



STERLING

International

Title Guide



London
2019

CHECK OUT OUR Don't Miss List

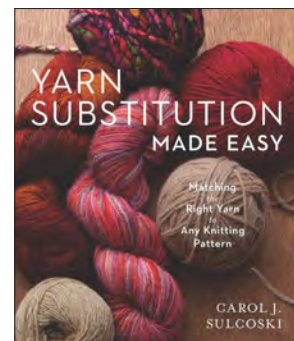
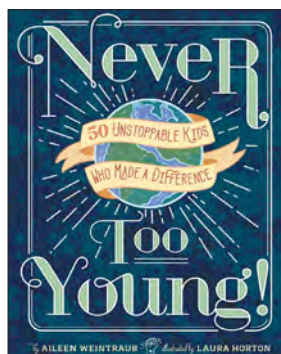
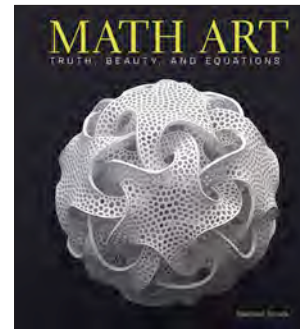
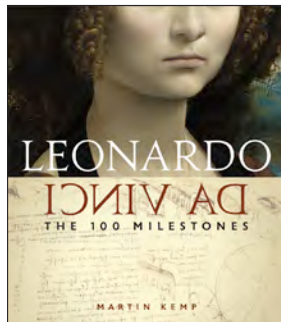


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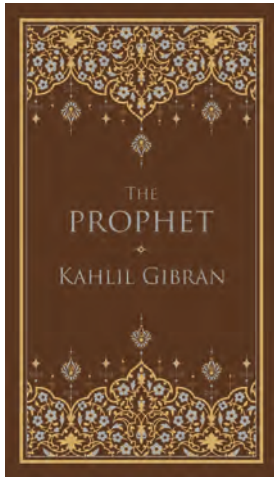




**NEW &
NOTABLE**

BARNES & NOBLE COLLECTIBLE EDITIONS

You'll find the treasures of world literature in this gorgeously produced collection. From Shakespeare's plays to Edgar Allan Poe's macabre tales to Joseph Conrad's dark adventures, these stylish and distinctive editions offer a wide range of stories and authors that readers will treasure forever. Each volume features an authoritative text by one of the world's greatest authors in an exquisitely designed binding, with distinctive gilt edging, and a ribbon bookmark. Decorative, collectible, and classic, these books offer hours of pleasure to readers young and old and are an indispensable cornerstone for every home library.

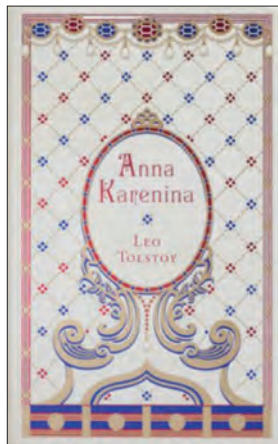


LITERATURE



ISBN 9781435167391 • \$14.95
 Pocket Edition • 144 pages • 4 × 7
 Carton Qty: 100 • Territory: WENG
 Fall River Press

FEBRUARY 2019



LITERATURE



ISBN 9781435139626 • \$35.00
 Hardcover • 808 pages • 6 × 9 1/8
 Carton Qty: 10 • Territory: W
 Barnes & Noble

MARCH 2019

The Prophet

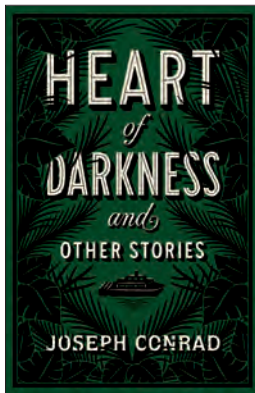
by Kahlil Gibran

Never out of print since its first publication in 1923, Kahlil Gibran's collection of prose poems is one of the best-loved volumes in world literature. Gibran's transcendent verse cycle follows the prophet Almustafa as he boards a ship bearing him homeward and discusses life, love, and all aspects of the human condition with his fellow travelers.

Anna Karenina

by Leo Tolstoy

First published in 1878, Leo Tolstoy's *Anna Karenina* tells the tragic story of aristocrat Anna Karenina and her ill-fated affair with the cavalry officer Count Vronsky. Although passionately in love, the couple find their romance doomed by the sexual mores of their time and place, and the double standards that apply to men and women. The tale's panoramic sweep and Tolstoy's colorful depiction of Russia and the European continent are virtually unparalleled in world literature.



Heart of Darkness and Other Stories

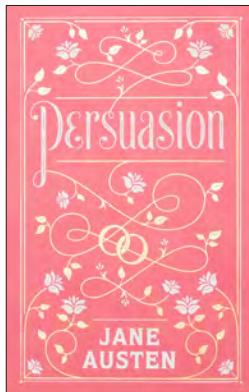
by Joseph Conrad

"The horror! The horror!" These are Kurtz's final words in Joseph Conrad's "Heart of Darkness," the story of a man who travels into the jungle to seek his fortune and who instead finds an all-consuming moral and spiritual wilderness. Conrad's enduring tale served as a touchstone for many works of fiction inspired by its somber theme. This collection also includes an additional five of Conrad's best stories: "The Secret Sharer," "Youth," "Typhoon," "Karain: A Memory," and "Falk: A Reminiscence."

LITERATURE

ISBN 9781435168480
\$20.00
Flexibound
368 pages
5 ½ × 8 ¼
Carton Qty: 20
Territory: W
Barnes & Noble

MARCH 2019



Persuasion

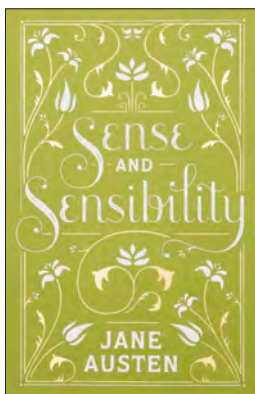
by Jane Austen

Jane Austen's final novel once again takes a clear-eyed, witty look at love, social pretensions, and emotional confusion. Eight years ago, Anne Elliot was happily engaged to Frederick Wentworth—until her friend, Lady Russell, persuaded her that Frederick was "unworthy." Now, Frederick has returned, a wealthy captain in the navy, while Anne's family verges on bankruptcy. Anne still loves Frederick—but will her past mistakes keep them apart?

LITERATURE

ISBN 9781435169463
\$20.00
Flexibound
240 pages
5 ½ × 8 ¼
Carton Qty: 32
Territory: W
Barnes & Noble

APRIL 2019



Sense and Sensibility

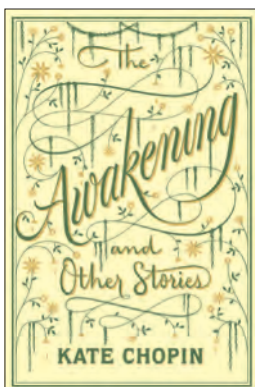
by Jane Austen

When the Dashwood family estate passes to the eldest son John and his wife, Mrs. Dashwood and her daughters Elinor, Marianne, and Margaret move to a cottage in Devonshire to begin a new life. The sensible Elinor is courted by the gentlemanly Edward Ferrars, while the more romantic Marianne falls for handsome scoundrel John Willoughby. Will their differing temperaments, and the rules of their society, bring them love . . . or heartbreak?

LITERATURE

ISBN 9781435169487
\$20.00
Flexibound
344 pages
5 ½ × 8 ¼
Carton Qty: 20
Territory: W
Barnes & Noble

APRIL 2019



The Awakening and Other Stories

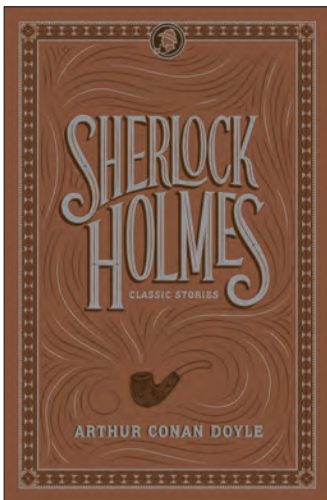
by Kate Chopin

In 1899 Kate Chopin stunned the world with *The Awakening*, her tale of a woman who seeks personal fulfillment in a relationship outside of her tradition-bound marriage. Chopin's pioneering novel served as a touchstone for many modernist works and is considered a landmark in feminist literature. This collection features Chopin's full novel plus a selection of her short stories steeped in the color of her native Louisiana.

LITERATURE

ISBN 9781435168657
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Flexibound
360 pages
5 ½ × 8 ¼
Carton Qty: 20
Territory: W
Barnes & Noble

APRIL 2019



LITERATURE



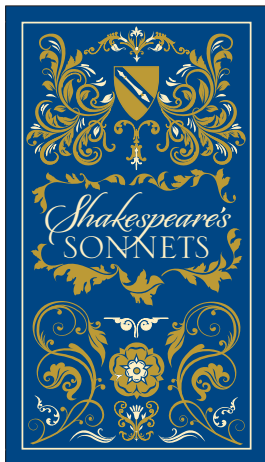
ISBN 9781435169593 • \$20.00
 Flexibound • 368 pages • 5 ½ × 8 ¼
 Territory: W • Barnes & Noble

JUNE 2019

Sherlock Holmes: Classic Stories

by Sir Arthur Conan Doyle

For fans of the great detective, this volume collects 10 classic tales of mystery and detection. In addition to the complete short novel "The Hound of the Baskervilles," it includes several stories that Holmes's creator, Arthur Conan Doyle, himself selected as the intrepid pair's greatest adventures: "A Scandal in Bohemia," "The Speckled Band," "The Red-Headed League," and "The Final Problem," in which Doyle famously "killed off his" creation.



LITERATURE

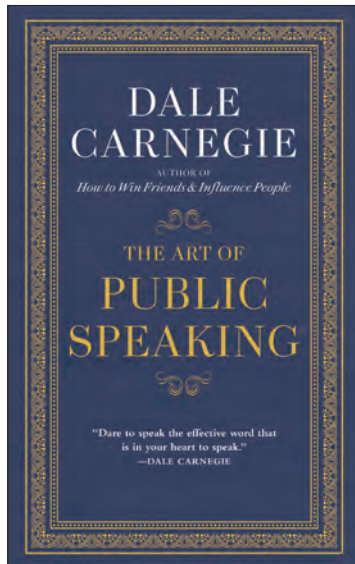


ISBN 9781435169357 • \$7.98
 Pocket Edition • 128 pages • 4 × 7
 Carton Qty: 100 • Territory: W
 Fall River Press

MAY 2019

Shakespeare's Sonnets

William Shakespeare wrote some of the greatest poetry in all world literature, in compact sonnets bursting with beautiful imagery and timeless insights about love, life, and human nature. This elegantly designed pocket edition features all 154 of the Immortal Bard's exquisite sonnets.



GENERAL NONFICTION



ISBN 9781435169524 • \$9.95
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 Carton Qty: 13 • Territory: W
 Fall River Press

FEBRUARY 2019



CULINARY



ISBN 9781454934288 • \$9.95
 Hardcover • 128 pages (all in 2-color)
 5 × 7 • Territory: W • Sterling Epicure

MAY 2019

The Art of Public Speaking

by Dale Carnegie and J. Berg Esenwein

Successful public speaking involves a variety of essential skills, including precision, concentration, and efficiency in pace, tone, and emphasis. Readers have relied on this invaluable guide for more than a century to take their abilities to the next level. The information and techniques remain timeless, and Carnegie also provides key questions and exercises at the end of the chapters to further help you make clear presentations and get your point across.

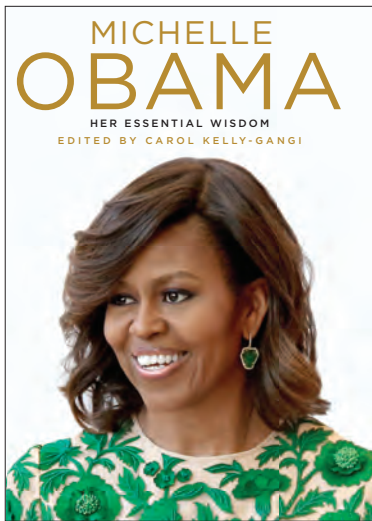
Hair of the Dog

80 Hangover Cocktails and Cures

by Salvatore Calabrese

You wake up hungover, wishing you were dead. Enter celebrated bartender Salvatore Calabrese with expert advice on how to avoid, address, and alleviate your morning-after misery. There are drink recipes with and without booze, a detox program, and a handy hangover scale. Packed with pithy quotes and a career's worth of wisdom, *Hair of the Dog* is "Maestro" Calabrese's handy guide to getting back on your feet again after a night's worth of bad decisions.

SALVATORE CALABRESE is one of the world's leading bartenders and the author of 10 books, including *The Complete Home Bartender's Guide*, the world's bestselling cocktail book. He has received numerous awards and distinctions, including Campari Bartender of the Year, Chevalier du Champagne, Chevalier du Cognac, Tales of the Cocktail Lifetime Achievement Award, and the Imbibe Industry Legend Award among numerous others. A past president of the UK Bartenders' Guild, he judges bartender competitions, consults for various international brands, and held the Guinness World Record for the World's Most Expensive Cocktail. He lives in London.



GENERAL NONFICTION



ISBN 9781435169371 • \$9.95
 Hardcover with Jacket • 144 pages
 4 7/8 x 7 1/8 • Carton Qty: 64
 Territory: W • Fall River Press

MARCH 2019

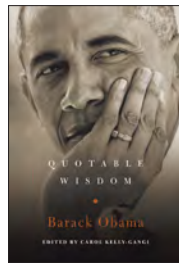
Michelle Obama: Her Essential Wisdom

Edited by Carol Kelly-Gangi

Celebrate the grace, humor, style, warmth, and intelligence of Michelle Obama. This illuminating and powerful collection offers new insight into the beloved First Lady, mom, and inspiring leader in her own right. The hundreds of quotes are drawn from appearances, speeches, and interviews that took place during her eight historic years in the White House, as well as her professional and private lives.

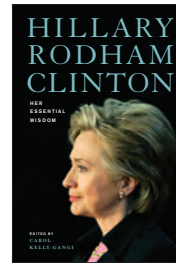
CAROL KELLY-GANGI is the editor of such titles as *The Essential Wisdom of the World's Greatest Thinkers*, *Pope Francis: His Essential Wisdom*, and *Essential Wisdom of the Founding Fathers* (all Sterling). She lives in NJ with her husband and two children.

ALSO AVAILABLE



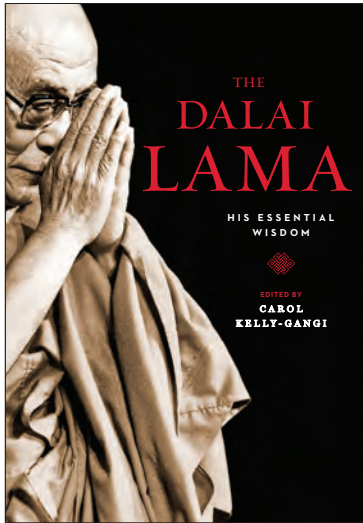
**Barack Obama:
Quotable Wisdom**

ISBN 9781454928355
 \$9.95
 Hardcover with Jacket
 4 7/8 x 7 1/8
 Territory: W



**Hillary Rodham Clinton:
Her Essential Wisdom**

ISBN 9781435167650
 \$9.95
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 Territory: W



GENERAL NONFICTION



ISBN 9781435169616 • \$9.95
 Hardcover with Jacket • 128 pages
 4 7/8 x 7 1/8 • Carton Qty: 68
 Territory: W • Fall River Press

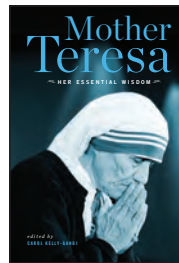
APRIL 2019

The Dalai Lama: His Essential Wisdom

Edited by Carol Kelly-Gangi

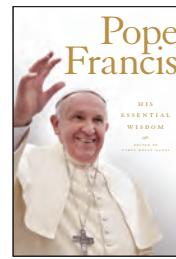
"Our own brain, our own heart is our temple; the philosophy is kindness." The Dalai Lama has traveled the globe to spread his message of compassion, love, peace, and kindness. *The Dalai Lama: His Essential Wisdom* gathers hundreds of inspiring quotations from His Holiness, drawn largely from his writings, teachings, interviews, speeches, and other statements made during more than a half-century as the exiled spiritual leader of the Tibetan people.

ALSO AVAILABLE



**Mother Teresa:
Her Essential Wisdom**

ISBN 9781435166295
 \$9.95
 Hardcover with Jacket
 4 7/8 x 7 1/8
 Territory: W



**Pope Francis:
His Essential Wisdom**

ISBN 9781435155114
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 Hardcover with Jacket
 4 7/8 x 7 1/8
 Territory: W



AUGUST
2019



ARTS & CRAFTS



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 Paperback with Flaps • 144 pages
 [all in color] • 8 1/2 x 11 • Carton Qty: 36
 Territory: WENG • Get Creative 6

AUGUST 2019

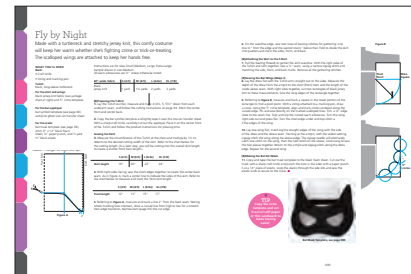
Dress Up!

Sew 25+ T-Shirt Costumes for Little Superheroes, Princesses, Unicorns, Cowgirls, & More

by Linda Schmidt

What child could resist these 25+ outfits, which range from princesses and superheroes to cuddly tigers and loveable pumpkins? Like *Sew Pretty T-Shirt Dresses*, this follow-up collection features simple projects that start with a purchased T-shirt, so you'll never have to master advanced skills. Favorite characters like Minnie Mouse and Dorothy from *The Wizard of Oz* join a groovy hippie, graceful ballerina, and a pixie-dust fairy.

LINDA SCHMIDT creates technical illustrations for knitting, sewing, and quilting books. She teaches, and also sells her own patterns on Ravelry and Etsy (Etsy.com/ROFLHatFactory). She lives in NC.



ARTS & CRAFTS



ISBN 9781454711032 • \$16.95
 Paperback • 128 pages [all in color]
 8 1/2 x 10 • Territory: W • Lark Crafts

AUGUST 2019

Holiday Hand Lettering

30 Festive Projects to Celebrate Christmas

Nothing brings holiday cheer like beautifully hand-lettered cards, gift tags, and decorations. Make the season merry and bright with 30 projects created by six top designers—from handmade ornaments to a chalkboard sign—each with a charming motif to use as is or adapt. Step-by-step instructions guide you, and there's plenty of space for practice. A basics section helps beginners get started, and a collection of 10 alphabets provides additional inspiration.

Contributors include: Marie Hermansson, a freelance illustrator and designer living in North Carolina (MarieHermanssonIllustration.com); Shelly Kim, a self-taught modern brush calligrapher based in southern California (lettersbyshells.com); Hazel Nguyen, a hand-lettering artist, also based in southern California (@hazelslettering); Veronica Ruiz is a Denver-based hand-lettering artist (veronicaletters.com); Winterbird, a hand-lettering artist who specializes in modern calligraphy (winterbird.com); and Colleen Wilcox, the artist and founder behind Wander on Words, a hand-lettered stationery company (wanderonwords.com).



HEALTH



ISBN 9781454934592 • \$16.95
 Hardcover • 176 pages [all in color]
 5 2/3 x 7 1/3 • Territory: W • Sterling Ethos

AUGUST 2019



HEALTH



ISBN 9781454934639 • \$16.95
 Hardcover • 176 pages [all in color]
 5 2/3 x 7 1/3 • Territory: W • Sterling Ethos

AUGUST 2019

THE NEW RITUAL WELLNESS SERIES

Adaptogens

Herbs for Longevity and Everyday Wellness

by Adriana Ayales, author of *Healing Tonics*

Used for millennia in Eastern healing, adaptogenic herbs—like ginseng and rhodiola—counteract the effects of stress. In this beautifully illustrated, authoritative guide, Adriana Ayales, the owner of Anima Mundi Herbals, shares her knowledge of these amazing adaptogens. She offers 30 recipes for food, drinks, and beauty cures that banish fatigue, sharpen your mind, and stimulate your central nervous system, as well as ideas for self-care and wellness.

ADRIANA AYALES is the owner of Anima Mundi Herbals, and a Costa Rican native who dedicated herself to the study of plants and healing from a young age. She uses rainforest tribal-style botany, as well as classic European alchemy, bridging the gap between indigenous medicine and Western practices. Adriana lives in New York City.



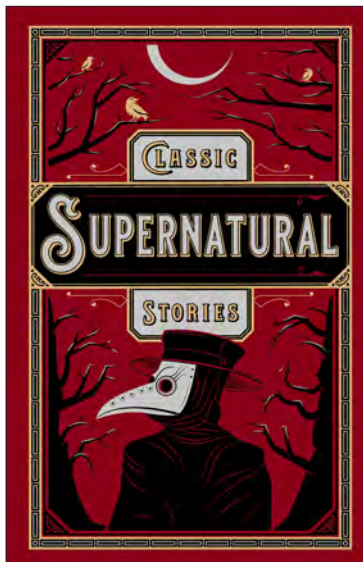
CBD Oil

Self-Care Secrets to Hemp-Derived Wellness

by Zachary Clancy

Cannabidiol (CBD) is a non-intoxicating, non-psychoactive, anti-inflammatory compound of the cannabis plant with enormous therapeutic potential, from relieving stress to alleviating muscular discomfort. Zachary Clancy, a CBD activist and ambassador, shares his knowledge of this healing oil and provides recipes to use in daily practice that can enhance your life. Beautifully illustrated, this authoritative guide suggests ideas for self-care that will enhance body, mind, and spirit.

ZACHARY CLANCY is a resident herbalist for The Alchemist's Kitchen in New York City, where he hosts monthly CBD clinics. With degrees in psychology and biology, Zachary's approach to plant-based medicines is firmly grounded in science. He has been heavily influenced by herbal apprenticeships under renowned Great Plains herbalist Ocoee Miller and Appalachian herbalist Joe Hollis. Zachary works on sustainability initiatives in NYC, building and managing urban farms in all five boroughs, and designing and administering horticultural education programs in collaboration with CUNY, HELPUSA, NYCHA, and DOE, and RecultivateNY. He lives in Brooklyn, NY.

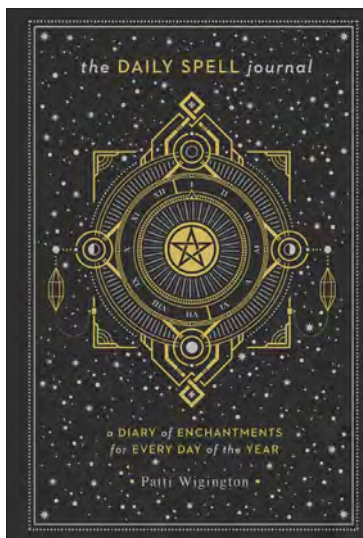


LITERATURE



ISBN 9781435169418 • \$35.00
 Hardcover • 800 pages • 6 × 9 1/8
 Territory: W • Barnes & Noble

JULY 2019



GIFT BOOKS



ISBN 9781454933311 • \$14.95
 Hardcover • 368 pages (2-color) • 4 × 6
 Territory: W • Sterling Ethos

AUGUST 2019

Classic Supernatural Stories [Barnes & Noble Collectible Editions]

This cornucopia of thrills and chills features 25 of the finest English-language tales of the uncanny and macabre. In addition to works by such stellar authors as Edgar Allan Poe, H. P. Lovecraft, Arthur Machen, Henry James, Edith Wharton, Mary Elizabeth Braddon, and Henry S. Whitehead, the book features three complete short novels: "A Phantom Lover" by Vernon Lee, *Serapion* by Francis Stevens, and *The Ghost Pirates* by William Hope Hodgson.

