

FOREIGN RIGHTS

Autumn 2016



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CONTENT

Page	Author	Title
Fiction		
6	Boos, Marina	Jules Welt. Vom Glück der winterlichen Dinge
7	Borrmann, Mechtild	Trümmerkind
8	Käppler, Juliane	Die Schwangerschaft des Max Leif
9	Kölpin, Regine	Oma geht campen
10	Müller, Carin	Tage wie Ebbe und Flut
11	Oliver, Lily	Die Tage, die ich dir verspreche
12	Sahm, Nina	Das ganze Leben da draußen
13	Taschler, Judith W.	Bleiben
Crime/Thriller		
14	Berg, Alex	Gefährliche Saat
15	Kabetek, Elisabeth	Kleine Verbrechen erhalten die Freundschaft
16	Klüpfel/Kobr	Himmelhorn
17	Ménard, Oliver	Das Hospital
18	Raab, Thomas	Der Metzger
19	Svensson, Angelika	Wassersarg
Historical Fiction		
20	Lorentz, Iny	Das Mädchen aus Apulien
21	Plaschka, Oliver	Marco Polo: bis ans Ende der Welt
22	Schiewe, Ulf	Der Sturm der Normannen
23	Serno, Wolf	Die Gesandten der Sonne

CONTENT

Page	Author	Title
	Destiny/Family Secrets	
24	Dutton, Annette	Das verbotene Haus
25	Weber, Tanja	Mein Herz ist ein wilder Tiger
	Non-Fiction	
26	Abdel-Samad, Hamed	Der Koran
27	Adler, Yael	Haut nah
28	Bahr/Lange	Habt keine Angst
29	Bonner/Weiß	Wir Kassettenkinder
30	Dirnagl/Müller	Ich glaub, mich trifft der Schlag
31	Doerfer, Achim	Die große Abzocke
32	Grimm, Hans-Ulrich	Katzen würden Mäuse kaufen
33	Harbort, Stefan	Killerfrauen.
34	Kitzler, Albert	Denken heilt
35	Peters, Butz	1977. RAF gegen Bundesrepublik
36	Peters, Butz	100 Tage. Die RAF-Chronik
37	Seewald, Peter	Last Conversations
38	Vaillant, Kristin	Die verratenen Mütter
	Psychology & Medicine	
39	Dopfer, Werner	Mama-Trauma
40	Stöwing, Oliver	Sag es einfach
41	Treuenfels, Hubertus von	Gesund beginnt im Mund

CONTENT

Page	Author	Title
	Mind Body Spirit	
42	Franz, Barbara	Focusing Yoga
43	Moestl, Bernhard	Denken wie ein Shaolin
44	Reiche, Ulrike	Meine Yoga-Pause für Unterwegs
45	Reiche, Ulrike	Meine Yoga-Pause für die Arbeit
46	Reiche, Ulrike	Meine Yoga-Pause für zu Hause
47	Scheuermann, Ulrike	Innerlich frei
48	Schneider, Maren	Ein Kurs in Selbstmitgefühl
49	Schöps, Inge	Yoga for Everybody
50	Sterzenbach, Katja	Be YOUnique
51	Verma, Vinod	Die Ayurveda Apotheke
52	Zimmer, Melanie	Der Meditations-Malblock
	Healthy Eating	
53	Asch, Peter	Essen, was gesund macht
54	Klemme, Felix	Gesund Essen
55	Mehl, Volker	Ayurveda für den Thermomix
56	Reeb, Stefanie	Sweet & Healthy - Christmas
57	Seethaler, Susanne	All you need is soup
	Family & Education	
58	Kausch, Thomas	Wie ich meine Tochter durchs Abitur brachte
59	Köpp, Constanze	Aufgeräumt denken

CONTENT

Page	Author	Title
	Creative books	
60	Gabriel, Angela	Unser Weihnachten auf dem Land
61	Harms, Petra	Stitch it Yourself
62	Perle, Petra	Petra Perles Hot Wollée - Mützen Mania
	Nature & Knowledge	
63	Filser, Hubert	Warum küssen wir uns?
64	Filser, Hubert	Warum braucht der Mensch Urlaub?
65	Filser, Hubert	Warum werden geschnittene Äpfel braun?
66	Filser, Hubert	Warum erfrieren Entenfüße nicht?
	Biography & Memoir	
67	Henkel, Christin	Juchu, berühmt
68	Jacobs, Louise	Louise sucht das Weite
69	Peltner, Angela	Durchs Bild gelaufen
70	Reibold-Rolinger, Manuela	Das war im Plan nicht eingezeichnet
	Humour	
71	PietSmiet	Total Verzockt
72	Seeberg, Sophie	Der Maik-Tylor verträgt kein Bio!
73	Titles handled by AVA	
74	Contacts	

FICTION

Marina Boos

Jules Welt - Das Glück der winterlichen Dinge

The World of Jule. Winter Happiness.

Knaur, October 2016, 400 pages



A Creative Novel

In Müggelbach winter is not the only problem waiting for Jule beyond the front door of her café. The local people still view the ‘Lindenblüte’, or the Lime Flower, as either a Starbucks Hell or a melting pot for oddballs and cranks. Jule herself becomes the subject of an election issue and, all of a sudden, her usual helpers have all kinds of projects eating up their time: like a third child, a folksy shop, or the ageing public library. But Jule isn’t defeated so easily. And besides, she and her craft group are making goods for the Christmas market. So it’s time to put heart and soul into baking, cooking, painting and making nice stuff!

The author:

Marina Boos was born in Baden-Württemberg in 1981. She now lives very rurally with her family on the Swiss Elfringhauser border. Following her university studies she spent several years working for public libraries, looking after the science section, technical problems, students and an enormous shelf full of cookery and craft books. She not only spins and weaves words into stories, but also wool into scarves and blankets.

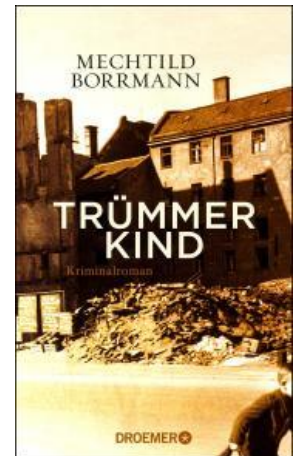
FICTION

Mechtild Borrmann

Trümmerkind

Rubble Child

Droemer, November 2016, 320 pages



Bestselling Mechtild Borrmann has already been awarded the renowned Friedrich-Glauser-Preis as well as the Deutscher Krimipreis. Her new novel, 'Born in the Ruins' describes the life of a foundling in the ruins of Hamburg during 1946/1947. Interweaving tension and historical events is something Mechtild Borrmann does like no other German author. This is borne out by her earlier works, best-sellers and highly acclaimed novels, "Wer das Schweigen bricht", "Der Geiger" und "Die andere Hälfte der Hoffnung". Little Hanno Dietz battles his way through the post-war years with his mother in Hamburg. Stone-breaking, hunting for old iron, dealing on the black market – this is his daily round. But one day he discovers a dead body in the rubble of the ruins. And just next to it, a boy of around three years of age and surprisingly well-clothed. The child won't speak, no relatives are to be found. So the boy grows up in the Dietz household. Years later the one-time rubble child finds himself on the trail of a crime with deadly links to his family...

The author:

Mechthild Bormann, born 1960, spent her childhood and youth on the Lower Rhine. Before she turned to writing, she worked in the food service industry, and as a dance and theatre pedagogue. Her crime novel *Wer das Schweigen bricht* became a bestseller and was awarded the German Crime Writing Prize 2012. Mechtild Borrmann lives in Bielefeld, where she works as a free-lance author. In 2015, her novel "Der Geiger" was awarded the Readers' Prize of ELLE/France.

Rights sold:

Rights to previous novels sold to: Denmark: Klim; France: Le Masque/Lattès; Japan: Kawade;
Turkey: Bali

FICTION

Juliane K ppler

Die Schwangerschaft des Max Leif

Max is pregnant!

Knaur, March 2017, 352 pages



A double pregnancy calls for double the involvement! When Max finds out his beloved Maja is expecting twins, he promotes himself to Baby Bump Boss. He saves the love of his life not only from unhealthy foods but also from alien parasites, not to mention from their dog, Hannibal, and the risk of germs from his openly demonstrated favourite habits. And, of course, he gives all the doctors a real grilling, subjects every available baby listening device to extra safety tests and checks out the road-holding qualities of the baby buggy as thoroughly as he does the new family car. But there's one woman who doesn't seem too happy with his commitment to the cause...

The author:

Juliane K ppler, born in 1977, lives in Mainz with her son. She has been writing since childhood and has been working as an author for several publishers in various genres since 2011. 'The Seven Deaths of Max Leif' is her first novel with Knaur.

FICTION

Regine Kölpin

Oma geht campen

Granny goes camping

Knaur, March 2017, 320 pages



Bille Rubens, 73, is actually a very clever woman. But she's been taken in by a swindler to whom she now owes a horrendous amount of money. As if that wasn't enough, she's got Häwelmann, master butcher, in hot pursuit with marriage proposals. Her neighbours' suggestion comes at just the right moment: Bille's more than happy to stand in as Granny substitute to their children and this means going off camping with them on the North Sea coast. Unfortunately, Bille's problems make the trip, as well, and so there's soon a real commotion on the camping site. Bille's substitute grandchildren stand by her, energetically supported by Biker Franz. Now *his* proposals are no bother. After all, he has a Harley-Davidson...

The author:

Regine Kölpin, born in 1964, lives in Friesland. She loves the North Sea coast, especially as she needs the rough climate, the sprawling ocean and the landscapes as her inspiration. Regine Kölpin has received numerous prizes and awards. She was recently nominated for the Kärtner Crime Prize 2008 and in 2010 received the crime grant Tatort Töwerland. In 2011, she was named one of the 'Strong Women of Friesland'. More info at: www.regine-koelpin.de

FICTION

Carin Müller

Tage zwischen Ebbe und Flut

Caught Between Ebb and Flow

Knaur, September 2016, 288 pages



Felix is 70. He speaks out like nobody else dares and does things nobody else would. His memories ebb and flow in his head like the tide, impossible ever to grasp. Because Felix has Alzheimer's. In order to fulfil his heart's desire, Felix's wife, Ellen, daughter, Judith, and granddaughter, Fabienne, take him on a cruise. But while the cruise is a wonderful adventure for Felix, for the three women it turns from being a voyage across the sea into a voyage through the soul, ploughing through turbulent waters but on course for sunnier places.

