sterling Children's Books
9781454930976
Pub Date: 6/2/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 3 And Up, Grades P And Up
10.9 in H | 8.5 in W

Best Day Ever

Michael J. Armstrong, Églantine Ceulemans

Key Selling Points:

- Chester's Way meets Ally-saurus in this story of two very different, strong personalities finding common ground and forging a well-earned friendship- Families looking to break the cycle of endless activities and packed schedules will welcome this celebration of free-range fun that shows the simple joy of two kids' creativity and imagination- Églantine Ceulemans's engaging four-color art depicts the main action of the story while her line art features the imaginative dramatic play

Summary

Summer's just about over—and William wants to end it by having the BEST DAY EVER! But can a buttoned-up, Type-A kid let loose and embrace a day filled with free-range fun?

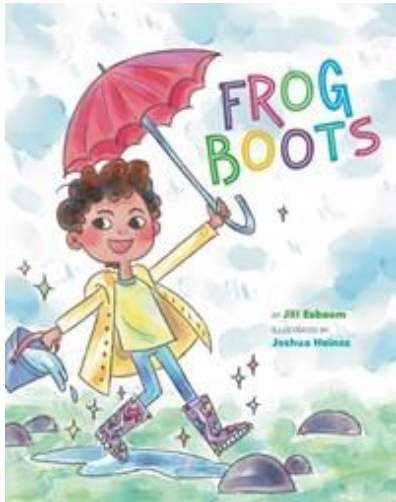
"Fun with a capital F." —Kirkus

It's the last day of summer vacation and William—a little boy who loves order and schedules—has just one thing left to accomplish: have the most fun ever. He's even created a *fun-o-meter* to help him achieve his goals. But nothing he does seems special enough. Even worse, William's fanciful next-door neighbor, Anna, keeps interrupting his plans with increasingly outlandish suggestions—like trampoline bouncing to the moon to find dinosaur bones or riding talking seahorses to an underwater castle. Can these two seemingly different kids find a way to have the best day together . . . and maybe become friends, too? This charming picture book about a child who always follow the rules is a must-read for kids and parents in need of a funny, gentle reminder to get creative and let their imagina...

Contributor Bio

Michael J. Armstrong previously served as the Executive Director of The ALS Association, The Crohn's & Colitis Foundation, and other nonprofit organizations. He is an active member of the Society of Children's Book Writers and Illustrators (SCBWI). *Best Day Ever* is his first book. He lives in Cleveland, OH.

Églantine Ceulemans attended the Emile Cohl School of Art. Her work, including the bestsell...



Sterling Children's Books
9781454932970
Pub Date: 3/31/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 4 to 7, Grades P to 2
10.9 in H | 8.5 in W

Frog Boots

Jill Esbaum, Joshua Heinsz

Key Selling Points:

- Shows young readers that they don't have to conform to gender stereotypes -
Illustrates that there is a lot of space between what's traditionally "girl" and "boy" -
Speaks to any kid who has been teased and gives them language to use to stand up for themselves

Summary

There's only one thing Dylan wants: frog boots! But what happens when this little boy discovers they're meant for . . . girls?

School shopping is no fun for Dylan—until he spots a pair of boots decorated with poison-dart frogs. They're so cool that he even wears them to bed, where he discovers they *glow in the dark!* He can't wait to wear them to class. But before he can show them off in circle time, a kid exclaims: "Ms. Kory, that boy's wearing girl boots." And, suddenly, when everyone's laughing at him, the boots don't seem so wonderful anymore. Will he ever want to wear them again? A timely story about embracing what you love, staying true to yourself, and defying stereotypes.

Contributor Bio

Jill Esbaum has written many popular Sterling titles, including *Frankenbunny*, *Teeny Tiny Toady*, *Elwood Bigfoot*, and *If a T. Rex Crashes Your Birthday Party*. Jill lives in Dixon, IA. Learn more at jillesbaum.com and picturebookbuilders.com.

Joshua Heinsz received his BFA in Illustration from Savannah College of Art and Design, and MFA in Illustration Practice from Maryland Institute College of Art....



Sterling Children's Books
9781454933816
Pub Date: 6/2/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 3 to 7, Grades P to 2
10.9 in H | 8.5 in W

Invent-a-Pet

Vicky Fang, Tidawan Thaipinnarong

Key Selling Points:

- STEM hooks: introduces basic coding concepts in a fun, accessible way - Exciting author and illustrator debut: we're delighted to pair Vicky Fang's engaging text and Tidawan Thaipinnarong's whimsical, expressive art together for their first picture book
- Like the author, the main character Katie is East Asian, and her neighborhood is also very diverse - Kids and parents will squeal over these adorable bunnies, monkeys, pandas, and more!
- Promotes pet adoption: when Katie's home is overrun with extraordinary pets, she finds loving homes for them with her neighbors

Summary

Bunnies, pandas, and monkeys, oh my! For fans of *Ada Twist, Scientist*, this picture book about finding your perfect pet introduces basic STEAM and coding concepts—and some ridiculously adorable animals!

Katie is an ordinary girl who longs for an extraordinary pet—something more spectacular than a simple goldfish. Then one day Katie comes home to find a gift from her mother: a mysterious machine designed to help her create that one-of-a-kind creature. Each time she feeds different items into the machine, out comes a marvelously colorful new animal—like a purple monkey, rainbow-spotted horse, and green bunny! But none of them is just right. Through trial and error, Katie figures out the formula for her absolutely perfect SURPRISE pet.

Contributor Bio

Vicky Fang is a product designer and children's book author. This is her first picture book, and she has also written the early chapter book series, *Layla and the Bots*. She lives with her family in Mountain View, CA, and can be found online at vickyfang.com and on Twitter @fangmous.

Tidawan Thaipinnarong is a freelance illustrator and visual development artist, currently based in Bangkok, Thailand.



Bling Blaine
Throw Glitter, Not Shade
 Rob Sanders, Letizia Rizzo

Key Selling Points:

- This story conveys an important message about inclusion, being yourself, and standing up for what's right— even if that sometimes means being an example for adults, too. It's a good contender for National Bullying Prevention Month (October)- Includes informative back matter with helpful tips on how to be allies to kids who face bullying because of their differences- Talented artist Letizia Rizzo created vibrant, colorful artwork that brings Blaine's story to life beautifully. Includes glitter on the cover! - Rob Sanders is a prolific, award-winning children's book author. His book PRIDE: The Story of Harvey Milk and the Rainbow Flag was named one of Amazon's Best Children's Books of 2018 - Story is an appealing mix of Julian Is a Mermaid meets Walk with Vanessa

Summary

A heartwarming picture book about the power of allies to lift others up . . . and the sparkling magic of glitter!

Blaine's a boy who loves to shine . . . well actually, he loves to *sparkle*. Whether it's his uniform, his book bag, or even his baseball cap, Blaine's all about the bling. But when his bling rubs some people the wrong way, and the bullying begins, Blaine —along with the entire school—starts to lose his shine. Can Blaine's friends bring back his glimmer and gleam by glittering up their own wardrobes? This delightful story proves that *anyone* can love bling, and that happiness comes when allies band together to throw glitter—not shade.

Contributor Bio

Rob Sanders is an elementary school teacher in Brandon, FL. He is the author of *Pride: The Story of Harvey Milk and the Rainbow Flag*, *Peaceful Fights for Equal Rights*, and *Stonewall: A Building. An Uprising. A Revolution*. His other picture books include *Rodzilla*, the Ruby Rose series, and *Outer Space, Bedtime Race*. Find out more at robsanderswrites.com.

Letizia Rizzo is an illustrator from southern ...



Sterling Children's Books
 9781454934561
 Pub Date: 9/1/2020
 \$16.95
 Hardcover Picture Book

32 Pages
 all in color
 Ages 3 And Up, Grades P And Up
 10 in H | 10 in W



Judge Juliette

Laura Gehl, Mari Lobo

Key Selling Points:

- This is on-trend with its focus on girl power: stories of young girls with career aspirations are popular, and Judge Juliette is just as confident and capable as Ada Twist, Rosie Revere - Judge Juliette is a natural for displays and promotions tied to the 2020 elections, with its many women candidates and where the election's impact on the judicial branch will be a major concern - This is a great introduction to law, with Juliette's courtroom providing glimpse of what happens at an actual trial - A glossary explains legal terms (from Juliette's perspective), making this an excellent resource for educators and librarians

Summary

Meet Juliette, girl judge! She's set up her own backyard court. But what will she do when her own parents come to fight it out . . . over a pet? A must-read for fans of Sonya Sotomayor's *Turning Pages: My Life Story* and *I Dissent: Ruth Bader Ginsburg Makes Her Mark*.

Court is in session, with Judge Juliette presiding! Ever since preschool, Juliette's favorite game has been settling cases. This young girl, with a firm sense of fairness, adjudicates all kinds of neighborhood disputes right from her own backyard—from determining a fair bedtime to figuring out where to locate competing lemonade stands. But now she's faced with the toughest decision of all: her parents have finally agreed to let her have a pet . . . and they've come to her court to argue over whether to get a cat (dad's request) or a dog (mom's preference). What will Juliette do?

Contributor Bio

Laura Gehl is the author of popular picture books including *One Big Pair of Underwear* and the Peep and Egg series. She lives in Chevy Chase, MD. You can find her on Twitter @AuthorLauraGehl and lauragehl.com.

Mari Lobo was born and raised in São Paulo, Brazil. She moved to California and attended the Academy of Art University, where she earned her Masters in Visual Development for Animation. She li...



Sterling Children's Books
9781454934325
Pub Date: 8/25/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 4 to 7, Grades P to 2
10.9 in H | 8.5 in W



Sterling Children's Books
9781454934271
Pub Date: 9/1/2020
\$16.95
Hardcover Picture Book

40 Pages
all in color
Ages 3 And Up, Grades P And Up
10 in H | 10 in W

Short & Sweet

Josh Funk, Brendan Kearney

Key Selling Points:

- The first three books in the series have sold over 115,000 copies collectively. - Like the other books in this series, the humorous, rhyming text in this story is sure to delight and charm any adult and young reader - Josh Funk is a prolific writer, and a great self-promoter. He has over 20,000 followers on his Twitter feed, 4,500 followers on Instagram (both @joshfunkbooks), and has over 1,300 likes on Facebook - Brendan Kearney's illustrations are eye-catchingly humorous and all-around fun - Short & Sweet will have the same production values as the other books in the series—e.g. textured jacket, foil, embossing, and a gatefold at the end

Summary

Lady Pancake and Sir French Toast are back with a twist: they've been transformed into small children. Now it's a race against the clock to turn our favorite duo into grown-ups again!

Lady Pancake is aching; Sir French Toast's looking pale. Could they be going . . . STALE? Maybe a visit to Professor Biscotti's lab for her despoiling procedure will help. But instead of beautifying them, Biscotti accidentally transforms the two treats into toddlers! Frightened of the now gargantuan (to them) Baron von Waffle, the mini breakfast foods scamper off on an adventure in the fridge, visiting everywhere from the Bran Canyon to Limes Square. Will Baron von Waffle and Professor Biscotti figure out a way to turn them back into a grown Lady and Sir? Or will they stay short & sweet forever?

Contributor Bio

Josh Funk is the author of *Lady Pancake & Sir French Toast*, followed by its sequels *The Case of the Stinky Stench* and *Mission Defrostable*, as well as *Albie Newton*, *How to Code a Sandcastle*, *Lost in the Library*, and more. He lives in Concord, MA. Visit him online at joshfunkbooks.com or on Twitter at @joshfunkbooks.

Brendan Kearney is also the illustrator of the first *Lady Pancake & Sir French Toas...*



Sugar and Spice and Everything Mice

Annie Silvestro, Christee Curran-Bauer

Key Selling Points:

- A companion to *Mice Skating*, which has sold over 17,000 copies since October 3, 2017, and got rave reviews. This companion book features the same adorable characters (with a new illustrator), embarking on another cozy winter-themed story. This book, like *Mice Skating*, makes a great holiday purchase while being relevant all fall/winter long - Teaches readers not to be afraid to ask for help, and that even when things do not come naturally, it's important to not give up- Baking is a popular topic for the audience, and kids will love seeing Lucy and her friends creating delicious baked goods- Christee Curran-Bauer's renditions of Lucy and her friends are energetic and expressive, and bring the story to life perfectly

Summary

She can skate . . . but can she bake? In this charming sequel to *Mice Skating*, Lucy, the adventure-loving mouse, learns that everyone needs a little help sometimes—and that's okay.

When a blustery, blizzardy snowstorm forces even winter-loving Lucy the mouse indoors, she decides to treat her friends to some home-baked sweets. Unfortunately, Lucy insists on doing everything herself—and it turns out that, for her, baking is MUCH harder than skating. Soon, the oven explodes . . . and so does Lucy's temper. Luckily, her pals are happy to lend a paw once Lucy realizes that we all have different strengths, and that it's okay to ask for help when you need it. With a little teamwork, sugar, and spice, Lucy and her BFFs just might get the delicious cheesecake they've been waiting for.

Contributor Bio

Annie Silvestro is the author of *Bunny's Book Club*, which *Kirkus* called "a sweet salute to reading" and *Mice Skating*. She works as a consultant in her family's finance business and is a Volunteer Coordinator for the New Jersey chapter of the Society of Children's Book Writers and Illustrators. She lives in Rumson, NJ. Learn more about her at anniesilvestro.com.

Christee Curran-Bauer is an illustrat...



Sterling Children's Books
9781454934356

Pub Date: 11/10/2020

\$16.95

Hardcover Picture Book

32 Pages

all in color

Ages 3 And Up, Grades P And Up

10.9 in H | 8.5 in W



Sterling Children's Books
9781454930136
Pub Date: 1/7/2020
\$16.95
Hardcover Picture Book

32 Pages
all in color
Ages 4 to 7, Grades P to 2
8.5 in H | 10.9 in W

Are Your Stars Like My Stars?

Leslie Helakoski, Heidi Woodward Sheffield

Key Selling Points:

- The storytelling has a classic feel, and the message of commonality has broad appeal - A great introduction to the concept of perspective as the narrator describes their own color-filled world and considers how others experience and interact with color - The gentle, rhymed meter combined with the evocative imagery at the story's end (smooth, sleepy black sky, glowing white stars) make this a perfect choice for bedtime reading - A sweet read that kids will enjoy time and again - Gorgeous, mixed-media collage art that is bursting with color

Summary

"We look at the world every day.

You and me.

Do we see the same things?

Do you see what I see?"