The Daily Spell Journal

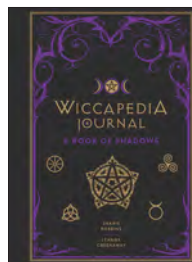
A Diary of Enchantments for Every Day of the Year

by Patti Wigington

This beautiful gilded journal holds a year of easy spells—for everything from prosperity and love to good luck and inner peace—from Wicca expert Patti Wigington. Enhance emotional strength with a gold candle containing St. John's Wort, fennel seed, and nutmeg, or make a Sweet Vanilla Love Jar to create harmonious energy. Each spell comes with space to record your results or add observations.

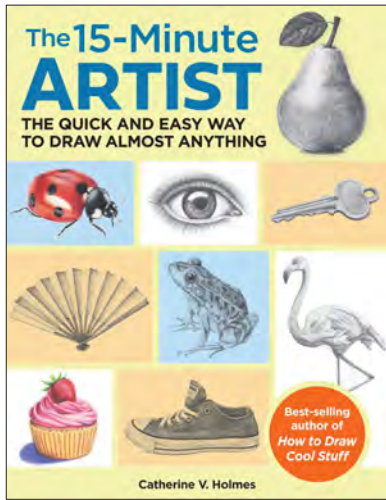
PATTI WIGINGTON is a High Priestess in her home state of Ohio, and is the founder of Clan of the Stone Circle, a Celtic Pagan tradition. In 2007, Patti joined About.com as the Paganism & Wicca Expert. In addition to her work for About.com, Patti has written several novels and a children's book, and has contributed to numerous anthologies. You can find Patti online at pattiwigington.com.

ALSO AVAILABLE



Wiccapedia Journal
 ISBN 9781454932352
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SEPTEMBER
2019



COVER NOT FINAL

ARTS & CRAFTS



ISBN 9781640210431 • \$19.95
 Paperback with Flaps
 160 pages [all in color]
 8 1/2 x 11 • Carton Qty: 28
 Territory: WENG • Get Creative 6

SEPTEMBER 2019

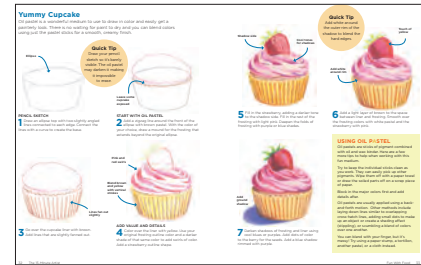
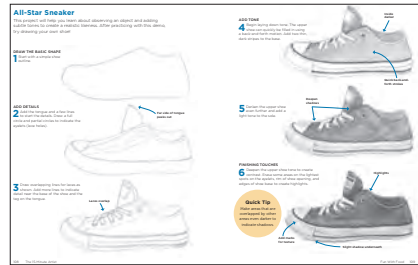
The 15-Minute Artist

The Quick and Easy Way to Draw Almost Anything

by Catherine V. Holmes

Jump in and start drawing with more than 60 step-by-step projects—which take 15 minutes each—from bestselling author Catherine Holmes. Holmes’s tutorials break the process down so aspiring artists can quickly achieve satisfying results. In addition to pencil renderings, she explains how to work with a variety of media and provides tips and sidebars on such techniques as blending, texture, perspective, and shading.

CATHERINE V. HOLMES is a teacher, artist, youth advocate, and the author of the bestselling *How to Draw Cool Stuff*. She lives with her family in the Boston area.



Knit Blankets

More Than 25 Colorful & Cozy Throws

Nothing beats a large project for showing off the beauty of Noro’s trademark color-changing yarns, and *Knit Blankets* helps aficionados go big with this magnificent collection of 25 blankets. Inside, knitters will discover popular patterns from Noro magazines and books, along with brand-new and exclusive designs. The diverse techniques range from mitered squares to intarsia and entrelac, and step-by-step tutorials help beginners master the more complex blankets.

For more than 40 years, **NORO** has been producing yarns known for their fabulous textures and stunning color combinations, many of which offer vibrant self-striping patterns. Led by founder Eisaku Noro, the Japan-based company produces handmade yarns from only the highest-quality natural fibers, with strict attention to environmentally friendly practices.



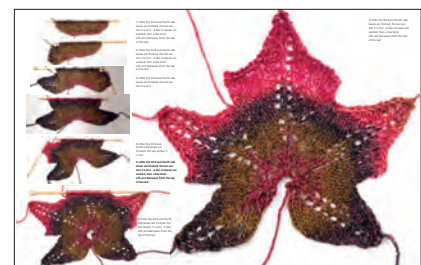
COVER NOT FINAL

ARTS & CRAFTS



ISBN 9781640210462 • \$17.95
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 Sixth&Spring Books

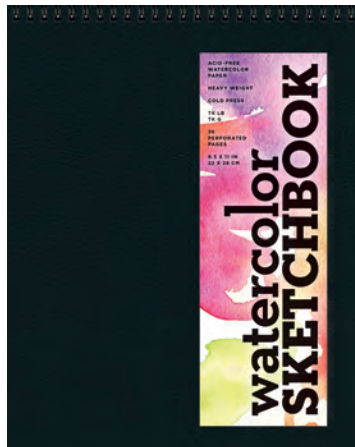
SEPTEMBER 2019



Two beautiful new high-quality sketchbooks, made to order for artists who want to take their watercolor skills to the next level.

Watercolor painting is a hot trend that's attracting more and more artists. With their appealing design; high-quality thick, textured, acid-free paper; and perforated pages, these two new Sterling sketchbooks are the ones that amateur and professional watercolorists alike will choose. Both feature a flip-top spiral binding that makes them easy to use.

Watercolor Sketchbook - Large Black Fliptop Spiral (Landscape)



ARTS & CRAFTS



ISBN 9781454936923 • \$11.95
Hardcover Spiral-Bound • 20 pages
11 x 8 1/2 • Territory: W • Sterling
SEPTEMBER 2019

Watercolor Sketchbook - Medium Black Fliptop Spiral (Landscape)



ARTS & CRAFTS



ISBN 9781454936930 • \$9.95
Hardcover Spiral-Bound • 20 pages
10 x 7 • Territory: W • Sterling
SEPTEMBER 2019



ARTS & CRAFTS



ISBN 9781454936367 • \$12.95
Hardcover Spiral-Bound • 176 pages
8 1/2 x 11 • Territory: W • Sterling
SEPTEMBER 2019

Comic Storyboard Sketchbook

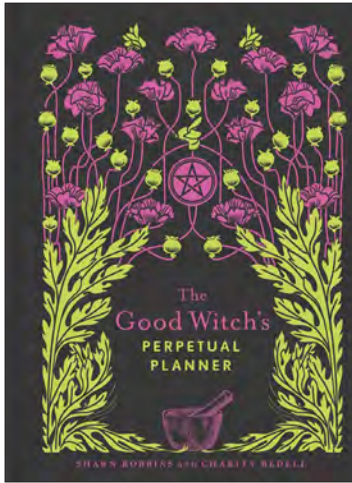
If you're dreaming of drawing comics, then you need a good place where you can get your artistic vision down on paper and plan your stories. And this companion to our *Manga Storyboard Sketchbook* is ideal for every aspiring or practicing comic creator. With a lie-flat binding and quality paper, it contains various styles of comic storyboard layout grids for working out page ideas and plot details—along with instructions on how to use the grids.



ALSO AVAILABLE



Manga Storyboard Sketchbook
ISBN 9781454929697
\$12.95 • Hardcover
8 1/2 x 11 • Territory: W



BODY/MIND/SPIRIT



ISBN 9781454936602 • \$12.95
 Flexibound • 168 pages [all in 2-color]
 5 × 7 • Territory: W • Sterling Ethos

SEPTEMBER 2019

The Good Witch's Perpetual Planner

by Shawn Robbins and Charity Bedell

This 12-month perpetual planner for good witches provides a place to plan and track everything from daily tasks and key rituals to the sacred holidays and solstices on the Wheel of the Year. It's chock-full of notes on holistic Wiccan magickal tips, spells, lore, and recipes distilled from the popular *The Good Witch's Guide* by Shawn Robbins and Charity Bedell. And because it is perpetual you can jump in at any time of the year.

SHAWN ROBBINS is the author or coauthor of four highly successful books, including the hardcover edition of *Wicca* [Sterling] now used as a teaching and reference guide in many of the online Wicca schools. She has taught classes about herbs, health, and healing at the NY School of Occult Arts, as well as lecturing extensively throughout the country on this subject.

CHARITY BEDELL [also known as Loona Wynd] has been a practicing witch for over 15 years, with an extensive knowledge of herbal medicine and magick. She has an online store where she sells her handmade herbs, tinctures, and oils [Mystic Echoes] and has a large following both in the Wiccan community and in mainstream America.

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GIFT



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SEPTEMBER 2019

My Book Journal

A 100-Book Reading Diary for Bibliophiles

Love books? Then indulge your passion in this journal! Along with space to record your thoughts on 100 books, it offers a monthly book challenge, a wish list of books to read, suggestions for don't-miss classics, and book-club questions. Plus, there are fun lists to fill out with your 10 favorite characters, favorite childhood books, 10 books you'd bring to a desert island, and more.

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CULINARY



ISBN 9781454933113 • \$24.95
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SEPTEMBER 2019

Drink Better Beer

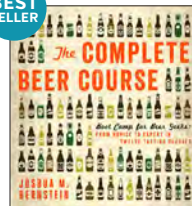
Discover the Secrets of the Brewing Experts

by Joshua M. Bernstein

Tapping the wisdom of more than 30 beer professionals, Joshua M. Bernstein takes the mystery out of an increasingly complicated universe of beer. With sage advice on buying, storing, and pouring your beer, Bernstein helps you take your hops knowledge to the next level. There is advice on how to smell, taste, and select the right glass for your suds, as well as tips on spotting bars or stores that are treating their beer wrong. Learn how to expertly pair beer with food and why beer should be drunk soon after you buy it. With Bernstein's help, you'll soon be able to order smarter and enjoy your pour even more.

JOSHUA M. BERNSTEIN is one of America's foremost beer, spirits, food, and travel journalists and the author of *Brewed Awakening*, *The Complete Beer Course*, and *Complete IPA* [Sterling Epicure]. His work appears regularly in newspapers, magazines, and websites, including *The New York Times*, *New York* magazine, *Men's Journal*, *Bon Appétit*, *Saveur*, *Beer Advocate*, *Draft*, *Wine Enthusiast*, and *Imbibe*, where he oversees beer coverage as contributing editor. Beer Sessions Radio, CNBC, Fox Business, and NPR's Marketplace have featured him as a beer expert, and he consults for breweries, bars, and bottle shops and leads private tasting seminars and tours. He lives with his wife and daughter in Brooklyn.

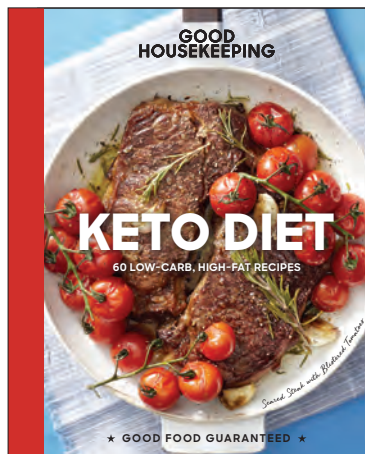
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ALSO AVAILABLE



The Complete Beer Course
 ISBN 9781402797675 • \$24.95
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CULINARY



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SEPTEMBER 2019

Good Housekeeping Keto Diet

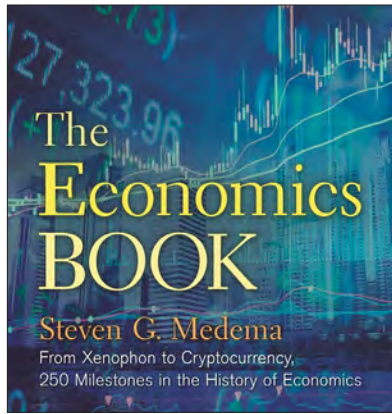
60 Low-Carb, High-Fat Recipes

by Susan Westmoreland and the Editors of Good Housekeeping

The keto diet is taking over the weight-loss world. Followers claim the wildly popular plan helps them quickly shed pounds, while also boosting energy and relieving various ailments. Using the guidelines of the keto diet, *Good Housekeeping* offers flavorful recipes made with healthy fats, delicious low-carb vegetables and fruits, and lean proteins. With a primer on how to kick-start your ketogenic eating, and tips from the Good Housekeeping Test Kitchen, this book will become your essential reference.

GOOD HOUSEKEEPING is a leading lifestyle media brand inspiring a monthly audience of 30+ million readers to discover genius innovations, delicious ideas, style-savvy trends, compelling news, and best-in-class products for their homes, families, and themselves. The Good Housekeeping Institute's state-of-the-art labs combined with Good Housekeeping's seasoned editorial talent and renowned test kitchen is unparalleled. In addition to its US flagship, *Good Housekeeping* publishes five editions around the world.

SUSAN WESTMORELAND is Culinary Director of *Good Housekeeping*. She lives in Brooklyn, NY.



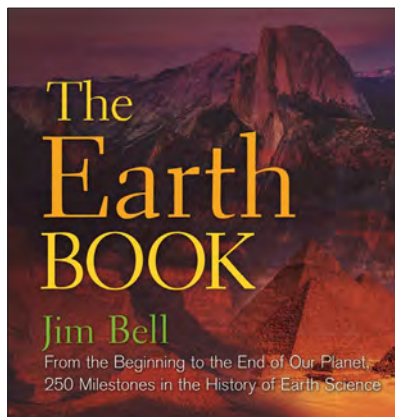
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SEPTEMBER 2019



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APRIL 2019

The Economics Book

From Xenophon to Cryptocurrency,
250 Milestones in the History of Economics

by Steven G. Medema

This richly illustrated, authoritative collection presents 250 crucial moments in economics, from the philosophical dialogues of Ancient Greece and the moral contemplations of Medieval Europe to Reaganomics and cryptocurrency. Examining the full gamut of subjects, these engaging essays will captivate you with a bird's-eye view of the development of the world's markets, what has shaped and affected them, and what drives them today.

STEVEN G. MEDEMA is the university distinguished professor of economics at the University of Colorado Denver. He is series editor of the Oxford Studies in the History of Economics, book review editor for the *History of Political Economy* journal, and he serves on the editorial boards of eight journals of the history of economics. He was editor of the *Journal of the History of Economic Thought*, president of the History of Economics Society, and served on the Executive Committee and Scientific Council of the European Society for the History of Economic Thought. He lives in Denver.

KEY SELLING POINTS

- Presents a wide array of people, theories, events, and seminal documents and publications
- The Sterling Milestones series has sold more than 250,000 copies in total
- The series has been published in 13 different languages
- Author is a longtime and award-winning authority on the history of economics

The Earth Book

From the Beginning to the End of Our Planet,
250 Milestones in the History of Earth Science

by Jim Bell

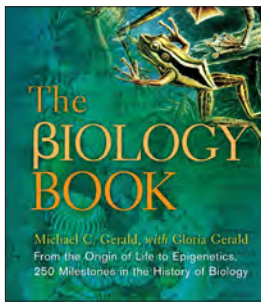


Spanning history, this stunning volume chronicles our home planet in 250 beautifully illustrated milestones, including the oceans' formation, deadly volcanoes, and the first perilous polar expeditions. *The Earth Book* provides a tour of the events, processes, people, and places that have shaped our knowledge of our planet, covering everything from physics, chemistry, and biology to astronomy, public policy, and climate science. This unique resource will enhance our understanding of Earth as a complex interdependent system.

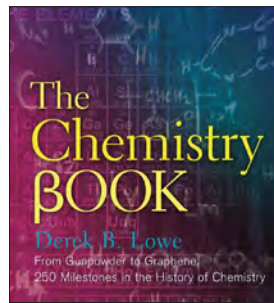
DR. JIM BELL is a professor of geology and planetary science in Arizona State University's School of Earth and Space Exploration in Tempe, AZ, and an adjunct professor in the Department of Astronomy at Cornell University in Ithaca, NY. Jim is a member of the American Geophysical Union and the Geological Society of America. As President of The Planetary Society, he is a prolific public commentator on science and space exploration, earning the 2011 Carl Sagan Medal from the American Astronomical Society for excellence in public communication of planetary science. Jim has appeared on numerous radio and television shows, including NBC's *Today Show* and PBS's *NewsHour*, as well as programs on the Discovery, National Geographic, and History cable channels, and has been interviewed for several space-related documentary films. He is the author of *The Ultimate Interplanetary Travel Guide*, *The Space Book*, *Mars 3-D*, *Moon 3-D*, *The Interstellar Age*, and *Postcards from Mars*.

ALSO AVAILABLE FROM STERLING MILESTONES

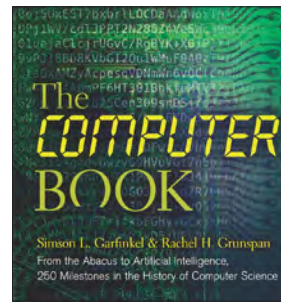
ALL BOOKS ARE [except where noted]: \$29.95 • HARDCOVER WITH JACKET • 7 5/16 × 8 7/16 • Territory: W



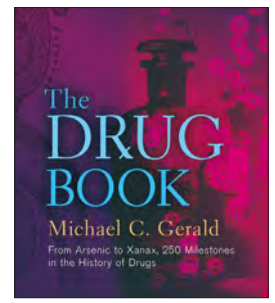
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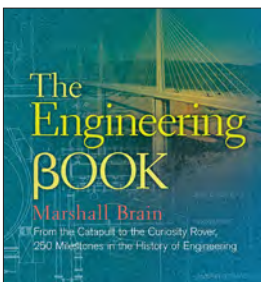
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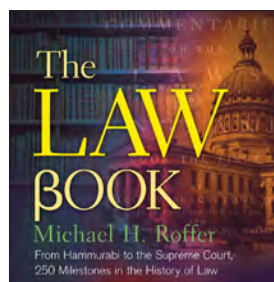
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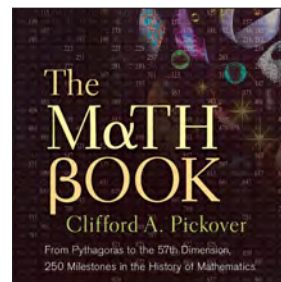
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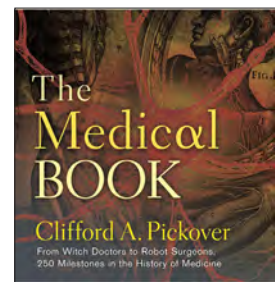
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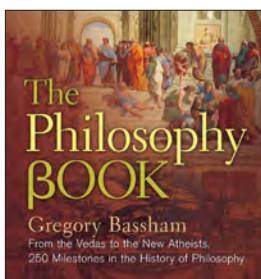
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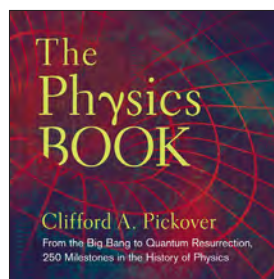
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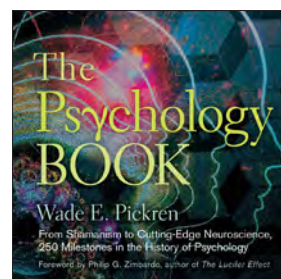
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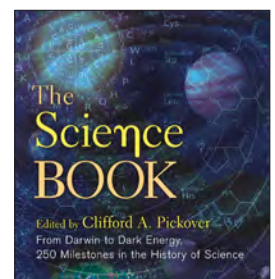
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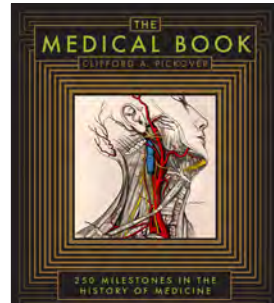
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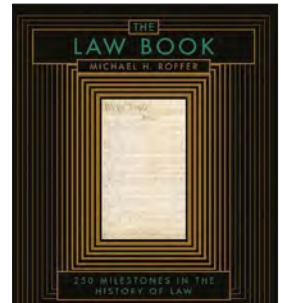
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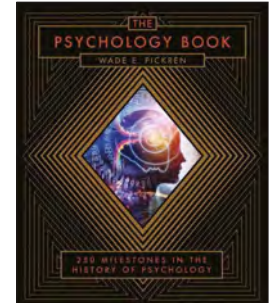
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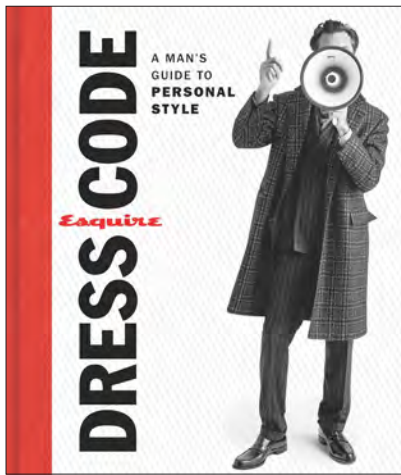
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LIFESTYLE



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 Territory: W • Hearst

SEPTEMBER 2019

Esquire Dress Code

A Man's Guide to Personal Style

by *The Editors of Esquire*

Esquire Dress Code is the definitive guide men need to put together a great wardrobe and dress stylishly for any occasion. Visually bold, and told with wit and humor, it covers everything from fashion icons, closet must-haves, and investment pieces, to tailoring essentials, office attire, and dressing for every age. Once a man learns to adapt these fashion fundamentals for his personal look, he'll be set for life.

As the only general-interest lifestyle magazine for sophisticated men, **ESQUIRE** defines, reflects, and celebrates what it means to be a man in contemporary American culture. Required reading for the man who is intellectually curious and socially aware, *Esquire* speaks to the scope and diversity of his passions with spirited storytelling, superb style, and a tonic splash of irreverent humor.



ALSO AVAILABLE



Esquire
The Handbook of Style

ISBN 9781588167460
 \$16.95
 Hardcover with Jacket
 5 x 7 • Territory: WEX*



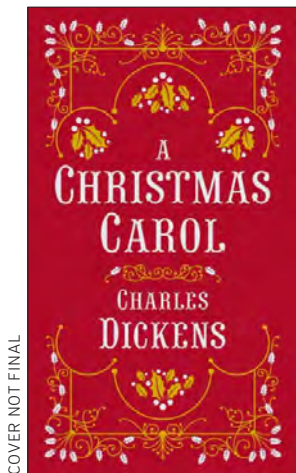
How to Tie a Tie

ISBN 9781454931324
 \$12.95
 Hardcover
 5 x 7 • Territory: W

A Christmas Carol [Barnes & Noble Collectible Editions]

by *Charles Dickens*

Dickens's tale of a miserable miser who transforms into a kind and caring benefactor after three ghosts pay him a visit on Christmas Eve is one of the best-loved works in the English language and a true celebration of the Yuletide spirit. This special pocket edition features eight black-and-white illustrations, as well as an elegant bonded-leather binding, distinctive gilt edging, and decorative endpapers. It's perfect for Christmas, and any other, season.



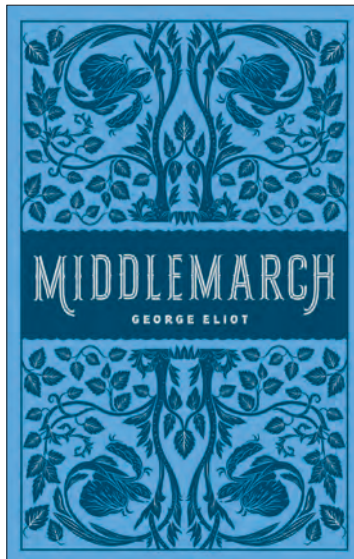
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LITERATURE



ISBN 9781435170087 • \$7.95
 Flexibound • 128 pages • 4 x 7
 Territory: W • Fall River Press

SEPTEMBER 2019



LITERATURE



ISBN 9781435169579 • \$35.00
 Hardcover • 704 pages • 6 × 9 1/8
 Territory: W • Barnes & Noble

SEPTEMBER 2019

Middlemarch

by George Eliot

Subtitled “A Study of Provincial Life,” George Eliot’s novel *Middlemarch* chronicles the titular nineteenth-century Midlands town in the midst of political and social change. Eliot explores the upheaval brought about by these transformations through their impact on the lives of a richly varied cast of characters, including the pious young Dorothea Brooke, her suitor the Reverend Edward Casaubon, the ambitious doctor Tertius Lydgate, and the mysterious schemer John Raffles.