The author:

Carin Müller has been writing ever since she learned how as a tiny schoolgirl in 1978. But she couldn't ever have known how important it would one day become to know how to turn individual letters into words and words into sentences. Back then she wanted to be a vet, captain of a spaceship or a florist, all alternatives which then had, and still have, a certain allure if her dog is sick or a deadline is looming. However, she opted for writing and for the last fifteen years has been a freelance journalist and author. Carin lives with her husband and dog in Frankfurt. She blogs most days at 'Einsichten der Kiosk' (www.carinmueller.de) and 'Football'. (www.11spielerfrauen.de)

FICTION

Lily Oliver

Die Tage, die ich Dir verspreche

Days Promised

Knaur, September 2016, 368 pages



How does it feel to have a stranger's heart beating inside?

'Gwen, you're so lucky. Everything'll be OK, Gwen.' Since the heart transplant, Gwen has heard nothing else. Yet instead of brimming with joy about her life she experiences only guilt about the person who died for her. This is why, during a night of sheer desperation, she hatches a monstrous plan: she wants to give away her new heart and die. She posts her wish on an internet forum where it is seen by the moderator, a young student called Noah who sees little point in his own life. He takes her offer as a sick joke but decides to pretend to be interested. The next day, when Gwen's actually there in front of him, ready to take him at his word, he realises how deadly serious she is. Only through daring bargaining and a terrible lie can he make her promise to hold out a few days longer, days in which Noah has to give his all to persuade Gwen of something he himself has little belief in – that life is worth living. 'One of those books you emerge from different from when you first opened it: more compassionate, more open, more empathetic. More convincing than Jojo Moyes' 'Me Before You', as intense as John Green's 'The Fault is in our Stars'. 'And we know how this geocaching actually works'. That's how best-selling author Nina George comments on 'Days Promised'.

The author:

Lily Oliver was born in 1980 and grew up in Munich where she now lives with her husband. Her passion is for stories which are touching and full of feeling. Narratives about complex issues interest her deeply - organ transplantation is a case in point – in order to bring them to a wider audience.

FICTION

Nina Sahm

Das ganze Leben da draußen

A Life on the Outside

Droemer, October 2016, 256 pages



Elín is special – unconventional, dreamy, it's as if she's out of step with everyone else. She distances herself increasingly from her peers and spends every bit of free time on the trail of a young fox which has appeared on the outskirts of Reykjavik. Even her teacher, Alfa, has difficulty getting through to her even though she herself is also something of an outsider. Her own world was turned upside down by the recent suicide of her grandfather, Magnús, her greatest role model. Alfa's ideal would be to flee from reality and discover the world anew. So these two young women set off together on a road trip of their very own, way beyond society's expectations and ideals.

Nina Sahm was born in Heilbronn in 1980. She studied Theatre, German and English in Leipzig and in Budapest and has worked in major theatres as a script editor. Her first novel was published in 2014 by Blumenbar. She has also published short stories and essays in magazines and anthologies. She has been awarded three special writing bursaries: in 2012 from the Jürgen-Ponto-Stiftung, in 2014 from the state of Sachsen-Anhalt and also the Kloster Bergische Stiftung. In addition to all this she has translated Beatrix Potter's Peter Rabbit books into German. Nina Sahm lives in Munich where she is an author, translator and copywriter.

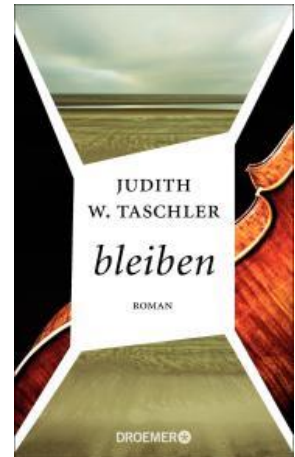
FICTION

Judith Taschler

bleiben

Stay

Droemer, September 2016, 256 pages



English Sample translation available

After a twenty year gap, cellist Juliane meets Felix again quite by chance in an art gallery. Their first encounter suddenly comes back to her, as does Rome Termini and the overcrowded platform where she played her cello, watched by the three young men, Max, Paul and Felix, all of whom she had met on the train journey to Rome. They were each at a turning point in their lives. Max was dreaming of becoming a painter. Paul was recently divorced, Juliane had been traumatised by an accident and Felix, the young man from South Tyrol, was on his way to Italy to find out more about his mother.

As early as that train journey, Juliane had felt a powerful attraction to Felix. And in the art gallery they fell for each other completely. They met in secret for well over six months. Juliane is wracked with guilt and feels torn between her husband and her lover. She's happy with Paul and with her family but isn't willing to give up the excitement of her visits to Felix's flat.

When Felix, after a brief trip away, suddenly drops all contact with Juliane, she's hurt and dispirited. Only months later does she find out the shattering reason – from her husband, of all people.

The author:

Austrian novelist Judith W. Taschler was born in Linz in 1970 and grew up in the Mühlviertel region. As a young woman she lived abroad for a while and did a range of different jobs before embarking on her studies in German and History. She lives with her family in Innsbruck and worked in teaching for a number of years. Since then she has become a highly successful writer. Her first novel, 'Sommer wie Winter', came out in 2011. With her second novel, 'Die Deutschlehrerin', she won in 2014 the well-respected Friedrich-Glauser-Preis. She is already working on her sixth book.

Rights sold:

Poland: Foksal

CRIME/THRILLER

Alex Berg

Gefährliche Saat

Dangerous Progeny



Knaur, January 2017, 384 pages

When Valerie Weymann discovers that her daughter, Leonie, has joined a Salafist group for the sake of her boyfriend, Djamal, the lawyer sets every lever in motion and gets her Berlin contacts working. As a matter of urgency she even turns to her old adversary, departmental head at the Federal Intelligence Service, Eric Mayer. But it may all be too late. The cell is planning an attack in which Djamal has a key role to play and Berlin's political world has its own special objectives...

The author:

Alex Berg worked as a freelance journalist for many years before she started writing her first suspense novels. Her explosive political thrillers "Machtlos" und "Die Marionette" and her novel "Dein totes Mädchen" have taken readers by storm. Behind the pseudonym Alex Berg is the author, Stefanie Baumm.

Rights sold:

Rights sold to previous titles: France: Jacqueline Chambon; Italy: Booksalad; Netherlands: Unieboek

CRIME/THRILLER

Elisabeth Kabatek

Kleine Verbrechen erhalten die Freundschaft

What's a little crime between friends?

Knaur, January 2017, 352 pages



This bestselling author's new novel is a worldly-wise and entertaining road trip across Germany. Three characters, all running away from something, meet by chance at a motorway service station and set off together on a trip. There's Luise, mid-seventies, whose husband cheated on her for decades. There's Jan, now 50, seized by a mid-life crisis. And thirty year-old Sabrina has recently ended up in bed with her boyfriend's best mate. The cash soon runs out for this insanely normal threesome. Their ways of raising further funds are highly unconventional and soon the police are after them. What started out as a harmless trip leaves a trail of events in its wake...

The author:

Elisabeth Kabatek grew up near Stuttgart. She studied English, Spanish and Political Sciences in Heidelberg and Spain and is a translator. She has been living in Stuttgart since 1997. Her novels 'Laugenweckle zum Frühstück', 'Brezeltango', 'Spätzleblues' and 'Ein Häusle in Cornwall' were all an instant success.

CRIME/THRILLER

Klüpfel / Kobr

Himmelhorn

On Mount Himmelhorn

Knauer, September 2016, 480 pages



Klufti loves the mountains, of course – especially a plate piled high with hearty mountain nosh. But health freak Langhammer’s latest prank is about to send the detective, together with his e-bike, deep into the mountains of the Allgäu where the two promptly come up against three dead bodies: one, a famous documentary film-maker, and the other two local mountain guides, planning to make a film about the first ascent of Himmelhorn. It seems they were not prepared for what is known to be an extremely dangerous climb.

But when Klufti learns of decades of hostility between the families of the mountain guides, his enquiries take him to some of the most remote mountain valleys - where the people are even more tight-lipped than he is.

The authors:

Volker Klüpfel, born 1973, shares the home town of Altusried with his hero Kluftinger. But the former journalist now lives in Augsburg with his family, despite the fact that his job no longer involves editing the culture section of the Augsburgener Allgemeine but rather writing his own work. Klüpfel studied politics and history in Bamberg before working at a US newspaper. He spends his free time with sports and theatre – either as a spectator or joining the open-air festival at Altusried. Just like Inspector Kluftinger.

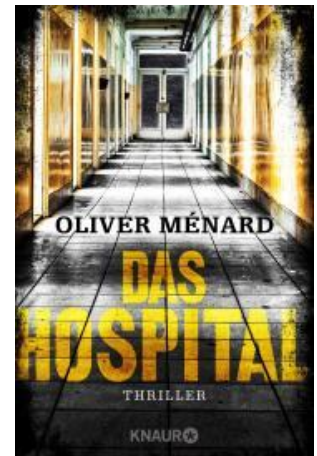
Michael Kobr, born 1973 in Kempten in Allgäu, studied German literature and Romance languages in Erlangen. After becoming a teacher, he worked at several schools in Bavaria. Currently, however, he is on a self-imposed leave – so that he can work on his novels and shows, and so that he can spend more time with his family. He lives in Allgäu with his wife and two daughters.

CRIME/THRILLER

Oliver Ménard

Das Hospital

The Hospital



Knaur, February 2017, 400 pages

Christine's back. When a drowned body, its lips missing, is found in the River Spree, she goes on the trail of the murderer. Research leads Christine Lenève into the world of the super-rich and their accomplice, 'Iceman'. The unknown killer stages his murders in front of masked men. After a furious chase through luxurious villas and a derelict hospital Christine catches the killer. But this is just the start of a brutally tough mind-game – only one of them will survive...

The author:

Oliver Ménard was born in 1965 in Berlin. He studied production and documentary filmmaking in Madrid and New York and then went on to study German and Publicity at university in Germany. He has been working as a television journalist in Germany for more than 20 years and now lives in Berlin.

CRIME/THRILLER

Thomas Raab

Der Metzger

The Metzger



Droemer, August 2016, 336 pages

Willibald Adrian Metzger

Cranky crime fiction from Austria at its best:

Only death authors make fun. But it is also nice to plague publishers, editors, critics... and particularly German teachers...

Furniture restorer and hobby detective Metzger is being taken to the literary world. Just because of Hansi Wopltek, his butcher's wayward son. Hansi does not want to fill sausages, but to become a writer! No wonder if this turns to be a bloody mess.

The author:

Thomas Raab, born 1970, lives in Vienna with his family. After completing his studies in mathematics and physical education, he now works as a writer, composer, and musician. He has been nominated for and won numerous literary and musical prizes, most recently "Buchliebbling" 2011 and the 2013 Leo Perutz Prize. His crime novels featuring art restorer Willibald Adrian Metzger are among Austria's most popular and are being adapted for film.