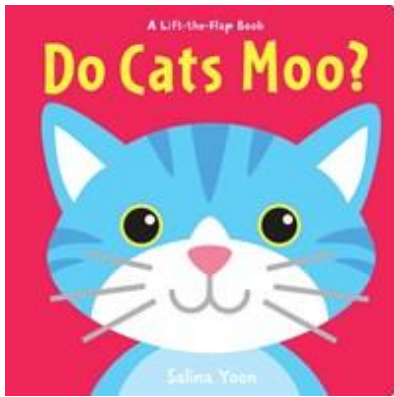
In beautiful, evocative rhyme, this lovely picture book helps children consider the colors of their everyday lives . . . and imagine how others around the world experience the very same things.

No matter where they live, all children gaze at the blue sky, bask in the warmth of the golden sun, dig in the rich dirt, and watch clouds grow soft and rosy at end of day. Through the eyes of one inquisitive and thoughtful young narrator, young readers explore the idea of perspective, and come to realize that all of us, everywhere, share the colors of the world. The gentle, poetic text and gorgeous collaged illustrations make this just right to say goodnight.

Contributor Bio

Leslie Helakoski is the author of Sterling's *Hoot & Honk Can't Sleep, Big Chickens* (the Michigan Reads Picturebook for 2007, Great Lakes Great Books Award, and a GLBA finalist), and *Woolbur* (a Book Sense pick for 2008, Florida Reading Assoc. Honor Book, and nominee for nine state book awards). Most recently she wrote and illustrated *Fair Cow*. Leslie lives in southern MI. Twitter: @helakoski.

Heidi ...



Do Cats Moo?

Salina Yoon

Key Selling Points:

- Salina Yoon has sold more than 2.5 million books in over 20 countries - Features bright colors and simple graphics with large flaps that are easy for a baby's little hands - The silly nature of the stories make these a fun read-aloud for parents and baby alike while introducing animals and their sounds

Summary

Award-winning author Salina Yoon is back with a new book in her adorable lift-the-flap series that introduces young children to popular animals and the sounds they make.

Do cats moo? Do cats chow? All I know is cats go MEOW! This novelty board book, with fun text and colorful illustrations, features adorable puppies, hamsters, and bunnies, as well as the cuddly title cat and other favorite pets. Kids will happily lift the flap on each big animal "mouth" to uncover what sound it makes. For a grand finale, all the animals appear together peering out from behind two gatefolds, so children can sneak a peek and squeak, chirp, sniff, and snuffle once again!

Contributor Bio

Salina Yoon has written and illustrated more than 150 children's books. She is the recipient of numerous awards and honors, including the 2015 SCIBA Award and the 2015 Nottingham Children's Book Award for FOUND, and the 2014 New York State Reading Association Charlotte Award. She lives in San Marcos, CA. Read more about Salina at salinayoon.com.



Sterling Children's Books

9781454934332

Pub Date: 6/2/2020

\$12.95

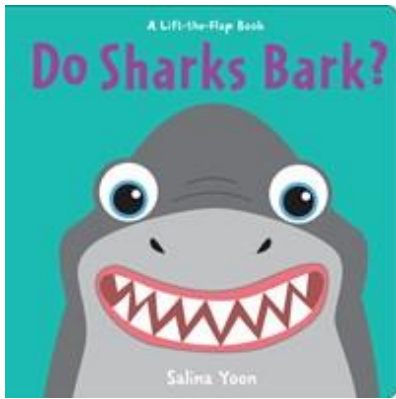
Board Book

18 Pages

all in color

Ages 3 And Up, Grades P And Up

9.3 in H | 9.3 in W



Do Sharks Bark?

Salina Yoon

Key Selling Points:

- Salina Yoon has sold more than 2.5 million books in over 20 countries - Features bright colors and simple graphics with large flaps that are easy for a baby's little hands - The silly nature of the stories make these a fun read-aloud for parents and baby alike while introducing animals and their sounds

Summary

Award-winning author Salina Yoon is back with a new book in her adorable lift-the-flap series that introduces young children to popular animals and the sounds they make.

Do sharks stamp? Do sharks stomp? All I know is sharks go CHOMP! With flaps to lift that reveal the sounds each animal makes, this fun board book introduces preschoolers to singing whales, roaring polar bears, snappy crabs, and growling hippos, along with the chompy title shark and other popular creatures. A two-gatefold grand finale brings all the animals together once more!

Contributor Bio

Salina Yoon has written and illustrated more than 150 children's books. She is the recipient of numerous awards and honors, including the 2015 SCIBA Award and the 2015 Nottingham Children's Book Award for FOUND, and the 2014 New York State Reading Association Charlotte Award. She lives in San Marcos, CA. Read more about Salina at salinayoon.com.



Sterling Children's Books
9781454934349
Pub Date: 6/2/2020
\$12.95
Board Book

18 Pages
all in color
Ages 3 And Up, Grades P And Up
9.3 in H | 9.3 in W



Sterling Children's Books
9781454942115
Pub Date: 9/1/2020
\$7.95
Board Book

28 Pages
all in color
Ages 3 And Up, Grades P And Up
8 in H | 8 in W

Your Alien

Tammi Sauer, Goro Fujita

Key Selling Points:

- The picture book edition has sold over 19,000 copies net - Tammi has a stellar track record, and is a favorite of teachers, booksellers, and librarians - Story about the power of friendship and creative problem-solving

Summary

"One day, you'll be looking out your window when something wonderful comes your way . . . and you will want to keep him."

Tammi Sauer's beautiful story about a baby alien, the little boy who wants to keep him, and the power of friendship and family is now in board!

When a little boy meets a stranded alien child, the two instantly strike up a fabulous friendship. But at bedtime, the alien suddenly grows very sad. Can the boy figure out what his new buddy needs most of all? This funny, heartwarming story proves that friends and family are the most important things in the universe . . . no matter who you are.

Contributor Bio

Tammi Sauer is the author of Sterling Publishing's *But the Bear Came Back*, *Caring for Your Lion*, *Chicken Dance*, *Cowboy Camp*, *Mary Had a Little Glam*, *Your Alien Returns*, and *Your Alien*, which earned starred reviews from *Publishers Weekly* and *Kirkus*. She is an active blogger (tammisauer.com) and highly involved in the children's writer community. Tammi has worked as a teacher and library media speci...



A Pirate's Night Before Christmas

Philip Yates, Sebastià Serra

Key Selling Points:

- The picture book edition has a great history, with more than 100,000 copies sold - Story is based on Clement C. Moore's well-known Christmas poem, "A Visit from St. Nicholas"—a well-loved classic - Bright, energetic, and friendly illustrations draw eyes immediately to this book, while the lively text keeps readers turning the pages

Summary

Philip Yates' rollicking rhymes and Sebastià Serra's sprightly, fun-filled pictures turn this Christmas perennial into a jubilant celebration. Now in board!

*The stockin's were stuck to the bowsprit with tar,
In hopes that Sir Peggedy soon would be thar."*

With impeccable rhythm and a great sense of fun, Philip Yates skillfully adds pirate adventure to Clement C. Moore's beloved Christmas story. Written from the point of view of a young boy on a pirate ship, the book details his discovery of Sir Peggedy's arrival aboard the ship and all of the excitement that follows. Yates's energetic use of pirate language and Sebastià Serra's vibrant illustrations, full of clever details, combine to create a world all their own.

Contributor Bio

Philip Yates lives in Austin, TX, and works in the Austin Public Library system. He has written for *Disney Adventures Magazine* and his first picture book was the highly acclaimed *Ten Little Mummies*. Philip has also written several other books for Sterling, including *A Pirate's Twelve Days of Christmas*, and the humor books, *The Biggest Joke Book in the World* and *World's Silliest Jokes*, which he coa...



Sterling Children's Books
9781454942641
Pub Date: 10/6/2020
\$7.95
Board Book

24 Pages
all in color
Ages 0 to 3, Grades P And Under
7 in H | 8 in W



Sterling Children's Books
 9781454940142
 Pub Date: 3/2/2021
 \$17.95
 Hardcover with dust jacket

368 Pages
 Ages 14 to 18, Grades 9 to 12
 8.3 in H | 5.5 in W

List of Ten

Halli Gomez

Key Selling Points:

- Troy has a memorable voice, revealing his idiosyncrasies without any didactic narration jumping in to teach us about his disorders. Readers are in his head for every scary, thrilling, and hard-earned choice he makeslotsa

Summary

A harrowing yet hopeful account of a teen living with Tourette Syndrome and Obsessive Compulsive Disorder . . . and contemplating his own mortality.

Ten: three little letters, one ordinary number. No big deal, right? But for Troy Hayes, a 16-year-old suffering from Tourette Syndrome and Obsessive-Compulsive Disorder, the number ten dictates his life, forcing him to do everything by its exacting rhythm. Finally, fed up with the daily humiliation, loneliness, and physical pain he endures, Troy writes a list of ten things to do by the tenth anniversary of his diagnosis—culminating in suicide on the actual day. But the process of working his way through the list changes Troy's life: he becomes friends with Khory, a smart, beautiful classmate who has her own troubled history. Khory unwittingly helps Troy cross off items on his list, moving him ever closer to his grand finale, even as she shows him that life may have more possibilities than he imagined. This is a dark, intense story, but it's...

Contributor Bio

Halli Gomez was an intelligence analyst for police departments and federal agencies, and now works as a writer and a martial arts teacher (she is a fourth-degree black belt in Taekwondo). She and her family live in Charlotte, NC.



Take Three Girls

Cath Crowley, Simmone Howell, Fiona Wood

Key Selling Points:

-A timely and smart novel for the #MeToo age—discusses toxic masculinity, internalized misogyny, feminism, female empowerment, and positive female friendships in an honest and accessible way -Confronts real issues that teens face, with a light hand—including cyberbullying, slut shaming, fat shaming, drug and alcohol abuse, family drama, and financial stress -Satisfying romances—girl/girl, girl/guy, and girl doesn't necessarily need a romantic partner offers something for every reader -An award-winning book and writing team—Take Three Girls is the winner of Australia's Children's Book Council YA Book of the Year among other accolades, and authors Cath Crowley, Simmone Howell, and Fiona Wood have all won acclaim for their solo titles -Perfect for fans of Far from the Tree and We Are Okay

Summary

Three authors. Three appealing and relatable characters. One smart YA novel about a trio of unlikely friends who team up to take down the school cyberbully.

"Mean stuff spreads so fast. One click. Post. Send. Share. Online bullying = sometimes suicides, so all the private schools have strategies for dealing with it. At St Hilda's, it's Wellness classes. We greeted the idea with genuine enthusiasm. Why not? Everyone loves the chance to slack off."

Popular Ady seems cool and confident at school, but at home her family is falling apart. Brainiac Kate wants to pursue her dreams of playing music, even if it jeopardizes her academic scholarship. And swim champ Clem finds herself disenchanted with the sport . . . and falling for a very wrong boy. When these three very different girls are forced to team up in a wellness class, they're not too pleased. But over time, they bond—and when they're all targeted by PSST, a website that dishes out malicious gossip and lies, they decide to take a stan...

Contributor Bio

Cath Crowley is the award-winning author of *Words in Deep Blue*, *Graffiti Moon*, and *A Little Wanting Song*. She lives in Avoca, Australia. Visit her online at cathcrowleyauthor.com, and on Instagram @cathcrowleybooks.

Simmone Howell is the award-winning author of *Girl Defective*, *Everything Beautiful*, and *Notes from the Teenage Underground*. She lives in Melbourne, Australia. Follow her on Twitter @Pos...



Sterling Children's Books
9781454938279
Pub Date: 4/6/2021
\$17.95
Hardcover with dust jacket

432 Pages
Ages 12 And Up, Grades 7 And Up
8.3 in H | 5.5 in W



Sterling Children's Books

9781454939481

Pub Date: 2/2/2021

\$18.95

Hardcover with dust jacket

368 Pages

Ages 14 to 18, Grades 9 to 12

9 in H | 6 in W

Mortal Remains

Mary Ann Fraser

Key Selling Points:

•Features a disabled protagonist, but the story does not revolve around her disability•Anti-bullying message•Paranormal romance is one of the most popular categories in SFF•Author is an award-winning picture book author/illustrator, but this is her YA debut

Summary

***Six-Foot-Under* meets *Edward Scissorhands* in MORTAL REMAINS, a tight, smartly-written romance with an occult twist.**

Though her classmates call her Morticia and Ghoul Girl, Cally actually likes her work at the family mortuary-the dead are good listeners, and they don't judge. Then, after a mysterious explosion burns down a neighborhood house long the source of weird stories, Cally and her friends poke around in the debris and come across the hatch to an underground vault. Inside, they find an injured teenage boy who has been trapped there for days. He has little memory of his life before the explosion and speaks in an odd, stilted manner that suggests limited interaction with the outside world. Yet the boy, Adam, feels there is something familiar about Cally-and Cally must admit that she feels a strange connection to him as well. Could Adam be the boy who, years ago, protected her from the bullying of a gang of neighborhood kids? But when she finds out that boy died shortly after their en...

Contributor Bio

Award-winning picture book author-illustrator Mary Ann Fraser makes her YA fiction debut with MORTAL REMAINS. Mary Ann has written and/or illustrated over sixty books for young readers. Mary Ann's books have been Junior Library Guild Selections, and have been awarded Book Links Book of the Year, IRA Young Readers Choice Award, and American Booksellers' "Pick of the List." She is a long-standing me...



Sterling Children's Books
9781454934066
Pub Date: 8/4/2020
\$16.95
Hardcover with dust jacket

304 Pages
b-w illus throughout
Ages 8 to 12, Grades 3 to 7
7.6 in H | 5.1 in W

The Magic in Changing Your Stars

Leah Henderson

Key Selling Points:

- The combination of historical fiction and magical realism is in lockstep with the middle-grade and YA trend of genre blending - Features an all-black cast, and many of the characters' names (Ms. Hansberry, Mahalia, King, Ailey) are a callback and celebration of black excellence - Leah is a rising star whose first book was well reviewed. Booklist directed readers to "Keep an eye on this author!" She is well connected in the kidlit community and a savvy marketer of her work- Love of family and unwavering support for chasing your dreams and achieving your goals are at the heart of this relatable, inspiring story

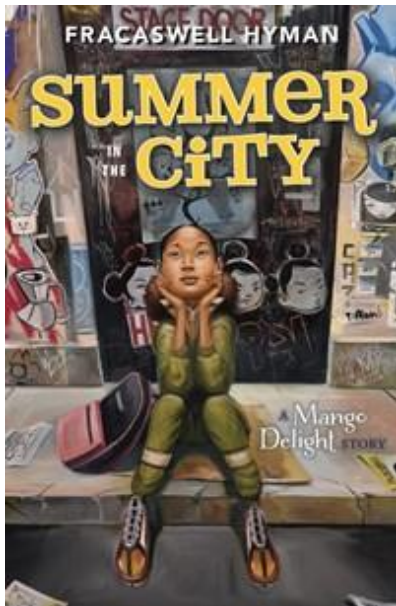
Summary

Can you change your fate—and the fate of those you love—if you return to the past? Journey to 1939 Harlem in this time-travel adventure with an inspiring message about believing in yourself.