November 2019 is the 200th anniversary of George Eliot’s birth.



LITERATURE



ISBN 9781435169432 • \$35.00
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 7 3/4 × 10 • Ages: 8 to 12
 Territory: W • Barnes & Noble

SEPTEMBER 2019

The Wonderful Wizard of Oz / The Marvelous Land of Oz

by L. Frank Baum

The Wonderful Wizard of Oz / The Marvelous Land of Oz brings together the first two novels of L. Frank Baum’s classic Oz series. In *The Wonderful Wizard of Oz*, Dorothy Gale and her dog Toto are transported by a powerful cyclone to the Oz, where they team up with the Scarecrow, Tin Woodman, and Cowardly Lion to seek the Wizard’s help. In *The Marvelous Land of Oz*, Tip, Jack Pumpkinhead, the Saw-Horse, and the Woggle-Bug work to save the Scarecrow’s besieged city. This treasury-sized edition features classic full-color art by W. W. Denslow and John R. Neill.



OCTOBER
2019



ARTS & CRAFTS

ISBN 9781640210486 • \$19.95
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 8 1/2 x 11 • Territory: WENG
 Sixth&Spring Books

OCTOBER 2019

Crochet This!

Step-by-Step Techniques, 60 Essential Stitch Patterns,
 and More Than 20 Projects

Crocheters will rejoice at this essential, lavishly illustrated guide. Step-by-step color photographs lay out all the basic techniques and stitches. A dictionary of crochet patterns follows, including granny squares, colorwork, lacy motifs, and edgings—all with a full-color swatch photograph, instructions, and a diagram. More than 20 gorgeous designs, chosen from the pages of *Vogue® Knitting Crochet* magazine, include gorgeous crocheted sweaters, shawls, hats, and bags.



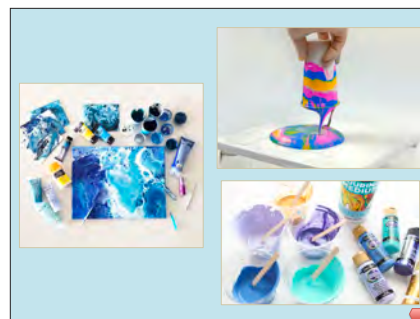
The Paint Pouring Workshop

Learn to Create Dazzling Abstract Art with Acrylic Pouring

by Marcy Ferro, Founder of Mixed Media Girl

Paint pouring is the hottest art-making trend, and in this fun guide, Marcy Ferro explains everything about this popular form. Learn how to create eye-catching color combos, manipulate pigment densities, set up a workspace, control your pours, and more. Ferro demonstrates techniques ranging from favorites such as the dirty pour and flip cup to novel ways of manipulating paint with a hair dryer or string. With Marcy's guidance, mesmerizing paintings are just a pour away!

MARCY FERRO is a full-time artist based in Los Angeles. She is the owner of a successful and growing YouTube channel, Mixed Media Girl. She is the author of the self-published *Mixed Media Girl's Tips for YouTube Success*.



ARTS & CRAFTS

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OCTOBER 2019

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Whimsical and Wild

by Jane Davenport

In the follow-up to her popular *Whimsical Girls*, Jane Davenport again offers her signature fanciful female figures, accompanied by a menagerie of animal friends: koalas, lions, birds, and more. Inspirational prompts and Jane's stunning illustrations accompany the journal pages, which are printed on a variety of fine-art papers, all perforated for easy display. Colorful collage papers and bonus stickers round out this gorgeous package.

JANE DAVENPORT is an internationally known artist and bestselling author who lives in Australia. She is the creative director for Jane Davenport Mixed Media art supplies, and through her bustling online art school, she expands on the techniques in her books and empowers women to be creative. Visit her at janedavenport.com.

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Fabulous Figures

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Whimsical Girls

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Imagine Out Loud

A Journal of Creative Discovery

by Jane Davenport

Today, women long to slow down and reflect on what is truly important—and journaling is a proven process for promoting well-being and sparking creativity. *Imagine Out Loud* combines Jane Davenport's inspirational artwork, trademark "Jane-isms," and quotations with compelling prompts. Readers will be moved to write, make lists, doodle, and draw. Designed to encourage introspection, *Imagine Out Loud* will be a constant companion in the search for personal fulfillment.



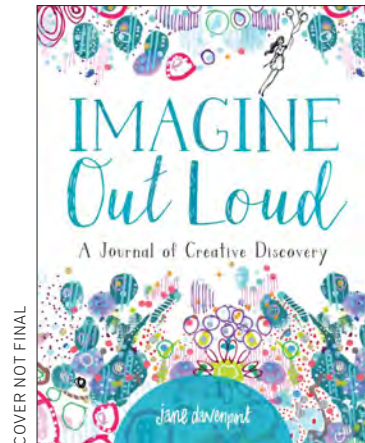
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OCTOBER 2019



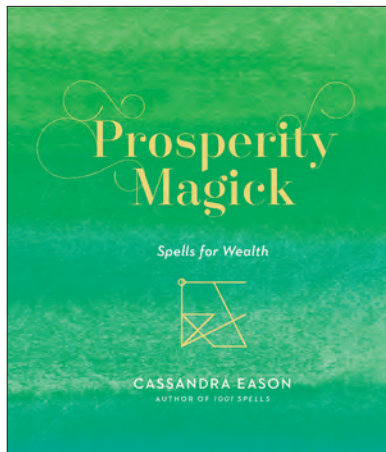
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OCTOBER 2019



BODY/MIND/SPIRIT



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Sterling Ethos

OCTOBER 2019

Prosperity Magick

Spells for Wealth

by Cassandra Eason, author of 1001 Spells

We all want the comfort of financial security—and this comprehensive compendium, with an encyclopedic variety of spells for wealth and prosperity, will help you achieve your goal. From getting a much-needed promotion to winning the lottery, from overcoming debt to avoiding costly scams, it tells you how to carry out each spell and the best time to cast it. Detailed Instructions guide you every step along the way.

CASSANDRA EASON is an international author and broadcaster, and a practicing solitary Druidess and white witch. Cassandra teaches and runs workshops in psychic development, magic, and witchcraft, all forms of divination, crystals, healing, aura and chakra work, and nature spirituality. She has written numerous books, including *The Complete Crystal Handbook* and *A Spell a Day* [both Sterling].

NEW IN SPRING 2019



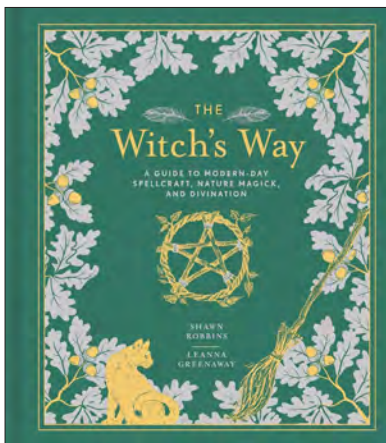
Love Magick

ISBN 9781454933489
\$16.95 • Hardcover
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ISBN 9781454933502
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ISBN 9781454930822 • \$14.95
Hardcover • 320 pages
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Sterling Ethos

OCTOBER 2019

The Witch's Way

A Guide to Modern-Day Spellcraft, Nature Magick, and Divination

by Shawn Robbins and Leanna Greenaway

With in-depth explorations of nature magick and divination, this follow-up to the wildly successful *Wiccapedia*, written by the authors of that book, is a must for Wiccans. It covers everything from different kinds of witches and their practices; cosmic helpers; enhancing your magick with color; developing your sixth sense; mastering tarot; psychic plant power, and much more. An appendix features frequently asked questions, and there's a four-color insert on pentacle magic!

SHAWN ROBBINS is the author or coauthor of five books, including *The Good Witch* [coauthor, Sterling], and *Wiccapedia* [coauthor, Sterling], which is used as a reference guide in many online Wicca schools. She has taught classes about herbs, health, and healing at the New York School of Occult Arts and lectures throughout the country on these subjects. She lives in New York City.

LEANNA GREENAWAY is a popular British clairvoyant who has appeared on TV and radio. She is the author or coauthor of numerous books, including *Wiccapedia* [coauthor], *Practical Spellcraft* [Hampson Roads], and *Simply Tarot* [Sterling/Zambezi], as well as a contributor to *UK Fate & Fortune Magazine*, where she has her own monthly column as their resident advice columnist/witch. She lives in the UK.

ALSO AVAILABLE



The Good Witch's Guide

ISBN 9781454919520
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5 ½ × 6 ½ • Territory: W



Wiccapedia

ISBN 9781454913740
\$14.95 • Hardcover
5 ½ × 6 ½ • Territory: W

BEST
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CULINARY



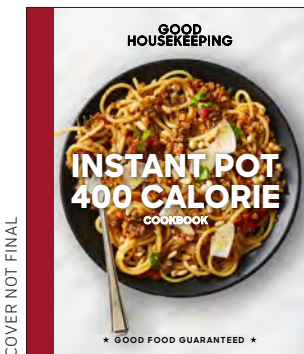
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OCTOBER 2019

5-Ingredient Vegan

175 Simple, Plant-Based Recipes for Delicious, Healthy Meals in Minutes
 by Nava Atlas, author of *Vegan Holiday Kitchen* and *Wild About Greens*

Solve the dilemma of planning meals that are healthy, tasty, and ready in half an hour. Vegan expert Nava Atlas has created super-simple plant-based recipes that use fresh produce, good-quality canned and frozen foods, whole grains, and timesaving off-the-shelf prepared sauces. With dishes like baked polenta fries, Coconut Sweet Potato Bisque, Salsa Verde Bean Burritos, and Chocolate Granola Clusters, this collection is a vegan feast!

One of the most respected names in vegetarian and vegan cooking, **NAVA ATLAS** has written 11 previous cookbooks. She is considered an expert in meat-free holiday fare, which is the most popular area of her website, VegKitchen.com.



CULINARY



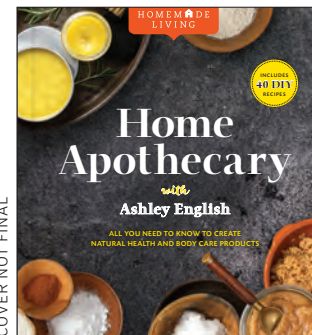
ISBN 9781618373120 • \$16.95
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OCTOBER 2019

Good Housekeeping Instant Pot®
 400-Calorie Cookbook

60 Healthy Recipes

by Susan Westmoreland and the Editors of Good Housekeeping

Who better than *Good Housekeeping* to explain the basics of the super-popular Instant Pot and present delicious recipes that satisfy our desire for easy healthy meals? This collection of 400-calorie recipes from the magazine's trusted Test Kitchen provides home cooks with mouthwatering comfort foods as Chili-Braised Beef with Noodles, Spicy Shrimp Creole, and Chicken Coconut Curry. Plus, the book includes valuable tips from the Good Housekeeping Test Kitchen for getting the most out of this miracle machine.



HEALTH



ISBN 9781454710745 • \$19.95
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Homemade Living:
 Home Apothecary with Ashley English

All You Need to Know to Create Natural Health and Body Care Products

by Ashley English

Ditch synthetic, store-bought health- and body-care products and create your own natural versions instead! This accessible, carefully curated collection from Ashley English features simple, tried-and-true recipes that she turns to again and again, from a rosemary and apple-cider vinegar hair rinse for dry scalp to a stress-relieving tincture of fresh lemon balm and roses. English also includes information on sourcing materials, the benefits of her ingredients, and safety tips.

ASHLEY ENGLISH has degrees in holistic nutrition and sociology. She has worked over the years with a number of nonprofit organizations committed to social and agricultural issues and writes regularly for the quarterly publication Taproot. She is the author of all four books in the *Homemade Living* series [*Canning and Preserving*, *Keeping Chickens*, *Keeping Bees*, *Home Dairy*]. Ashley lives in NC. Follow her adventures at smallmeasure.com.

The Complete Whiskey Course

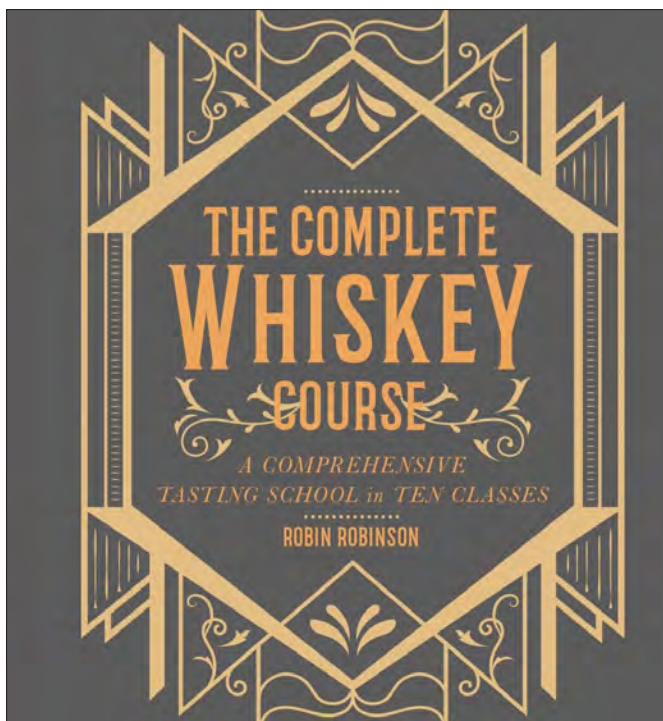
A Comprehensive Tasting School in Ten Classes

by Robin Robinson

Renowned whiskey educator Robin Robinson presents a global course on the ever-expanding world of whiskey, from American craft offerings and the Irish whiskey revival to the latest in Japanese, French, and even Indian whiskeys. Across ten robust “courses,” Robinson guides the whiskey enthusiast through the basics and beyond, including everything from history to production, aging, finishing, and tasting, as well as how to read a label, host a tasting, and build a collection. Organized by country or region, each “class” explores the brands, techniques, and backstories of the best whiskeys in the world. Thoroughly up-to-date, *The Complete Whiskey Course* is a one-stop reference for both newcomers and longtime fans of the “water of life.”

ROBIN ROBINSON is a renowned whiskey educator who created the popular *Whiskey Smackdown* series at the Astor Center in New York City. He has taught at the Culinary Institute of America and the Institute for Culinary Education, and given lectures and seminars at the American Distilling Institute, Bar Institute, and Tales of the Cocktail, among others. He has been featured in the pages of AlcoholProfessor.com, *Chicago Sun Times*, Playboy.com, VinePair.com, WhiskeyWash.com, and other publications. *Whisky* magazine awarded him a 2014 Icon of Whisky Award, their highest commendation for brand ambassadors. He lives in NJ.

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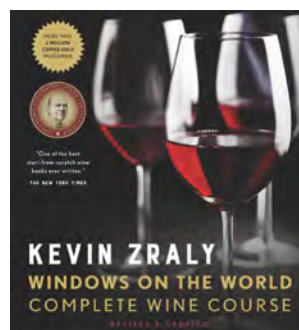


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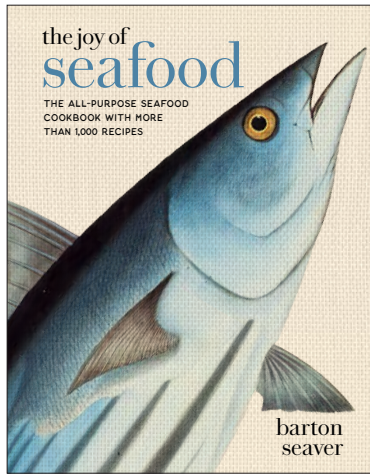
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OCTOBER 2019

The Joy of Seafood

The All-Purpose Seafood Cookbook with more than 1,000 Recipes

by Barton Seaver

With 1,000+ recipes, this exciting collection—which showcases fresh ingredients and culinary techniques such as roasting, grilling, poaching, and brining—will be the go-to source for decades to come. Inspired by American regional cuisine and classic preparations, and curated to give home cooks complete confidence, these thoroughly modern dishes include such crowd-pleasing fare as Barracuda Ceviche, Clam Risotto, Cod Cakes, and a Cajun Crawfish Boil, along with butters, marinades, vinaigrettes, sauces, spice mixes, chowders, stock, soups, and stews.

Before leaving the restaurant industry to pursue his interests in sustainable food systems, award-winning chef **BARTON SEAVER** created three top restaurants in Washington, DC. Since then, he has written several books on the topic of sustainable seafood and cookery, including *Where There's Smoke*, and *American Seafood*. Seaver is the contributing seafood editor at *Coastal Living* magazine, and he and his work have also been featured in *The New York Times*, *Cooking Light*, *O: The Oprah Magazine*, *Every Day with Rachael Ray*, *Martha Stewart's Whole Living*, the *Washington Post*, and *Fortune*, among many others. He has appeared on CNN, NPR, and *20/20*. Seaver was the host of the national television program *In Search of Food* on the Ovation Network and *Eat: The History of Food* on National Geographic TV.

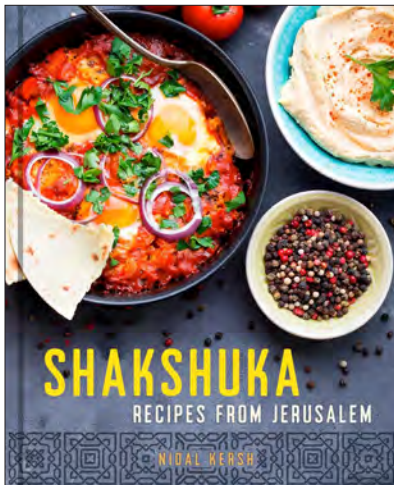
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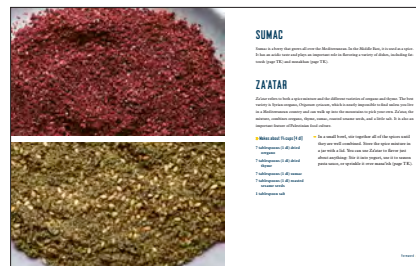
Shakshuka

Recipes from Jerusalem

by Nidal Kersh

In many ways, the North African dish shakshuka—which literally means to *mix* or to *shake up*—exemplifies the food that has emerged from Jerusalem's melting pot. *Shakshuka* celebrates a range of recipes from the region, from fattoush, falafel, and hummus to schnitzel, kebabs, mana'ish, and shawarma. Nidal Kersh provides intriguing personal and historical background, crucial for understanding Jerusalem's thriving food culture.

NIDAL KERSH was born in Sweden, and grew up in both Jerusalem and Stockholm. He is now the owner of Falafelbaren, Stockholm's first falafel restaurant. *Shakshuka* is his first book, and was published in Sweden before being translated and published by Sterling.



The Joker Psychology

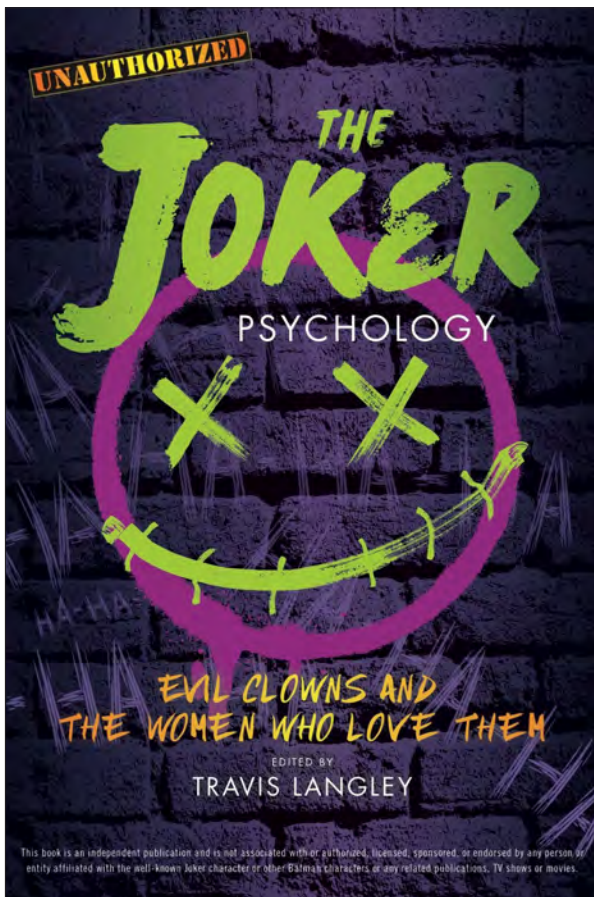
Evil Clowns and the Women Who Love Them

Edited by Travis Langley

Since he first fought Batman in 1940, The Joker has evolved into one of popular culture's most complex and confounding psychological creations: both a criminal mastermind and an unhinged psychopath now starring in his own film. In *The Joker Psychology: Evil Clowns and the Women Who Love Them*, Dr. Travis Langley, author of the bestselling *Batman and Psychology*, returns to Gotham City to explore the twisted psyche of this great supervillain, as well as the personalities who are inexorably drawn to it. Paying special attention to the strange dynamics of relationships like the one between The Joker and Harley Quinn, this collection of 15 chapters (including some very special interviews with the people who brought The Joker and Harley Quinn to life in comics and onscreen), this collection analyzes:

- Why a bright, laughing monster who looks like a clown could be the ultimate antagonist to a grim, brooding hero who looks like a monster.
- The relationship between a therapist and her patient—and what happens when a therapist crosses the line, as Harley Quinn does when she falls for The Joker.
- How a smart person could fall for the most dangerous of criminals.
- Why so many fans find Harley Quinn inspirational.
- How different kinds of therapy could (or could not) help twisted minds like Mister J and Harley Quinn.
- The development of a fictional character that so completely embodies psychopathy (including interviews with creators who have shaped The Joker's character over the years).

TRAVIS LANGLEY, PHD, authored the acclaimed book *Batman and Psychology: A Dark and Stormy Knight* (Wiley; Turner Publishing). He is the series editor for the Popular Culture Psychology series, including *The Walking Dead Psychology: Psych of the Living Dead*, *Wonder Woman Psychology: Lassoing the Truth*, and *Captain America Vs. Iron Man: Freedom, Security, Psychology* (with foreword by Stan Lee) along with looks at *Star Wars*, *Star Trek*, *Game of Thrones*, *Supernatural*, *Doctor Who*, *Daredevil*, *Westworld*, and more. A distinguished professor of psychology at Henderson State University, he teaches on the psychology of crime, mental illness, media, and social behavior. He lives in AR.