CRIME/THRILLER

Angelika Svensson

Wassersarg

Canal for a Coffin



Knaur, March 2017, 352 pages

By the Kiel Canal a man's body is found. Superintendent Lisa Sanders, Kiel Homicide Division and the senior public prosecutor, Thomas von Fehrbach, discover that this is Carsten Hunold who, sixteen years previously, had sexually abused two young boys and then murdered them. Vigilante justice?

The author:

Angelika Svensson was born in 1954 in Hamburg and still lives in Northern Germany today. She has been working for various departments of the Norddeutsche Rundfunk in Hamburg since 1972, also for the entertainment/T.V. play department, where she participated in the production of many shows and crime stories on the production side.

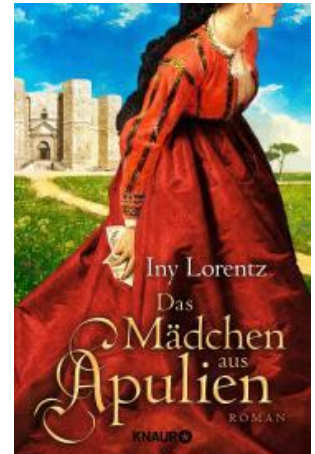
HISTORICAL FICTION

Iny Lorentz

Das Mädchen aus Apulien

The girl from Apulia

Knauer, October 2016, 608 pages



He went down in history as 'Stupor Mundi', the marvel of the world. Holy Roman Emperor Frederick II is still considered one of the most intriguing, exciting figures in European history. He stirred the imagination of not only his contemporaries but also numerous historians and writers. The young Pandolfina, daughter of a Saracen princess and a count from Apulia, seeks refuge at the Emperor's court. Since her father's death, she has been alone in the world and has to resist the neighbour who has seized her father's fortress and seeks to force her into marriage. Frederick, who had at that time been excommunicated by the Pope, is at first reluctant for political reasons but then decides to make her part of his household. After she goes on to save his life in the Holy Land, he enables her to become the first woman to study Medicine in Salerno. But then fate strikes, taking her away from the warmth of Italy to Germany - where she has to fight for her life and her happiness.

The author:

Two authors from Munich are behind the pseudonym Iny Lorentz, whose first historical novel 'Die Kastratin' delighted readers straightaway. With 'Die Wanderhure' they had their breakthrough; the novel attained more than a million readers. Since then, bestseller has followed bestseller. Iny Lorentz's novels have been sold in numerous countries. The film adaptations of their 'Wanderhure'-novels and more recently the 'Pilgerin' have delighted millions of television viewers. In the spring of 2014, Iny Lorentz was awarded the 'Ehrehomerpreis' for their special merits in the sector historical novel. Visit the authors' homepage: www.inys-und-elmars-romane.de

International publishers:

Rights to previous titles sold to: Brazil: Objetiva; Czech Rep.: Euromedia; France: Presses de la Renaissance; Hungary: General Press; Italy: Neri Pozza; Sperling & Kupfer; Korea: Book 21; Latvia: Zvaigzne; Lithuania: Musu Knyga; Netherlands: Xander; Poland: Sonia Draga; Russia: Moy Mir; Spain: Ed. B; Santillana; Turkey: Pegasus

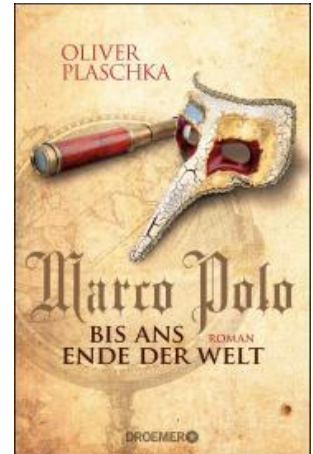
HISTORICAL FICTION

Oliver Plaschka

Marco Polo

Marco Polo

Knaur, November 2016, 608 pages



To the ends of the earth

A heroic adventurer? A clever advisor to the powerful? Or nothing more than a con man? This is a unique biographical novel about one of the most colourful figures of the Middle Ages – Marco Polo.

Is this man a hero, a genius or just a liar? These questions crowd the mind of Rustichello, the narrator, as he listens to the tale of his cell-mate, Marco Polo. Did this Marco fellow really manage to gain access to the court of Kubla Khan?

But these questions fade with the increasingly captivating stories conjured up by Marco. And so Rustichello travels back in time with Marco, shares with him the wonders of Asia, learns how cleverly the Venetian overcame cultural barriers to become one of the most significant figures in China...

The author:

Oliver Plaschka (born in 1975 in the Roman city of Speyer, Germany) is a graduate of the University of Heidelberg and a freelance writer and translator. In 2008 his debut, "Fairwater", won the Deutscher Phantastik Preis in 2008 for the best first novel.

HISTORICAL FICTION

Ulf Schiewe

Der Sturm der Normannen

Normans on the Attack

Knaur, December 2016, 448 pages



Volume 4 of Ulf Schiewe's exciting Saga of the Normans.

Southern Italy 1057: the signs are not auspicious for Gilbert, a young Norman, and his master, Robert Guiscard. Internal conflict and warring siblings threaten to destroy the Empire of the Normans. The Pope, too, is out for revenge and Robert's secret love for the Princess Gaitelgrima lands him in prison. An embittered battle for dominance breaks out. Only Gilbert can now save his master. But he stands alone against a vastly superior strength.

The author:

Ulf Schiewe was born in 1947. He originally wanted to become a painter, but instead of the choosing the unprofitable arts, he made a career in the software industry and lived abroad for many years, among other places in France, Sweden and Brazil. He has published several historical novels.

HISTORICAL FICTION

Wolf Serno

Die Gesandten der Sonne

Envoy of the Sun

Knaur, September 2016, 624 pages



Bagdad, the year is 797. On the orders of Charlemagne a daring band of men have travelled to establish contact with Caliph Harun al-Rashid. But the return journey to Franconia proves to be an extraordinary adventure. The ‘envoys of the sun’ bring with them exquisite gifts, including a live elephant. During this hazardous time, the young doctor, Cunrad von Malmünd, develops and grows into a leadership figure but comes up against his limits. Not least in the case of Aurna, the proud Longobard woman.

The author:

Wolf Serno worked as a text editor and creative director in advertising for 30 years. With his debut novel, ‘Der Wanderchirurg’ – the first of the gripping novels set around Vitus von Campodios – he created an instant bestseller, followed by many more. Wolf Serno, who lists his hobbies as ‘reading a lot, traveling afar, eating well’, lives in Hamburg with his wife and dogs.

Rights sold:

Rights sold to previous novels: Czechia: Euromedia; France: de Fallois; Hungary: Proof; Korea: Kavin Dong; Poland: Swiat Ksiazki; Russia: Mir Knigi

DESTINY/FAMILY SECRETS

Annette Dutton

Das verbotene Haus

The Forbidden House

Knaur, November 2016, 464 pages



They couldn't have been more different and yet, in their day, only a single street divided them. Caroline Hodgson, known as Madame Brussels, defied contemporary morals as the owner of a brothel. Mary MacKillop was the one Saint in Australia. Annette Dutton skilfully interweaves the stories of these two fascinating women with a truly vivid, gripping family history about faith, morality, love and betrayal.

The author:

Annette Dutton, born in 1965 in Germany, studied humanities in Mainz. She has been working as a television producer and author ever since, most recently for an Australian-special of the scientific series 'Galileo', as well as for the two-part Australia report 'Der Zug der Träume'. Her novels have been glowingly received by press and readership, with 'Die verbotene Geschichte', appearing on the SPIEGEL bestseller list. Annette Dutton lives in Australia with her husband John and her son Oscar.

DESTINY/FAMILY SECRETS

Tanja Weber

Mein Herz ist ein wilder Tiger

Untamed Heart of a Tiger

Knaur, February 2017, 400 pages



As the daughter of a magician and a tight-rope artist, Elly Simon's future career path was already marked out at birth in 1916. Known as the Snake Woman, she amazed and entranced her audiences. When she got to know the daredevil tiger tamer, Hans, she couldn't have been happier. But this is 1936 and her husband is Jewish. Both are forced to flee halfway round the globe, a fate she has in common with John Mbete, the man she helps look after years later in a refugee shelter in Berlin. He has fled war and persecution in Somalia. John and Elly, two people who have lost their homelands and families in very different ways, gradually grow close – and are family to one another for a short time. Until fate intervenes again and tears them apart.

The author:

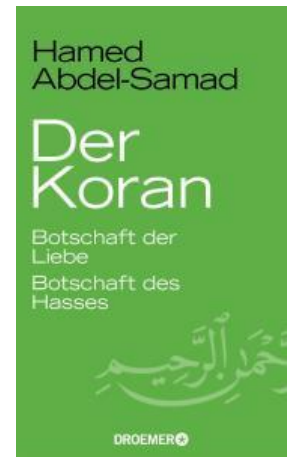
Tanja Weber was born in 1966 and initially worked as a theatre dramaturg, in Wuppertal, Berlin and Hildesheim, amongst other places. In her second job, following the birth of her two children, she worked as a screenplay writer for television, amongst others, for 'Verliebt in Berlin' and 'Türkisch für Anfänger'. In 2011, she won first prize in the literary competition of her hometown Gauting. Her first crime novel, 'Sommersaat', was nominated for the Glauser prize.

NON-FICTION

Hamed Abdel-Samad

Der Koran

The Quran



Droemer, October 2016, 224 pages

Civil wars in the Islamic world and confrontations with the west are the fundamental conflicts of our time. The roots of these conflicts lie within the Koran itself. This is because it carries, on the one hand, a message of tolerance and compassion and is, on the other, a religious text which legitimises brutality and murder. This contradiction stems from the character and life of Mohamed, initially a peaceful preacher, later a warlord. Hamed Abdel-Samad chooses key verses from the Koran, introduces them and then comments on them with a look at the circumstances of their coming into being and their reception. He shows why peace-loving Muslims draw on the messages of the Koran as much as violent Muslims do - and which conflicts then grow as a result.

The author

Hamed Abdel-Samad was born in 1972 near Cairo and studied English, French, Japanese and Politics. He worked for UNESCO, at the Institute for Islamic Culture at the University of Erfurt and at the Institute for Jewish History and Culture at the University of Munich. Abdel-Samad is a member of the German Islam Conference and is considered to be one of the most renowned Islam intellectuals in the German-speaking area. His autobiography 'My Farewell from Heaven' caused quite a stir (Knaur paperback 2010): 'That which he expects from his fellow citizens, he has done himself: Enlightenment through breach of taboo.' ZDF-Aspekte.