Eleven-year-old Ailey Benjamin Lane can *dance*—so he's certain that he'll land the role of the Scarecrow in his school's production of *The Wiz*. Unfortunately, a talented classmate and a serious attack of nerves derail his audition: he just stands there, frozen. Deflated and defeated, Ailey confides in his Grampa that he's ready to quit. But Grampa believes in Ailey, and, to encourage him, shares a childhood story. As a boy, Grampa dreamed of becoming a tap dancer; he was so good that the Hollywood star and unofficial Mayor of Harlem, Bill "Bojangles" Robinson, even gave him a special pair of tap shoes. Curious, Ailey finds the shoes, tries them on, taps his toes, and makes a wish. In the blink of an eye, he finds himself somewhere that if most definitely no place like home! Featuring an all-African-...

Contributor Bio

Leah Henderson tells stirring stories featuring black heroes and heroines. She is the author of the middle-grade novel, *One Shadow on the Wall*, and her short story will be included in the YA anthology, *Black Enough: Stories in Black Teenhood in America*. She lives in Washington, DC. Find Leah on Twitter @LeahsMark and on her website at leahhendersonbooks.com.



Summer in the City

Fracaswell Hyman

Key Selling Points:

- Universal themes: like many middle-grade readers, Mango grapples with friendship and identity - Mango, her friends, and the people she meets in NYC are wonderfully and authentically diverse - Praise for Book 1: Kirkus called Mango Delight "sweet" and Booklist said in a starred review, "Middle-grade readers will easily recognize their own experiences in her friendship struggles" - Promotable author: Cas Hyman is known as a screenwriter, for *The Famous Jett Jackson* among other shows. We have signed up a third book with him, in which Mango goes to Hollywood, forthcoming Spring 2021

Summary

Get ready, world—Mango's about to become a STAR! In this sequel to *Mango Delight*, the delightful heroine's adventures—and misadventures—continue as she prepares to make her off-Broadway debut.

Where Mango goes, drama is sure to follow! It's summer break, and Mango is content to spend her time babysitting her brother, hanging with her friend Izzy, and binge-watching movies late into the night. Then she runs into her drama teacher, who has some big news: their middle school play *Yo, Romeo!* is headed to the stage in New York City . . . and he wants Mango for the lead role! After overcoming her mom's initial reluctance—and with some firm rules established—Mango goes off to Brooklyn to stay with her Aunt Zendaya in a teeny apartment and prepare for her theatrical debut. It's the opportunity of a lifetime, but soon Mango must confront homesickness, insecurity, and the all-important question of what it means to be a good friend—especially when you're far away from the people you love.

Contributor Bio

Fracaswell "Cas" Hyman is an award-winning television writer (Humanitas Prize, Alma Award, Peabody Award) and screenwriter (UCLA Extension Best Screenplay winner.) He is also a playwright, theater and television director, and producer who has created and executive produced successful live-action (*The Famous Jett Jackson*, *Romeo, Taina*) and animated (*Little Bill*) television series for Disney and Nic...



Sterling Children's Books
9781454933946
Pub Date: 3/31/2020
\$16.95
Hardcover with dust jacket

288 Pages
all in 2-color
Ages 8 to 12, Grades 3 to 7
7.6 in H | 5.1 in W



Sterling Children's Books
9781454942214
Pub Date: 4/6/2021
\$12.95
Hardcover

128 Pages
Ages 6 to 9, Grades 1 to 4
7.5 in H | 5.5 in W

Aven Green Sleuthing Machine

Dusti Bowling

Key Selling Points:

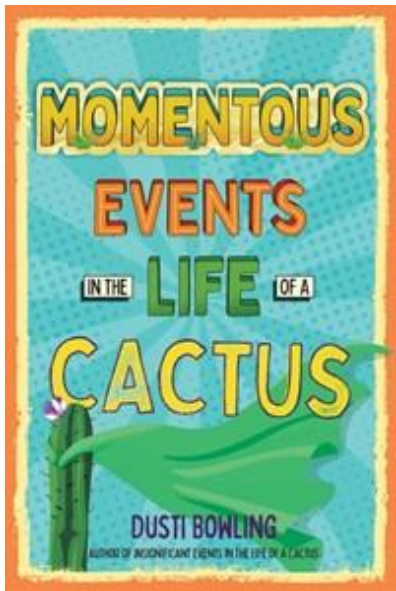
- Dusti Bowling's an esteemed author whose *Insignificant Events in the Life of a Cactus*, *24 Hours in Nowhere*, and *Momentous Events in the Life of a Cactus* have received rave reviews. Educators, librarians, caregivers, and kids adore her! - This chapter book series stars Aven Green, the beloved protagonist of *The Life of a Cactus* duology. But rather than age Aven up, Dusti invites readers back to Aven's midwest roots as a funny, fearless third-grader - As with all Dusti's books, this new series is filled with memorable characters - Funny, first-person storytelling that shows a lighter side to Aven, whose self-proclaimed sleuthing skills fuel her humorous everyday adventures - #peoplefirst and representation: Features a protagonist living with disabilities, a rarity in chapter books for younger readers. Despite Aven's significant disability, it is not the focus of the stories - The series has a built-in audience among the readers of the *Life of a Cactus* series, as well as the many gatekeepers who championed it; it will help build a future readership for the middle-grade series - Added back matter includes sleuthing terminology specific to each adventure - Black & white spot illustrations appear throughout - The other planned titles are *Aven Green Baking Machine* (06/2021); *Aven Green, Swimming Machine* (01/2022); and *Aven Green, Vacation Machine* (06/2022) - Perfect book for fans of the *Judy Moody* and *Nate the Great* series

Summary

Third-grader Aven Green has been solving mysteries for a *whole month*—cracking such cases as *The Mystery of the Cranky Mom*. But can this perceptive detective solve two cases at the same time? First her teacher's lunch bag disappears. Then Aven's great-grandma's dog goes missing. Fortunately, since Aven was born without arms, all the "arm" cells went to her super-powered brain instead. (That's her theory.) This hilarious chapter book showcases a new side to Dusti Bowling's unforgettable protagonist.

Contributor Bio

Dusti Bowling holds a Bachelor of Psychology and a Master of Education. She is the author of the well-reviewed *Insignificant Events in the Life of a Cactus* and *Momentous Events in the Life of a Cactus*. She currently lives in New River, AZ, with her husband and daughters.



Momentous Events in the Life of a Cactus

Dusti Bowling

Summary

"High School. Two words that struck fear into the heart of every armless middle schooler I knew. Which was me. And like two people online."

This sequel to the critically acclaimed *Insignificant Events in the Life of a Cactus*, now in paperback, follows Aven Green as she confronts yet another challenge: high school.

Just as Aven starts to feel comfortable in Stagecoach Pass, with her friends and schoolmates accustomed to her lack of "armage," everything changes once again. She's about to begin high school . . . with 3,000 new kids to stare at her. And no matter how much Aven tries to play it cool, nothing prepares her for the reality. In a year filled with confusion, humiliation, and just maybe love, can Aven manage to stay true to herself?

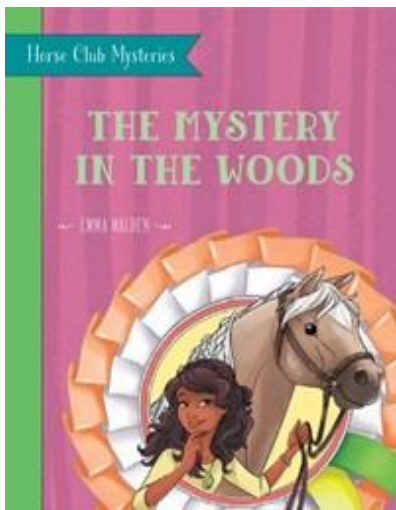
Contributor Bio

Dusti Bowling holds a Bachelor of Psychology and a Master of Education. She is the author of the well-reviewed *Insignificant Events in the Life of a Cactus* and *24 Hours in Nowhere*. She currently lives in New River, AZ, with her husband and three daughters.



Sterling Children's Books
9781454943358
Pub Date: 3/2/2021
\$7.95
Trade Paperback

320 Pages
Ages 8 to 12, Grades 3 to 7
7.6 in H | 5.1 in W



Sterling Children's Books
9781454941910
Pub Date: 6/1/2021
\$6.95
Trade Paperback

128 Pages
Ages 6 to 9, Grades 1 to 4
7 in H | 5.5 in W

The Mystery in the Woods

Emma Walden

Key Selling Points:

- Based on the popular line of toy figurines and accessories from German toy manufacturer Schleich - Schleich is committed to expanding its retail: In Fall 2019 Schleich announced pop-up experiential installations for the holiday season at Tru Kids' Toys 'R' Us stores (Chicago and Atlanta) and the FAO Schwarz flagship store in NYC. More to come in 2020 - Classic chapter book format with short chapters with black-and-white illustrations throughout - Perfect for the early chapter book audience who are becoming fluid readers—looking to consume one book after another—while discovering their love of different genres - Originally published in Poland as The Horse Club series, we're amplifying the mystery element woven into each story as The Horse Club Mysteries series—Readers won't have to wait long for the next installments: the first four titles will be published in Fall 2020 with the final four arriving in Spring 2021 - Horses are a perennially popular topic with tween girls, and this chapter book series is Saddle Club meets The Horse Diaries—perfect for horse fans who are looking for fun, engaging stories but not quite ready for the classic works of Walter Farley or Marguerite Henry

Summary

A winning trifecta for tween girl readers: horses, mysteries, and an early chapter book series that celebrates the bond between best friends!

Welcome to Horse—and mystery—Club! When Hannah, Sofia, Lisa, and Sarah discover something extraordinary on the edge of Peppertree Forest, their beloved club becomes about more than just riding. Now the four amateur sleuths are on the case. Will they succeed in solving the mystery?



Sterling Children's Books
9781454941903
Pub Date: 5/4/2021
\$6.95
Trade Paperback

128 Pages
Ages 6 to 9, Grades 1 to 4
7 in H | 5.5 in W

Riding Up a Storm

Emma Walden

Key Selling Points:

- Based on the popular line of toy figurines and accessories from German toy manufacturer, Schleich. - Schleich is committed to expanding its retail - In Fall 2019 Schleich announced pop-up experiential installations for the holiday season at Tru Kids' Toys 'R' Us stores (Chicago and Atlanta) and the FAO Schwarz flagship store in NYC. More to come in 2020. - Classic chapter book format - short chapters with black and white illustrations throughout. - Perfect for the early chapter book audience who are becoming fluid readers--looking to consume one book after another—while discovering their love of different genres. - Originally published in Poland as The Horse Club series, we're amplifying the mystery element woven into each story as The Horse Club Mysteries series. - Readers won't have to wait long for the next installments - The first four titles will be published in Fall 2020 with the final four arriving in Spring 2021.

Summary

A winning trifecta for tween girl readers: horses, mysteries, and an early chapter book series that celebrates the bond between best friends!

Lisa and her stallion, Storm, are training for an upcoming tournament. Her three Horse Club friends support them every step of the way. Can Lisa prepare her horse for the match and beat her rival Tori?

Contributor Bio

Emma Walden grew up near a famous horse shelter in the United Kingdom which she visited all the time. She lives with her family in Surrey Hills, UK, where she writes, sings in a choir, dances, hangs out with her friends, and of course, goes horseback riding.



Sterling Children's Books
9781454941897
Pub Date: 4/6/2021
\$6.95
Trade Paperback

128 Pages
Ages 6 to 9, Grades 1 to 4
7 in H | 5.5 in W

The Secret of Horse Club

Emma Walden

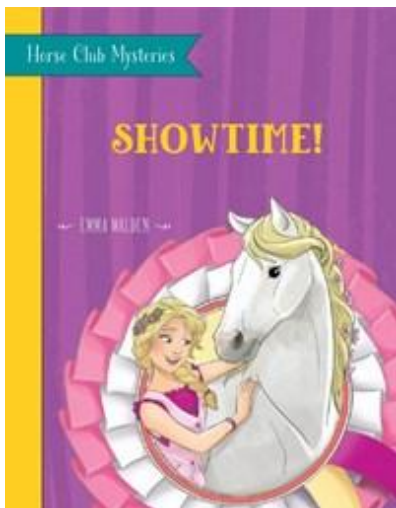
Key Selling Points:

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Summary

A winning trifecta for tween girl readers: horses, mysteries, and an early chapter book series that celebrates the bond between best friends!

Meet Hannah, Sofia, Lisa, and Sarah—the best friends who share a love of horses. They've even created their own special club that's all about riding! But now things are going to get even more exciting as the girls stumble into a series of mysteries. Can they solve them . . . and still keep winning tournaments, too? This fun series has everything that tween readers want.



Sterling Children's Books
9781454941927
Pub Date: 7/6/2021
\$6.95
Trade Paperback

128 Pages
Ages 6 to 9, Grades 1 to 4
7 in H | 5.5 in W

Showtime

Emma Walden

Key Selling Points:

- Based on the popular line of toy figurines and accessories from German toy manufacturer Schleich - Schleich is committed to expanding its retail: In Fall 2019 Schleich announced pop-up experiential installations for the holiday season at Tru Kids' Toys 'R' Us stores (Chicago and Atlanta) and the FAO Schwarz flagship store in NYC. More to come in 2020- Classic chapter book format with short chapters with black-and-white illustrations throughout - Perfect for the early chapter book audience who are becoming fluid readers—looking to consume one book after another—while discovering their love of different genres- Originally published in Poland as The Horse Club series, we're amplifying the mystery element woven into each story as The Horse Club Mysteries series- Readers won't have to wait long for the next installments: the first four titles will be published in Fall 2020 with the final four arriving in Spring 2021- Horses are a perennially popular topic with tween girls, and this chapter book series is Saddle Clubmeets The Horse Diaries—perfect for horse fans who are looking for fun, engaging stories but not quite ready for the classic works of Walter Farley or Marguerite Henry

Summary

A winning trifecta for tween girl readers: horses, mysteries, and an early chapter book series that celebrates the bond between best friends!

It's almost time for the annual charity performance at the Lakeside dressage arena, and the highlight is supposed to be a big showcase for Sofia and a horse named Blossom. But Blossom's owner has other plans and won't let her participate. Can the Horse Club friends make sure the show goes on?