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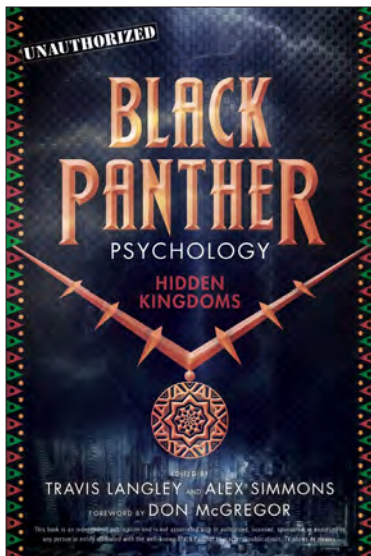


ISBN 9781454935421 • \$14.95
 Paperback • 304 pages (b/w illus. throughout)
 6 × 9 • Territory: W • Sterling

OCTOBER 2019

KEY SELLING POINTS

- The Joker movie will be released in October 2019
- This book will be a return to form for Travis Langley, who became known for his first book, *Batman and Psychology* (Wiley)
- Travis Langley is a tireless promoter for the series via pop-culture conventions and social media; he has over 120,000 Twitter followers @superherologist.
- Travis is a regular speaker on psychology and pop culture and participates in over a dozen fan conventions annually including San Diego Comic-Con, New York Comic Con, and WonderCon.
- He has been interviewed by hundreds of outlets including CNN, Huffington Post, Newsmax, MTV, WGN, and the CW



GENERAL NONFICTION



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JUNE 2019

Black Panther Psychology

Hidden Kingdoms

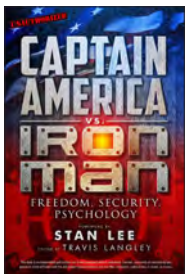
*Edited by Travis Langley and Alex Simmons,
 Foreword by Don McGregor*

Black Panther was one of the most popular comic book movies of all time, with a deeply human story that explored universal hopes and values. Dr. Travis Langley brings together a variety of experts to examine the titular character in the film and throughout his rich comic book history. Among the topics they explore:

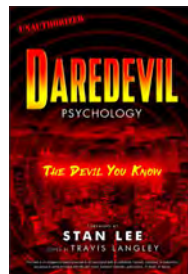
- Cultural differences
- Balancing individual and collective identity
- Isolationism and its consequences
- Family bonds and intergenerational trauma
- Gender issues, including masculine rivalry and women in combat
- Why this kind of hero is important to us all

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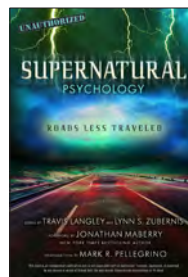
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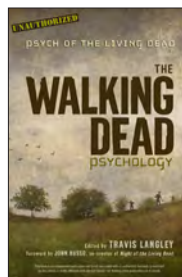
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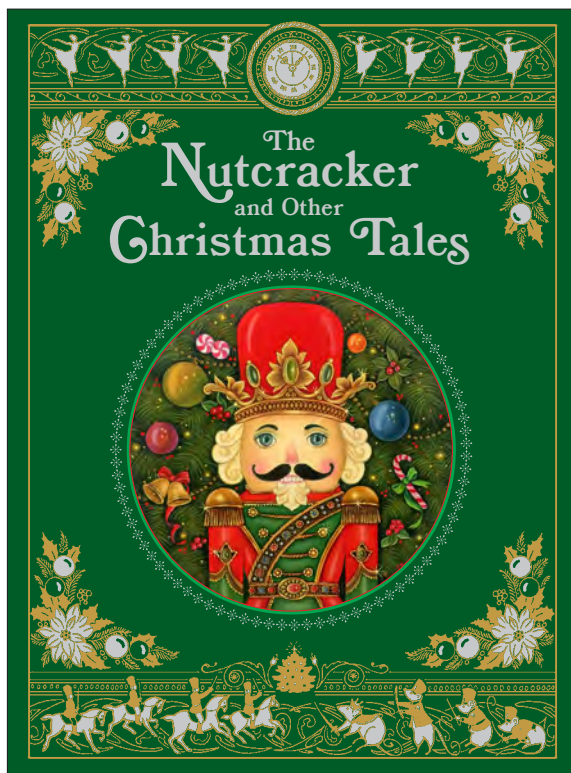
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LITERATURE



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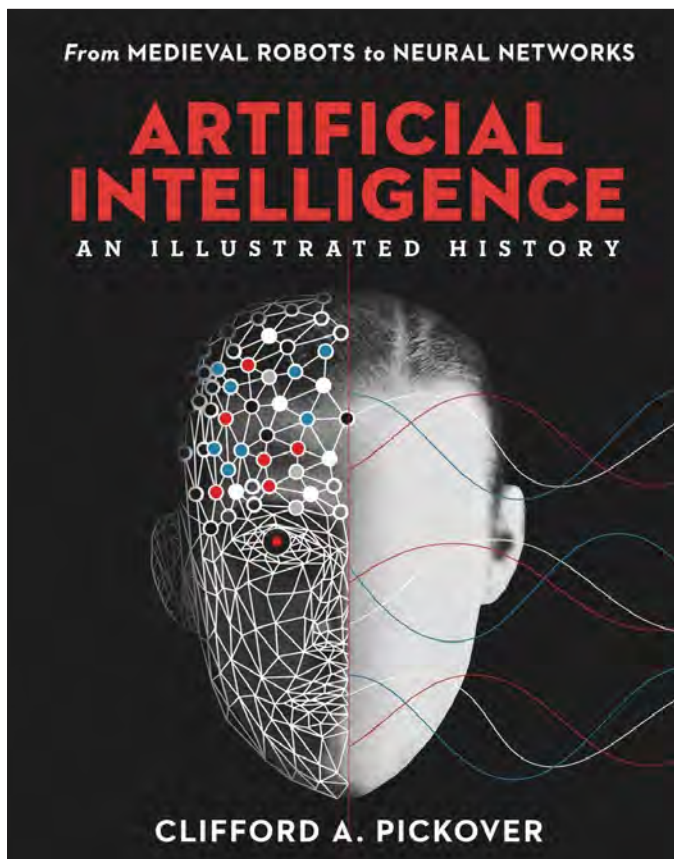
The Nutcracker and Other Christmas Tales

[Barnes & Noble Collectible Editions]

Let the holiday revelry begin with *The Nutcracker and Other Christmas Tales*, a deluxe treasury that celebrates the Christmas season and the warm tidings that we associate with it. It features 10 heartwarming holiday stories including the title tale, Alexander Dumas's renowned rendering of the E. T. A. Hoffmann original that inspired the beloved ballet. The contents also includes works by Louisa May Alcott, L. M. Montgomery, Kate Douglas Wiggin, and L. Frank Baum, as well as the full text of Charles Dickens's classic *A Christmas Carol*, which helped to establish the Christmas holiday as we celebrate it today. The entire book features full-color artwork from the Golden Age of Illustration.

In addition, the collection includes a dozen poems, led by Clement Clark Moore's famous account of the night before Christmas, "A Visit from St. Nicholas."

The Nutcracker and Other Christmas Tales is one of Barnes & Noble's Collectible Editions classics. Each volume features authoritative texts by the world's greatest authors in an exquisitely designed bonded-leather binding, with distinctive gilt edging and a ribbon bookmark. Decorative, durable, and collectible, these books offer hours of pleasure to readers young and old and are an indispensable cornerstone for every home library.



SCIENCE & NATURE



ISBN 9781454933595 • \$24.95 • Hardcover
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OCTOBER 2019

Artificial Intelligence:
 An Illustrated History

From Medieval Robots to Neural Networks

by Clifford A. Pickover

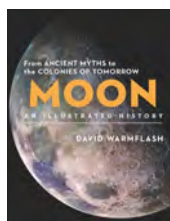
From medieval robots and Boolean algebra to artificial neural networks and adversarial patches, this fascinating illustrated history takes readers from past to present in the world of artificial intelligence. Across 100 illustrated entries on computing, medicine, and mythology, as well as on the threat to humanity should AI grow out of control, award-winning science author Clifford A. Pickover takes readers on a fascinating journey of how “AI” developed, where it’s going, and how it’s being adopted in popular culture.

CLIFFORD A. PICKOVER has published more than 50 books, translated into a dozen languages, on topics ranging from science and mathematics to religion, art, and history. He received his PhD from Yale University and has been granted more than 400 US patents. Pickover has more than 28,000 Twitter followers and three million tweet-views a month. His book, *The Math Book*, won the Neumann Prize, awarded every two years for the best book on the history of mathematics aimed at a broad audience. His other books include *The Physics Book* and *Death & the Afterlife*.

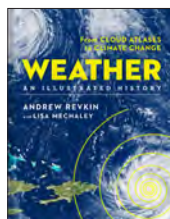
KEY SELLING POINTS

- Artificial intelligence is one of the hottest topics in popular science at the moment
- Pickover’s other Sterling titles *The Math Book* and *The Physics Book* have nearly 200,000 combined copies in print
- Subjects range from myths of ancient golems to genetic algorithms, and the ethical use of AI
- Stunning four-color treatment makes this an ideal gift for anyone with an interest in sci-fi, technology, and history
- Clifford Pickover is a respected author with a large following on Twitter and popular-science blogs

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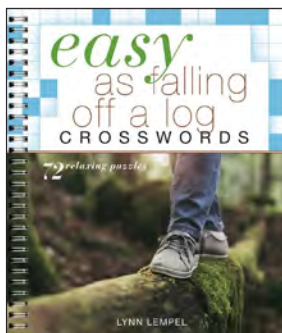
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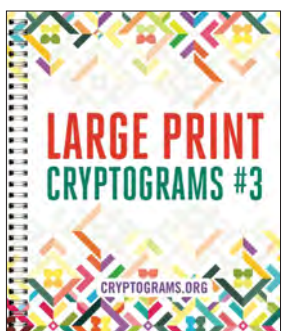


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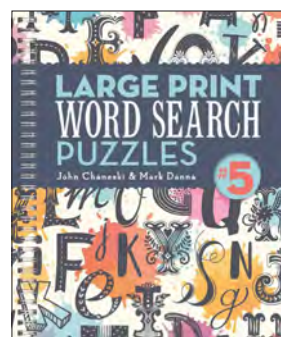


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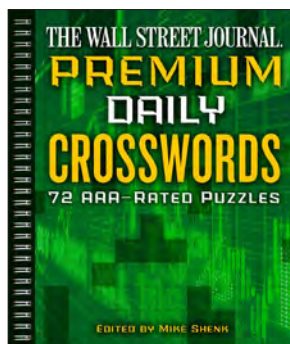


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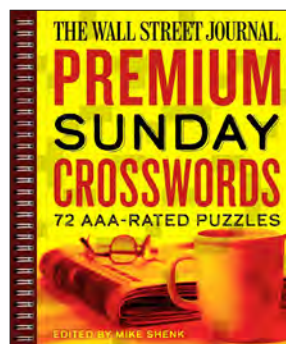


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The Wall Street Journal Premium Sunday Crosswords

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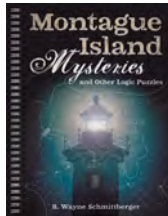
**Return to Montague Island:
 More Mysteries and Logic Puzzles**

by R. Wayne Schmittberger

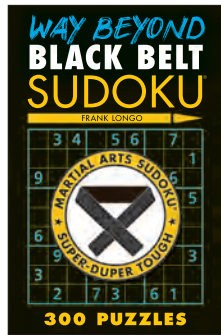
This entertaining sequel to the popular *Montague Island Mysteries* once again follows a storyline about a group of friends who meet to play murder-mystery games at an island mansion. The fun begins when Gordon Montague receives a mysterious package with a coded message, and the drama plays out over multiple puzzle-solving gatherings.

R. WAYNE SCHMITTBERGER was the editor of *Games* magazine for many years. He lives in Holland, PA.

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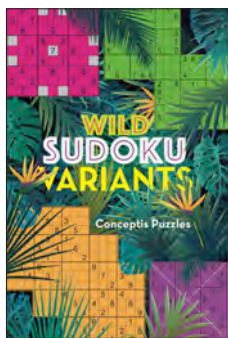
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by Frank Longo

With every puzzle requiring upper-level strategies, this collection packs even more of a punch than *Beyond Black Belt Sudoku*. You'll encounter common advanced techniques with curious-sounding names like Sashimi X-Wing, Swordfish, and Gordonian Polygon, as well as some tricky new things, including Grouped X-Cycle and 3D Medusa. The puzzles grow increasingly difficult as the book goes along, from “pretty darn hard” to “excruciating.”

FRANK LONGO is a freelance puzzle creator living in Hoboken, NJ. He has had over 2,000 puzzles published since 1993. Longo has written many books for Sterling, such as *Hip Pocket Sudoku*, *Master Ninja Sudoku*, *Sudoku to Exercise Your Mind*, and *Beyond Black Belt Sudoku*, as well as many crossword books. His books have combined sales of more than five million copies.



PUZZLES & GAMES



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Sudoku took the puzzle world by storm, but some fans have grown a bit bored with the constant repetition of 1 through 9 and 3×3 boxes. With variations such as overlapping and oversize grids, diagonals, shaded squares, and more, these puzzles bend the rules and bring something new to the game. Each gem is like a crazy cousin of standard sudoku—and solvers will be overjoyed to join the family reunion.

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Doodle Stitching: Embroidery Art

20 Inspiring Projects & Design Ideas

by Aimee Ray

Aimee Ray has fresh, fun, and exciting ideas to bring your embroidery to the next level. Learn how to make bold palettes with tinting techniques; transfer photos to create realistic portraits; stitch a crystal or birthstone onto fabric; and more. Each design concept and project comes complete with templates, stitch guides, and step-by-step instructions—and beginners will welcome the illustrated stitch library and overview of the basics.

AIMEE RAY's books include *Doodle Stitching: The Motif Collection*, *Doodle Stitching: Embroidery & Beyond*, and *Doodle Stitching Transfer Pack*, as well as *Embroidered Woodland Creatures* and *Patchwork Embroidery* [all Lark]. Aimee resides in Fayetteville, AR, with her husband and two children. Website: little-dear.com.



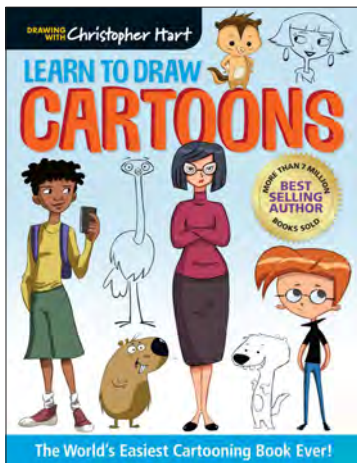
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 Drawing with Christopher Hart

NOVEMBER 2019

Learn to Draw Cartoons

The World's Easiest Cartooning Book Ever!

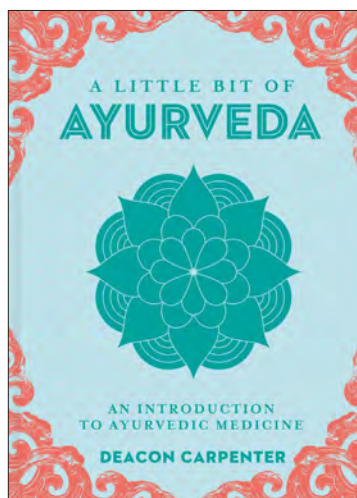
by Christopher Hart

Thanks to Christopher Hart's simplified process, anyone can create dynamic cartoon characters right away. He has developed the easiest-ever approach to drawing the basics like heads, bodies, and those super-important cartoon expressions. Hart helps beginners apply these fundamentals to a variety of fun types and settings including animals, under-the-sea locales, stock characters, and popular backgrounds. Each lesson is laid out in accessible steps, accompanied by Chris's personable instruction.

With more than seven million copies of his books in print, **CHRISTOPHER HART** is the world's leading author of art instruction books. His titles frequently appear on the Bookscan Top 50 Art list. They also have a huge international audience, having been translated into more than 20 languages. In his more than 50 titles, he offers artists accessible, generously illustrated, and clearly written step-by-step instruction on a wide variety of how-to-draw subjects, including manga, figure drawing, cartooning, comics, fashion, and animals.

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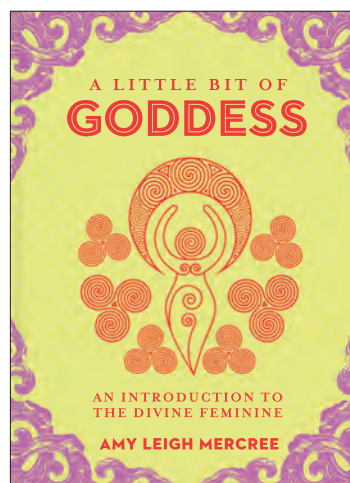


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A Little Bit of Ayurveda

An Introduction to Ayurvedic Medicine

by Deacon Carpenter

Ayurveda lets patients control their health by focusing on prevention, not medical intervention. *A Little Bit of Ayurveda* introduces the history, philosophy, and practical application of this ancient system: its influence on Eastern and Western medicines; the “five-element theory” and doshas; and practices like yoga, seasonal eating, and dry brushing that maintain balance. A quiz provides a complete Ayurvedic self-evaluation . . . and starts you on the path to wellness!

At 16 years old, chronic illness and obesity led **DEACON CARPENTER** to a local Ayurvedic doctor—and eventually to pursue Ayurvedic studies at the Maharishi University of Management. After obtaining his certification as a Clinical Ayurvedic Specialist, he established a practice in Sonoma. He continues to teach at Maharishi University of Management, where he has been a guest faculty member, adjunct professor, and co-creator of MUM’s MS in Maharishi Ayurveda & integrative medicine. Deacon is the owner of YogaONE studio and Director of Well Sonoma, an integrative medical clinic based in Santa Rosa, CA.

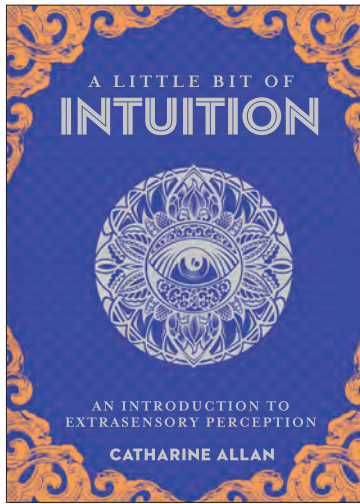
A Little Bit of Goddess

An Introduction to the Divine Feminine

by Amy Leigh Mercree

From seasonal celebrations to miracles and rebirth, discover the divine feminine. This introduction to the goddess explores her power, magic, and rituals, along with the Maiden, Mother, and Wise Woman archetypes, the SHE of clay and stars, and goddess meditations for love, success, wealth, health, creativity, and more. Enter the inner temple, pore through a Goddess Directory, and see how to become part of the Goddess Community.

AMY LEIGH MERCREE is the bestselling author of six books including *The Compassion Revolution: 30 Days of Living from the Heart* (Llewellyn) and *A Little Bit of Meditation: An Introduction to Mindfulness* (Sterling). She also coauthored *A Little Bit of Chakras: An Introduction to Energy Healing*, *The Essential Oils Handbook*, and *The Apple Cider Vinegar Handbook* (all Sterling). Amy lives in Naples, FL.

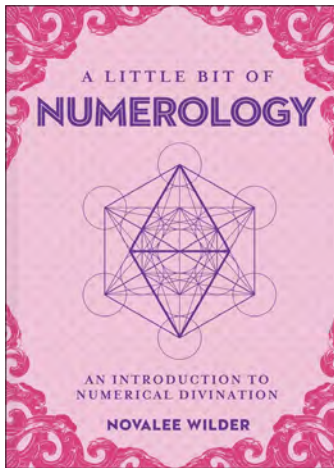


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A Little Bit of Intuition

An Introduction to Extrasensory Perception

by Catharine Allan

Intuition is something we're all born with and use every day. But generally, it's not consciously explored and strengthened like a muscle. But with the right work, we all can increase our intuitive ability. This fascinating introduction guides you, with the help of real-life examples from over two decades as a spiritual life coach, how to listen to your intuition, act upon it, and discover the resulting flow and magic that comes from living life intuitively.

A Little Bit of Numerology

An Introduction to Numerical Divination

by Novalee Wilder

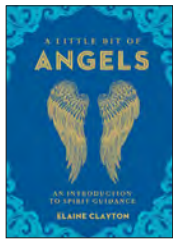
Through numerology, you can uncover the inner and outer forces that shape your life. Novalee Wilder gives an overview of this ancient esoteric system, providing a step-by-step guide to calculating your essence with the numbers 1 through 9 and using the results to explore your personality, understand life lessons, and set goals. Wilder also discusses name vibrations, the Numeroscope, understanding others through numerology (using famous figures as examples), and applying numerology to daily life.

NOVALEE WILDER is an actress and artist turned numerologist and writer. Originally from Copenhagen, she now works with individual and corporate clients from all over the world. She lives in Astoria, NY.

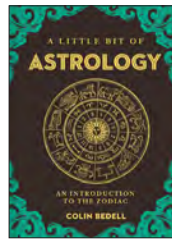
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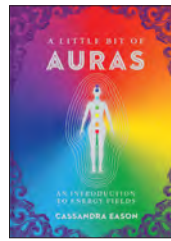
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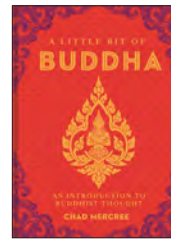
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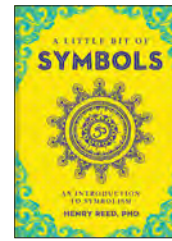
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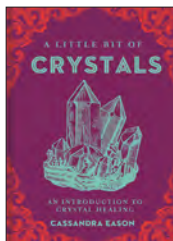
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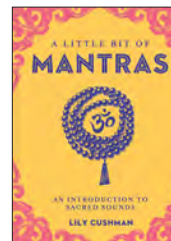
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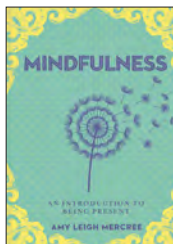
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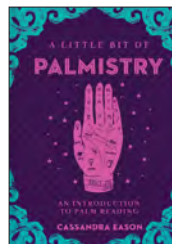
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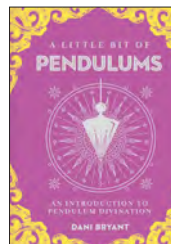
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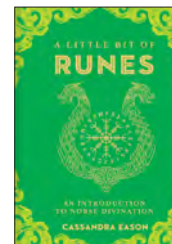
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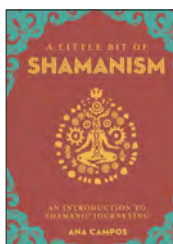
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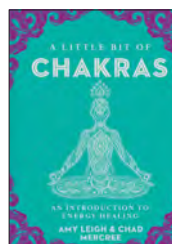
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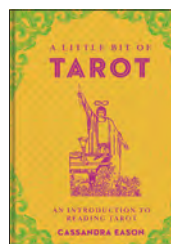
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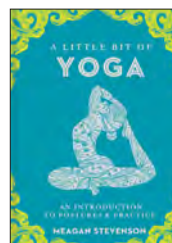
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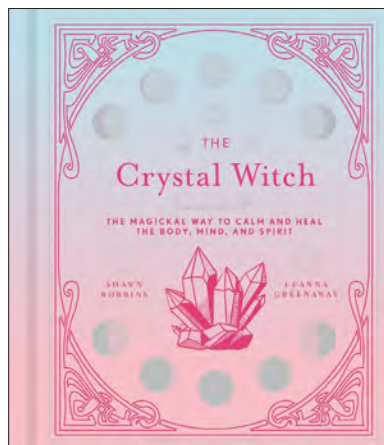


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The Crystal Journal

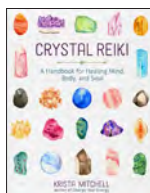
by Krista Mitchell, author of Crystal Reiki

Whether it's meditating on the healing powers of rose quartz or opening your third-eye chakra with amethyst, this journal provides tools for a weekly practice. Written by Krista N. Mitchell, it explores 52 crystals, with descriptions, watercolor illustrations by Caroline Casey, and a ritual for focusing that crystal's energy. Organized according to the benefits of each stone, and with write-ins and suggestions for introspection, *Crystal Journal* is both a practical and lovely resource.

KRISTA N. MITCHELL is one of the world's best-known crystal therapists and a counsel to leading figures in the arts, television, film, and fashion. Her practice has been mentioned in *Vanity Fair*, *Elle*, *New York Magazine*, *Nylon*, and *Today.com*. Learn more about her work at krista-mitchell.com. Follow @thekristamitchell on Pinterest, Facebook, and Instagram, and watch her Crystal Education Series free on her YouTube channel. She lives in Toronto.

KEY SELLING POINTS

- Author is a noted expert on crystal healing, and her two books with Sterling have more than 25,000 copies in print
- Author promotes actively on social media with videos, classes, and other material that appeals to her highly engaged audience (over 10,000 likes on Facebook and 7,000+ followers on Instagram)
- Featuring rose-gold foil, a ribbon marker, and watercolor illustrations, this gorgeous package makes a perfect keepsake



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Crystal Reiki
 ISBN 9781454930259 • \$16.95
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Crystal Witch

The Magickal Way to Calm and Heal the Body, Mind, and Spirit

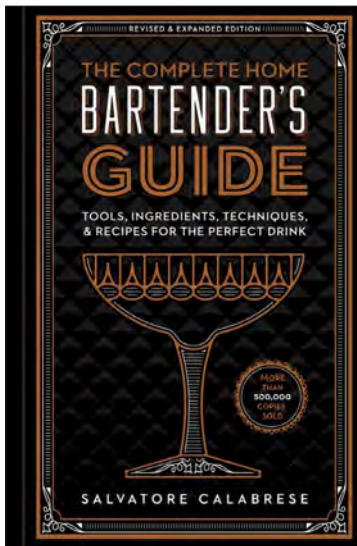
by Shawn Robbins and Leanna Greenaway

In this addition to the wildly successful *Modern Witch* series, Shawn Robbins and Leanna Greenaway offer an in-depth guide on crystal magick, explaining how it works; how to choose magickal stones; and how to care for and charge them. There's information on crystal circles, wands, and sabbats; an A-Z list of the most commonly used crystals and their properties; and spells for everything from healing to protection to divination.