Rights sold:

Rights to previous books sold to: Czech Rep.: Euromedia; Estonia: Johannes Esto; Hungary: Művelt Nép, Korea: Geulhangari; Korea: Hans; Netherlands: Contact; Norway: Document; Sweden: Rosa Alba; USA: Prometheus

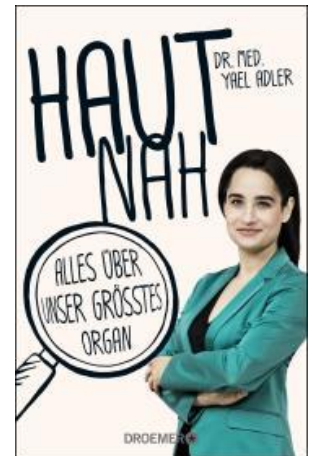
NON-FICTION

Yael Adler

Haut Nah

Skin Deep

Droemer, September 2016, 336 pages



Skin is our daily preoccupation: general care, sensitivity, allergies, anti-ageing, sun...it is barely two metres square and envelops everything we carry inside us. It makes us snatch back the hand that grab a blade the wrong way round, prevents us from getting too cold or too hot and protects us from harmful intruders. No stimulus, no sex - without our skin. In her book, as entertaining as it is informative, the TV dermatologist, Yael Adler, gets to grips with our skin and explains everything we could want to know. She doesn't hold back from talking about pimples, wrinkles, smelly feet and various other subjects we tiptoe around. She explains with enthusiasm why sex is good for our looks, why men don't get cellulite and why our skin's got plenty of brains.

With b/w illustrations by Katja Spitzer.

The author

Yael Dagmar Adler (born in 1973 in Frankfurt am Main) is a doctor, health care researcher, writer and presenter. She has a strong presence on TV, radio and print media as expert on health care.

Adler studied Medicine at the Johann Wolfgang Goethe University in Frankfurt am Main and the Berlin Free University, graduating in 1999 from the University Clinic of her home town. In 2003 she completed her training as specialist in ailments of the skin and in sexually transmitted diseases followed by additional training in Phlebology (2004). Since 2007 she has been resident dermatologist in her own private practice in Berlin and, since 2009, has also worked at the Berlin-based European Prevention Centre and Heart Institute. She is a member of the expert panel at the German Federal Chamber of Pharmacists.

Since 2003 Dr Adler has been on a host of different German TV channels, presenting on several programmes.

Rights sold:

Czech Republic: Euromedia; Denmark: People's Press; France: Solar; Hungary: Park;

Iceland: Bjartur/Veröld; Italy: Garzanti/Corbaccio; Korea: Mirae N; Netherlands: Luitingh-Sijthoff;

Norway: Aschehoug; Polen: JK/Feeria; Portugal: Pedro da Lua; Romania: Lifestyle; Russia: Eksmo;

Spain: Urano; Sweden: Norstedts

NON-FICTION

Petra Bahr / Nico Lange

Die falsche Wahl

Don't be afraid! Why we must defend our open society

Knaur, October 2016, 160 pages



A doomsday atmosphere is widespread. Fear of Islamist terrorism and prejudice towards Muslims set the tone of public debate and quash the pivotal question: how can a pluralistic society deal appropriately with populist agitators? Petra Bahr and Nico Lange appeal for self-confidence in democrats and demand more courage in disputes with rabble-rousers. We can only get our concept of freedom across, and in a way that's convincing to outsiders, if we have faith in our own arguments.

The author

Petra Bahr was born in 1966 and graduated in Theology. From 2006 to 2014 she held the brief for culture for the German Protestant Church. Since then she has been Head of Department for Policy and Guidance at the Konrad Adenauer Stiftung (KAS). This feisty intellectual is well-known as a columnist and is a member of the think-tank *stiftung neue verantwortung*.

Nico Lange was born in 1975 and is Deputy Head of the Department for Policy and Guidance at the Konrad Adenauer Stiftung. At the same organisation he is head of the team looking at domestic policy and leads the KAS working group on 'Zukunft der Volksparteien'. As political scientist and journalist, his main preoccupations right now are refugees and populist political parties.

NON-FICTION

Stefan Bonner / Anne Weiss

Wir Kassettenkinder

Cassette Tape Cool

Knaur, October 2016, 272 pages



The legendary Eighties! This was the decade when we created our own mix-tapes from the radio, had Dallas hairstyles and wore Hawaii shirts. Anyone who grew up amid chewed-up cassettes, New Wave music, Indiana Jones and the YPS ‘mag’, nuclear weapons and the Birdie Song lived through a momentous, curiously carefree, frequently plain silly, decade when everyone had the impression they were having a super-duper time in spite of threats like the end of the world, acid rain and the Cold War. And at some point this was somehow when the future began. Stefan Bonner und Anne Weiss, children of the Eighties themselves, take a humorous look back over the decade which influenced us like no other.

The author

Hiding behind Anne Weiss (b.1974) und Stefan Bonner (b.1975) are two one-time book editors, Ann-Kathrin Schwarz und Jan Wielpütz. It was 2006 when publishers Bastei Lübbe put them in a shared office, 2008 when their best-seller ‘Generation Doof’, (Generation Daft) was in the Top 10 on ‘Der Spiegel’ best-seller list for a full 80 weeks. It took 18th place in the most bought books of the decade, selling around 850.000 copies. Then came yet more Spiegel best-sellers, ‘Doof it Yourself (2009), Heilige Scheiße, (2011) and Betamännchen (2014) for which film options were acquired and in which there are a few scenes from the Eighties. Anne Weiss loves Depeche Mode, still has a Fanta Yoyo and was relieved when Robert Zemeckis announced that ‘Back to the Future’ would never undergo a remake in his lifetime. Stefan Bonner still goes in for a blow-wave, listens to old radio recordings of Tintin and loves the Eighties-style computer games.

NON-FICTION

Prof. Dr. Ulrich Dirnagl/Dr. Jochen Müller

Ich glaub mich trifft der Schlag

I think I've been hit!

Droemer, Novemer 2016, 320 pages



The brain is our body's control centre, as every child knows. But how does this box of miracles enable us to see, feel, speak and think? Professor Dirnagl from the organisation known as Berliner Charité and Science Slammer Jochen Müller have joined forces and explain how the brain functions by using six neurological conditions as examples. These include dementia, stroke and epilepsy. Any breakdown in brain function reveals something to us about how it works when it is healthy. A stroke, for example, shows what a magnificent organisational talent the brain is. If, for example, a patient loses the ability to speak or walk, we are able to identify where in the brain these functions are located.

With b/w illustrations.

The author:

Jochen Müller was born in Kassel in 1976. After studying Biology at Göttingen, he went on to graduate in medical neural science in Berlin. After this he spent six months in Canada doing research before returning to Berlin. It was here that he met Professor Ulrich Dirnagl while working as a science researcher at the Professor's Institute. Jochen Müller lives in Berlin, organises and presents Science Slams both at home and abroad, and also works as a journalist on the subject of science in publications such as dasGehirn.info and ZEIT Wissen.

Ulrich Dirnagl, born in Munich in 1960, is a doctor and neuroscientist. Since 1999 he has been Professor of Clinical Neuroscience and Head of the Department of Experimental Neurobiology and, since 2008, Director of the Centre for Stroke Research in Berlin.

In addition he is Clinical Coordinator of the Excellence Cluster NeuroCure and Clinical Coordinator at the German Centre for Neurodegenerative Diseases at the Berlin site. Ulrich Dirnagl is also passionate about skateboarding and was the German Freestyle Champion in 1976!

NON-FICTION

Achim Dörfer

Die große Abzocke

The Great Rip-Off. How business systematically cheats its customers

Knaur, October 2016, 240 pages



IKEA refuses to reimburse travel costs. Saturn doesn't refund the purchase price on defective televisions. eBay does not process cancelled sales accurately. By using illegal clauses in contracts, unlawful business models or even just unconventional procedures, businesses are making billions of euros every year. Lawyer Achim Doerfer has researched how the daily deceit takes place. He's nailed his colours to the mast: stop the rip-off. He offers advice on how we can protect ourselves and does this with sample documents, examples of official summonses and tips on how to deal with the costs of court cases and getting advice.

Achim Doerfer is a lawyer based in Göttingen. Alongside his legal work, he acts as consultant to politicians in Berlin and Brussels. On the radio programme *detektor.fm* he regularly responds to questions on matters of justice. He has published in a range of media a host of contributions on everyday matters of law: FAZ, Die Welt, Süddeutsche Zeitung, Spiegel, Bild Zeitung, WAZ, Tagesschau and das Heute Journal. His last publication, 'Die Steuervermeider. Wie wir um Milliarden betrogen werden', dealt with losses through tax evasion.

NON-FICTION

Hans Ulrich Grimm

Katzen würden Mäuse kaufen

Cats would buy mice. How the pet food industry is making our pets ill

Droemer, July 2016, 320 pages



More than 700 000 copies sold of Grimm's books!!!

If the advertisements are to be believed, only the best is good enough for our pets. But instead of getting balanced nutrition our four-legged friends are being offered an unhealthy mix of slaughterhouse waste, diluents and stabilisers. Then there are other scandalous revelations: the addition of sewage sludge, for example. Or innovative ingredients created by natural gas with the help of bacteria. With no labelling, of course. To make it acceptable to animals, flavourings are then added to the mix. Hans-Ulrich Grimm lifts the lid on the unappetising truth about commercial pet food.

The author:

Dr. Hans-Ulrich Grimm is journalist and author and lives in Stuttgart. His decades of research within the world of industrial foodstuffs led him to ban all products manufactured by Nestlé, Knorr & Co from his kitchen shelves, in favour of fresh produce from markets and farms. His realisations: enjoyment and health go together. Grimm's books are bestsellers. "The Soup is Lying" alone saw a print run of 250.000 and is considered a classic of modern food criticism.

Rights sold:

Rights to previous titles sold to: China: Chongqing Daily; Czechia: Dobrovsky; Czechia: Pragma; France: Courier du Livre; Hungary: Kétezerregy; Korea: Window of Time; Korea: Ulysses; Latvia: Zvaigzne; Poland: Astropsychologii; Russia: Piter; Spain: Obelisco; Taiwan: Ryefield

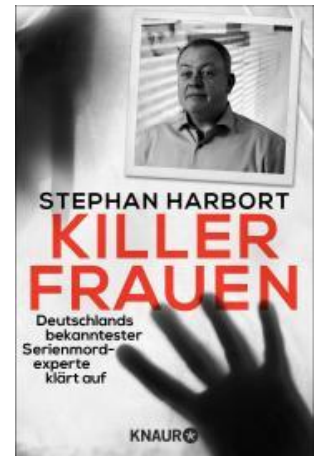
NON-FICTION

Stefan Harbort

Killerfrauen

Female killers. Germany's best-known serial killing expert explains

Knaur, March 2017, 240 pages



A nurse murders her patients in God's name. Two high-pressure door-to-door traders who use baseball bats to batter and torture their underlings. An ice-cream lady who shoots dead her ex-husbands. Harbort presents gripping case studies of women who are serial killers, analyses their motives, their backgrounds and personality profiles. He gives unsettling insights into the unplumbed depths of the soul - because murder by women is different.