All-Action Classics: Tom Sawyer

Ben Caldwell, Mark Twain

Key Selling Points:

- The first edition of this title sold almost 20,000 copies - According to Publishers Weekly (May 2019), sales of comics and graphic novels in 2018 rose \$80 million over the year before, making this the perfect time to bring the series back in print - A great gift for fans of all ages, but especially reluctant readers

Summary

An exciting approach to the classics: vibrant, appealing graphic novels that bring beloved stories to a new generation of kids.

With its lively, fun narrative and irrepressible hero, *Tom Sawyer* is tailor-made for the graphic novel form. Just imagine such classic moments as Tom and Becky in the bat-filled cave or the hilarious fence-painting incident captured in bright and atmospheric images. The stunning art endows each character with personality and each scene with movement and energy. Every frame is filled with such breathtaking detail—from the buildings to the carefully created backgrounds—that readers will feel as if they could step right into Twain's wonderful world.

Contributor Bio

Ben Caldwell is an American creator known for his work in comics, toy design, animation, and children's books. His comics include the award-winning *Prez* and *Dare Detectives*. Other projects include the how-to series *Action! Cartooning* and the *Carrie Kelley* graphic novel. Caldwell lives in Wyomissing, PA.



Sterling Children's Books
9781454938149
Pub Date: 2/11/2020
\$9.95
Trade Paperback

128 Pages
all in color
Ages 10 to 14, Grades 5 to 9
8.5 in H | 5.6 in W



All-Action Classics: The Odyssey

Ben Caldwell, Homer

Key Selling Points:

- The first edition of this title sold more than 15,000 copies - According to a May 3, 2019, article in Publishers Weekly, sales of comics and graphic novels in 2018 rose \$80 million over the year before, making this the perfect time to bring the series back in print - A great gift for fans of all ages, but especially reluctant readers

Summary

An exciting approach to the classics: vibrant, appealing graphic novels that bring beloved stories to a new generation of kids.

Shipwrecks, angry gods, magical lands, beautiful nymphs, and siren songs: this vivid retelling of Homer's legendary Greek epic follows Odysseus on his long, arduous journey home from Ithaca after the fall of Troy. Done in comic-book style, it features the highest-energy kid-grabbing details and plot twists, all dramatized in brilliant, action-packed images. It's the perfect way to introduce kids and fans of graphic novels to one of literature's great works.

Contributor Bio

Ben Caldwell is an American creator known for his work in comics, toy design, animation, and children's books. His comics include the award-winning *Prez* and *Dare Detectives*. Other projects include the how-to series Action! Cartooning and the *Carrie Kelley* graphic novel. Caldwell lives in Wyomissing, PA.



Sterling Children's Books
9781454938156
Pub Date: 2/11/2020
\$9.95
Trade Paperback

128 Pages
all in color
Ages 10 to 14, Grades 5 to 9
8.5 in H | 5.6 in W



All-Action Classics: Dracula

Ben Caldwell, Bram Stoker

Key Selling Points:

- The first edition of this title sold over 20,000 copies - Graphic novels has renewed interest in the market, making this the perfect time to relaunch - Dracula will never go out of style and is great for Halloween promotion

Summary

Everyone's favorite bloodsucker is captured in a spine-tingling graphic novel.

In 1897, Bram Stoker gave the world one of literature's most compelling characters—and, since then, *Dracula* has thrilled and terrified generations of fans. Now the evil Count Dracula comes alive in an electrifying graphic novel that follows the vampire from his looming and ominous castle in Transylvania to Victorian London. Michael Mucci translates the tale and Ben Caldwell has created action-packed images—with meticulous attention paid to the finer details in each piece of art, from facial expressions to the historical accuracy of costuming, architecture, and heraldry. Young readers will be completely transfixed!

Contributor Bio

Ben Caldwell has written and illustrated various graphic novels, including the award-nominated *The Dare Detectives*, Sterling's All-Action Classics adaptations, and *Wonder Woman*. He is also the creator of Sterling's Action Cartooning books and fills out his time as a toy designer, animator, and game artist.

Writer Michael Mucci has a background in animation, but is best known for his toy designs fo...



Sterling Children's Books
9781454935001
Pub Date: 8/6/2019
\$9.95
Trade Paperback

128 Pages
all in color
Ages 10 to 14, Grades 5 to 9
8.5 in H | 5.6 in W



Sterling Children's Books
9781454935025
Pub Date: 8/6/2019
\$9.95
Trade Paperback

128 Pages
all in color
Ages 10 to 14, Grades 5 to 9
8.5 in H | 5.6 in W

All-Action Classics: The Wizard of Oz

Ben Caldwell, L. Frank Baum

Key Selling Points:

- The first edition of this title sold almost 20,000 copies - Graphic novels are a hot category for middle-grade readers, making this the perfect time to bring this back to print - The Wizard of Oz is a timeless classic that has been reimagined in other media, but rarely done in graphic-novel form - Makes a great gift for fans of all ages

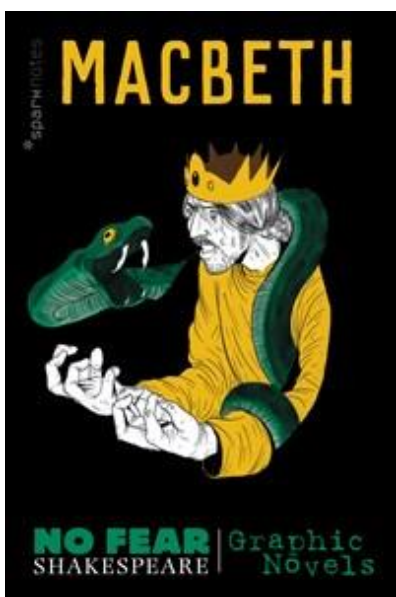
Summary

L. Frank Baum's classic fantasy looks fabulous in this vivid, high-octane graphic-novel rendition, filled with kid-grabbing details.

In this action-filled graphic adaptation of the visionary children's classic, the Yellow Brick Road has never seemed brighter, the Wicked Witch more evil, or the Land of Oz more magical. When a tornado snaps up young Dorothy, dumping her in Oz, she knows she's not in Kansas anymore. And when her only way home is with the help of an irate Wizard, Dorothy and her misfit friends embark on an unforgettable—and dangerous—journey.

Contributor Bio

Ben Caldwell has written and illustrated various graphic novels, including the award-nominated *The Dare Detectives*, Sterling's All-Action Classics adaptations, and *Wonder Woman*. He is also the creator of Sterling's Action Cartooning books and fills out his time as a toy designer, animator, and game artist.



Macbeth (No Fear Shakespeare Graphic Novels)

SparkNotes, Ken Hoshine

Summary

Read **MACBETH** in graphic-novel form—with **NO FEAR!**
NOW IN COLOR!

Based on the *No Fear Shakespeare* translations, this dynamic graphic novel—now with color added—is impossible to put down. The illustrations are distinctively offbeat, slightly funky, and appealing to teens.

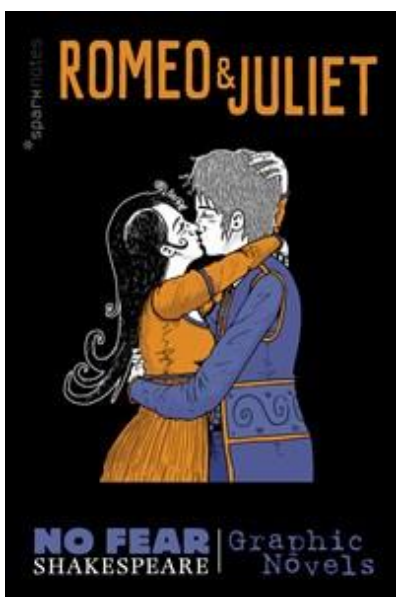
Includes:

- An illustrated cast of characters
- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



SparkNotes
9781411479883
Pub Date: 10/6/2020
\$12.95
Trade Paperback

208 Pages
all in color
Ages 14 And Up, Grades 9 And Up
9 in H | 6 in W



Romeo and Juliet (No Fear Shakespeare Graphic Novels)

SparkNotes, Matt Wiegler

Summary

Read **ROMEO AND JULIET** in graphic-novel form—with **NO FEAR!**
NOW IN COLOR!

Based on the *No Fear Shakespeare* translations, this dynamic graphic novel—now with color added—is impossible to put down. The illustrations are distinctively offbeat, slightly funky, and appealing to teens.

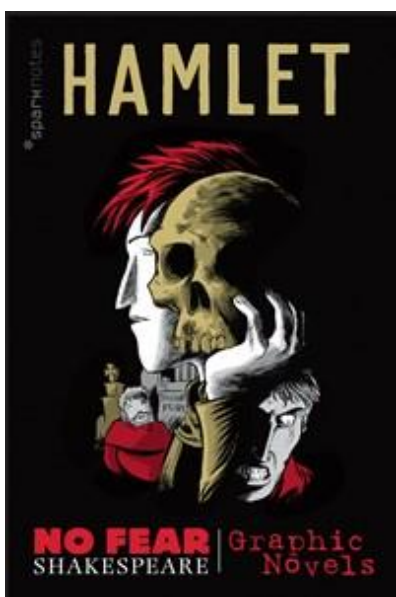
Includes:

- An illustrated cast of characters
- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



SparkNotes
9781411479890
Pub Date: 9/1/2020
\$12.95
Trade Paperback

216 Pages
all in color
Ages 14 And Up, Grades 9 And Up
9 in H | 6 in W



Hamlet (No Fear Shakespeare Graphic Novels)

SparkNotes, Neil Babra

Summary

Read **HAMLET** in graphic-novel form—with **NO FEAR!**
NOW IN COLOR!

Based on the *No Fear Shakespeare* translations, this dynamic graphic novel—now with color added—is impossible to put down. The illustrations are distinctively offbeat, slightly funky, and appealing to teens.

Includes:

- An illustrated cast of characters
- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



SparkNotes
9781411479876
Pub Date: 8/4/2020
\$12.95
Trade Paperback

216 Pages
all in color
Ages 14 And Up, Grades 9 And Up
9 in H | 6 in W

The Little Spacecraft That Could

Joyce Lapin, Simona Ceccarelli

No Image
Available



Sterling Children's Books

9781454937555

Pub Date: 4/6/2021

\$16.95

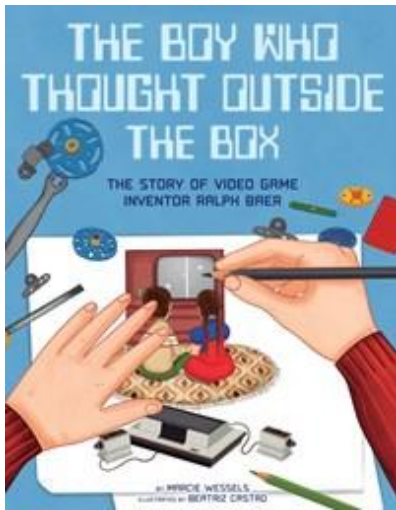
Hardcover Picture Book

40 Pages

all in color

Ages 7 And Up, Grades 2 And Up

10.9 in H | 8.5 in W



Sterling Children's Books
9781454932598
Pub Date: 5/12/2020
\$16.95
Hardcover Picture Book

48 Pages
all in color
Ages 5 And Up, Grades K And Up
10.9 in H | 8.5 in W

The Boy Who Thought Outside the Box

The Story of Video Game Inventor Ralph Baer

Marcie Wessels, Beatriz Castro

Key Selling Points:

- Newest entry in the successful People Who Shaped Our World series - STEM themes including computer programming - Story heralds ingenuity, innovation, and creative thinking - Shows the payoff of persistence in the face of adversity

Summary

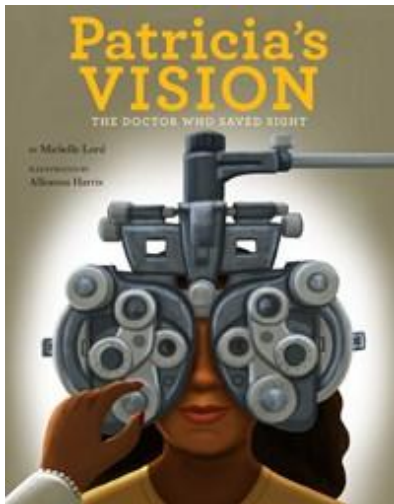
Crazy about Wii, Nintendo, X-Box, and PlayStation? Meet the inventor whose work made them all possible: Ralph Baer, creator of the first home video game system!

Today, the video game industry keeps growing, with ever more platforms available to fans. But how did the very first system come about? This picture-book biography of Ralph Baer, whose family fled Nazi Germany for the US, introduces kids to a great inventor AND the birth of the first home console. Using wartime technology, Baer thought outside the box and transformed the television into a vehicle for gaming; Baer's invention, the Odyssey, is a precursor to the Atari gaming system. Today, interactive systems like Wii and PlayStation are descendants of Ralph's innovative "Brown Box," making this award-winning inventor the true "Father of Video Games."

Contributor Bio

Marcie Wessels is the author of *Pirate's Lullaby: Mutiny at Bedtime*. She has a PhD in Latin American Literature from Tulane University. Previously she taught Spanish Language and Literature at the University of San Diego. She lives in San Diego, CA.

Beatriz Castro born in Logroño, La Rioja, Spain. After graduating from the School of Arts in Logroño in 2008, she embarked on a career as a professiona...



Sterling Children's Books
9781454931379
Pub Date: 1/7/2020
\$16.95
Hardcover Picture Book

48 Pages
all in color
Ages 5 And Up, Grades K And Up
10.9 in H | 8.5 in W

Patricia's Vision

The Doctor Who Saved Sight

Michelle Lord, Alleanna Harris

Key Selling Points:

- A perfect addition to our "People Who Shaped Our World" biography series, which also includes Grace Hopper (Spring 2017), Gloria's Voice (Spring 2018), A Song for Gwendolyn Brooks (Fall 2018), Hedy Lamarr's Double Life (Spring 2019), A Girl Called Genghis Khan (Spring 2019), and Queen of Physics (Fall 2019). Upcoming titles include: The Boy Who Thought Outside the Box (Spring 2020) - Spotlights a woman of color whose story is not well known, despite her lasting contributions in the world of ophthalmology - An inspiring and empowering story - Publication is timed for Black History Month

Summary

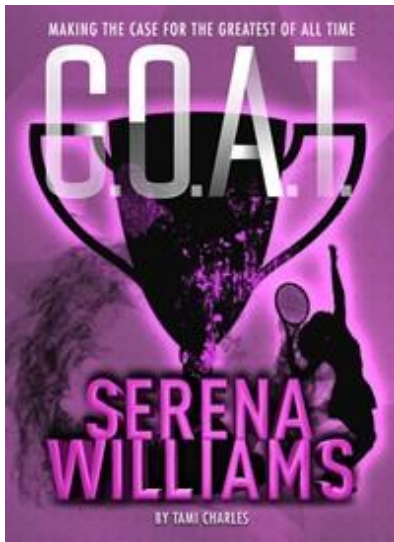
The inspiring story of Dr. Patricia Bath, a groundbreaking ophthalmologist who pioneered laser surgery—and gave her patients the gift of sight.