SHAWN ROBBINS is the author or coauthor of five books, including Sterling's successful *The Good Witch* [coauthor], *Wiccapedia* [coauthor], which is now used as a reference guide in many online Wicca schools, and the *Wiccapedia Journal*. She has taught classes about herbs, health, and healing at the New York School of Occult Arts and lectures extensively throughout the country on these subjects.

LEANNA GREENAWAY is a popular British clairvoyant who has appeared on TV and radio. She is the author or coauthor of numerous books, including *Wiccapedia* [coauthor], as well as a contributor to the popular UK *Fate & Fortune Magazine*, where she has her own monthly column as their resident advice columnist/witch.

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The Complete Home Bartender's Guide

Tools, Ingredients, Techniques, & Recipes
for the Perfect Drink



by Salvatore Calabrese

Sharpen your drink skills with the world's bestselling cocktail book—now thoroughly redesigned. From tips on setting up your home bar and planning a successful cocktail party to choosing the right glass and creating eye-catching garnishes, *The Complete Home Bartender's Guide* has it all. Written by legendary bartender Salvatore Calabrese, it covers all the classics, as well as new developments in the cocktail world.

SALVATORE CALABRESE is the bestselling author of 10 books and a past president of the UK Bartenders' Guild. He has received the Tales of the Cocktail Helen David Lifetime Achievement Award and the Imbibe Industry Legend Award. He consults for select brands and judges cocktail competitions internationally. He lives in London with his wife and has three children and one grandson.



NEW IN SPRING 2019



Hair of the Dog
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Good Housekeeping Chicken!

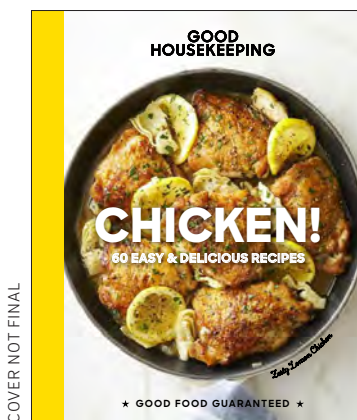
60 Delicious Recipes

by Susan Westmoreland and the Editors of Good Housekeeping

However you prepare it, chicken always pleases—especially with these delicious tried-and-true recipes developed by the famed Good Housekeeping Test Kitchen. There are recipes for every cut of meat from thighs to breasts, quarters to wings. Plus, we've included our perfect method of roasting the whole bird! You'll enjoy tasty dishes from classic Coq au Vin to Spicy Miso Chicken Stir-Fry and Moroccan Olive and Orange Chicken.

GOOD HOUSEKEEPING [goodhousekeeping.com] is a leading lifestyle media brand inspiring a monthly audience of 30+ million readers to discover genius innovations, delicious ideas, style-savvy trends, compelling news, and best-in-class products for their homes, families, and themselves. The Good Housekeeping Institute's state-of-the-art labs combined with *Good Housekeeping's* seasoned editorial talent and renowned test kitchen is unparalleled. In addition to its US flagship, *Good Housekeeping* publishes five editions around the world.

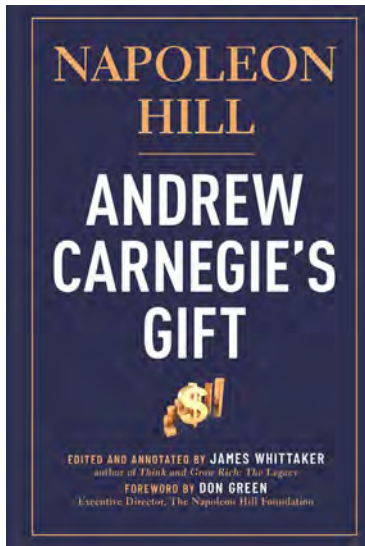
SUSAN WESTMORELAND is Culinary Director of *Good Housekeeping*. She lives in Brooklyn, NY.



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Andrew Carnegie's Gift

by Napoleon Hill;

Edited and annotated by James Whittaker, author of *Think and Grow Rich: The Legacy*; foreword by Don Green, Executive Director, The Napoleon Hill Foundation

When Andrew Carnegie laid out his principles of success to young Napoleon Hill, he inspired Hill to expand on that philosophy, leading to the bestselling *Think and Grow Rich* and a series of motivational pamphlets. Now, the Napoleon Hill Foundation has selected three principles from those booklets for elaboration: Self-Discipline, Learning from Defeat, and the Golden Rule. Each chapter draws upon Carnegie's advice as inspiration, explaining why they are essential for prospering.

NAPOLEON HILL was an American author and entrepreneur best known for *Think and Grow Rich*, published in 1937, which has become one of the bestselling books of all time. His teachings have gone on to influence entire generations of success seekers, setting the standard for the foundations of today's motivational thinking.

JAMES WHITTAKER is the bestselling author of *Think and Grow Rich: The Legacy*, the official companion to the multimillion-dollar film based on Napoleon Hill's timeless classic. His first book, *The Beginner's Guide to Wealth*, was named book of the month by *Money Magazine*. He has been interviewed extensively for television, print, and digital media around the world, including *The Today Show*, *Success Magazine*, and *The Sydney Morning Herald*. James lives in LA.



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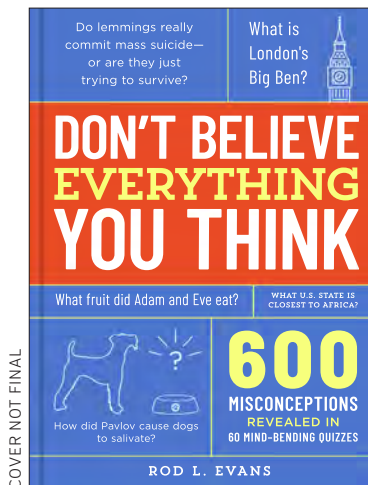
Don't Believe Everything You Think

600 Misconceptions Revealed in 60 Mind-Bending Quizzes

by Rod L. Evans, PhD

Do you believe that moths destroy clothes? Or that Pavlov used a bell to make dogs salivate? You're wrong—but you're not alone! *Don't Believe Everything You Think* debunks 600 commonly held beliefs, from how mobile homes got their name to whether there are more trees on earth than stars in the Milky Way. It will appeal to fans of trivia, popular culture, conspiracy theorists, and anyone who enjoys being entertained, surprised, and proving other people wrong.

ROD L. EVANS holds a doctorate in philosophy from the University of Virginia. He won two teaching awards from Old Dominion University, and has written 18 books, 12 of which concern the English language. He has been interviewed well over 100 times for various radio shows, and his books have been reviewed by the *Washington Post* and *The New York Times*. He has received forewords to his prior books from Isaac Asimov, Steve Allen, William F. Buckley, and Betty White, and endorsements from Charlton Heston, Alex Haley, Milton Friedman, and Ken Jennings, among others.

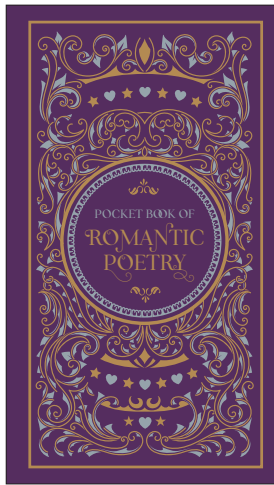


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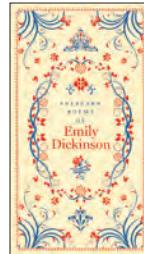


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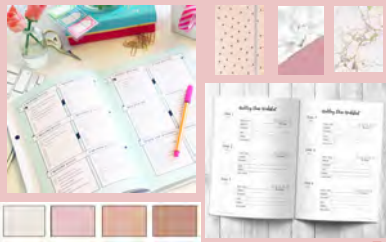
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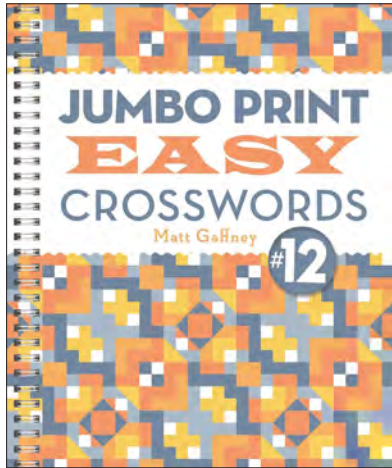


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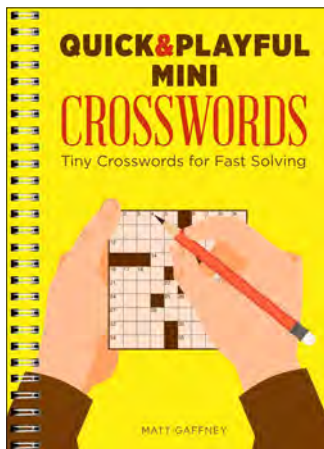


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MATT GAFFNEY runs a popular weekly crossword contest online. He also writes a crossword for every issue of *New York* and *The Week* magazines. He lives in Staunton, VA.

Quick & Playful Mini Crosswords

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by Matt Gaffney

Mini crosswords, mini themes . . . and maximum enjoyment! When you can't get involved in solving a lengthy, challenging puzzle, these tiny crosswords provide a perfect brief brain workout. Created by a top-notch constructor with just the right amount of challenge, they're proof that bigger isn't necessarily better!



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Cosmo’s Love Potions

by *The Editors of Cosmopolitan*

Now the authority on love and sex has created the perfect collection of potions designed to enhance romance: crystal tonics, essential oils, perfumes, gem waters, elixirs, teas, bath bombs, and even witchcraft wines. Each concoction is created with a specific goal in mind, and an incantation accompanies each recipe. A basic introduction covers crafting potions, setting up an altar, popular potion ingredients, and more.

VALERIA RUELAS is the professional bruja, tarot reader, and spiritual guide behind *The Mexican Witch*. She has 25,000 followers on Instagram (@themexicanwitch). Valeria lives in New Orleans.

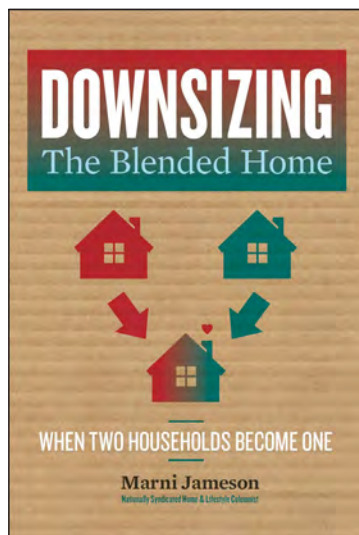
Cosmo’s Love Spells

by *The Editors of Cosmopolitan*

Love isn’t always easy—but, by simply providing simple and effective spells, *Cosmopolitan* can help you find a clearer path to navigate your amorous adventures. These powerful incantations include charms for turning lust into love, recovering from a bad breakup, or increasing intimacy between you and your bae in the bedroom. You’ll also learn how to craft your own spells, set up an altar, source popular spell ingredients, and more.

SHAWN ENGEL is the brand strategist, spiritual mentor, and blogger behind *Witchy Wisdoms*. She has 20,000 followers on Instagram (@witchywisdoms). Shawn lives in New York City.

COSMOPOLITAN is the lifestyle brand for millions of fun, fearless females who want to be the best they can be in every area of their lives. *Cosmopolitan* inspires with information on relationships and romance, the best in fashion and beauty, the latest on women’s health and well-being, as well as what’s happening in pop culture and entertainment. A brand with international clout, *Cosmopolitan* has 64 international editions, is published in 35 languages, and is distributed in more than 100 countries, making it one of the most dynamic brands on the planet.



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DECEMBER 2019

Downsizing the Blended Home

When Two Households Become One

by Marni Jameson, nationally syndicated home & lifestyle columnist

When merging households, one plus one needs to equal . . . one. With the same warm tone that made *Downsizing the Family Home* such a success, Marni Jameson goes through the turf wars and transitions new couples encounter, helping them figure out what to keep, discard, and create together. She interviews psychologists, designers, and those who have made it through the process, passing along tips, tricks, and marriage-bolstering advice.

MARNI JAMESON is one of America's most-loved home and lifestyle columnists. Her humorous and helpful column appears in 25 papers nationwide, reaching 7 million readers each week. She has written for many magazines, including *Woman's Day* and *Family Circle*, and major metropolitan newspapers. A frequent guest on local and national TV and radio, Jameson has appeared on a wide range of programs, including *NBC Nightly News*, *Martha Stewart Living*, and *Fox and Friends*. She lives in Winter Park, FL. Website: marnijameson.com. Twitter: @marniathome and @marnionhealth

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LITERATURE



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DECEMBER 2019

War and Peace [Barnes & Noble Collectible Editions]

by Leo Tolstoy

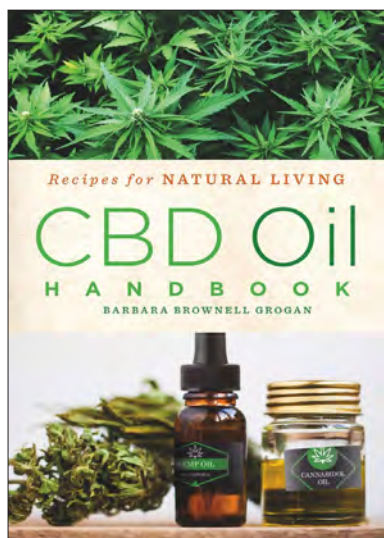
When Napoleon invades Russia in 1812 it forever changes those engulfed by the violence. Although told on a panoramic scale, *War and Peace* explores how the chaos of battle, the horror of death and bloodshed, and the expression of love and valor affect the personal lives of three principal characters: the courageous Prince Andrei Bolkonsky, the idealistic Pierre Bezukhov, and the nobly born beauty Natasha Rostov.

2019 is the 150th anniversary of the complete publication of *War and Peace*.



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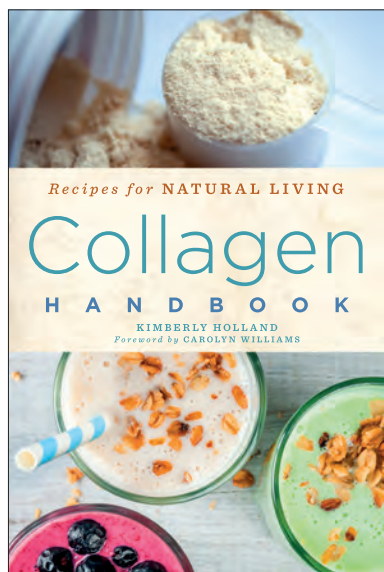
CBD Oil Handbook

Recipes for Natural Living

by Barbara Brownell Grogan

This essential reference to hemp-based cannabidiol [CBD] oil, a non-psychoactive compound found in cannabis, breaks down fact from fiction and provides practical, easy-to-understand information on CBD's medicinal benefits. Learn the history of the cannabis plant, how hemp cannabis differs from marijuana, and how to buy, store, and employ it safely. Forty recipes will help you incorporate CBD into your daily routine, and you'll find strategies for treating common ailments such as anxiety, depression, stress, pain, and insomnia.

BARBARA BROWNELL GROGAN, principal for Rivanna Publishing Ventures, is former editor-in-chief of National Geographic Books and a certified health coach through New York's Institute for Integrative Nutrition. At National Geographic she developed the health line of reference books. She is coauthor of *500 Time-Tested Home Remedies and the Science Behind Them* and editor of USDA's *Guide to Infant Nutrition*, 2018. Barbara and a team of health writers post a monthly column, *The Remedy Chicks*, at everydayhealth.com.



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HEALTH



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JANUARY 2020

Collagen Handbook

Recipes for Natural Living

by Kimberly Holland

Collagen has become an increasingly popular ingredient in everyday wellness routines—but what exactly is it? This ultimate, must-have guide to choosing and using collagen explains it all. Featuring 40 recipes, it will help those looking to rejuvenate their skin, improve gut health, ease arthritis symptoms, ward off degeneration, and relieve many other conditions. Other topics discussed here include the difference between collagen and gelatin; the various sources of collagen; and the status of collagen and FDA testing.

ALSO AVAILABLE



Apple Cider Vinegar Handbook

ISBN 9781454928973
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Essential Oils Handbook

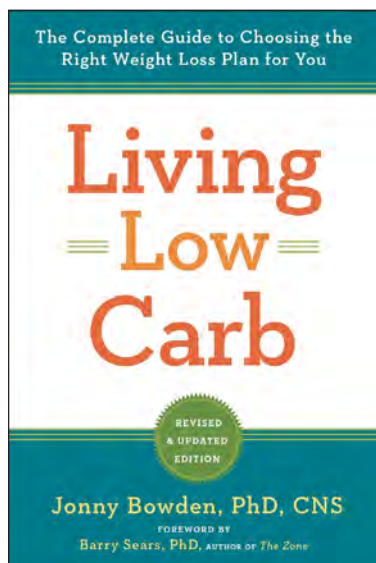
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Healing Herbs Handbook

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HEALTH



ISBN 9781454935049 • \$16.95
 Paperback • 352 pages
 6 × 9 • Territory: WENG • Sterling

JANUARY 2020

Living Low Carb: Revised & Updated Edition

The Complete Guide to Choosing the Right Weight Loss Plan for You

by Jonny Bowden



With dieters embracing low-carb eating, this updated edition of Jonny Bowden's bestseller perfectly reflects today's choices. *Living Low Carb* focuses on five major diets—Keto, Atkins, Mediterranean, Paleo, and Zone-type diets—and explores the latest scientific discoveries on the microbiome, brain chemistry, appetite, sugar addiction, and more. New tips, tricks, and sidebars, and especially Bowden's candid evaluations of the most popular low-carb programs, enable readers to customize their own plan for long-term weight loss and well-being.

JONNY BOWDEN, PHD, CNS is a board-certified nutritionist and a nationally known expert on weight loss, nutrition, and health. He's the health columnist for *Forbes* online, a member of the Editorial Advisory Board of *Men's Health*, and a blogger for America Online and the Huffington Post. He's author of seven acclaimed books, including the bestselling *The 150 Healthiest Foods on Earth*, *The Most Effective Natural Cures on Earth*, and *The 150 Most Effective Ways to Boost Your Energy*, and his articles have been featured in more than 50 magazines and newspapers, from *The New York Times* to *US Weekly*. He's appeared as a nutrition expert on CNN, Fox News, MSNBC, ABC-TV, NBC-TV, CBS-TV, *Martha Stewart Living*, and *Oprah and Friends*. Visit him at jonnybowden.com.

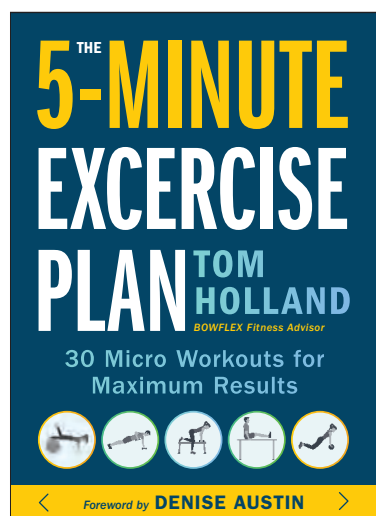
The 5-Minute Exercise Plan

30 Micro Workouts for Maximum Results

by Tom Holland, Bowflex® Fitness Advisor, Foreword by Denise Austin

Scientific studies prove that exercising for five minutes six times a day is as effective as exercising for half an hour once a day. Fitness guru Tom Holland calls this strategy excessive moderation: focus on quality and consistency to make what you love the theme of your workout, while also challenging yourself. This book—which features routines for every level—shows you how to do just that. It's motivating yet manageable, challenging yet fun . . . and it works!

As chief fitness officer for Nautilus, Inc. (Bowflex and Schwinn), **TOM HOLLAND** helps design and market new products. He hosts weekly fitness videos online, and has participated in numerous bestselling fitness DVDs, including *The Abs Diet Workout* and *Supreme 90 Day*, which have sold more than one million copies. He has made more than 100 TV appearances, including on *Anderson Cooper*, *CNN Headline News*, *Good Morning America*, HLN, Home Shopping Network, QVC, and *Today*. He frequently guests on ESPN, Sirius Radio, NBC, and Bloomberg radio, as well as the *Wall Street Journal* and Yahoo video channels. He is a celebrity ambassador for Core Hydration, ElliptiGO, Sportwater, Vega Sports Nutrition, and other health and wellness companies. He lives in Darien, CT.



HEALTH



ISBN 9781454934295 • \$22.95
 Paperback • 224 pages (all in 2-color)
 6 ½ × 9 • Territory: W • Sterling

JANUARY 2020

Smart Plants

Power Foods for Optimized Thinking, Focus & Memory

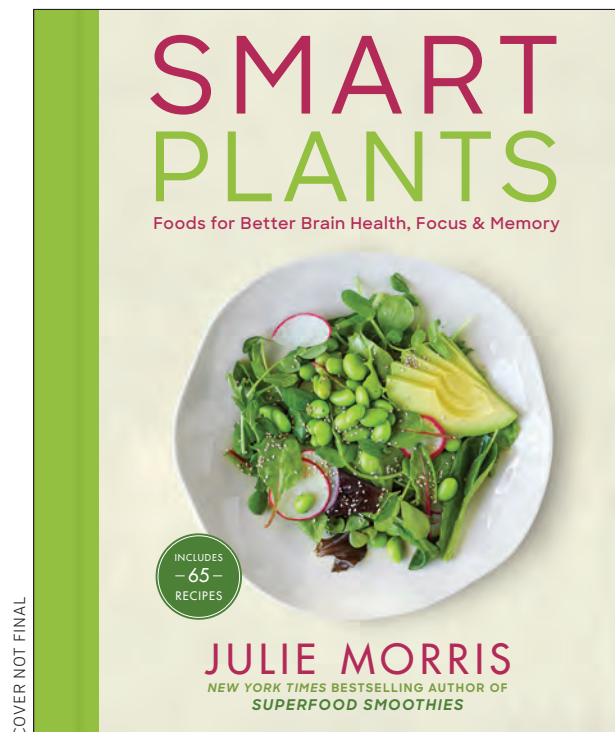
by Julie Morris, New York Times bestselling author of Superfood Smoothies

Smart Plants offers a practical strategy for optimizing brain health through plant-based foods containing a unique array of nutrients and natural compounds—including nootropics, cognition-enhancing substances that can improve memory, learning, and problem solving. Bestselling author Julie Morris shares 65 easy, inviting recipes that are unbelievably delicious. Feed your brain with such palate-pleasing dishes as Berry-Almond Amaranth Porridge, Fig & Hazelnut Wild Rice Salad, Garlicky Butter Bean Soup with Kale, and Matcha Custard with Wild Berries.