The author:

Stephan Harbort, born in 1964, is a Chief Police Commissioner and leading serial murder expert. He has spoken to more than 50 serial murderers, has developed internationally applied investigative methods for convicting violent criminals and is a specialist advisor for TV documentaries and crime series. Stephan Harbort lives in Düsseldorf.

NON-FICTION

Albert Kitzler

Denken heilt

Thinking is Healing!

Droemer, September 2016, 288 pages



Our daily routine is very demanding: stress, worry, exhaustion and even anxiety can result. Albert Kitzler is convinced that the wisdom of classical thinkers is an effective remedy in helping us deal with these challenges. He translates the health knowledge of ancient thinkers from both the east and the west into something which fits our lives and makes the philosophical therapies user-friendly – philosophy as the way to equilibrium and joy in life.

The author:

Doctor Albert Kitzler, born in 1955, studied Philosophy and Law in Freiburg im Breisgau and worked as a research assistant at the Heidegger Institute. He has been working as a successful media lawyer and film producer (1994: Oscar for the short film 'Schwarzfahrer') in Berlin for more than 20 years. Since 2000, he has once again become intensely involved with philosophy in antiquity in Greece, China and India. In 2010, he founded 'MASS UND MITTE – School for Antique Wisdom', where he hosts seminars, coaching sessions and philosophical matinées, as well as giving lectures.

NON-FICTION

Butz Peters

1977. RAF gegen Bundesrepublik

1977: Red Army Faction against the Federal Republic

Droemer, September 2016, 400 pages



1977 was the year in which left-wing terrorism in the Federal Republic of Germany took on dimensions previously unknown. Take the murders of Dresdner Bank chief, Jürgen Ponto, Chief Federal Prosecutor Siegfried Buback and employers' association boss, Hanns Martin Schleyer, add to it the hijacking of the 'Landshut' passenger flight and it is clear a second generation dedicated to extreme brutality had emerged. At the same time, the suicides in Stammheim prison of Andreas Baader, Gudrun Ensslin und Jan Carl Raspe brought the first generation to a close which shook the whole country. Butz Peters tells of the dramatic events of 1977, the crucial year when the RAF posed the power question. He sets his narrative against the background of the terrorist organisation's beginnings and gives an overview of further attacks until the group dissolved in 1998.

Born in 1958, Butz Peters is a legal expert and journalist. As successor to Eduard Zimmermann, he presented the TV series known as 'Aktenzeichen xy...ungelöst', or 'File Number xy...unsolved' and wrote a further TV series in which he investigated crime in Germany, 'Verbrechen in Deutschland – Butz Peters ermittelt'. Prior to this he was head of legal policy at the broadcasting company, NDR.

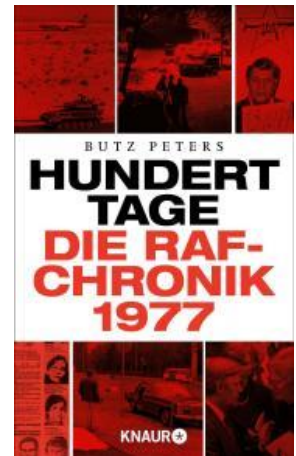
NON-FICTION

Butz Peters

1977. RAF gegen Bundesrepublik

One Hundred Days. Chronicle of the Red Army Faction (RAF): 1977

Droemer, December 2016, 240 pages



1977 is the key year in the conflict between the German state and the RAF. It is the year when Siegfried Buback, Jürgen Ponto, Hans-Martin Schleyer and attendants were murdered, when the aircraft 'Landshut' was hijacked, the captain killed, the plane stormed by the GSG9 special operations unit, and the year when Baader, Ensslin and Raspe took their own lives in Stammheim Prison. It is the year in which the first generation RAF made its exit, the second took over – and immediately split. Butz Peters presents a day-by-day account of how RAF prepared and how the investigative authorities acted. An astounding journey through time in one of the key years in German Federal history.

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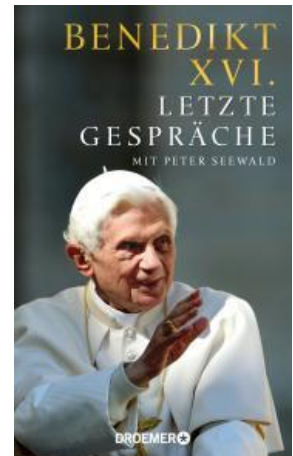
NON-FICTION

Peter Seewald

Benedikt XVI.: Letzte Gespräche

Benedict XVI: Last Conversations

Droemer, September 2016, 288 pages



It's a sensation: Benedikt XVI breaks his silence.

For the first time in the 2000 years of history of Christianity a pope draws a balance of his papacy.

Journalist Peter Seewald has lead numerous interviews with Benedikt XVI before and after the resignation. The pope emeritus speaks explicitly about the reasons for his resignation, the emphases of his pontificate, about his successor Pope Francis and controversial topics during his papacy, such as Vatileaks and the difficult reforms in the Curia .

Never before has Benedikt XVI spoken in such a personal way about his faith, the current challenges for Christianity and the future of the church.

His reminiscence of the family, of important companions and distinctive incidents of his biography underline the particular character of this book.

„Last Conversations“ are the legacy of the German Pope, one of the biggest theologians and thinkers of our times, who had lead the World Catholic Church with its 1.3 billion members during eight years and whose lifework is of leading significance for the Church of the third millennium.

Peter Seewald, born in 1954, worked as a journalist for STERN, SPIEGEL and the SÜDDEUTSCHE ZEITUNG and is considered one of the most successful religious authors in Germany. His most well known books are: "Salz der Erde", "Gott und die Welt" as well as several books on Pope Benedikt XVI. Pattloch published his collection "Kult" in 2007 and the bestseller biography "Jesus Christus" in 2009. Peter Seewald is married and lives with his family in Munich.

Rights sold:

Brazil: Planeta Brasil, Croatia: Verbum, France: Fayard, Hungary: Szent Istvan, Italy: Garzanti, Poland: Rafael; Portugal: Dom Quixote; Slovenia: Druzina; Spain: Loyola (World Spanish); UK: Bloomsbury (World English)

NON-FICTION

Kristina Vaillant

Die verratenen Mütter

Mothers betrayed. How pensions policy is driving women into poverty

Knaur, October 2016, 160 pages



Seven million female ‘baby-boomers’ are due to retire in the next few years. Two thirds of them will receive no more than 600 euros in pension and will need further welfare support – although they have always worked and are well-educated. Kristina Vaillant describes the scale of the scandal and spells out its cause: a pensions policy which does nothing to reduce the gender gap but systematically makes it worse. Successful alternatives are presented, examples being the Netherlands, Great Britain and Scandinavia, where a woman’s whole lifetime of activity is respected in the pensions calculations

The author:

Kristina Vaillant was born in 1964 and studied Journalism and Art History. Between 1999 and 2005 she worked at the German Parliament as a researcher. Now she’s a freelance journalist based in Berlin and writes on science and research. In 2014 she published "Die verratene Generation. Was wir den Frauen in der Lebensmitte zumuten", through Pattloch with co-writer Christina Bylow.

Werner Dopfer

Mama Trauma

Fear of strong women

Knaur, September 2016, 224 pages



Qualified psychologist, Werner Dopfer, has worked for many years as a coach to significant names in the business world. He knows the reactions and emotional world of senior managers in Germany. His observations from the executive suite have led him to a sobering conclusion: male networks remain a symbol of power and a domain which allows men to carry on the rituals handed down by tradition. Women are simply a hindrance. The boys want to be boys – here, at least, in spite of women setting the tone in so many fields. This means they can defend the male hunting-ground and instead of the calm female approach there is in business and politics ‘Mama Trauma’ – fear of strong women.

The author:

Werner Dopfer, born 1963, grew up in South Africa and in Namibia before studying psychology in Munich. He has been a practicing psychotherapist, management consultant, and supervisor for more than 20 years. In addition, he is trained in psychiatric support in crisis situations. Dopfer is married and lives with his family in Munich

PSYCHOLOGY & MEDCINE

Oliver Stöwing

Sag es einfach

Exceptionally good. 66 language tricks to change your life

Knaur, November 2016, 240 pages



It's often our choice of words that gives us less impact than we'd like. The salary increase you were after hasn't worked out – it could be to do with your use of 'I would like' instead of 'I want'. Oliver Stöwing, expert in the psychology of communication, helps us to be consciously aware of language and to handle it with care. He shows us 66 tricks with language, including how to recognise key words, how not to fall into traps and how put ourselves across effectively.

The author:

Oliver Stöwing was born in 1972 and is a language expert with a focus on the psychology of communication and works as a journalist in Berlin. He is the author of a number of books, including on dating and relationship counselling, an example of these being 'Wann kommt denn der blöde Prinz auf seinem dämlichen Gaul'.

PSYCHOLOGY & MEDCINE

Dr. med. dent. Hubertus von Treuenfels

Gesund beginnt im Mund

Healthy mouth, healthy you

Knaur, January 2017, 240 pages



Dr. Hubertus von Treuenfels is renowned throughout Europe for his work as systemic dental specialist and orthodontist. He now presents the first book of advice and guidance on the fascinating, and previously unknown, interplay of the mouth, the body and the mind. We accompany him on an intriguing journey into this key part of the body as he offers clear explanations and describes amazing case studies from his many years in practice. His experience means he enables us to use self-help as our tool in taking on the major part of our healthcare and healing for ourselves.

The author:

Dr. Hubretus von Treuenfels is a holistic dental specialist and orthodontist with his own practice in Eutin in northern Germany. He is the author of the NUK manual and numerous scientific publications. As an expert on systemic orthodontics he delivers lectures all over the world as well as at the University of Basel Faculty of Medicine.

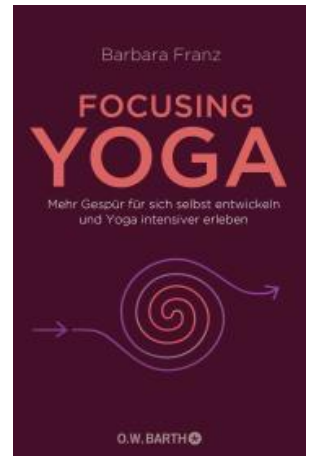
MIND-BODY-SPIRIT

Barbara Franz

Focusing Yoga

Focusing Yoga

O.W. Barth, September 2016, 224 pages



The practice of Focusing makes for a more sensitive yoga experience. Yoga is in essence the way we can find ourselves through experiencing our own bodies. With Focusing the concept is similar but the practice is easier to learn than yoga. Nothing gets closer to our essence than combining the two. The Yoga and Focusing Teacher, Barbara Franz, has done precisely that and created a condensed practice programme for inner growth. Mindfulness, Breathing and Movement are the most important ways of finding self-acceptance and a greater sense of relaxation.