Born in the 1940s, Patricia Bath dreamed of being an ophthalmologist at a time when becoming a doctor wasn't a career option for most women—especially African-American women. This empowering biography follows Dr. Bath in her quest to save and restore sight to the blind, and her decision to "choose miracles" when everyone else had given up hope. Along the way, she cofounded the American Institute for the Prevention of Blindness, invented a specialized laser for removing cataracts, and became the first African-American woman doctor to receive a medical patent.

Contributor Bio

With three sisters and two daughters, Michelle Lord believes in girl power. She is the author of Sterling's *A Girl Called Genghis Khan*, as well as *A Song for Cambodia*, *Little Sap and Monsieur Rodin*, and numerous science books. Michelle lives in New Braunfels, TX, with her family.

Alleanna Harris is an illustrator and artist from Willingboro, NJ. She graduated from the University of the Arts in 2015 ...



G.O.A.T. - Serena Williams
Making the Case for the Greatest of All Time
 Tami Charles

Key Selling Points:

- Perfect title for reluctant readers - High-interest subject matter - Great for book reports and class assignments - Full-color throughout, with stats, photos, sidebars, and more - The series is based on the persuasive essay format, so it is perfect for the educational market

Summary

Who is the greatest tennis player of all time? This stunning book, filled to the brim with color photographs and interesting information, picks Serena Williams!

G.O.A.T. is an acronym that stands for **Greatest Of All Time**—and it takes lifelong dedication, nonstop hard work, and undeniable, unbelievable talent even to be considered for that honor. Serena Williams is the most decorated female tennis player of all time. She's been ranked #1 by the Women's Tennis Association countless times since 2002, and no one holds more Grand Slam titles—not just as a single's player, but also, with her sister Venus, in women's doubles. Find out all about this powerhouse player and her dozens of amazing victories in this entertaining book that's packed with stats, sidebars, and details about the athlete's journey. Sports-crazed kids will love it.

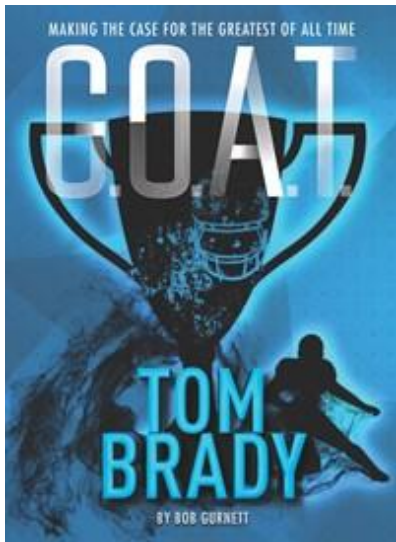
Contributor Bio

Tami Charles is a former teacher and full-time author of picture books, middle-grade and young-adult novels, and nonfiction. Her books include the middle-grade novel *Like Vanessa* (2018) and the picture book *Freedom Soup* (Candlewick Press, 2019). Find out more about Tami at tamiwrites.com and follow her @TamiWritesStuff.



Sterling Children's Books
 9781454932017
 Pub Date: 8/4/2020
 \$8.95
 Trade Paperback

128 Pages
 all in color
 Ages 10 And Up, Grades 5 And Up
 7.5 in H | 5.5 in W



Sterling Children's Books
9781454930990
Pub Date: 8/4/2020
\$8.95
Trade Paperback

128 Pages
all in color
Ages 10 And Up, Grades 5 And Up
7.5 in H | 5.5 in W

G.O.A.T. - Tom Brady

Making the Case for Greatest of All Time

Bob Gurnett

Key Selling Points:

- Perfect title for reluctant readers - Full-color throughout, with stats, photos, sidebars, and more - The series is based on the persuasive essay format, so it is perfect for the educational market

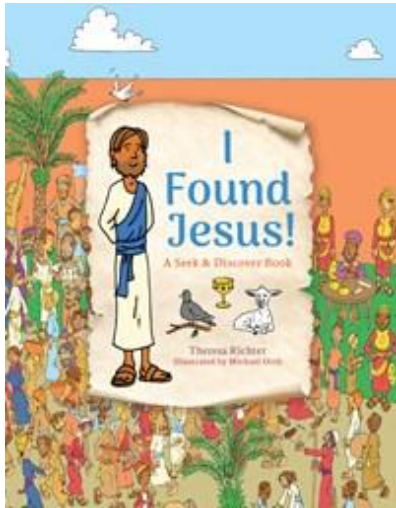
Summary

Who is the greatest football player of all time? This stunning book, filled with color photographs and fascinating facts, makes the case that it's Tom Brady!

G.O.A.T. stands for **Greatest Of All Time**—and it takes lifelong dedication, nonstop work, and unbelievable talent to reach that pinnacle. In football, that honor goes to quarterback Tom Brady. He has already led the New England Patriots to six Super Bowl victories—one of only two players in history to do so, and the only person to do that for a single team. And Brady's still in the game at age 41! He's also received three league MVP awards, bested any previous quarterback in helping his team win division titles, and set records in passes and touchdowns. Young fans will love discussing and debating Brady's place in football history.

Contributor Bio

Bob Gurnett is a writer and comedian. He has been featured in the Crom, Beast Village, and Hudson Valley comedy festivals. His first book was published by Chronicle Books in 2018. Bob lives in Brooklyn, NY. Follow him @bobisntfunny.



I Found Jesus!

A Seek & Discover Book

Theresa Richter, Michael Orth

Key Selling Points:

- Appeals to Christians of all denominations
- A fun activity book to keep children occupied during quarantine
- The whimsical art is a nod to Where's Waldo
- Makes a great Easter or Christmas gift

Summary

Where's Waldo meets the New Testament.

A seek & find book that features scenes from the New Testament of the Bible in bright, vivid color. Kids can search for Jesus in each scene as well as other symbols related to Jesus's life and scripture. Each scene also features text inspired by Biblical scripture to explain the scene and impart a lesson.

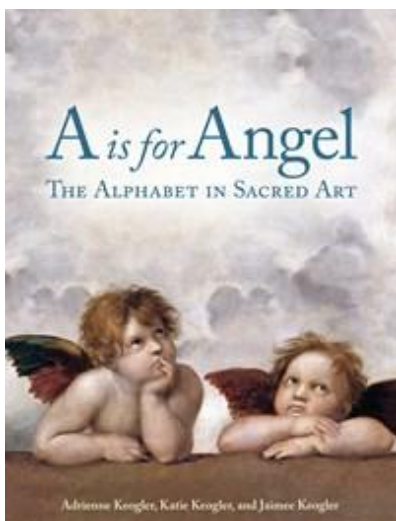
Contributor Bio

I Found Jesus! was created by Michael Orth (illustrator) and Theresa Richter (author). They originally met through teaching, and over the course of time opened a school together in Denver, Colorado for children with Autism and Developmental Disabilities. Raised in Christian homes as children (Mormon and Catholic respectively), they have fond memories and deep respect for Jesus and His lessons. His...



Sterling Children's Books
9781454940616
Pub Date: 2/16/2021
\$16.95
Hardcover with dust jacket

56 Pages
all in color
Ages 8 And Up, Grades 3 And Up
10.9 in H | 8.5 in W



Get Creative 6
 9781684620111
 Pub Date: 8/4/2020
 \$9.95
 Hardcover

32 Pages
 all in color
 Ages 0 to 7, Grades 2 And Under
 8 in H | 6 in W

A is for Angel

The Alphabet in Sacred Art

Adrienne Keogler, Katie Keogler, Jaimee Keogler

Key Selling Points:

- A teaching tool to help children learn the ABCs, the principles of faith, and the beauty of sacred art - This timeless keepsake will accompany children and families through the years - This unique book will stand out from the crowded field of alphabet books with its focus on Christianity and art

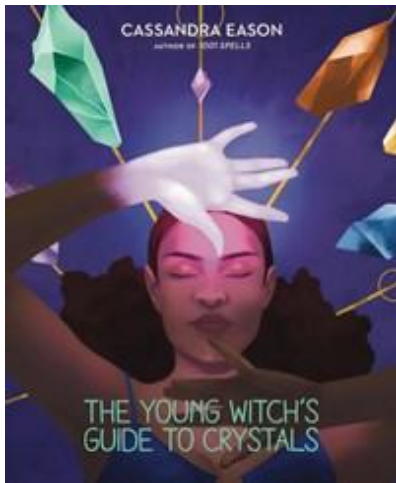
Summary

Pairing classic works of sacred art with the ABCs of Catholicism, *A Is for Angel* impresses the beauty of the faith upon the hearts, minds, and souls of children.

This stunning book teaches children the tenets of the Catholic faith while also introducing them to exquisite religious art created by such great masters as Bouguereau, Brueghel, and Vélazquez. The youngest readers can explore words ranging from "Angels" and "Baptism," to "Creation" and "Saints." Those a little older will learn religious basics through easily memorized lines, all accompanied by gorgeous paintings that illustrate the concept—including (for "P") that "We open our hearts to God when we kneel down in **prayer**." As a unique religious keepsake, this is the perfect gift for a baby shower, baptism, or first Holy Communion. It will stand the test of time and quickly become a classic in Catholic households.

Contributor Bio

Wanting to introduce children to the beauty of religion through art, Adrienne, Katie, and Jaimee Keogler have created faith-based books. Adrienne, artist and mother of the family, has seven sons. Katie is married to the firstborn and Jaimee is married to the third. They all reside in Newtown, CT, and share the same passion for art and faith.



The Young Witch's Guide to Crystals

Cassandra Eason

Key Selling Points:

- Cassandra Eason is one of Sterling Ethos' bestsellers in this category - Magic is trending among younger people - First new book for teen witches on the market since Silver Ravenwolf's Teen Witch came out in 1998 - This book would backlist well as it's a popular topic that newcomers to magic will come back to again and again

Summary

A comprehensive and beautifully illustrated introduction to using crystals in magick, geared specifically to young adults.

Young witches, welcome to the school of crystals! *In Young Witch's Guide to Crystals* you'll discover what can be an exciting and beautiful addition to your life. It provides a basic introduction to magickal practice with information on using crystals for everything you can possibly imagine: healing your body and broken heart, fortunetelling, keeping away bad dreams, creating a lucky charm, and so much more. There's also advice on choosing your crystals, keeping a crystal journal, and making a special altar and treasure box for your stones.

Contributor Bio

Cassandra Eason is an international author and broadcaster, and a practicing solitary Druidess and white witch. Cassandra runs workshops in psychic development, magic, and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spirituality. She has written numerous books, including *Love Magick*, *Protection Magic*, *The Complete Crystal Handbook*, and *A Spell a Day*.



Sterling Children's Books

9781454936800

Pub Date: 8/4/2020

\$16.95

Hardcover

160 Pages

all in color

Ages 12 to 18, Grades 7 to 12

9 in H | 7 in W



The Young Witch's Guide to Magick

Cassandra Eason, Laura Tolton

Key Selling Points:

- Cassandra Eason is one of Sterling Ethos' bestsellers in this category - Magic is trending among younger people - First new book for teen witches on the market since Silver Ravenwolf's Teen Witch came out in 1998 - This book would backlist well as it's a popular topic that newcomers to magic will come back to again and again

Summary

Young would-be witches will find answers to their life questions in this comprehensive, beautifully illustrated introduction to magick.

Welcome to witch school, where renowned author Cassandra Eason teaches her magickal secrets! In this introduction geared especially to young adults, Eason targets teen issues like figuring out a future career path, dealing with bullies, changing bad luck, building self-confidence, and handling problems at school. Her spells use astrology, candles, crystals, colors, flowers, and moon power, and she also explores coven rituals and seasonal celebrations. Whether you're trying to get your crush's attention, pass your driver's test, or simply let your natural beauty shine through, you'll find the path to making your world better and your dreams come true.

Here are spells to help you:

- Pass a tough test: use six dice, a photo of yourself looking happy, and dried mint for luck in a drawstring bag.
- Relieve shyness and anxiety about moving or changing schools: Put ...

Contributor Bio

Cassandra Eason is an international author and broadcaster, and a practicing solitary Druidess and white witch. Cassandra runs workshops in psychic development, magic, and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spirituality. She has written numerous books, including *Love Magick*, *Protection Magic*, *The Complete Crystal Handbook*, and *A Spell a Day*.



Sterling Children's Books
9781454936855

Pub Date: 8/4/2020

\$16.95

Hardcover

160 Pages

all in color

Ages 12 to 18, Grades 7 to 12

9 in H | 7 in W



Drawing with Christopher Hart
9781684620142
Pub Date: 11/3/2020
\$19.95
Flexibound

144 Pages
all in color
Ages 10 to 13, Grades 5 to 8
9.8 in H | 8.8 in W

Drawing Anime from Simple Shapes

Character Design Basics for All Ages

Christopher Hart

Key Selling Points:

- From the world's bestselling author of how-to-draw books, Christopher Hart - Hart's books on anime have sold particularly well, including The Master Guide to Drawing Anime (215,000 copies) - By focusing on art for 10- to 13-year-olds, this book fills a need for Chris Hart's fans - 100+ step-by-step demonstrations - Explains how to draw both female and male characters

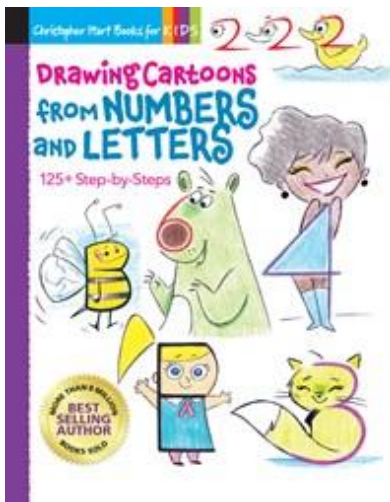
Summary

Leading art instructor and bestselling author Christopher Hart teaches tweens and teens how to draw cool anime characters.

When you start with simple shapes, who knows where you might end up? They're key to drawing just about anything—including full-fledged, expressive anime characters. This book, especially geared to the talents of teens and tweens, is loaded with more than 100 step-by-step demonstrations created by Chris Hart. He explains how to draw everything you need to make this popular genre come alive, from dramatic hairstyles to a comically bad kitty that's spilled the milk: faces, figures, emotions, gestures, poses, fashions, and more. Led by a cute mascot who takes them through the book, readers will enjoy these fun, effective, and easy techniques.