New York Times bestselling author **JULIE MORRIS** is a natural-food chef, writer, consultant, and advocate of whole, plant-based foods and superfoods for optimal health. She is the author of five books with Sterling: *Superfood Kitchen*, *Superfood Smoothies*, *Superfood Juices*, *Superfood Snacks*, and *Superfood Soups*. Her in-depth knowledge of superfoods has been quoted by *The Wall Street Journal*, *GQ*, and *Women's Health Magazine*, and featured in numerous culinary publications. To learn more about Julie, visit JulieMorris.net and luminberry.com; Instagram: @superfoodcuisine

KEY SELLING POINTS

- As a bestselling superfoods expert and natural-foods chef, no one is better qualified than Julie Morris to write a book about nootropics, a trending class of *super* superfoods
- Morris makes a potentially difficult subject fascinating, informative, and fun to read by clarifying and distilling a mass of research and data about the structure and function of the brain, and how it can be positively impacted by certain plant-based superfoods and supplements
- *Forbes* named brain boosters, like nootropic vitamins, the #1 Wellness Trend in 2018
- Valued at more than \$1.3 billion in 2015, the nootropic market is expected to exceed \$6 billion in revenue by 2024
- Technology-swamped millennials have become invested in methods to focus better, reduce anxiety, and gain “an edge” over their competitors. This book will give them plenty of options



HEALTH



ISBN 9781454933427 • \$24.95
Hardcover • 240 pages [all in color] • 8 × 10
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JANUARY 2020

ALSO AVAILABLE FROM JULIE MORRIS



Julie Morris's Superfood Kitchen
ISBN 9781454918103
\$19.95 • Paperback with Flaps
8 × 10 • Territory: W

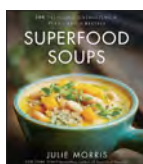


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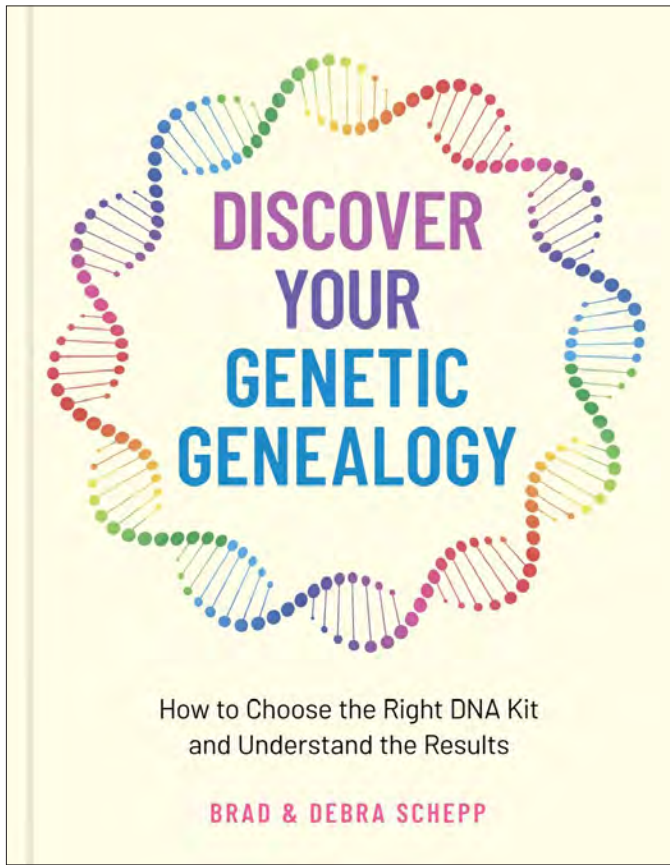


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GENERAL NONFICTION



ISBN 9781454934615 • \$22.95
 Paperback • 256 pages • 7 × 9
 Territory: W • Sterling

JANUARY 2019

Discover Your Genetic Genealogy

How to Choose the Right DNA Kit and Understand the Results

by Brad & Debra Schepp

DNA home-testing companies have become increasingly popular. But how do they work? This accessible, objective guide explores the science behind genetic genealogy, from ancestral findings to health-related information; describes the process of home DNA testing; and discusses the companies that offer the service, from Ancestry and 23andMe.com to specialized enterprises. The authors also give you the tools to analyze and demystify your results.

Brad and Debra Schepp have written 20 books, many of them focusing on complicated and emergent technologies from a non-technical perspective. They have been published in *PARADE* magazine, *Fortune*, *Women's Day*, and *Men's Health*, among others, and have appeared on CBS News.

KEY SELLING POINTS

- Accessible, easy-to-understand explanations of scientific concepts regarding genetic genealogy and DNA testing
- Engages an exploding phenomenon of affordable and accessible DNA kits: more than 12 million people have already taken DNA tests and the number is rising rapidly
- Authors are well established in the tech writing community with articles published in numerous magazines and TV appearances



CHILDREN'S



BOOKS

WETMORE FOREST

by Randy Harvey and Sean Wilkinson, illustrated by John Skewes



Deep in the heart of the Pacific Northwest, you'll find a wooded glen known as Wetmore Forest, where a band of furry critters lives. They're the POP Monsters, and they come in all shapes and sizes, each with their own particular, lovable personality. Join Butterhorn, Chester, Picklez, Tumblebee, and more on their whimsical adventures.



COMING JUNE 2019



Butterhorn Makes
Some Friends

ISBN 9781454934882



Tumblebee Goes
For a Walk

ISBN 9781454934967



Picklez Gets Lunch

ISBN 9781454934929

COMING SEPTEMBER 2019



Bugsy Saves the Day

ISBN 9781454934868



Chester and the
Big Race

ISBN 9781454934905



Snuggletooth Makes
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BUGSY

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(Not Shown)
Item No.: 24324

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Item No.: 28542

Vinyl Figure
Item No.: 15162



CHESTER

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AUGUST 2019



THEY'RE BACK! ALL-ACTION CLASSICS:

Vibrant, appealing graphic novels created by Ben Caldwell, in collaboration with some of the brightest talents in cartooning.



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AUGUST 2019



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Paperback • 128 pages [all in color]
5 5/8 × 8 1/2 • Ages: 10 to 14
Territory: W • Sterling Children's Books

AUGUST 2019

All-Action Classics: Dracula

by Ben Caldwell

In 1897, Bram Stoker created one of literature's most compelling characters—and, since then, *Dracula* has thrilled generations of fans. Now, the evil Count comes alive in an electrifying graphic novel that follows the vampire from his ominous castle in Transylvania to Victorian London. Michael Mucci translates the tale, while Ben Caldwell adds action-packed images filled with meticulous, historically accurate detail. Young readers will be transfixed!

Writer **MICHAEL MUCCI** has a background in animation, but is best known for his toy designs for *Spider-Man*, *Lord of the Rings*, *Blade*, and other film and comic properties.

Praise for the first edition of *All-Action Classics: Dracula*

"Action-packed and full of the thrills and chills expected of Gothic literature, this adaptation is a fine way to introduce reluctant teen readers to a worthy classic. With fluidity and stylized flair, Caldwell's beautiful art, reminiscent of Don Bluth's, aptly captures the mood of the tale, shifting effortlessly between muted somber tones and vivid splashes of color." –Booklist

All-Action Classics: The Wizard of Oz

by Ben Caldwell

L. Frank Baum's classic fantasy looks fabulous in this vivid high-octane graphic-novel rendition, filled with kid-grabbing details. When a tornado snaps up young Dorothy, dumping her in Oz, she knows she's not in Kansas anymore. And when her only way home is with the help of an irate Wizard, Dorothy and her misfit friends embark on an unforgettable—and dangerous—journey.

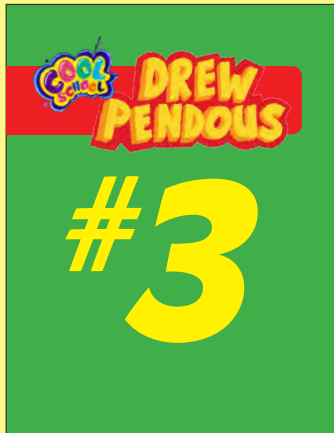
BEN CALDWELL has written and illustrated various graphic novels, including the award-nominated *The Dare Detectives*, and *Wonder Woman*. He is also the creator of Sterling's Action Cartooning books and fills out his time as a toy designer, animator, and game artist.

Praise for the original edition of *All-Action Classics: The Wizard of Oz*

"The text is brief and full of modern touches . . . Dialogue is snappy, with a liberal use of humor and wisecracks. The animationlike artwork is full of movement . . . There is a cinematic feel that will appeal to young readers . . . this updated classic should find a different, and more welcoming, reception from kids." –School Library Journal



MEET STUPENDOUS **DREW PENDOUS** AND HIS MIGHTY PEN ULTIMATE!



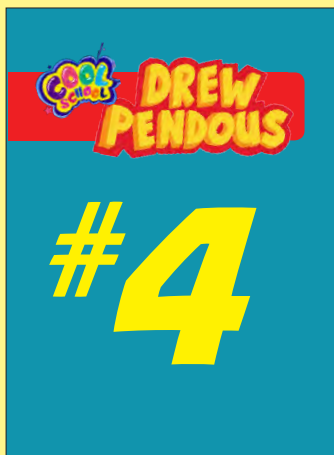
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5 1/4 x 7 5/8 • Ages: 5 to 9
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Sterling Children's Books

AUGUST 2019

Drew Pendous Versus Ray Blank [Drew Pendous #3]

It's April Fool's Day, and Drew decides to trick everyone at Cool School by dressing up as his evil twin Ray Blank. But his joke goes awry: Ms. Booksy thinks he's *really* Ray and traps him in Cruel School! Then Ray steals Drew's Mighty Pen Ultimate so he can't even draw his way out. Will Drew manage to escape . . . or must he stay in Cruel School forever?

DRIVER STUDIOS is a youth and family entertainment company that creates original content for kids, including the Cool School series on YouTube. Cool School and Drew Pendous were created by writer/producer Rob Kurtz. Rob has written and/or produced over 100 hours of prime-time television, including *Boy Meets World* and *Grace Under Fire*, as well as the Fox animated film *Everyone's Hero* [2006]. Rob previously served as the creative director for the Children's Publishing Group, Worthwhile Books. At Driver Studios, Rob has overseen creative content for Nickelodeon, Mattel, American Girl, DreamWorks, and Fox Family Films. Rob Kurtz lives in the New York City area.

Drew Pendous Escapes from Treasure Island [Drew Pendous #4]

We all get drawn into our favorite books—but it *literally* happens to Drew Pendous and Ms. Booksy when they read *Treasure Island* together. Then nasty Captain Hooksy adds a Cruel School twist that will trap them in the story forever. Can Drew and his Mighty Pen Ultimate save the day when they're forced to face a crew of mean pirates?



It's time for amazing adventures with everyone's favorite superhero! The popular YouTube character and his friends are now in book form, with two fun new titles. Come along as they battle it out in camp games, face some mean pirates, time travel, and confront Drew's most dangerous enemy.

ALSO AVAILABLE



Drew Pendous and the Camp Color War [Drew Pendous #1]

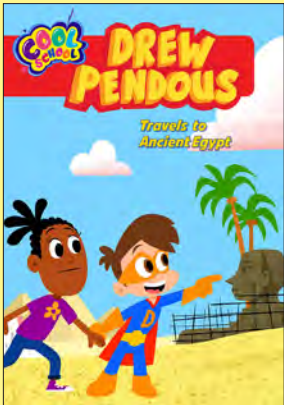
ISBN 9781454931072

\$6.95

Paperback

5 ¼ x 7 ⅝

Territory: W



Drew Pendous Travels to Ancient Egypt [Drew Pendous #2]

ISBN 9781454931096

\$6.95

Paperback

5 ¼ x 7 ⅝

Territory: W



KEY SELLING POINTS

- The Cool School YouTube channel has more than 910,000 subscribers and more than 800 million total views
- Each story is fun and exciting, but also explicitly states the larger message the characters learn so kids can recognize it
- Engages readers with action-packed storytelling—especially reluctant readers who may be ready for chapter books but find the comic-like panels, with their colorful design, more appealing
- The perfect gateway to graphic novels and beyond

MARKETING & PUBLICITY

- National print and online publicity campaign
- Social media campaign across all Cool School Channels:
 - Website: coolschool.com
 - Cool School's YouTube Channel (910K subscribers): www.youtube.com/user/coolschool
 - Facebook (80,496 followers): @coolschoolshow
- Major digital advertising campaign on YouTube
- Targeted mailing to librarians and booksellers
- Activity kit and discussion guide available for teachers, librarians, and booksellers
- Book trailer
- Launch event in New York City



COVER NOT FINAL



PICTURE BOOKS



ISBN 9781454933021 • \$16.95
 Hardcover with Jacket
 40 pages [all in color] • 10 × 10
 Ages: 4 to 8 • Territory: W
 Sterling Children's Books

AUGUST 2019

Like a Girl

by Lori Degman, illustrated by Mara Penny

Once upon a time, “like a girl” was an insult. Not anymore! In every walk of life, girls are demonstrating their creativity, perseverance, and strength. From artist Frida Kahlo and activist Malala Yousafzai to award-winning architect Zaha Hadid and Nobel Peace Prize Laureate and founder of the Green Belt Movement Wangari Maathai, the 24 women profiled here took risks, broke barriers, and transformed the world. This tribute to girl power will inspire young women everywhere.

LORI DEGMAN is the author of the award-winning picture books *I Zany Zoo and Cock-a-Doodle Oops!* as well as *Just Read* (Sterling) and other books for children. Lori was a teacher of the deaf and hard-of-hearing and is now a full-time author. She lives in Vernon Hills, IL, with her family. Visit her at Loridegman.com.

MARA PENNY studied both interior design and jewelry design in college. She is the illustrator of *The Practical Witch's Spell Book* (Running Press). She lives with her family in Oakland, CA.



Moldilocks and the Three Scares

A Zombie Tale

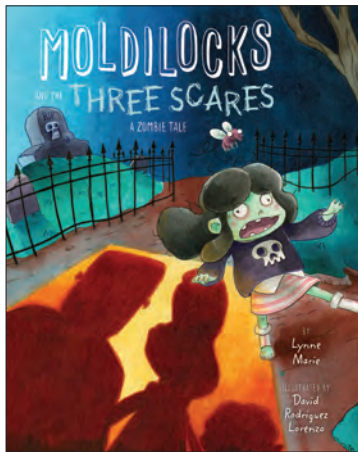
by Lynne Marie, illustrated by David Rodríguez Lorenzo

A zombie-tastic take on a favorite fairy tale! Papa, Mama, and Baby Scare (a monster, mummy, and vampire) live together in a big haunted house. One night, as their alpha-bat soup cools down, they go out to walk their dog (a bloodhound, of course). While they're away, in walks the zombie Moldilocks, looking for food, a chair, and a bed that's just right. Kids will love this funny, surprising story!

LYNNE MARIE's first book, *Hedgehog Goes to Kindergarten*, was published by Scholastic in 2011, followed by a sequel, *Hedgehog's 100th Day of School*. She lives in South Florida. Learn more about her at LiterallyLynneMarie.com.

DAVID RODRÍGUEZ LORENZO is a professional illustrator and an instructor at an art academy in Spain.

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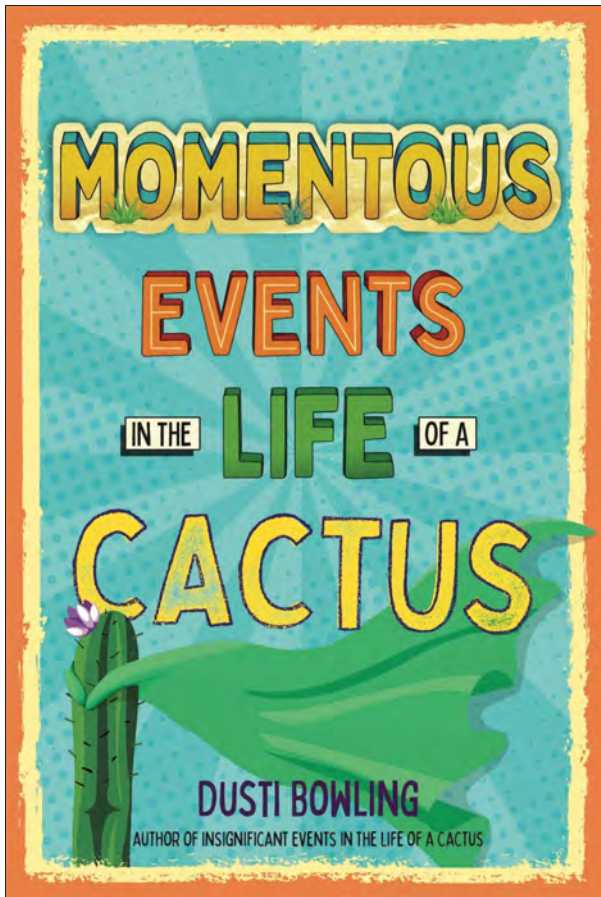
ISBN 9781454930617 • \$16.95
 Hardcover with Jacket
 40 pages [all in color] • 8 1/2 × 10 7/8
 Ages: 4 to 8 • Territory: W
 Sterling Children's Books

AUGUST 2019



SEPTEMBER 2019





LITERATURE



ISBN 9781454933298 • \$16.95
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SEPTEMBER 2019

FOLLOW-UP TO AWARD-WINNING
INSIGNIFICANT EVENTS IN THE LIFE OF A CACTUS

Momentous Events in the Life of a Cactus

by Dusti Bowling

Just as Aven starts to feel comfortable in Stagecoach Pass, with her friends and schoolmates accustomed to her lack of "armage," everything changes once again. She's about to begin high school . . . with 2,300 new kids to stare at her. And no matter how much Aven tries to play it cool, nothing prepares her for the reality. In a year filled with confusion, humiliation, fears, loss, and just maybe love, can Aven manage to stay true to herself?

DUSTI BOWLING holds a Bachelor of Psychology and a Master of Education. She is the author of the well-reviewed *Insignificant Events in the Life of a Cactus* and *24 Hours in Nowhere* (both Sterling). She currently lives in Carefree, AZ, with her husband and three daughters.

Praise for *Insignificant Events in the Life of a Cactus*:

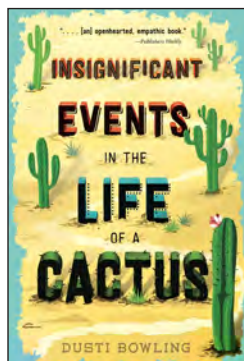
"Bowling's sensitive and funny novel . . . demonstrates how negotiating others' discomfort can be one of the most challenging aspects of having a physical difference and how friendship can mitigate that discomfort. . . . [an] openhearted, empathic book. –Publishers Weekly

"[Aven] is a perky, hilarious, and inspiring protagonist whose attitude and humor will linger even after the last page has turned. The tale of Stagecoach Pass is just as compelling as the story of Aven, and the setting, like the many colorful characters who people this novel, is so vivid and quirky that it's practically cinematic." –School Library Journal [starred review]

" . . . a tale that is not about having differences, but accepting them in oneself and others." –Booklist [starred review]

"Connor's Tourette's support-group meetings and Aven's witty, increasingly honest discussions of the pros and cons of 'lack of armage' give the book excellent educational potential. . . . its portrayal of characters with rarely depicted disabilities is informative, funny, and supportive." –Kirkus

ALSO AVAILABLE

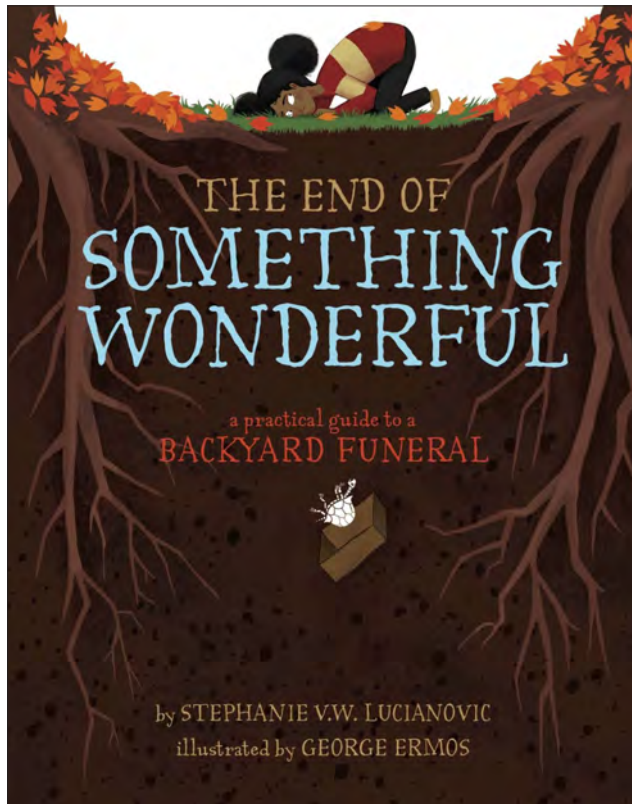


Insignificant Events in the Life of a Cactus
 ISBN 9781454932994
 \$7.95 • Paperback
 5 1/8 x 7 5/8 • Territory: W

Winner of more than 25 awards, including Library of Congress's 52 Great Reads List 2018!



24 Hours in Nowhere
 ISBN 9781454929246
 \$14.95 • Hardcover with Jacket
 5 1/8 x 7 5/8 • Territory: W



PICTURE BOOKS



ISBN 9781454932116 • \$16.95
 Hardcover with Jacket • 32 pages [all in color]
 8 1/2 x 11 • Ages: 5 to 8 • Territory: W
 Sterling Children's Books

SEPTEMBER 2019



ALSO AVAILABLE



Dough Knights and Dragons
 ISBN 9781454921417
 \$16.95 • Hardcover with Jacket
 10 x 10 • Territory: W

The End of Something Wonderful

A Practical Guide to a Backyard Funeral

by Stephanie V.W. Lucianovic,

illustrated by George Ermos

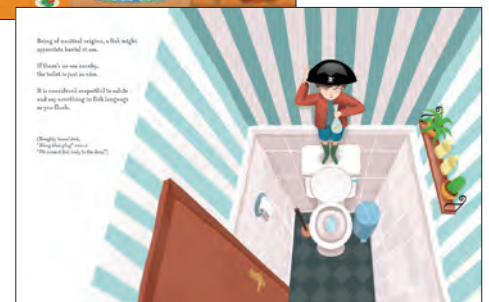
It's painful when children lose their pets, and *The End of Something Wonderful* helps them handle their feelings when they can't find the right words. In a warm, understanding, sometimes funny way, it explains how to plan a backyard funeral to say goodbye, from choosing a box and a burial spot to giving a eulogy. Most of all, it reassures kids that it's not the end of everything . . . and that Something Wonderful can happen again.

STEPHANIE V.W. LUCIANOVIC's first book, *Suffering Succotash: A Picky Eater's Quest to Understand Why We Hate the Foods We Hate*, was published in 2012 by Perigee. *The End of Something Wonderful* is her debut picture book, and Little Brown for Young Readers will publish her second picture book, *Hello, Star*, in 2020 with illustrations by *New York Times* bestselling author/illustrator Vashti Harrison. She lives in Menlo Park, CA.

GEORGE ERMOS is an illustrator, maker, and avid reader from England. He works digitally and enjoys indulging in (and illustrating) all things curious and mysterious.

KEY SELLING POINTS

- The perfect book for a child processing the loss of a pet, whether it's a goldfish or a dog
- Realistically goes through the steps of how to deal with a dead animal
- Explores the different emotions that accompany death—and reassures kids they're all okay to feel
- The author and illustrator bring in a dark humor that will appeal to fans of Jory John and Mac Barnett





PICTURE BOOKS



ISBN 9781454931843 • \$16.95
 Hardcover with Jacket
 32 pages [all in color] • 8 1/2 × 10 7/8
 Ages: 3 to 7 • Territory: W
 Sterling Children's Books

SEPTEMBER 2019

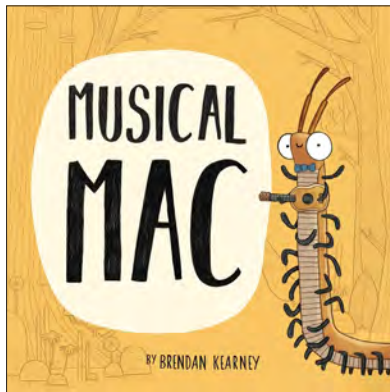
The Many Colors of Harpreet Singh

by Supriya Kelkar, illustrated by Alea Marley

Harpreet Singh has a different color for every mood and occasion, from happy sunny yellow to courageous red. He especially takes care with his patka—the turban all Sikhs wear—making sure it always matches his outfit. But when Harpreet’s mom finds a new job in a snowy city and they have to move, everything just feels gray. Can he find a way to make life bright again?

Born and raised in the Midwest, **SUPRIYA KELKAR** learned Hindi as a child by watching three Hindi movies a week. Supriya is a screenwriter who has worked on the writing teams for several Hindi films and one Hollywood feature. Her books include *American as Paneer Pie* (Aladdin, 2020), *The Sandalwood Pyre* (Tu Books, 2020), and *Ahimsa* (Tu Books, 2017).

ALEA MARLEY is a children’s illustrator who is currently based in England. Her illustration clients include Houghton Mifflin Harcourt, Sterling, American Girl, Little Bee, and Macmillan. Find her online at aleamarley.co.uk.