With 15 practical exercise sequences

The first book to combine the two methods of self-help

The author:

Dr Barbara Franz is a Focusing Therapist and yoga teacher. She heads a yoga training school which is recognised by the BDY, the German professional association of yoga teachers. Through this she offers weekend seminars on the philosophy of yoga in practice and regularly writes for the German Yoga Forum. As a psychotherapist she has many years of experience in supporting clients through life crises. Barbara Franz was born in 1967 in Freiburg im Breisgau in the Black Forest and lives with her family in Munich.

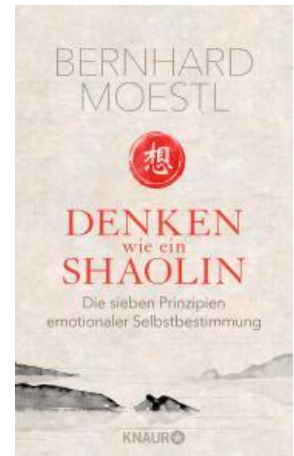
MIND-BODY-SPIRIT

Bernhard Moestl

Denken wie ein Shaolin

Think like a Shaolin

Knaur, September 2016, 192 pages



However much we'd like to have our lives and emotions under control, we become fearful rather than brave in situations where we could stand up for ourselves. We let things 'be done to us' in our daily working life as well as in our families. We get frustrated when we find ourselves giving in too easily. This means we struggle to find tranquillity and remain in a constant state of tension. But what's the right way to react to manipulation and emotional pressure? Bernhard Moestl has been to the Shaolin to learn how to deal with assaults of this type. The best-selling author knows the seven steps which can lead us out of emotional involvement and into a calm frame of mind. This is how we can learn to overcome difficulties in modern times – with the Shaolin approach.

The author:

Bernhard Moestl, born in 1970 in Vienna, lived in Asia for many years. He gives leadership seminars and coaches under the brand name brainworx internationally and is the author of many successful works of non-fiction. He gathered most of the important experiences for his life and his thoughts during his stay in the famous Shaolin monastery in the Chinese province Henan, where he lived with the monks and studied their daily routine and the power of their thoughts. He used this knowledge for his books and seminars.

www.moestl.com

Rights sold:

Rights sold to previous titles: Bulgaria: Iztok Zapad; Czech Rep.: Beta; Italy: Feltrinelli; Latvia: Zvaigzne; Lithuania: Algarve; Netherlands: Bruna; Russia: Eksmo; Slovak Rep.: Anch;

MIND-BODY-SPIRIT

Ulrike Reiche

Meine Yoga-Pause für die Arbeit My Yoga Break – On the Move

Knaur, January 2017, 120 pages



Coach and Yoga teacher, Ulrike Reiche, shows how the day can be interwoven with short breaks. This contributes significantly to our state of health and helps us go more calmly through life.

The author:

Since 2004 Ulrike Reiche has been a systemic coach and consultant to organisations. Her focus is workplace health and the shaping of working hours. In parallel she offers yoga courses to private individuals and works as speaker and trainer for the professional development of yoga and sports teachers. Alongside more than 20 years of professional experience in banking and personnel management with Deutsche Bank, Ulrike Reiche is also highly qualified as a systemic consultant, trainer and presenter as well as teacher and trainer of Kundalini Yoga.

MIND-BODY-SPIRIT

Ulrike Reiche

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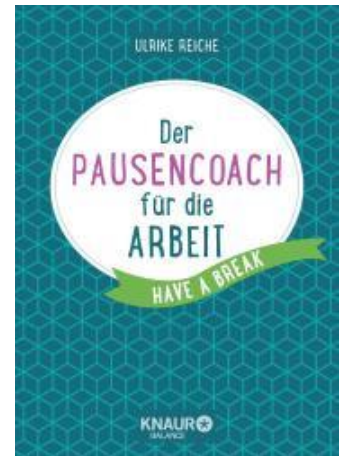
MIND-BODY-SPIRIT

Ulrike Reiche

Meine Yoga-Pause für den Job

My Yoga Break at Work

Knaur, January 2017, 120 pages



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MIND-BODY-SPIRIT

Ulrike Scheuermann

Innerlich frei

Emotionally Free

Knaur MensSana, November 2016, 256 pages



The well-known psychologist Ulrike Scheuermann looks into why we repress anything bad, reject anything unpleasant and instead constantly strive for perfection. This is a fundamentally flawed approach. Based on the most recent academic studies, the author shows how we can become emotionally free by accepting our imperfections. A practical book with depth, case studies and life-changing energy.

The author:

Originally trained in Psychology, Ulrike Scheuermann lectures and writes non-fiction. She lives in Berlin and worked for a long period in crisis counselling. She works alongside people who want to be supported throughout their personal and professional development and also in writing. Through her lectures, books, seminars and coaching sessions she presents new ways of being focused, fulfilled, of living and working with a creative passion and of growing emotionally.

MIND-BODY-SPIRIT

Maren Schneider

Ein Kurs in Selbstmitgefühl

Self-Compassion: a course

O.W. Barth, October 2016, 240 pages



English manuscript available

The well-known teacher of Mindfulness, Maren Schneider, puts into practice here for the first time the Self-Compassion Course. This handbook takes us systematically through the 8-week programme. It includes 2 CDs which make it easy to get started and to put everything into practice.

The author:

Maren Schneider is trained to teach Stress Management through Mindfulness and Mindfulness-based Cognitive Therapy. She completed her professional training under Linda Myoki as lead, Jon Kabat-Zinn, Saki Santorelli and Mark Williams. She draws on more than 18 years of experience of meditation as well as on intensive study of Buddhist teaching and its practical application in everyday life. Since late 2004 she has worked with both beginners and more advanced students of the Art of Mindfulness, Meditation and Compassion through 8-week courses and short seminars. She leads Meditation Retreats, writes and lives in Düsseldorf.

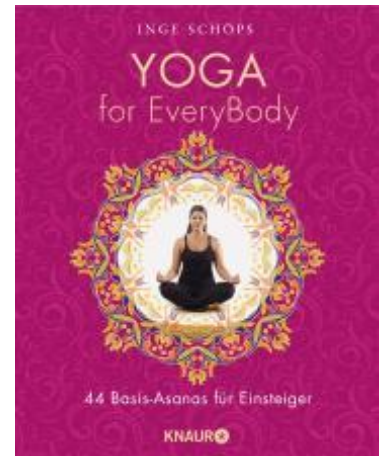
MIND-BODY-SPIRIT

Inge Schöps

Yoga for EveryBody

Yoga for EveryBody

Knaur MensSana, January 2017, 144 pages



The much-loved and best-selling author, Inge Schöps, presents in the first part of her new series, Yoga for EveryBody, the 44 most important Asanas, especially for beginners. With her programme it is possible to make a quick start with yoga. The selection of Asanas is well-balanced and creates a complete yoga class. All areas of the body are given equal attention and are trained in strength, endurance and flexibility.

The author:

Writer Inge Schöps is a qualified yoga teacher and mental coach from Cologne. She is founder of the yoga community known as Yoga-On and now offers yoga in connection with coaching sessions, workshops and retreats. Her book 'Yoga: Das große Praxisbuch für Einsteiger und Fortgeschrittene', her practice book for beginners and the more advanced, became a best-seller and has already been translated into a number of other languages. Before she came to yoga she was a qualified translator, with an MBA to boot, who held senior positions at publishing houses of international renown.

MIND-BODY-SPIRIT

Katja Sterzenbach

Be YOUUnique

Be YOUUnique

Knaur Balance, October 2016, 208 pages



Katja Sterzenbach is an inspiration! Known to TEDx viewers as Lady Mindful, Katja has devoted more than twenty years to the relationship between spiritual calm and physical fitness. Be YOUUnique, the concept she has developed herself, offers a wealth of ideas that help safeguard our individual unique individuality and realise our greatest dreams. Be YOUUnique draws together movement, nutrition, meditation and commitment and uses practical exercises to bring self-awareness, fitness, relaxation and real joy into our lives.

The author:

Katja Sterzenbach counts among Germany's TOP 100 Speakers. She is personal trainer to senior executives and greatly sought after as an expert on holistic health. Born in 1976, she grew up in former East Germany and qualified in Sport and Social Sciences. The finite nature of life was brought home to her at a very early age when she was diagnosed with cancer. This was what sparked her passion for dedicate herself to what really counts.

Katja Sterzenbach lives in Munich. Her genuine joy in life and her well-toned physique combine are a captivating combination which have put her on the list of just twenty hand-picked sports people who make up the UNDER ARMOUR sports label team in Europe.

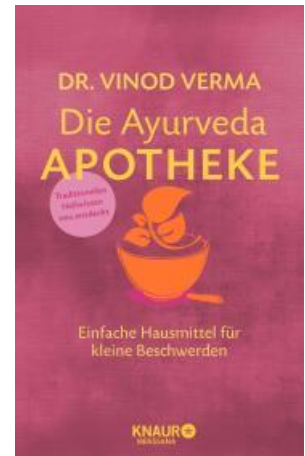
MIND-BODY-SPIRIT

Vinod Verma

Die Ayurveda Apotheke

Your Ayurveda Apothecary

Knaur MensSana, January 2017, 144 pages



Healing with ginger, cinnamon, cardamom and turmeric

The famous Ayurveda doctor, Dr Vinod Verma, presents here for the first time, Ayurvedic household remedies for the treatment of common, everyday complaints. These may include colds and digestive problems, headaches or hay fever.

Includes a preventive programme for the bowel, the immune system - and for a good night's sleep.

Rapid assistance with child health.

With herbs and spices available everywhere.

The author:

Dr Vinod Verma is a passionate researcher devoted to her work on making the living tradition of Ayurveda more widely used. When at the peak of her career as a medical researcher in a German pharmaceutical company, she decided to take a different path and founded the 'New Way Health Organisation'. Since then she has been researching ancient Vedic teachings and the healing power of its traditional recipes, passing this knowledge on through seminars, training programmes and lectures. She lives in Delhi but makes an annual trip to Europe in order to give seminars and individual treatments.

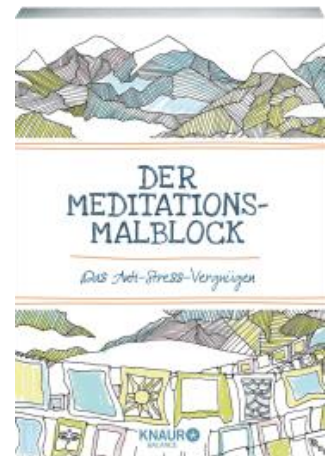
MIND-BODY-SPIRIT

Melanie Zimmer

Der Meditations-Malblock

The Meditation Scribbling Pad

Knaur Balance, September 2016, 80 pages



An anti-stress pleasure

The new trend in anti-stress drawing uses the much-loved painting book concept – on the theme of meditation and relaxation.