Contributor Bio

With more than seven million copies of his books in print, Christopher Hart is the world's leading author of art instruction books. His titles frequently appear on the NPD DecisionKey Weekly Top 50 Non-Fiction Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 200 titles, he offers artists of all ages accessible, generously ...



Drawing with Christopher Hart
9781684620159
Pub Date: 9/1/2020
\$14.95
Flexibound

176 Pages
all in color
Ages 5 to 10, Grades K to 4
10 in H | 8 in W

Drawing Cartoons from Numbers and Letters

125+ Step-by-Steps

Christopher Hart

Key Selling Points:

- Makes learning how to draw cartoon characters from numbers and letters fun and easy - From the world's bestselling author of how-to-draw books, Christopher Hart - Portrait version of content from Drawing Shape by Shape series fits racks at key accounts - The series has sold over 244,000 copies - Art enrichment combined with number recognition, letters, and early reading skills

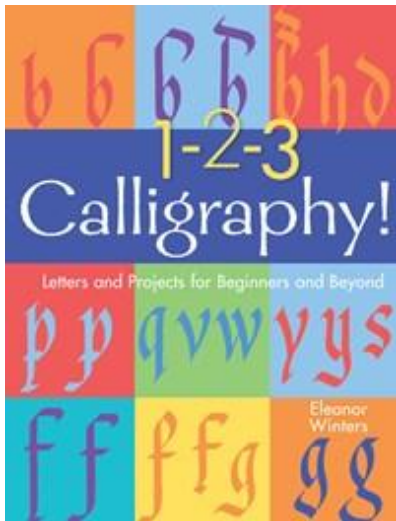
Summary

Cartooning can be as easy as 1, 2, 3 and ABC! Using material from *Drawing Cartoons from Numbers* and *Drawing Cartoons Letter by Letter*, Christopher Hart teaches children a fun way to create 125+ characters.

Start with the basic number 4—and then turn it into a kooky bird or a kid in a panic. Or take an L and see it become a zooming, flying superhero. With his step-by-step demonstrations, Christopher Hart gives kids an easy process for creating cartoon characters like animals, dragons, and robots . . . and for building their reading, writing, and number recognition skills too. Hart uses the numbers 1–9 as well as multi-digit numerals, and upper- and lower-case letters from A–Z. It's creative fun at its best!

Contributor Bio

With more than seven million copies of his books in print, Christopher Hart is the world's leading author of art instruction books. His titles frequently appear on the NPD DecisionKey Weekly Top 50 Non-Fiction Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 200 titles, he offers artists of all ages accessible, generously ...



1-2-3 Calligraphy!

Letters and Projects for Beginners and Beyond

Eleanor Winters

Key Selling Points:

- Features full-color artwork—lots more fun than the usual black & white calligraphy books - Packed with great projects for kids who want to take their calligraphy skills to the next level - First book in the series, *Calligraphy for Kids*, has sold almost 100,000 copies in paperback - Ties in with the current trend for hand lettering and journaling

Summary

Kids everywhere will be grabbing their calligraphy pens, because this follow-up to the wildly successful *Calligraphy for Kids* offers them even more artful fun.

With just a little practice, and *1-2-3 Calligraphy* to guide them, children can make eye-catching signs, design their own personal stationery, address colorful envelopes in elegant script, and create pictures and other decorations to hang on the wall. Inside this guide, budding calligraphers will find new alphabets—and new ways to render the alphabets they already know—as well as fresh techniques and projects. There's coverage of the basic rules of layout; a review of some of the fundamental skills; advice on changing the weight of italic letters and forming italic capitals; and an introduction to both Swing and Modern Gothic handwriting.

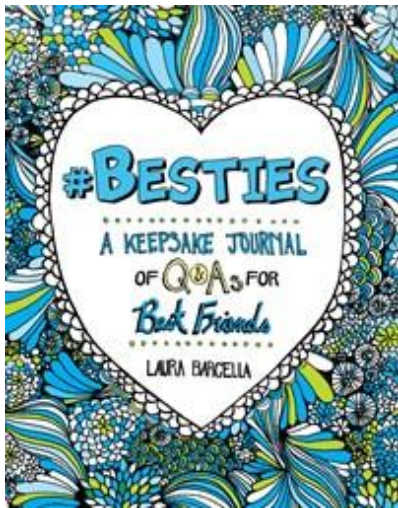
Contributor Bio

Eleanor Winters lives in Brooklyn and Paris. In addition to her work as a calligrapher, she's also an artist who's been featured in Tribeca's Franklin 54 Studio.



Sterling Children's Books
9781454936527
Pub Date: 2/4/2020
\$9.95
Trade Paperback

128 Pages
all in color
Ages 8 And Up, Grades 3 And Up
11 in H | 8.5 in W



Sterling Children's Books
9781454942122
Pub Date: 8/4/2020
\$9.95
Trade Paperback

192 Pages
all in color
Ages 9 to 12, Grades 4 to 7
7 in H | 5.5 in W

#Besties

A Keepsake Journal of Q&As for Best Friends

Laura Barcella

Summary

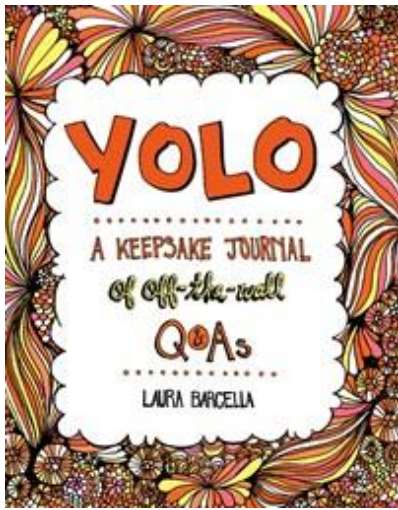
Everything's better when you do it with your BFF! That's why this super-fun keepsake journal will become a tween favorite. It's got an awesome question-and-answer format specially created for best friends to fill out together, plus loads of drawing prompts and activities meant for two.

What five songs would you put on a playlist for your bestie's rockin' birthday bash? Would you rather have a constant weeklong case of the sneezes or the hiccups? What would you each come up with if you sketched what you look like when you roll out of bed in the morning? Take turns filling in this special journal for best friends and find out! This book practically overflows with quizzes, questions, and prompts about all your favorite subjects: music, love, family, school, friendship, and so much more! When you're done, you'll have a unique keepsake filled with words and pictures about YOU and your BFF to save and treasure forever.

New format of BFF: A Keepsake Journal of Q&As for Best Friends.

Contributor Bio

Laura Barcella is the author of a teen-targeted pop-culture guide to the apocalypse called *The End: 50 Apocalyptic Visions From Pop Culture That You Should Know About... Before It's Too Late*). Laura also edited the anthology *Madonna & Me: Women Writers on the Queen of Pop*. Her writing has appeared in a wide range of publications including *Salon*, *Esquire.com*, *Cosmopolitan*, the *Chicago Sun-Times*, *Th...*



YOLO

A Keepsake Journal of Off-the-Wall Q&As

Laura Barcella

Summary

OMG!!! This journal is great. You'll love the wonderfully quirky questions, creatively offbeat drawing activities, and fun handwriting fonts on every page.

What's your favorite song—that your parents hate? Draw a scene from your last dream. Would you rather your crush asked out your best friend or worst enemy? All will be revealed when you fill out this special journal, and the quizzes, questions, and prompts tell the complete story of YOU! And, at the end, you'll have a cool collection of personal stories and pictures to cherish forever!

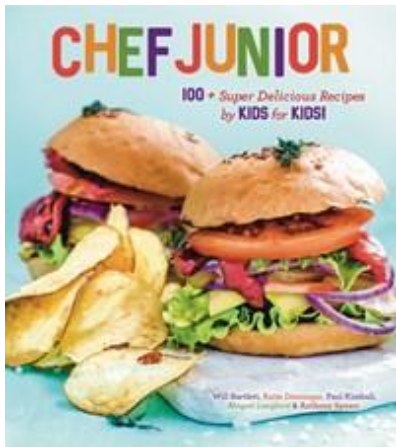
Contributor Bio

Laura Barcella is the author of a teen-targeted pop-culture guide to the apocalypse called *The End: 50 Apocalyptic Visions From Pop Culture That You Should Know About... Before It's Too Late*. Laura also edited the anthology *Madonna & Me: Women Writers on the Queen of Pop*. Her writing has appeared in a wide range of publications including *Salon*, *Esquire.com*, *Cosmopolitan*, the *Chicago Sun-Times*, *Th...*



Sterling Children's Books
9781454942139
Pub Date: 8/4/2020
\$9.95
Trade Paperback

192 Pages
all in color
Ages 9 to 12, Grades 4 to 7
7 in H | 5.5 in W



Sterling Epicure
9781454933618
Pub Date: 5/19/2020
\$19.95
Hardcover

208 Pages
all in color
Ages 9 to 12, Grades 4 to 7
9 in H | 8 in W

Chef Junior

100 Super Delicious Recipes by Kids for Kids!

Anthony Spears, Abigail Langford, Paul Kimball, Ka...

Key Selling Points:

- The popularity of shows like Chopped Junior, MasterChef Junior, and Kids' Baking Championship has sparked the interest of many children in learning how to cook - The book will be supported by the authors' parents and their five popular blogs—Wellness Mama; Mommyopotamus; Kitchen Stewardship; Holistic Squid and Real Plans; and Ultimate-Bundles and Keeper of the Home - The authors' parents plan to heavily promote the book to their online audience, which consists of: more than one million email subscribers; more than 10 million combined visitors per month in search traffic; almost one million combined Facebook followers; almost one million followers on other social media platforms

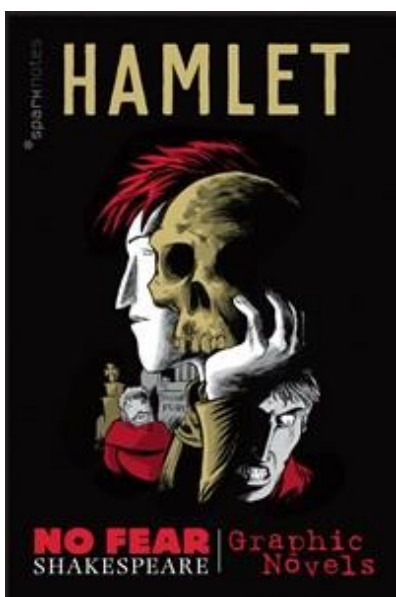
Summary

Kids cook too! This fun and inspiring guide to preparing real food is written by kids, for kids!

Cookbooks for kids often focus on bland “child-friendly” fare, but the authors of *Chef Junior*, five young cooks between the ages of 12 and 15, challenge that assumption. Instead, they present a repertoire of healthy, delicious, and inventive recipes that range from easy to advanced. Kids will love these dishes and drinks, including Tiramisu French Toast, Coconut Chicken Nuggets, Garden Fresh Pesto Pasta, Peach Cobbler, chocolate-y No-Bake Cookies, and Mango Lemonade, along with perennial favorites like mac ‘n’ cheese, hamburgers, pizza, and tacos. In addition, children will learn how to set up a working pantry and shop for healthy, high-quality ingredients; use kitchen tools (including knives) safely and skillfully; and create meal plans the whole family will enjoy.

Contributor Bio

The authors, Katie Dessinger, Anthony Spears, Abigail Langford, Paul Kimball, and Will Bartlett are between the age of 12 and 15 and hail from various states in the US (California, Florida, and Michigan), as well as Canada.



Hamlet (No Fear Shakespeare Graphic Novels)

SparkNotes, Neil Babra

Summary

Read **HAMLET** in graphic-novel form—with **NO FEAR!**
NOW IN COLOR!

Based on the *No Fear Shakespeare* translations, this dynamic graphic novel—now with color added—is impossible to put down. The illustrations are distinctively offbeat, slightly funky, and appealing to teens.

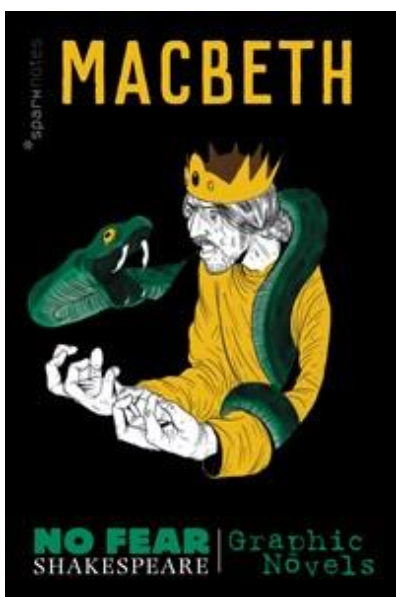
Includes:

- An illustrated cast of characters
- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



SparkNotes
9781411479876
Pub Date: 8/4/2020
\$12.95
Trade Paperback

216 Pages
all in color
Ages 14 And Up, Grades 9 And Up
9 in H | 6 in W



Macbeth (No Fear Shakespeare Graphic Novels)

SparkNotes, Ken Hoshine

Summary

Read **MACBETH** in graphic-novel form—with **NO FEAR!**
NOW IN COLOR!

Based on the *No Fear Shakespeare* translations, this dynamic graphic novel—now with color added—is impossible to put down. The illustrations are distinctively offbeat, slightly funky, and appealing to teens.

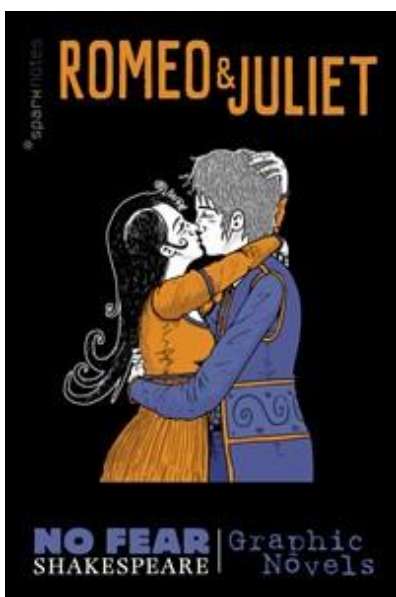
Includes:

- An illustrated cast of characters
- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



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Romeo and Juliet (No Fear Shakespeare Graphic Novels)

SparkNotes, Matt Wiegler

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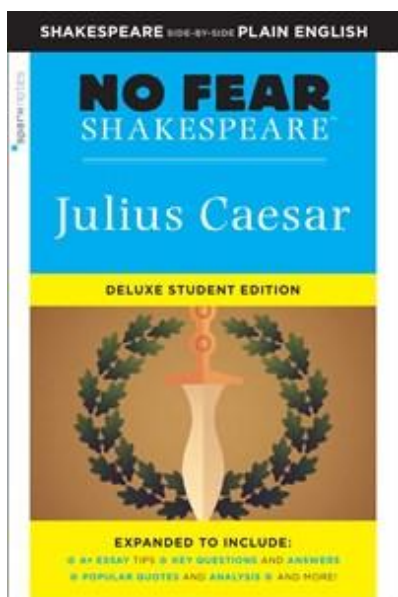
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- A helpful plot summary
- Illustrations that show the reader *exactly* what's happening in each scene—making the plot and characters clear and easy to follow



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Julius Caesar: No Fear Shakespeare Deluxe Student Edition

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Summary

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Why fear Shakespeare? By placing the words of the original play next to line-by-line translations in plain English, this popular guide makes Shakespeare accessible to everyone. **And now it features** expanded literature guide sections that help students study smarter.