PICTURE BOOKS



ISBN 9781454933700 • \$16.95
 Hardcover with Jacket
 32 pages [all in color]
 10 × 10 • Ages: 4 to 7
 Territory: W
 Sterling Children's Books

SEPTEMBER 2019

Musical Mac

by Brendan Kearney

Mac the millipede loves to make music. He dreams of playing in a talent show with a band, but wherever he auditions, everyone says NO. No one wants him . . . until Mac comes up with an ingenious one-millipede solution to his problem! Brendan Kearney’s funny picture book will inspire kids who like to march to the beat of their own drum.

BRENDAN KEARNEY is also the illustrator of *Lady Pancake & Sir French Toast* and its sequels *The Case of the Stinky Stench* and *Mission Defrostable*, as well as *Bertie Wings It* (all Sterling). He lives in St. Albans, UK.

Praise for *Brendan Kearney*:

For *Lady Pancake & Sir French Toast*: “Kearney’s illustrations kick butter . . . Teachers and students alike will delight in this food fight. Who will be the winner? Readers will be hungry to find out.” –Kirkus Reviews

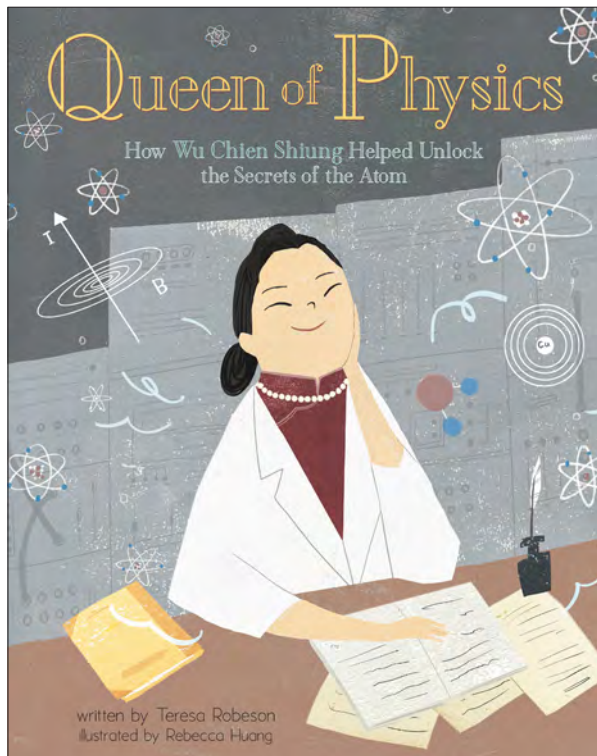


ALSO AVAILABLE



Lady Pancake & Sir French Toast

ISBN 9781454914044 • \$14.95
 Hardcover • 10 × 10 • Territory: W



COVER NOT FINAL

PICTURE BOOKS



ISBN 9781454932208 • \$16.95
 Hardcover with Jacket • 48 pages [all in color]
 8 1/2 × 10 7/8 • Ages: 5 and UP
 Territory: W • Sterling Children's Books

SEPTEMBER 2019

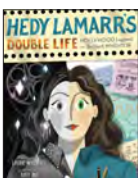
ALSO AVAILABLE



A Girl Called Genghis Khan
 ISBN 9781454931362 • \$16.95
 Hardcover with Jacket • 8 1/2 × 10 7/8 • Territory: W



Grace Hopper
 ISBN 9781454920007 • \$16.95
 Hardcover with Jacket • 8 1/2 × 10 7/8 • Territory: W



Hedy Lamarr's Double Life
 ISBN 9781454926917 • \$16.95
 Hardcover with Jacket • 8 1/2 × 10 7/8 • Territory: W

COMING JANUARY 2020:



Patricia's Vision
 ISBN 9781454931379 • \$16.95
 Hardcover with Jacket • 8 1/2 × 10 7/8 • Territory: W

Queen of Physics

How Wu Chien Shiung Helped Unlock the Secrets of the Atom

by Teresa Robeson, illustrated by Rebecca Huang

When Wu Chien Shiung was born in China 100 years ago, girls did not attend school. But her parents named their daughter “Courageous Hero” and encouraged her love of science. This engaging biography follows Wu as she battles sexism at home and racism in America to become what *Newsweek* magazine called the “Queen of Physics” for her work on how atoms split.

TERESA ROBESON writes and creates from her homestead in southern IN. A nonfiction winner of the We Need Diverse Books Mentorship Program, Teresa advocates for greater science literacy.

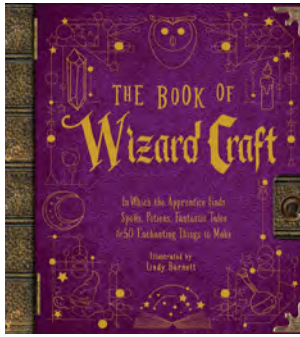
REBECCA HUANG is an illustrator from Taiwan who currently lives in the Bay Area. Rebecca received her MFA degree in illustration from Academy of Art University in San Francisco. She is the author and illustrator of *Bobo and the New Baby*. You can visit her at rebeccamhuang.com.

KEY SELLING POINTS

- A perfect addition to our “People Who Shaped Our World” biography series, which also includes *Grace Hopper* (Spring 2017), *Gloria's Voice* (Spring 2018), *A Song for Gwendolyn Brooks* (Fall 2018), *Hedy Lamarr's Double Life* (Spring 2019), *A Girl Called Genghis Khan* (Spring 2019), and *Patricia's Vision* (Fall 2019). Upcoming titles include: *Boy Who Thought Outside the Box* (Spring 2020)
- Includes themes of empowerment of girls and the perseverance of immigrants, while exploring both physics and history
- Brings to light the story of a remarkable woman who did not receive the recognition she deserved in her time

NEW EDITIONS OF OLD FAVORITES

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ACTIVITY



ISBN 9781454935476 • \$19.95
 Hardcover with Jacket • 144 pages [all in color]
 8 x 8 3/4 • Ages: 8 to 12
 Territory: W • Sterling Children's Books

SEPTEMBER 2019

The Book of Wizard Craft

In Which the Apprentice Finds Spells, Potions, Fantastic Tales & 50 Enchanting Things to Make

by Janice Eaton Kilby, Deborah Morganthal & Terry Taylor, illustrated by Lindy Burnett

Gather close and let the Wizard tell you all of his secrets, for contained within these enchanting pages is everything you need to know to become the next great wizard, including directions for crafting a selection of marvelous gear, room decorations, concoctions, and good-luck spells. Use your special skills to make a hooded cloak as light as butterfly wings, an hourglass pendant for timing your potions, and your own homemade spell ingredients. Plus, the Wizard shares spine-tingling myths and legends of centuries past.

LINDY BURNETT has created paintings for Villery and Boch, the High Museum of Art in Atlanta, and Quaker Oats, just to name a few. She has illustrated several children's books, been honored by *Communication Arts Illustrated* and the Society of Illustrators, and has received national Addy awards. Lindy lives in Madison, GA.

COVER NOT FINAL



ACTIVITY



ISBN 9781454935483 • \$19.95
 Hardcover with Jacket • 144 pages [all in color]
 8 x 8 3/4 • Ages: 8 to 12
 Territory: W • Sterling Children's Books

SEPTEMBER 2019

The Book of Wizard Magic

In Which the Apprentice Finds Marvelous Magic Tricks, Mystifying Illusions & Astonishing Tales

by Janice Eaton Kilby & Terry Taylor, illustrated by Lindy Burnett

SHAZAAM! The 600-year-old Wizard is back—and he wants YOU to become his apprentice. So gather your bag of tricks and keep the magic going by learning an international array of show-stopping sleights of hand. Show off with The Card that Changes Its Spots; then change one thing into another; make objects fly, defy gravity, zip invisibly from one spot to another; and more!

COVER NOT FINAL



ACTIVITY



ISBN 9781454935490 • \$19.95
 Hardcover with Jacket • 144 pages [all in color]
 8 x 8 3/4 • Ages: 8 to 12 • Territory: W
 Sterling Children's Books

SEPTEMBER 2019

The Book of Wizard Parties

In Which the Wizard Shares the Secrets of Creating Enchanted Gatherings

by Janice Eaton Kilby and Terry Taylor, illustrated by Maria Baggetta

Every sorcerer worth his wand knows you don't spend *all* your alone time making magic. You get together with friends to have fun, too! So the Wizard is sharing his tricks for throwing great theme parties and seasonal celebrations. Construct a Throne of the Realm for a Merlin's Birthday Parley, build a Merry Maypole for a Welcome Springtime Fairy Frolic, munch marvelous Mandrake Cupcakes, and much more!

About the Illustrator: MARLA BAGGETTA received her Bachelor's Degree in Fine Arts from Art Center College of Design. She now lives in West Linn, OR, with her husband and two sons. Visit her at marlaart.com.

"A wizard shares 600 years worth of ideas for staging a party, along with an appropriate story to tell guests for each occasion. . . . the ultimate, over-the-top, party idea book."
 —School Library Journal.

A Strong Girls' Guide to Being

by Lani Silversides, illustrated by Rebecca Prinn

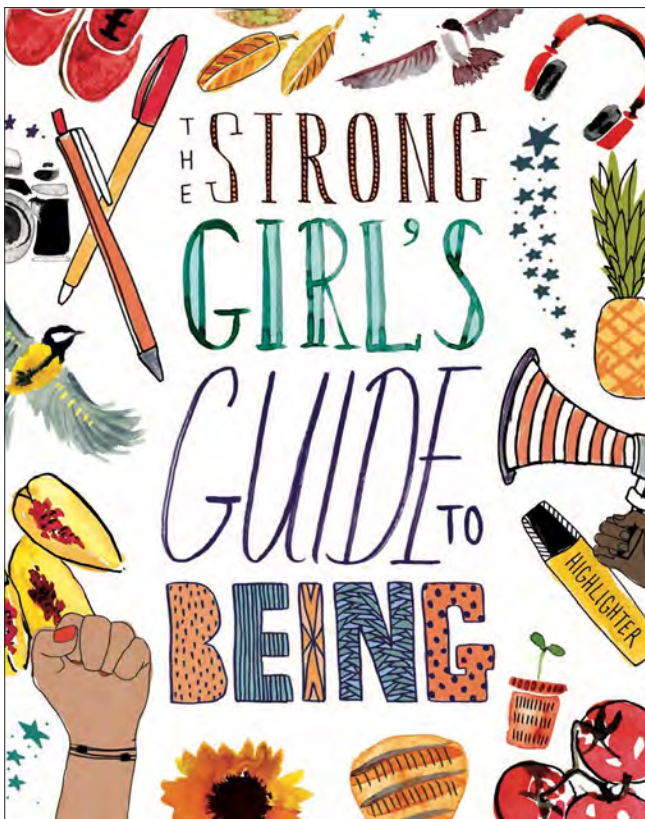
When life becomes stressful, teens and preteens can forget they're worthy, beautiful people, capable of achieving anything. Cultivating mindfulness can help. This guided journal encourages them to take time, breathe deeply, and jot down their thoughts on everything from homework and hobbies to food and travel. As they write, and follow simple exercises on positivity, girls will ignite their imagination and become the best version of themselves.

LANI SILVERSIDES lives in York, ME. She teaches and coaches at Phillips Academy Andover where she holds the Lumpkin Instructorship in the department of mathematics, statistics, and computer science. Lani also runs her own business, Mindful Performance, LLC, designed to inspire young girls to play sports and be physically active. She also developed an after-school program for girls that currently runs in Maine, Massachusetts, Brooklyn, and upstate NY.

KEY SELLING POINTS

- Mindfulness is a growing interest among parents, supported by psychological studies of stress in teens
- A simple guide that's easy for tweens and teens to follow
- Interactive prompts and exercises promote actual positive change in tweens
- Pull-quotes throughout to inspire and motivate

COVER NOT FINAL



ACTIVITY



ISBN 9781454932826 • \$12.95
 Paperback • 128 pages [all in color]
 7 3/8 × 9 1/4 • Ages: 8 to 12
 Territory: W • Sterling Children's Books

SEPTEMBER 2019



ALSO AVAILABLE



BFF: A Keepsake Journal of Q&As for Best Friends

ISBN 9781454913962 • \$16.95
 Flexibound • 5 1/2 × 7 • Territory: W



OMG: A Keepsake Journal of Off-the-Wall Q&As

ISBN 9781454913955 • \$16.95
 Flexibound • 5 1/2 × 7 • Territory: W



XOXO: A Keepsake Journal of Letters to Myself

ISBN 9781454918240 • \$16.95
 Flexibound • 5 1/2 × 7 • Territory: W

Who are the greatest players of all time? Find out, in these stunning books.



COVER NOT FINAL

NONFICTION



ISBN 9781454932062 • \$8.95
 Paperback • 128 pages [all in color]
 5 1/2 x 7 1/2 • Ages: 10 and UP
 Territory: W • Sterling Children's Books

SEPTEMBER 2019

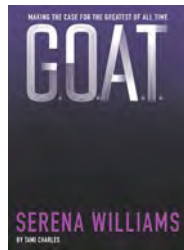
G.O.A.T. - Simone Biles

Making the Case for the Greatest of All Time

by Susan Blackaby

In gymnastics, no one comes close to Simone Biles, who in 2018 became the first American to win a medal at every event in the World Championships. That's in addition to her Olympic golds for best individual all-around, vault, and floor, plus the US team gold. Learn all about the powerhouse gymnast's journey in this entertaining book that captures her amazing career and proves she really is the G.O.A.T!

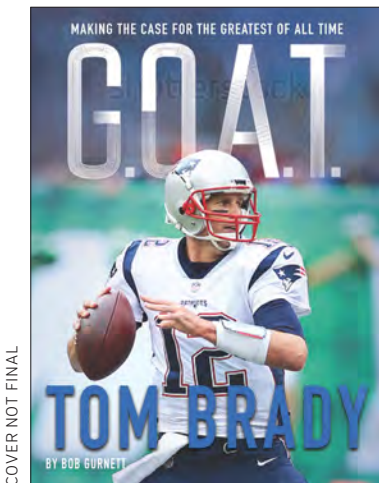
SUSAN BLACKABY is the author of numerous books for young readers, including Sterling's *Brownie Groundhog and the February Fox* (praised in a starred review by *School Library Journal* as "particularly endearing . . . delightful"), and its sequel *Brownie Groundhog and the Wintry Surprise*, as well as a poetry collection, *Nest, Nook, and Cranny* (Charlesbridge), which won the 2011 Lion and Unicorn Award for Excellence in North American Poetry. She lives in Portland, OR.



ALSO AVAILABLE



G.O.A.T. - Serena Williams
 ISBN 9781454932017 • \$8.95
 Paperback • 5 1/2 x 7 1/2 • Territory: W



COVER NOT FINAL

NONFICTION



ISBN 9781454930990 • \$8.95
 Paperback • 128 pages [all in color]
 5 1/2 x 7 1/2 • Ages: 10 and UP
 Territory: W • Sterling Children's Books

SEPTEMBER 2019

G.O.A.T. - Tom Brady

Making the Case for Greatest of All Time

by Bob Gurnett

Why is Tom Brady the G.O.A.T. in football? This entertaining book lays out the facts: he's already led the New England Patriots to six Super Bowl victories, received three league MVP awards, bested any previous quarterback in helping his team win division titles, and set records in passes and touchdowns. And Brady's still in the game at age 41! Young fans will love debating Brady's place in football history.

BOB GURNETT is a writer and comedian. He has been featured in the Crom, Beast Village, and Hudson Valley comedy festivals. His first book was published by Chronicle Books in 2018. Bob lives in Brooklyn, NY. Follow him @bobisntfunny.



ALSO AVAILABLE



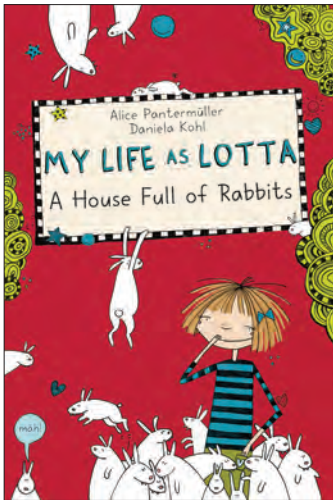
G.O.A.T. - LeBron James
 ISBN 9781454930983 • \$8.95
 Paperback • 5 1/2 x 7 1/2 • Territory: W

OCTOBER 2019



Meet 10-year-old Lotta! She'll make you laugh out loud.

Sassy, witty, and wildly imaginative, Lotta Petermann gets herself into one funny adventure after another. Written like a diary and filled with snarky illustrations, this one-of-a-kind series will keep kids reading, page after page!

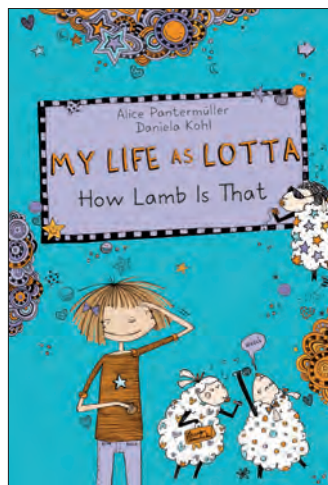


MIDDLE GRADE FICTION



ISBN 9781454936244 • \$12.95
 Hardcover • 188 pages
 (b/w illus. throughout)
 5 1/2 x 8 • Ages: 10 and UP
 Territory: WENG
 Sterling Children's Books

OCTOBER 2019



MIDDLE GRADE FICTION



ISBN 9781454936251 • \$12.95
 Hardcover • 188 pages
 (b/w illus. throughout) • 5 1/2 x 8
 Ages: 10 and UP • Territory: WENG
 Sterling Children's Books

OCTOBER 2019

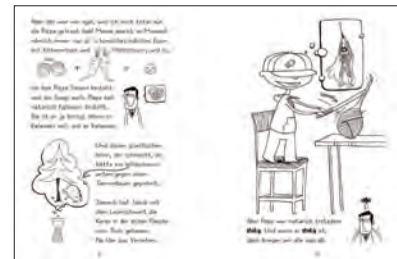
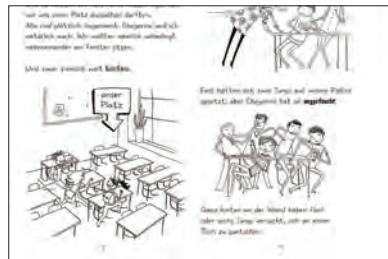
My Life as Lotta: A House Full of Rabbits (Book 1)

by Alice Pantermüller, illustrated by Daniela Kohl

Lotta has just graduated to middle school—but things aren't going very smoothly. First of all, she has a teacher named Mrs. Poopers—who won't let students make fun of her name. Then, her mom gives her an Indian flute that seems to make strange things happen. Lotta also wants to get her own pet . . . no matter what it takes. But that weird flute just might get in the way. Can Lotta make it all work out?

ALICE PANTERMÜLLER has written numerous children's books, including Bendix Brodersen and the successful My Life as Lotta series.

DANIELA KOHL is a freelance illustrator and graphic designer who studied communication design at the Munich Technical College. She lives with her husband, dog, and turtle in Munich, Germany.



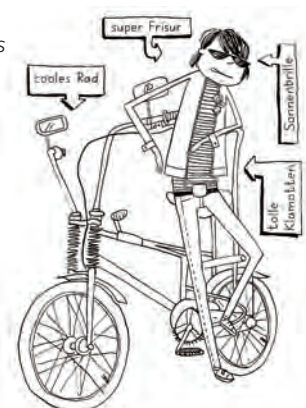
My Life as Lotta: How Lamb Is That? (Book 2)

by Alice Pantermüller, illustrated by Daniela Kohl

Lotta and her best friend, Cheyenne, have not just survived the first weeks of middle school, they're thriving. Sure, they've had to contend with the oh-so snooty Bernadette, a classmate who's already formed the exclusive Glam Girls. At least they've scored invitations to Bernadette's huge, overnight birthday camping party! Maybe they can impress the Glam Girls with a few pranks. What could possibly go wrong. . . right?

KEY SELLING POINTS

- 2.5 million copies sold in Germany alone
- Comparable in style to *Diary of a Wimpy Kid* and *Dork Diaries*
- Synchronized with middle-grade graphic-novel trend



COVER NOT FINAL



PICTURE BOOKS



ISBN 9781454923572 • \$16.95
 Hardcover with Jacket • 40 pages
 [all in color] • 8 ½ × 10 ⅞
 Ages: 4 and UP • Territory: W
 Sterling Children's Books

OCTOBER 2019



PICTURE BOOKS



ISBN 9781454934776 • \$19.95
 Hardcover with Jacket • 64 pages
 [all in color] • 10 × 10
 Ages: 3 to 7 • Territory: W
 Sterling Children's Books

OCTOBER 2019

As Big as the Sky

by Carolyn Rose, illustrated by Elizabeth Zunon

In a small village in Malawi, Prisca and her brother Caleb share a love as big as the sky. They do everything together—until Caleb leaves home to attend a good school. Hoping to earn enough money to visit him, Prisca begs a local peddler to sell her crafts. Although no one buys her wares, thanks to Prisca's kindness, her dreams of reuniting with Caleb just may come true.

CAROLYN ROSE spent many years teaching, reading, and enjoying children's books with her students. She and her husband, Bob, have volunteered in the Middle East, Central America, Southeast Asia, and Africa, enjoying the cultures and the people they meet. The story of *As Big as the Sky* sprang from a trip to Malawi with Marion Medical Mission. Carolyn and Bob live in Golden, Colorado. Follow her travels on Adventurerose.com.

ELIZABETH ZUNON was born in Albany, NY, and grew up in the Ivory Coast, West Africa. As a little girl, she loved to draw, paint, make up dances, and play dress-up; as she grew up, she didn't really change! Elizabeth now lives in Albany, where she draws, paints, silk-screens, sews, daydreams, and makes beaded jewelry. Her work is largely influenced by the people, places, and things from her childhood in the Ivory Coast.

Goodnight Songs Treasury

A Collection of Bedtime Poems

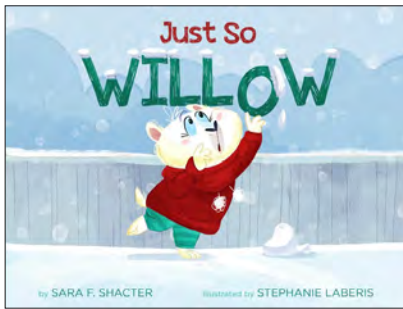
by Margaret Wise Brown,

illustrated by 24 award-winning picture book artists

For the first time ever, *Goodnight Songs Treasury* gathers all of Margaret Wise Brown's poems from the *New York Times*-bestselling *Goodnight Songs* and *A Celebration of the Season* into one stunning volume. Remarkable illustrations from 24 award-winning artists—including Caldecott Honor medalist Melissa Sweet, Coretta Scott King Honor Award winner Sean Qualls, Peter Brown, Sophie Blackall, and Eric Puybaret—bring Brown's charming, musical verses beautifully to life.

MARGARET WISE BROWN is one of the most popular children's authors of all time. Her classic *Goodnight Moon* [HarperFestival], illustrated by Clement Hurd, has sold more than 48 million copies and her books—including *Big Red Barn* [Harper Festival], *The Runaway Bunny* [HarperCollins], and *The Golden Egg Book* [Simon & Schuster]—have been in print for more than 50 years. Several generations have grown up with her timeless stories and her influence has been felt around the world.

Two dozen award-winning picture book illustrators bring Margaret Wise Brown's poems to life on the page. Biographies of the individual illustrators can be found at the end of the book.



PICTURE BOOKS



ISBN 9781454927419 • \$16.95
 Hardcover with Jacket • 32 pages
 [all in color] • 8 1/2 × 10 7/8
 Ages: 3 to 6 • Territory: W
 Sterling Children's Books

OCTOBER 2019

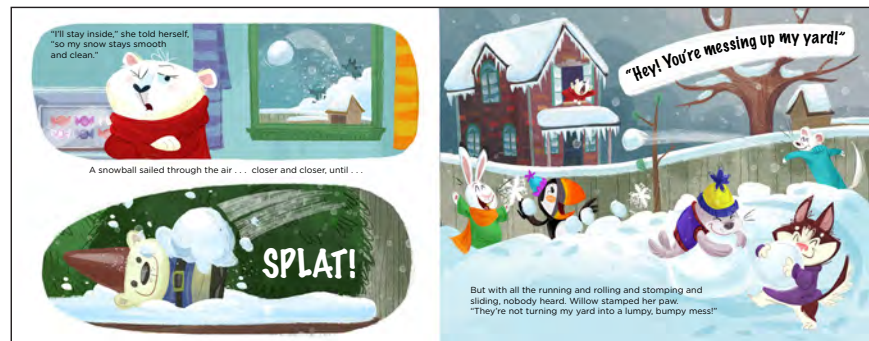
Just So Willow

by Sara Shacter, illustrated by Stephanie Laberis

Willow is a polar bear who likes things just so. She even irons her underwear and tidies her teacher! So when a storm covers her backyard in a smooth blanket of snow, she's determined to keep it that way—in spite of all the other kids creating a lumpy, bumpy mess. Will Willow realize that being just so fussy is making her miss out on all the fun?