The author:

Melanie Zimmer is a therapeutic masseuse, awareness trainer and therapist for integrative breathing. She graduated in Art, trained as a yoga teacher and has practised mindfulness and meditation for years. After a long period spent in India, she now lives with her family in France.

HEALTHY EATING

Peter Asch

Essen, was gesund macht

Eating for Health

Knaur MensSana, November 2016, 244 pages



A highly practical book on nutrition combining traditional Chinese medicine (TCM) with our own cooking in a way that is unique!

Peter Asch is the only chef amongst those in German-speaking countries to use the healing power of Chinese medicinal plants in the cooking process. He adds them to his own local recipes, making them even more digestible. As a top cook, he places enormous value on perfect flavour and real enjoyment. His methods are tried and tested: people sleep better, have a healthy digestive system, fewer food intolerances, feel healthier and have more *joie de vivre*. With around 60 recipes and Info Boxes on healthy eating through TCM.

The author:

Peter Asch worked for many years as a chef in well-known gourmet restaurants. Since 2003 he has been fascinated by Chinese medicinal plants and spent a long period of time in China being trained by a doctor specialising in traditional Chinese medicine. Now he is chef at the Klinik Silima where conventional and Chinese medicine combine. His particular specialism is the link between German cookery and Chinese complementary healing and its many years of use of use with patients. He runs cookery courses and organises cookery trips.

HEALTHY EATING

Felix Klemme

Natürlich Essen

Eat Naturally

Knaur Balance, September 2016, 256 pages



The well-known TV presenter and sports scientist, Felix Klemme, now turns to the subject of food. Following his best-selling ‘Natürlich sein’, this new book deals with everything that matters about food. Felix Klemme builds links for the first time between vegetarian food, paleo and the new mega trend, Clean Eating. At the core of this innovative approach is naturalness and balance – diets are unnecessary. He explains simply and clearly how to shop the right way, how to change how you cook and stay healthy and slim.

With around 60 recipes that guarantee success

Lavishly illustrated with plenty of photographs.

The author:

Fully qualified in Sports Science, Felix Klemme is a life-coach and founder of the Outdoor Gym in Bonn. His clients include the overweight, professional sports people, those suffering from burn-out, from autoimmune disorders as well as simply the health conscious. Since 2013 he has been the TV coach for a documentary series on RTL called ‘Extrem schwer’ (‘Heavy Stuff’) in which he works alongside the grossly overweight for a full year to help them change their way of life and lose weight. Felix Klemme is winner of the 2015 personal trainer of the year Neos Award.

HEALTHY EATING

Volker Mehl

Ayurveda für den Thermomix

Ayurveda for the Thermomix

Knaur Balance, October 2016, 192 pages



This is for all Thermomix owners interested in nutritional balance! Volker Mehl, the Ayurveda cook, has created more than 80 recipes especially for the Thermomix. Thanks to the principles of Ayurveda, mealtimes are full of flavour and so help prevent those food cravings from developing in the first place. Here, and for the first time, Volker Mehl introduces his new nutritional concept known as *agni vitalis* (the fire of life) whereby eating is in harmony with what is known in Ayurveda as our digestive fire.

The author:

Volker Mehl is an Ayurveda cook, yoga teacher, health consultant and successful author. He runs national and international cookery courses, workshops and yoga retreats, advises businesses and is well-known on German TV. In 2015 Volker Mehl won the prize for the Best Indian Cuisine Book in the Gourmand World Cookbook Award. He lives in Wuppertal. www.volker-mehl.de

HEALTHY EATING

Stefanie Reeb

Süß und gesund - Weihnachten

Sweet and Healthy - Christmas

Knaur Balance, October 2016, 96 pages



A festive mood and more than 70 exquisite recipes for Christmas cookies and chocolates – all minus wheat flour, white sugar, egg or lactose. Stefanie Reeb, creator of *wellcuisine*, presents us with more than a book of Christmas baking. She includes descriptions of the healing qualities of spices, as well as drinks ideas and tips on how chocolates can be a healthy companion through the festive season.

The author:

Stefanie Reeb is a passionate cook, food blogger, nutrition consultant, teacher of Kundalini Yoga and designer. She was nominated for the Design Award of the Federal Republic of Germany for her own publication, a cookbook for children. She trained as a Kundalini Yoga teacher in Los Angeles as well as taking a Masters in Integrated Energy Therapy. At the same time she started her first food blog and then trained to become a holistic health counsellor through the Academy of Naturopathy.

Thomas Leininger studied Photo Design and Journalism and has been freelance since 1996. Son of a beekeeper, he was himself a barman, shiftworker and newspaper editor before taking courses in photography and communication design in Paris and Darmstadt and becoming a recognised photographer. Trained in the USA as a Kundalini Yoga teacher, and with a Masters in Integrated Energy Therapy, he's also passionate about fruit-picking. He wants to be seen as a servant of beauty who shares and celebrates the beauty of life, and moments of love, on his blog 'soul-pics'.

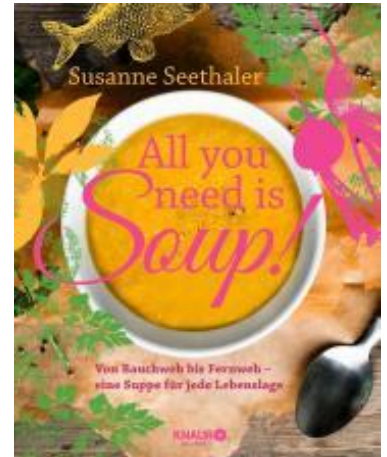
HEALTHY EATING

Susanne Seethaler

All you need is Soup!

All you need is Soup!

Knaur Balance, September 2016, 176 pages



This is a lifestyle cookbook of soups by the well-known Zen Cook from southern Germany. According to Susanne Seethaler, there is no pain – whether physical or spiritual – that can't be eased by one of her 50 soup recipes. They bring not only healing qualities but are also everyday energy boosters, help us get to sleep, detoxify the body, enrapture our guests and leave us all in a great mood. Complete with short stories from the magic world of soups, original cookery tips and prominent 'Info Boxes' about the ingredients and their healing qualities.

The author:

Born in 1969, Susanne Seethaler trained in the book trade and is well-known for her appearances with broadcaster, BR, as the 'Zen Cook of Bavaria'. A successful author in her own right, she still works one day a week as a truly enthusiastic cook and runs workshops and seminars on 'Mindful cooking'. She supported Ed Brown, also a renowned Zen Cook, with his programme of talks throughout Europe.

FAMILY & EDUCATION

Thomas Kausch

Wie ich meine Tochter durchs Abitur brachte

How I got my daughter through Abitur

Knaur, February 2017, 208 pages



The legendary imponderables of bringing up a family! Full of humour and with a not entirely inappropriate cheeky wink here and there, Thomas Kausch relates events from his daughter's childhood and time at school. As early as the nursery school he would show off a bit to win the favour of the staff and yet failed miserably when his daughter infected the child of a senior government spokesman with head-lice. Then at primary school he was a parent representative and pushed his luck with his daughter's marks - with varying degrees of success. With Abitur at the end of the school career, he had a major examination to get through, too.

The author:

Thomas Kausch was born in 1963 and is a journalist with ARD and Arte. For many years, though, he travelled widely as a war-correspondent and now makes good use of this experience in bringing up his daughter, Pauline. Nothing is left to chance. And it works: Pauline got her Abitur. Thomas Kausch lives in Berlin with his wife and Pauline has landed up in London for her student career.

FAMILY & EDUCATION

Constanze Köpp

Aufgeräumt denken

Uncluttered Thinking.

Knaur, January 2017, 240 pages



Make space in your head for new ideas.

‘He’s just a dreamer,’ people say dismissively, or ‘Know your limits’. But for Constanze Köpp these are precisely the sayings that hold us back from breathing fresh air into our lives. Instead she advises us like this: ‘Stop listening to homespun dogma! Declutter your mind! Be courageous and create space in your head for dreams, ideas, plans, however crazy they might seem.’ With a lightness of tone she explains with clarity and humour how we can clear the clutter from our minds and gives us valuable tips for a new approach to time, money, trends and people.

The author:

Constanze Köpp, born in 1969, founded her one-woman business, “Wohnkosmetik” in 2007 (www.wohkosmetik.de) and continues to run it with increasing success. On top of this she is also a writer and freelance journalist. Her focus is on changing our perspectives on life. In 2014 her book "Aufgeräumt leben" (Uncluttered Living) was published by Droemer to great public acclaim. Constanze Köpp lives with her two daughters in Hamburg.

CREATIVE BOOKS

Angela Gabriel

Unser Weihnachten auf dem Land

A Country Christmas

Knaur Kreativ, September 2016, 144 pages



Here are 70 projects using a host of different materials and techniques, all for the most wonderful celebration of the year. There's something for all the family from stylish decorations for advent, the Christmas tree itself and the Christmas table, through to individual gift ideas. Then, of course, ideas for Christmas fare with great recipes for home-made chocolates and home-baked cookies.

Examples are shown in their actual size to make them quick and easy to reproduce!

The author

The varied projects in this book were created by a group of talented people who have already brought you *Die Engelswerkstatt*, *Die Herzwerkstatt* und *Die Sternwerkstatt*. With you all the way are the creative leaders, Jenny und Martin Traumüller, the excellent cook and baking expert Gertraud Streil, telecomms whizz Josef Treil who loves working with wood, metal and glass, not forgetting journalist and editor Helene Weinold, already the author of numerous other creative publications.

CREATIVE BOOKS

Petra Harms

Stitch it Yourself

Stitch it Yourself!

Knaur Kreativ, September 2016, 128 pages



One of the first ever creative design books on embroidery, now a hugely popular hobby worldwide. 25 exclusive designs by international embroidery artists for use in fashion, interiors and making gifts. All patterns are complete with detailed instructions and step-by-step photos and are suitable for a variety of materials including cloth, leather and paper.

The author

Born in Hamburg in 1971, Petra Harms has been a freelance writer and journalist for a number of years, working for a variety of daily newspapers, popular magazines and lifestyle publications such as 'Instyle' und 'Myself'. She is also the author of books on interiors and achieved huge success with 'Wohnideen aus dem wahren Leben' und 'Homestories'.

CREATIVE BOOKS

Petra Perle

Petra Perles Mützen Mania

Petra Perle's Hot Knits make Hot Hats

Knaur Kreativ, September 2016, 128 pages



25 trendy, colourful and cheeky designs for woolly hats, crocheted hats and beanies, all for you to create and personalise.