The expanded sections include:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

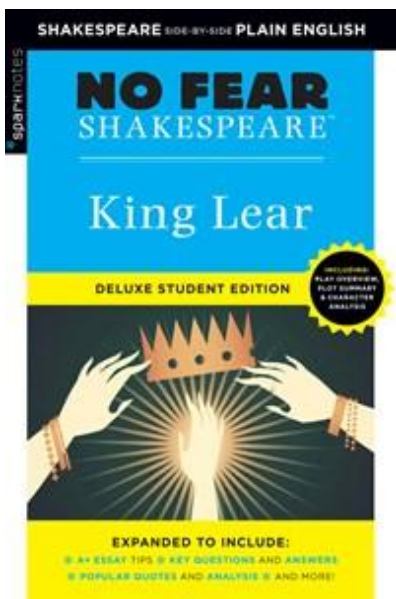
What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as they do?

Study Questions: Questions that guide students as they study for a test or write a paper.

Quotes by Theme: Quotes organized by Shakespeare's main themes, such as love, death, tyranny, honor, and fate.

Quotes by Character: Quotes organized by the play's main characters, along with interpretatio...



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King Lear: No Fear Shakespeare Deluxe Student Edition

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Key Selling Points:

Refined, simplified organization of materials—the three main sections mirror the organic reading experience and discourse for students studying Shakespeare.

- In Part 1, the **Literary Guide**, readers are introduced to the play's historical context, key plot points, and major characters.
- **The Play**—including the original text and modern translation appearing side-by-side—is featured in Part 2.
- And Part 3, the **Study Guide**, gives students the tools they need to truly understand the play - study questions and answers; analysis of themes, motifs and symbols; the examination of quotes by theme and character; and the significance of the play's ending. Also includes a step-by-step guide to writing literary analysis.

Summary

Shakespeare everyone can understand—now in new DELUXE editions!

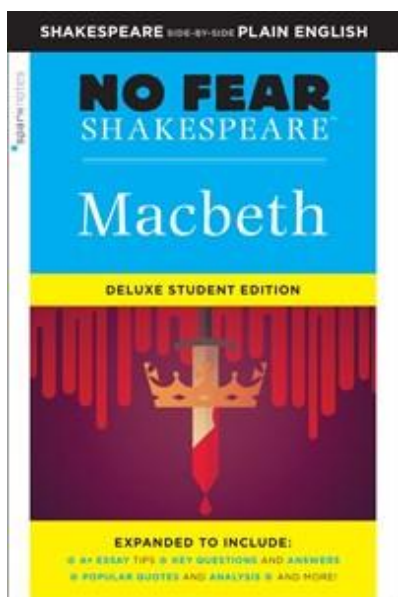
Why fear Shakespeare? By placing the words of the original play next to line-by-line translations in plain English, these popular guides make Shakespeare accessible to everyone. They introduce Shakespeare's world, significant plot points, and the key players. **And now they feature** expanded literature guide sections that help students study smarter, along with links to bonus content on the Sparknotes.com website. A Q&A, guided analysis of significant literary devices, and review of the play give students all the tools necessary for understanding, discussing, and writing about *King Lear*.

The expanded content includes:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as ...



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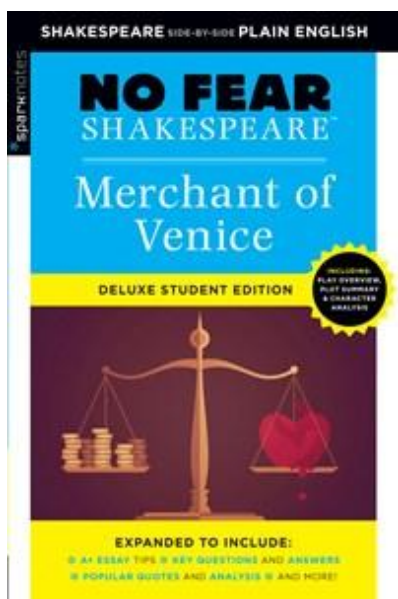
What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as they do?

Study Questions: Questions that guide students as they study for a test or write a paper.

Quotes by Theme: Quotes organized by Shakespeare's main themes, such as love, death, tyranny, honor, and fate.

Quotes by Character: Quotes organized by the play's main characters, along with interpretations of ...



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Merchant of Venice: No Fear Shakespeare Deluxe Student Edition

SparkNotes

Key Selling Points:

Refined, simplified organization of materials—the three main sections mirror the organic reading experience and discourse for students studying Shakespeare.

- In Part 1, the **Literary Guide**, readers are introduced to the play's historical context, key plot points, and major characters.
- **The Play**—including the original text and modern translation appearing side-by-side—is featured in Part 2.
- And Part 3, the **Study Guide**, gives students the tools they need to truly understand the play - study questions and answers; analysis of themes, motifs and symbols; the examination of quotes by theme and character; and the significance of the play's ending. Also includes a step-by-step guide to writing literary analysis.

Summary

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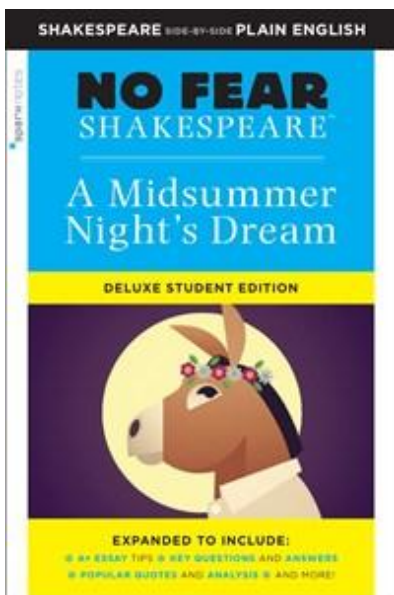
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The expanded content includes:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters b...



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Midsummer Night's Dream: No Fear Shakespeare Deluxe Student Edition

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Shakespeare everyone can understand—now in this new EXPANDED edition of MIDSUMMER NIGHT'S DREAM!

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The expanded sections include:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

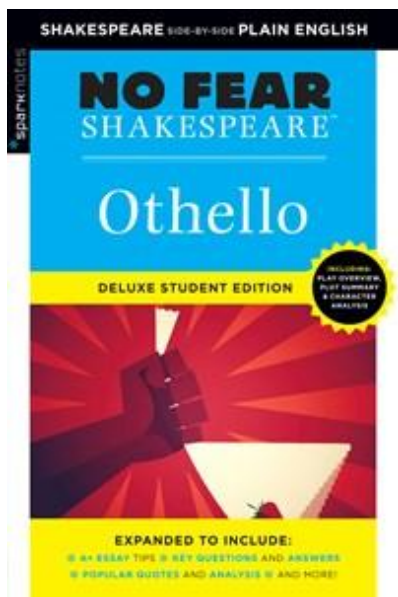
What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as they do?

Study Questions: Questions that guide students as they study for a test or write a paper.

Quotes by Theme: Quotes organized by Shakespeare's main themes, such as love, death, tyranny, honor, and fate.

Quotes by Character: Quotes organized by the play's main characters, along with int...



Othello: No Fear Shakespeare Deluxe Student Edition

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Key Selling Points:

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- **The Play**—including the original text and modern translation appearing side-by-side—is featured in Part 2.
- And Part 3, the **Study Guide**, gives students the tools they need to truly understand the play - study questions and answers; analysis of themes, motifs and symbols; the examination of quotes by theme and character; and the significance of the play's ending. Also includes a step-by-step guide to writing literary analysis.

Summary

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The expanded content includes:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

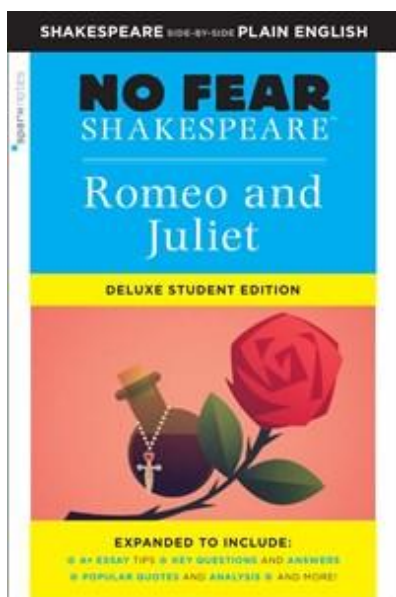
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Romeo and Juliet: No Fear Shakespeare Deluxe Student Edition

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The expanded sections include:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

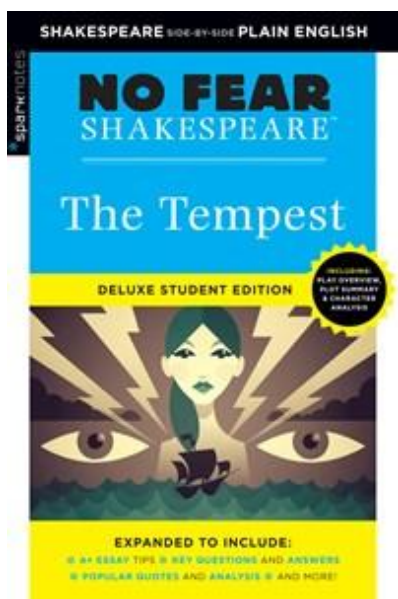
What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as they do?

Study Questions: Questions that guide students as they study for a test or write a paper.

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Quotes by Character: Quotes organized by the play's main characters, along with interpreta...



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Tempest: No Fear Shakespeare Deluxe Student Edition

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Key Selling Points:

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- In Part 1, the **Literary Guide**, readers are introduced to the play's historical context, key plot points, and major characters.
- **The Play**—including the original text and modern translation appearing side-by-side—is featured in Part 2.
- And Part 3, the **Study Guide**, gives students the tools they need to truly understand the play - study questions and answers; analysis of themes, motifs and symbols; the examination of quotes by theme and character; and the significance of the play's ending. Also includes a step-by-step guide to writing literary analysis.

Summary

Shakespeare everyone can understand—now in new DELUXE editions!

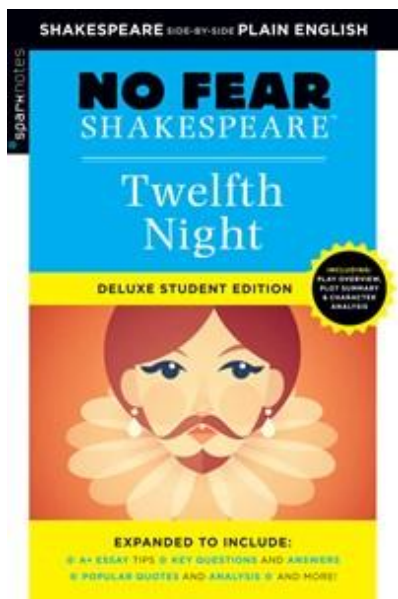
Why fear Shakespeare? By placing the words of the original play next to line-by-line translations in plain English, these popular guides make Shakespeare accessible to everyone. They introduce Shakespeare's world, significant plot points, and the key players. **And now they feature** expanded literature guide sections that help students study smarter, along with links to bonus content on the Sparknotes.com website. A Q&A, guided analysis of significant literary devices, and review of the play give students all the tools necessary for understanding, discussing, and writing about *Tempest*.

The expanded content includes:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave as th...



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Twelfth Night: No Fear Shakespeare Deluxe Student Edition

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- **The Play**—including the original text and modern translation appearing side-by-side—is featured in Part 2.
- And Part 3, the **Study Guide**, gives students the tools they need to truly understand the play - study questions and answers; analysis of themes, motifs and symbols; the examination of quotes by theme and character; and the significance of the play's ending. Also includes a step-by-step guide to writing literary analysis.

Summary

Shakespeare everyone can understand—now in new DELUXE editions!

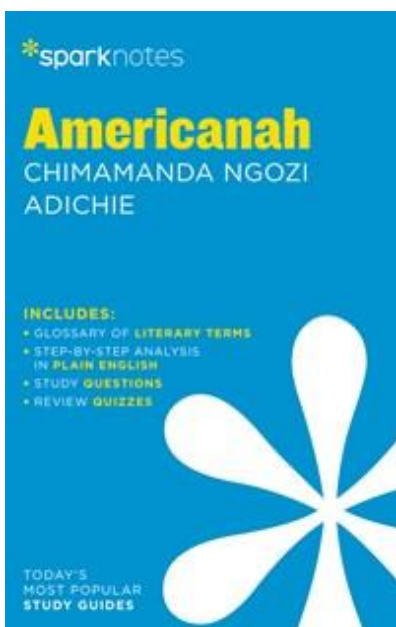
Why fear Shakespeare? By placing the words of the original play next to line-by-line translations in plain English, these popular guides make Shakespeare accessible to everyone. They introduce Shakespeare's world, significant plot points, and the key players. **And now they feature** expanded literature guide sections that help students study smarter, along with links to bonus content on the Sparknotes.com website. A Q&A, guided analysis of significant literary devices, and review of the play give students all the tools necessary for understanding, discussing, and writing about *Twelfth Night*.

The expanded content includes:

Five Key Questions: Five frequently asked questions about major moments and characters in the play.

What Does the Ending Mean?: Is the ending sad, celebratory, ironic . . . or ambivalent?

Plot Analysis: What is the play about? How is the story told, and what are the main themes? Why do the characters behave ...