SARA F. SHACTER's work has appeared in publications such as *Highlights for Children* and World Book's *Childcraft Annuals*. A former teacher and active member of the Society of Children's Book Writers and Illustrators, Sara lives in Chicago with her family. Visit her online at sarafshacter.com

STEPHANIE LABERIS is the illustrator of the Grumpy Cat series of Golden Books, *Prudence, the Part-Time Cow* (Holt), and more. She lives with her family in San Francisco.



Santa's Prayer

by A Story by Tom Roberts, illustrated by Doug Moss

On Christmas Eve, a brother and sister stroll through their town, excitedly discussing the gifts they hope to find under the tree. But as they walk, they suddenly spy Santa quietly slipping into the church. They follow him inside, where they witness his humble prayer at the altar crèche and hear his greatest holiday wish: that children understand that Jesus is the focus at Christmas . . . and always.

TOM ROBERTS began his career as a professional actor, storyteller, and author in South Dakota. As a performing arts instructor he has worked with tens of thousands of youths and adults across the state. He is the author of *'Twas the Night Before Christ*. Tom lives in Sioux Falls, SD.

DOUG MOSS received his degree in fine arts from Miami University of Ohio and runs his own design firm. He has won national awards for his commercial art and illustrations, and his art has been exhibited in the Society of Illustrators gallery. He lives in Sioux Falls, SD.

KEY SELLING POINTS

- Written in the style of the Clement Moore classic, *Santa's Prayer* carries a message that speaks to the holy day and holiday
- This Sioux Falls, SD-based author and illustrator's collaboration is a self-publishing success story
- Families who celebrate Christmas as a holy day will find much to discuss during the holiday season with each reading of *Santa's Prayer*



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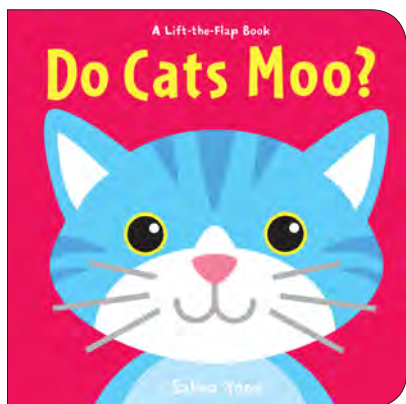
PICTURE BOOKS



ISBN 9781454936732 • \$16.95
 Hardcover with Jacket • 40 pages
 [all in color] • 11 3/4 × 9 1/2
 Ages: 3 to 7 • Territory: W
 Sterling Children's Books

OCTOBER 2019

Award-winning author Salina Yoon is back with two new titles in her adorable lift-the-flap series that introduces young children to popular animals and the sounds they make.



COVER NOT FINAL

BOARD



ISBN 9781454934332 • \$9.95
Board Book • 18 pages [all in color]
9 ¼ × 9 ¼ • Ages: 3 and UP
Territory: W
Sterling Children's Books

OCTOBER 2019

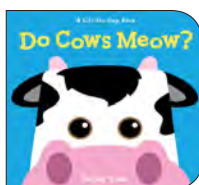
Do Cats Moo?

by Salina Yoon

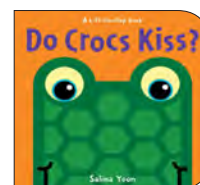
Do cats moo? Do cats chow? All I know is cats go MEOW! This novelty board book features adorable puppies, hamsters, and bunnies, as well as the cuddly title cat and other favorite pets. Kids will happily lift the flap on each big animal “mouth” to uncover what sound it makes. For a big finish, all the animals appear together peering out from behind two gatefolds!

SALINA YOON has written and illustrated more than 150 children’s books. She is the recipient of numerous awards and honors, including the 2015 SCIBA Award and the 2015 Nottingham Children’s Book Award for FOUND, and the 2014 New York State Reading Association Charlotte Award. She lives in San Marcos, CA. Read more about Salina at salinayoon.com.

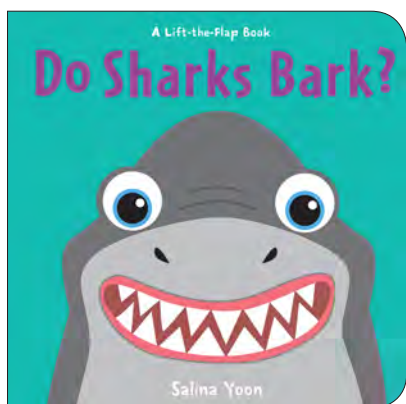
ALSO AVAILABLE



Do Cows Meow?
ISBN 9781402789564
\$9.95
Board Book
9 ¼ × 9 ¼
Territory: W



Do Crocs Kiss?
ISBN 9781402789557
\$9.95
Board Book
9 ¼ × 9 ¼
Territory: W



COVER NOT FINAL

BOARD



ISBN 9781454934349 • \$9.95
Board Book • 18 pages [all in color]
9 ¼ × 9 ¼ • Ages: 3 and UP
Territory: W
Sterling Children's Books

OCTOBER 2019

Do Sharks Bark?

by Salina Yoon

Do sharks stamp? Do sharks stomp? All I know is sharks go CHOMP! With flaps to lift that reveal the sounds each animal makes, this fun board book introduces preschoolers to singing whales, roaring polar bears, snappy crabs, and growling hippos, along with the chompy title shark and other popular creatures. A two-gatefold grand finale brings all the animals together once more!

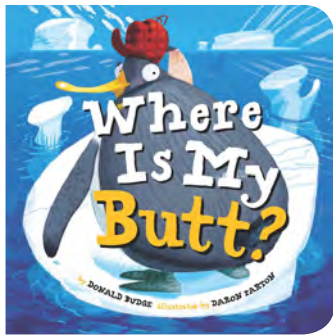
ALSO AVAILABLE



Deep Sea Dive
ISBN 9781402785252
\$8.95
Board Book
8 ⅝ × 8
Territory: W



Space Walk
ISBN 9781402785245
\$8.95
Board Book
8 ⅝ × 8
Territory: W



BOARD



ISBN 9781454934479 • \$7.95
 Board Book • 26 pages (all in color)
 7 × 7 • Ages: 4 to 7
 Territory: W • Sterling Children's Books
OCTOBER 2019

Where Is My Butt?

by Donald Budge, illustrated by Daron Parton

Do you know where your butt is? Morty the penguin has no idea! He's pretty sure he has one, but where IS it? So he does what any reasonable penguin would do: ask. But no one around him can help, so he goes on a wild trip—all the way to outer space—to find the answer. Morty's crazy adventures will make kids laugh their butts off!

DONALD BUDGE is the winner of the 2010 Blue Mesa Fiction Contest and a Pushcart Prize nominee. His stories have appeared in the *Conium Review*, *Prime Mincer*, and *Bang Out*, among others. He has worked on animal reserves in Israel and the United States. Currently Donald lives in Boston, MA. *Where Is My Butt?* is his first children's book.

DARON PARTON is a New Zealand-based illustrator from the United Kingdom. He graduated from Central St. Martin's School of Art in London and has since worked with Walker Books (Australia & UK), Penguin Random House (Australia), Scholastic (NZ), Templar (UK), and Egmont (UK). His work can also be found in magazines, advertisements, and packaging worldwide. He lives with his wife and their two boys.



NONFICTION



ISBN 9781454931966 • \$6.95
 Paperback • 96 pages (all in 2-color)
 5 3/8 × 8 1/4 • Ages: 5 to 12
 Territory: W • Sterling Children's Books
OCTOBER 2019

Buzz Off!

600 Jokes About Things with Wings

by Natasha Wing

How many cans do you need to make a bird? **TOUCANS!** From "Cheep Chuckles" to "Bird Brains," every one of these 600 illustrated funnies concerns creatures with wings—even fairies. Get ready to giggle with "Nester Jesters," "Looney Larks," "Seabird Sillies," "Pigeon Puns," "Tropical Ticklers," "Jokes to Crow About," and much more. *Why did the eagle wear a wig? It was BALD!*

NATASHA WING is the author of many books for young readers, including Sterling's *Bagel in Love* and *An Eye for Color: The Story of Josef Albers* (Holt), which was an ALA Notable, Junior Library Guild selection, winner of a California Reading Association's Eureka! Honor Book Award, and a 2012 Grand Canyon Reader nominee. She is best known for her bestselling paperback series including *The Night Before Kindergarten*, which has sold more than 1.5 million copies (Grosset & Dunlap). Natasha lives in Fort Collins, CO. Learn more about her at natashawing.com.



NONFICTION



ISBN 9781454930570 • \$6.95
 Paperback • 96 pages (all in 2-color)
 5 3/8 × 8 1/4 • Ages: 5 to 12 • Territory: W
 Sterling Children's Books
OCTOBER 2019

Monster Madness!

600 Frightfully Funny Jokes, Riddles & Puns

by John Briggs

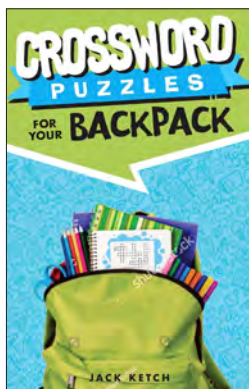
These 600 jokes are **MONSTROUSLY** funny! Ghouls and Fools. Holiday Spirits. And BFF's [Best Fiends Forever, of course.] We've got **FANG**tastic jokes for everyone who craves a little scary hilarity. Get your comedy on with Scare Tactics, Real Howlers, and some very Merry Mummies. Here are jokes, riddles, knock-knocks, puns, silly book titles, and lots more beastly humor—complete with comic art.

JOHN BRIGGS is a veteran comedy writer whose jokes have appeared on TV, radio, and in print. In addition to performing thousands of shows across the country, he once served as the opening act for HBO's *Young Young Comedians* talent search. He's the author of the picture book *Leaping Lemmings!* and *Just for Kicks!* (both Sterling) and lives in upstate NY. Find out more about him at johnbriggsbooks.net.

PUZZLES FOR YOUR BACKPACK

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Crossword Puzzles for Your Backpack

by Trip Payne

Young wordsmiths will have fun working on these 40 crosswords, with kid-friendly themes and clues. They're perfect for introducing children to the challenging and rewarding world of puzzle solving.

TRIP PAYNE is a professional puzzle constructor and editor from Sherman Oaks, CA. He made his first puzzles when he was in elementary school, had his first puzzle in a national magazine when he was in high school, and worked for a major puzzle magazine when he was in college. He has created kids' puzzles for such places as *Scholastic News*, *Games Junior*, and *TV Guide*.

NONFICTION



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Ages: 8 to 12

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Word Search Puzzles for Your Backpack

by Eric Berlin

Children love to do word searches—and these 58 rewarding puzzles help develop their language and reading skills too! As a bonus, each puzzle contains a hidden message that's revealed after every word is found.

ERIC BERLIN is the author of the Winston Breen mysteries for children, which have been nominated for over a dozen state reading awards. His puzzles have appeared in *The New York Times* and other newspapers, and he's created live puzzle events for the American Crossword Puzzle Tournament and New York City's Museum of Mathematics. In 2015, Eric founded Puzzle Your Kids, which provides a weekly pencil puzzle to thousands of students. Eric lives in Milford, CT.

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by Frank Longo

These 77 puzzles will introduce kids to the challenging and rewarding fun of sudoku. With its fresh look, this new Puzzlewright Junior book is sure to be popular with any child.

FRANK LONGO is a puzzle creator with more than 3,000 crossword puzzles and more than 150 published books of sudoku and other puzzles. He lives in Hoboken, NJ.

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JANUARY 2020



Martin McLean, Middle School Queen

by Alyssa Zaczek

Martin McLean has always been surrounded by people who can express themselves, but he's not great at speaking up unless he's at a Mathletes competition. Then his Uncle Billy introduces him to the world of drag, inspiring Martin to create a fabulous drag queen alter ego. When Martin discovers that his first-ever drag show is the same night as an important Mathletes tournament, he realizes that he can only pull off both appearances by revealing his true self to his friends—and channeling his inner drag superstar.

ALYSSA ZACZEK is an author, playwright, and journalist who works as a features reporter for a paper in the *USA Today* network. *Martin McLean, Middle School Queen* is her debut novel. Originally from Chicago, Alyssa now lives in St. Cloud, MN. Visit her online at alys sazaczek.com and on Twitter @AlyssaDZaczek.

KEY SELLING POINTS

- Gently promotes tolerance and empathy, and features great representation in terms of race, language, family, sexuality, and ability
- Wide appeal—this story has something for everyone, not just drama nerds, mathletes, and budding drag queens
- Drag is popular and mainstream, with the growing fan base of *RuPaul's Drag Race* and regular drag queen story hour programming in many public libraries
- There has never been a middle-grade book starring a drag queen, even though there are kid drag queens and many adult drag queens who started experimenting with drag as kids



LITERATURE



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Are Your Stars Like My Stars?

by Leslie Helakoski, illustrated by Heidi Woodward Sheffield

No matter where they live, all children gaze at the blue sky, bask in the warmth of the golden sun, and dig in the rich dirt. Through the eyes of one thoughtful young narrator, young readers explore the idea of perspective, and come to realize that all of us share the colors of the world. Gentle, poetic text and gorgeous collaged illustrations make this just right for goodnight.

LESLIE HELAKOSKI is the author of Sterling's *Hoot & Honk Can't Sleep, Big Chickens* (the Michigan Reads Picturebook for 2007, Great Lakes Great Books Award, and a GLBA finalist) and *Woolbur* (a Book Sense pick for 2008, Florida Reading Assoc. Honor Book, and nominee for nine state book awards). Most recently she wrote and illustrated *Fair Cow*. Leslie lives in southern MI. Twitter: @helakoski.

HEIDI WOODWARD SHEFFIELD was a recipient of the 2017 SCBWI LA Mentorship Award and the SCBWI NY Portfolio Award (Honorable Mention), along with numerous other SCBWI awards. She lives in Northville, MI. Twitter: @wwwheidibooks.



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Hosea Plays On

by Kathleen Blasi, illustrated by Shane Evans

Every day, Hosea takes the bus into the city to play his shiny saxophone—and to hopefully earn enough money. In the marketplace, as he makes sweet music, people greet him with a smile, a girl dances, and crowds surround him. This heartwarming picture book, based on the real life of a local Rochester celebrity who passed away in 2016, captures the closeness between this much-loved musician and his community.

KATHLEEN BLASI is a former Co-Director of the Rochester Children's Book Festival, which has existed for more than 20 years, and received the New York State Reading Association Literacy Advocate Award in 2015. She lives in Rochester, NY, with her husband and two daughters. For more information, please visit kmbiasi.com.

SHANE EVANS is the illustrator of many picture books whose accolades range from being honored by First Lady Laura Bush at the 2002 National Book Festival to The Boston Globe-Horn Book Award and the Orbis Pictus Award® for Outstanding Nonfiction for Children. In 2012, he won the Coretta Scott King Book Award for Illustrators for *Underground*. Shane Evans lives in Kansas City, MO. For more information, please visit shaneevans.com.

Patricia's Vision

The Doctor Who Saved Sight

by Michelle Lord, illustrated by Alleanna Harris

Born in 1940s Harlem, Patricia Bath dreamed of being a doctor—even though that wasn't a career option for most women. This inspiring biography follows Dr. Bath in her quest to become an ophthalmologist and restore sight to the blind. "Choosing miracles" when everyone else had given up hope, she invented a specialized laser for removing cataracts, becoming the first African-American woman doctor to receive a medical patent.

With three sisters and two daughters, **MICHELLE LORD** believes in girl power. She is the author of Sterling's *A Girl Called Genghis Khan*, as well as *A Song for Cambodia*, *Little Sap and Monsieur Rodin*, and numerous science books. Michelle lives in New Braunfels, TX, with her family.

ALLEANNA HARRIS is an illustrator and artist from Willingboro, NJ. She graduated from the University of the Arts in 2015 with a BFA in Animation. Visit her online at alleannaharris.com and on Instagram @alleannaharris.

KEY SELLING POINTS

- A perfect addition to our "People Who Shaped Our World" biography series, which also includes *A Girl Called Genghis Khan* (Spring 2019). Upcoming titles include: *The Boy Who Thought Outside the Box* (Spring 2020)
- Spotlights a woman of color whose story is not well known, despite her lasting contributions in the world of ophthalmology
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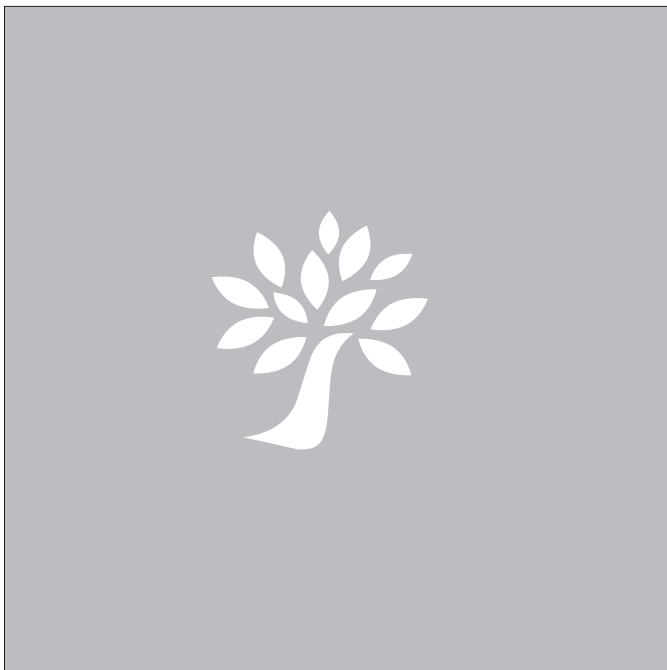
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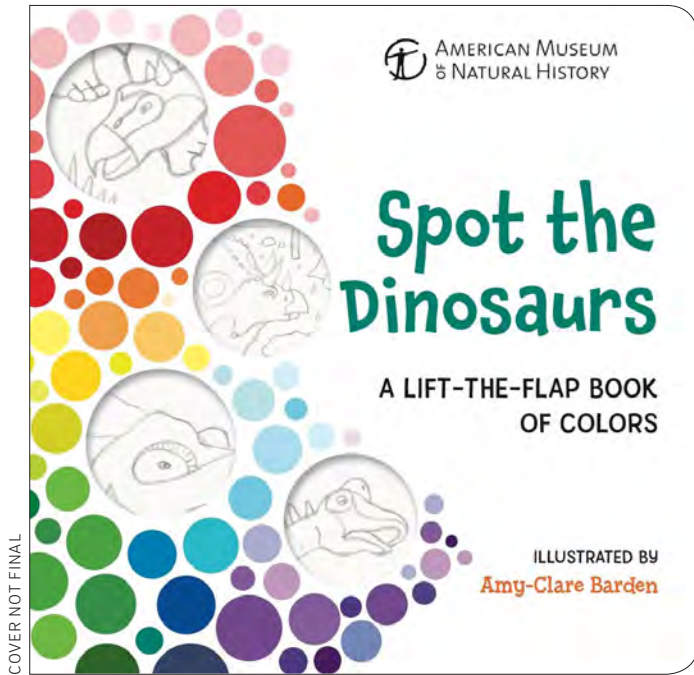
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JANUARY 2020

Spot the Dinosaurs

by American Museum of Natural History,
illustrated by Amy-Clare Barden

Can you spot the red dinosaur nibbling plants with its beak? Or the green meat-eater with hungry teeth? Created in collaboration with the American Museum of Natural History, this fun board book features peek-a-boo holes that show a patch of the hidden dinosaurs; lift the flaps to see the colorful creatures in their eye-catching habitats. Each spread highlights simple facts about the animals, giving kids a fun guessing game to play.

The **AMERICAN MUSEUM OF NATURAL HISTORY** in New York City is one of the world's largest and most respected museums, with an annual attendance of five million. Since the Museum was founded in 1869, its collections have grown to include more than 33 million specimens and artifacts relating to the natural world and human cultures. The Museum showcases its collections in the exhibit halls and, behind the scenes, more than 200 scientists carry out cutting-edge research. Plan a trip to the Museum, home of the world's largest collection of dinosaur fossils, or visit online at amnh.org.

AMY-CLARE BARDEN is a freelance illustrator who lives in Bristol, England. She received her BA (Hons) in Illustration from Falmouth University. She is the illustrator of *Picky Eaters* (Sterling). Learn more about her at cargocollective.com/amyclare-barden.

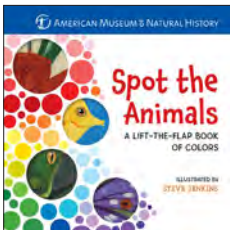
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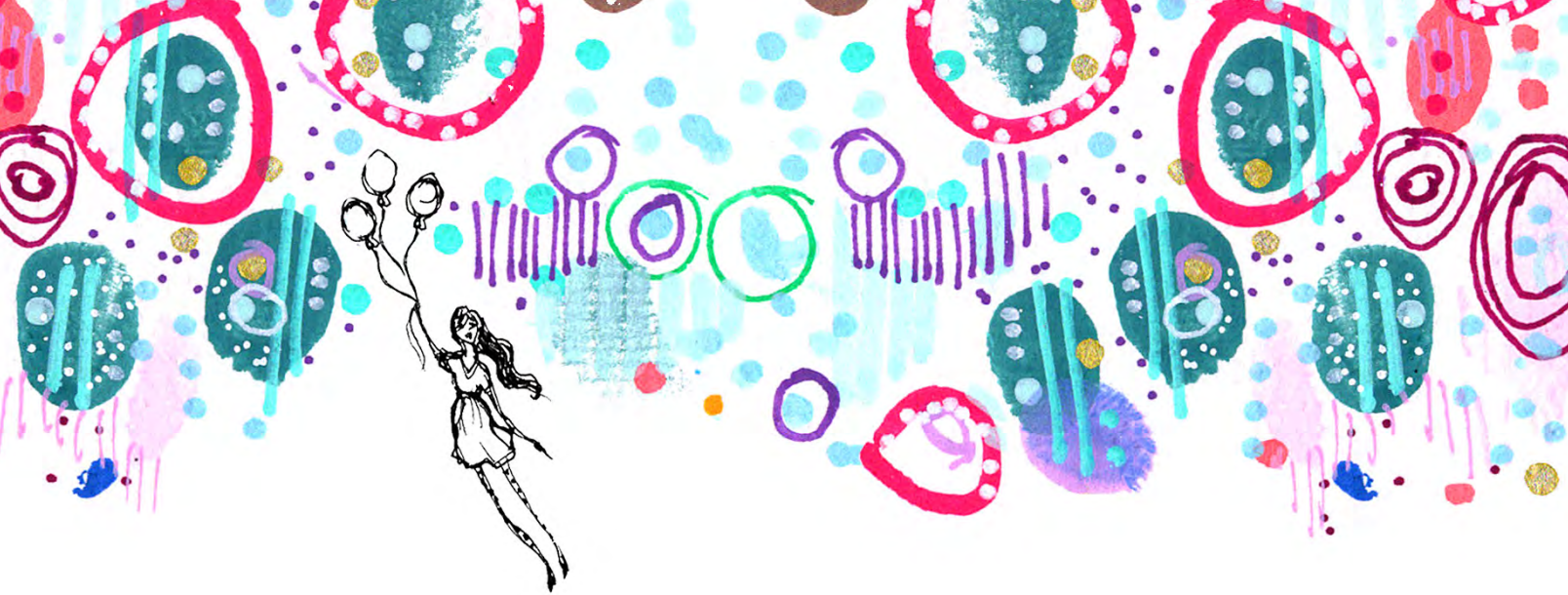
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