And there are ideas for everyday wear, suitable accessories, distinctive and stylish patterns and decoration.

Suitable for those who knit and crochet – beginners and advanced

The author:

Petra Perle, a true daughter of Munich and trained goldsmith made a name for herself in the 1990s with extravagant art exhibitions as a painter and performance artist. In 1993 she began her career as a pop star and producer, which led to more than 400 performances in Germany, Austria and Switzerland. Up until 2013, she was also the landlady of the traditional Café Turmstüberl in the Valentin-Karlstadt Museum, founded in 1959, in the historic Isartor. More recently, Petra Perle has a specialist wool shop in Munich and thereby dedicates herself to her biggest passion – all kinds of craftwork. She is married to Harald Kümpfel, a musician from Munich and has two adult sons.

NATURE & KNOWLEDGE

Hubert Filser

Warum küssen wir uns?

Why Do We Kiss?

Knaur, February 2017, 192 pages



The course of a year is full of wonderful puzzles. And every season has secrets of its own, hidden away in little ways that might seem trivial. In recent years scientists have uncovered a great deal about how man is linked to nature. Physicist Hubert Filser, renowned science journalist and passionate story-teller, has collected the bewitching and the whimsical behind our seasons and gives answers to the most delightful questions about spring, summer, autumn and winter.

The author:

Hubert Filser was born in 1966 in Ingolstadt. He is a scientific journalist, amongst others, reporter for the Süddeutsche Zeitung and P.M., as well as chief author of the talk programme Quarks & Co at WDR (moderated by Ranga Yogeshwar). He is the author of several non-fiction books, most recently published was a short story of mankind with the title 'Das Erste Mal' (2011). The qualified physicist and graduate of the Deutsche Journalistenschule in Munich has received several awards for his work.

NATURE & KNOWLEDGE

Hubert Filser

Warum braucht der Mensch Urlaub?

Why do people need holidays?

Knaur, May 2017, 192 pages



The course of a year is full of wonderful puzzles. And every season has secrets of its own, hidden away in little ways that might seem trivial. In recent years scientists have uncovered a great deal about how man is linked to nature. Physicist Hubert Filser, renowned science journalist and passionate story-teller, has collected the bewitching and the whimsical behind our seasons and gives answers to the most delightful questions about spring, summer, autumn and winter.

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NATURE & KNOWLEDGE

Hubert Filser

Warum werden geschnittene Äpfel braun?

Why does a slice of apple go brown?

Knaur, August 2017, 192 pages



The course of a year is full of wonderful puzzles. And every season has secrets of its own, hidden away in little ways that might seem trivial. In recent years scientists have uncovered a great deal about how man is linked to nature. Physicist Hubert Filser, renowned science journalist and passionate story-teller, has collected the bewitching and the whimsical behind our seasons and gives answers to the most delightful questions about spring, summer, autumn and winter.

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NATURE & KNOWLEDGE

Hubert Filser

Warum erfrieren Entenfüße nicht?

Why don't ducks get cold feet?

Knaur, November 2017, 192 pages



The course of a year is full of wonderful puzzles. And every season has secrets of its own, hidden away in little ways that might seem trivial. In recent years scientists have uncovered a great deal about how man is linked to nature. Physicist Hubert Filser, renowned science journalist and passionate story-teller, has collected the bewitching and the whimsical behind our seasons and gives answers to the most delightful questions about spring, summer, autumn and winter.

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BIOGRAPHIES & MEMOIR

Christin Henkel

Juchu, berühmt! Hey, I'm famous!

Knaur, January 2017, 240 pages



Nah, not really... . the outrageous adventures of a musician

Christin Henkel has a weakness for procrastination, a tendency to fall in love and a penchant for black humour. This young cabaret artist is highly talented but there lurk on the other side of her music the many occasions she's opened her mouth and put her foot in it. In 'Hey, I'm famous! Nah, not really...' she tells of her difficulties in finding herself, of the bizarre goings-on in the music business and about how a recording company tried to make her into another Helene Fischer. But now she has something nobody can take away but everyone wants to get their hands on: her first album.

The author:

Christin's childhood was played out somewhere between the woods, the outdoor lido and music school. After leaving school she left Thuringia for the arty life of Berlin and then, five years later, it was time for Munich and the study of composition. But whether at music school, the academy of song and poetry, or on the Hamburg pop music course, Christin always joined in but never felt fully joined up. It was 2013 when she first realised what she could do with her unquestionable talent – she won a number of Song Slams, toured up and down the land and recorded her first album.

BIOGRAPHIES & MEMOIR

Louise Jacobs

Louise sucht das Weite

Louise takes off

Knaur, October 2016, 272 pages



Even as a little girl Louise Jacobs felt she was in the wrong life. She grew up in well-to-do Zürich society but was always more drawn to nature and horses. She dreamt of life in the wilds of the USA, living as a cowboy does. The tight-knit society of Switzerland caused her to take off for Berlin but she couldn't settle there either. As she turned 30, her dream of being a cowboy intensified and that's when she packed up in Germany once and for all and set off for America. She made sure to learn all about being a blacksmith – without that there's no getting started as a cowboy. And she fell in love – with a cowboy, of course. Living the simple life amid nature has brought her happiness at last.

The author:

Louise Jacobs, born in Zürich in 1982, wrote her first book at the age of 22. 'Café Heimat' was about her family history and reached second place on the best-seller list regularly published by 'Der Spiegel' magazine. In 'Fräulein Jacobs funktioniert nicht' (Knaur 2013) she described why the process of becoming an adult can become a nightmare even in comfortable circumstances. Another best-seller. Louise Jacobs writes, paints, enjoys photography and music-making. She now lives in Vermont, USA.

BIOGRAPHIES & MEMOIR

Angela Peltner

Durchs Bild gelaufen

In the frame. My oh-so-glamorous life as an extra.

Knaur, December 2016, 208 pages



Angela Peltner is young and short of money. She's done all the obvious student jobs, so decides to sign up as a movie extra. This book is about what she experienced during more than 1000 commissions – raving mad directors, overbearing actors and long hours, many just spent on a hard bench, waiting. But there are good moments, too. She gets to dance with Tom Hanks and patches up Liam Neeson. And she gets a real buzz when she has a couple of lines to say instead of just being in the frame.

The author:

Angela Maria Peltner was born in Magdeburg and has lived in Berlin since 2002. She started to compose song lyrics and write poetry and columns while studying Literature and History at the Humboldt University in Berlin. She was also songwriter for the band Karat and for the state of Sachsen-Anhalt. Since 2011 she has written columns for the alternative magazine "Young Speech" and was, from 2012 to 2014, screenwriter at FilmPool and Janus TV. In 2008 she was awarded the "Panikpreis" by the Hermann Hesse-Stiftung. In addition she has to her name three volumes of poetry, "Angelas Park", "Innen, Liebe, Außen" and "Von der Choriner bis zum Mond". It was alongside her student life that Angela Peltner rather unexpectedly came upon a series of opportunities to be an extra. Since 2011 she's been part of the team on the long-running soap, 'Gute Zeiten, schlechte Zeiten' (GZSZ) and since January 2015 has been a permanent fixture on the police drama "Soko Wismar". She also makes numerous guest appearances primarily on ZDF and ARD. But you'll sometimes still see her in advertisements – in the frame.

BIOGRAPHIES & MEMOIR

Manuela Reibold-Rolinger

**Das war im Plan nicht
eingezeichnet**

That wasn't in the plan

Knaur, October 2016, 256 pages



Unscrupulous construction companies which squeeze every last penny out of their clients and are then nowhere to be seen once the shell has been completed; damp on the walls only a matter of weeks after moving in; cracks in the façade with a sobering diagnosis from the expert: risk of collapse. All too often the house of dreams turns into one big, bad dream. Manuela Reibold-Rolinger acts as saviour of the building trade. On TV and in her own law office she speaks up for builders and the challenges they face. This book tells remarkable, extraordinary and tragic tales from construction sites.

The author:

Consumer lawyer Manuela Reibold-Rolinger has given legal advice to construction companies for 18 years. Her fighting spirit is stirred by the sight of livelihoods under threat – and by the arrogance of financial advisors and construction companies who do not trust her because she is a woman. She has solved numerous, apparently hopeless cases, as she shows on her TV programme, ‘Die Bauretter’.

HUMOUR

PietSmiet

Total verzockt

Wipe Out! The PietSmit IxI

Knaur, September 2016, 208 pages



Friends since childhood, PitSmiet are a group of five young men who've turned their passion into their profession. When these guys upload new videos, millions of fans regularly take a look. Their comments, jokes and expressions take on cult status in just a few hours. Now 'Wipe Out!' is the book for all fans of these YouTube stars. There are masses of photos, witty anecdotes and a look inside the group's real lives. How do people get to be successful on YouTube? What can the guys tell you about video games? And what do they get up to away from the media? In this book PietSmiet reveal plenty of secrets, making it a 'must have' for all fans, gamers and YouTube stars of the future.

The author:

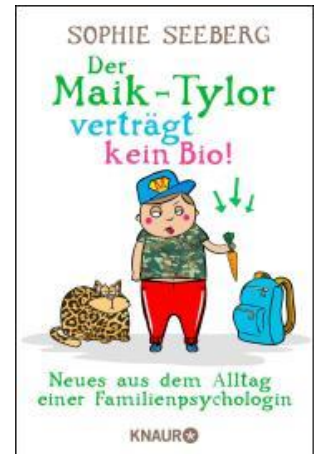
The YouTube group known as PietSmiet got together in 2011. Today the five young men have had over a billion clicks and are amongst the most successful YouTube stars in Germany. Peter (born 1988), Dennis (born 1989), Jonathan (born 1989), Christian (born 1984) und Sebastian (born 1988) played their first video games while still at school together. Using the format, Let's Play, they play Minecraft, Counter Strike and Das schwarze Auge before an audience a billion digital viewers.

HUMOUR

Sophie Seeberg

Der Maik-Taylor verträgt kein Bio Maik-Taylor just can't eat organic!

Knaur, February 2017, 256 pages



Family psychologist, Sophie Seeberg, sees at first hand the tragic, the touching and the absurd. Even with twenty years of experience she is always on the watch for what lies beneath the surface. For example, a young mother receives with a radiant smile the news that her little daughter is to be taken in by a foster family and says that it's not so terrible because she's already bought a dog. And Maik-Taylor's mother is convinced her son has an intolerance to all organic products and this is why she has to feed him exclusively on fast food. Then there's Lena's stepfather, who decides to protect himself from Lena's natural father with an array of automatic weaponry installed in the front garden.

The author:

Sophie Seeberg is a psychologist and has been working as an independent expert for family courts for almost twenty years. It is her job to put together expert assessments for the court, where she regularly works with the youth welfare office. In this book, she recounts her most bizarre and unusual cases.

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