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Americanah SparkNotes Literature Guide

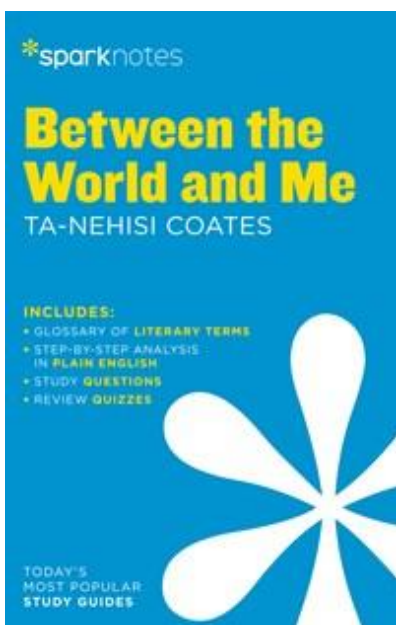
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- Key Facts About the Work
- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

Americanah features explanations of key themes, motifs, and symbols including: the importance of authenticity; race and racism; the male peacock; reading and novels; lies; hair. It also includes detailed analysis of these important characters: Ifemelu; Obinze; Dike; Aunty Uju.



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Between the World and Me SparkNotes Literature Guide

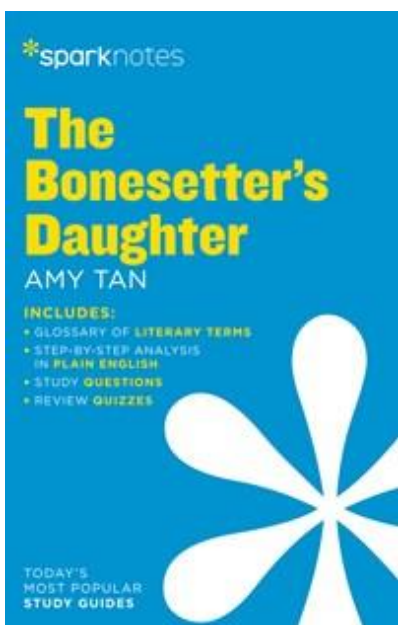
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- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

Between the World and Me features explanations of key themes, motifs, and symbols including: the facade of the American dream; the destruction of the black body; violence; dreamers; the yard; Paris. It also includes detailed analysis of these important characters: Ta-Nehisi Coates; Samori Coates; Dr. Mable Jones; Kenyatta Matthews.



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The Bonesetter's Daughter SparkNotes Literature Guide

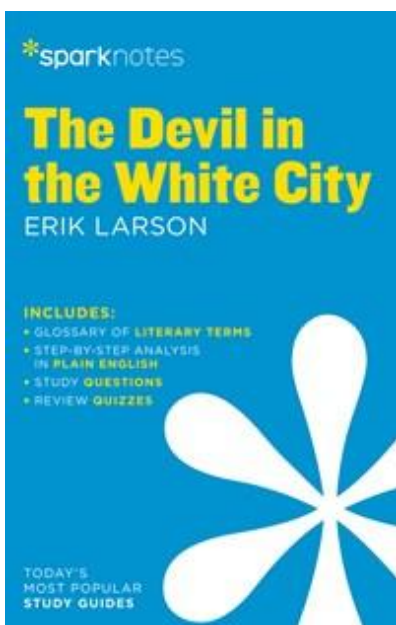
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- Analysis of Major Characters
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- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

The Bonesetter's Daughter features explanations of key themes, motifs, and symbols including: mother-daughter relationships; resilience; secrecy; ghosts; the pearl necklace; the oracle bone. It also includes detailed analysis of these important characters: Ruth Young; Luling Young; Precious Auntie.



The Devil in the White City SparkNotes Literature Guide

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Created by Harvard students for students everywhere, SparkNotes give you just what you need to succeed in school:

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- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

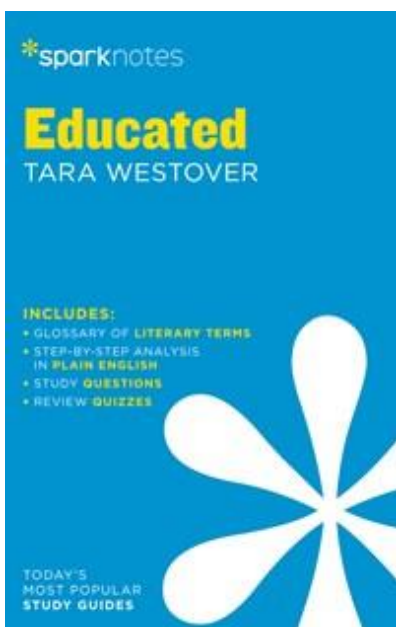
The Devil in the White City features explanations of key themes, motifs, and symbols including: motivation; pride; fire; the color blue; sickness; dark and light. It also includes detailed analysis of these important characters: Daniel H. Burnham; H.H. Holmes; Frederick Law Olmsted.



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Educated SparkNotes Literature Guide

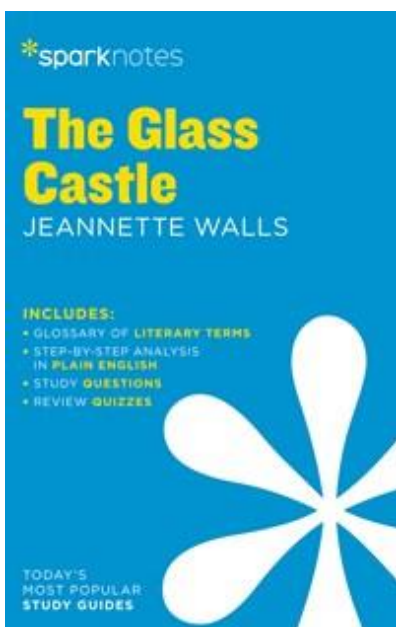
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- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

Educated features explanations of key themes, motifs, and symbols including: the importance of the power of knowledge; injuries; the mountain; instability of memory; penicillin; the bloody knife. It also includes detailed analysis of these important characters: Tara Westover; Gene Westover; Shawn Westover; Faye Westover.



The Glass Castle SparkNotes Literature Guide

SparkNotes

Summary

Created by Harvard students for students everywhere, SparkNotes give you just what you need to succeed in school:

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- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

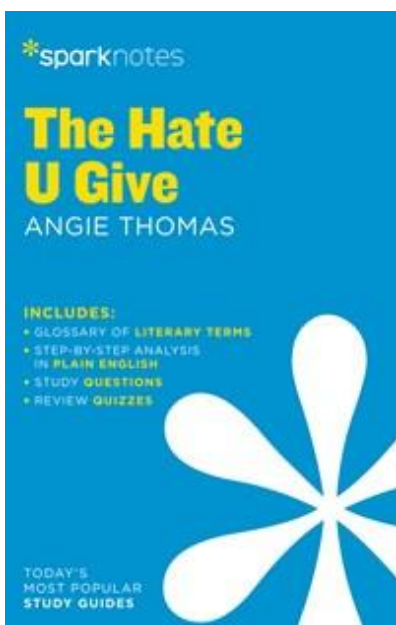
The Glass Castle features explanations of key themes, motifs, and symbols including: strength from hardship; abuse; fire; compassion vs. boundaries; the glass castle; Joshua tree. It also includes detailed analysis of these important characters: Jeannette Walls; Dad (Rex Walls); Mom (Rose Mary Walls).



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The Hate U Give SparkNotes Literature Guide

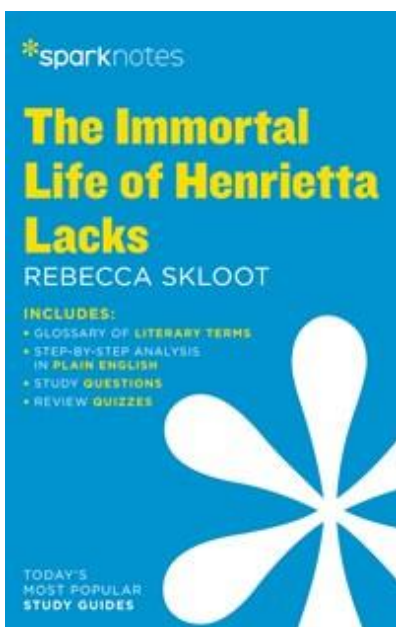
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Summary

Created by Harvard students for students everywhere, SparkNotes give you just what you need to succeed in school:

- Complete Plot Summary and Analysis
- Key Facts About the Work
- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

The Hate U Give features explanations of key themes, motifs, and symbols including: identity and blackness; racialized poverty; hip hop; Harry Potter; One-Fifteen; Maverick's roses. It also includes detailed analysis of these important characters: Starr Carter; Khalil Harris; Maverick "Big Mav" Carter; Lisa Carter.



The Immortal Life of Henrietta Lacks SparkNotes Literature Guide

SparkNotes

Summary

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- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

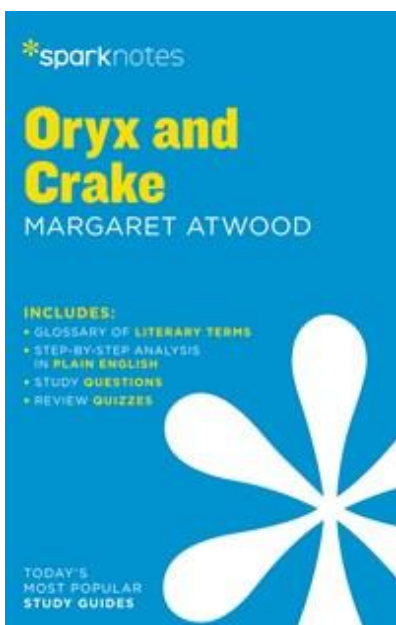
The Immortal Life of Henrietta Lacks features explanations of key themes, motifs, and symbols including: humanity; immortality and legacy; scientific racism; racialized poverty; hela cells; red nail polish. It also includes detailed analysis of these important characters: Deborah Lacks; Henrietta Lacks; Rebecca Skloot; George Gey.



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Oryx and Crake SparkNotes Literature Guide

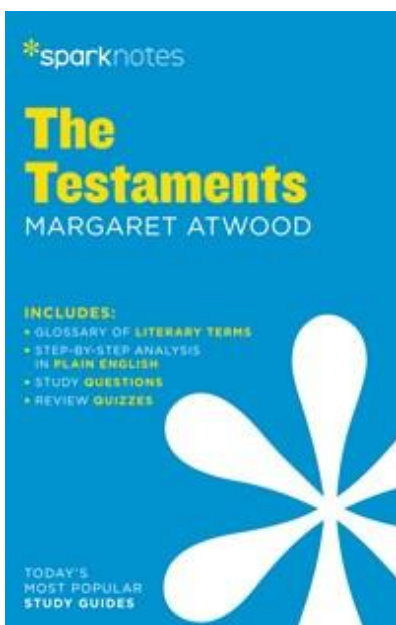
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Created by Harvard students for students everywhere, SparkNotes give you just what you need to succeed in school:

- Complete Plot Summary and Analysis
- Key Facts About the Work
- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

Oryx and Crake features explanations of key themes, motifs, and symbols including: the danger of scientific advancement; voices; memory; the dominance of corporate power; blood and roses; Alex the parrot. It also includes detailed analysis of these important characters: Snowman; Oryx; Crake.



The Testaments SparkNotes Literature Guide

SparkNotes

Summary

Created by Harvard students for students everywhere, SparkNotes give you just what you need to succeed in school:

- Complete Plot Summary and Analysis
- Key Facts About the Work
- Analysis of Major Characters
- Themes, Motifs, and Symbols
- Explanation of Important Quotations
- Author's Historical Context
- Suggested Essay Topics
- 25-Question Review Quiz

The Testaments features explanations of key themes, motifs, and symbols including: power; collective guilt; embroidery; aphorisms; Agnes's dollhouse; Baby Nicole. It also includes detailed analysis of these important characters: Aunt Lydia; Agnes Jemima; Daisy.



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SparkTeach: 1984

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• SparkTeach books are part of SparkNotes, a household name brand, with over 500 available study guides, a proven track record in classroom, teacher and student engagement, and combined annual sales of more than \$1.5 million. • SparkTeach books answer the unique needs of several large groups of customers, including junior-high and high-school teachers, home-schooling parents, college students pursuing higher degrees in Education or English, and college professors. • SparkTeach is a one-stop-shop for everything a teacher needs to assemble teaching units on 30 of the most-taught literary works, from discussion questions, to projects, to reproducible worksheets.

Summary

Teaching guides and lesson plans designed to make classic literature engaging and relevant to today's students!

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- Poetics lesson plans
- Film comparative lesson plans
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- Reproducible worksheets and lesson assessments that build reading, vocabulary, and comprehension skills
- Answer keys
- Student rubrics

There are also tips for class planning and management, ideas for personalizing content, Common Core references, and more, making this the perfec...



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SparkTeach: Animal Farm

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SparkTeach: Brave New World

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Summary

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Aldous Huxley's *Brave New World*.

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Summary

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Mary Shelley's *Frankenstein*.

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SparkTeach: Julius Caesar

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SparkTeach: Lord of the Flies

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Summary

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- "Big Idea Question" prompts, activities, and projects that explore the work's key themes
- Poetics lesson plans
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SparkTeach: Othello

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Shakespeare's *Othello*.

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- Dozens of lessons and contextual "Real Life Lens" discussion prompts
- "Big Idea Question" prompts, activities, and projects that explore the work's key themes
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- "Big Idea Question" prompts, activities, and projects that explore the work's key themes
- Poetics lesson plans
- Film comparative lesson plans
- Exercises in studying the play's use of metaphor, simile, personification, and motifs
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- Reproducible worksheets and lesson assessments that build reading, vocabulary, and comprehension skills
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- Student rubrics

There are also tips for class planning and management, ideas for personalizing content, Common Core references, and more, making this ...

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Mark Twain's *The Adventures of Huckleberry Finn*.

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- Poetics lesson plans
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SparkTeach: The Catcher in the Rye

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Each SparkTeach Guide includes:

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- "Big Idea Question" prompts, activities, and projects that explore the work's key themes
- Poetics lesson plans
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SparkTeach: The Great Gatsby

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Summary

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of F. Scott Fitzgerald's *The Great Gatsby*,

Each SparkTeach Guide includes:

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- "Big Idea Question" prompts, activities, and projects that explore the play's key themes
- Poetics lesson plans
- Film comparative lesson plans
- Exercises in studying the play's use of metaphor, simile, personification, and motifs
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SparkTeach: The Odyssey

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SparkTeach: The Scarlet Letter

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Summary

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SparkTeach: The Things They Carried

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Summary

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This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Tim O'Brien's *The Things They Carried*.

Each SparkTeach Guide includes:

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- Poetics lesson plans
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SparkTeach: Things Fall Apart

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Summary

Teaching guides and lesson plans designed to make classic literature engaging and relevant to today's students!

This comprehensive book of lesson plans, projects, discussion questions, reproducible worksheets, and more provides teachers with everything they need to engage middle- and high-school students in the study of Chinua Achebe's *Things Fall Apart*.

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- Reproducible worksheets and lesson assessments that build reading, vocabulary, and comprehension skills
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- Student rubrics

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